

# nealth Winter



















- A Schwarzkopf Brilliance Hair Colour \$14.50 ea SAVE \$9.70
- **B** John Frieda Shampoo or Conditioner 250ml \$13.80 ea \$5.52 per 100ml SAVE \$9.20
- C L'Oreal Excellence Hair Colour
  - \$17.80 ea SAVE \$11.90
- **D** TRESemme Shampoo or Conditioner 940ml \$10.55 ea \$1.12 per 100ml SAVE \$7.05

- E Garnier Fructis Hair Food 390ml \$8.80 ea \$2.26 per 100ml SAVE \$5.90
- F Head & Shoulders Shampoo or Conditioner 660ml \$13.80 ea [\$2.09 per 100ml] SAVE \$9.20
- G Batiste Dry Shampoo 350ml
  - \$12.60 ea \$3.60 per 100ml SAVE \$8.40
- H Pantene Pro-V Miracle Oil 90ml \$13.20 ea \$14.67 per 100ml SAVE \$8.80



# health Winter

F Neutrogena Hydro Boost Hyaluronic Acid Water Gel Refill 50g

G Neutrogena Oil Free Acne Wash Cleanser 175ml

H Neutrogena Oil Free Eye Make Up Remover 200ml

\$14 ea \$28 per 100g SAVE \$14

\$8.75 ea \$5 per 100ml SAVE \$8.75

\$10.50 ea \$5.25 per 100ml SAVE \$10.50



**B** Aveeno Daily Moisturising Body Lotion 1 Litre

C Aveeno Daily Moisturising Body Lotion 354ml

D Aveeno Skin Relief Moisturising Body Lotion 532ml

\$15 ea \$1.50 per 100ml SAVE \$15

\$12 ea \$2.26 per 100ml SAVE \$12

\$7.75 ea \$2.19 per 100ml SAVE \$7.75

## health&beauty Winter



- A OGX Shampoo or Conditioner 385ml \$12 ea \$3.12 per 100ml SAVE \$12
- **B** OGX Argan Oil Penetrating Hair Oil 100ml \$15.75 ea \$15.75 per 100ml SAVE \$15.75
- C OGX Coconut Curl Styling Milk 177ml \$14.85 ea \$8.39 per 100ml SAVE \$14.85

- **D** Maui Shea Butter Hair Mask 340g \$14.85 ea \$4.37 per 100g SAVE \$14.85
- E Maui Shampoo or Conditioner 385ml \$13.65 ea \$3.55 per 100ml SAVE \$13.65
- **F** Aveeno Shampoo or Conditioner 354ml \$10.70 ea \$3.02 per 100ml SAVE \$10.75



- A Pantene Miracles Keratin Smooth Shampoo or Conditioner 600ml \$13.20 ea \$2.20 per 100ml SAVE \$8.80
- **B** Dove Shampoo or Conditioner 820ml \$10.70 ea \$1.30 per 100ml SAVE \$7.15
- C Dermaveen Shampoo or Conditioner 1 Litre \$20.15 ea \$2.02 per 100ml SAVE \$13.45

- **D** Glow Lab Shampoo or Conditioner 600ml
  - \$21.75 ea \$3.63 per 100ml SAVE \$14.55
- E TRESemme Lamella Shampoo or Conditioner 500ml \$9.90 ea \$1.98 per 100ml SAVE \$6.60
- F Bed Head Shampoo or Conditioner 750ml \$20.15 ea \$2.69 per 100ml SAVE \$13.45

 $\sim$ Excludes Prices Dropped, Everyday Low Price and products marked in-store as clearance items.









- A My Soda Sea Salt Spray 230ml \$9.90 ea \$4.30 per 100ml SAVE \$6.60
- **B** HASK Argan Oil 5 in 1 Treatment 175ml \$11.20 \$6.40 per 100ml SAVE \$7.50
- **C** Grow Longer Stronger Scalp Rinse 100ml \$11.95 ea \$11.95 per 100ml SAVE \$8

- D Garnier Fructis Hair Food Macadamia 390ml \$8.80 ea \$2.26 per 100ml SAVE \$5.90
- E Growth Bomb Booster Serum 30ml \$17.60 ea \$58.67 per 100ml SAVE \$11.80
- F Fudge Clean Blonde Damage Rewind Treatment 200ml \$19.10 ea \$9.55 per 100ml SAVE \$12.80

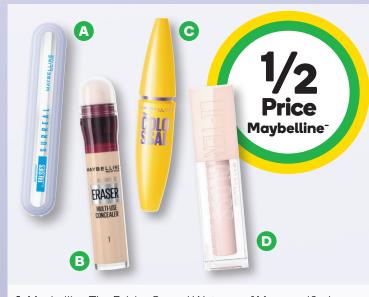


D L'Oreal Paris Magic Retouch Permanent Hair Colour

\$13.80 ea SAVE \$9.20



- A Batiste Dry Shampoo 200ml \$9 ea \$4.50 per 100ml **SAVE** \$6
- **B** Klorane Dry Shampoo 150ml
- \$11.30 ea \$7.53 per 100ml SAVE \$7.60
- C Colab Dry Shampoo 200ml \$6.30 ea \$3.15 per 100ml SAVE \$4.20
- **D** Toni & Guy Dry Shampoo 250ml \$12 ea \$4.80 per 100ml SAVE \$8



- A Maybelline The Falsies Surreal Waterproof Mascara 10ml \$14 ea \$14 per 10ml SAVE \$14
- B Maybelline Instant Age Rewind Concealer 6ml \$11.50 ea [\$19.17 per 10ml] SAVE \$11.50
- C Maybelline The Colossal Mascara 9.2ml \$10.50 ea \$11.41 per 10ml SAVE \$10.50
- **D** Maybelline Lifter Gloss 5.4ml \$11 ea \$20.37 per 10ml SAVE \$11



- A Freshwater Farm Hand Wash Glass Bottle Refill 500ml
  - \$9.90 ea \$1.98 per 100ml SAVE \$6.60
- **B** Freshwater Farm Hand Wash Refill Pouch 1 Litre
  - \$11.30 ea \$1.13 per 100ml SAVE \$7.60
- C Freshwater Farm Hand Sanitiser 500ml
  - \$9 ea \$1.80 per 100ml SAVE \$6
- **D** Freshwater Farm Body Scrub 200g

\$8.80 ea \$4.40 per 100g SAVE \$5.90



\$13<sup>85</sup>

SAVE \$5,95

\$3.46 per ea Colgate Toothbrush 360 Advanced Pk 4





### \$4.35 per 100g

Colgate Antibacterial Total Advanced Clean Toothpaste 115g

SAVE



\$3.68 per 100g

Colgate Whitening Toothpaste 200g

SAVE



## Change your toothbrush regularly

- The Australian Dental Association recommends every 3 months or earlier if it's showing signs of wear and tear, such as frayed or flattened bristles that extend beyond the width of the base.
- To help remember to change it every 3 months, make it a habit to change it on the first day of a new season, or a new school term.

## Body 5





30% Poise<sup>†</sup>

\$2,20 Poise Incontinence Pads Pk 8-16





\$1610

SAVE \$6.90

Gillette Venus Deluxe Smooth Platinum Razor



\$13<sup>95</sup>

SAVE \$8.55

Gillette Fusion Manual Razor System



\$18<sup>90</sup>

SAVE \$8,10

\$8.40 per 100ml Bondi Sands 1 Hour Express Tan 225ml



\$20<sup>55</sup>

SAVE \$8,85

\$1.03 per ea

Gillette Blue 3 Smooth Disposable Razors Pk 20



ADVERTISER PROMOTION



SAVE \$3

Stayfree Ultra Thin Pads Pk 10-14



SAVE \$2.50

6¢ per ea Carefree Barely There Liners Pk 42 arefree



**Everyday Freshness** 

Stäyfree Reliable Protection



Fragrance & Synthetic Dyes





- A Blackmores Bio Zinc Capsules Pk 168\* \$22.50 ea \$13.39 per 100 ea SAVE \$22.50
- **B** Blackmores Vitamin D3 1000IU Tablets Pk 200\* \$15.50 ea \$7.75 per 100 ea SAVE \$15.50
- C Blackmores Probiotics+ Immune Defence Capsules Pk 30\* \$17.50 ea \$58.33 per 100 ea SAVE \$17.50
- D Blackmores Bio C 1000mg Tablets Pk 150\* \$24.50 ea \$16.33 per 100 ea SAVE \$24.50
- **■** Blackmores Executive B Tablets Pk 125\* \$20 ea \$16 per 100 ea SAVE \$20
- F Blackmores Odourless Fish Oil 1000mg Capsules Pk 200\* \$18 ea \$9 per 100 ea SAVE \$18

Pre Workout

Take your workout to the next level with Body Science K-OS Pre-workout powder. Body Science is proudly Australia's #1 performance

lifestyle nutrition brand creating Australianmade products since 1999.

### **Benefits**

- · Assists Muscle Growth during Exercise
- Supports Muscle Mass
- Maintains and Supports Energy Levels

Intra Workout The new BSc Electrolyte+ Hydration mix provides a convenient and effective way to stay hydrated and support peak performance during workouts or intense physical activities.

- · Assistance in maintaining the bodies balance of sports minerals
- · Maintaining Hydration during extended exercise

Post Workout

Treat yourself to a delicious, High-Protein Low Carb Bar for all your goals. Each soft and gooey bar has almost 20 grams of protein without the

extra carbs and artificial colours or flavours!

- · Low-Carb, High-Protein
- · Sweetened with Stevia
- · Good Source of Dietary Fibre
- Curb Your Cravings

SAVE \$13.50

\$10.50 per 100g

BSc K-OS Pre-Workout Blue Gummies 300g<sup>^</sup>



SAVE \$7.50

\$14.58 per 100g BSc Electrolyte+ Hydration Mix 120g<sup>A</sup>



**SAVE \$1.35** 

BSc High Protein Low Carb Bar 45 -60g^



^Always read the label and follow the directions for use. Weight management products should be used in conjunction with a healthy energy-controlled diet and physical activity.





Strepsils Chesty Cough+ Lozenges Pk 16\*

SAVE



Nurofen Zavance Fast Pain Relief Caplets 256mg Ibuprofen Pk 12\*

SAVE 55°



SAVE 90¢

21¢ per ea

Vicks VapoDrops Throat Lozenges Pk 24~



\$15<sup>35</sup>

SAVE \$3.87

64¢ per ea Ease a Cold Cough, Cold & Flu Capsules

Pk 24\*



SAVE \$4

Liquid 120ml\*

\$13.33 per 100ml Sambucol Cold & Flu Sambucol COLD & FLU



\$20<sup>15</sup>

SAVE \$5,05

\$10.08 per ea TouchBio RSV. Flu A/B & Covid-19 Rapid Antigen Test Pk 2\*



**PRICES** DROPPED

Was \$12.25

\$5.50 per 100ml

Robitussin Cold & Chesty Cough Liquid Raspberry



Range was \$35

99¢ per ea Breathe Right Nasal Strips Pk 30~



