

On sale Wednesday 24th July 2024



# health & beauty

## Winter



A



B



C



D



E



F



G



H

- A** Nature's Way Kids Smart VitaGummies Immune Support Pk 120#  
**\$15 ea** [**\$12.50 per 100 ea**] **SAVE \$15**
- B** Swisse Ultiboost Calcium + Vitamin D Capsules Pk 150#  
**\$17.50 ea** [**\$11.67 per 100 ea**] **SAVE \$17.50**
- C** Vital All-in-One Daily Powdered Supplement 240g#  
**\$29.50 ea** [**\$12.29 per 100g**] **SAVE \$29.50**
- D** Centrum Advance 50+ Adults Tablets Pk 120#  
**\$14.15 ea** [**\$11.79 per 100 ea**] **SAVE \$14.20**

- E** Ostelin Vitamin D 1000IU D3 Capsules Pk 130#  
**\$13.92 ea** [**\$10.71 per 100 ea**] **SAVE \$13.93**
- F** Cenovis Mega Vitamin C 1000mg Chewable Tablets Pk 100#  
**\$9 ea** [**\$9 per 100 ea**] **SAVE \$9**
- G** Blackmores Super Magnesium Tablets Pk 100#  
**\$17 ea** [**\$17 per 100 ea**] **SAVE \$17**
- H** Berocca Immune Daily Defence Effervescent Pk 45#  
**\$13 ea** [**29¢ per ea**] **SAVE \$13**

#Always read the label and follow directions for use. ~Excludes JS Health, Vitadrop, Vital Proteins, Vital Greens 120g, Berocca Pk 15, Berocca Pk 30, Berocca Pk 20, Berocca Mind, Goli, Nature's Way Magnesium Rapid Direct Oral Powder 2x20g, Nature's Way Iron Daily Pk 120, Nature's Way Lifespan Multivitamins, Ostelin Calcium Vitamin D & Magnesium Pk 180, Ostelin Vitamin D & Calcium Pk 275, Ostelin Vitamin D Pk 275, Coco Earth Juggernaut MCT 500ml, Prices Dropped, Everyday Low Price and products marked in-store as clearance.

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# health & beauty

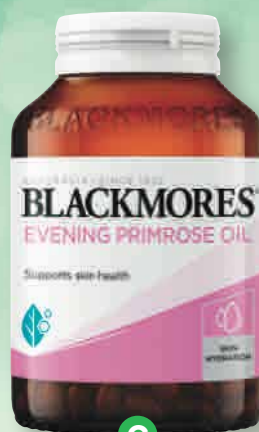
## Winter



A



B



C



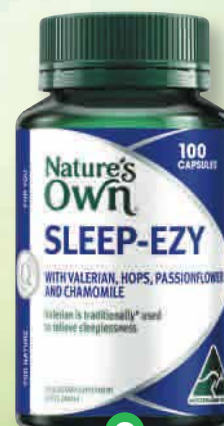
D



E



F



G



H

- A** Blackmores Glucosamine Sulfate Tablets 1500mg Pk 150#  
**\$24 ea** [~~\$16 per 100 ea~~] **SAVE \$24**
- B** Life-Space Broad Spectrum Probiotic Capsules Pk 40#  
**\$18 ea** [~~\$45 per 100 ea~~] **SAVE \$18**
- C** Blackmores Evening Primrose Oil Capsules Pk 125#  
**\$15 ea** [~~\$12 per 100 ea~~] **SAVE \$15**
- D** Centrum Advance Adults Tablets Pk 120#  
**\$14.15 ea** [~~\$11.79 per 100 ea~~] **SAVE \$14.20**

- E** Swisse Ultiboost Vitamin C Chewable Tablets 500mg Pk 310#  
**\$17.50 ea** [~~\$5.65 per 100 ea~~] **SAVE \$17.50**
- F** Nature's Way Odourless Fish Oil 1000mg Capsules Pk 450#  
**\$23 ea** [~~\$5.11 per 100 ea~~] **SAVE \$23**
- G** Nature's Own Sleep-Ezy Capsules Pk 100#  
**\$8.75 ea** [~~\$8.75 per 100 ea~~] **SAVE \$8.75**
- H** Nature's Way Daily Multivitamin Coated Tablets Pk 250#  
**\$12.50 ea** [~~\$5 per 100 ea~~] **SAVE \$12.50**

#Always read the label and follow directions for use. ~Excludes JS Health, Vitadrop, Vital Proteins, Vital Greens 120g, Berocca Pk 15, Berocca Pk 30, Berocca Pk 20, Berocca Mind, Goli, Nature's Way Magnesium Rapid Direct Oral Powder 2x20g, Nature's Way Iron Daily Pk 120, Nature's Way Lifespan Multivitamins, Ostelin Calcium Vitamin D & Magnesium Pk 180, Ostelin Vitamin D & Calcium Pk 275, Ostelin Vitamin D Pk 275, Coco Earth Juggernaut MCT 500ml, Prices Dropped, Everyday Low Price and products marked in-store as clearance.



## ② health&beauty Winter



Supports general health & wellbeing, reduces the severity of common cold symptoms.

**\$9** ea

**SAVE \$9**

\$15 per 100 ea

Cenovis Triple Action Vitamin C, D & Zinc Chewable Tablets Pk 60~



**1/2 Price**

**A** Cenovis Echinacea, Garlic, Zinc + C Tablets Pk 125~

**\$15.50 ea** \$12.40 per 100 ea **SAVE \$15.50**

**B** Swisse Ultiboost Zinc+ Tablets Pk 60~

**\$9.75 ea** \$16.25 per 100 ea **SAVE \$9.75**

**C** Swisse Ultiboost Daily Immune Support Tablets Pk 60~

**\$9.75 ea** \$16.25 per 100 ea **SAVE \$9.75**

**D** Nature's Way Garlic + C & Horseradish Tablets Pk 200~

**\$12 ea** \$6 per 100 ea **SAVE \$12**



**A**



**B**



**C**



**D**

**1/2 Price**  
Everyday Immunity Vitamins#



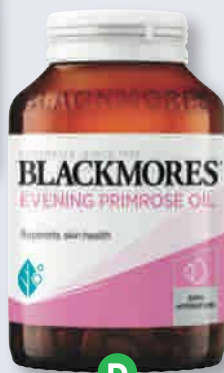
**A**



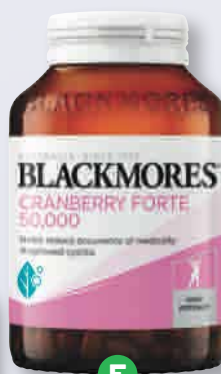
**B**



**C**



**D**



**E**

**1/2 Price**

Pregnancy & Women's Health Vitamins#

**A** Blackmores Pregnancy & Breast Feeding Gold Capsules Pk 120~

**\$25 ea** \$20.83 per 100 ea **SAVE \$25**

**B** Blackmores Bio Iron Advanced Tablets Pk 30~

**\$10 ea** \$33.33 per 100 ea **SAVE \$10**

**C** Swisse Ultiboost Iron Tablets Pk 30~

**\$7.50 ea** \$25 per 100 ea **SAVE \$7.50**

**D** Blackmores Evening Primrose Oil Capsules Pk 125~

**\$15 ea** \$12 per 100 ea **SAVE \$15**

**E** Blackmores Cranberry Forte 50,000 Pk 30~

**\$14 ea** \$46.67 per 100 ea **SAVE \$14**

NT - On sale from Wednesday 24th July, 2024 until Tuesday 30th July, 2024, unless sold out earlier. Savings based on our Darwin metropolitan sell price. Advertised savings may vary in some stores, as some products may already be priced below the metropolitan sell price. Limits per customer may apply, trade not supplied. Products, Specials and Prices Dropped/Everyday Low Price may not be available at Woolworths Metro, Woolworths Online (including Everyday Market from Woolworths) and Bakewell and are not available through MILKRUN. Products and prices may not be available in all stores. While stocks last. ~Always read the label and follow directions for use. #Excludes JS Health, Vitadrop, Vital Proteins, Vital Greens 120g, Berocca Pk 15, Berocca Pk 30, Berocca Pk 20, Berocca Mind, Goli, Nature's Way Magnesium



- A** Cenovis Kids Vitamin C 250mg Chewable Tablets Strawberry Flavour Pk 150~ **\$7 ea** [\$4.67 per 100 ea] **SAVE \$7**
- B** Nature's Way Kids Smart Omega-3 Vita Gummies Pk 120~ **\$15 ea** [\$12.50 per 100 ea] **SAVE \$15**
- C** Nature's Way Kids Smart Immune Defence Gummies Pk 60~ **\$8.50 ea** [\$14.17 per 100 ea] **SAVE \$8.50**

- D** Nature's Way Kids Smart Vita Gummies Multi Vitamin Pastilles Pk 120~ **\$16 ea** [\$13.33 per 100 ea] **SAVE \$16**
- E** Swisse Kids Multi Gummies Pk 60~ **\$9.75 ea** [\$16.25 per 100 ea] **SAVE \$9.75**
- F** Swisse Probiotic + Prebiotic Gummies For Kids Pk 90~ **\$17.50 ea** [\$19.44 per 100 ea] **SAVE \$17.50**



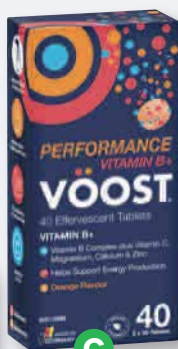
- A** Nature's Way Beauty Collagen Tablets Pk 120~ **\$25 ea** [\$20.83 per 100 ea] **SAVE \$25**
- B** Nature's Way Hair Skin Nails Adult Vita Gummies Pk 150~ **\$20 ea** [\$13.33 per 100 ea] **SAVE \$20**
- C** Swisse Beauty Collagen Glow Powder 120g~ **\$17.50 ea** [\$14.58 per 100g] **SAVE \$17.50**

- D** Swisse Beauty Hair Skin Nails+ Tablets Pk 60~ **\$14.75 ea** [\$24.58 per 100 ea] **SAVE \$14.75**
- E** Swisse Beauty Collagen Glow Gummies Pk 45~ **\$14.75 ea** [\$32.78 per 100 ea] **SAVE \$14.75**
- F** Nature's Way Beauty Collagen Peptides + Vit C Gummies Pk 45~ **\$13 ea** [\$28.89 per 100 ea] **SAVE \$13**

# ④ health&beauty Winter



A



C



B



D



E



F

**1/2  
Price**  
Energy  
Vitamins#

- A** Berocca Energy Vitamin Effervescent Tablets Pk 45~  
**\$13 ea** [29¢ per ea] **SAVE \$13**
- B** Nature's Way Adult B12 Energy Gummies Pk 80~  
**\$12 ea** [\$15 per 100 ea] **SAVE \$12**
- C** Voost Effervescent Vitamin B+ Performance Pk 40~  
**\$10 ea** [25¢ per ea] **SAVE \$10**

- D** Cenovis Mega Vitamin B Tablets Value Pk 200~  
**\$10 ea** [\$5 per 100 ea] **SAVE \$10**
- E** Wakey Wakey Energy Effervescent Tablets Pk 20~  
**\$6 ea** [30¢ per ea] **SAVE \$6**
- F** Blackmores Vitamin B12 Tablets Pk 75~  
**\$8 ea** [\$10.67 per 100 ea] **SAVE \$8**



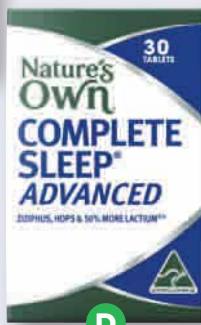
A



B



C



D



E



F

**1/2  
Price**  
Stress,  
Mood & Sleep  
Vitamins#

- A** Nature's Way High Strength Sleep + Ashwagandha Gummies Pk 40~ **\$12.50 ea** [\$31.25 per 100 ea] **SAVE \$12.50**
- B** Swisse Ultiboost Sleep Tablets Pk 60~  
**\$14.75 ea** [\$24.58 per 100 ea] **SAVE \$14.75**
- C** Blackmores Deep Sleep Tablets Pk 30~  
**\$13.50 ea** [\$45 per 100 ea] **SAVE \$13.50**

- D** Nature's Own Complete Sleep Advanced Tablets Pk 30~  
**\$11.75 ea** [\$39.17 per 100 ea] **SAVE \$11.75**
- E** Blackmores Executive B Tablets Pk 125~  
**\$20 ea** [\$16 per 100 ea] **SAVE \$20**
- F** Swisse Ultiboost Calm + Sleep Gummies Pk 60~  
**\$14.75 ea** [\$24.58 per 100 ea] **SAVE \$14.75**



## Magnesium

- 1 Supports healthy muscle function & helps reduce muscle cramps when dietary intake is inadequate
- 2 Supports healthy stress response in the body
- 3 Maintains a healthy cardiovascular system

**1/2 Price**

**\$19<sup>75</sup>** ea

**SAVE \$19.75**

**\$16.46 per 100 ea**

Swisse Ultiboost Magnesium Tablets Pk 120~



- A** Nature's Own Magnesium Chelate 500mg Capsules Pk 180~  
**\$17.25 ea** [**\$9.58 per 100 ea**] **SAVE \$17.25**
- B** Blackmores Super Magnesium+ Tablets Pk 100~  
**\$17 ea** [**\$17 per 100 ea**] **SAVE \$17**
- C** Voost Magnesium Effervescent Tablets Pk 20~  
**\$5.50 ea** [**28¢ per ea**] **SAVE \$5.50**
- D** MagZorb Magnesium Powder 240g~  
**\$17.50 ea** [**\$7.29 per 100g**] **SAVE \$17.50**



**1/2 Price**  
Gummies  
Vitamins#

- A** Nature's Way Vitamin C Vita Gummies Pk 120~  
**\$12 ea** [**\$10 per 100 ea**] **SAVE \$12**
- B** Swisse Adult Probiotic & Prebiotic Gummies Pk 45~  
**\$14.75 ea** [**\$32.78 per 100 ea**] **SAVE \$14.75**
- C** Nature's Way Kids Smart Iron + Vitamin C Vita Gummies Pk 60~  
**\$8.50 ea** [**\$14.17 per 100 ea**] **SAVE \$8.50**
- D** Nature's Way Fibre Vita Gummies Pk 110~  
**\$12 ea** [**\$10.91 per 100 ea**] **SAVE \$12**
- E** Swisse Ultiboost Iron Gummies Pk 50~  
**\$14.75 ea** [**\$29.50 per 100 ea**] **SAVE \$14.75**
- F** Nature's Way Magnesium Adult Vita Gummies Pk 80~  
**\$12 ea** [**\$15 per 100 ea**] **SAVE \$12**

# Cold & Flu

season

**\$7<sup>70</sup>**  
ea

**SAVE  
\$3.30**

**\$51.33 per 100ml**

Nyal Decongestant Nasal Spray 15ml<sup>1</sup>



**\$10<sup>50</sup>**  
ea

**SAVE  
\$4.50**

**44¢ per ea**

Nyal Cough, Cold & Flu  
Tablets Pk 24<sup>1</sup>



**\$10<sup>90</sup>**  
ea

**SAVE  
\$4.70**

**\$2.18 per ea**

Vicks VapoShower  
Pk 5<sup>1</sup>



**\$15<sup>35</sup>**  
ea

**SAVE  
\$3.78**

**64¢ per ea**

Ease a Cold Cough, Cold  
& Flu Capsules Pk 24<sup>1</sup>



**\$25**  
ea

**SAVE  
\$4.75**

**83¢ per ea**

Breathe Right Nasal  
Strips Pk 30<sup>1</sup>



**30% Off**

**\$12<sup>45</sup>**  
ea

**SAVE  
\$5.40**

**\$6.23 per 100ml**

Duro-Tuss Relief Cough,  
Cold & Flu 200ml<sup>1</sup>



**Difflam & Duro-Tuss\***

**\$12<sup>45</sup>**  
ea

**SAVE  
\$5.40**

**\$6.23 per 100ml**

Duro-Tuss Relief Chesty  
Cough 200ml<sup>1</sup>



**\$13<sup>90</sup>**  
ea

**SAVE  
\$6**

**\$46.33 per 100ml**

Difflam Plus Anaesthetic  
Spray 30ml<sup>1</sup>



\*Excludes Prices Dropped, Everyday Low Price and products marked in-store as clearance items.

# 40% Off

**\$13<sup>20</sup>**  
ea

**SAVE  
\$8.80**

**\$15 per 100ml**  
Neutrogena Ultra  
Sheer Face Lotion  
Sunscreen SPF50  
88ml†



**\$15**  
ea

**SAVE  
\$10**

**\$15 per 100g**  
Ethical Zinc Daily  
Wear Tinted Facial  
Sunscreen SPF50+  
100g‡



**\$9**  
ea

**SAVE  
\$6**

**\$12 per 100ml**  
Bondi Sands SPF50+  
Fragrance Free Tinted  
Hydrating Sunscreen  
Face Lotion 75ml†



**\$10<sup>75</sup>**  
ea

**SAVE  
\$7.20**

**\$1.08 per 100ml**  
Thankyou  
Body Wash  
1 Litre



**\$5<sup>65</sup>**  
ea

**SAVE  
\$3.80**

**57¢ per 100ml**  
Palmolive Foaming  
Hand Wash Refill 1 Litre



**\$4<sup>70</sup>**  
ea

**SAVE  
\$4.70**

**\$3.13 per 100ml**  
David Beckham  
Deodorant Body Spray  
150ml



**1/2  
Price**

**\$4**  
ea

**SAVE  
\$4**

**80¢ per 100ml**  
Original Source  
Shower Gel 500ml



**1/2  
Price**

**\$5<sup>75</sup>**  
ea

**SAVE  
\$5.80**

**\$1.15 per ea**  
Pain Away Heat  
Patches Pk 5



**1/2  
Price**