We can help you spend less today.

On sale Wednesday 21st February 2024



**FRESH **
Special

\$450

Australian White Seedless Grapes



1/2 Price

\$**4**75

SAVE \$4.75

Peters Drumstick 475-490ml Pk 4-6 – Excludes Plant Based

- From the Freezer



\$350

SAVE \$3.50

Kellogg's Nutri-Grain 290g or Just Right 460g



\$**11**..

SAVE \$11

Huggies Ultra Dry Nappy Pants Pk 24-36



#See page 22 for details.



\$425

Non-member price \$8.50 ea

Old El Paso Standard Kits 360-520g



\$**3**50

Non-member price \$7 ea

Betty Crocker Baking Mixes 345-540g



Scan your Rewards Card to save today with Member Prices



SAVE \$5.50

Ocean Chef Atlantic Salmon Portions 1 kg From the Seafood Freezer \$24 per kg



Contents

Click on the tabs to take you where you want to go.

Fruit & Veg

Meat & Seafood

Bakery

Deli

Fridge Specials

Freezer Specials

Pantry

Health & Beauty

Household

Cleaning

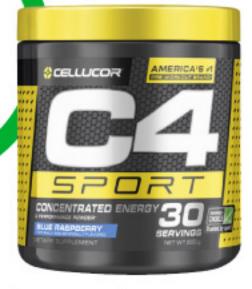
For your Pet



Specials



Price Diet & Sports[†]



†Find more 1/2 Price Diet & Sports on page 5

SAVE \$2.50

Thins Chips or Onion Rings 85-175g





SAVE \$5.50

Leggo's Fresh Filled Pasta Varieties 630g - From the Fridge 87¢ per 100g



Sirena Tuna 95g \$21.05 per kg

SAVE 95°



SAVE \$14.50

Dynamo Professional Laundry Liquid 2 Litre \$7.25 per litre



Price

Snacks & Pantry







\$**7**60

SAVE \$2.60

Tostitos Tortilla Corn Chips 165-175g



Arnott's Tim Tam Deluxe 175g \$1.34 per 100g

SAVE \$2.40



135

SAVE \$1.35

Smith's Crinkle Cut Chips 60g \$2.25 per 100g



\$**7**)50

SAVE \$2.50

Cadbury or Pascall Choc Bites 110-185g



SAVE \$2.75

Raw C Coconut Water 1 Litre \$2.75 per litre



\$**?**80

SAVE \$3.80

Nescafe Mixers Pk 8-10



#See page 22 for details.





\$140

SAVE \$1.40

Continental Pasta & Sauce or Rice Side Dish 85-125a



Continental"

Classics

DELICIOUS

\$165

SAVE \$1.65

John West Salmon Tempters 95g \$17.37 per kg





\$125

SAVE \$1.25

Fantastic Rice Crackers 100g \$1.25 per 100g



\$175

SAVE \$1.75

Bar Counter 40g

- From the Health
Food Aisle

\$4.38 per 100g



\$950

SAVE \$2.50

Well Naturally Liquorice 110g – From the Health Food Aisle \$2.27 per 100g



\$**2**²⁰

SAVE \$2.20

Golden Crumpet Rounds Pk 6 **37¢ per ea**



\$3,

Cadbury Cake Bar or Rolls Pk 5 60¢ per ea

SAVE \$3



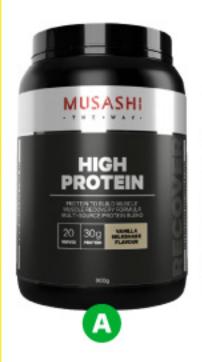
\$15_.

SAVE \$15

Alishaan Super Basmati Rice 5 kg **30¢ per 100g**



Musashi*

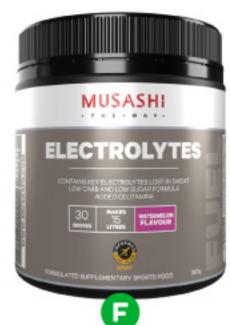












- A Musashi Vanilla High Protein Powder 900g~ \$32.50 ea SAVE \$32.50 \$3.61 per 100g
- B Musashi 100% Whey Protein Powder 900g~ \$34 ea SAVE \$34 \$3.78 per 100g
- C Musashi High Protein Bar 90g~ \$3 ea SAVE \$3 \$3.33 per 100g

- D Musashi Protein Crisp Bar 60g~ \$2.25 ea SAVE \$2.25 \$3.75 per 100g
- E Musashi Pre Workout 225g~ \$20 ea SAVE \$20 \$8.89 per 100g
- F Musashi Electroytes 300g~ \$13.50 ea SAVE \$13.50 \$4.50 per 100g

1/2 Price

Atkins & Quest[†]













The Man Shake & Fat Blaster[†]







- A Atkins Endulge Chocolate Almonds Pk 5 x 30g~ \$7.50 ea SAVE \$7.50 \$1.50 per ea
- **B** Atkins Endulge Caramel Nut Bars Pk 5 x 34g~ \$7.50 ea SAVE \$7.50 \$1.50 per ea
- C Quest Frosted Cookies 50a~
- \$2.99 ea SAVE \$3 \$5.98 per 100g D Quest Peanut Butter Cups 42g~
- \$2.40 ea SAVE \$2.40 \$5.71 per 100g

- A The Man Bar 50g~ \$2.25 ea SAVE \$2.25 \$4.50 per 100g
- **B** The Lady Bar 50g~ \$2.25 ea SAVE \$2.25 \$4.50 per 100g
- C Fat Blaster Chocolate Weight Loss Shake 465g~ \$14 ea SAVE \$14 \$3.01 per 100g
- D Fat Blaster Vanilla Weight Loss Shake 465a~ \$14 ea SAVE \$14 \$3.01 per 100g



Body Science[†]













- A Body Science Vanilla High Protein Powder 800g~ \$27.50 ea SAVE \$27.50 \$3.44 per 100g
- B Body Science High Protein Low Carb Bar 60g~ \$2.25 ea SAVE \$2.25 \$3.75 per 100g
- C Body Science Pure Creatine 200g~ \$14 ea SAVE \$14 \$7 per 100g
- D Body Science Electrolyte Gummies Pk 5~ \$1.25 ea SAVE \$1.25 25¢ per ea
- E Body Science Shred Carnitine 300g~ \$27.50 ea SAVE \$27.50 \$9.17 per 100g
- F Body Science K-OS Pre Workout Gummies 300g~ \$22.50 ea SAVE \$22.50 \$7.50 per 100g

1/2 Price

Diet & Sport Supplements'









- A Musashi Energy Drink 500ml~ \$2.25 ea SAVE \$2.25 45¢ per 100ml
- B C4 Smart Energy Drink 473ml~ \$2.75 ea SAVE \$2.75 \$5.81 per litre
- C C4 Sport Pre-workout Powder 285g~
 - \$24 ea SAVE \$24 \$8.42 per 100g
- D Body Science Electrolyte+ Hydration Mix 120g~ \$12.50 ea SAVE \$12.50 \$10.42 per 100g

1/2 Price

Protein Powder[†]









- A Keep It Cleaner Plant Based Protein Powder 375g~ \$16.50 ea SAVE \$16.50 \$4.40 per 100g
- B Vital Strength Ripped Protein Powder 450g~ \$17 ea SAVE \$17 \$3.78 per 100g
- C Muscletech Nitrotech Whey Protein Powder 690g~ \$24.50 ea SAVE \$24.50 \$3.55 per 100g
- D 28GO Sam Wood Protein with Probiotics Powder 350g~

\$14 ea SAVE \$14 \$4 per 100g

\$**2**25

SAVE \$2.25



Body Science Low Carb Protein Bar 60g~ \$3.75 per 100g **\$2**25

SAVE \$2.25

LOW CARB BAR Chocoholic LOW CARB BAR Chocoholic

Body Science High Protein Low Carb Mousse Bar 55g~ \$4.09 per 100g

\$1750

SAVE \$17.50

Body Science Collagen Protein Water 350g~ \$5 per 100g



\$**27**⁵⁰

SAVE \$27.50

Body Science High Protein Powder 800g~ \$3.44 per 100g



\$**27**⁵⁰

SAVE \$27.50

Body Science Triandrobol Test Tablets Pk 60~ \$45.83 per 100 ea



1/2 **Price**Noway & 28GO[†]



- A Noway Collagen Mousse or Jelly 24g~ \$1.95 ea SAVE \$2 \$8.13 per 100g
- B 28GO Protein Collagen Water 30g x 7~ \$11 ea SAVE \$11 \$5.24 per 100g
- C 28GO Protein Banana Bread 500g~
- \$7 ea SAVE \$7 \$1.40 per 100g
- D 28GO Protein Bar 55g~ \$2 ea SAVE \$2 \$3.64 per 100g

1/2 Price



- A Bounce Natural Energy Ball 40-49g~ \$1.75 ea SAVE \$1.75
- B DOSE & CO Pure Unflavored Collagen 200g~ \$20 ea SAVE \$20 \$10 per 100g
- C Keep It Cleaner Protein Powder 375g~ \$16.50 ea SAVE \$16.50 \$4.40 per 100g
- D Nature's Way Plant Based Protein Powder 375g~ \$11.25 ea SAVE \$11.25 \$3 per 100g



\$2...

Musashi Protein Wafer 40g~

\$5 per 100g

SAVE \$2



\$3...

Musashi High Protein Bar 90g~ \$3.33 per 100g

SAVE \$3



\$**2**25

SAVE \$2.25

Musashi Protein Cookie 58g~ \$3.88 per 100g



\$**2**27

SAVE \$2.28

Musashi Shred & Burn Protein Shake Ready To Drink 375ml~ 61¢ per 100ml



\$13⁵⁰

SAVE \$13.50

Musashi Fat Metaboliser with Carnitine Capsules Pk 60~ \$22.50 per 100 ea



\$32⁵⁰

SAVE \$32.50

Musashi High Protein Powder 900g~ \$3.61 per 100g



1/2 Price Creatine



- A Muscle Tech Platinum Creatine Tablets Pk 90~ \$15 ea SAVE \$15 \$16.67 per 100 ea
- B Vital Strength Creatine 300g~ \$15.50 ea SAVE \$15.50 \$5.17 per 100g
- C SUP Creatine Gummies Pk 35~
- \$13.50 ea SAVE \$13.50 \$38.57 per 100 ea

 D Musashi Unflavoured Creatine 350g~

\$22.50 ea SAVE \$22.50 \$6.43 per 100g



1/2 Price

Protein Bars[†]



- A Quest Bar Protein Bar 60g~
- \$2.40 ea SAVE \$2.40 \$4 per 100g
- B Keep It Cleaner Dairy Whip Protein Bar 45g~ \$2.25 ea SAVE \$2.25 \$5 per 100g
- C Keep It Cleaner Collagen Bar 40g~ \$1.75 ea SAVE \$1.75 \$4.38 per 100g
- D Clif Bar Energy Bar 68g~
 - \$1.75 ea SAVE \$1.75 \$2.57 per 100g

A ION POOR ION



\$3...

Palmolive Luminous Oils Shampoo or Conditioner 350ml 86¢ per 100ml

SAVE \$3



\$**3**²⁵

SAVE \$3.25

Sunsilk Shampoo or Conditioner 350ml 93¢ per 100ml



\$450

SAVE \$4.50

White Glo Toothpaste 205g \$2.20 per 100g



\$**4**50

SAVE \$4.50

Schwarzkopf Extra Care Shampoo or Conditioner 400ml \$1.13 per 100ml



\$850

SAVE \$8.50

Dove Shampoo or Conditioner 820ml \$1.04 per 100ml



\$10⁵⁰

SAVE \$10.50

Head & Shoulders Shampoo or Conditioner 660ml \$1.59 per 100ml



30% Off

Gillette Men's Razors§









- A Gillette Fusion Manual Razor System \$13.30 ea SAVE \$6.70
- B Gillette Mach3+ Razor System \$9.80 ea SAVE \$4.20
- C Gillette Fusion Proglide Manual Blades Pk 8 \$40.60 ea SAVE \$17.40 \$5.08 per ea
- D Gillette Fusion 5 Manual Razor Blades Pk 12 \$46.90 ea SAVE \$20.10 \$3.91 per ea

\$4..

SAVE \$4

Lynx Body Spray or Anti-perspirant 165ml \$2.42 per 100ml



1/2
Price
Price
Lynx

ABH
FRESHNESS
PRICE

\$1150

SAVE \$11.50

Venus Deluxe Smooth Platinum Razor



1/2 Price Gillette Venus⁴



\$275

Morning Fresh Dishwashing Liquid 400ml 69¢ per 100ml

\$7_{ea}

Comfort Fragrance Boosters 200g \$35 per kg

\$1125

Energizer Max Plus AA or AAA Pk 10 \$1.13 per ea

SAVE \$2.75



SAVE \$7



SAVE \$11.25



Energizer

\$**5**.75

SAVE \$5.75

Glen 20 24h Protection Disinfectant Spray 300g \$1.92 per 100g



\$10_°

SAVE \$10

Radiant Laundry Liquid 2 Litre or Powder 2 kg \$5 per litre/kg



\$750

SAVE \$7.50

Pine O Cleen Wipes Pk 150 **5¢ per ea**



\$**4**40

SAVE \$4.40

Ambi Pur Clip Car Air Freshener 7.5ml



\$6²⁵

SAVE \$6.25

Armor All Ultra Shine Wash and Wax 1 Litre 63¢ per 100ml



\$33_{...}

SAVE \$33

Finish Ultimate Plus Material Care Dishwasher Tablets Pk 50 66¢ per ea





\$4.

Non-member price \$8 ea

Betty Crocker Gluten Free Baking Kits 450-550g



\$15_{..}

30¢ per 100g

Non-member price \$30 ea 60¢ per 100g

SunRice Hinata Short Grain Rice 5 kg



\$3²⁵

81¢ per 100g

Non-member price \$6.50 ea \$1.63 per 100g

Betty Crocker Frosting 400g



\$165

Non-member price \$3.30 ea

Sunbites Crackers 105-110g



\$**3**50

Non-member price \$7 ea

Betty Crocker Baking Mixes 345-540g



\$**2**50

\$1.85 per 100g

Non-member price \$5 ea \$3.70 per 100g

Red Rock Deli, Deli Style Crackers 135g



\$4..

Non-member price \$8 ea

Sard Laundry Spray 420-450ml



\$**3**45

Non-member price \$6.90 ea

Nature Valley Bars 152-252g Pk 4/6 or Fibre One 100-120g Pk 4/5



ANY 2 FOR \$14

\$1.17 per 100g

Non-member price \$9 ea \$1.50 per 100g

McCain Pizza Slices 600g – From the Freezer



ANY 2 FOR \$520

\$4.33 per litre

Non-member price \$4 ea \$6.67 per litre

Powerade Drink Flo Cap 600ml or Powerade Active Water 600ml



ANY 2 FOR \$8

Non-member price \$5.60 ea

McCain Meals 375-400g – From the Freezer



\$170

43¢ per 100g

Non-member price \$2.20 ea 55¢ per 100g

Edgell Canned Beans 400g



\$**3**50

Non-member price \$5 ea

Kinder Tronky 90g Pk 5 or Kinder Happy Hippo Cocoa 103.5g Pk 5



\$**5**..

\$1.54 per 100g

Non-member price \$7 ea \$2.15 per 100g

Tuscan Finest Filled Pasta Varieties 325g – From the Fridge



\$**6**.

\$30 per kg

Non-member price \$7.50 ea \$37.50 per kg

Perfect Italiano Parmesan Block 200g – From the Fridge



\$**8**95

\$2.56 per 100g

Non-member price \$10.95 ea \$3.13 per 100g

Fast Fuel Chilled Meal Varieties 350g – From the Fridge





Helping you spend less on midweek meals.

PRICES DROPPED for Summer



Was \$5.90

28/11/23

\$275 Australian Mix A Mato Tomatoes 320g Pack \$11.72 per kg USTRALIA. Was \$10.50 30/1/24

Woolworths Chicken Schnitzel Varieties 600g with RSPCA Approved Chicken - From the Meat Dept \$15 per kg



Range was **\$4.50**

28/11/23

San Remo

Pulse Pasta 250g \$1.60 per 100g



Was \$7.50

GROW

28/11/23

Cobram Garlic Spray 225g

\$2.67 per 100g



Was \$5

28/11/23

Woolworths Australian Mixed Leat with Carrot 300g Pack



Was \$4.80 28/11/23

Creative Foods Garlic Bread 500a Pk 2

 From the Fridge 86¢ per 100g



Was \$7 28/11/23

Papa Giuseppi's Pizza Flatbread 185g - From the Freezer \$2.97 per 100g



Was \$30 28/11/23

Ocean Chef Emperor Fillets Skinless 1 kg - From the Seafood Freezer \$27 per kg





Helping you spend less on family favourites.

LOW PRICE you can rely on



\$2...

Australian Shredded Iceberg Lettuce 200g Pack **\$10 per kg**



Jumbo Bread Roll Varieties Pk 6*

– Excludes Jumbo Brioche Rolls

50¢ per ea



\$490

Woolworths Swiss Cheese Slices 200g – From the Fridge \$24.50 per kg



\$6

Steggles Southern Style Chicken Breast Burgers 360g

- From the Freezer \$16.67 per kg



\$240

Woolworths Wraps 360g Pk 8 67¢ per 100g



\$3⁷⁰

Woolworths Fruit Salad In Juice 695g \$5.32 per kg



\$14..

I&J Fish Fillets 1 kg – From the Freezer \$14 per kg



FRUIT & VEG

*FRESH # Specials







\$490 Australian Lebanese Cucumbers



QLD Shepard avocados hand-picked for you.

The team at Kureen Farming hand-pick every avocado at just the right time. This ensures you get the best tasting and highest quality avocados, every time.





*FRESH # Specials











Shepard avocados are back.

Thanks to mild growing conditions and consistent rainfall, new season shepard avocados are in great supply. Their buttery and creamy taste makes them perfect for salads, sandwiches or guacamole.

Discover more >

BAKERY

\$4 ea SAVE \$1 Apple or Banoffee Turnover with

\$450

SAVE \$1

Golden Pancakes 360g \$1.25 per 100g



\$3.25 each or

Fresh Cream*

ANY 2
FOR \$50

SAVE \$1

35hr Mini Sourdough Loaf Varieties*



SAVE 50°

Woolworths Loaded Muffins Pk 4 \$1.75 per ea



LOW PRICE you can rely on

\$640

Woolworths Chocolate, White or Caramel Mudcake Varieties 600g \$1.07 per 100g



\$5

Pane Di Casa Loaf Varieties*



\$490

Helga's Bread Loaf Varieties 650-850g







*Only available in stores with an in-store bakery.



Was \$5 23/1/24

\$450







Serving suggestion

\$520

Woolworths Free From Gluten Hot Cross Bun Varieties Pk 4 \$1.30 per ea



Serving suggestion

Woolworths Indulgent Apple & Cinnamon Hot Cross Buns Pk 4 \$1 per ea





Serving suggestion

#Only available in stores with an in-store bakery.

BAKERY & DELI

\$**8**_{kg}

Marinated Wing Varieties with Australian RSPCA Approved Chicken – From the Deli



Hot Cross Bun Varieties Pk 6-9*
– Excludes Brioche Hot Cross
Bun Varieties



\$850

Strength Meals Co Varieties 350g – From the Deli \$2.43 per 100g

\$**12**⁵⁰

SAVE \$4.30

Primo

SHORT CUT

Primo Shortcut or Middle Bacon 750g – From the Fridge \$16.67 per kg \$30_{kg}

Bertocchi Double Smoked Ham off the Bone

Sliced or Shaved
 From the Deli

SAVE

\$AVE \$5.50 kg



SAVE \$1.45



Helga's Wrap
Varieties
445-508g Pk 7-8
- Excludes
Lower Carb

Simson's Pantry Mini Pizza Bases 240g Pk 6

\$1.46 per 100g

\$**4**_{pk}

Mini Pastry Varieties Pk 8* **50¢ per ea**

SAVE \$1.50







PRICES DROPPED







ANY 2

Non-member price \$8 ea

Woolworths COOK Marinated Beef or Pork Steaks 250-300g



ANY 2 FOR 🗬

\$16.30 per kg

Non-member price \$8 ea \$17.39 per kg

Woolworths COOK Classic Beef or Pork & Fennel Sausage Rolls 460g



Scan your Rewards Card to save today with Member Prices

Woolworths COOK Marinated Kebabs 375g with RSPCA Approved Chicken From the Meat Dept



Woolworths Boneless Kyiv Varieties 700g with RSPCA Approved Chicken

From the Meat Dept



Woolworths Premium Butcher Style Sausage Varieties 450-500g



Woolworths COOK Pork Ribs with BBQ Glaze 650g \$16.92 per kg

SAVE \$3



Woolworths COOK Butterflied Beef 700g \$21.43 per kg



Australian Pork Ribs



PRICES DROPPED Was \$16 kg 16/1/24

Australian Lamb Leg Easy Carve Boneless Roast







ANY 2 FOR \$15

Non-member price \$9 ea

Woolworths BBQ Angus Beef or Chicken Zucchini Burgers 450-500g



ANY 2
FOR \$15

Non-member price \$8.50 ea

Woolworths Beef or Chicken Burgers 540-550g Pk 6



Buy any participating product





















to help provide a meal to an Australian in need.





Perfect for Lent

\$24 ea

SAVE
\$5.50

Ocean Chef Salmon Portions
Mediterranean Style 1 kg
- From the Seafood Freezer
\$24 per kg

\$18 kg
Fresh Whole Australian Barramundi

SAVE \$4 kg

\$30 kg
Fresh Large Cooked Australian Tiger Prawns

SAVE
\$4 kg

\$850

SAVE
\$3

Tassal Smoked
Salmon 100g
\$85 per kg

SAVE \$4 Just Caught Jumbo Raw Prawn Cutlets 500g - From the Seafood Freezer \$38 per kg \$25 Thawed Cooked WA Rock Lobster

SAVE
\$3

LUSTRALIAN

SEAFOOD

PRICES DROPPED for Summer



Was \$13 28/11/23 \$1150 ea Tassal Hot Smoked Salmon Natural 150g \$76.67 per kg



\$2



\$6

SAVE \$1.50

Sirena Tuna Fillets in Jar 200g \$30 per kg



\$60 SAVE
\$2

Sealord Dory Fish
Fillets 300-320g
- From the Freezer

\$18¹⁵

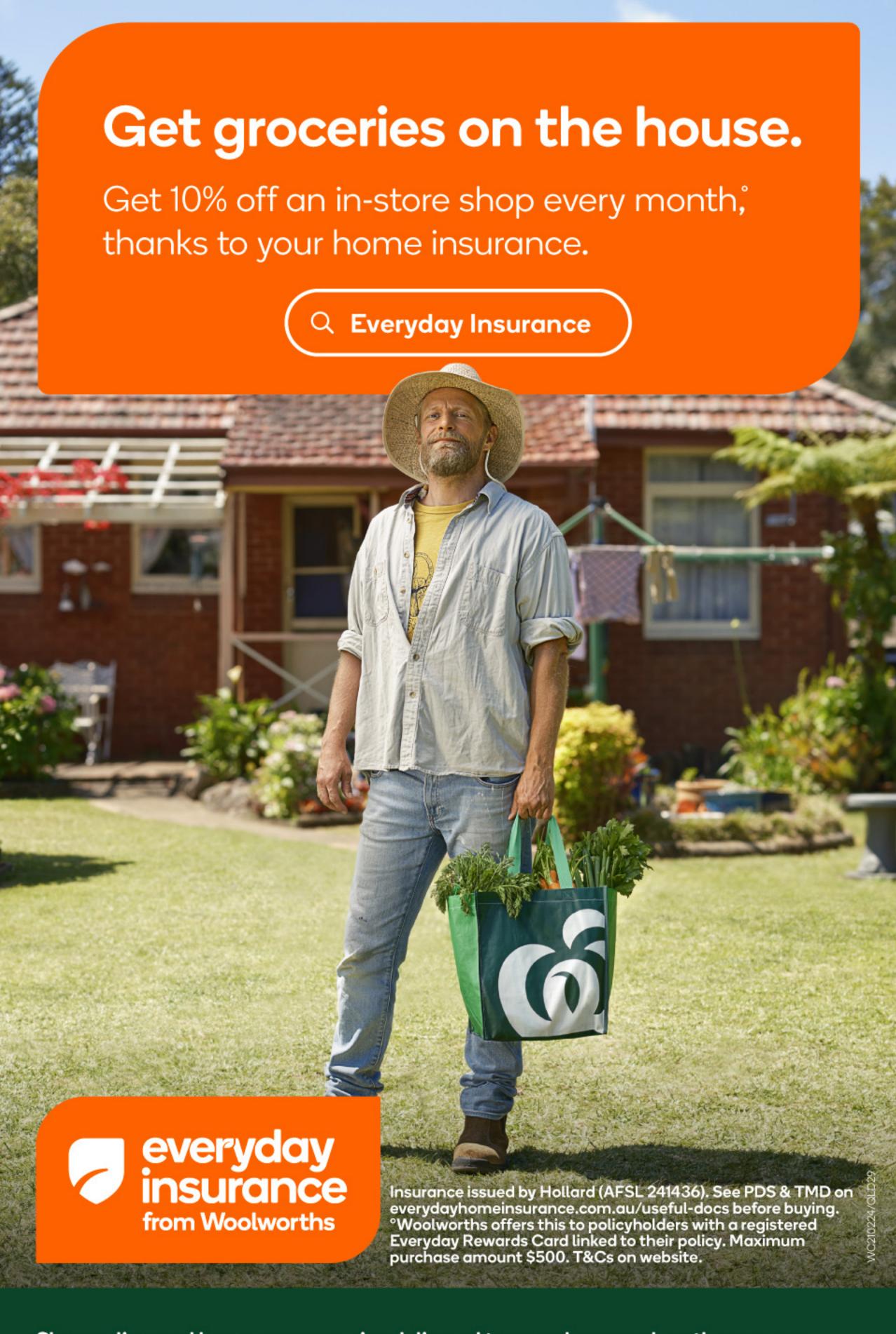
SAVE \$4.55

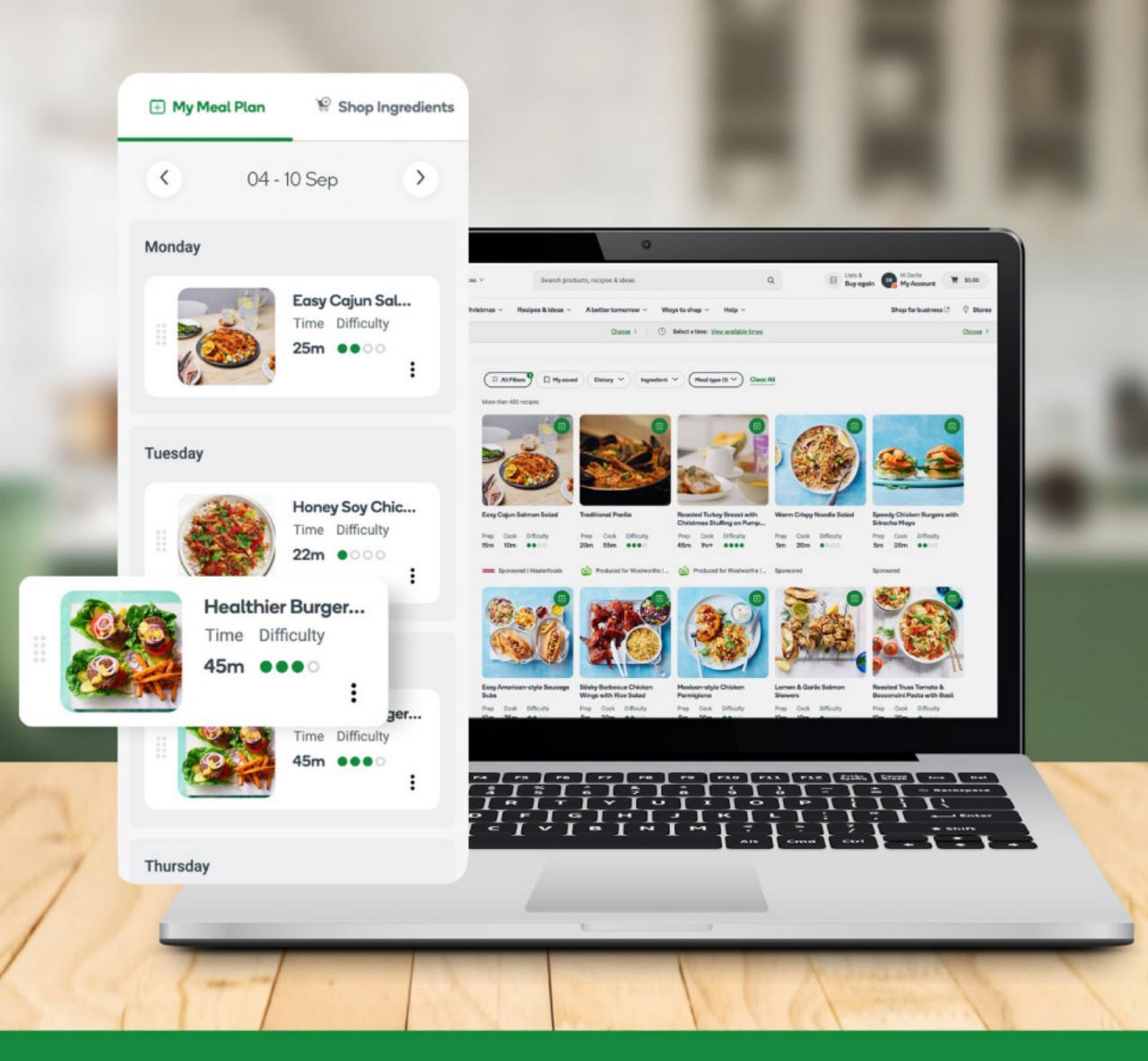
Just Cook Gyoza or Prawn Hargow 1 kg – From the Freezer \$1.82 per 100g











Refresh dinner o'clock with Meal Planner

From budget-friendly burger night to air-fryer Friday, find a recipe to please everyone. Then shop ingredients with the choice of delivery. Done!

(Try Meal Planner)

Pricing and products shown are for illustrative purposes only.

App : Online : In store





Meat lovers pizza with baby spinach & rocket salad

Since 31/1/23 \$**1**



Woolworths Australian Beef Stir Fry Heart Smart 500g **\$24 per kg**



\$3_{...}

Woolworths Thin Crust Pizza Base Pk 2 \$1.50 per 100g





\$3_{pk}



^Based on actual ingredient portion size used and standard shelf prices as at 5/12/23. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10. #Only available in stores with an in-store bakery.



Honey soy chicken lettuce cups

\$**7**80

SAVE 70°

Fountain Sauce 250ml \$1.12 per 100ml



Since

21/7/22

SunRice Microwave Rice Family Size 450g 89¢ per 100g







Australian Fresh RSPCA Approved Chicken Breast Fillets Bulk Tray From the Meat Dept



\$4,75

SAVE \$4.75

Mars or Snickers Ice Cream Bars 295-300ml Pk 6



\$**5**²⁵

SAVE \$5.25

Bubbleme Bubble Tea Icecream 320g Pk 4 \$1.64 per 100g



\$**6**..

Bulla Murray St Ice Cream Tub 1 Litre 60¢ per 100ml

SAVE \$6



\$475

SAVE \$4.75

Hershey's or Reese's Ice Cream Tub 1 Litre 48¢ per 100ml



\$475

SAVE \$4.75

Bubbleme Bubble Tea Tropical Treats 390g Pk 6 \$1.22 per 100g



\$**5**50

Bulla Creamy Classics 2 Litre 28¢ per 100ml

SAVE \$5.50



\$**6**50

SAVE \$3.50

Oreo or Milo Family Tubs 1.2 Litre 54¢ per 100ml



\$7.

SAVE \$3

Little Moons Mochi Bites 192g Pk 6 \$3.65 per 100g



\$**6**50

SAVE \$3

Weis Bars 264-280ml Pk 4-6



PRICES DROPPED for Summer

Was \$9 28/11/23

\$6

Peters Lifesavers Icy Poles 530ml Pk 8 \$1.13 per 100ml



Range was \$9

28/11/23

\$**8**.

Juicies Frozen Tropical or Wildberry 1 Litre Pk 10 80¢ per 100ml



Freezer & Fridge

Back •

\$730

SAVE \$3.20

Sealord Hoki Fish Fillets 450-480g – From the Freezer



\$840

Four'N Twenty Angus Pies 700g – From the Freezer \$1.20 per 100g

SAVE \$3.60



\$**6**.50

Dr Oetker Ristorante Pizza 310-390g

- Excludes Gluten Free
- From the Freezer

SAVE \$2.50



\$1150

Steggles Dino Snacks 1 kg – From the Freezer \$11.50 per kg



\$**6**.

Bega Block, Grated or Sliced Cheese 250-300g

- From the Fridge

SAVE \$1.50



\$**5**²⁰

Lemnos Fetta Cheese 180-200g – From the Fridge

SAVE \$1.30



\$3.50

Yumi's Dips 200g
- From the Fridge
\$1.75 per 100g



\$690

Mersey Valley Cheddar Varieties 235g – From the Deli \$29.36 per kg

SAVE \$3



PRICES DROPPED Was \$7.20

\$6.90

A2 Lactose Free Milk 2 Litre – From the Fridge \$3.45 per litre



Was \$10.50

\$**9**90

Hillview Cheese Block 1 kg – From the Fridge \$9.90 per kg



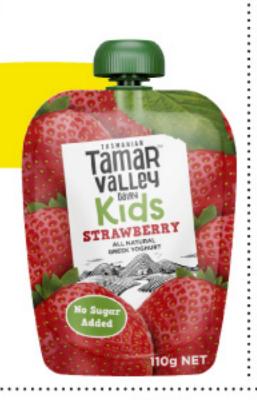




\$170

SAVE 70°

Tamar Valley Kids Yoghurt Pouch 110g \$1.55 per 100g



\$680

SAVE \$1.20

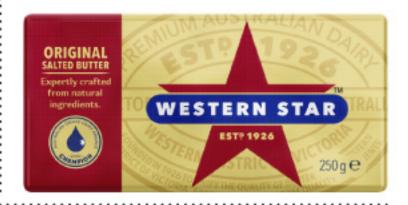
Nudie Juice 2 Litre \$3.40 per litre



\$450

Western Star Butter 250g \$1.80 per 100g

SAVE 70°



\$**1**50

SAVE \$1.50

Queensland Yoghurt Co Pots 170g 88¢ per 100g



\$315

SAVE \$1.50

Rokeby Farms Protein Smoothie 425ml \$7.41 per litre



\$750

Flora ProActiv Spread 500g \$1.50 per 100g

SAVE \$2.50



PRICES DROPPED for Summer

Range was \$2.90

28/11/23

\$190

Tamar Valley Creamery Yoghurt 170g \$1.12 per 100g

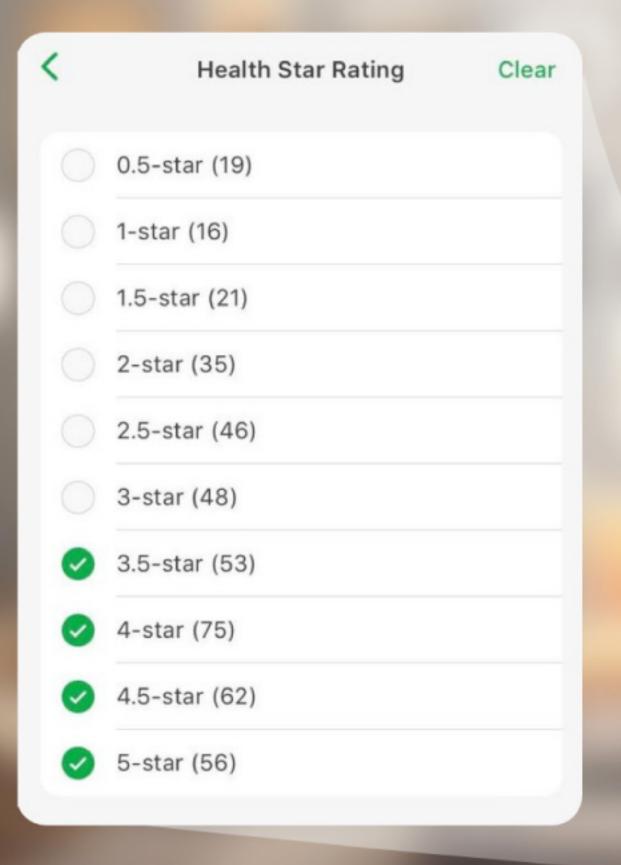


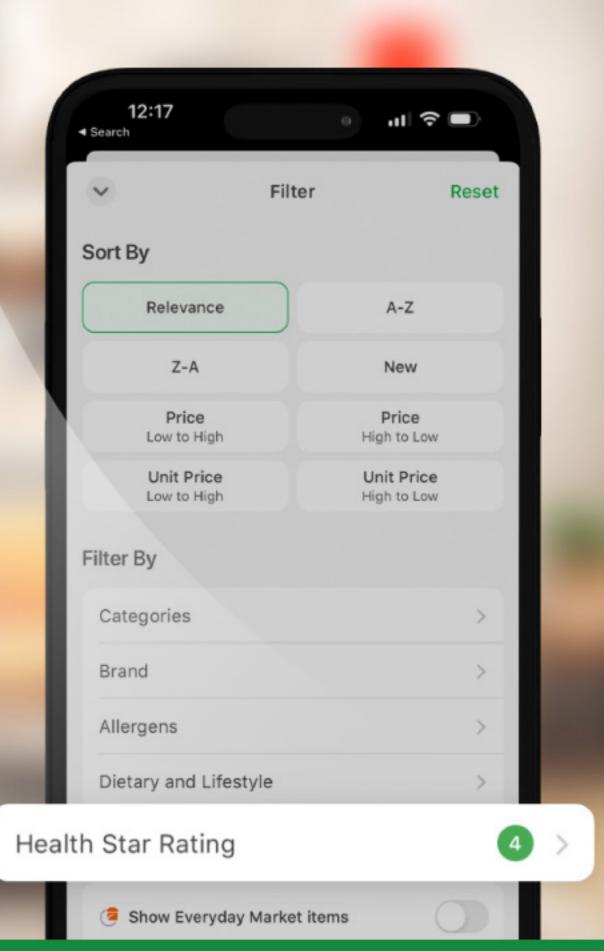
Range was \$1.80

\$160

Yoplait YOP Kids Yoghurt Pouch 130g \$1.23 per 100g







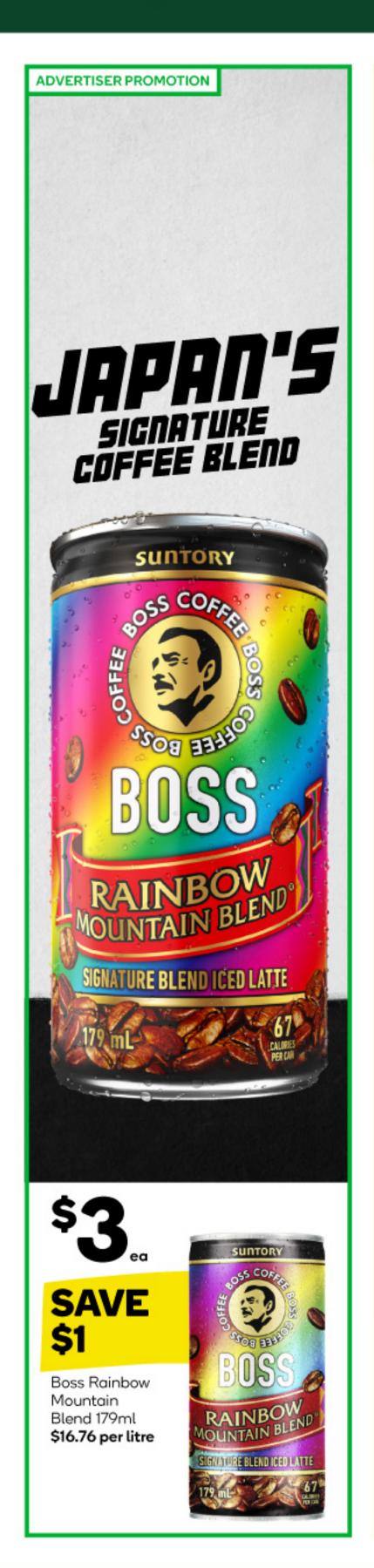
Healthier choices at your fingertips

Filter by a Health Star Rating of 3.5 and above to find healthier choices faster.

Tip: try it on the snack aisle today.

Try it now

Pricing and products shown are for illustrative purposes only.





40% Off

\$19⁹⁰

SAVE \$14.95

Pepsi Max, Solo Zero, Sunkist Zero or Mountain Dew 24 x 375ml **\$2.21 per litre**



\$1140

Mount Franklin Lightly Sparkling Varieties 10 x 375ml \$3.04 per litre

SAVE \$7.60



\$180

SAVE \$1.20

Schweppes Soda Water 1.1 Litre \$1.64 per litre



\$**2**35

SAVE \$1.65

Gatorade Drink Sport Blue Bolt Bottle 600ml \$3.92 per litre



\$**6**..

SAVE \$4

T2 Iced Tea 4 x 240ml \$6.25 per litre



\$720

SAVE \$4.80

Red Bull Energy Drink 4 x 250ml \$7.20 per litre



\$330

SAVE \$2.20

Lindt Lindor or Excellence Blocks 80-100g



\$330

SAVE \$2.20

Nestle Sharepacks 127-158g





25% off

all Mini Eggs Bags 90-150g













- A Bluey Milk Chocolate Solid Mini Eggs 100g \$4.12 ea SAVE \$1.38 \$4.12 per 100g
- B Darrell Lea Coco Pops Easter Eggs 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g
- C Kinder Milk Chocolate Mini Eggs 100g \$4.12 ea SAVE \$1.38 \$4.12 per 100g
- D Lindt Lindor Assorted Mini Eggs 90g \$4.12 ea SAVE \$1.38 \$4.58 per 100g
- E Cadbury Creme Egg Minis 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g
- F Nestle Crunch Mini Eggs 110g \$4.12 ea SAVE \$1.38 \$3.75 per 100g

\$175



\$950

Coca-Cola, Sprite, Fanta Soft Drink Can Varieties 10 x 375ml \$2.53 per litre



\$560

Bundaberg Sparkling Soft Drink 4 x 375ml \$3.73 per litre

SAVE \$1.85



\$3_{..}

SAVE \$1

Sanitarium So Good Barista Almond Milk 1 Litre \$3 per litre

WC210224/QLD38



\$**6**80

SAVE \$1.70

Twinings Live Well Tea Bags Pk 18-22



\$**12**⁵⁰

SAVE \$3.50

Moccona Freeze Dried Coffee 200g \$6.25 per 100g



Products on this page may not be available in all stores. While stocks last. #See page 22 for details.



SAVE \$2.75

Nice & Natural Thick Shake Bars 120g Pk 6 or Nice & Natural Smoothie Bars 100g Pk 5 SAVE \$1.40

Sanitarium Weet-Bix 575g 52¢ per 100g

SAVE \$1.40

SCHOOL BANK

PRODUCT TO THE PRODUCT OF THE PRODU

\$**3**³⁰

\$2.20

Uncle Tobys Muesli Bars 185g Pk 6 \$1.78 per 100g 40%
Off

UNCLE
TOBYS

Chewy
CHOC CHIP
WASHER Corts | © Cody Livy
Support
Musci Sars 1859 C

\$**3**³⁰

SAVE \$2.20

Uncle Tobys Le Snak 132g Pk 6 \$2.50 per 100g



\$3³⁰

SAVE \$2.20

Uncle Tobys Roll Ups 94g Pk 6 **\$3.51 per 100g**



\$450

Carman's Nut Bars 160-175g Pk 5

SAVE 50°



\$350

SAVE \$1.50

SunRice Crunch Ems and Mini Bites 108-120g Pk 6 – From the Health Food Aisle



\$**5**40

SAVE \$3.60

Jordans Muesli, Clusters or Granola 500-750g, or Dorset Granola 450g



WC210224/QLD39

#See page 22 for details.



30% Off



Heinz[¥]











- A Heinz Ketchup or Smokey Barbecue Sauce 500ml \$3.50 ea SAVE \$1.50 70¢ per 100ml
- B Heinz Seriously Good Mayo 295ml \$3.80 ea SAVE \$1.70 \$1.29 per 100ml
- C Heinz Baked Beanz or Spaghetti 300g \$1.90 ea SAVE 90¢ 63¢ per 100g
- D Heinz Baked Beanz or Spaghetti 535-555g \$2.45 ea SAVE \$1.05
- E Heinz Soup of the Day Pouch 430g \$3.15 ea SAVE \$1.35 73¢ per 100g

\$180

SAVE 60°

Lee Kum Kee Ready Sauces 100-145g

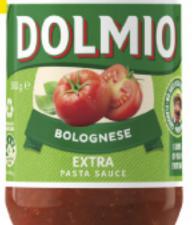


\$**2**%

SAVE \$1.70

Dolmio Extra Pasta Sauce 490-500g





\$1440

SAVE \$9.60

Monini Extra Virgin

Olive Oil 750ml \$1.92 per 100ml 40% Off



\$310

SAVE \$3.10

Spice Tailor Asian Meal Kit 275g \$1.13 per 100g



PRICES DROPPED for Summer

Range was \$3.90 28/11/23

\$340

Slush Puppie Slushy Pouches 250ml \$1.36 per 100ml



Range was **\$4.50**

\$4...

Cottee's Ice Magic Topping 220g \$1.82 per 100g



WC210224/QLD40

#See page 22 for details.

A big range for your little loved ones

To find more baby & toddler specials

Click here >

\$11...

SAVE \$11

Huggies Ultra Dry Nappy Pants Pk 24-36



\$10⁵⁰

SAVE \$3.50

Huggies Baby Wipes Pk 240 \$4.38 per 100 ea



\$14

SAVE \$6

QV Baby Gentle Wash 500g \$2.80 per 100g



\$1450

SAVE \$2.50

Huggies Little Swimmers Pk 10-12



\$16₆

SAVE \$4

Karicare Stage 3 or 4 Baby Formula 900g – Limit of 2 per Customer \$1.78 per 100g



\$170

SAVE 45°

Rafferty's Garden Baby Food Pouch 120g \$1.42 per 100g



\$3 each or

ANY 2 FOR \$5

SAVE \$1

Only Organic Baby Food Pouch 170g \$1.47 per 100g



\$29.

SAVE \$6

Sudocrem Healing Cream 400g~ \$7.25 per 100g









\$6 Babylove Cosifit Nappies Pk 26-48













health&beauty Summer





































- A Swisse Ultivite Multivitamin Gummies Pk 60# \$15 ea SAVE \$15 \$25 per 100 ea
- **B** Swisse Kids' Multi Gummies Pk 60# \$10.25 ea SAVE \$10.25 \$17.08 per 100 ea
- C Swisse Ultivite Men's 50+ Multivitamin Tablets Pk 90# \$32 ea SAVE \$32 \$35.56 per 100 ea
- D Swisse Ultivite Women's 50+ Multivitamin Tablets Pk 90# \$32 ea SAVE \$32 \$35.56 per 100 ea
- E Swisse Ultivite Women's Multivitamin Tablets Pk 100# \$27 ea SAVE \$27 \$27 per 100 ea
- F Swisse Ultivite Men's Multivitamin Tablets Pk 100# \$27 ea SAVE \$27 \$27 per 100 ea

PRICES DROPPED

Was \$13.50

28/11/23

Strepsils Herbal Immune Support Lozenges Pk 32# 38¢ per ea



Range was \$15.65

28/11/23

Hydralyte Ready To Drink Solution 1 Litre# \$1.30 per 100ml



Was \$4.80

28/11/23

Swisspers Cotton Tips Pk 240 \$1.46 per 100 ea



Was \$8.50

28/11/23

Dettol 2 in 1 Antibacterial Hands & Surface Wipes Pk 60 11¢ per ea



Was \$33

28/11/23

Clearblue Pregnancy Test Early Detection Pk 7

\$4.21 per ea



Household, Apparel & Gift Cards

\$440

SAVE \$1.10

Kleenex Viva Paper Towel Pk 3 \$2.44 per 100 sheets



\$**7**20

SAVE \$1.80

Kleenex Complete Clean Toilet Tissue Pk 9 44¢ per 100 sheets



\$**8**..

Earth Rescue Laundry Sheets Pk 30 27¢ per ea

SAVE \$5



\$930

SAVE \$4.20

Earth Choice Laundry Liquid 2 Litre \$4.65 per litre



\$12_{...}

Hygiene Plus Powder Free Gloves Pk 100 12¢ per ea

SAVE \$3



\$960 pk SAVE \$6.40 Bonds Men's Socks 1/4 Crew Assorted Pk 3 \$3.20 per ea \$140

SAVE
\$9.60

Bonds Ladies'
Hipster Boyleg
Assorted Pk 2
\$7.20 per ea

\$10¹⁵

SAVE \$4.35

Decor Stainless Steel Coffee Cup 350ml Assorted



Bonus 10% on Myer Gift Cards^

MYER
GIFT CARD

MYER

GIFT CARD

\$200 MYER GIFT CARD

Refer to T&Cs

Products on this page may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last.



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\$10 Off*

your first Direct
to boot shop*

Find out more >

\$15_{..} Betterthan Price SAVE Collect 600 \$20 points Optus \$35 Starter Kit‡ 3 No. 2000 Includes:

- Get 60GB data on first recharge with 20GB bonus data
- Unlimited standard talk & text in Australia
- Roll over up to 200GB
- 28-day expiry

Data Offer 60gb \$17.

SAVE \$18

Belong \$35 Voice SIM∆ Includes:

- 40GB
- Unlimited calls & text in Australia

Price



SAVE \$18.90

Lebara Starter Kit XS \$24.90#

Includes:

- 30GB for first 30 days, 25GB ongoing^ Unlimited standard
- talk & text in Australia and to 26 selected countries
- Up to 200GB data banking

Better than Price



SAVE \$20

Telstra ViVo Y22s§ Features:

- 6.55" HD+ display
- Rear triple camera 50M+2MP+2MP
- Front camera 8MP



SAVE \$6

Vodafone \$10 SP† Includes:

- 5G enabled
- 5GB of data (4GB + 1GB auto recharge)
- 7 day expiry

Better than Price



PREPAID SIM

Ovodatone

1000mAh battery

- 2.4" display

SAVE

Vodafone V One†

Free \$30 starter pack

VGA camera with

4x digital zoom

\$20

Features:



everyday

from Woolworths

The SIM that saves you money at Woolworths.



22GB every 30 days

everyday mobile 10% off one shop every month

32GB every 30 days



42GB every 30 days

Pick a plan >

*T&Cs apply. Visit everydaymobile.com.au/save.

\$9

SAVE \$7

Schmackos Strapz Dog Treats 500g \$1.80 per 100g



\$15.

SAVE \$7

Optimum Dry Dog Food 2.7-3 kg



\$**5**.

SAVE \$1.50

Pedigree Dentastix Dog Treats Pk 7 71¢ per ea



\$6.

SAVE \$1.80

4 Legs Meatballs 870g **69¢ per 100g**



\$**6**50

SAVE \$3

My Dog Wet Dog Food 6 x 100g \$1.08 per 100g



\$2..

SAVE 70°

Pretty Wild Cat Fillet Treat 25g \$8 per 100g



\$1..

Fancy Feast Classics Wet Cat Food Tins 85g \$1.18 per 100g

SAVE 60°



\$16_{...}

SAVE \$4

Purina One Dry Cat Food 1.4-1.5 kg



PRICES DROPPED Range was \$11

\$**9**50

Lucky Dog Dry Dog Food 3 kg 32¢ per 100g



Range was **\$25.85**

14/6/23

\$2150

Felix Wet Cat Food Pk 24 x 85g \$1.05 per 100g



WC210224/QLD48/R



Premix

\$50

\$25

10 CANS

\$52



Billson's Varieties Cans | 4x355ml

CASE



Suntory -196 Double Grape Cans | 4x330ml



Brookvale Union Lemon Squash Cans | 10x330ml



Jameson Smooth Dry & Lime 4.8% Cans | 10x375ml

Beer

Cider

— Spirits



Coopers Australian Lager Cans | 24x375ml



Somersby Apple Cider Bottles | 24x330ml



Jameson Orange 700ml

\$48 DUB ERWE

Dubliner Irish Whiskey & Honeycomb Liqueur 700ml

WC210224/QLD/LHP/R1



MIX & MATCH

Available on selected 4 and 6 pack ranges

ANY \$35

R CLICK FOR MORE OFFERS



XXXX Gold Lager Bottles | 6x375ml, Pure Blonde Ultra Bottles | 6x355ml, Melbourne Bitter Lager Bottles | 6x375ml, Furphy Refreshing Ale Cans | 6x375ml, Carlton Draught Lager Bottles | 6x375ml OR Victoria Bitter Lager Bottles | 6x375ml.

ANY 2 FOR

Wine



The Barque Merlot, Night Guard Barossa Shiraz, Metamorphosis Rose OR Rangers Lookout Pinot Grigio



Villa Maria Private Bin Sauvignon Blanc 750ml



750ML

John Tate Semillon Sauvignon Blanc

Spirits



Ezra Brooks Kentucky Straight Bourbon 700ml



700ML

Fire & Ice Gold Flakes Vodka 700ml

\$64



Gentleman Jack Whiskey 700ml

\$103



Patron Reposado Tequila 700ml









Pick up Shop Online at bws.com.au Collect in store.



Delivery Drinks delivered in 1 hour.[∆]



