

On sale Wednesday 30th October 2024



health & beauty Spring



A



B



C



D



E



F



G



H

A Ostelin Vitamin D 1000IU D3 Capsules Pk 130*
\$13.90 ea [**\$10.69 per 100 ea**] **SAVE \$13.95**

B Swisse Ultivite Women's Multivitamin Tablets Pk 100*
\$29.75 ea [**\$29.75 per 100 ea**] **SAVE \$29.75**

C Cenovis Once Daily Women's Multivitamin Caplets Pk 50*
\$8.90 ea [**\$17.80 per 100 ea**] **SAVE \$8.95**

D Nature's Way Women's Multivitamin Vita Gummies Pk 100*
\$12 ea [**\$12 per 100 ea**] **SAVE \$12**

E Nature's Way Hair Skin Nails Vita Gummies Pk 60*
\$12 ea [**\$20 per 100 ea**] **SAVE \$12**

F Blackmores Multivitamins for Women Pk 60*
\$15 ea [**\$25 per 100 ea**] **SAVE \$15**

G Nature's Way High Strength Women's 50+ Multivitamin Gummies Pk 60*
\$15 ea [**\$25 per 100 ea**] **SAVE \$15**

H Nature's Way Hair, Scalp, Skin & Nails Vitamins Pk 60*
\$15 ea [**\$25 per 100 ea**] **SAVE \$15**

~Excludes Swisse Smart Melts, Nature's Way Fish Oil, Nature's Way Krill Oil, Nature's Way Triple Strength Omega, JS Health, Berocca Pk 15, Berocca Pk 45, Vital Collagen, Cenovis Tumeric, Cenovis Ginko Biboba, Wakey Wakey Caffeine Plus, Goli, Lifespace Broad Spectrum Probiotic, Coco Health, Prices Dropped, Everyday Low Price, Lower Shelf Price and products marked in store as clearance items. *Always read the label and follow directions for use.

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A Voost Magnesium Effervescent Tablets Pk 40*
\$10 ea [25¢ per ea] **SAVE \$10**

B Blackmores Glucosamine Sulfate 1500mg Tablets Pk 150*
\$24 ea [\$16 per 100 ea] **SAVE \$24**

C Nature's Way Kids Vita Gummies Multi-Vitamin Pk 120*
\$15 ea [\$12.50 per 100 ea] **SAVE \$15**

D Blackmores Omega Mini Double Concentrate Pk 400*
\$35 ea [\$8.75 per 100 ea] **SAVE \$35**

E Ostelin Vitamin D & Calcium Chewable Tablets Pk 60*
\$8.75 ea [\$14.58 per 100 ea] **SAVE \$8.80**

F Cenovis Sugarless C 500mg Chewable Tablets Pk 160*
\$7.25 ea [\$4.53 per 100 ea] **SAVE \$7.25**

G Centrum Advance Adults Tablets Pk 120*
\$13.50 ea [\$11.25 per 100 ea] **SAVE \$13.50**

H Swisse Ultivite Men's 50+ Multivitamins Tablets Pk 60*
\$22.50 ea [\$37.50 per 100 ea] **SAVE \$22.50**

~Excludes Swisse Smart Melts, Nature's Way Fish Oil, Nature's Way Krill Oil, Nature's Way Triple Strength Omega, JS Health, Berocca Pk 15, Berocca Pk 45, Vital Collagen, Cenovis Tumeric, Cenovis Ginko Biboba, Wakey Wakey Caffeine Plus, Goli, Lifespace Broad Spectrum Probiotic, Coco Health, Prices Dropped, Everyday Low Price, Lower Shelf Price and products marked in store as clearance items. *Always read the label and follow directions for use.

ADVERTISER PROMOTION



\$30,000
VISA e-GIFT CARD

3 TO BE WON
T&Cs apply

*PRIZES ARE AWARDED AS TRUE REWARDS DIGITAL GIFT CARDS. PROMOTION STARTS ON 16.10.2024 AND ENDS ON 12.11.2024.

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DAILY DRAW
\$400
THE ICONIC
e-Gift Card
to be won

BUY



Purchase any 3
U by Kotex® products

SCAN



ENTER



\$2⁵⁰
ea

16¢ per ea

U by Kotex Tampons Pk 16*

SAVE \$2.50



\$2⁵⁰
ea

SAVE \$2.50

18¢ per ea

U by Kotex Teen
Ultrathins Pads Pk 14



\$2⁵⁰
ea

SAVE \$2.50

18¢ per ea

U by Kotex
Ultrathins
Regular Pads
Pk 14



\$2⁵⁰
ea

SAVE \$2.50

21¢ per ea

U by Kotex
Ultrathins Super
Pads Pk 12



\$2⁵⁰
ea

SAVE \$2.50

31¢ per ea

U by Kotex Extra
Overnight Pads Pk 8



\$9^{ea}
SAVE \$9

\$4.50 per 100ml
Surf Life Saving Sport
Sunscreen SPF50+ 200ml#



\$2⁷⁵
SAVE \$2.75

\$2.75 per ea
Surf Life Saving Aloe
Vera & Coconut
Lip Balm SPF30 Pk 1#



\$11^{ea}
SAVE \$11

\$10 per 100g
Surf Life Saving Natural
Mineral Face Sheer Liquid Zinc
Sunscreen SPF50 110g#



\$12⁵⁰
SAVE \$12.50

\$7.81 per 100g
Surf Life Saving Kids Whipped
Mousse Sunscreen Spray
SPF50+ 160g#



\$11⁴⁰
SAVE \$7.60

\$5.70 per 100g
Banana Boat Moisturising
Sunscreen Lotion SPF50+
200g#



\$10⁵⁰
SAVE \$7

\$10.50 per 100ml
Hawaiian Tropic Silk
Hydration Face Sunscreen
Lotion SPF50+ 100ml#



\$13²⁰
SAVE \$8.80

\$5.50 per 100ml
Banana Boat Kids Sunscreen
Spray SPF50+ 240ml#



\$14⁴⁰
SAVE \$9.60

\$4.80 per ea
Sun Zapper Zinc Stick
SPF50+ Pk 3#



New

Introductory price

\$9⁵⁰
ea

Standard shelf price \$19 ea

\$6.73 per 10g

Maybelline Super Lock
Brow Glue 14.12g



New

Introductory price

\$13⁵⁰
ea

Standard shelf price \$27 ea

\$28.72 per 10ml

Maybelline Sunkisser
Sunset Blush 4.7ml



New

Introductory price

\$14⁵⁰
ea

Standard shelf price \$29 ea

\$14.50 per 10ml

Maybelline Lash
Sensational Firework
Mascara 10ml



New

Introductory price

\$17⁵⁰
ea

Standard shelf price \$35 ea

\$50 per 100ml

Maybelline Superstay Lumi
Matte Foundation 35ml



ADVERTISER PROMOTION

TRESemmé

USED BY PROFESSIONALS

Unlock
72hr SHINE*

BEFORE

AFTER

**STEP 1
SHAMPOO**

Removes
dulling
build up

**STEP 2
CONDITIONER**

Smooths
strands

**STEP 3
LEAVE-IN
SERUM CREAM**

Aligns hairs
fibres for a
glossy shine

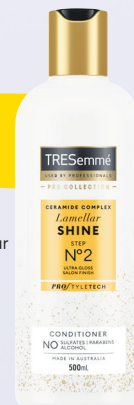


* when using Lamellar
Shine range

\$7⁵⁰
ea

**SAVE
\$7.50**

\$1.50 per 100ml
TRESemme Lamellar
Shine Shampoo or
Conditioner 500ml



**1/2
Price**

\$10
ea

**SAVE
\$10**

\$10 per 100ml
TRESemme Lamellar
Shine Serum 100ml



**1/2
Price**

1/2 Price

\$7^{ea}
SAVE \$7

\$5.60 per 100ml
Nivea Men Protect & Care Exfoliating Scrub 125ml



\$5⁵⁰
SAVE \$5.50

\$5.50 per 100ml
L'Oreal Men Expert Hydra Energetic Wake Up Boost Face Wash 100ml



\$3²⁵
SAVE \$3.25

81¢ per 100ml
Lynx Body Wash 400ml



\$10^{ea}
SAVE \$10

\$8.47 per 100ml
Just For Men Control GX Anti Grey Shampoo 118ml



\$11^{ea}
SAVE \$11

\$14.67 per 100g
Fudge Professional Hair Shaper Wax 75g



\$4⁷⁵
SAVE \$4.75

\$2.16 per 100ml
Rexona Advanced Antiperspirant Aerosol Deodorant 220ml



\$3⁷⁵
SAVE \$3.75

\$2.88 per 100g
Brut 24hr Antiperspirant or Norsca Antiperspirant 130g



\$4^{ea}
SAVE \$4

\$2.42 per 100ml
Lynx Body Spray 165ml



\$16^{ea}
SAVE \$16

\$4 per ea
Schick 6 High Performance Razor Blades Pk 4



\$4⁵⁰
SAVE \$4.50

\$2.25 per 100g
Oral-B Pro-Health All Around Protection Toothpaste 200g



\$5^{ea}
SAVE \$5

\$4.55 per 100g
Oral-B Gum Care & Intensive Clean Toothpaste 110g



\$5^{ea}
SAVE \$5

\$1.67 per ea
Oral-B Complete 5 Way Clean Toothbrush Pk 3



**PRICES
DROPPED
for Spring**



Was **\$5.25** 27/8/24

\$4⁷⁵ ea

40¢ per ea

Nurofen Zavance Tablets or Caplets Pk 12†



Range was **\$3.50** 27/8/24

\$2⁵⁰ ea

\$1 per 100ml

Palmolive Hand Wash 250ml



Range was **\$8.50** 27/8/24

\$5 ea

\$2 per 100ml

Nivea Antiperspirant Deodorant 250ml



Range was **\$15** 27/8/24

\$10 ea

\$4 per 100ml

Thanks To Nature Shower Jelly Body Wash 250ml



Range was **\$17** 27/8/24

\$9⁵⁰ ea

95¢ per 100ml

Nivea Rich Lather Body Wash 1 Litre



Was **\$21** 27/8/24

\$18 ea

\$1.80 per 100ml

Dermeze Moisturising Soap Free Wash 1 Litre



Was **\$27** 25/9/24

\$25 ea

\$8.34 per ea

First Response Test & Reassurance Pregnancy Test Pk 3



\$5²⁵
ea

**SAVE
\$2.35**

\$5.25 per 100g
Deep Heat Extra
Strength Cream 100g†



**30%
Off**
Deep Heat#

\$7
ea

**SAVE
\$3**

\$3.50 per ea
Deep Heat Back Pain
Heat Patches Pk 2†



\$6⁹⁵
ea

**SAVE
\$1.75**

70¢ per ea
Hydralyte Effervescent
Tablets Pk 10†



\$12¹⁰
ea

**SAVE
\$2.15**

\$1.21 per ea
Claratyne Hayfever Allergy
Relief Antihistamine
Tablets Pk 10†



\$9⁶⁰
ea

**SAVE
\$2.40**

\$3.20 per 100ml
Gaviscon Dual Action
Heartburn & Indigestion
Liquid 300ml†



\$16
ea

**SAVE
\$4**

33¢ per ea
Gaviscon Dual Action
Heartburn & Indigestion Pk 48†



**PRICES
DROPPED
for Spring**

Was **\$14** 27/8/24

\$11²⁰
ea

\$1.12 per ea
Telfast Hayfever Allergy Relief
180mg Tablets Pk 10†



Was **\$14** 27/8/24

\$12
ea

\$1.20 per ea
Zyrtec Kids Mini
Chewables Pk 10†





**1/2
Price
Kids
Vitamins~**

- A** Nature's Way Kids Smart Vita Gummies Probiotic + Prebiotic Pk 90+
\$16 ea [**\$17.78 per 100 ea**] **SAVE \$16**
- B** Nature's Way Kids Smart Trio Bursts Pk 60+
\$12.75 ea [**\$21.25 per 100 ea**] **SAVE \$12.75**
- C** Nature's Way Kids Smart Vita Gummies Multi-Vitamin + Iron Pk 40+
\$10.50 ea [**\$26.25 per 100 ea**] **SAVE \$10.50**

- D** Nature's Way Kids Smart Vita Gummies Eye Health Pk 50+
\$12.95 ea [**\$25.90 per 100 ea**] **SAVE \$13.04**
- E** Swisse Kids Multi Gummies Pk 60+
\$9.75 ea [**\$16.25 per 100 ea**] **SAVE \$9.75**
- F** Swisse Kids Rest + Restore Chewable Tablets Pk 60+
\$12.50 ea [**\$20.83 per 100 ea**] **SAVE \$12.50**



**1/2
Price
Stress, Mood & Sleep
Support Vitamins~**

- A** Blackmores Executive B Tablets Value Pk 125+
\$20 ea [**\$16 per 100 ea**] **SAVE \$20**
- B** Nature's Way Magnesium Sleep Well With Kava Pk 60+
\$14.25 ea [**\$23.75 per 100 ea**] **SAVE \$14.25**
- C** Blackmores Ashwagandha+ Pk 60+
\$15 ea [**\$25 per 100 ea**] **SAVE \$15**

- D** Blackmores Deep Sleep Pk 30+
\$13.50 ea [**\$45 per 100 ea**] **SAVE \$13.50**
- E** Nature's Own Complete Sleep Advanced Tablets Pk 30+
\$11.75 ea [**\$39.17 per 100 ea**] **SAVE \$11.75**
- F** Swisse Ultiboost Liver Detox Tablets Pk 120+
\$23 ea [**\$19.17 per 100 ea**] **SAVE \$23**



**1/2
Price
Omega
Vitamins~**

- A** Blackmores Odourless Fish Oil 1000mg Pk 200+
\$18 ea [**\$9 per 100 ea**] **SAVE \$18**
- B** Swisse Ultiboost Odourless Wild Fish Oil Pk 400+
\$34.75 ea [**\$8.69 per 100 ea**] **SAVE \$34.75**
- C** Swisse Ultiboost Odourless Super Strength Wild Fish Oil Pk 200+
\$27.50 ea [**\$13.75 per 100 ea**] **SAVE \$27.50**

- D** Blackmores Omega Triple Super Strength Fish Oil Capsules Pk 150+
\$40 ea [**\$26.67 per 100 ea**] **SAVE \$40**
- E** Nature's Way Vita Gummies Omega-3 Pk 110+
\$12.75 ea [**\$11.59 per 100 ea**] **SAVE \$12.75**
- F** Blackmores Fish Oil 1000mg Pk 200+
\$16.50 ea [**\$8.25 per 100 ea**] **SAVE \$16.50**



**1/2
Price
Women's Health
Vitamins~**

- A** Nature's Way Beauty Collagen Oral Shots Pk 10 x 50ml+
\$19 ea [**\$1.90 per ea**] **SAVE \$19**
- B** Swisse Ultiboost High Strength Cranberry Capsules Pk 30+
\$14.75 ea [**\$49.17 per 100 ea**] **SAVE \$14.75**
- C** Swisse Ultiboost Iron Tablets Pk 30+
\$7.50 ea [**\$25 per 100 ea**] **SAVE \$7.50**

- D** Blackmores Bio Iron Advanced Pk 30+
\$10 ea [**\$33.33 per 100 ea**] **SAVE \$10**
- E** Nature's Way High Strength Iron 24mg Vita Gummies Pk 30+
\$12.50 ea [**\$41.67 per 100 ea**] **SAVE \$12.50**
- F** Nature's Own Activated Methyl B12 1000mcg Tablets Pk 60+
\$13 ea [**\$21.67 per 100 ea**] **SAVE \$13**

ADVERTISER PROMOTION

Bulk Value Packs

1 tablet a day



BLACKMORES

Supports general health and wellbeing

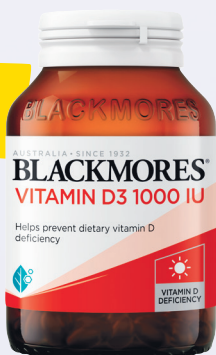
Always read the label and follow the directions for use.

\$15⁵⁰ ea

SAVE \$15.50

\$7.75 per 100 ea

Blackmores Vitamin D3 1000iu Capsules Pk 200+



\$22⁵⁰ ea

SAVE \$22.50

\$13.39 per 100 ea

Blackmores Bio Zinc Tablets Pk 168+



\$22⁵⁰ ea

SAVE \$22.50

\$12.50 per 100 ea

Blackmores Super Magnesium+ Tablets Pk 180+



\$24 ea

SAVE \$24

\$16 per 100 ea

Blackmores Glucosamine Sulfate 1500mg Tablets Pk 150+



\$24⁵⁰ ea

SAVE \$24.50

\$16.33 per 100 ea

Blackmores Bio C 1000mg Tablets Pk 150+



\$30 ea

SAVE \$30

\$33.33 per 100 ea

Blackmores CoQ10 150mg Capsules Pk 90+



\$35 ea

SAVE \$35

\$8.75 per 100 ea

Blackmores Omega Mini Double Concentrate Capsules Pk 400+

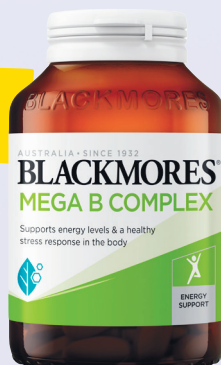


\$39 ea

SAVE \$39

\$19.50 per 100 ea

Blackmores Mega B Complex Tablets Pk 200+



\$40 ea

SAVE \$40

\$26.67 per 100 ea

Blackmores Omega Triple Super Strength Fish Oil Capsules Pk 150+





**1/2
Price
Effervescent
Vitamins-**

- A** Berocca Energy Vitamin B & C Effervescent Tablets Pk 30†
\$9.50 ea [32¢ per ea] **SAVE \$9.50**
- B** Wakey Wakey Energy Effervescent Tablets Pk 20†
\$6 ea [30¢ per ea] **SAVE \$6**
- C** Voost Energy Effervescent Tablets Pk 40†
\$10 ea [25¢ per ea] **SAVE \$10**

- D** Voost Mega B Complex Effervescent Tablets Pk 20†
\$5.50 ea [28¢ per ea] **SAVE \$5.50**
- E** Nature's Own Magnesium + Muscle Support Effervescent Tablets Pk 40† **\$10 ea** [25¢ per ea] **SAVE \$10**
- F** Nature's Own Magnesium + Sleep Effervescent Tablets Pk 40†
\$10 ea [25¢ per ea] **SAVE \$10**



**1/2
Price
Vitamins-**

- A** Blackmores Bio Zinc Tablets Pk 84†
\$12.50 ea [\$14.88 per 100 ea] **SAVE \$12.50**
- B** Nature's Way Beauty Collagen Mature Skin Tablets Pk 60†
\$18 ea [\$30 per 100 ea] **SAVE \$18**
- C** SUP Hair, Skin & Nails Gummies Pk 60†
\$10 ea [\$16.67 per 100 ea] **SAVE \$10**

- D** Swisse Beauty Collagen Glow Gummies Pk 45†
\$14.75 ea [\$32.78 per 100 ea] **SAVE \$14.75**
- E** Swisse Beauty Collagen Glow Powder 240g†
\$24.75 ea [\$10.31 per 100g] **SAVE \$24.75**
- F** Swisse Beauty High Strength Marine Collagen Tablets Pk 60†
\$22.50 ea [\$37.50 per 100 ea] **SAVE \$22.50**