We can help you spend less today.

On sale Wednesday 21st February 2024



*FRESH *
Special

\$**4**_{pk}

Australian Raspberries 125g Punnet \$32 per kg



1/2 Price

\$4.75

SAVE \$4.75

Peters Drumstick 475-490ml Pk 4-6 – Excludes Plant Based

- From the Freezer



\$3.50

SAVE \$3.50

Kellogg's Nutri-Grain 290g or Just Right 460g



\$**11**..

SAVE \$11

Huggies Ultra Dry Nappy Pants Pk 24-36



#See page 22 for details.



\$425

Non-member price \$8.50 ea

Old El Paso Standard Kits 360-520g



\$3⁵⁰

Non-member price \$7 ea

Betty Crocker Baking Mixes 345-540g



Scan your Rewards Card to save today with Member Prices



\$24

SAVE \$5.50

Ocean Chef Atlantic Salmon Portions 1 kg – From the Seafood Freezer \$24 per kg



Contents

Click on the tabs to take you where you want to go.

Fruit & Veg

Meat & Seafood

Bakery

Deli

Fridge Specials

Freezer Specials

Pantry

Health & Beauty

Household

Cleaning

For your Pet



Specials



†Find more $\frac{1}{2}$ Price Diet & Sports on page 5

\$**2**50

SAVE \$2.50

Thins Chips or Onion Rings 85-175g



\$**5**50

SAVE \$5.50

Leggo's Fresh Filled Pasta Varieties 630g – From the Fridge 87¢ per 100g



\$2

Sirena Tuna 95g \$21.05 per kg

SAVE 95°



\$**14**⁵⁰

SAVE \$14.50

Dynamo Professional Laundry Liquid 2 Litre \$7.25 per litre



Price

The fresh food people 6

Snacks & Pantry





SAVE \$2.50

Life Savers 150-200g or Darrell Lea Nibs 200g





\$**7**60

SAVE \$2.60

Tostitos Tortilla Corn Chips 165-175g



Arnott's Tim Tam Deluxe 175g \$1.34 per 100g

SAVE \$2.40



135

SAVE \$1.35

Smith's Crinkle Cut Chips 60g \$2.25 per 100g



\$**7**)50

SAVE \$2.50

Cadbury or Pascall Choc Bites 110-185g



SAVE \$2.75

Raw C Coconut Water 1 Litre \$2.75 per litre



\$**?**80

SAVE \$3.80

Nescafe Mixers Pk 8-10



#See page 22 for details.





\$140

SAVE \$1.40

Continental Pasta & Sauce or Rice Side Dish 85-125a



Continental"

Classics_

DELICIOUS

\$165

SAVE \$1.65

John West Salmon Tempters 95g \$17.37 per kg





\$125

SAVE \$1.25

Fantastic Rice Crackers 100g \$1.25 per 100g



\$175

SAVE \$1.75

Bar Counter 40g
– From the Health
Food Aisle
\$4.38 per 100g



\$950

SAVE \$2.50

Well Naturally Liquorice 110g – From the Health Food Aisle \$2.27 per 100g



\$**2**²⁰

SAVE \$2.20

Golden Crumpet Rounds Pk 6 **37¢ per ea**



\$3,

Cadbury Cake Bar or Rolls Pk 5 60¢ per ea

SAVE \$3



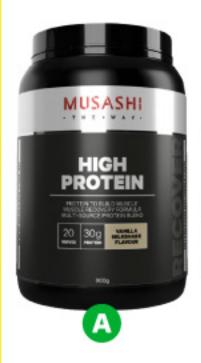
\$15_.

SAVE \$15

Alishaan Super Basmati Rice 5 kg **30¢ per 100g**



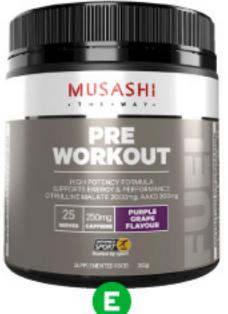
Musashi*

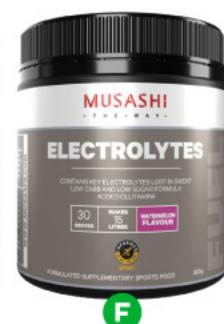












- A Musashi Vanilla High Protein Powder 900g~ \$32.50 ea SAVE \$32.50 \$3.61 per 100g
- B Musashi 100% Whey Protein Powder 900g~ \$34 ea SAVE \$34 \$3.78 per 100g
- C Musashi High Protein Bar 90g~ \$3 ea SAVE \$3 \$3.33 per 100g

- D Musashi Protein Crisp Bar 60g~ \$2.25 ea SAVE \$2.25 \$3.75 per 100g
- E Musashi Pre Workout 225g~ \$20 ea SAVE \$20 \$8.89 per 100g
- F Musashi Electroytes 300g~ \$13.50 ea SAVE \$13.50 \$4.50 per 100g



Atkins & Quest[†]













The Man Shake & Fat Blaster[†]







- A Atkins Endulge Chocolate Almonds Pk 5 x 30g~ \$7.50 ea SAVE \$7.50 \$1.50 per ea
- **B** Atkins Endulge Caramel Nut Bars Pk 5 x 34g~ \$7.50 ea SAVE \$7.50 \$1.50 per ea
- C Quest Frosted Cookies 50a~ \$2.99 ea SAVE \$3 \$5.98 per 100g
- D Quest Peanut Butter Cups 42g~
- \$2.40 ea SAVE \$2.40 \$5.71 per 100g

- A The Man Bar 50g~ \$2.25 ea SAVE \$2.25 \$4.50 per 100g
- **B** The Lady Bar 50g~ \$2.25 ea SAVE \$2.25 \$4.50 per 100g
- C Fat Blaster Chocolate Weight Loss Shake 465g~ \$14 ea SAVE \$14 \$3.01 per 100g
- D Fat Blaster Vanilla Weight Loss Shake 465a~ \$14 ea SAVE \$14 \$3.01 per 100g



Body Science[†]













- A Body Science Vanilla High Protein Powder 800g~ \$27.50 ea SAVE \$27.50 \$3.44 per 100g
- B Body Science High Protein Low Carb Bar 60g~ \$2.25 ea SAVE \$2.25 \$3.75 per 100g
- C Body Science Pure Creatine 200g~ \$14 ea SAVE \$14 \$7 per 100g
- D Body Science Electrolyte Gummies Pk 5~ \$1.25 ea SAVE \$1.25 25¢ per ea
- E Body Science Shred Carnitine 300g~ \$27.50 ea SAVE \$27.50 \$9.17 per 100g
- F Body Science K-OS Pre Workout Gummies 300g~ \$22.50 ea SAVE \$22.50 \$7.50 per 100g

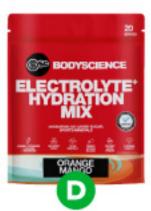
1/2 Price

Diet & Sport Supplements









- A Musashi Energy Drink 500ml~ \$2.25 ea SAVE \$2.25 45¢ per 100ml
- B C4 Smart Energy Drink 473ml~ \$2.75 ea SAVE \$2.75 \$5.81 per litre
- C C4 Sport Pre-workout Powder 285g~ \$24 ea SAVE \$24 \$8.42 per 100g
- D Body Science Electrolyte+ Hydration Mix 120g~ \$12.50 ea SAVE \$12.50 \$10.42 per 100g



1/2 Price

Protein Powder[†]









- A Keep It Cleaner Plant Based Protein Powder 375g~ \$16.50 ea SAVE \$16.50 \$4.40 per 100g
- B Vital Strength Ripped Protein Powder 450g~ \$17 ea SAVE \$17 \$3.78 per 100g
- C Muscletech Nitrotech Whey Protein Powder 690g~ \$24.50 ea SAVE \$24.50 \$3.55 per 100g
- D 28GO Sam Wood Protein with Probiotics Powder 350g~
 - \$14 ea SAVE \$14 \$4 per 100g

\$**2**25

SAVE \$2.25



Body Science Low Carb Protein Bar 60g~ \$3.75 per 100g **\$2**25

SAVE \$2.25 LOW CARB BAR Cookies & Cream

See A PROTEIN CHOCocholic

LOW CARB BAR Chocoholic

LOW CARB BAR Chocoholic

Body Science High Protein Low Carb Mousse Bar 55g~ \$4.09 per 100g

\$**17**50

SAVE \$17.50

Body Science Collagen Protein Water 350g~ \$5 per 100g



\$**27**⁵⁰

SAVE \$27.50

Body Science High Protein Powder 800g~ \$3.44 per 100g



\$**27**⁵⁰

SAVE \$27.50

Body Science Triandrobol Test Tablets Pk 60~ \$45.83 per 100 ea



1/2 **Price**Noway & 28GO[†]



- A Noway Collagen Mousse or Jelly 24g~ \$1.95 ea SAVE \$2 \$8.13 per 100g
- B 28GO Protein Collagen Water 30g x 7~ \$11 ea SAVE \$11 \$5.24 per 100g
- C 28GO Protein Banana Bread 500g~
- **\$7 ea SAVE \$7** \$1.40 per 100g
- D 28GO Protein Bar 55g~ \$2 ea SAVE \$2 \$3.64 per 100g

1/2 Price



- A Bounce Natural Energy Ball 40-49g~ \$1.75 ea SAVE \$1.75
- B DOSE & CO Pure Unflavored Collagen 200g~ \$20 ea SAVE \$20 \$10 per 100g
- C Keep It Cleaner Protein Powder 375g~ \$16.50 ea SAVE \$16.50 \$4.40 per 100g
- D Nature's Way Plant Based Protein Powder 375g~ \$11.25 ea SAVE \$11.25 \$3 per 100g



\$2...

Musashi Protein Wafer 40g~

\$5 per 100g

SAVE \$2





Musashi High Protein Bar 90g~ \$3.33 per 100g

SAVE \$3



\$**2**25

SAVE \$2.25

Musashi Protein Cookie 58g~ \$3.88 per 100g



\$**2**27

SAVE \$2.28

Musashi Shred & Burn Protein Shake Ready To Drink 375ml~ 61¢ per 100ml



\$13⁵⁰

SAVE \$13.50

Musashi Fat Metaboliser with Carnitine Capsules Pk 60~ \$22.50 per 100 ea



\$32⁵⁰

SAVE \$32.50

Musashi High Protein Powder 900g~ **\$3.61 per 100g**



1/2 Price Creatine



- A Muscle Tech Platinum Creatine Tablets Pk 90~ \$15 ea SAVE \$15 \$16.67 per 100 ea
- B Vital Strength Creatine 300g~ \$15.50 ea SAVE \$15.50 \$5.17 per 100g
- C SUP Creatine Gummies Pk 35~ \$13.50 ea SAVE \$13.50 \$38.57 per 100 ea
- D Musashi Unflavoured Creatine 350g~ \$22.50 ea SAVE \$22.50 \$6.43 per 100g



1/2 Price Protein Bars



- A Quest Bar Protein Bar 60g~
 - \$2.40 ea SAVE \$2.40 \$4 per 100g
- B Keep It Cleaner Dairy Whip Protein Bar 45g~ \$2.25 ea SAVE \$2.25 \$5 per 100g
- C Keep It Cleaner Collagen Bar 40g~ \$1.75 ea SAVE \$1.75 \$4.38 per 100g
- D Clif Bar Energy Bar 68g~

\$1.75 ea SAVE \$1.75 \$2.57 per 100g



Palmolive Luminous Oils Shampoo or Conditioner 350ml 86¢ per 100ml

SAVE \$3



\$225

SAVE \$3.25

Sunsilk Shampoo or Conditioner 350ml 93¢ per 100ml



SAVE \$4.50

White Glo Toothpaste 205g \$2.20 per 100g



SAVE \$4.50

Schwarzkopf Extra Care Shampoo or Conditioner 400ml \$1.13 per 100ml



\$**Q**50

SAVE \$8.50

Dove Shampoo or Conditioner 820ml \$1.04 per 100ml



SAVE \$10.50

Head & Shoulders Shampoo or Conditioner 660ml \$1.59 per 100ml



30% Off

Gillette Men's Razors§











A Gillette Fusion Manual Razor System \$13.30 ea SAVE \$6.70

B Gillette Mach3+ Razor System \$9.80 ea SAVE \$4.20

C Gillette Blue 3 Smooth Disposable Razors Pk 20 \$19.60 ea SAVE \$8.40 98¢ per ea

D Gillette 5 Sport Men's Shaving Razor \$12.60 ea SAVE \$5.40

SAVE

Lynx Body Spray or Anti-perspirant 165ml \$2.42 per 100ml



Lynx

SAVE \$11.50

Venus Deluxe Smooth Platinum Razor



Price Gillette Venus[△]



\$275

Morning Fresh Dishwashing Liquid 400ml 69¢ per 100ml

\$7_{ea}

Comfort Fragrance Boosters 200g \$35 per kg

\$1125

Energizer Max Plus AA or AAA Pk 10 \$1.13 per ea

SAVE \$2.75







SAVE \$11.25





\$**5**.75

SAVE \$5.75

Glen 20 24h Protection Disinfectant Spray 300g \$1.92 per 100g



\$10_{..}

SAVE \$10

Radiant Laundry Liquid 2 Litre or Powder 2 kg \$5 per litre/kg



\$750

SAVE \$7.50

Pine O Cleen Wipes Pk 150 **5¢ per ea**



\$**4**40

SAVE \$4.40

Ambi Pur Clip Car Air Freshener 7.5ml



\$6²⁵

SAVE \$6.25

Armor All Ultra Shine Wash and Wax 1 Litre 63¢ per 100ml



\$33_{...}

SAVE \$33

Finish Ultimate Plus Material Care Dishwasher Tablets Pk 50 66¢ per ea



#See page 22 for details.



\$4..

Non-member price \$8 ea

Betty Crocker Gluten Free Baking Kits 450-550g



^{\$}15..

30¢ per 100g

Non-member price \$30 ea 60¢ per 100g

SunRice Hinata Short Grain Rice 5 kg



\$3²⁵

81¢ per 100g

Non-member price \$6.50 ea \$1.63 per 100g

Betty Crocker Frosting 400g



\$165

Non-member price \$3.30 ea

Sunbites Crackers 105-110g



\$**3**50

Non-member price \$7 ea

Betty Crocker Baking Mixes 345-540g



\$**2**50

\$1.85 per 100g

Non-member price \$5 ea \$3.70 per 100g

Red Rock Deli, Deli Style Crackers 135g



\$4..

Non-member price \$8 ea

Sard Laundry Spray 420-450ml



\$**3**45

Non-member price \$6.90 ea

Nature Valley Bars 152-252g Pk 4/6 or Fibre One 100-120g Pk 4/5





ANY 2 FOR \$14

\$1.17 per 100g

Non-member price \$9 ea \$1.50 per 100g

McCain Pizza Slices 600g – From the Freezer



ANY 2 FOR \$ 520

\$4.33 per litre

Non-member price \$4 ea \$6.67 per litre

Powerade Drink Flo Cap 600ml or Powerade Active Water 600ml



ANY 2 FOR \$8

Non-member price \$5.60 ea

McCain Meals 375-400g – From the Freezer



\$170

43¢ per 100g

Non-member price \$2.20 ea 55¢ per 100g

Edgell Canned Beans 400g



\$**3**50

Non-member price \$5 ea

Kinder Tronky 90g Pk 5 or Kinder Happy Hippo Cocoa 103.5g Pk 5



\$**5**..

\$1.54 per 100g

Non-member price \$7 ea \$2.15 per 100g

Tuscan Finest Filled Pasta Varieties 325g – From the Fridge



\$**6**

\$30 per kg

Non-member price \$7.50 ea \$37.50 per kg

Perfect Italiano Parmesan Block 200g – From the Fridge



\$**8**95

\$2.56 per 100g

Non-member price \$10.95 ea \$3.13 per 100g

Fast Fuel Chilled Meal Varieties 350g – From the Fridge





Helping you spend less on midweek meals.

PRICES DROPPED for Summer



Was \$5.90

28/11/23 **\$275** Australian Mix A Mato Tomatoes 320g Pack \$11.72 per kg USTRALIA. GROW

Was \$10.50 30/1/24

Woolworths Chicken Schnitzel Varieties 600g with RSPCA Approved Chicken - From the Meat Dept \$15 per kg



Range was **\$4.50**

28/11/23

San Remo

Pulse Pasta 250g \$1.60 per 100g



Was \$7.50 28/11/23

Cobram Garlic Spray 225g \$2.67 per 100g



Was \$5

28/11/23

Woolworths Australian Mixed Leat with Carrot 300g Pack \$13.33 per kg



Was \$4.80 28/11/23

Creative Foods Garlic Bread 500a Pk 2

 From the Fridge 86¢ per 100g



Was \$7 28/11/23

Papa Giuseppi's Pizza Flatbread 185a - From the Freezer \$2.97 per 100g



Was \$30 28/11/23

Ocean Chef Emperor Fillets Skinless 1 kg - From the Seafood Freezer \$27 per kg





Helping you spend less on family favourites.

LOW PRICE you can rely on



\$2_{pk}

Australian Shredded Iceberg Lettuce 200g Pack \$10 per kg



Jumbo Bread Roll Varieties Pk 6*

– Excludes Jumbo Brioche Rolls

50¢ per ea



\$490

Woolworths Swiss Cheese Slices 200g – From the Fridge \$24.50 per kg



\$**6**

Steggles Southern Style Chicken Breast Burgers 360g

- From the Freezer \$16.67 per kg



\$240

Woolworths Wraps 360g Pk 8 67¢ per 100g



\$**3**⁷⁰

Woolworths Fruit Salad In Juice 695g \$5.32 per kg



\$14..

I&J Fish Fillets 1 kg – From the Freezer \$14 per kg



FRUIT & VEG

*FRESH # Specials

\$590 kg



\$390

Australian Yellow or White Peaches

\$150



\$490 kg

VIC Black Seedless Grapes





Enjoy this season's fresh picks.

February brings plenty of raspberries and they're looking superb! It's also that time of year when we welcome back grapes, which are full of sweetness and are at their peak for quality and value.

Discover more)

*FRESH * Specials

\$950 Australian Gold Sweet Potatoes



\$390

Australian Lebanese Cucumbers



\$450 Australian Washed White Potatoes 2 kg Pack





\$**4**50

\$12 per kg

Non-member price \$6 pk \$16 per kg

Australian Sliced Mushrooms 375g Pack



Caesar

Salad Kit

PRICES DROPPED for Summer

Was \$5.50 28/11/23

\$5_{pk}

Woolworths Kaleslaw Kit 350g, Asian Style Salad Kit 350g, Caesar Salad Kit 290g, Crunchy Noodle Slaw Kit 520g, Honey Mustard Salad Kit 285g or Woolworths Thai Style Salad Kit 315g



Kale

Slaw Kit





BAKERY

SAVE Apple or Banoffee Turnover with Fresh Cream*

\$150

SAVE

Golden Pancakes 360g \$1.25 per 100g



\$3.25 each or

ANY 2 FOR \$ 50

SAVE \$1

35hr Mini Sourdough Loaf Varieties*

SAVE 50°

Woolworths Loaded Muffins Pk 4 \$1.75 per ea



LOW PRICE you can rely on

Woolworths Chocolate, White or Caramel Mudcake Varieties 600g \$1.07 per 100g



Pane Di Casa Loaf Varieties*



\$490

Helga's Bread Loaf Varieties 650-850g









*Only available in stores with an in-store bakery.



Was \$5 23/1/24

\$150



PRICES DROPPED



Woolworths Free From Gluten Hot Cross Bun Varieties Pk 4 \$1.30 per ea

Serving suggestion



Serving suggestion

\$4...

Woolworths Indulgent Apple & Cinnamon Hot Cross Buns Pk 4 \$1 per ea



Serving suggestion

#Only available in stores with an in-store bakery.

BAKERY & DELI

\$**8**_{kg}

Marinated Wing Varieties with Australian RSPCA Approved Chicken – From the Deli



Hot Cross Bun Varieties Pk 6-9*
– Excludes Brioche Hot Cross
Bun Varieties



\$850

Strength Meals Co Varieties 350g – From the Deli \$2.43 per 100g

\$12⁵⁰

SAVE \$4.30

Primo

SHORT CUT

Primo Shortcut or Middle Bacon 750g – From the Fridge \$16.67 per kg \$30_{kg}

Bertocchi Double Smoked Ham off the Bone

Sliced or Shaved
 From the Deli

AVE

SAVE \$5.50 kg



SAVE \$1.45



\$3.50

Simson's Pantry Mini Pizza Bases 240g Pk 6 \$1.46 per 100g

SAVE



\$4,,

Mini Pastry Varieties Pk 8* **50¢ per ea**



SAVE

\$1.50



Helga's Wrap

445-508g Pk 7-8

Varieties

Excludes
 Lower Carb









ANY 2

Non-member price \$8 ea

Woolworths COOK Marinated Beef or Pork Steaks 250-300g



ANY 2 FOR 🗬

\$16.30 per kg

Non-member price \$8 ea \$17.39 per kg

Woolworths COOK Classic Beef or Pork & Fennel Sausage Rolls 460g



Scan your Rewards Card to save today with Member Prices

Woolworths COOK Marinated Kebabs 375g with RSPCA Approved Chicken From the Meat Dept



Woolworths Boneless Kyiv Varieties 700g with RSPCA Approved Chicken

From the Meat Dept



Woolworths Premium Butcher Style Sausage Varieties 450-500g



Woolworths COOK Pork Ribs with BBQ Glaze 650g \$16.92 per kg

SAVE \$3



Woolworths COOK Butterflied Beef 700g \$21.43 per kg



Australian Pork Ribs



PRICES DROPPED

Was \$16 kg 16/1/24

Australian Lamb Leg Easy Carve Boneless Roast





ANY 2 FOR \$15

Non-member price \$9 ea

Woolworths BBQ Angus Beef or Chicken Zucchini Burgers 450-500g



ANY 2
FOR \$15

Non-member price \$8.50 ea

Woolworths Beef or Chicken Burgers 540-550g Pk 6



Buy any participating product





















to help provide a meal to an Australian in need.





Perfect for Lent



\$18 kg
Fresh Whole Australian Barramundi

SAVE \$4 kg

RUSTRALIAN

RANGE SAVE SAVE SAVE SAVE SAVE SAVE SAVE SEAFOOO

\$28 kg

Thawed Extra Large Cooked Australian Tiger Prownst

SAVE
\$8 kg

\$850

SAVE
\$3

Tassal Smoked Salmon 100g
\$85 per kg

SAVE
\$4

Just Caught
Jumbo Raw
Prawn Cutlets
500g
- From the
Seafood Freezer
\$38 per kg

\$25 Thawed Cooked WA Rock Lobstert

SAVE
\$3

LUSTRALIAN

SEAFOON

PRICES DROPPED for Summer



Was \$13 28/11/23 \$1150 ea Tassal Hot Smoked Salmon Natural 150g \$76.67 per kg



\$2



\$6

SAVE \$1.50

Sirena Tuna Fillets in Jar 200g \$30 per kg



SAVE
Sealord Dory Fish
Fillets 300-320g
- From the Freezer

\$18¹⁵

SAVE \$4.55

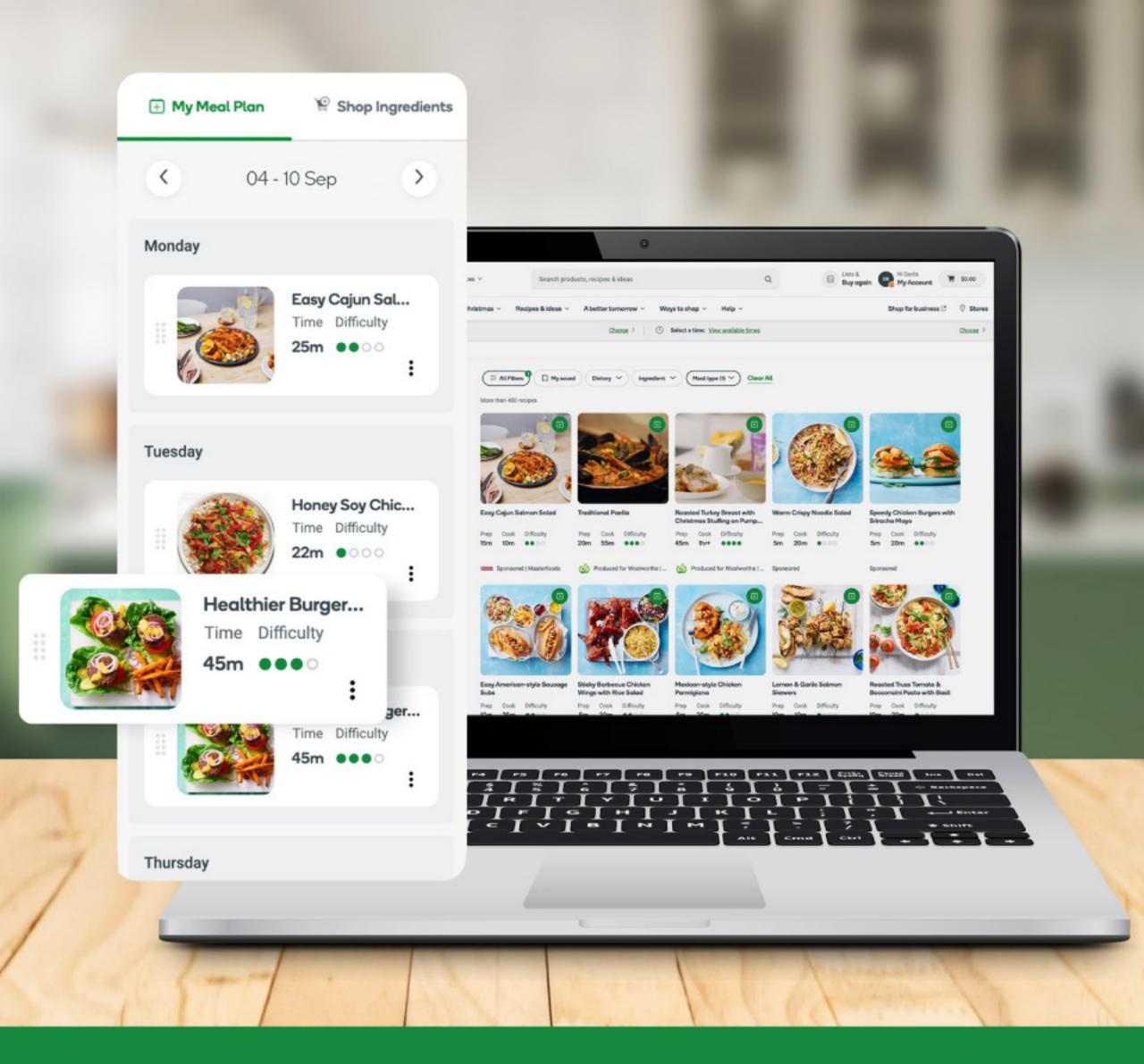
Just Cook Gyoza or Prawn Hargow 1 kg – From the Freezer \$1.82 per 100g











Refresh dinner o'clock with Meal Planner

From budget-friendly burger night to air-fryer Friday, find a recipe to please everyone. Then shop ingredients with the choice of delivery. Done!

Try Meal Planner)

Pricing and products shown are for illustrative purposes only.

App : Online : In store





Meat lovers pizza with baby spinach & rocket salad

Since 31/1/23 \$**1**



Woolworths Australian Beef Stir Fry Heart Smart 500g **\$24 per kg**



\$3_{eq}

Woolworths Thin Crust Pizza Base Pk 2 \$1.50 per 100g





\$3_{pk}



^Based on actual ingredient portion size used and standard shelf prices as at 5/12/23. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10. #Only available in stores with an in-store bakery.



Honey soy chicken lettuce cups

\$**2**80

SAVE 70°

Fountain Sauce 250ml \$1.12 per 100ml



Since

\$4

SunRice Microwave Rice Family Size 450g **89¢ per 100g**







\$**9**_{kg}

Australian Fresh RSPCA Approved Chicken Breast Fillets Bulk Tray – From the Meat Dept



\$4,75

SAVE \$4.75

Mars or Snickers Ice Cream Bars 295-300ml Pk 6



\$**5**²⁵

SAVE \$5.25

Bubbleme Bubble Tea Icecream 320g Pk 4 \$1.64 per 100g



\$**6**..

Bulla Murray St Ice Cream Tub 1 Litre 60¢ per 100ml

SAVE \$6



Bulla Creamy

Classics 2 Litre

28¢ per 100ml

\$475

SAVE \$4.75

Hershey's or Reese's Ice Cream Tub 1 Litre 48¢ per 100ml



\$475

SAVE \$4.75

Bubbleme Bubble Tea Tropical Treats 390g Pk 6 \$1.22 per 100g



\$**5**50

SAVE \$5.50



\$**6**50

SAVE \$3.50

Oreo or Milo Family Tubs 1.2 Litre 54¢ per 100ml



\$7.

SAVE \$3

Little Moons Mochi Bites 192g Pk 6 \$3.65 per 100g



\$650

SAVE \$3

Weis Bars 264-280ml Pk 4-6



PRICES DROPPED for Summer

Was \$9 28/11/23

\$6

Peters Lifesavers Icy Poles 530ml Pk 8 \$1.13 per 100ml



Range was \$9 28/11/23

\$8_{ec}

Juicies Frozen Tropical or Wildberry 1 Litre Pk 10 80¢ per 100ml



\$**7**30

SAVE \$3.20

Sealord Hoki Fish Fillets 450-480g – From the Freezer



\$840

Four'N Twenty Angus Pies 700g – From the Freezer \$1.20 per 100g

SAVE \$3.60



\$650

Dr Oetker Ristorante Pizza 310-390g

- Excludes Gluten Free
- From the Freezer

SAVE \$2.50



\$1150

Steggles Dino Snacks 1 kg – From the Freezer \$11.50 per kg



\$6.

Bega Block, Grated or Sliced Cheese 250-300g

- From the Fridge

SAVE \$1.50



\$**5**²⁰

Lemnos Fetta Cheese 180-200g – From the Fridge

SAVE \$1.30



\$350

Yumi's Dips 200g
- From the Fridge
\$1.75 per 100g



\$690

Mersey Valley Cheddar Varieties 235g – From the Deli \$29.36 per kg

SAVE \$3



PRICES DROPPED Was \$7.20

\$6.90

A2 Lactose Free Milk 2 Litre – From the Fridge \$3.45 per litre



Was \$10.50

\$**9**90

Hillview Cheese Block 1 kg – From the Fridge \$9.90 per kg







\$170

SAVE 70°

Tamar Valley Kids Yoghurt Pouch 110g \$1.55 per 100g



\$680

SAVE \$1.20

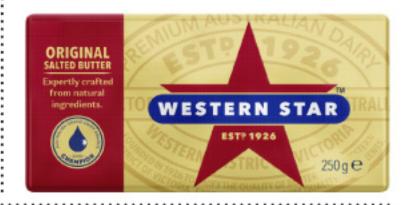
Nudie Juice 2 Litre \$3.40 per litre



\$450

Western Star Butter 250g \$1.80 per 100g

SAVE 70°



\$**5**30

SAVE \$2.20

Remedy Kombucha 750ml **\$7.07 per litre**



\$**3**¹⁰

SAVE \$1.50

Rokeby Farms Protein Smoothie 425ml \$7.29 per litre



\$750

Flora ProActiv Spread 500g \$1.50 per 100g

SAVE \$2.50



PRICES DROPPED for Summer

Range was \$2.90

28/11/23

\$190

Tamar Valley Creamery Yoghurt 170g \$1.12 per 100g

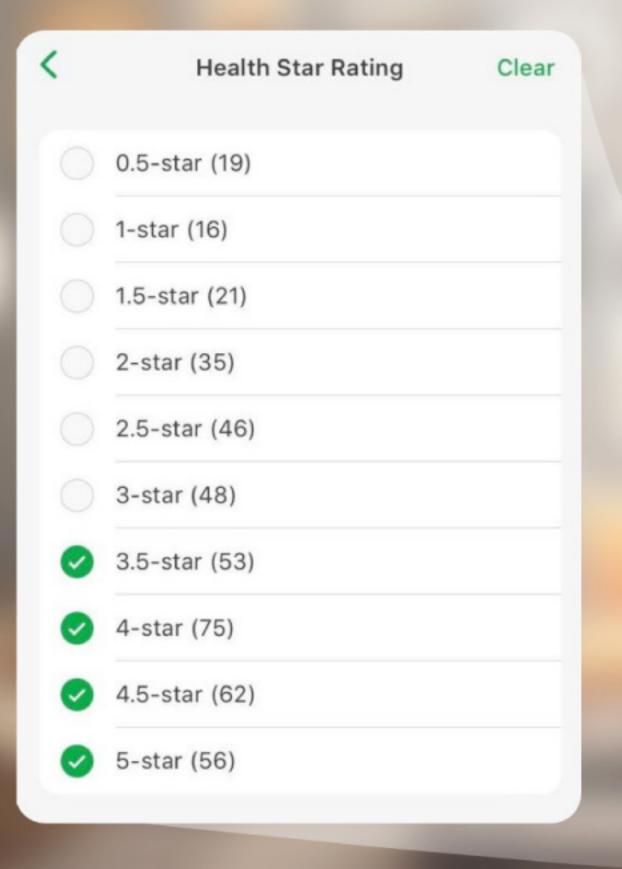


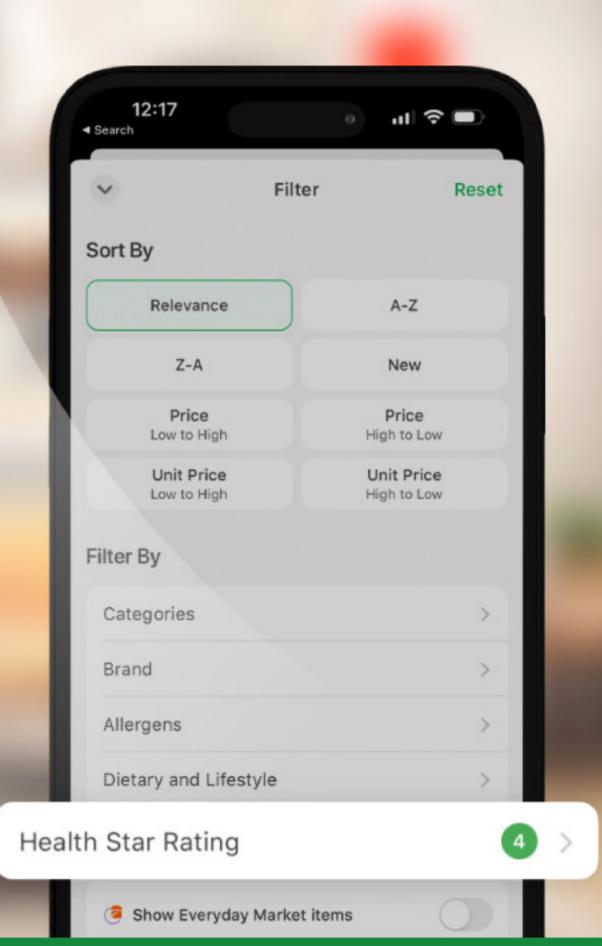
Range was **\$1.80** 28/11/23

\$160

Yoplait YOP Kids Yoghurt Pouch 130g \$1.23 per 100g







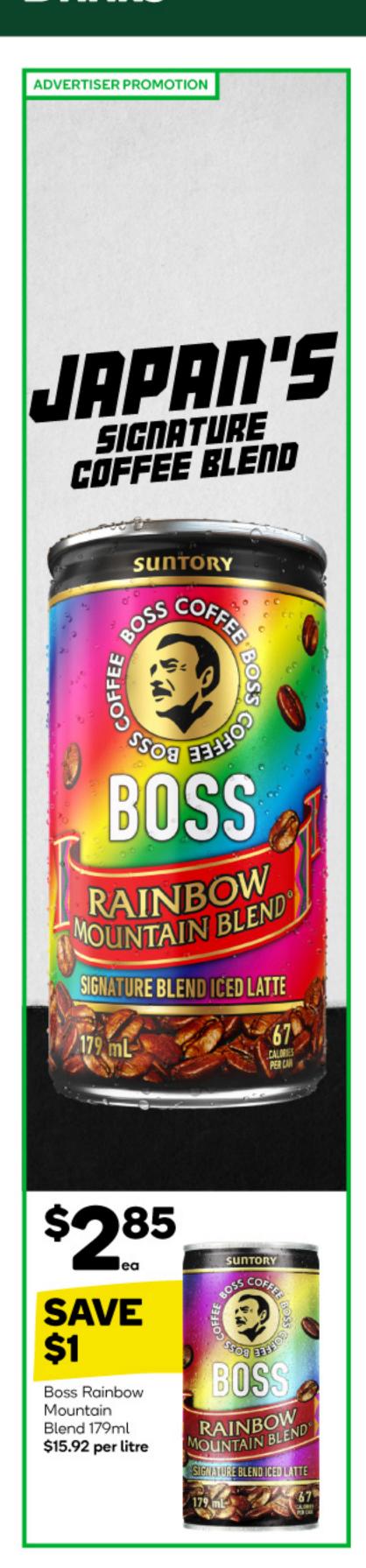
Healthier choices at your fingertips

Filter by a Health Star Rating of 3.5 and above to find healthier choices faster.

Tip: try it on the snack aisle today.

Try it now)

Pricing and products shown are for illustrative purposes only.





40% Off

\$19⁹⁰

SAVE \$14.95

Pepsi Max, Solo Zero, Sunkist Zero or Mountain Dew 24 x 375ml **\$2.21 per litre**



\$1140

Mount Franklin Lightly Sparkling Varieties 10 x 375ml \$3.04 per litre

SAVE \$7.60



\$**1**80

SAVE \$1.20

Schweppes Soda Water 1.1 Litre \$1.64 per litre



\$**2**35

SAVE \$1.65

Gatorade Drink Sport Blue Bolt Bottle 600ml \$3.92 per litre



\$**6**..

SAVE \$4

T2 Iced Tea 4 x 240ml \$6.25 per litre



\$**7**²⁰

SAVE \$4.80

Red Bull Energy Drink 4 x 250ml \$7.20 per litre



\$330

SAVE \$2.20

Lindt Lindor or Excellence Blocks 80-100g



\$**3**30

SAVE \$2.20

Nestle Sharepacks 127-158g





25% off

all Mini Eggs Bags 90-150g













- A Bluey Milk Chocolate Solid Mini Eggs 100g \$4.12 ea SAVE \$1.38 \$4.12 per 100g
- B Darrell Lea Coco Pops Easter Eggs 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g
- C Kinder Milk Chocolate Mini Eggs 100g \$4.12 ea SAVE \$1.38 \$4.12 per 100g
- D Lindt Lindor Assorted Mini Eggs 90g \$4.12 ea SAVE \$1.38 \$4.58 per 100g
- E Cadbury Creme Egg Minis 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g
- F Nestle Crunch Mini Eggs 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g

\$175



\$950

Coca-Cola, Sprite, Fanta Soft Drink Can Varieties 10 x 375ml \$2.53 per litre



\$560

Bundaberg Sparkling Soft Drink 4 x 375ml \$3.73 per litre

SAVE \$1.85



\$3_{...}

SAVE \$1

Sanitarium So Good Barista Almond Milk 1 Litre \$3 per litre

WC210224/VIC38



\$**6**80

SAVE \$1.70

Twinings Live Well Tea Bags Pk 18-22



\$12⁵⁰

SAVE \$3.50

Moccona Freeze Dried Coffee 200g \$6.25 per 100g



Products on this page may not be available in all stores. While stocks last. #See page 22 for details.



SAVE \$2.75

Nice & Natural Thick Shake Bars 120g Pk 6 or Nice & Natural Smoothie Bars 100g Pk 5 SAVE \$1.40

Sanitarium Weet-Bix 575g 52¢ per 100g

SAVE \$1.40

SAV

\$**3**³⁰

SAVE \$2.20

Uncle Tobys Muesli Bars 185g Pk 6 \$1.78 per 100g 40%
Off

UNCLE
TOBYS

Chewy
CHOC CHIP
CHOC CHIP
WALESH Cods & Super
Marci Sars 165g (2)

\$**3**³⁰

SAVE \$2.20

Uncle Tobys Le Snak 132g Pk 6 \$2.50 per 100g



\$**3**³⁰

SAVE \$2.20

Uncle Tobys Roll Ups 94g Pk 6 **\$3.51 per 100g**



\$450

Carman's Nut Bars 160-175g Pk 5

SAVE 50°



\$350

SAVE \$1.50

SunRice Crunch Ems and Mini Bites 108-120g Pk 6 – From the Health Food Aisle



\$**5**.40

SAVE \$3.60

Jordans Muesli, Clusters or Granola 500-750g, or Dorset Granola 450g



WC210224/VIC39

#See page 22 for details.



30% Off



Heinz¥











- A Heinz Ketchup or Smokey Barbecue Sauce 500ml \$3.50 ea SAVE \$1.50 70¢ per 100ml
- **B** Heinz Seriously Good Mayo 295ml \$3.80 ea SAVE \$1.70 \$1.29 per 100ml
- C Heinz Baked Beanz or Spaghetti 300g \$1.90 ea SAVE 90¢ 63¢ per 100g
- D Heinz Baked Beanz or Spaghetti 535-555g \$2.45 ea SAVE \$1.05
- E Heinz Soup of the Day Pouch 430g \$3.15 ea SAVE \$1.35 73¢ per 100g

SAVE 60°

Lee Kum Kee Ready Sauces 100-145g





Dolmio Extra Pasta Sauce 490-500g





SAVE \$9.60

Monini Extra Virgin Olive Oil 750ml \$1.92 per 100ml



SAVE \$3.10

Spice Tailor Asian Meal Kit 275g \$1.13 per 100g



PRICES DROPPED for Summer

Range was \$3.90 28/11/23

Slush Puppie Slushy Pouches 250ml \$1.36 per 100ml



Range was **\$4.50** 28/11/23

Cottee's Ice Magic Topping 220g \$1.82 per 100g



WC210224/VIC40

#See page 22 for details.

A big range for your little loved ones

To find more baby & toddler specials

Click here >

\$11...

SAVE \$11

Huggies Ultra Dry Nappy Pants Pk 24-36



\$10⁵⁰

SAVE \$3.50

Huggies Baby Wipes Pk 240 \$4.38 per 100 ea



\$14

SAVE \$6

QV Baby Gentle Wash 500g \$2.80 per 100g



\$1450

SAVE \$2.50

Huggies Little Swimmers Pk 10-12



\$16₆

SAVE \$4

Karicare Stage 3 or 4 Baby Formula 900g – Limit of 2 per Customer \$1.78 per 100g



\$170

SAVE 45°

Rafferty's Garden Baby Food Pouch 120g \$1.42 per 100g



\$3 each or

ANY 2 FOR \$5

SAVE \$1

Only Organic Baby Food Pouch 170g \$1.47 per 100g



\$29..

SAVE \$6

Sudocrem Healing Cream 400g~ \$7.25 per 100g









SAVE \$6

Babylove Cosifit Nappies Pk 26-48













health&beauty Summer



































- A Swisse Ultivite Multivitamin Gummies Pk 60# \$15 ea SAVE \$15 \$25 per 100 ea
- **B** Swisse Kids' Multi Gummies Pk 60# \$10.25 ea SAVE \$10.25 \$17.08 per 100 ea
- C Swisse Ultivite Men's 50+ Multivitamin Tablets Pk 90# \$32 ea SAVE \$32 \$35.56 per 100 ea
- D Swisse Ultivite Women's 50+ Multivitamin Tablets Pk 90# \$32 ea SAVE \$32 \$35.56 per 100 ea
- E Swisse Ultivite Women's Multivitamin Tablets Pk 100# \$27 ea SAVE \$27 \$27 per 100 ea
- F Swisse Ultivite Men's Multivitamin Tablets Pk 100# \$27 ea SAVE \$27 \$27 per 100 ea

PRICES DROPPED

Was \$13.50

28/11/23

Strepsils Herbal Immune Support Lozenges Pk 32# 38¢ per ea



Range was \$15.65

28/11/23

Hydralyte Ready To Drink Solution 1 Litre# \$1.30 per 100ml



Was \$4.80

28/11/23

Swisspers Cotton Tips Pk 240 \$1.46 per 100 ea



Was \$8.50

28/11/23

Dettol 2 in 1 Antibacterial Hands & Surface Wipes Pk 60 11¢ per ea



Was \$33

28/11/23

Clearblue Pregnancy Test Early Detection Pk 7

\$4.21 per ea



Household, Apparel & Gift Cards

\$440

SAVE \$1.10

Kleenex Viva Paper Towel Pk 3 \$2.44 per 100 sheets



\$720

SAVE \$1.80

Kleenex Complete Clean Toilet Tissue Pk 9 44¢ per 100 sheets



\$**8**..

Earth Rescue Laundry Sheets Pk 30 27¢ per ea

SAVE \$5



\$930

SAVE \$4.20

Earth Choice Laundry Liquid 2 Litre \$4.65 per litre Carth Choice LATRA CONCENTRATE

\$12...

Hygiene Plus Powder Free Gloves Pk 100 12¢ per ea

SAVE \$3



\$960 pk SAVE \$6.40 Bonds Men's Socks 1/4 Crew Assorted Pk 3 \$3.20 per ea

\$140

SAVE
\$9.60

Bonds Ladies'
Hipster Boyleg
Assorted Pk 2
\$7.20 per ea

\$10.15

SAVE \$4.35

Decor Stainless Steel Coffee Cup 350ml Assorted



Bonus 10% on Myer Gift Cards^

MYER
GIFT CARD

MYER

GIFT CARD

\$200 MYER GIFT CARD

Refer to T&Cs

Products on this page may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last.



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Off*

your first Direct to boot shop*

Find out more

\$15_{..} Betterthan Price SAVE Collect 600 \$20 points Optus \$35 Starter Kit‡ S Marketon

Includes:

- Get 60GB data on first recharge with 20GB bonus data
- Unlimited standard talk & text in Australia

- Roll over up to 200GB 28-day expiry

\$17.

SAVE \$18

Belong \$35 Voice SIM∆ Includes:

- 40GB
- Unlimited calls & text in Australia

Price



SAVE \$18.90

Lebara Starter Kit XS \$24.90#

Includes:

- 30GB for first 30 days, 25GB ongoing^
- Unlimited standard talk & text in Australia and to 26 selected countries
- Up to 200GB data banking

Better than Price



Data Offer

60gb

SAVE \$20

Telstra ViVo Y22s§ Features:

- 6.55" HD+ display
- Rear triple camera 50M+2MP+2MP
- Front camera 8MP



SAVE \$6

Vodafone \$10 SP† Includes:

- 5G enabled
- 5GB of data (4GB + 1GB auto recharge)
- 7 day expiry





PREPAID SIM

Ovodatone

SAVE \$20

Vodafone V One† Features:

Free \$30 starter pack - 2.4" display

- VGA camera with 4x digital zoom
- 1000mAh battery



everyday

from Woolworths

The SIM that saves you money at Woolworths.



22GB every 30 days



32GB every 30 days



42GB every 30 days

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Pick a plan >

\$9.

SAVE \$7

Schmackos Strapz Dog Treats 500g \$1.80 per 100g



\$15.

SAVE \$7

Optimum Dry Dog Food 2.7-3 kg



\$**5**..

SAVE \$1.50

Pedigree Dentastix Dog Treats Pk 7 71¢ per ea



\$6.

SAVE \$1.80

4 Legs Meatballs 870g **69¢ per 100g**



\$6⁵⁰

SAVE \$3

My Dog Wet Dog Food 6 x 100g \$1.08 per 100g



\$2.

SAVE 70°

Pretty Wild Cat Fillet Treat 25g \$8 per 100g



\$1

Fancy Feast Classics Wet Cat Food Tins 85g \$1.18 per 100g

SAVE 60°



\$16_{...}

SAVE \$4

Purina One Dry Cat Food 1.4-1.5 kg



PRICES DROPPED Range was \$11

\$**9**50

Lucky Dog Dry Dog Food 3 kg 32¢ per 100g



Range was **\$25.85**

14/6/23

\$2150

Felix Wet Cat Food Pk 24 x 85g \$1.05 per 100g



WC210224/VIC48/R



Premix

\$50

\$25

\$50

\$52



Billson's Varieties Cans | 4x355ml

CASE



Suntory -196 Double Grape Cans | 4x330ml



Brookvale Union Lemon Squash Cans | 10x330ml



Jameson Smooth Dry & Lime 4.8% Cans | 10x375ml

Beer

Cider

Spirits



Coopers Australian Lager Cans | 24x375ml



Somersby Apple Cider Bottles | 24x330ml



Jameson Orange 700ml

\$48



Dubliner Irish Whiskey & Honeycomb Liqueur 700ml



MIX & MATCH

Available on selected

Available on selected 4 and 6 pack ranges

ANY \$35 2 FOR 5

© CLICK FOR MORE OFFERS



XXXX Gold Lager Bottles | 6x375ml, Pure Blonde Ultra Bottles | 6x355ml, Melbourne Bitter Lager Bottles | 6x375ml, Furphy Refreshing Ale Cans | 6x375ml, Carlton Draught Lager Bottles | 6x375ml OR Victoria Bitter Lager Bottles | 6x375ml.

ANY 2 FOR

Wine



The Barque Merlot, Night Guard Barossa Shiraz, Metamorphosis Rose OR Rangers Lookout Pinot Grigio

700ML



2 FOR

Villa Maria Private Bin Sauvignon Blanc 750ml



750ML

John Tate Semillon Sauvignon Blanc

Spirits

SO SOURBON WHISKEY

Ezra Brooks Kentucky Straight Bourbon 700ml



Fire & Ice Gold Flakes Vodka 700ml

\$64



Gentleman Jack Whiskey 700ml

\$103



Patron Reposado Tequila 700ml







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