

We can help you spend less today.

On sale Wednesday 6th March 2024





FRESH Special

\$1⁵⁰

pk

Australian Carrots
1 kg Pack

\$1⁵⁰

Per kg



1/2 Price

<div><h1>\$2⁷⁵</h1><p>ea</p><div><h2>SAVE \$2.75</h2><p>Pringles Chips 118-134g</p></div></div>	<div><h1>\$15⁵⁰</h1><p>ea</p><div><h2>SAVE \$15.50</h2><p>Swisse Ultiboost Magnesium, Calcium + D3 Tablets Pk 120~ \$12.92 per 100 ea</p></div><p>Find more 1/2 Price Vitamins on page 5</p></div>	<div><h1>\$2⁷⁵</h1><p>ea</p><div><h2>SAVE \$3.05</h2><p>Darrell Lea Chocolate Coated Bites or Bullets, Liquorice, Batch 37 or All Sorts 140-280g</p></div></div>
<div><h1>\$1³⁰</h1><p>ea</p><div><h2>SAVE \$1.30</h2><p>Dairy Farmers Thick & Creamy Yoghurt Pot 140-150g – From the Fridge</p></div></div>	<div><h1>\$3⁸⁰</h1><p>ea</p><div><h2>SAVE \$3.80</h2><p>Nescafe Mixers Pk 8-10</p></div></div>	<div><h1>\$5⁹⁰</h1><p>ea</p><div><h2>SAVE \$6.05</h2><p>Tasmanian Heritage Brie or Camembert 200g – From the Deli \$29.50 per kg</p></div></div>

~Always read the label and follow directions for use.



Serving suggestion

\$7⁷⁰
ea

**SAVE
\$3.35**

Sealord Whiting
or Dory Fish
300-320g



Find more **30% off Sealord** on page 14

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to take you where
you want to go.

Fruit & Veg

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Pantry

Health & Beauty

Household

Cleaning

For your Pet

Specials

\$29⁵⁰
ea

**SAVE
\$29.50**

Olay Regenerist Retinol 24
Night Moisturiser
Face Cream 50g
\$59 per 100g



Find more **1/2 Price Olay** on page 7

**1/2
Price**

\$2⁷⁵
ea

**SAVE
\$2.75**

Nice & Natural
Nut Bars
180-192g Pk 6



**1/2
Price**

\$16
ea

**SAVE
\$16**

OMO Ultimate
Laundry Liquid
2 Litre or
Powder 2 kg
\$8 per litre/kg



**1/2
Price**

Find more **1/2 Price OMO** on page 8

\$2⁵⁰
ea

Arnott's Tim Tam
160-200g

**SAVE
\$2.50**

**1/2
Price**



\$18⁶⁰
ea

Huggies Ultra
Dry Nappies
Pk 30-54

**SAVE
\$5.55**



**25%
Off**

all Easter Bunnies

Find more **25% Off Easter Bunnies** on page 36



The fresh food people 

1/2 Price

\$2²⁰ pk
Golden Crumpet
Rounds Pk 6
37¢ per ea

**SAVE
\$2.20**



\$3 pk
Mr Kipling Cake
Slices Pk 6
50¢ per ea

**SAVE
\$3**



\$3⁴⁵ ea
Lavazza Nespresso
Compatible Coffee
Pods Pk 10
35¢ per ea

**SAVE
\$3.45**



\$1⁷⁵ ea
Tasti Fruit & Vege
60-69g
- From the Health
Food Aisle

**SAVE
\$1.75**



\$1⁴⁰ ea
Heinz Baked Beans
or Spaghetti 300g
47¢ per 100g

**SAVE
\$1.55**



\$12 ea
SunRice Fragrant
Jasmine Rice 5 kg
24¢ per 100g

**SAVE
\$12**



\$4²⁵ ea
Hong Kong
Kitchen Dumplings
300-480g
- From The Freezer

**SAVE
\$4.25**



\$5²⁵ ea
Bubbleme Bubble
Tea Ice Cream
320g Pk 4
- From The Freezer
\$1.64 per 100g

**SAVE
\$5.25**



\$6⁷⁵ ea
Haagen Dazs Ice
Cream 420-457ml
- From the Freezer

**SAVE
\$6.75**



NT – On sale from Wednesday 6th March, 2024 until Tuesday 12th March, 2024, unless sold out earlier. Savings based on our Darwin metropolitan sell price. Advertised savings may vary in some stores, as some products may already be priced below the metropolitan sell price. Limits per customer may apply, trade not supplied. Products, Specials and Prices Dropped/Low Price may not be available at Woolworths Metro, Woolworths Online (including Everyday Market from Woolworths) and Bakewell and are not available through MILKRUN. Products and prices may not be available in all stores. While stocks last.

1/2 Price

\$2
ea

**SAVE
\$2**

Gatorade Sports
Drink or G-Active
Flavoured Water
600ml
\$3.33 per litre



\$2.62
ea

**SAVE
\$2.63**

The Natural
Confectionery
Co, Sour Patch
Kids or Pascall
Marshmallows
180-280g



\$1
ea

**SAVE
\$1**

Poppin Microwave
Popcorn 85-100g



\$2.75
ea

**SAVE
\$3.05**

Lindt Lindor Blocks
80-100g



\$2.50
ea

**SAVE
\$2.50**

Arnott's Tee Vee
Snacks 175g
\$1.43 per 100g



\$2.50
ea

**SAVE
\$2.50**

The Natural
Chip Co.
150-175g



\$2.95
ea

**SAVE
\$2.95**

Cottee's
Cordial 1 Litre
\$2.95 per litre



1/2 Price

Adult Vitamin Gummies[†]



- A** Nature's Way Women's Multivitamin Vita Gummies Pk 100~ **\$12 ea SAVE \$12** \$12 per 100 ea
- B** Nature's Way Vita Gummies Vitamin C Pk 120~ **\$12 ea SAVE \$12** \$10 per 100 ea
- C** Nature's Way Hair, Skin & Nails Vita Gummies Pk 60~ **\$12 ea SAVE \$12** \$20 per 100 ea
- D** Swisse Ultiboost Magnesium Gummies Pk 60~ **\$15 ea SAVE \$15** \$25 per 100 ea
- E** Swisse Adult Probiotic & Prebiotic Gummies Pk 45~ **\$15 ea SAVE \$15** \$33.33 per 100 ea
- F** Swisse Ultiboost Calm + Sleep Gummies Pk 60~ **\$15 ea SAVE \$15** \$25 per 100 ea

1/2 Price
Effervescent
Vitamins[†]



- A** Voost Vitamin C Effervescent Tablets Pk 20~ **\$5.50 ea SAVE \$5.50** \$27.50 per 100 ea
- B** Voost Multivitamin Effervescent Tablets Pk 20~ **\$5.50 ea SAVE \$5.50** \$27.50 per 100 ea
- C** Nature's Own Magnesium + Energy Effervescent Tablets Pk 20~ **\$6 ea SAVE \$6** \$30 per 100 ea
- D** Nature's Own Magnesium + Sleep Effervescent Tablets Pk 20~ **\$6 ea SAVE \$6** \$30 per 100 ea

1/2 Price
Vitamins[†]



- A** Vital All in One Daily Greens 300g~ **\$31.50 ea SAVE \$31.50** \$10.50 per 100g
- B** Swisse Utiboost Magnesium Tablets Pk 200~ **\$23 ea SAVE \$23** \$11.50 per 100 ea
- C** Life Space Broad Spectrum Probiotic Capsules Pk 90~ **\$34.50 ea SAVE \$34.50** \$38.33 per 100 ea
- D** Blackmores Fish Oil 1000mg Capsules Pk 400~ **\$21.50 ea SAVE \$21.50** \$5.38 per 100 ea

[†]Excludes Berocca, Voost Pk 40, Goli, JS Health, The Healthy Mummy, Vital Proteins, Healthy Care, Ostelin Pk 275, Prices Dropped, Low Price and products marked in store as clearance items. ~Always read the label and follow directions for use.

1/2 Price

Bones, Joints & Muscle Support⁺



A



B



C



D



E



F

- A** Caltrate Bone & Muscle Health Tablets Pk 100~
\$11.02 ea SAVE \$11.03 \$11.02 per 100 ea
- B** Blackmores Glucosamine 1500mg Tablets
Pk 150~ **\$24 ea SAVE \$24** \$16 per 100 ea
- C** Blackmores Bio Magnesium Tablets Pk 150~
\$21 ea SAVE \$21 \$14 per 100 ea

- D** Nature's Way High Strength Magnesium Tablets
Pk 150~ **\$12 ea SAVE \$12** \$8 per 100 ea
- E** Nature's Own Glucosamine Sulfate with
Chondroitin Pk 200~
\$17 ea SAVE \$17 \$8.50 per 100 ea
- F** Ostelin Vitamin D3 1000IU Capsules Pk 130~
\$13.92 ea SAVE \$13.93 \$10.71 per 100 ea

1/2 Price

Cold & Flu Vitamins⁺



A



B



C



D

- A** Blackmores Bio C 1000g Tablets Pk 150~
\$24.50 ea SAVE \$24.50 \$16.33 per 100 ea
- B** Nature's Way Kids Vita Gummies Multivitamin
Pk 120~ **\$15 ea SAVE \$15** \$12.50 per 100 ea
- C** Cenovis Sugarless Vitamin C Chewable 500mg
Tablets Pk 300~
\$9.25 ea SAVE \$9.25 \$3.08 per 100 ea
- D** Cenovis Echinacea, Garlic, Zinc + C Tablets
Pk 125~ **\$15.50 ea SAVE \$15.50** \$12.40 per 100 ea

1/2 Price

Multivitamins⁺



A



B



C



D

- A** Swisse Ultivite Men's Multivitamin Tablets
Pk 60~ **\$17 ea SAVE \$17** \$28.33 per 100 ea
- B** Swisse Ultivite Men's Multivitamin Tablets
Pk 100~ **\$27 ea SAVE \$27** \$27 per 100 ea
- C** Centrum Advance 50+ Tablets Pk 120~
\$14.17 ea SAVE \$14.18 \$11.81 per 100 ea
- D** Centrum For Women 50+ Tablets Pk 60~
\$10.99 ea SAVE \$12.11 \$18.32 per 100 ea

Skin, Hair & Oral Care

1/2 Price

Olay~



- A Olay Moisturising Face Cream 100g \$8 ea SAVE \$8 \$8 per 100g
- B Olay Regenerist Collagen Peptide Moisturiser Skin Care 50g \$30 ea SAVE \$30 \$60 per 100g
- C Olay Luminous Niacinamide + Vitamin C Super Face Serum 30ml \$30 ea SAVE \$30 \$100 per 100ml
- D Olay Luminous Hyaluron Niacinamide Gel Moisturiser 50g \$30 ea SAVE \$30 \$60 per 100g

1/2 Price

Sukin\$



- A Sukin Signature Cream Cleanser Pump 125ml \$7.50 ea SAVE \$7.50 \$6 per 100ml
- B Sukin Original Hydrating Mist Toner Spray 125ml \$7 ea SAVE \$7 \$5.60 per 100ml
- C Sukin Shampoo or Conditioner 1 Litre \$17.50 ea SAVE \$17.50 \$1.75 per 100ml
- D Sukin Botanical Body Wash 500ml \$4.95 ea SAVE \$4.95 99¢ per 100ml

1/2 Price

Colgate Optic White~



- A Colgate Optic White Toothpaste 140g \$6.30 ea SAVE \$6.30 \$4.50 per 100g
- B Colgate Optic White Expert Express Toothpaste 125g \$7.85 ea SAVE \$7.85 \$6.28 per 100g
- C Colgate Optic White Pro Series Teeth Whitening Toothpaste 80g \$11 ea SAVE \$11 \$13.75 per 100g
- D Colgate Optic White Renewal Toothpaste 85g \$7.85 ea SAVE \$7.90 \$9.24 per 100g

\$8.80 ea

SAVE \$8.80

TRESemme Shampoo or Conditioner 940ml 94¢ per 100ml



1/2 Price

\$11.50 ea

SAVE \$11.50

Head & Shoulders Shampoo or Conditioner 660ml \$1.74 per 100ml



1/2 Price

~Excludes Prices Dropped, Low Price and products marked in store as clearance. \$Excludes Travel Size Range, Prices Dropped, Low Price and products marked in store as clearance items.

1/2 Price

\$2
ea

**SAVE
\$2**

Oates Microfibre
Cloth Pk 3
67¢ per ea



\$11.25
ea

**SAVE
\$11.25**

Energizer Max Plus
Batteries AA or
AAA Pk 10
\$1.13 per ea



\$2.85
ea

**SAVE
\$2.90**

Morning Fresh
Dishwashing
Liquid 400ml
71¢ per 100ml



\$3.80
ea

**SAVE
\$3.85**

Duck Fresh Discs
Primary 36ml
\$10.56 per 100ml



\$4.90
ea

**SAVE
\$5.05**

Glen 20 Surface
Spray 300g
\$1.63 per 100g



\$5
ea

**SAVE
\$5**

Sard Washing
Machine
Cleaner 150g
\$3.33 per 100g



\$6.30
ea

**SAVE
\$6.30**

Pine O Clean
Disinfectant
Biodegradable
Wipes Pk 110
6¢ per ea



\$35.70
ea

**SAVE
\$35.70**

Finish Ultimate
Plus Dishwasher
Tablets Pk 56
64¢ per ea



**1/2
Price
OMO[†]**



A OMO Active Laundry Liquid 4 Litre
\$23.60 ea SAVE \$23.60
\$5.90 per litre

B OMO Laundry Capsules Pk 28
\$14.50 ea SAVE 14.50 52¢ per ea

C OMO Ultimate Laundry Liquid 2
Litre or Powder 2 kg
\$16 ea SAVE \$16 \$8 per litre/kg

D OMO Ultimate Laundry Capsules
Pk 28 **\$16.80 ea SAVE \$16.80**
60¢ per ea

#See page 6 for details.

†Excludes Prices Dropped, Low Price and products marked in store as clearance items.

**everyday
extra**
from Everyday Rewards



Get extra savings in the bag.

Save up to \$1200 a year across
Woolworths and BIG W in-store
or online, for just \$7 a month.

Try free for 30 days >

Exclusions and T&Cs apply. See everydayextra.com.au for more.

Shop online and have your groceries delivered to your door, [woolworths.com.au](https://www.woolworths.com.au)

Helping you
spend less on
easy dinners.

**PRICES
DROPPED
for Autumn**

Range was \$8

27/2/24

\$6 ea

Woolworths Meatball
Varieties 400g
– From the Meat Dept
\$15 per kg



Was \$5.50

27/2/24

\$5 pk

Woolworths Garden
Salad Bowl 180g
\$27.78 per kg



Was \$8

27/2/24

\$7 ea

Birds Eye Salmon Cakes with
Herbs and Vegetables 480g
– From the Freezer
\$14.58 per kg



Was \$3.60

27/2/24

\$1.70 pk

Australian Brown
Onions 1 kg Pack



\$1.70
Per kg



Range was \$4.50

27/2/24

\$3.25 ea

Chang's
Sauce 280ml
\$1.16 per 100ml



Range was \$3.65

27/2/24

\$3 ea

Heinz Big
Eat 410g
\$7.32 per kg



Helping you
spend less on
family dinners.

**PRICES
DROPPED
for Autumn**

Was ~~\$15.50~~

27/2/24

\$13 ea

Australian Fresh RSPCA
Approved Diced Chicken
Breast 1 kg
– From the Meat Dept
\$13 per kg



Was ~~\$2.80~~

27/2/24

\$2.50 ea

Australian
Spring Onions



Range was ~~\$4.75~~

27/2/24

\$4 ea

Heinz Steam Fresh
Vegetables 450g
– From the Freezer
\$8.89 per kg



Was ~~\$7~~

27/2/24

\$4.50 pk

Australian
Mashing Potatoes
1.5 kg Pack
\$3 per kg



Was ~~\$12.50~~

27/2/24

\$11.25 ea

Zanetti Cheese Parmigiano
Reggiano 200g
– From the Deli
\$56.25 per kg



Range was ~~\$4.70~~

27/2/24

\$4 ea

Woolworths Ready To Eat
Meals 305-350g





Helping you
spend less on
midweek dinners.



**PRICES
DROPPED
for Autumn**

Was \$12

27/2/24

\$10 ea

Australian Beef
Stir Fry Heart
Smart 500g
\$20 per kg



Was \$3

27/2/24

\$2²⁰ pk

Woolworths
Australian Baby
Spinach or Baby
Spinach &
Rocket 120g
\$18.33 per kg

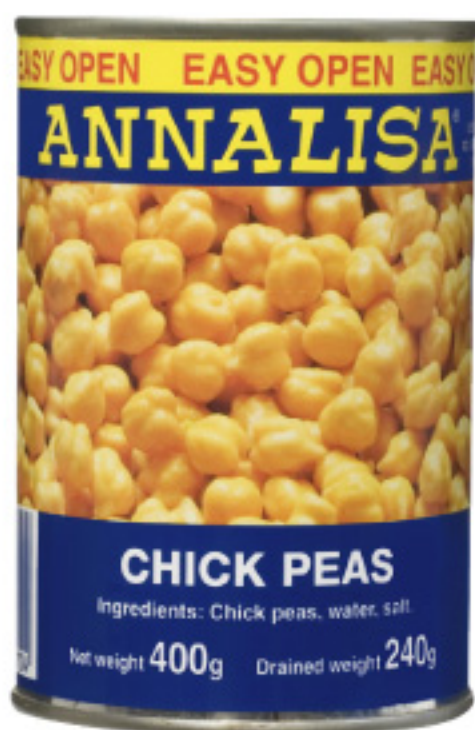


Range was \$2

27/2/24

\$1⁴⁰ ea

Annalisa Seedbeans 400g
35¢ per 100g



Was \$5.50

27/2/24

\$5 pk

Woolworths Mexican
Salad Bowl 220g
\$22.72 per kg



Was \$4

27/2/24

\$2⁵⁰ ea

Laucke Bread Mix Crusty
White 500g
50c per 100g



Was \$5.80

27/2/24

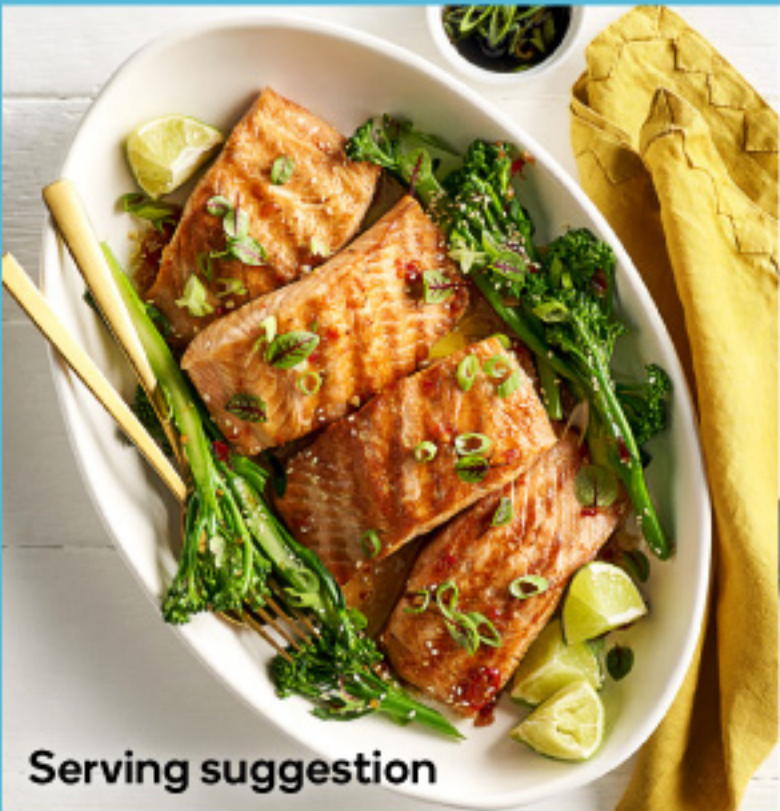
\$4⁹⁰ ea

Always Fresh Roasted
Peppers Whole 330g
\$14.85 per kg



Seafood

Perfect
for
Lent



Serving suggestion

\$42^{kg}

Fresh Tasmanian
Atlantic Salmon
Skin Off

SAVE
\$4^{kg}



\$10^{ea}

SAVE
\$2

Just Caught
Raw Prawn
Meat 300g
– From the
Seafood Freezer
\$33.33 per kg



\$11^{ea}

SAVE
\$4

Tassal Smoked
Salmon 150g
\$73.33 per kg



\$36^{kg}

Fresh Australian
Saltwater
Barramundi
Fillets Skin Off

SAVE
\$3^{kg}



\$22^{kg}

Thawed Extra
Large Australian
Green Tiger Prawns

SAVE
\$7^{kg}



\$9^{ea}

Woolworths Jumbo
Sweet Chilli Lime
Prawn Skewers 260g
\$34.62 per kg

SAVE
\$5



\$28^{kg}

Thawed Extra
Large Cooked
Australian
Tiger Prawns

SAVE
\$8^{kg}



PRICES
DROPPED
for Autumn

Was \$22
27/2/24

\$20^{ea}

Woolworths Jumbo
Cooked Cocktail
Prawns 500g
– From the
Seafood Freezer
\$40 per kg



Was \$30
27/2/24

\$27^{ea}

Ocean Chef
Yellowfin Tuna
Steaks Skinless 1 kg
– From the
Seafood Freezer
\$27 per kg



Perfect for Lent

30% Off

Sealord™



A



B



C



D



E

A Sealord Hoki Fillets 450-480g
\$7.70 ea SAVE \$3.35

B Sealord Australian Hoki Fillets 300g
\$6.60 ea SAVE \$2.85 \$22 per kg

C Sealord Whiting or Hoki Fish Bites 400g
\$7.70 ea SAVE \$3.35 \$19.25 per kg

D Sealord Whiting or Dory Fish 300-320g
\$7.70 ea SAVE \$3.35

E Sealord Hoki Burger Classic 460g
\$7.70 ea SAVE \$3.35 \$16.74 per kg

\$2⁷⁰
ea

John West
Sardines 110g
\$24.55 per kg

**SAVE
85¢**



\$8⁹⁰
kg

Australian Lemons



\$3⁷⁰
ea

Sirena Tuna 185g
\$20 per kg

**SAVE
\$1.25**



**PRICES
DROPPED
for Autumn**

Range was **\$3.50**
27/2/24

\$3
ea

Safcol Tuna
Pouch 160g
\$18.75 per kg



Was **\$6.30**
27/2/24

\$5⁴⁰
ea

Praise Mayonnaise
Traditional 700g
77¢ per 100g



FRUIT & VEG

FRESH Specials



100% Australian white seedless grapes

White grapes have a smooth skin, firm crisp flesh and a sweet taste. Wash and enjoy them straight off the bunch. They are a great addition to cheese platters and salads, or you can use them to make jams and sauces.

\$3⁸⁰
kg

Australian White Seedless
Grapes



\$2⁹⁰
kg

Australian William
Bartlett Pears

New
Season



\$4
pk

Australian
Blackberries
125g Punnet
\$32 per kg



\$3⁹⁰
kg

Australian
Pink Lady
Apples



FRESH Specials

\$2⁵⁰
kg

Australian Gold
Sweet Potatoes



\$3⁵⁰
pk

Australian Sweet
Solanato® Tomatoes
200g Punnet
\$17.50 per kg



\$2
kg

Australian Butternut
Pumpkin



\$4
pk

Australian Celery Sticks
300g Pack
\$13.33 per kg



**PRICES
DROPPED
for Autumn**

Was ~~\$3.50~~
27/2/24

\$2⁵⁰
pk

Woolworths Australian
Kids Mini Bananas,
Apples or Pears Pk 5

50¢
each



Was ~~\$6.50~~
27/2/24

\$5⁹⁰
pk

Woolworths Chicken Caesar Salad Bowl 180g,
Green Goodness Salad Bowl 240g, Beetroot &
Feta Salad Bowl 200g, Chicken Buffalo Salad
Bowl 180g or Cobb Salad Bowl 240g



BAKERY

Hot Cross Buns



Serving suggestion

#Only available in stores with an in-store bakery.

Range was \$5

23/1/24

\$4⁵⁰
ea

Indulgent Brioche
Hot Cross Bun
Varieties Pk 6#
75¢ per ea

**PRICES
DROPPED**



WC060324/NT17

BAKERY & DELI

Back 

\$4 pk

Hot Cross Bun Varieties Pk 6-9[^]
– Excludes Brioche Hot Cross Bun Varieties



\$9 ea

SAVE \$2

Leggo's Fresh Filled Pasta Varieties 630g
– From the Fridge
\$1.43 per 100g



\$14 ea

D'Orsogna Shortcut or Middle Bacon 1 kg
– From the Fridge
\$14 per kg

SAVE \$5.50



\$12 kg

D'Orsogna Middle Bacon Rashers
– From the Deli

SAVE \$5 kg



\$1.20 Per 100g

\$24 kg

D'Orsogna Triple Smoked Leg Ham
– Sliced or Shaved
– From the Deli

SAVE \$3 kg



\$2.40 Per 100g

\$3.50 pk

SAVE \$1.50

Helga's Wrap Varieties 445-508g Pk 7-8
– Excludes Lower Carb & Prebiotic



\$5.10 pk

SAVE 65¢

Woolworths Donuts Pk 4
\$1.28 per ea



\$6 pk

Anzac Biscuits or Choc Chip or Funfetti Cookies Pk 24[^]
25¢ per ea

SAVE 50¢



LOW PRICE
you can rely on

\$4.90 ea

Helga's Bread Loaf Varieties 650-850g
– Excludes Lower Carb & Prebiotic



[^]Only available in stores with an in-store bakery.

MEAT

\$8 ea

SAVE \$1

Woolworths Premium Butcher Style Sausage Varieties 450-500g



\$10 ea

SAVE \$5

Woolworths COOK Pork Shoulder with BBQ Sauce 560g \$17.86 per kg



\$15 kg

Australian Pork Rashers

SAVE \$6 kg



\$25 kg

Australian Beef T-Bone Steak

SAVE \$5 kg



\$7 ea
Woolworths COOK Marinated Kebabs 375g with RSPCA Approved Chicken \$18.67 per kg

SAVE \$1



\$5 kg

SAVE \$2 kg

Macro Free Range Australian Fresh RSPCA Approved Whole Chicken



\$12 ea

Australian Lamb Leg Steak 540g \$22.22 per kg

SAVE \$2



PRICES DROPPED for Autumn



Serving suggestion

Was **\$11** kg
27/2/24

\$9 kg

Australian Pork Leg Boneless Roast



everyday
rewards

Collect
5x
points on your
total shop*

- 1 **Boost** with the button below
- 2 **Spend \$50** or more in one shop
- 3 **Scan** your Everyday Rewards Card

Boost now ›

Offer ends Tuesday, 12 March

*When you boost and spend \$50 or more in a single transaction. Exclusions and T&Cs apply. Click the 'Boost now' button to boost or visit everydayrewards.com.au/total-store. Offer ends 23:59 12/3/24.

Get your Woolies worth

on budget friendly meals!



[For full recipe >](#)

Serving suggestion

Budget Friendly Meal
\$4¹⁰
per serve*

Easy fish tacos with corn salsa

\$1⁷⁰
ea

Edgell Canned Corn 420g
\$4.05 per kg

**SAVE
60¢**



\$3⁶⁰
ea

Old El Paso Tortilla
240g Pk 6
\$1.50 per 100g

**SAVE
\$1.15**



\$8
kg

Thawed Imported
Basa Fillets

**SAVE
\$3** kg



Seafood may not be available in all stores. *Based on actual ingredient portion size used and standard shelf prices as at 05.12.22. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10.

WC060324/NT21

Get your Woollies worth

on budget friendly meals!



Budget Friendly Meal
\$4²⁰
 per serve[^]

[For full recipe >](#)

Serving suggestion

Quick sushi bowl

\$2⁷⁵
 ea

Woolworths
 Brown
 Microwave Rice
 450g
 61¢ per 100g



\$5⁵⁰
 pk

Woolworths
 Korean Style
 Salad Kit 400g
 \$13.75 per kg



\$9
 ea

Woolworths Surimi Mix 1 kg
 – From the Freezer
 \$9 per kg



[^]Based on actual ingredient portion size used and standard shelf prices as at 5/12/22. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10.

Fridge

\$2²⁰
ea

SAVE
80¢

YoPRO High Protein Pot or Pouch 150-160g



\$5⁵⁰
ea

SAVE
\$2.40

Gippsland Dairy Twist Yoghurt 700g
79¢ per 100g



\$1⁵⁰
ea

SAVE
\$1.50

Wicked Sister High Protein Pudding 170g
88¢ per 100g



1/2
Price

\$2⁷⁵
ea

SAVE
\$1.10

Gippsland Dairy Yogurt Mix-In's 140g
\$1.96 per 100g



\$3¹⁰
ea

SAVE
\$1.55

Rokeby Farms Protein Smoothie - From The Fridge
\$7.29 per litre



\$7⁵⁰
ea

SAVE
\$2.50

Flora ProActiv Spread 500g
\$1.50 per 100g



\$4
ea

SAVE
\$1.20

Western Star Butter 250g
\$1.60 per 100g



\$7
ea

SAVE
\$1

Mainland Buttersoft 375g
\$1.87 per 100g



PRICES
DROPPED
for Autumn

Range was \$2.40
27/2/24

\$2
ea

Vaalia Probiotics Kids Yoghurt Pouch 140g
\$1.43 per 100g



Range was \$3
27/2/24

\$2⁵⁰
ea

Mainland On The Go Singles 38-50g



\$4.50 ea or
ANY 2
FOR **\$7.50**

SAVE \$1.50



Chris' Homestyle Dips 200g
– From the Fridge
\$1.88 per 100g

\$7 ea

SAVE \$2.50

Connoisseur Ice Cream Sticks 360-400ml Pk 4-6
– From the Freezer



\$7.50 ea

SAVE \$2



Perfect Italiano Cheese 450g
– From the Fridge
\$16.67 per kg

\$4.75 ea

SAVE \$5.25

Bubbleme Bubble Tea Tropical Treats 390g Pk 6
– From the Freezer
\$1.22 per 100g



1/2 Price

\$6 ea

SAVE \$3.45



Peters Frosty Fruits 420-600ml Pk 6-8
– From the Freezer

\$6.90 ea

SAVE \$3

Mersey Valley Cheddar Varieties 235g
– From the Deli
\$29.36 per kg



\$6.80 ea

SAVE \$1.20

Nudie Juice 2 Litre
– From the Fridge
\$3.40 per litre



\$6.50 ea

SAVE \$3

Weis Bars 262-280ml Pk 4-6
– From the Freezer



PRICES DROPPED

Was **\$10.50**
13/2/24
\$9.90 ea

Hillview Cheese Block 1 kg
– From the Fridge
\$9.90 per kg



Was **\$7.20**
11/2/24
\$6.90 ea

A2 Lactose Free Milk 2 Litre
– From the Fridge
\$3.45 per litre



Freezer

\$5¹⁰
ea

SAVE
\$1.20

McCain Pub
Style Chips or
Wedges 750g or
Healthy Choice
Chips 1 kg



\$7
ea

SAVE
\$2.72

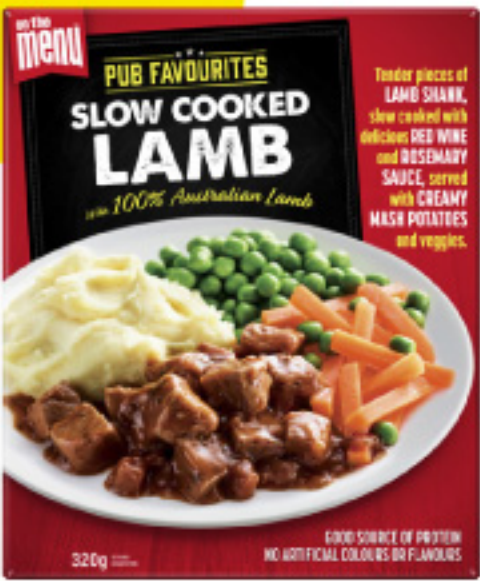
McCain Pizza Slices 600g
\$1.17 per 100g



\$5⁶⁰
ea

SAVE
\$1.96

On The
Menu 320g
\$1.75 per 100g



\$7⁵⁰
ea

SAVE
\$2.76

McCain Pub
Size Meal
480-500g



\$9⁶⁰
ea

SAVE
\$3.36

Four'N Twenty Angus Pies 700g
\$1.37 per 100g



\$4⁹⁵
ea

Birds Eye Vegetable
Rice 500g
\$9.90 per kg

SAVE
55¢



\$6⁸⁰
ea

SAVE
\$1.60

I&J Calamari
Rings or
Squid 360g
\$18.89 per kg



\$18¹⁵
ea

SAVE
\$5.70

Just Cook
Gyoza or Prawn
Hargow 1 kg
\$1.82 per 100g

1 kg



PRICES
DROPPED
for Autumn

Range was \$14
27/2/24

\$13
ea

Just Caught Crumbed or Battered
Frozen Seafood 500-800g
– Excludes Just Caught Crunchy
Battered Whiting Fillets 800g





twisted™
Healthy Treats

ADVERTISER PROMOTION

FAMILY FAVOURITE HEALTHY FROZEN TREATS

**30%
Off
Twisted^**



\$6³⁰
ea

**SAVE
\$2.70**

Twisted Licks
Ice Cream Sticks
320ml Pk 4
\$1.97 per 100ml



\$6⁶⁵
ea

**SAVE
\$3.35**

Twisted Frozen
Yoghurt 1 Litre
67¢ per 100ml



\$5²⁵
ea

**SAVE
\$2.25**

Twisted Frozen
Yoghurt Mini
Multipack
480g Pk 4
\$1.09 per 100g



Gluten Free

Pick from our great range of gluten free products



\$5²⁰
pk

Woolworths Free From Gluten
Hot Cross Bun Varieties Pk 4
\$1.30 per ea



\$5⁴⁰
pk

**SAVE
\$1.60**

Toscano Gluten Free
Pizza Base 180g
\$3 per 100g



\$6⁵⁰
ea

**SAVE
\$1**

Helga's Gluten Free
Loaves 470-500g



\$11
ea

**SAVE
\$2**

Woolworths Free
From Gluten Dairy
Free Chocolate
Cheesecake 675g
\$1.63 per 100g



\$5⁶⁰
ea

**SAVE
\$1.40**

Liberate Gluten Free
Crumpets 240g Pk 4
\$2.33 per 100g



\$8^{ea}

**SAVE
\$3.50**

Sealord Gluten Free
Hoki Bites 350g
– From the Freezer
\$22.86 per kg



**30%
Off
Sealord™**



\$6^{ea}

**SAVE
\$1.80**

Tutto Pasta Gluten
Free Lasagna 350g
– From the Freezer
\$1.71 per 100g



\$8^{ea}

**SAVE
\$2**

Katz Gluten Free
Glazed Donuts 318g
– From the Freezer
\$2.52 per 100g



\$3⁵⁰^{ea}

**SAVE
\$1**

Pasta Roma
Gluten Free 350g
\$1 per 100g



\$4^{ea}

**SAVE
\$1.50**

SunRice Microwave
Flavoured Rice 450g
89¢ per 100g



\$1⁷⁰^{ea}

**SAVE
60¢**

Edgell Creamed
Corn 420g
\$4.05 per kg



**LOW
PRICE**
you can rely on

\$10^{ea}

Ingham's Gluten
Free Chicken Breast
Schnitzel 400g
– From the Freezer
\$2.50 per 100g



\$8^{ea}

Tegel Gluten
Free Chicken
Nuggets 400g
– From the
Freezer
\$2 per 100g





Gluten Free

Pick from our great range of gluten free products

\$3¹⁵
ea

**SAVE
\$1.35**

Funday Gummies
50g – From the
Health Food Aisle
\$6.30 per 100g



\$4⁴⁰
ea

**SAVE
\$1.10**

Well Naturally
No Sugar Added 70-90g
– From the Health Food Aisle



\$4⁶⁰
ea

**SAVE
\$3.10**

Kez's Kitchen
150-190g
– From the
Health Food
Aisle



\$3⁵⁰
ea

**SAVE
\$1.50**

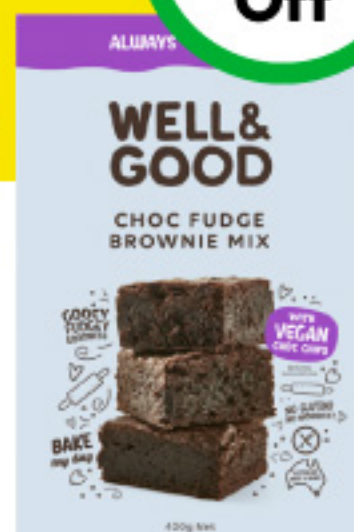
SunRice Protein
Chips 50g
– From the
Health Food
Aisle
\$7 per 100g



\$3⁹⁰
ea

**SAVE
\$2.60**

Well & Good
Baking Mixes
315-475g



**LOW
PRICE**
you can rely on

\$3³⁰
ea

Macro Organic
Corn Chips 200g
– From the Health
Food Aisle
\$1.65 per 100g



\$3⁷⁰
ea

Macro Organic
Gluten Free Pasta
350g
\$1.06 per 100g



Perfect for Ramadan

\$4⁸⁰
ea

**SAVE
\$1.40**

Nutella Hazelnut
Spread 400g
\$1.20 per 100g



\$6⁵⁰
ea

**SAVE
\$3.22**

Dr Oetker Ristorante
Pizza 310-390g
- From the Freezer
- Excludes Gluten Free



\$39
ea

Cobram Estate
Extra Virgin Olive
Oil 3 Litre
\$1.30 per 100ml

**SAVE
\$13**



3
Litres

\$10
pk

**SAVE
\$8**

Woolworths
Cashews Roasted
& Salted or
Unsalted 750g
- Mix of Local
and Imported
Ingredients
\$13.33 per kg



\$20
kg

Medjool Dates, Loose
- Product of USA/Mexico



**LOW
PRICE**
you can rely on

\$4⁸⁰
ea

McCain Superfries
Chips 900g
- From the Freezer
\$5.33 per kg



\$2⁹⁰
ea

SAVE
\$1.70

Dolmio Extra Pasta
Sauce 490-500g



ANY 2
FOR \$3²⁰

40¢ per 10g
Non-member price
\$1.90 ea
48¢ per 10g
McCormick Slow Cooker
Recipe Base 40g



Member
Price

\$3⁵⁰
ea

SAVE
\$1.85

Kraft Easy
Mac &
Cheese 280g
\$1.25 per 100g



\$2⁵⁰
ea

SAVE
\$1

Sunrice
Microwave
Rice Cup
or Pouch
240-250g



\$3²⁰
ea

SAVE
\$1

Praise Deli
Style Aioli 250ml
\$1.28 per 100ml



\$4⁵⁰
ea

SAVE
\$1.30

Kewpie
Mayonnaise
300g
\$1.50 per 100g



\$5⁴⁰
ea

SAVE
\$1.40

Spam Canned
Meat 340g
\$15.88 per kg



\$15⁶⁰
ea

SAVE
\$10.40

Carbonell Olive
Oil 1 Litre
\$1.56 per 100ml



40%
Off

LOW
PRICE
you can rely on

\$10^{ea}

Maggi
2 Minute Noodles
864-888g Pk 12



\$2³⁰
ea

Campbell's
Condensed
Soup 410-420g



#See page 6 for details.

\$6⁵⁰
ea

SAVE
\$2.95

Kellogg's
Special K 500g
\$1.30 per 100g



\$8^{ea}

SAVE
\$2

Uncle Tobys
Le Snak 264g Pk 12
\$3.03 per 100g



\$3³⁰
ea

SAVE
\$2.50

Bega Simply
Nuts Peanut
Butter 325g
\$1.02 per 100g



\$4⁸⁰
ea

SAVE
\$1.20

Happy Snack
150g
- From the
Health Food
Aisle
\$3.20 per 100g



\$5²⁰
ea

SAVE
\$1.30

Nice & Natural
Wholeseed
Bars 150g Pk 5
\$3.47 per 100g



\$2⁹⁵
ea

SAVE
\$2.35

Kellogg's Corn
Flakes 450g
66¢ per 100g



\$5^{ea}

SAVE
\$1.85

Uncle Tobys
Oats 1 kg
50¢ per 100g



\$7^{ea}

SAVE
\$1.80

Uncle Toby's
Plus Cereal
565-705g



**LOW
PRICE**
you can rely on

\$2⁸⁰
ea

Cottee's Jam 375g
75¢ per 100g



\$4⁷⁰
ea

Capilano Twist &
Squeeze Honey 220g
\$2.14 per 100g





Up close to
Macro Lentil
Bites you'll
also see
micro carrots
and Aussie
chickpeas.

Because little
things matter.

The Macro range is the
quick and easy way to a
healthier snack. They're
delicious bites with lots
of good bits.

Check out the Macro
snacking range today.



WE'RE BIG ON THE
LITTLE THINGS
macro
WHOLEFOODS MARKET

\$2⁸⁰


ea


SAVE

70¢

Macro Mini Multigrain Rice Cakes 58g – From the Health Food Aisle

\$4.83 per 100g





\$3⁷⁵

ea

SAVE

\$1.25

Macro Plantain Chips 85g – From the Health Food Aisle

\$4.41 per 100g





\$4

ea

SAVE

\$1

Macro Mighty Bites 100g Pk 5 – From the Health Food Aisle

\$4 per 100g







\$5⁵⁰

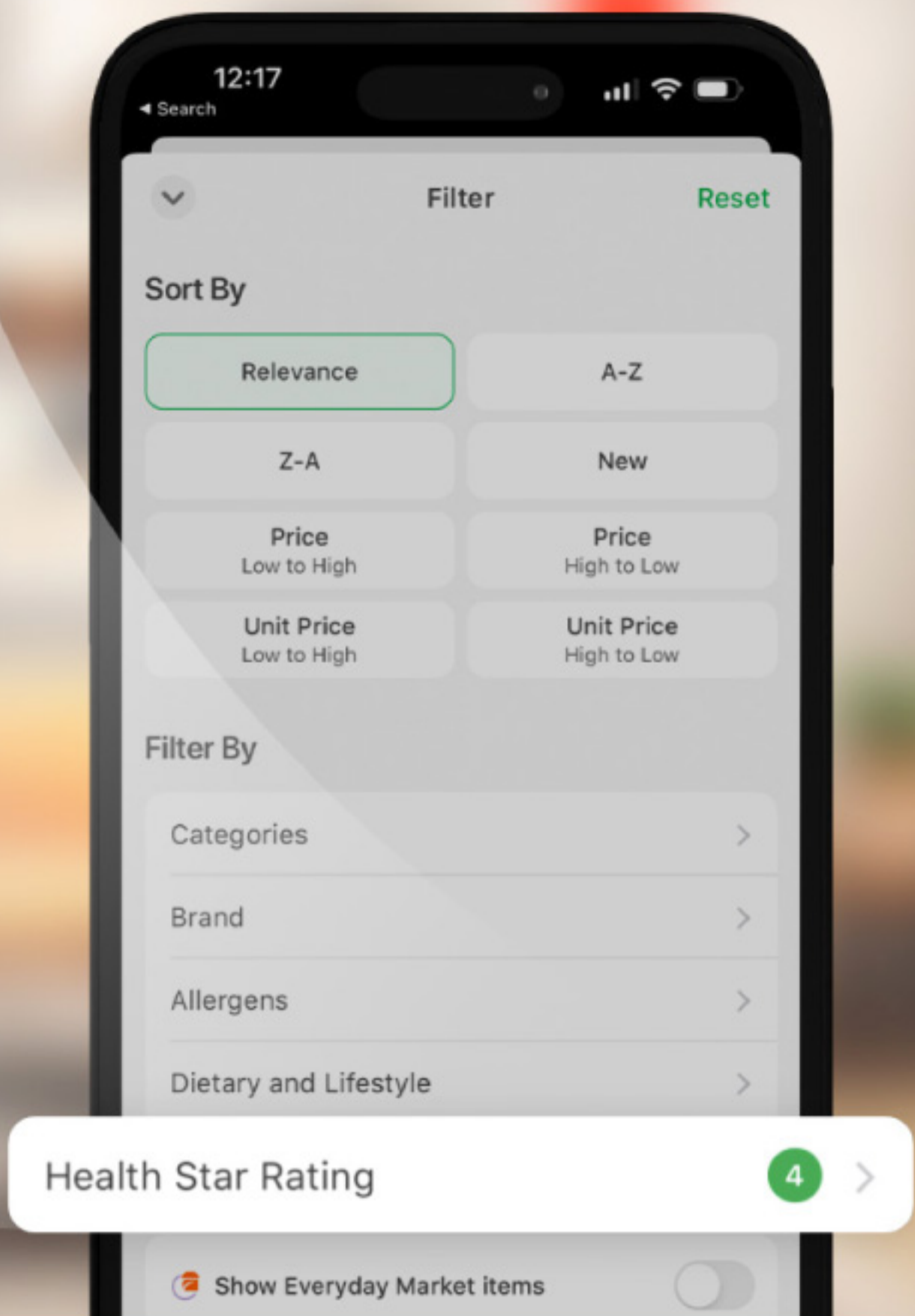
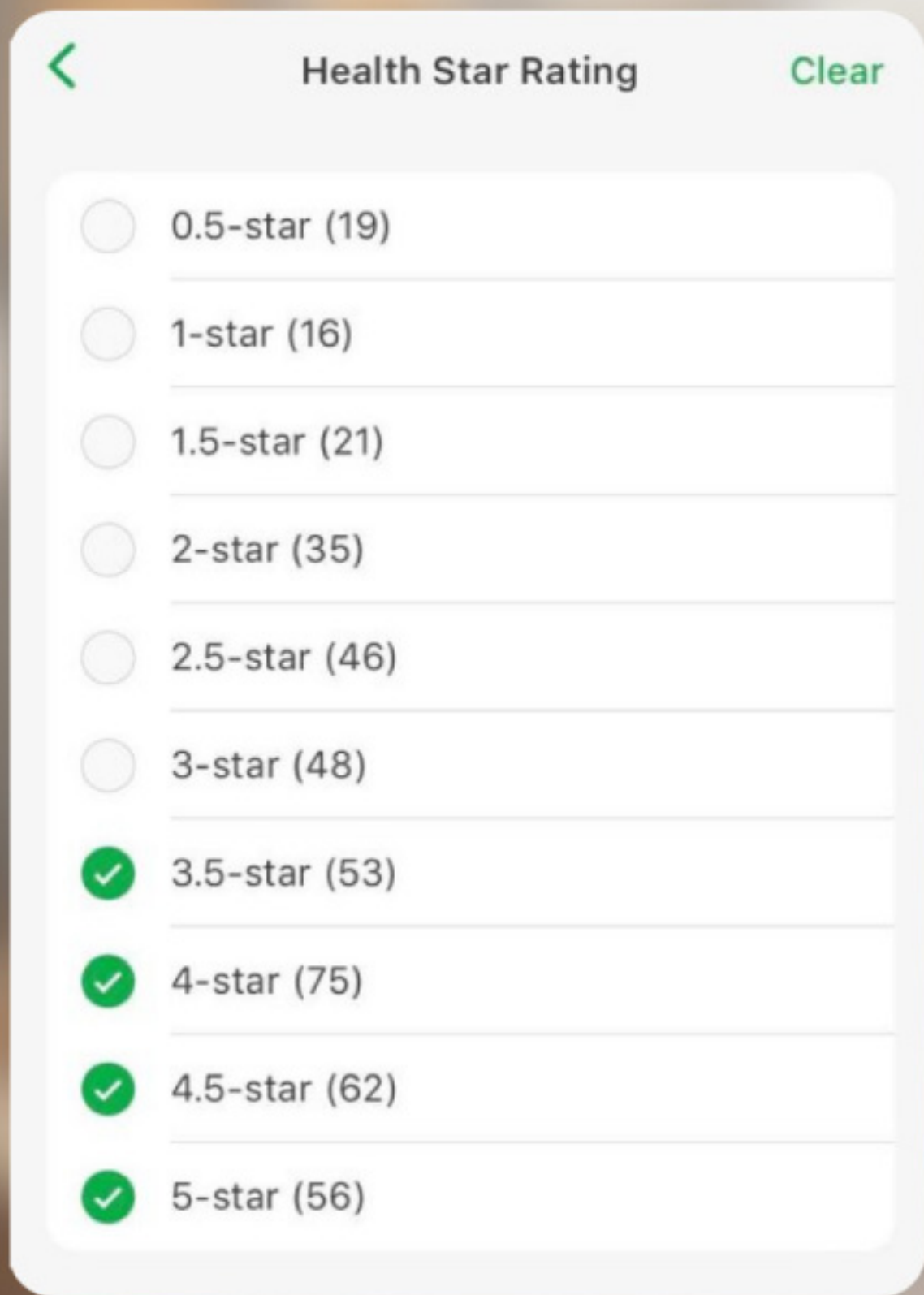
ea

Macro Lentil Bites 108g Pk 6 – From the Health Food Aisle

\$5.09 per 100g







Healthier choices at your fingertips

Filter by a Health Star Rating of 3.5
and above to find healthier choices faster.
Tip: try it on the snack aisle today.

Try it now >

Pricing and products shown are for illustrative purposes only.

App : Online : In store

Snacks & Drinks

ADVERTISER PROMOTION



Cadbury
YOUR EASTER
ADVENTURE
Awaits

THE HUNT
STARTS HERE!

THE COLOUR PURPLE IS A TRADE MARK USED UNDER LICENCE.

\$29⁷⁵
ea

**40%
Off**

**SAVE
\$19.85**

Coca-Cola
Classic or
Zero Sugar
Soft Drink
Varieties
30 x 375ml
\$2.64 per litre



\$19⁹⁰
ea

**40%
Off**

**SAVE
\$14.95**

Pepsi Max,
Solo Zero,
Sunkist Zero
or Mountain
Dew 24 x 375ml
\$2.21 per litre



\$1⁸⁰
ea

**SAVE
\$1.20**

Schweppes
Soda Water
1.1 Litre
\$1.64 per litre



\$5⁶⁰
ea

**SAVE
\$2.20**

Bundaberg
Sparkling
Soft Drink
4 x 375ml
\$3.73 per litre



\$5
ea

**SAVE
\$3.40**

Cadbury Dairy
Milk Easter
Sharepacks
192-240g

**While
Stocks
Last**



\$12¹⁵
ea

**SAVE
\$9.30**



Coca-Cola, Sprite
or Fanta Soft Drink
Varieties 10 x 375ml
\$3.24 per litre

\$14⁷⁰
ea

**SAVE
\$6.30**



Red Bull Energy
Drink 8 x 250ml
\$7.35 per litre

\$3³⁰
ea

**SAVE
\$2.50**

Cadbury Dairy
Milk Egg Bags
110-125g

**While
Stocks
Last**



**40%
Off**

\$2⁵⁰
ea

**SAVE
\$2.50**

Oreo Dunked
Original Cookies
6 Pack 197g
\$1.27 per 100g



**1/2
Price**

\$2
ea

**SAVE
90¢**

Sanitarium
So Good
Almond
Milk 1 Litre
\$2 per litre



**Buy this product
at the
FOOD BANK
and help support***

#See page 6 for details.

Shop online and have your groceries delivered to your door, [woolworths.com.au](https://www.woolworths.com.au)

WC060324/NT35

25% Off

all Easter Bunnies

While
Stocks
Last



A



B



C



D



E



F

A Cadbury Dairy Milk Easter Bunny 150g

\$5.25 ea SAVE \$2.10 \$3.50 per 100g

B Darrell Lea Rocklea Road Easter Bunny 170g

\$5.25 ea SAVE \$2.10 \$3.09 per 100g

C Lindt Milk Chocolate Gold Bunny 100g

\$6 ea SAVE \$2.40 \$6 per 100g

D Licensed Barbie Chocolate Hollow Figurine 70g

\$3.75 ea SAVE \$1.50 \$5.36 per 100g

E Nestle Smarties Easter Bunny 85g

\$3.75 ea SAVE \$1.50 \$4.41 per 100g

F Kinder Surprise Pink Easter Bunny 75g

\$4.50 ea SAVE \$1.80 \$6 per 100g

\$2 ea

**SAVE
\$2.05**

Coca-Cola Classic,
Zero Sugar or Diet
Soft Drink Varieties
1.25 Litre
\$1.60 per litre



**1/2
Price**

\$3 ea

**SAVE
\$2**

Green's
Temptations
Baking Mixes
380-630g



**40%
Off**

\$6⁵⁰ ea

**SAVE
\$2.90**

Nestle
Milo 460g
\$1.41 per 100g



\$13⁵⁰ ea

**SAVE
\$3.50**

Moccona Freeze
Dried Indulgence
Coffee 200g
\$6.75 per 100g



\$18 ea

**SAVE
\$8**

Nescafe
Blend 43
Coffee 500g
\$3.60 per 100g



Easter Decorations



A Easter Bunting **\$5 ea**

B Easter Wooden Light Up House **\$12 ea**

C Easter Honeycomb Bunny **\$8 ea**

D Easter Meerkats – Assorted **\$10 ea**

E Easter Egg Shaped Lights **\$6 ea**

F Easter Wooden Tabletop Decoration **\$5 ea**

G Easter Cotton Bunny Assorted **\$15 ea**

\$12 ea

Easter Bunny
Shaped
Cushion
– Assorted



\$25 ea

Easter Scented
Bunny – Assorted



\$12 ea

Easter Wreath



Products on both pages may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last.



Try free Direct to boot today*

Juggling life? Try Direct to boot, it's free, and you can pick up your shopping same day. Plus, enjoy \$10 off your first shop.*

[Find out more >](#)



\$10
Off*

your first Direct
to boot shop*

*Minimum spends and order cutoffs apply. Includes Pick up. Subject to availability. Visit [woolworths.com.au](https://www.woolworths.com.au) for T&Cs and locations.

Body

40% Off

Body Bar Soap[†]



A



C



B



D

- A** Country Life Soap Bar Pk 5
\$2.50 ea SAVE \$1.70 56¢ per 100g
- B** Dove Beauty Cream Bar 4 x 90g
\$4.70 ea SAVE \$3.15 \$1.31 per 100g
- C** Freshwater Farm Soap Bar 200g
\$2.85 ea SAVE \$1.95 \$1.43 per 100g
- D** Australian Botanical Soap 200g
\$2.50 ea SAVE \$1.70 \$1.25 per 100g

\$16¹⁰ ea

SAVE \$6.90

Gillette Venus
Deluxe Smooth
Platinum Razor



30% Off
Gillette
Venus[†]

\$8 ea

SAVE \$8

Vaseline Intensive
Care Body
Lotion 750ml
\$1.07 per 100ml



1/2 Price

Join us to
help address
period poverty



sharethedignity

If you can, please donate period care items into the collection box at the front of our store. These donations will be redistributed to help those in need.

Woolworths will also donate 5c from the sale of every period care product in March to Share the Dignity, adding to the \$2.7 million already donated since 2019.

Learn more at
woolworths.com.au/sharethedignity.

Proudly supported by Woolworths

40% Off

Reusable Period Underwear^{*}



A



B



C



D

- A** U by Kotex Thinx Reusable Period Briefs
\$16.50 ea SAVE \$11
- B** TOM Organic The Period Brief
\$11.30 ea SAVE \$7.60
- C** Bonds Bloody Comfy Reusable Period Briefs
\$15 ea SAVE \$10
- D** Libra Teen Reusable Period Underwear
\$11.70 ea SAVE \$7.80 \$11.70 per ea

[†]Excludes Cashmere Bouquet Lavender Soap Pk 4, Palmolive Soap Pk 4 x 90g, Pears Soap Pk 3 x 125g, Dove Soap Pk 2, Imperial Leather Soap Pk 6, Prices Dropped, Low Price and products marked in store as clearance items. ^{*}Excludes Prices Dropped, Low Price and products marked in store as clearance items. [‡]Excludes products marked in store as clearance items.

baby & toddler event

30% Off

all Huggies Wipes



A



C



B



D

- A** Huggies Thick Baby Wipes Pk 72-80
\$3.50 ea SAVE FROM \$1.75
- B** Huggies Bio & Nourish Wipes Pk 64
\$4.50 ea SAVE \$2.10 \$7.03 per 100 ea
- C** Huggies Thick Baby Wipes Pk 400
\$13 ea SAVE \$5.90 \$3.25 per 100 ea
- D** Huggies Thick Baby Wipes 3 x 80 Pk 240
\$10.20 ea SAVE \$4.50 \$4.25 per 100 ea

\$3^{ea}

SAVE 95¢

Little Bellies Pick Up Sticks Assorted 16g
\$18.75 per 100g



\$13^{ea}

SAVE \$4.15

GAIA Natural Baby Hair & Body Wash 500ml
\$2.60 per 100ml



\$1⁸⁰^{ea}

SAVE 50¢

Rafferty's Garden Baby Food Pouch 120g
\$1.50 per 100g



\$14⁷⁰^{ea}

SAVE \$6.30

Bunjie Baby Top to Toe Wash 500ml
\$2.94 per 100ml



\$18⁶⁰^{ea}

SAVE \$5.55



PRICES DROPPED

Range was ~~\$1.80~~
30/1/24

\$1⁵⁰^{ea}

Heinz Baby Food Pouch 120g
\$1.25 per 100g



Range was ~~\$4.20~~
27/2/24

\$3⁵⁰^{ea}

Only Organic Yoghurt Rice Cakes 30g
\$11.67 per 100g



ADVERTISER PROMOTION

YOUR TOUGHEST LAUNDRY PROBLEMS... SOLVED.



PERFECT FOR QUICK WASH CYCLES

FOR THE ULTIMATE TOUGH CLEAN

\$14 ea
SAVE \$14

1/2 Price

OMO Active Laundry Liquid 2 Litre or Powder 2 kg \$7 per kg/litre



\$16⁸⁰ ea
SAVE \$16.80

1/2 Price

OMO Ultimate Laundry Capsules Pk 28 60¢ per ea



\$16 ea
SAVE \$16

1/2 Price

OMO Ultimate Laundry Liquid 2 Litre or Powder 2 kg \$8 per kg/litre



\$42^{ea}

SAVE \$18

Wiltshire Easycook Non-Stick Frypan 30cm



30% Off all Wiltshire Frypans

\$17⁵⁰^{ea}

SAVE \$7.50

Haven Luxe Ceramic Pot Farmers Market



\$18⁶⁰^{ea}

SAVE \$12.40

Decor Flip Active Insulated Double Wall Flask 1.1 Litre - Assorted



\$42^{ea}

SAVE \$18

Brita Premium Starter Pack Water Filter Jug Blue 3.5 Litre



\$7⁷⁵^{ea}

SAVE \$7.75

Decor Microsafe Jewel Oblong 3 x 900ml

1/2 Price



\$3⁴⁰^{ea}

SAVE 85¢

Glad Kitchen Tidy Bag Wavetop Medium Pk 40 9¢ per ea



\$2⁶⁵^{ea}

SAVE \$1.20

Handee Ultra Paper Towel Pk 2 \$2.21 per 100 sheets



\$7²⁵^{ea}

SAVE \$3.15

Sorbent Thick & Soft Toilet Tissue Pk 12 43¢ per 100 sheets



10% Off[^]



10% Off on Luxury Escapes, Gift to Dine, Restaurant Choice, RedBalloon, HOYTS, or Cotton On. Some card exclusions apply. Refer to T&Cs.[^]

WC060324/NT42

Products on this page may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last.

[^]Offer available from 6/3/24 to 12/3/24 on all denominations of gift cards listed, excluding Restaurant Choice Variable Card. Scan your Everyday Rewards Card to get 10% Off. Available in-stores only at Woolworths Supermarkets and Woolworths Metro only. Excludes Woolworths Online and MILKRUN. Refer to individual cards for terms and conditions. For cards with a fixed value, limit of 10 cards per day per Rewards Member (can be done across multiple transactions). For variable cards where you choose the amount to load, limit of 10 cards per day per Rewards Member in a single transaction. While stocks last. Card images shown may vary.

ADVERTISER PROMOTION



FARMERS MARKET

MEALTIME VARIETY
MADE EASY.

40%
Off
Farmers Market^Δ



\$9⁵⁰
ea

SAVE
\$2.50

Whiskas Wet Cat
Food 85g x Pk 12
93¢ per 100g



\$24^{ea}

SAVE
\$6

Breeders Choice
Paper Cat Litter
24 Litre
\$1 per litre



\$2⁸⁰
ea

SAVE
\$1.20

Dine Creamy
Cat Treats
Pk 4 x 12g
\$5.83 per 100g



\$8⁴⁰
ea

SAVE
\$5.60

Farmers Market
Dry Cat Food 1 kg
84¢ per 100g



\$6⁵⁰
ea

SAVE
\$3

My Dog Wet Dog
Food Pk 6 x 100g
\$1.08 per 100g



\$4⁸⁰
ea

SAVE
\$1.20

VitaPet Jerhigh
Dog Treats 80-100g



\$24^{ea}

SAVE
\$16

Farmers Market
Dry Dog Food
6.8 kg
35¢ per 100g



\$15^{ea}

SAVE
\$7

Optimum Dry
Dog Food 2.7-3 kg



\$7⁶⁰
ea

SAVE
\$1.40

VIP Dog Roll 3 kg
25¢ per 100g



From
the Pet
Food
Chiller

ΔExcludes Farmers Market Wet Cat Multi Cans Pk 6 x 80g, Prices Dropped, Low Price and products marked in store as clearance items.

†Optus \$160 SIM offer ends 2/4/24. Nokia C31 offer ends 12/3/24. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier. Free \$35 Prepaid SIM: Included \$35 SIM for activation on available \$35 plans only. New services only. See optus.com.au/prepaidplans for full plan details. \$160 SIM Starter Kit: After 3rd recharge \$160 gives you 80GB. Discount applies to SIM purchase only. Data Rollover: Accrue up to 200GB when you recharge before expiry. Check coverage at optus.com.au/coverage. Compatibility: To use SIM, device must be compatible with the Optus Network see optus.com.au/compatibility. Devices are network locked. For unlocking fees see optus.com.au/unlock. All for use in AUS. Fair Go Policy applies. ΔTHINGS YOU NEED TO KNOW. Manufactured by ZTE. Speed capping: 4G download speeds will be capped at 150Mbps on most plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. Blue Tick lets you know which phones are recommended for handheld coverage in

\$199^{ea}

SAVE
\$30

Optus X Nokia C31+
Features:
– 6.7" HD+ display
– 13MP main camera
– 5,050mAh battery



\$99^{ea}

SAVE
\$20

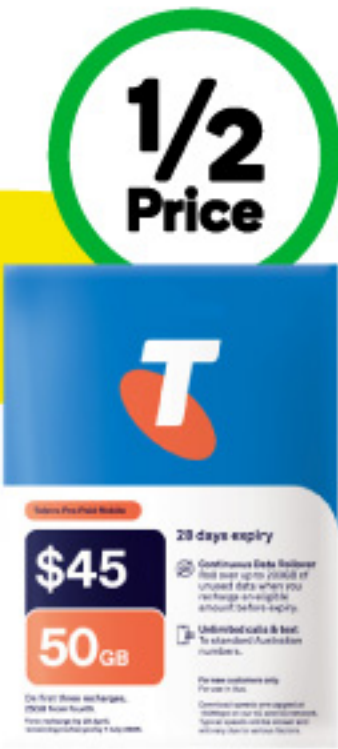
Telstra Smart 4Δ
Features:
– 5.5" HD+ display
– 32GB memory+
– Supports up to 512GB microSD (sold separately)
– 8MP rear AF camera with flash
– 2MP front camera



\$22^{ea}

SAVE
\$23

Telstra \$45 Starter Pack\$
Includes:
– 50GB on first 3 recharges 25GB from 4th recharge
– New customers only
– 28-day expiry period
– First recharge by 29 April, remaining recharges by 1 July 2024



\$17^{ea}

SAVE
\$28

Boost \$45 Starter Pack¥
Includes:
– 60GB on first 3 recharges 35GB from 4th recharge
– New customers only
– 28-day expiry period
– First recharge by 29 April, remaining recharges by 1 July 2024



\$130^{ea}

SAVE
\$30

Optus \$160 Data SIM Long Expiry†
Includes:
– 120GB data on first 3 recharges
– Unlimited talk & text within Australia
– New services only
– Activate within 30 days of purchase
– 186-day expiry



\$9^{ea}

SAVE
\$20.90

Lebara \$29.90 Starter Kit MED+
Includes:
– 70GB for first 30 days, 35GB ongoing^
– Unlimited standard talk & text in Australia and to 35 selected countries
– Up to 200GB data banking



10% off new 5G SIM Only plans? Great call.

everyday
mobile
from Woolworths

55
GB

\$36^{every month*}

95
GB

\$45^{every month*}

150
GB

\$54^{every month*}

*T&Cs apply. Offer only available to new SIM Only plan customers who sign up to a \$40, \$50 or \$60 SIM Only plan and link their Everyday Rewards card before 05/03/24 11:59pm AEDT.

Pick a plan >