

We can help you spend less today.

On sale Wednesday 3rd April 2024



FRESH Special

\$1 kg
Australian Kent Pumpkin



1/2 Price

\$2.75
ea

**SAVE
\$2.75**

Pringles Chips
118-134g



Collect
10x
points*

\$4.75
ea

**SAVE
\$4.75**

Peters Drumstick
475-490ml Pk 4-6
- Excludes Plant
Based
- From the Freezer



\$4.75
ea

**SAVE
\$4.75**

Old El Paso
Kits Premium
275-518g



\$25
ea

**WHILE
STOCKS
LAST**

Cold Power
Laundry Liquid
5.4 Litre
\$4.63 per litre



**5.4
Litre**

BIG brand VALUE

\$23
ea

**WHILE
STOCKS
LAST**

Quilton Toilet
Tissue Pk 48
27¢ per
100 sheets



**48¢
Per Roll**

*See page 9 for details.

WC030424/TAS1

Woolworths

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you want to go.

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Bakery

Deli

Fridge Specials

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Pantry

Health & Beauty

Household

Cleaning

For your Pet







Specials

\$1.40
ea

SAVE
\$1.40

Continental
Cup Soup
50-75g Pk 2

1/2
Price



\$10
ea

SAVE
\$10

BabyLove
Nappy
Pants
Pk 22-38

1/2
Price



\$4.25
ea

SAVE
\$4.25

Hong Kong
Kitchen
Dumplings
300-480g
– From the
Freezer

1/2
Price

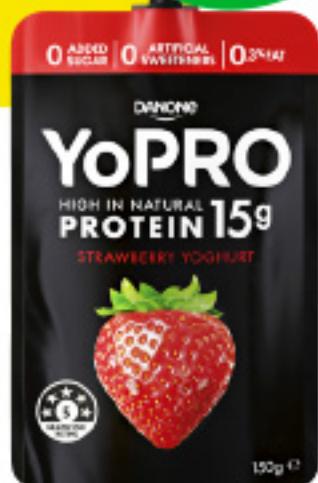


\$1.50
ea

SAVE
\$1.50

YoPRO High
Protein Yoghurt
Pouch 150g
– From the Fridge
\$1 per 100g

1/2
Price



\$19
ea

SAVE
\$12.85

Pepsi Max, Solo
Zero, Sunkist Zero
or MountainDew
24 x 375ml
\$2.11 per litre

80¢
Per Can

40%
off



Snacks, Pantry & Fridge

1/2 Price

\$2
ea

**SAVE
\$2**

Haribo 140-150g
or Swizzels 120g



\$2.25
ea

**SAVE
\$2.25**

Bhuja Mix 70-160g



\$2.50
ea

**SAVE
\$2.50**

French Fries 175g
\$1.43 per 100g



\$3.75
ea

**SAVE
\$3.75**

Jarrah Flavoured Coffee 210-250g



\$1.75
ea

**SAVE
\$1.75**

Chobani Flip
Yogurt 140g
– From the
Fridge
\$1.25 per 100g



\$3.15
ea

**SAVE
\$3.15**

Uncle Tobys Oats
Sachets 320-350g
Pk 8/10



\$3.50
ea

**SAVE
\$3.50**

Kellogg's Pop
Tarts 384g
91¢ per 100g



TAS - On sale from Wednesday 3rd April, 2024 until Tuesday 9th April, 2024, unless sold out earlier. Savings based on our regular sell price. Advertised savings may vary in some stores, as some products may already be priced below the regular sell price. Limits per customer may apply, trade not supplied. Products, Specials and Prices Dropped/Low Price may not be available at Woolworths Metro, Woolworths Online (including Everyday Market from Woolworths), Prospect Vale and Ulverstone and are not available through MILKRUN. Products and prices may not be available in all stores. While stocks last.

1/2 Price

\$1.90
ea**SAVE
\$1.95**Gatorade Sports Drink 600ml
or G-Active Flavoured Water
600ml
\$3.17 per litre**\$2.75**
ea**SAVE \$2.75**Mars Chocolate Biscuits 110g,
Mars Cream Centre Biscuits
132g, Mars Cookies 144-180g
or Fox's Chocolate Rounds
130g**\$3.90**
ea**SAVE
\$2.60**Kettle Chips 150-165g or
Kettle Native Chips 150g**\$1.35**
ea**SAVE 95¢**Sakata Rice Crackers 90-100g or
Sakata Wholegrain Rice
Crackers 90g**\$26.30**
ea**SAVE
\$17.60**Coca-Cola Classic or
Zero Sugar Soft Drink
Varieties 30 x 375ml
\$2.34 per litre88¢
Per Can**\$3**
ea**SAVE
\$2**Green's Premium
Pancake Shake
300g-325g**\$7.25**
ea**SAVE
\$4.85**Mother Energy
Drink 4 x 500ml
\$3.63 per litre**\$5.40**
ea**SAVE
\$3.60**Jordans Muesli,
Clusters or Granola
500-750g or Dorset
Granola 450g

Body & Cleaning

**BIG
brand
VALUE**

\$3.50
ea

**SAVE
\$3.50**

Bref Liquid Toilet Cleaner
600-700ml



**1/2
Price
Bref[¥]**

1/2 Price

\$33
ea

**SAVE
\$33**

Finish Ultimate Plus Material
Care Dishwasher
Tablets Pk 50
66¢ per ea



\$9
ea

**WHILE
STOCKS
LAST**

Viva Paper Towel Pk 8
\$1.88 per 100 sheets



**\$1.13
Per Roll**

\$10
ea

**WHILE
STOCKS
LAST**

Rexona 250ml Twin Pack



**\$2
Per 100ml**

\$18
ea

**WHILE
STOCKS
LAST**

Head & Shoulders Clean
and Balanced Shampoo and
Conditioner Twin 660ml x Pk 2



**\$1.36
Per 100ml**

\$25
ea

**WHILE
STOCKS
LAST**

Cold Power Advanced Clean
Laundry Liquid 5.4 litre



**\$4.63
Per Litre**

\$40
ea

**WHILE
STOCKS
LAST**

Finish Ultimate Pro
Dishwashing Tablets Pk 100



**40¢
Per ea**

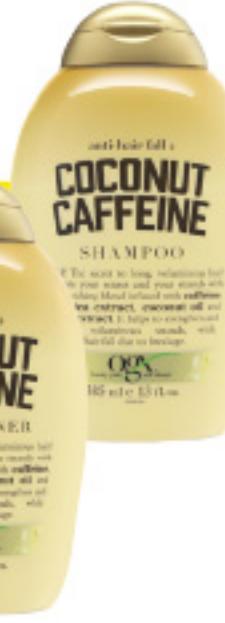
\$89
ea

**WHILE
STOCKS
LAST**

Oral-B iO Series 3
Electric Toothbrush



¥Excludes Prices Dropped and Low Price.

**BIG
brand
VALUE****1/2 Price****Swisse[®]****A****B****C****D****E****F****A** Swisse Ultiboost Magnesium Tablets Pk 200-**\$23 ea** **SAVE \$23** \$11.50 per 100 ea**B** Swisse Women's 50+ Multivitamin Tablets Pk 60-**\$20 ea** **SAVE \$20** \$33.33 per 100 ea**C** Swisse Men's 50+ Multivitamin Tablets Pk 60-**\$20 ea** **SAVE \$20** \$33.33 per 100 ea**D** Swisse Adult Probiotic & Prebiotic Gummies**Pk 45- \$15 ea** **SAVE \$15** \$33.33 per 100 ea**E** Swisse Ultiboost Calm + Sleep Gummies Pk 60-**\$15 ea** **SAVE \$15** \$25 per 100 ea**F** Swisse Apple Cider Vinegar + Fibre Gummies**Pk 45- \$15 ea** **SAVE \$15** \$33.33 per 100 ea**BIG
brand
VALUE****1/2 Price****\$4.25
ea****SAVE
\$4.25**Neutrogena Night
Cleansing
Wipes Pk 25
17¢ per ea**\$5.50
ea****SAVE
\$5.50**Johnson's Bedtime
Baby Bath 500ml
\$1.10 per 100ml**\$12.25
ea****SAVE
\$12.25**Aveeno Baby
Dermexa Moisturising
Cream 206g
\$5.95 per 100g**\$5
ea****SAVE
\$5**Listerine Total Care
Mouthwash 500ml
\$1 per 100ml**\$7.75
ea****SAVE
\$7.75**Aveeno Daily Moisturising
Body Lotion 354ml
\$2.19 per 100ml**\$11.50
ea****SAVE
\$11.50**OGX Shampoo
or Conditioner
385ml
\$2.99 per 100ml

Household

**BIG
brand
VALUE**

1/2 Price

\$6.25
ea

**SAVE
\$6.25**

Heat Beads Original 4 kg
16¢ per 100g



\$2.75
ea

**SAVE
\$2.75**

Compostic Large Freezer or
Storage Bags Pk 10
28¢ per ea



**1/2
Price**

all Decor Tellfresh,
Pantry Style &
Organise



- A** Decor Pantry Style & Organise Spice 310ml Pk 4 **\$8 ea SAVE \$8**
- B** Decor Pantry Style & Organise Square 710ml **\$4 ea SAVE \$4**



Collect
10x
points*



- C** Decor Tellfresh Storer Oblong 500ml Pk 3



- D** Decor Tellfresh Cupcake Storer Oblong **\$5.50 ea SAVE \$5.50**

\$2.45
ea

**SAVE
\$2.45**

Chux Original
Superwipes
Pk 10
25¢ per ea



\$3.75
ea

**SAVE
\$3.75**

Oates
Microfibre
Cloth Pk 4
94¢ per ea



\$2.55
ea

**SAVE
\$2.55**

Chux Dishwand
Handle Pk 1



\$1.50
ea

SAVE \$1.50

Vileda Glitz Non-
Scratch Foam Sponge
Scourer Pk 2
75¢ per ea



\$2.25
ea

**SAVE
\$2.25**

Dishmatic
Essentials Flower
Power Scrub
Scourer Pk 1



\$13.75
ea

**SAVE
\$13.75**

Energizer Max AA
Batteries Pk 16
86¢ per ea



**BIG
brand
VALUE**

1/2 Price

\$2.50
ea

**SAVE
\$2.50**

Armada BBQ
Foil Trays Small
Pk 4 or Medium
Trays Pk 3



\$4.25
ea

**SAVE
\$4.25**

Grillworx Push
Button Lighter
Pk 1



\$4.25
ea

**SAVE
\$4.25**

Bunnings Pine
Bark or Potting
Mix 25 Litre
17¢ per litre



\$7
ea

**SAVE
\$7**

Bunnings Fast Action
Path Weeder RTU or
1 Hour Fast Action Weed
Kill RTU 1 Litre
70¢ per 100ml



**30%
Off**
**Kambrook
& Breville[®]**

A



A Breville 2 Slice Sandwich Maker
\$41 ea SAVE \$18

B



B Kambrook 2 Slice Toaster
\$41 ea SAVE \$18

C



C Kambrook Kettle 1.7 Litre
\$41 ea SAVE \$18

\$3.90
ea

Jiffy Firelighters
Economy Pk 24
16¢ per ea

SAVE \$2.10



\$39
ea

**SAVE
\$13**

Tefal Cook Right
Black Frypan
32cm



\$54
ea

SAVE \$24

Mistral Digital
Air Fryer
4 Litre



Boost your Budget



Collect
10x
points*

Click to boost >

when you boost and shop
a participating product*

- 1 Boost online
- 2 Shop participating products*
- 3 Scan your Rewards Card



Herbert Adams
SINCE 1898



Boost your Budget

\$12.50
ea

**SAVE
\$4.30**

Primo Shortcut or Middle Bacon 750g
– From the Fridge
\$16.67 per kg



\$4.25
ea

**SAVE
\$4.25**

Dove Antiperspirant Deodorant 220-254ml



**1/2
Price**

**Collect
10x
points***

\$6
ea

**SAVE
\$1.50**

Perfect Italiano Parmesan Cheese 200-250g
– From the Fridge



**Collect
10x
points***

\$32.50
kg

**SAVE
\$4**
kg

\$3.25
Per 100g



**Collect
10x
points***

\$11.90
ea

**SAVE
\$5.10**

Dove Body Wash 1 Litre
\$1.19 per 100ml



**Collect
10x
points***

\$14
ea

**SAVE
\$4**

Supercoat Dry Dog Food 2.6-2.8 kg



**Collect
10x
points***

Helping you
spend less
on midweek
dinners.

**PRICES
DROPPED**
for Autumn

Range was \$4.50

27/2/24

\$4
ea

Heinz Steam Fresh
Vegetables 450g
– From the Freezer
\$8.89 per kg



Was \$12

27/2/24

\$10
ea

Woolworths Australian
Beef Stir Fry Heart
Smart 500g
\$20 per kg



Was \$4.50

19/3/24

\$4
pk



\$2
Per kg



TAS Dutch Cream
Potatoes 2 kg Pack

Was \$2.80

27/2/24

\$2.50
ea

Australian
Spring Onions



Was \$2.90

27/2/24

\$1.90
pk



TAS Brown Onions
1 kg Pack

\$1.90 per kg

Range was \$4.50

27/2/24

\$3.25
ea

Chang's
Sauce 280ml
\$1.16 per 100ml



Was \$3.30

27/2/24

\$2.20
pk



Woolworths Australian
Baby Rocket 120g
\$18.33 per kg



Was \$18

27/2/24

\$16.20
ea

Raw C
Organic Virgin
Coconut Oil 1.5 Litre
\$1.08 per 100ml



Shop online and have your groceries delivered to your door, woolworths.com.au

Helping you
spend less
on family
essentials.

**LOW
PRICE**
you can rely on



\$1.50
ea

Woolworths Salmon 95g
\$15.79 per kg



\$1.65
ea

Woolworths Thin Brown Rice Cakes Original 150g
\$1.10 per 100g



\$2
pk

Woolworths Australian Leafy Mix 120g Pack
\$16.67 per kg



\$2.20
ea

Woolworths Fruit Salad In Juice 125g x Pk 4
\$4.40 per kg



\$2.75
ea

Woolworths Original Popcorn Multipack 200g Pk 10
\$1.38 per 100g



\$3.30
ea

Woolworths Trail Mix 30g x Pk 6
\$18.33 per kg



\$7
ea

Woolworths Apricot Dried 500g
\$14 per kg



\$8
ea

Uncle Tobys Muesli Bars 469g Pk 15
\$1.71 per 100g



\$8
ea

Yoplait Yoghurt 12 x 100g – From the Fridge
67¢ per 100g



FRUIT & VEG

FRESH Specials

\$3.90
ea

Australian
Naturally
Sweet
Pineapple



\$2.90
kg

Australian William
Bartlett Pears



\$4.90
kg

Australian Red
Seedless Grapes



\$4.90
kg

Australian Kanzi® Apples



**PRICES
DROPPED**
for Autumn

Was \$3.50

27/2/24

\$2.50
pk

Woolworths Australian
Kids Mini Bananas,
Apples or Pears Pk 5

50¢
each



FRESH Specials

\$3.90
kg

Australian
Green Zucchini



\$5
pk

Australian
Avocados 5 Pack



\$2.50
pk

Australian
Tomberry Tomatoes
125g Pack
\$20 per kg



\$6.50
pk

Australian Cup or
Sliced Mushrooms
500g Pack
\$13 per kg



\$1
each



PRICES DROPPED
for Autumn

Was \$6.50
27/2/24

\$5.90
pk

Woolworths Chicken Caesar
Salad Bowl 180g, Green
Goodness Salad Bowl 240g,
Beetroot & Feta Salad Bowl
200g, Caesar Salad Kit 250g
or Asain Salad Kit 250g



FRESH MARKET UPDATE

Paul Turner, General Manager of Fruit and Veg.

Enjoy the best of autumn fruit and veg

Autumn is here, and with it comes new season Kanzi® apples and William Bartlett pears. Avocados are also in great supply, while brown onions and pumpkins are excellent quality right now.

[Discover more >](#)

The fresh food people

DELI

ADVERTISER PROMOTION



Bertocchi

A FAMILY TRADITION SINCE 1972

\$29
kg

Bertocchi
Sopressa Salami
- Mild or Hot
- Sliced
- From the Deli

**SAVE
\$8 kg**



\$50
kg

Noel Smoked
Spanish Jamon
Serrano 12 Month
- From the Deli

**SAVE
\$5 kg**



\$3.30
ea

**SAVE
40¢**



Chicken Breast
Schnitzel Varieties
- From the Deli

\$6.30
ea

**SAVE
\$1.60**



D'Orsogna
Quad Pack
Varieties 240-320g
- From the Fridge

\$4
ea

SAVE \$1.50



Only at
Woolworths

Strength Meals Co
Soup 400g
- From the Fridge
\$1 per 100g

\$4
ea

SAVE \$2.50

La Famiglia Garlic
Bread Slices 270g
- From the Fridge
\$1.48 per 100g

r
Collect
10x
points*



\$8
kg

**SAVE
\$1 kg**



Marinated Wing
Varieties with
Australian RSPCA
Approved Chicken
- From the Deli

**ANY 2
FOR \$14**

Don Salami
Varieties 200g
- From the Deli
\$3.50 per 100g

SAVE \$3



\$12
kg

**SAVE
\$5 kg**



D'Orsogna Middle
Bacon Rashers
- From the Deli

\$30
kg

**SAVE
\$6 kg**



D'Orsogna Premium
Australian Ham
off the Bone
- Sliced or Shaved
- From the Deli

*See page 9 for details.

Shop online and have your groceries delivered to your door, woolworths.com.au

WC030424/TAS15

MEAT & SEAFOOD

Back 

Helping you
spend less
on family
dinners.

10%
Off

all Woolworths
Australian Beef
Mince

\$5.75
ea

Woolworths
Australian Beef
Mince 500g
\$11.50 per kg

SAVE
75¢



\$9
ea

SAVE
\$1



\$9.75
ea

Woolworths
Australian
Beef Mince 1 kg
\$9.75 per kg

SAVE
\$1.25



\$13.95
ea

SAVE
\$1.55



\$6.50
ea

Woolworths Boneless
Kyv Varieties
700g with RSPCA
Approved Chicken
\$9.29 per kg

SAVE
\$3

**ANY 2
FOR \$11**

Woolworths Beef,
Pork or Chicken
Sausage or Chipolata
Varieties 600g
\$9.17 per kg

SAVE \$2



\$10
ea

Woolworths COOK
Chinese Style BBQ Pork
in Char Siu Sauce 560g
\$17.86 per kg

SAVE
\$5



\$7
ea

Woolworths COOK
Marinated Kebabs
375g with RSPCA
Approved Chicken
\$18.67 per kg

SAVE
\$1

\$33
kg

Thawed Jumbo
Cooked Australian
Tiger Prawns

SAVE
\$6 kg



\$40
kg

Fresh Tasmanian
Atlantic Salmon
Skin Off

SAVE
\$6 kg



MEAT



Award-winning
flavour for a
sizzling price.

\$9
ea

Woolworths Angus Beef & Caramelised Onion Sausages 450g
\$20 per kg



Shop online and have your groceries delivered to your door, woolworths.com.au

WC030424/TASI



Flavourful and boneless RSPCA Approved chicken.

Marinated and ready
for the oven or BBQ.

\$11
kg

Woolworths COOK
RSPCA Approved
Boneless Butterflied
Chicken Greek Style
– From the Meat Dept



The fresh food people

MEAT



The 20 minute speedy souvlaki.

Tender, marinated lamb
ready to heat and enjoy.

**ANY 2
FOR \$15**

\$25 per kg

Non-member price \$9 ea
\$30 per kg

Woolworths COOK Beef or Lamb
Strips 300g



Shop online and have your groceries delivered to your door, woolworths.com.au

WC030424/TAS19

MEAT

Back ◀

Slow cooked
for 6 hours,
enjoyed in
30 mins.



\$15.
ea

Woolworths COOK Slow Cooked
Pork Shoulder with BBQ Sauce 560g
\$26.79 per kg

Succulent Aussie pork
in a snap.



The fresh food people



Helping you spend less on lunches.

**LOW
PRICE**
you can rely on

\$2.90
ea

Bread Loaf
Varieties
650-700g#



\$2.85
ea

Bread Roll Varieties Pk 6#
- Excludes Jumbo
& Brioche Roll
Varieties
48¢ per ea



\$4.40
ea

Wonder White
Bread Loaf
Varieties 680-700g



\$4.70
pk

Woolworths
Muffins Pk 4-8



\$2.40
ea

Woolworths Wraps
360g Pk 8
67¢ per 100g



\$5
ea

Pane Di Casa
Loaf Varieties#



\$11
pk

Woolworths Mini Vanilla
Iced Cupcakes Pk 24
46¢ per ea



\$12.50
ea

Woolworths Lemon Curd or Cookies and
Cream Cheesecake Varieties 800g#
\$1.56 per 100g



*See page 9 for details. #Only available in stores with an in-store bakery.

Shop online and have your groceries delivered to your door, woolworths.com.au

BAKERY & GIFT CARDS

Back 

\$5 10
ea

SAVE
65¢

Woolworths Donut Varieties Pk 4
\$1.28 per ea



\$4 ea

SAVE
50¢

Simson's Pantry Mini Pizzas 240g
\$1.67 per 100g



\$4 50
pk

SAVE
\$1

Mission Mini Wraps 384g
\$1.17 per 100g



\$3 50
pk

SAVE
50¢



Large Butter Croissant Pk 4#
88¢ per ea

\$4 50
pk

SAVE
\$1

Abe's Bagels Pk 4
\$1.13 per ea



\$3 50
ea

SAVE
\$3.50

Mighty Soft Raisin Toast 600g
58¢ per 100g



1/2
Price

\$6 ea

SAVE
50¢



Anzac Biscuit, Funfetti or Choc Chip Cookies Pk 24#
25¢ per ea

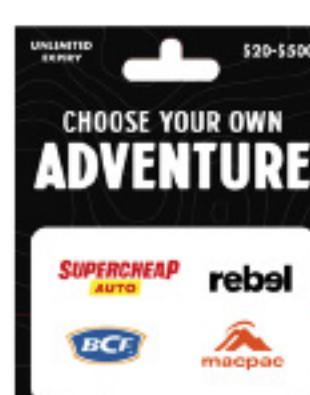
\$13 ea

SAVE
\$1

Woolworths Chocolate Chunk Cookie Pie 550g
\$2.36 per 100g



Collect
20x
points^

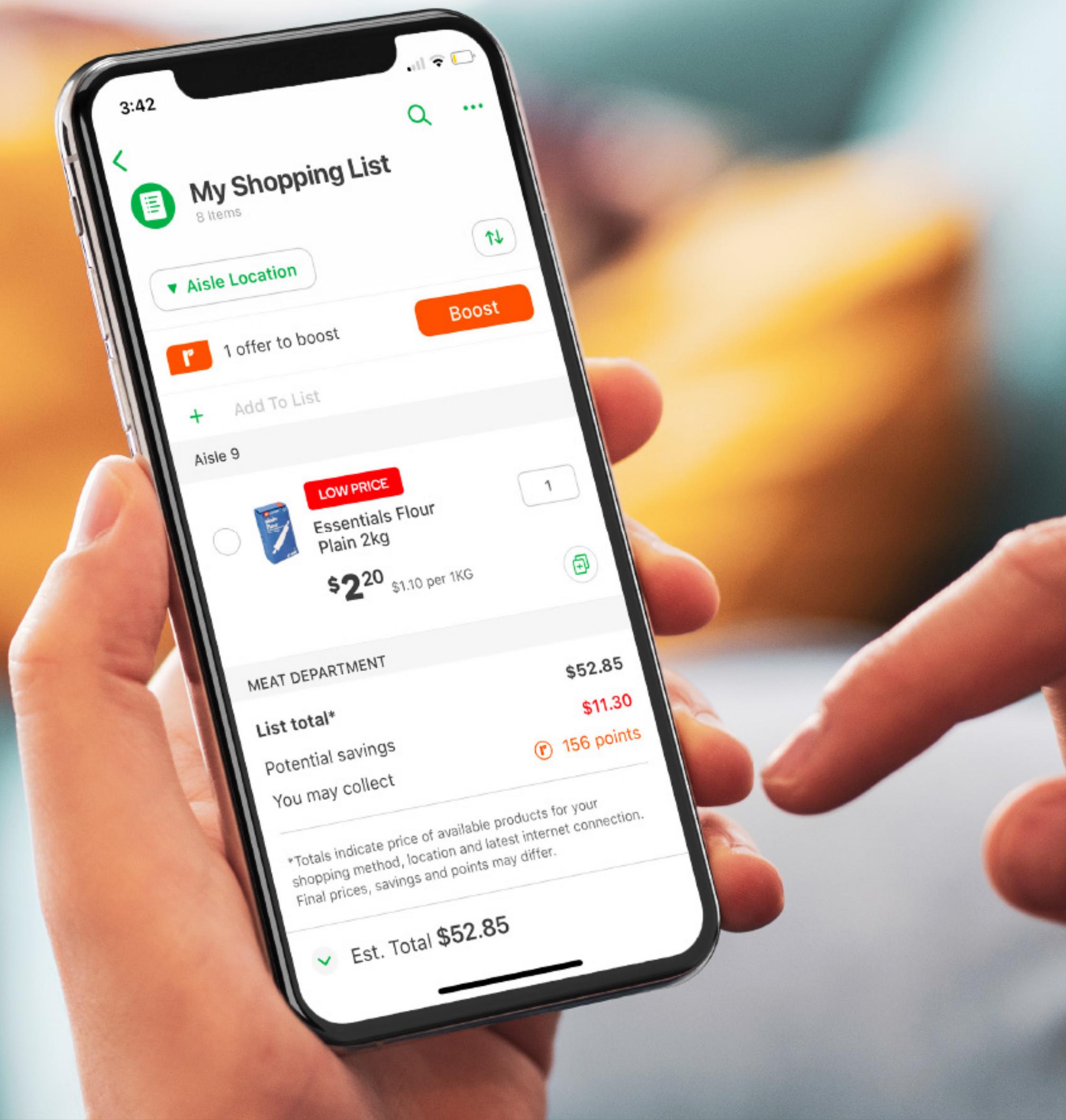


Earn 20x Everyday Rewards Points on rebel, Adventure, BCF or Supercheap Auto Gift Cards.

Refer to T&Cs^

#Only available in stores with an in-store bakery.

^Offer available from 3/4/24 to 9/4/24 on all denominations of gift cards listed, scan your Everyday Rewards Card to get 20x EDR in-store at Woolworths Supermarkets and Woolworths Metro only. Excludes Woolworths Online and MILKRUN. Refer to individual cards for terms and conditions. For cards with a fixed value, a limit of 10 cards per day per Rewards Member (can be done across multiple transactions). For Variable cards where you choose the amount to load, limit of 10 cards per day per Rewards Member in a single transaction. Reward Points \$30 = 600, \$50 = 1000, \$100 = 2000, Variable card \$1 = 20x points. While stocks last. Card images shown may vary.



Budget better with Lists

Check your estimated total by creating a List online or in the app. It's easy to stick to a budget.

[Create a List >](#)

Pricing and products shown are for illustrative purposes only.

App : Online : In store



Try free Direct to boot today*

Juggling life? Try Direct to boot, it's free, and you can pick up your shopping same day. Plus, enjoy \$15 off your first shop.*

[Find out more >](#)



**\$15
Off***

your first Direct
to boot shop*

Get your Woolies worth on budget friendly meals!



[For full recipe >](#)

Serving suggestion

Easy one pot Mexican style chicken & rice

\$8.50
ea

Australian Fresh RSPCA Approved Chicken Breast Stir Fry 500g – From the Meat Dept \$17 per kg

**SAVE
50¢**



\$2
ea

**SAVE
75¢**

Campbell's Real Stock Reduced Salt Chicken 500ml
40¢ per 100ml



\$3.60
ea

**SAVE
90¢**

SunRice Australian Medium Grain Rice 1 kg
36¢ per 100g



Collect
10x
points*

^Based on actual ingredient portion size used and standard shelf prices as at 2/1/24. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10. *See page 9 for details.

WC030424/TAS25

Get your Woolies worth on budget friendly meals!



[For full recipe >](#)

Serving suggestion

Italian-style burgers

\$2
pk

Woolworths
Australian
Baby Rocket
60g
\$33.33 per kg



\$7.70
ea

Woolworths
Mozzarella
Shredded 500g
– From the
Fridge
\$15.40 per kg



\$8.50
ea

Woolworths Beef
Burgers 540g Pk 6
– From the Meat Dept
\$15.74 per kg



^Based on actual ingredient portion size used and standard shelf prices as at 17/1/24. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10.

Fridge

\$5.60
ea

**SAVE
\$1.40**

Lemnos Haloumi
Cheese 180-200g



**\$4.50 each or
ANY 2
FOR \$7.50**

SAVE \$1.50

Chris' Homestyle
Dips 200g
\$1.88 per 100g



\$4.50
ea

Duck River
Butter 250g
\$1.80 per 100g

**SAVE
70¢**



\$6.20
ea

**SAVE
\$2.50**

Mersey Valley
Cheese 180g
– From the Deli
\$34.44 per kg



\$7.90
ea

Mon Ami
Le Fromager 300g
– From the Deli
\$26.33 per kg

**SAVE
\$1**



\$4.80
ea

Lurpak
Spreadable 250g
\$1.92 per 100g

**SAVE
70¢**



\$3
ea

**SAVE
85¢**

Boss Coffee
Iced 237ml
\$12.66 per litre



\$7.50
ea

Flora ProActiv
Spread 500g
\$1.50 per 100g

**SAVE
\$2.50**



**PRICES
DROPPED
for Autumn**

Range was \$7
27/2/24

\$6
ea

Mainland On
the Go Cheese
and Crackers
120g Pk 4
\$50 per kg



Was \$10.50
27/2/24

\$9.45
ea

Jarlsberg
Block 250g
– From the Deli
\$37.80 per kg



\$6.30
ea

**SAVE
\$1.60**

Gippsland Dairy
Twist Yogurt 700g
– From the Fridge
90¢ per 100g



\$7.50
ea

**SAVE
\$2**

Biscoff Ice Cream
Sticks 270ml Pk 3
– From the Freezer
\$2.78 per 100ml



Only at


\$1.50
ea

**40%
Off**

**SAVE
\$1.20**

Tasmania's
Westhaven
Yoghurt Pots 200g
– From the Fridge
75¢ per 100g



\$4.25
ea

**SAVE
\$4.25**

Proud &
Punch Sticks
420-450g Pk 6
– From the
Freezer

\$5.30
ea

**SAVE
\$2.20**

Remedy
Kombucha 750ml
– From the Fridge
\$7.07 per litre



\$7
ea

**SAVE
\$2**



\$4.10
ea

**SAVE
\$1.05**

Dare Iced Coffee 750ml
– From the Fridge
\$5.47 per litre



\$8
ea

**SAVE
\$2**



**PRICES
DROPPED**
for Autumn

Was **\$8**
27/2/24

\$5
ea

Plantein Plant-Based
Garlic Klefs 300g
– From the Fridge
\$1.67 per 100g



Range was **\$4**
27/2/24

\$3.50
ea

Chris' Homestyle
Dip & Spread
3 x 60g
– Excludes
Hummus
– From the Fridge
\$1.94 per 100g



Freezer

\$4.60
ea

**SAVE
\$1.20**

Birds Eye Golden
Crunch Chips 900g
\$5.11 per kg



\$7
ea

**SAVE
\$2**

McCain Pizza
Slices 600g
\$1.17 per 100g



\$6.60
ea

**SAVE
\$4.40**

McCain
Rustica Pizza
335-445g



\$4.80
ea

**SAVE
\$1.20**



\$7.50
ea

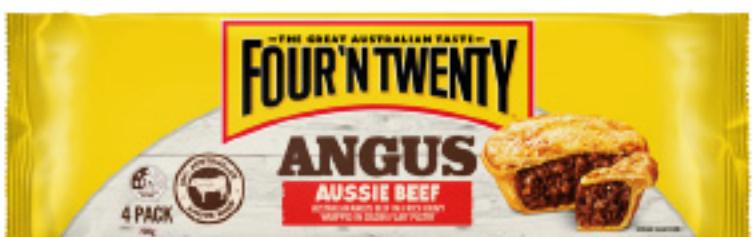
**SAVE
\$1.50**



\$7.20
ea

**SAVE
\$4.80**

Four N Twenty
Angus Pies 700g
\$1.03 per 100g



\$10.80
ea

**SAVE
\$2.70**

Steggles Chicken
Nuggets, Tenders
or Alphabites 1kg
\$10.80 per kg



\$18.15
ea

**SAVE
\$4.55**

Just Cook
Gyoza or Prawn
Hargow 1kg
\$1.82 per 100g



**PRICES
DROPPED
for Autumn**

Range was **\$7.50**

27/2/24

\$6.50
ea

McCain
Plated Dinner
Meals 320g
\$2.03 per 100g



Range was **\$14**

27/2/24

\$13
ea

Just Caught
Crumbed or
Battered Frozen
Seafood 500-800g
- Excludes Just
Caught Crunchy
Battered Whiting
Fillets 800g



Perfect for Ramadan



\$20
kg

Dates Medjool Loose
– Product of USA &
Mexico



\$7.75
ea

**SAVE
\$7.75**

V Energy Drink
4 x 500ml
\$3.88 per litre

**1/2
Price**

\$2.25
ea

**SAVE
\$2.25**

Bhuja Mix 70-160g

**1/2
Price**



\$6.50
ea

**SAVE
\$2.50**

Dr Oetker Ristorante
Pizza 310-390g
– Excludes Gluten Free
– From the Freezer



\$95
pk

Dates Medjool 5 kg Box
\$19 per kg

5 kg



\$8
ea

**SAVE
\$4.50**

Woolworths
Australian
Walnuts
Natural 500g
\$16 per kg



\$20
ea

**SAVE
\$6**

Bertolli Extra Virgin
Olive Oil 750ml
\$2.67 per 100ml



Drinks & Snacks

ADVERTISER PROMOTION



THE EQUIVALENT OF A GLASS AND A HALF OF FULL CREAM MILK IN EVERY 200g OF CADBURY DREAM WHITE CHOCOLATE. MARVELLOUS CREATIONS AND ASSOCIATED MARKS, THE GLASS AND A HALF DEVICE AND THE COLOUR PURPLE ARE TRADE MARKS USED UNDER LICENCE.

\$4.50
ea

**SAVE
\$1.50**

Cadbury Dairy Milk, Marvellous Creations or Bubbly Blocks 160-190g

New
flavour



\$1.65
ea

**SAVE
\$1.65**

Sunbites Crackers 105-110g



**1/2
Price**

\$8.95
ea

**SAVE
\$8.95**



**1/2
Price**

**90¢
Per can**

\$5.20
ea

**SAVE
\$1.55**



Bundaberg Ginger Beer Mini Cans 6 x 200ml
\$4.33 per litre

\$3
ea

**SAVE
\$1**

H2Coco Pure Coconut Water 1 Litre
\$3 per litre



\$4.40
ea

**SAVE
\$1.60**

Kinder Sharepack 200g Pk 16
\$2.20 per 100g



\$5.50
ea

**SAVE
\$2**

L'OR Espresso Capsules Pk 10
55¢ per ea



\$18
ea

**SAVE
\$8**

Nescafe Blend 43 Coffee 500g
\$3.60 per 100g



\$19
ea

**SAVE
\$9**

Nescafe Gold Original Coffee 400g
\$4.75 per 100g



\$5.50
ea

**SAVE
\$1.40**

Fibre One
100-120g
Pk 4/5



\$6.50
ea

**SAVE
\$2.50**

Kellogg's Coco
Pops Chex 500g
or Kellogg's
Nutri-Grain 470g



\$3.50
ea

Kellogg's LCMs or
Nutri-Grain Bars
100-110g Pk 5

**SAVE
\$1**



\$4.40
ea

**SAVE
\$1.10**



\$5.50
ea

Kellogg's K-Time
Twists 185g Pk 5
\$2.38 per 100g

**SAVE
\$1.40**



\$3
ea

**SAVE
\$2**

Green's
Temptations
or Gluten Free
Baking Mixes
350-630g



\$3.30
ea

**SAVE
\$2.20**

Bega Simply
Nuts Peanut
Butter 325g
\$1.02 per 100g



\$19.55
ea

**SAVE
\$8.40**

Nutra Organics
Kids Varieties
125g
– From the
Health
Food Aisle
\$15.64 per 100g



**LOW
PRICE**
you can rely on

\$3.95
ea



Indomie Noodles
400-425g Pk 5

\$6.90
ea

Kellogg's Corn
Flakes 890g
78¢ per 100g



Only at



The fresh food people

Pantry & Drinks

1/2 Price

\$1.50
ea

**SAVE
\$1.50**

Continental
Pasta Side
Dish 85-105g



\$2.25
ea

**SAVE
\$2.25**

Australian Organic
Food Co Pouch
Soup 330g
68¢ per 100g



\$2.25
ea

**SAVE
\$2.25**

Campbell's
Real Stock 1 Litre
23¢ per 100ml



\$4.25
ea

**SAVE
\$4.25**

Old El Paso
Standard Kits
360-520g



\$7
ea

**SAVE
\$7**

Plumrose Leg
Ham 450g
\$15.56 per kg



\$12
ea

**SAVE
\$12**

SunRice Jasmine
Fragrant Rice 5 kg
24¢ per 100g



Collect
10x
points*

PRICES DROPPED for Autumn

Was \$5
27/2/24

\$4.50
ea

Di Leo Savoardi
Sponge Fingers 400g
\$1.13 per 100g



Range was \$10
27/2/24

\$5
ea

Vittoria
Espressotoria
Capsules Pk 12
42¢ per ea



Range was \$9.05
27/2/24

\$6.30
ea

Coca-Cola
Classic, Zero
Sugar or Diet
Soft Drink
Varieties or
Mount Franklin
Lightly Sparkling
6 x 250ml
\$4.20 per litre



Range was \$4.80
27/2/24

\$3
ea

Doritos Corn
Chips 170g
\$1.76 per 100g



*See page 9 for details.

Shop online and have your groceries delivered to your door, woolworths.com.au

\$1.30
ea

**SAVE
\$1.30**

Greenseas
Tuna 95g
\$13.68 per kg



1/2
Price

\$2.30
ea

**SAVE
65¢**

San Remo
Pasta 375-500g



\$2.80
ea

**SAVE
70¢**

Heinz Baked
Beans or Spaghetti
535-555g



\$3.20
ea

**SAVE
80¢**

Obento Yaki
Nori Sushi 10
Sheets 25g
\$12.80 per 100g



\$4
ea

**SAVE
\$1.50**

Patak's Simmer
Sauce 450g
89¢ per 100g



\$4
ea

**SAVE
\$1**

S&B Golden
Curry Mix 92g
\$4.35 per 100g



\$4.30
ea

**SAVE
\$1.20**

Kewpie Mayonnaise
300g
\$1.43 per 100g



\$6.80
ea

**SAVE
\$1.70**

Marion's Meal
Kits 300-475g



**PRICES
DROPPED
for Autumn**

Range was **\$3.50**
27/2/24

\$3
ea



Safcol Tuna
Pouch 160g
\$18.75 per kg

Was **\$6**
27/2/24

\$5.40
ea

Praise Mayonnaise
Traditional Creamy
700g
77¢ per 100g



Body & Baby

1/2 Price

Hand Wash^Δ



A



B



C



D



E



F

A Glow Lab Hand Wash Refill 900ml

\$9 ea SAVE \$9 \$1 per 100ml

B Sukin Hand Wash 500ml

\$4.95 ea SAVE \$4.95 99¢ per 100ml

C Palmolive Foaming Hand Wash 250ml

\$2 ea SAVE \$2 80¢ per 100ml

D Thankyou Hand Wash 500ml

\$5.45 ea SAVE \$5.50 \$1.09 per 100ml

E Dettol Australian Heartland Collection Hand Wash Refill 1 Litre

\$8 ea SAVE \$8 80¢ per 100ml

F Bosisto's Hand Wash Refill 1 Litre

\$7.50 ea SAVE \$7.50 75¢ per 100ml

\$20 ea

**SAVE
\$5**

Nestle NAN Optipro Stage 3 Baby Formula 800g
– Limit of 2 per Customer
\$2.50 per 100g



\$1.60 each or

ANY 5 FOR \$7

SAVE \$1

Macro Organic Baby Food Pouch 120g
\$1.17 per 100g



30% Off

Baby Toiletries[†]



A



B



C



D

A QV Baby Moisturising Cream 500g

\$17.50 ea SAVE \$7.50 \$3.50 per 100g

B Gaia Baby Hair & Body Wash 500ml

\$11.90 ea SAVE \$5.10 \$2.38 per 100ml

C Cetaphil Baby Calendula Wash & Shampoo 400ml

\$11.70 ea SAVE \$7.80 \$2.93 per 100ml

D Bunjie Baby Top To Toe Wash 500ml

\$14 ea SAVE \$6 \$2.80 per 100ml

ΔExcludes Freshwater Farm Lemon Myrtle Oil & Manuka Honey Hand Wash 500ml, Dettol Antibacterial Foam Hand Wash Refill 900ml, BX Earth Hand Wash 300ml, Mont Lure Liquid Soap 500ml, Palmolive Foaming Liquid Hand Wash Antibacterial Soap Refill 500ml, Palmolive Liquid Hand Wash Soap Refill 1 Litre, Palmolive Hand Wash Antibacterial Pump 250ml, Palmolive Foaming Liquid Hand Wash Soap Refill 1 Litre, Palmolive Luminous Oil Liquid Hand Wash Pump Rosewood & Jasmine 500ml, Palmolive Kids Foaming Liquid Hand Wash Bluey 250ml, Prices Dropped, Low Price and products marked in store as clearance items. †Excludes Prices Dropped, Low Price and products marked in-store as clearance items.

1/2 Price

Schwarzkopf[#]



A Schwarzkopf Extra Care Shampoo or Conditioner 400ml

\$4.50 ea SAVE \$4.50 \$1.13 per 100ml

B Schwarzkopf Got2b Glued Hairspray 300ml

\$8.50 ea SAVE \$8.50 \$2.83 per 100ml

C Schwarzkopf Extra Care Daily Oil Elixir 100ml

\$8.50 ea SAVE \$8.50 \$8.50 per 100ml

D Schwarzkopf Brilliance Hair Colour

\$11 ea SAVE \$11

\$14.50
ea

**SAVE
\$14.50**

**1/2
Price**

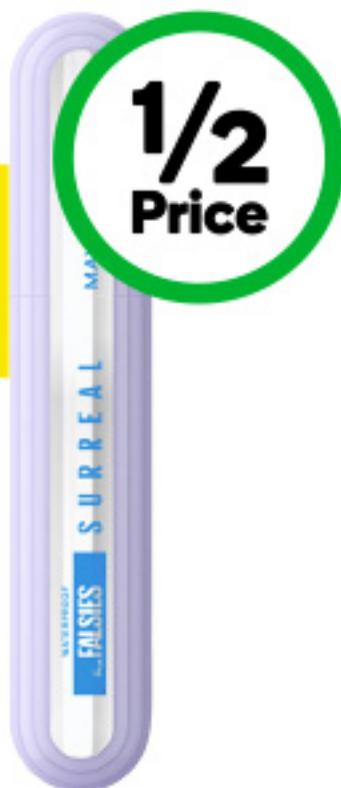


Dynamo
Professional
Laundry Liquid
2 Litre
\$7.25 per litre

\$14
ea

**SAVE
\$14**

**1/2
Price**



Maybelline The Falsies
Surreal Waterproof
Mascara 10ml
\$14 per 10ml

\$3.50
ea

**SAVE
\$3.50**

**1/2
Price**



Garnier Hydra
Bomb Tissue
Face Mask Pk 1
\$3.50 per ea

\$4.75
ea

**SAVE
\$4.75**

**1/2
Price**



Morning Fresh
Dishwashing
Liquid 900ml
53¢ per 100ml

\$28
ea

**SAVE
\$12**



Metamucil Fibre
Gummies for
Digestive Health
Pk 72-
39¢ per ea

\$29.30
ea

**SAVE
\$12.60**



Metamucil Smooth
Fibre Powder
114 Doses 673g-
\$4.35 per 100g

ADVERTISER PROMOTION

Meta MUCIL
PSYLLIUM FIBRE SUPPLEMENT

Daily 4-in-1 Multi-Health Fibre

Always read the label and follow the directions for use.

30% Off
Metamucil⁺

Daily Cleanser:

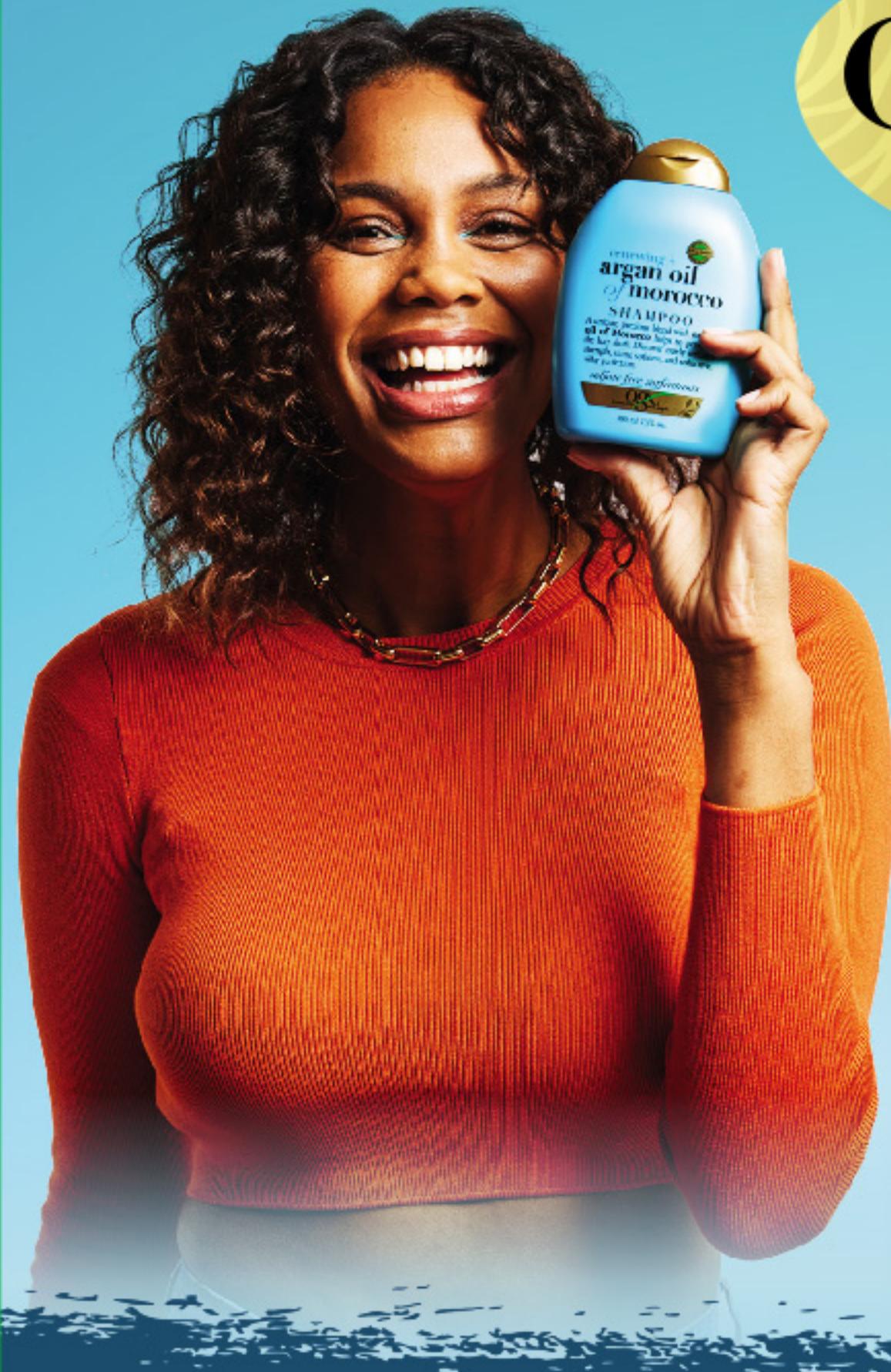
- ✓ Supports Gut Health
- ✓ Aids Regularity
- ✓ Traps Cholesterol
- ✓ Traps Sugars



Hair Care

ADVERTISER PROMOTION

EXPERIENCE THE #1 ARGAN HAIRCARE BRAND*



renewing⁺
argan oil
of morocco

Routine for
DRY, DAMAGED HAIR
A powerful blend that revives hair,
proven to restore strength & shine



1

SULPHATE-FREE
SURFACTANT SHAMPOO



2

REPAIRING
CONDITIONER



3

DEEP CONDITIONING
MASK



4

LEAVE-IN OIL
TREATMENT

*Source: Circana, Total Argan Haircare products, ANZ Grocery Pharmacy, Units (000s), MAT to 05/11/2023

\$11.50
ea

**SAVE
\$11.50**

OGX Shampoo
or Conditioner
385ml
\$2.99 per 100ml

**1/2
Price**



\$12.50
ea

**SAVE
\$12.50**

OGX Hair Mask
300g
\$4.17 per 100g

**1/2
Price**



\$15
ea

**SAVE
\$15**

OGX Hair Oil
Treatment 100ml
\$15 per 100ml

**1/2
Price**



Shop online and have your groceries delivered to your door, woolworths.com.au



 nutra
organics®

Easy nutrition
for everyday
wellbeing



Natural, easy & delicious
daily nutrition to nourish
the whole family

\$11.85
ea

**SAVE
\$5.10**

Nutra Organics
Gelatin Unflavoured
150g – From the
Health Food Aisle
\$7.90 per 100g



\$15.35
ea

**SAVE
\$6.60**

Nutra Organics
Gutsy Gummies
150g – From the
Health Food Aisle
\$10.23 per 100g



\$16.65
ea

**SAVE
\$7.30**

Nutra Organics
Bone Broth
190g – From the
Health Food Aisle
\$8.76 per 100g



\$18.85
ea

**SAVE
\$8.10**

Nutra Organics
Collagen 120g
– From the
Health Food Aisle
\$15.71 per 100g



\$20.95
ea

**SAVE
\$9**

Nutra Organics
Thriving Family
Varieties 240g
– From the
Health Food Aisle
\$8.73 per 100g



\$26.55
ea

**SAVE
\$11.40**

Nutra Organics
Daily Greens
and Reds 150g
– From the
Health Food
Aisle
\$17.70 per 100g



 everyday
market
from Woolworths



Spend smarter
on every shop.

[Shop now](#)

Spend \$100
or more

Collect
2000
points

*T&Cs and exclusions apply.

\$19
ea

**SAVE
\$10.95**

Queling Ultra Soft
Waffle Textured Extra
Large Cotton Bath
Sheet 90 x 180cm



Over
35%
Off

\$49
ea

**SAVE
\$20.95**

Nelio Stackable
Wardrobe Organiser
Storage Boxes Pack
Pk 5 – Medium

Over
25%
Off



\$249
ea

**SAVE
\$66**

Ionmax ION610
6 Litre Desiccant
Dehumidifier

Over
20%
Off



\$55
ea

SAVE \$24

30%
Off



\$39
ea

SAVE \$20.95

Over
30%
Off

Accesorize 1900TC
Cotton Rich Sheet
Sets – King



\$60
ea

**SAVE
\$29.95**

Natio Diffuser &
Essential Oils Set

Over
30%
Off



\$89
ea

SAVE \$20

Sheridan Quilt
Cover Set – Queen



ADVERTISER PROMOTION

LISTERINE

**KILLS BAD BREATH GERMS
WITH A FRESH TWIST**



ZERO ALCOHOL. MILD TASTE.

\$4
ea

**SAVE
\$4**

Listerine Fresh & Clean 500ml
80¢ per 100ml



**1/2
Price**

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The fresh food people

Mobile

\$79
ea

**SAVE
\$20**

Optus X Sight 3#

Features:

- 6" display
- 5MP camera
- 3000mAh battery
- Android 13 Go



\$229
ea

**SAVE
\$20**

Optus Oppo A58#

Features:

- 6.72" FHD display
- 50MP + 2MP main camera
- 5000mAh battery
- Android 13



\$12
ea

**SAVE
\$23**

Optus \$35 Starter Kit#

Includes:

- Get 60GB data on 1st recharge (40GB + 20GB bonus)
- Activate by 3/6/23
- Unlimited standard talk & text within Australia
- Rollover up to 200GB – 28-day expiry



\$149
ea

**SAVE
\$30**

Telstra Nokia C22#

Features:

- 6.51" HD+ display
- Front camera 8MP
- Rear camera 13MP (Wide) + 2MP (Macro)



\$17
ea

**SAVE
\$18**

Belong \$35

Voice SIM-

Includes:

- Month-month plan
- Data gifting between Belong customers



\$199
ea

**SAVE
\$30**

Telstra Oppo A38#

Features:

- 6.56" LCD display
- Front camera 5MP
- Rear camera 50MP (main) + QVGA (assistive)



10% off new 5G SIM Only plans? Great call.

**everyday
mobile**
from Woolworths

\$36
a month*

55GB

\$45
a month*

95GB

\$54
a month*

150GB

*T&Cs apply. Offer only available to new SIM Only plan customers who sign up to a \$40, \$50 or \$60 SIM Only plan and link their Everyday Rewards Card. Offer ends 30/6/24 11.59pm AEDT.

Pick a plan >

WC030424/TAS41

#Optus \$35 SIM, Optus X Sight 3 & Oppo A58 offers end 30/4/24. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier. Free \$35 Prepaid SIM: Included \$35 SIM for activation on available \$35 plans only. New services only. See optus.com.au/prepaidplans for full plan details. \$35 SIM Starter Kit: Includes \$35 recharge. Activate by 3/6/24 to receive bonus 20GB for first 28 days only (does not roll over). New services only. Ongoing recharges revert to standard price and data inclusions (40GB on 2nd/3rd recharge, then 20GB). See optus.com.au/prepaidplans for full T&Cs. Data Rollover: Accrue up to 200GB when you recharge before expiry. Coverage varies, see optus.com.au/coverage. Compatibility: To use SIM, device must be compatible with the Optus Network see optus.com.au/compatibility. Devices are network locked. For unlocking fees see optus.com.au/unlock. All for use in AUS. Fair Go Policy applies. \$THINGS YOU NEED TO KNOW. Manufactured by Nokia. Speed capping: 4G download speeds will be capped at 150Mbps on most plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified

\$6.50
ea

**SAVE
\$3**

My Dog Wet Dog Food Pk 6 x 100g
\$1.08 per 100g



\$16
ea

**SAVE
\$4**

Purina One Dry Cat Food 1.4-1.5 kg



\$140
ea

Ultimates Wet Cat Food 85g
\$1.65 per 100g

**SAVE
60¢**



\$4.50
ea

**SAVE
\$2**

Whiskas Dry Cat Food 800g
56¢ per 100g



\$12.50
ea

**SAVE
\$5.50**

Supercoat Dry Dog Food 2.6-2.8 kg



\$5
ea

**SAVE
\$2.50**

Schmackos Strapz Dog Treats 200g
\$2.50 per 100g



\$140
ea

**SAVE
40¢**

Optimum Wet Dog Food 100g
\$1.40 per 100g



\$5.65
ea

**SAVE
\$2.15**

4 Legs Meatballs 870g
65¢ per 100g



From
the Pet
Food
Chiller

**PRICES
DROPPED
for Autumn**

Range was \$24
27/2/24

\$21.50
ea

Optimum Dry Cat Food 2 kg
\$1.08 per 100g



Was \$11
27/2/24

\$9.50
ea

Premi-Yum Free Range Chicken Mince 2 kg
48¢ per 100g



From
the Pet
Food
Chiller



NEW FLAVES, GREAT SAVES.

Find me chill'n
at your local.

6 CANS
\$19

Young Henrys
Classic Crisp Mid
Cans | 6x375ml

6 CANS
\$23

Young Henrys
Classic Premium Lager
Cans | 6x375ml

CASE
\$56

Victoria Bitter
Low Carb
Bottles | 24x375ml

CASE
\$67

Victoria Bitter
Xtra 6%
Bottles | 24x375ml



Wine

750ML
\$8



**WAS
\$10**
30/01/24

SUPER SAVERS

750ML
\$15



**WAS
\$21**
30/01/24

SUPER SAVERS

750ML
\$14



**SAVE
\$4**

5 LITRE
\$15



**SAVE
\$1**

Jacob's Creek
Classic
750ml

Cat Amongst The Pigeons
Shiraz
750ml

South Island
White Mist
750ml

Willow Brook
Cask | 5 Litre

Wine

750ML
\$20



**SAVE
\$5**

Peter Lehmann
The Barossan
750ml

750ML
\$32



**SAVE
\$6**

Josef Chromy
Sparkling NV
750ml

700ML
\$49



**SAVE
\$8**

Bacardi Rum
700ml

700ML
\$53



**SAVE
\$11**

Wild Turkey
Kentucky Bourbon Whiskey
700ml

WC030424/TAS/LHP/R2

To see full terms and conditions,
visit: bws.com.au

Available in TAS from Wednesday 3 April until Tuesday 9 April 2024 unless sold out prior.

Beer

**6 CANS
\$18**

**SAVE
\$3.50**



Mountain GOAT
Very Enjoyable Beer
Cans | 6x375ml

**6 CANS
\$27**

**SAVE
\$4**



Great Northern
Ginger Beer
Cans | 6x375ml

**CASE
\$47**



Better Beer
Middy Lager
Cans | 24x355ml

**CASE
\$54**

**SAVE
\$8**



Sapporo
Premium Lager
Bottles | 24x355ml

Premix

**10 CANS
\$48**

**Member
Price
\$56
NON
MEMBERS**



Bundaberg
Rum & Cola
Cans | 10x375ml

**6 CANS
\$29**

**SAVE
\$5**



Canadian Club
Soda & Lime
Cans | 6x375ml

**10 CANS
\$39**

**SAVE
\$6**



Nelson County
Bourbon & Cola 4.6%
Cans | 10x375ml

**10 CANS
\$51**

**SAVE
\$17**



Jameson
Smooth Dry & Lime 6.3%
Cans | 10x375ml

Spirits

**700ML
\$55**

**SAVE
\$11**



Sierra Tequila
Silver
700ml

**700ML
\$59**

**SAVE
\$10**



Mr. Black
Cold Brew Coffee Liqueur
700ml

**1 LITRE
\$60**

**SAVE
\$16**



Grant's
Scotch Whisky
1 Litre

**700ML
\$90**

**SAVE
\$13**



Patron
Silver
700ml

