

On sale Wednesday 22nd May 2024



health & beauty

Autumn



A



B



C



D



E



F



G



H

**1/2
Price
Vitamins***

A Swisse Ultiboost Zinc+ Tablets Pk 60*
\$9.75 ea SAVE \$9.75 \$16.25 per 100 ea

B Nature's Way Kids Smart Vita Gummies Vitamin C + Zinc Pk 120*
\$15 ea SAVE \$15 \$12.50 per 100 ea

C Centrum Advance Adult Tablets Pk 120*
\$13.50 ea SAVE \$13.50 \$11.25 per 100 ea

D Swisse Ultiboost High Strength Odourless Fish Oil Capsules Pk 400* **\$39.75 ea SAVE \$39.75** \$9.94 per 100 ea

E Life-Space Broad Spectrum Probiotic Capsules Pk 40*
\$18 ea SAVE \$18 \$45 per 100 ea

F Blackmores Macu-Vision Tablets Pk 125*
\$25 ea SAVE \$25 \$20 per 100 ea

G Cenovis Sugarless C 500mg Chewable Tablets Pk 160*
\$7.25 ea SAVE \$7.25 \$4.53 per 100 ea

H Vital All-In-One Greens Powder 120g*
\$18.20 ea SAVE \$18.20 \$15.17 per 100g

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A OC Naturals Body Wash 725ml

\$4 ea SAVE \$4 55¢ per 100ml

B Aveeno Daily Moisturising Body Wash 532ml

\$8.25 ea SAVE \$8.25 \$1.55 per 100ml

C Byron Bath Salts 500g

\$5 ea SAVE \$5 \$1 per 100g

D Glow Lab Body Wash Man 900ml

\$9 ea SAVE \$9 \$1 per 100ml

E Anihana Bath Bomb 180g

\$4 ea SAVE \$4 \$2.22 per 100g

F My Soda Body Wash Refill 700ml

\$4.50 ea SAVE \$4.50 64¢ per 100ml

G Thanks To Nature Shower Oil 250ml

\$10 ea SAVE \$10 \$4 per 100ml

H Palmolive Body Wash 1 Litre

\$6 ea SAVE \$6 60¢ per 100ml

Only at





A



B



C



D



E



F

**1/2
Price
Vitamins™**

A Blackmores Bio C 1000g Tablets Pk 150*

\$24.50 ea SAVE \$24.50 \$16.33 per 100 ea

B Swisse Ultiboost Daily Immune Support Tablets Pk 60*

\$9.75 ea SAVE \$9.75 \$16.25 per 100 ea

C Nature's Way Sugarless Vitamin C 500mg Chewable Tablets Pk 300* **\$8.40 ea SAVE \$8.40** \$2.80 per 100 ea

D Cenovis Mega C 1000mg Chewable Tablets Pk 100*

\$9 ea SAVE \$9 \$9 per 100 ea

E Cenovis Echinacea, Garlic, Zinc + C Tablets Pk 125*

\$15.50 ea SAVE \$15.50 \$12.40 per 100 ea

F Nature's Own Double Strength Cold Sore Relief Tablet Pk 50* **\$7.25 ea SAVE \$7.25** \$14.50 per 100 ea

ADVERTISER PROMOTION

**GET
WINTER
READY**

**GRAB YOUR
DAILY DOSE**



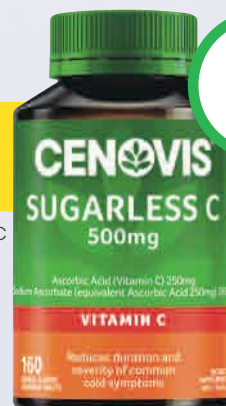
**Always read the label and
follow the directions for use.**

Supports healthy immune system function.
MAT-AU-2400196 Jan 24

**\$7²⁵
ea**

**SAVE
\$7.25**

Cenovis Sugarless C
500mg Chewable
Tablets Pk 160*
\$4.53 per 100 ea



**1/2
Price**

\$9^{ea}

**SAVE
\$9**

Cenovis Mega C
1000mg Chewable
Tablets Pk 100*
\$9 per 100 ea



**1/2
Price**



1/2 Price

Stress, Mood & Sleep Vitamins™

A Nature's Way High Strength Sleep Ashwagandha Adult Vita Gummies Pk 40* **\$12.50 ea SAVE \$12.50** \$31.25 per 100 ea

B Swisse Ultiboost Sleep Tablets Pk 60* **\$14.50 ea SAVE \$14.50** \$24.17 per 100 ea

C Blackmores Deep Sleep Tablets Pk 30* **\$13.50 ea SAVE \$13.50** \$45 per 100 ea

D Nature's Own Complete Sleep Advanced Tablets Pk 30* **\$11.75 ea SAVE \$11.75** \$39.17 per 100 ea

E Blackmores Executive B Vitamin B Stress Support Tablets Pk 125* **\$20 ea SAVE \$20** \$16 per 100 ea



1/2 Price

Pregnancy & Women's Health Vitamins™

F Life-Space Pregnancy & Breastfeeding Pk 30* **\$16 ea SAVE \$16** \$53.33 per 100 ea

G Blackmores Pregnancy Gold Capsules Pk 120* **\$25 ea SAVE \$25** \$20.83 per 100 ea

H Blackmores Bio Iron Advanced Tablets Pk 30* **\$10 ea SAVE \$10** \$33.33 per 100 ea

I Swisse Ultiboost Iron Tablets Pk 30* **\$6.75 ea SAVE \$6.75** \$22.50 per 100 ea



1/2 Price

Women's Wellbeing Vitamins™

J Swisse Women's Multivitamin Pk 100* **\$27 ea SAVE \$27** \$27 per 100 ea

K Blackmores Evening Primrose Oil Capsules Pk 125* **\$15 ea SAVE \$15** \$12 per 100 ea

L Nature's Own Vitamin B12 1000mcg Tablets Pk 60* **\$9 ea SAVE \$9** \$15 per 100 ea

M Blackmores Omega Triple Super Strength Fish Oil Capsules Pk 60* **\$20 ea SAVE \$20** \$33.33 per 100 ea

④ health&beauty Autumn



**1/2
Price
Vitamin
Gummies***

- A** Nature's Way Kids Smart Vita Gummies Immune Defence Pk 120*
\$15 ea SAVE \$15 \$12.50 per 100 ea
- B** Nature's Way Multivitamin Vita Gummies Pk 120*
\$12 ea SAVE \$12 \$10 per 100 ea
- C** Nature's Way Magnesium Vita Gummies Pk 80*
\$12 ea SAVE \$12 \$15 per 100 ea

- D** Swisse Apple Cider Vinegar + Fibre Gummies Pk 45*
\$14.75 ea SAVE \$14.75 \$32.78 per 100 ea
- E** Nature's Way Kids Smart Omega Vita Gummies Pk 120*
\$15 ea SAVE \$15 \$12.50 per 100 ea
- F** Swisse Ultiboost Iron Gummies Pk 50*
\$14.75 ea SAVE \$14.75 \$29.50 per 100 ea



**1/2
Price
Vitamins***

- A** Swisse Kids Multi Gummies Pk 120*
\$17.50 ea SAVE \$17.50 \$14.58 per 100 ea
- B** Swisse Ultiboost Sleep Tablets Pk 100*
\$24.75 ea SAVE \$24.75 \$24.75 per 100 ea
- C** Swisse Ultiboost Calcium + Vitamin D Capsules Pk 150*
\$17.50 ea SAVE \$17.50 \$11.67 per 100 ea
- D** Swisse Ultiboost Liver Detox Tablets Pk 120*
\$23 ea SAVE \$23 \$19.17 per 100 ea



**1/2
Price
Beauty
Vitamins***

- A** Blackmores Nails, Hair & Skin Tablets Pk 60*
\$10 ea SAVE \$10 \$16.67 per 100 ea
- B** Swisse Beauty Collagen + Hyaluronic Acid Booster Tablets Pk 80*
\$22.50 ea SAVE \$22.50 \$28.13 per 100 ea
- C** Nature's Way Beauty Collagen Tablets Pk 120*
\$25 ea SAVE \$25 \$20.83 per 100 ea
- D** Nature's Way Beauty Collagen Mature Skin Gummies Pk 40*
\$13 ea SAVE \$13 \$32.50 per 100 ea



- A** Nature's Way Glucosamine 1500 Joint Repair Tablets Pk 180*
\$20 ea SAVE \$20 \$11.11 per 100 ea
- B** Ostelin Vitamin D & Calcium Chewable Tablets Pk 60*
\$8.75 ea SAVE \$8.80 \$14.58 per 100 ea
- C** Ostelin Vitamin D & Calcium Tablets Pk 130*
\$13.90 ea SAVE \$13.95 \$10.69 per 100 ea

- D** Swisse Ultiboost Vitamin D Capsules Pk 250*
\$14.75 ea SAVE \$14.75 \$5.90 per 100 ea
- E** Caltrate Bone & Muscle Health Tablets Pk 60*
\$7.24 ea SAVE \$7.25 \$12.07 per 100 ea
- F** Caltrate Bone & Muscle Health 50+ Tablets Pk 100*
\$10.50 ea SAVE \$10.50 \$10.50 per 100 ea



- A** Nature's Way Restore Probiotic Capsules Pk 90*
\$25 ea SAVE \$25 \$27.78 per 100 ea
- B** Blackmores Probiotics+ Daily Health Capsules Pk 30*
\$17.50 ea SAVE \$17.50 \$58.33 per 100 ea
- C** Swisse Ultiboost Liver Detox Tablets Pk 60*
\$11 ea SAVE \$11 \$18.33 per 100 ea
- D** Inner Health Plus Double Strength Capsules Pk 20*
\$16.50 ea SAVE \$16.50 \$82.50 per 100 ea



- A** Swisse Ultiboost High Strength Magnesium Powder 180g*
\$17.50 ea SAVE \$17.50 \$9.72 per 100g
- B** Blackmores Super Magnesium+ Tablets Pk 100*
\$17 ea SAVE \$17 \$17 per 100 ea
- C** Cenovis Magnesium Tablets Pk 200*
\$13.50 ea SAVE \$13.50 \$6.75 per 100 ea
- D** Nature's Way Magnesium + Turmeric Tablets Pk 150*
\$19 ea SAVE \$19 \$12.67 per 100 ea

⑥ health&beauty Autumn

ADVERTISER PROMOTION

TENA®

**30%
Off
Tena®**



*Just like underwear.
Protects like TENA.*

**\$15³⁰
ea**

**SAVE
\$6.60**

Tena Plus
Night Pants
Pk 12
\$1.28 per ea



**\$3¹⁰
ea**

**SAVE
\$3.10**

BIC Soleil Twilight
Disposable Razors Pk 4
78¢ per ea



**1/2
Price**

\$9^{ea}

**SAVE
\$9**

Thanks To Nature
Shampoo or
Conditioner
500ml
\$1.80 per 100ml



**1/2
Price**

Only at

\$4^{ea}

**SAVE
\$4**

Lynx Body Spray 165ml
\$2.42 per 100ml



**1/2
Price**

\$10^{ea}

**SAVE
\$10**

Akin Shampoo or
Conditioner 375ml
\$2.67 per 100ml



**1/2
Price**

**\$10²⁰
ea**

**SAVE
\$6.80**

Cetaphil Moisturising
Lotion 237ml
\$4.30 per 100ml



**40%
Off**

\$18^{ea}

**SAVE
\$18**

Schick High Performance
6 Blade Razor Kit



**1/2
Price**

**\$3⁵⁰
ea**

**SAVE
\$1.50**

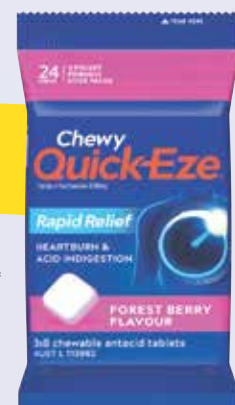
Libra Ultra Thin
Pads Pk 10-14



**\$8¹⁰
ea**

**SAVE
90¢**

Quick-Eze Heartburn
& Indigestion Relief
Chewable Tablets Pk 24*
34¢ per ea



^Excludes Prices Dropped, Low Price and products marked in store as clearance items.

SA – On sale from Wednesday 22nd May, 2024 until Tuesday 28th May, 2024, unless sold out earlier. Some stores closed Sunday. Savings based on our Adelaide metropolitan sell price. Advertised savings may vary in some stores, as some products may already be priced below the metropolitan sell price. Limits per customer may apply, trade not supplied. Products, Specials and Prices Dropped/Low Price may not be available at Woolworths Metro, Woolworths Online (including Everyday Market from Woolworths), Brickworks, Newton, Tea Tree Plaza and Virginia and are not available through MILKRUN. Products and prices may not be available in all stores. While stocks last.

WC220524/SAG

Cold & Flu season

\$8⁷⁰
ea

**SAVE
\$2.20**

Vicks VapoDrops
& Cough Sore
Throat Lozenges
Honey Lemon
Pk 36*
24¢ per ea



\$8⁵⁰
ea

**SAVE
\$1**

Strepsils Extra
Honey & Lemon
Sore Throat Fast
Numb Lozenges
Pk 16*
53¢ per ea



\$15²⁰
ea

**SAVE
\$3.80**

Demazin Kids
2+ Cold & Flu +
Immune Defence
Oral Liquid 200ml*
\$7.60 per 100ml



\$7⁹⁰
ea

**SAVE
\$2**

Vicks VapoShower
Tablets Pk 3*
\$2.63 per ea



\$10
ea

**SAVE
\$2.50**

Difflam
Dual Action
Antibacterial
Lozenges Pk 32*
31¢ per ea



\$9⁶⁰
ea

**SAVE
\$2.40**

Demazin Cold & Flu
Relief Tablets Pk 16*
60¢ per ea



\$4⁴⁰
ea

**SAVE
\$1.10**

Nestle Soothers
Honey & Lemon
Herbal Throat
Drops Pk 18*
24¢ per ea



\$11
ea

**SAVE
\$2**

Flo Sinus Care Starter Kit*



\$13⁶⁰
ea

**SAVE
\$3.40**

Betadine Throat Gargle
120ml*
\$11.33 per 100ml



*Always read the label and follow directions for use. Incorrect use could be harmful.

The fresh food people