We can help you spend less today.

On sale Wednesday 28th February 2024



*FRESH #
Special

\$**4**_{kg}

Australian Red Seedless Grapes



1/2 Price

Arnott's Shapes 160-190g or Arnott's Shapes Fully Loaded 130g

SAVE \$2 \$3²⁵

Sanitarium Up & Go 3 x 250ml \$4.33 per litre

SAVE \$3.25



\$625

SAVE \$6.25

Birds Eye Flathead or Barramundi 270g or Whiting or Dory Fish 425g – From the Freezer



#See page 36 for details.

Member Price

Week

Don't miss savings on a range of items.

everyday rewards

\$**10**.

\$1.33 per 100ml

Non-member price \$20 ea \$2.67 per 100ml

Cobram Estate Extra Virgin Olive Oil 750ml



\$**8**50

85¢ per 100ml

Non-member price \$17 ea \$1.70 per 100ml

Dove Body Wash 1 Litre



\$**20**⁵⁰

\$5.13 per litre

Non-member price \$41 ea \$10.25 per litre

Dynamo Professional Laundry Liquid 4 Litre



WC280224/MILD1

\$140

Chicken Sandwich Schnitzels – From the Deli



\$250

SAVE \$2.50

Allen's Medium Bags 140-200g



\$550

Much Moore Ice Cream Tub 2 Litre – From the Freezer 28¢ per 100ml

SAVE \$5.50



\$12.

SAVE \$12

Cold Power Laundry Liquid 2 Litre or Powder 2 kg \$6 per litre/kg



\$1**8**..

SAVE \$18

Nivea Q10 Anti Wrinkle Targeted Filler Serum 15ml \$120 per 100ml TARGETED WRINKLE FILLER SERUM

5% ACTIVE COMPLEX NO Blank TO Populate Complex Complex

Find more 1/2 Price Nivea on page 5

\$45.

SAVE \$45

Oral B Pro 300 Electric Toothbrush



Find more 1/2 Price Oral-B on page 5

Contents

Click on the tabs to take you where you want to go.

Fruit & Veg

Meat & Seafood

Bakery

Deli

Fridge Specials

Freezer Specials

Pantry

Health & Beauty

Household

Cleaning

For your Pet



everyday market









SAVE \$1.75

MooPRO High Protein Yoghurt Muesli Pot 170g From the Fridge \$1.03 per 100g

HEALTH STAR

\$225

SAVE \$3.25

Vege Deli Crisps 100g From the Health Food Aisle \$3.25 per 100g



SAVE \$3.75

Mamee Monster Rice Sticks 200g From the Health Food Aisle \$1.88 per 100g



SAVE \$3.25

Uncle Toby's Plus Cereal 410-435g



\$3.25

Nestle Milo Cereal 350g or Milo Duo Cereal 340g



SAVE \$3.25

Plumrose Spiced Ham 340g \$9.56 per kg



\$**?**50

SAVE \$3.50

Coco Earth Ready Meals 360g 97¢ per 100g



SAVE \$4.25

Lucky Almond Meal 300g \$1.42 per 100g



WC280224/SA3



\$750

SAVE \$2.50

Arnott's Chocolate Coated Biscuits 160-200g, Arnott's Wagon Wheels Mini 190g Pk 8 or Arnott's Choc Scotch Finger Biscuits 250g







Cadbury 144-180g



SAVE \$2.25



New flavour

SAVE \$3

Nestle Blocks 118-180g



SAVE \$3.70

Schweppes Mixers or Mineral Water 4 x 300ml \$3.08 per litre



SAVE \$5.50

V Energy Drink 4 x 250ml \$5.50 per litre



\$135

SAVE \$1.35

Pringles Chips 53g \$2.55 per 100g



SAVE \$1.35

Twisties 65-90g



\$175

SAVE \$1.75

Cobs Popcorn 80-120g



Nivea[^]



- A Nivea Rich Nourishing Body Lotion 400ml \$4.75 ea SAVE \$4.75 \$1.19 per 100ml
- B Nivea Hydrocare Lip Balm with SPF15 4.8g‡ \$2.50 ea SAVE \$2.50 \$5.21 per 10g
- C Nivea for Men Protect & Care Exfoliating Face Scrub 125ml

\$7 ea SAVE \$7 \$5.60 per 100ml

D Nivea Aerosol Antiperspirant Deodorant 250ml \$4.25 ea SAVE \$4.25 \$1.70 per 100ml

1/2 Price

Oral-B[^]







- A Oral-B Gum Care Toothpaste 110g \$5 ea SAVE \$5 \$4.55 per 100g
- B Oral-B 3D White Toothpaste 95g \$5 ea SAVE \$5 \$5.26 per 100g
- C Oral-B Pro 800 Electric Toothbrush \$50 ea SAVE \$50
- D Oral-B Vitality Electric Toothbrush \$25 ea SAVE \$25



1/2 Price

Garnier[~]









- A Garnier Micellar Cleansing Water 700ml \$11 ea SAVE \$11 \$1.57 per 100ml
- B Garnier Fructis Shampoo or Conditioner 315ml \$4 ea SAVE \$4 \$1.27 per 100ml
- C Garnier Vitamin C Brightening Serum 30ml \$17.50 ea SAVE \$17.50 \$58.33 per 100ml
- D Garnier Fructis Hair Food 390ml \$7 ea SAVE \$7 \$1.79 per 100ml

\$11



Schwarzkopf Brilliance Hair Colour





\$15⁴⁰

SAVE \$6.60

Nobody's Nobody Gold Illuminating Moisturiser 60ml or Retinol Target Serum 30ml





C280224/

40% Off



- A Maybelline Falsies Surreal Mascara 10ml \$16.80 ea SAVE \$11.20 \$16.80 per 10ml
- B Manicare Brow & Lash Spoolie Pk 5 \$6 ea SAVE \$4 \$1.20 per ea
- C Revlon Colorstay Foundation 30ml SPF 20‡ \$24 ea SAVE \$16 \$8 per 10ml
- P Rimmel Lasting Finish Foundation 30ml SPF 20‡

\$16.20 ea SAVE \$10.80 \$5.40 per 10ml

40% Off

Freshwater Farm⁺



- A Freshwater Farm Hand Wash Refill Pouch 1 Litre \$10.80 ea SAVE \$7.20 \$1.08 per 100ml
- B Freshwater Farm Hand Wash 500ml \$6.60 ea SAVE \$4.40 \$1.32 per 100ml
- C Freshwater Farm Body Wash 1 Litre \$10.80 ea SAVE \$7.20 \$1.08 per 100ml
- P Freshwater Farm Refillable Glass Bottle Hand Wash 500ml

\$9.90 ea SAVE \$6.60 \$1.98 per 100ml

Join us to help address period poverty



If you can, please donate period care items into the collection box at the front of our store. These donations will be redistributed to help those in need.

Woolworths will also donate 5c from the sale of every period care product in March to Share the Dignity, adding to the \$2.7 million already donated since 2019.

Learn more at woolworths.com.au/sharethedignity.

Proudly supported by Woolworths 6

1/2 Price

Libra§









- A Libra Ultrathin or Extra Pads Pk 10-14 \$2.50 ea SAVE \$2.50
- B Libra Invisible Pads Pk 10-14 \$3.20 ea SAVE \$3.20
- C Libra Tampons Pk 16¥

\$2.15 ea SAVE \$2.15 13¢ per ea

D Libra Proskin Liners Pk 30

\$1.75 ea SAVE \$1.75 6¢ per ea



ANY 2 FOR \$ 560

\$2.24 per litre

Non-member price \$3.85 ea \$3.08 per litre

Sprite or Fanta Soft Drink Varieties 1.25 Litre



ANY 2 FOR \$1790

\$4.47 per litre

Non-member price \$12.55 ea \$6.28 per litre

Mother Energy Drink 4 x 500ml



ANY 2 FOR \$520

\$4.33 per litre

Non-member price \$4 ea \$6.67 per litre

Powerade Drink Flo Cap 600ml or Powerade Active Water 600ml



ANY 2 FOR \$2160

\$2.88 per litre

Non-member price \$18 ea \$4.80 per litre

Pepsi, Solo, Mountain Dew or Schweppes Lemonade Soft Drink Can Varieties 10 x 375ml





\$**5**..

50¢ per ea

Non-member price \$7 ea 70¢ per ea

Jarrah Hot Chocolate Sachets Pk 10



\$130

\$13.68 per kg

Non-member price \$2.60 ea \$27.37 per kg

Greenseas Tuna 95g





\$2..

80¢ per 100g

Non-member price **\$4 ea** \$1.60 per 100g

Ben's Original Flavoured or Plain Rice Pouch 250g



\$**17**50

35¢ per 100g

Non-member price \$35 ea 70¢ per 100g

SunRice Classic Indian Basmati Rice 5 kg



Scan your Rewards Card to save with Member Prices



\$**12**50

\$3.57 per 100g

Non-member price \$25 ea \$7.14 per 100g

Maison & Muse Candle 350g



\$**12**50

\$8.93 per 100ml

Non-member price \$25 ea \$17.86 per 100ml

Maison & Muse Reed Diffuser 140ml



\$**5**50

\$5.50 per 100g

Non-member price \$11 ea \$11 per 100g

Bref Toilet Cleaner Block Pk 2 x 50g



\$**5**50

5¢ per ea

Non-member price \$11 ea 10¢ per ea

Ajax Luxury Home Wipes Pk 110



\$3.50

70¢ per 100ml

Non-member price \$7 ea \$1.40 per 100ml

Ajax Professional Cleaning Triagers 500ml



\$10⁹⁵

68¢ per ea

Non-member price \$15.65 ea 98¢ per ea

Hydralyte Electrolyte Ice Blocks Pk 16†



\$10⁹⁵

\$1.10 per ea

Non-member price \$15.65 ea \$1.57 per ea

Hydralyte Electrolyte Powder Sachet Pk 10†

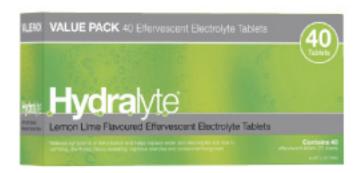


\$17...

43¢ per ea

Non-member price \$24.40 ea 61¢ per ea

Hydralyte Effervescent Tablets Pk 40⁺





Get extra savings in the bag.

Save up to \$1200 a year across Woolworths and BIG W in-store or online, for just \$7 a month.

Try free for 30 days>

Exclusions and T&Cs apply. See everydayextra.com.au for more.



Helping you spend less on family favourites.

LOW PRICE you can rely on



\$950

On The Menu Beef Lasagne 1 kg – From the Freezer **95¢ per 100g**



\$325

Woolworths Garlic Loaf 400g – From the Fridge 81¢ per 100g



\$7

Woolworths Vanilla Ice Cream 4 Litre – From the Freezer \$1.75 per litre



\$460

Woolworths Select Apple Pie Family 600g – From the Freezer 77¢ per 100g



\$**3**95

Woolworths Pine Nuts 80g Pack \$49.38 per kg



\$2,,

Woolworths Australian Mixed Leaf 120g Pack \$16.67 per kg





\$180

Woolworths Dressing 290-300ml





Helping you spend less on family dinners.

PRICES DROPPED for Autumn



Was \$11 kg

27/2/24

\$**9**_{kg}

Australian Pork Leg Boneless Roast





Was \$2.80

27/2/24

\$250



Was \$7

27/2/24

\$150

SA Mashing Potatoes 1.5 kg Pack





Was \$15.50

27/2/24

\$13

Australian Fresh RSPCA Approved Chicken Breast Diced 1 kg \$13 per kg



Range was \$8.50

27/2/24

\$750

Cobram Estate Infused Extra Virgin Olive Oil 250ml \$3 per 100ml



WC280224/SAtt/R



Helping you spend less on midweek dinners.

PRICES DROPPED for Autumn



Was \$10 27/2/24

\$9

Woolworths COOK Chicken Drumsticks with Sweet BBQ Glaze 1.4 kg with RSPCA Approved Chicken – From the Meat Dept

- From the Meat Dept \$6.43 per kg





Range was **\$4.50**

27/2/24

\$4.

Heinz Steam Fresh Vegetables 450g – From the Freezer





Was \$3.60

27/2/24

\$170 pk SA Brown Onions 1 kg Pack



Was \$12

27/2/24

\$10_e

Crisco Vegetable Oil Blend 2 Litre 50¢ per 100ml



Range was \$13

27/2/24

\$10⁴⁰

Mr Chen's Dumplings, Gyoza or Hargow 450-600g – From the Freezer



Range was \$3.80

27/2/24

Bryne Co Mixed Pickles 500-680g



Range was **\$4.50**

27/2/24

\$3²⁵

Chang's Sauce 280ml \$1.16 per 100ml



Perfect for Lent











Superior Gold Smoked Salmon 180g **\$77.78 per kg**







LOW PRICE you can rely on



Humpty Doo Skin Off Barramundi 260g \$53.85 per kg







\$130

\$13.68 per kg

Non-member price \$2.60 ea

\$27.37 per kg

Greenseas Tuna 95a



1/2 Price

\$270

SAVE 70°

John West Sardines 110g \$24.55 per kg



SAVE 80¢

John West Tuna Slices 125g \$24 per kg



\$250

SAVE 90°

John West Tuna & Beans 185a \$18.92 per kg



\$890

Australian Lemons



\$160

SAVE \$1.20

McCain Beer Batter Chips or Wedges or Quick Cook 750g - From the Freezer \$6.13 per kg



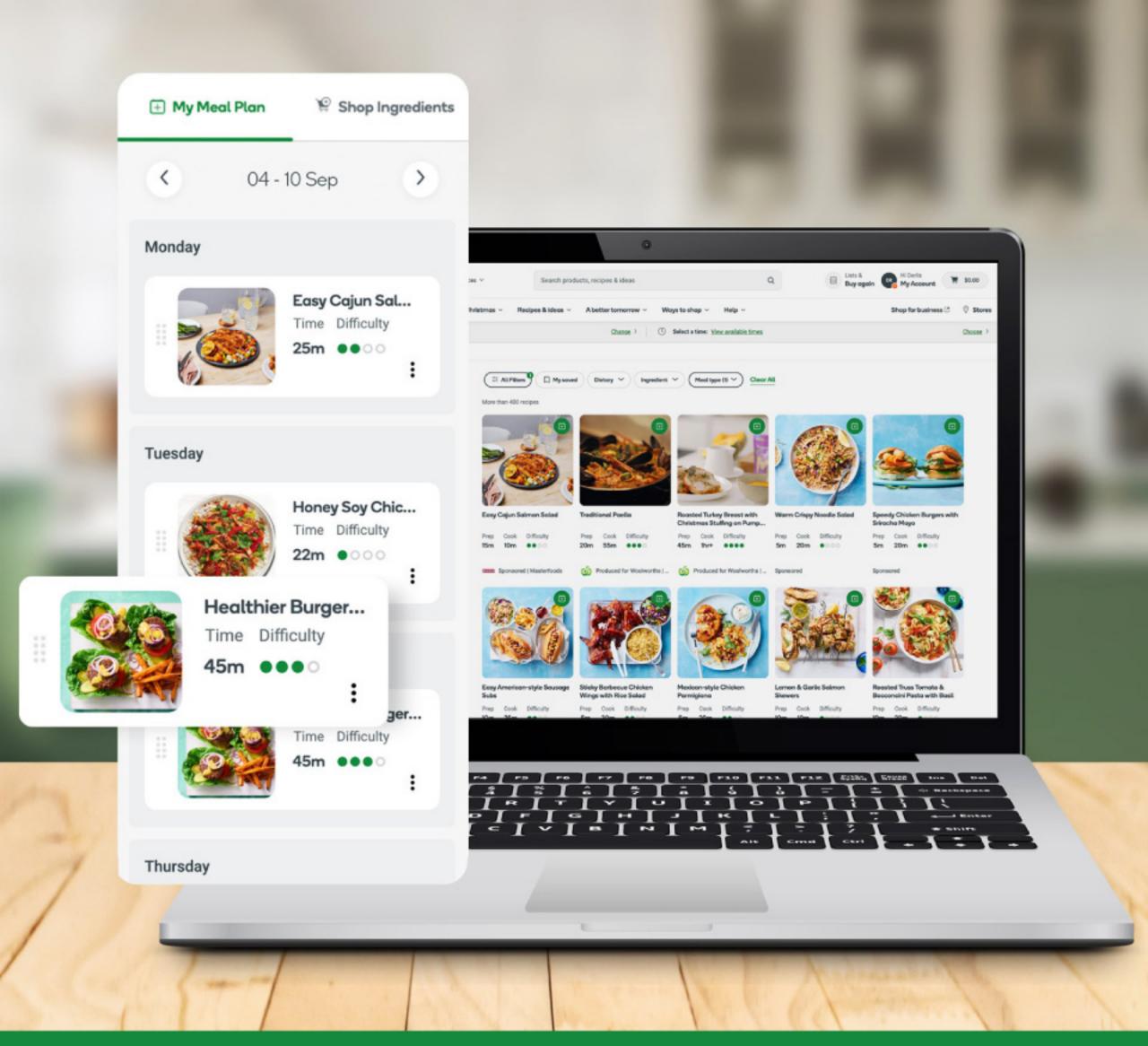
\$二80 ea

SAVE 70°

Birds Eye Steam Fresh Vegetables or Potatoes 400g From the Freezer

\$14.50 per kg





Refresh dinner o'clock with Meal Planner

From budget-friendly burger night to air-fryer Friday, find a recipe to please everyone. Then shop ingredients with the choice of delivery. Done!

Try Meal Planner >

Pricing and products shown are for illustrative purposes only.

App: Online: In store



Make the most of your Hot Cross Buns

Find out more >



Easter Decorating

WHILE STOCKS LAST

Easter Small Plush Bunny - Assorted

\$12

WHILE STOCKS LAST

Easter Craft Tub Pk 1



\$4_e

WHILE STOCKS LAST

Easter DIY Egg Decorating Kit Pk 4



\$7 ea

WHILE STOCKS LAST

Easter Mini Meerkat – Assorted



\$3.

WHILE STOCKS LAST

Easter Gel Clings – Assorted



\$5,

WHILE STOCKS LAST

Easter Mosaic Kit Pk 3



STOCKS LAST

Easter Character Bunny – Assorted



³15

WHILE STOCKS LAST

Easter Cotton Bunny – Assorted



Easter Confectionery

Back •



1/2 Price

SAVE

Cadbury Dairy Milk Hunting Eggs 204g Pk 12 \$2.94 per 100g

SAVE \$4.25

Darrell Lea Bilby Milk Chocolate 100g \$4.25 per 100g Darrell for Only at

\$50

SAVE \$3

Ferrero Golden Eggs Original or White 90g \$6.11 per 100g



SAVE \$2.95

Loving Earth Magic Mini Solid Mylk Chocolate Eggs 95g \$7.37 per 100g



SAVE \$2

Cadbury Dairy Milk Easter Bunny 250-270g



SAVE \$4

Health Lab Low Sugar Mylk Chocolate Diamonds 150g \$6.67 per 100g



SAVE \$3

Cadbury Easter Mixed Egg Bag 650g or Triple Pack 649g



PRICES DROPPED Was \$13.50 30/1/24

Cadbury Dairy Milk Chocolate Solid Eggs 440g \$2.73 per 100g



Was \$17 30/1/24

Lindt Lindor Mini Assorted Eggs or Lindt Easter Hen Milk Chocolate Eggs 300g

\$4 per 100g



While Stocks Last.

WC280224/SA18

FRUIT & VEG

*FRESH# Specials

\$3.

Australian Keitt Mangoes



\$390 kg

SA Mi Apples



PROUDLY SA GROWN **\$4**,pk

Australian Raspberries 125g Punnet \$32 per kg







\$5⁵⁰

The Odd Bunch Australian Avocados 1 kg Pack \$5.50 per kg



PRICES DROPPED for Autumn

Was \$3.50

27/2/24

\$**2**50

Woolworths Australian Kids Mini Apples, Pears or Bananas Pk 5



*FRESH# Specials











\$450

\$12 per kg

Non-member price \$6 pk \$16 per kg

Australian Sliced Mushrooms 375g Pack



\$**4**50

\$12 per kg

Non-member price \$7 pk \$18.67 per kg

Australian Flat BBQ Mushrooms 375g Pack



PRICES DROPPED for Autumn Was \$5.50

27/2/24

\$**5**...

Woolworths Caesar Salad Bowl 200g or Asian Salad Bowl 230g



Was \$3 27/2/24

\$**2**²⁰

Woolworths
Australian Baby
Spinach or Baby
Spinach & Rocket
120g
\$18.33 per kg



It's great when it's from our State

Look for our icons to buy local







South Australian apples hand-picked for you

Lenswood Apples have been supplying sweet and crunchy apples to Woolworths for over three decades. Every apple is harvested at just the right time, ensuring sweetness and quality.















SAVE \$1.50

Beerenberg Chilli Jam 190g \$1.58 per 100g





SAVE 80°

Maggie Beer Stock 500ml 94¢ per 100ml



Proud supporters of South Australian growers and producers



Bickford's Beverages

One of Australia's oldest brands, Bickford's has been operating in Adelaide for over 150 years. From humble beginnings in a small apothecary, Bickford's has grown into one of the country's favourite cordial, juice, water and syrup producers.



BAKERY & DELI





\$13_{kg}

SAVE \$13_{kg}

D'Orsogna Chorizo
- From the Deli

1/2 Price



\$**2**⁵⁰

SAVE 50°

Dreamy Choc, Oatmel & Raisin, Cranberry & White Choc or White Choc & Macadamia Jumbo Cookie Varieties Pk 5# 50¢ per ea



\$6..

Rana Filled Pasta Varieties 325g – From the Fridge \$1.85 per 100g

SAVE \$2



\$3_p

SAVE \$3

Tip Top English Muffins Varieties Pk 6 **50¢ per ea**



\$880

Bertocchi Gold Bacon Varieties 300-400g – From the Fridge

SAVE \$2.20



\$450

SAVE \$1

Mission Wraps Varieties 425-567g Pk 6-8



\$16⁵⁰

SAVE

Ingham's Chicken Breast Supreme – Sliced or Shaved

- From the Deli

\$4.50 kg \$165 Per100g

WC280224/SA23



MEAT



Peppercorn Beef
Jumbo Burgers 600g
\$10 per kg

SAVE \$6

Peppercorn Beef
Jumbo Burgers 600g
\$10 per kg

Peppercor
Pep

\$850

Woolworths COOK or BBQ Marinated Chicken Breast Steak Varieties with RSPCA Approved Chicken 500g \$17 per kg

SAVE \$2



\$10.

Woolworths COOK Marinated Kebabs 750g with RSPCA Approved Chicken \$13.33 per kg

SAVE \$1.50



\$12⁵⁰

Woolworths COOK Slow Cooked Beef Brisket 700g \$17.86 per kg

SAVE \$3

\$10⁵⁰

Steggles Gravy Chicken Schnitzel 600g \$17.50 per kg

SAVE \$1.50



\$12...

Macro Grass Fed Australian Beef Rump Medallions 300g \$40 per kg

SAVE \$2.50



\$**12**..

Australian Beef Oyster Blade Steak 600g \$20 per kg

SAVE \$2.50



PRICES DROPPED for Autumn



Range was \$8

\$6

Woolworths Meatball 400g Varieties \$15 per kg





Cherry tomato & zucchini tuna bake



Range was \$1.25

\$\frac{12}{3}\frac{23}{23}\$ \$\frac{1}{2}\fr



PRICES DROPPED

Range was **\$4.50**

\$4.

Leggo's Tuna Bake Pasta Sauce 500g **80¢ per 100g**



LOW PRICE

\$465

Safcol Responsibly Fished Tuna 425g \$10.94 per kg



Red Rock Deli Dips 135g or Obela Dips 220g
- Excludes Guacamole 220g

FOR \$8

SAVE
FROM \$2

FROM \$2

ANY 2
FOR \$8

Thomas Dux Blue Stilton 150g, Triple Cream Brie 200g, Double Cream Camembert 200g, Ash Brie 125g, Truffle Brie 125g or Persian Fetta 180g

- From the Deli

SAVE FROM \$1.20



\$6.

SAVE \$1.30

Cheer Slices Refills 250g **\$24 per kg**



New

Introductory price

\$3²⁰

Standard shelf price \$3.80 ea

Castello Marinated Fetta 100g

- From the Deli \$32 per kg



\$890

King Island Brie or Camembert Varieties 175-200g

- From the Deli

SAVE
\$6

| Cape | Dickham |
DOUBLE BRIE |
ENEAMM | FILL FLANHURED BRIE |
FRANK | FROM BING | ISLAND MER. |
200g

\$**4**.80

Western Star Spreadable 375g \$1.28 per 100g

SAVE \$1.20



\$450

Devondale Butter 250g \$1.80 per 100g

SAVE 80°



\$7...

SAVE \$1.50

Nudie Gold Juice 2 Litre \$3.50 per litre



PRICES DROPPED for Autumn Range was \$8.50

27/2/24

\$765

Laughing Cow Cheese 256g \$29.88 per kg



Was \$12.50

27/2/24

\$1125

Zanetti Parmigiano Reggiano 200g – From the Deli \$56.25 per kg



WC280224/MILD27



SAVE

SAVE

90

ADDED SUGAR + BCAAs + PROBIOTICS

YOPRO
PERFURN

209 PROTEIN

MIXED BERRIES YOGHUST

YOPRO
POPRO
P

Chobani Kids Yogurt Pouch 130g – From the Fridge \$1.46 per 100g



\$310

SAVE 80°

Dare Iced Coffee 500ml
– From the Fridge
\$6.20 per litre



\$**6**.

SAVE FROM \$1.50

Tamar Valley Yoghurt Greek or Creamery 700g-1 kg – From the Fridge



\$**6**.30

SAVE \$2.70

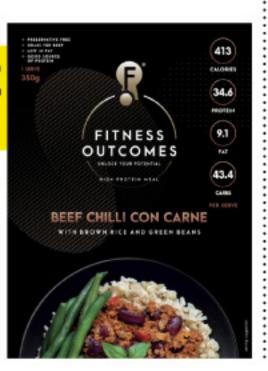
Four 'N Twenty Traditional Pies 700g – From the Freezer 90¢ per 100g



\$7.

SAVE \$2

Fitness
Outcomes
Meals 350g
– From the
Freezer
\$2 per 100g



\$**8**..

SAVE \$2

McCain Pub Size Double 480-500g – From the Freezer



PRICES DROPPED for Autumn Range was \$3

\$250

Gippsland Twist Yogurt Pot 160g – From the Fridge \$1.56 per 100g



Was \$5.50

27/2/24

\$495

Peters Original Ice Cream 2 Litre – From The Freezer 25¢ per 100ml







Streets Cyclone or Calippo 575-688ml Pk 8-10

















Ben & Jerry's Ice Cream Tub 436-458ml







SAVE \$1.70



Golden Wok

Dumplings 230g

Drinks, Pantry & Gift Cards

Back •





\$5.75

Bundaberg Mini Cans 6 x 200ml \$4.79 per litre

SAVE \$2.05



\$4.60

SAVE \$2

Nexba Kombucha Varieties 1 Litre \$4.60 per litre



\$1140

Coca-Cola Classic, Zero Sugar or Sprite Zero Soft Drink Varieties 12 x 300ml \$3.17 per litre

SAVE \$7.60

123

40% Off

\$6..

SAVE \$2

Milo Bars 210-270g Pk 10



\$6.

SAVE \$1.50

Carman's Protein Bars 150-200a Pk 5



\$**2**45

SAVE \$2.45

Vege Chips 100g – From the Health Food Aisle \$2.45 per 100g



10% Off^













10% off on TCN Him, TCN Shop, Good Food, TCN Pub & Bar, TCN Cinema, or Xbox Game Pass Ultimate 3 Months Gift Cards. Refer to T&Cs^

Pantry

50

SAVE \$2.50

Kellogg's Coco Pops 650g \$1.15 per 100g



50

SAVE \$2.50

Kellogg's Just Right Cereal 740g \$1.01 per 100g



\$50

SAVE \$1.40

Carman's Muesli 500g \$1.10 per 100g



\$二75

SAVE \$1.45

Capilano Honey Twist & Squeeze 375g \$1.53 per 100g



'50

SAVE \$3.30

Kellogg's Nutri-Grain 765g 98¢ per 100g



SAVE \$1

Bickford's Cordial 750ml \$5.33 per litre



SAVE

Moccona Mixers Pk 8-10



\$**19**⁵⁰

SAVE \$8.50

Moccona Freeze Dried Coffee 400g \$4.88 per 100g



PRICES DROPPED for Autumn

Was \$5.50

27/2/24

Lakanto Original Pancake Mix With Monkfruit Sweetener 240g \$1.67 per 100g



Was \$9 27/2/24

Lakanto Maple Flavoured Syrup 300ml







Pantry

Continental Sensations Cup Soup 40-70g Pk 2





\$**7**80

SAVE 70°

Fountain Sauce 250ml \$1.12 per 100ml



ANY 2 FOR \$ 230

SAVE 40°

Maggi Recipe Bases 21-43g



SAVE \$1.50

Praise Mayo Whole Egg Squeeze 335g \$1.19 per 100g



SAVE \$1.50

Patak's Indian Simmer Sauce 450a 89¢ per 100g



\$/175

SAVE \$1.45

The Spice Tailor Curry, Biryani or Daal Kit 225-500g



PRICES DROPPED for Autumn

Range was \$4 27/2/24

Bull's-Eye Sauce 300ml \$1 per 100ml



Was \$6 27/2/24

Praise Mayonnaise Traditional Creamy 700g

77¢ per 100g



Was \$7.50 27/2/24

Crisco Oil Sunflower 750ml 87¢ per 100ml



Was \$7.50 27/2/24

Cobram Extra Virgin Olive Oil Spray 225g \$3 per 100g



Was \$9.50 27/2/24

John West Pink Salmon 415g \$19.28 per kg





Gluten Free

MYLK CHOCOLATE Peanut Butter Filled Diamonds

x2 DIAMONDS 30 g Pick from our great range of gluten free products

\$2

SAVE \$1.50

Health Lab Low Sugar, Nut Butter or White Choc Balls 30-40g – From the Health Food Aisle

Health Lab 10% Sugar NATURALLY Off

\$480

SAVE \$2.10

Loving Earth Chocolate 80g
– From the Health Food Aisle
\$6 per 100g



\$**5**.

SAVE \$1.25

Nibblish Gently Baked 80-140g



\$455

SAVE \$1.15

Wallaby Bites 130-150g – From the Health Food Aisle



\$470

Haldirams Gluten Free Tandoori Naan 320g – From the Freezer \$1.47 per 100g

SAVE \$1.20



\$6⁸⁰

SAVE \$1.70

Mt Elephant Baking Mixes 350-375g



\$11...

Woolworths Free From Gluten Apple Pie 750g \$1.47 per 100g

SAVE \$2.50



LOW PRICE you can rely on

\$**7**50

Kellogg's Special K Gluten Free Cereal 330g or Coco Pops Gluten Free Cereal 390g



\$**8**..

Jase's Kitchen Gluten
Free Brownies or Caramel
Slice 180g Pk 6
– From the Freezer

- From the Freezer \$4.44 per 100g



Sports, Vitamins & Magazines

40% Off

all 28GO Sam Wood











- A 28GO Daily Protein Collagen Water 30g x Pk 7~ \$13.20 ea SAVE \$8.80 \$6.29 per 100g
- B 28GO Protein With Collagen Powder 350g~ \$16.80 ea SAVE \$11.20 \$4.80 per 100g
- C 28GO Protein Pancake Mix 280g~ \$7.20 ea SAVE \$4.80 \$2.57 per 100g
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69¢ per 100ml



SAVE \$7

Brunnings Blood And Bone 2.5 kg 28¢ per 100g



SAVE \$7

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Price Decor Fresh Seal Clips*









- A Decor Fresh Seal Clips Oblong 1 Litre C Decor Fresh Seal Clips Tall Square 975ml \$3.25 ea SAVE \$3.25
- B Decor Fresh Seal Clips Oblong 4 Litre D Decor Fresh Seal Clips Square 1.4 Litre \$6.50 ea SAVE \$6.50
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1/2 Price

\$13_{...}



\$23⁵⁰

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SAVE \$5.50



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SAVE \$7.50

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- **B** Dine Creamy Cat Treats 48g \$2.80 ea SAVE \$1.20 \$5.83 per 100g





- C Pretty Wild Creamy Puree Cat Treats Pk 4x15g \$2.10 ea SAVE 90¢ \$3.50 per 100g
- D Fussy Cat Grain Free Crunchers Cat Treats 100g \$2.65 ea SAVE \$1.15 \$2.65 per 100g

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Food Pouch 85g \$1.20 ea SAVE 55¢ \$1.41 per 100g **B** Ultimates Wet Cat Food 85g





- C Ultimates Wet Dog Food 400g \$2 ea SAVE 90¢ 50¢ per 100g
- D Ultimates Dry Dog Food 1 kg \$6 ea SAVE \$3 60¢ per 100g

SAVE \$5

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\$1.60 each or

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SAVE \$2.10

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\$**5**60

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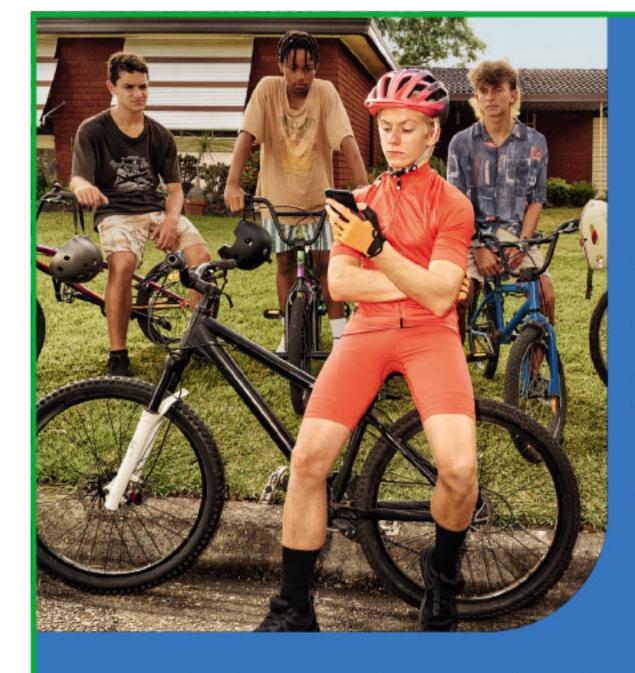
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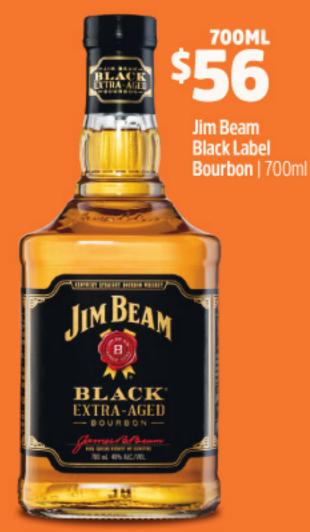
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