

TAS ON SALE Wed 18 Sep to Tue 24 Sep 2024
See page 26 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



\$18 kg
SAVE \$2 kg
WAS \$20 kg

Coles Australian Lamb Boneless Shoulder Roast
Product sold uncooked



Serving suggestion only

S M E G

New SMEG range to collect

Spend \$20 in one transaction and scan your
Flybuis to earn one Kitchen Knife credit

Flybuis

See page 4
for T&Cs

1/2
PRICE



\$2⁴⁰
ea

SAVE \$2.40
WAS \$4.80

Doritos Corn Chips
150g-170g or XXL 150g

1/2
PRICE



\$1⁷⁵
ea

SAVE \$1.75
WAS \$3.50

Cheezels 110g-125g

1/2
PRICE



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

Peters Drumstick
4 Pack-6 Pack
475mL-490mL

1/2
PRICE



\$6⁸⁰
ea

SAVE \$6.80
WAS \$13.60

Kirks Soft Drink
10x375mL
\$1.81 per litre

1/2 PRICE



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Fantastic Noodle Cup or Bowl
70g-85g



\$2⁰⁵
ea

SAVE \$2.05
WAS \$4.10

Powerade Sports Drink or Active
Water 600mL \$3.42 per litre



\$2²⁰
ea

SAVE \$2.20
WAS \$4.40

McVitie's Digestives Plain or
Chocolate Biscuits 266g-355g



\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nescafé Coffee Sachet
8 Pack-10 Pack



NEW
at coles
Exclusive

\$7⁵⁰
ea

SAVE \$7.50
WAS \$15

Huggies Ultra Dry Convenience
Nappy Pants 12 Pack-15 Pack



\$28⁵⁰
ea

SAVE \$28.50
WAS \$57

Finish Ultimate Dishwashing
Tablets 50 Pack \$0.57 per each

100% Tassie Granny Smith Apples

\$3⁹⁰
kg

DOWN DOWN
WAS \$4.90kg
AUG 2024

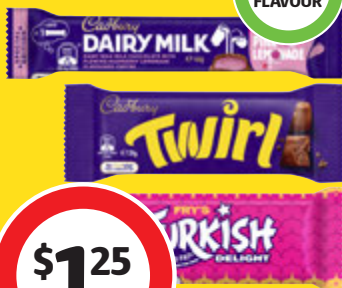
Tasmanian Granny Smith Apples



TASMANIAN

1/2 PRICE

NEW
FLAVOUR



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Cadbury Chocolate Bar
30g-55g

NEW
FLAVOUR



\$1⁴⁰
ea

SAVE \$1.40
WAS \$2.80

Oreo Cream Biscuits
128g-135g



\$1⁴⁰
ea

SAVE \$1.40
WAS \$2.80

Fantastic Delites Snack
Rice Crackers 100g
\$1.40 per 100g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Jack Link's Beef Jerky 50g
\$55.00 per kg



\$3
ea

SAVE \$3
WAS \$6

Arnott's Treatles Biscuit Bites 90g
\$3.33 per 100g



\$8
ea

SAVE \$8
WAS \$16

Toblerone 360g
\$2.22 per 100g.
On sale for 2 weeks



\$9
ea

SAVE \$9
WAS \$18

Cadbury Roses 420g
\$2.14 per 100g



\$11
ea

SAVE \$11
WAS \$22

Cadbury Favourites 520g or
Lindt Lindor Gift Box 232g-235g

ONLY
at coles



\$15
ea

SAVE \$15
WAS \$30

Ferrero Rocher Diamond
Gift Box 300g \$5.00 per 100g.
On sale for 2 weeks

S M E G

New SMEG range to collect

Spend \$20 in one transaction and scan your
Flybuys to earn one Kitchen Knife credit**


Flybuys



**Spend \$20 in one transaction in-store or online at Coles (after savings and discounts have been applied) and scan your Flybuys to receive one Kitchen Knife credit. Earn credits until 7/1/25 and redeem credits (excludes Coles app) by 21/1/25 or while stocks last. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buy Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco, tobacco related product purchases, subscriptions, and delivery fees. Knives are unavailable in selected stores. For further information please refer to the full T&Cs - Full T&Cs apply - coles.com.au/smeg-terms

S M E G

Collect the SMEG range sooner

- 1 Spend \$20 in one transaction
- 2 Purchase a selected product from a participating brand
- 3 Scan your Flybuys 
- 4 Earn a bonus Kitchen Knife credit*

Get a bonus credit when you purchase a selected product from a participating brand*



BOTANICA



MasterFoods



Excludes items from the deli counter Includes crackers only

*Spend \$20 in one transaction, scan your Flybuys and receive one Bonus Kitchen Knife credit when you also purchase a selected product from a participating brand or product range. Limit of one Bonus Kitchen Knife credit applies per brand, per transaction. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buy Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. Earn credits until 7/1/25 and redeem credits (excludes Coles app) by 21/1/25 or while stocks last. Knives are unavailable in selected stores. For further information please refer to the full T&Cs - coles.com.au/smeg-terms

1/2 PRICE



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Nice & Natural Nut Bars
180g-192g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Heinz Seriously Good Aioli or Mayonnaise
295mL \$0.93 per 100mL



\$1⁵⁰
ea

SAVE \$1.50
WAS \$3

Sunrice Premium White Long
Grain Rice 1kg \$0.15 per 100g



\$1⁹⁰
ea

SAVE \$1.90
WAS \$3.80

Pureharvest Organic Coco
Quench Coconut Milk 1 Litre
\$1.90 per litre

1/2 PRICE



\$3
ea

SAVE \$3
WAS \$6

Maggi Mug Noodles
4 Pack 232g-240g



\$11⁵⁰
ea

SAVE \$11.50
WAS \$23

Maharajah's Choice Basmati
Rice 5kg \$0.23 per 100g



\$2⁴⁵
ea

SAVE \$2.50
WAS \$4.95

Fantastic Instant Noodles 700g
\$0.35 per 100g

1/2 PRICE



\$2^{ea}
SAVE \$2
 WAS \$4



Four N Twenty Traveller Microwavable
 Classic Pie 160g \$1.25 per 100g



\$3⁵⁰^{ea}
SAVE \$3.50
 WAS \$7

Borg's Gozleme Feta & Spinach 300g
 \$1.17 per 100g



\$3⁷⁵^{ea}
SAVE \$3.75
 WAS \$7.50

Pasta Italia Pasta Sauce 400g
 \$0.83 per 100g



\$4²⁵^{ea}
SAVE \$4.25
 WAS \$8.50

Hong Kong Dim Sim Kitchen Pork
 & Chive Dumplings 300g
 \$1.42 per 100g



\$5⁵⁰^{ea}
SAVE \$5.50
 WAS \$11

Haldiram's Cocktail Samosa
 500g \$1.10 per 100g



\$5^{ea}
SAVE \$5
 WAS \$10

Reese's, Hershey's or Violet
 Crumble Ice Cream 4 Pack
 360mL-440mL



\$4⁷⁵^{ea}
SAVE \$4.75
 WAS \$9.50

Hershey's or Reese's Ice Cream
 1 Litre \$0.48 per 100mL



\$4⁷⁵^{ea}
SAVE \$4.75
 WAS \$9.50

Peters Drumstick 4 Pack-6 Pack
 475mL-490mL

1/2 PRICE

\$7⁵⁰
ea

SAVE \$7.50
WAS \$15



Swisse Ultiboost Iron Tablets
30 Pack \$25.00 per 100 each

\$12⁵⁰
ea

SAVE \$12.50
WAS \$25



Swisse Ultiboost Liver
Detox Tablets 60 Pack
\$20.83 per 100 each

\$14⁷⁵
ea

SAVE \$14.75
WAS \$29.50



Swisse Probiotic + Prebiotic
Gummies 45 Pack or Calm +
Sleep Gummies 60 Pack

Bonus
Kitchen Knife
credit*

Bonus
Kitchen Knife
credit*

\$14⁷⁵
ea

SAVE \$14.75
WAS \$29.50



Swisse Ultiboost Zinc+ Tablets
120 Pack \$12.29 per 100 each

\$19⁷⁵
ea

SAVE \$19.75
WAS \$39.50



Swisse Beauty Hair Skin Nails+
Tablets 100 Pack
\$19.75 per 100 each

\$19⁷⁵
ea

SAVE \$19.75
WAS \$39.50



Swisse Ultiboost Vitamin D
Capsules 400 Pack
\$4.94 per 100 each

*See page 5 for T&Cs

\$24⁷⁵
ea

SAVE \$24.75
WAS \$49.50



Swisse Ultiboost Magnesium
Tablets 200 Pack
\$12.38 per 100 each

Bonus
Kitchen Knife
credit*

\$29⁷⁵
ea

SAVE \$29.75
WAS \$59.50



Swisse Ultivite Multivitamin
Tablets 100 Pack
\$29.75 per 100 each

\$17⁵⁰
ea

SAVE \$17.50
WAS \$35



Blackmores Probiotics+ Daily
Health Capsules 30 Pack
\$58.33 per 100 each

*See page 5 for T&Cs

\$18
ea

SAVE \$18
WAS \$36



Blackmores Odourless Fish Oil
Capsules 200 Pack
\$9.00 per 100 each

\$20
ea

SAVE \$20
WAS \$40



Blackmores Bio Magnesium
Tablets 150 Pack
\$13.33 per 100 each

\$20
ea

SAVE \$20
WAS \$40



Blackmores Executive B Stress
Formula Tablets 125 Pack
\$16.00 per 100 each

This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

L'Oréal Elvive Shampoo
or Conditioner 300mL
\$1.42 per 100mL



Bonus
Kitchen Knife
credit*

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Colgate Sensitive Whitening
or Multi Protection Toothpaste
110g \$4.09 per 100g.
*See page 5 for T&Cs



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Johnson's Baby Bedtime
Bath or Shampoo 500mL
\$1.10 per 100mL



Bonus
Kitchen Knife
credit*

\$6
ea

SAVE \$6
WAS \$12

Palmolive Naturals Body Wash
1 Litre \$0.60 per 100mL.
*See page 5 for T&Cs



\$6
ea

SAVE \$6
WAS \$12

Dettol Pro Fresh Shower Gel
950mL \$0.63 per 100mL



\$7⁵⁰
ea

SAVE \$7.50
WAS \$15

Hismile Cotton Candy or Barbie
Toothpaste 60g \$12.50 per 100g.
On sale for 2 weeks



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Hask Shampoo or Conditioner
355mL \$2.39 per 100mL



\$10⁵⁰
ea

SAVE \$10.50
WAS \$21

L'Oréal Revitalift Vitamin C
Cleanser 150mL \$7.00 per 100mL



\$50
ea

SAVE \$50
WAS \$100

Oral B Pro 800 Electric Toothbrush
1 Pack



1/2 PRICE



\$2²⁵
ea
SAVE \$2.25
WAS \$4.50

Viva Paper Towel 2 Pack
\$1.88 per 100 sheets



\$3⁵⁰
ea
SAVE \$3.50
WAS \$7

Harpic Colour In The Bowl 39g or
Hygienic & Fresh Sticker 2 Pack



\$4⁷⁵
ea
SAVE \$4.75
WAS \$9.50

Morning Fresh Dishwashing
Liquid 900mL \$0.53 per 100mL



\$5⁷⁵
ea
SAVE \$5.75
WAS \$11.50

Glen 20 Scentsations
Disinfectant Spray 375g or
Pine O Clean Scentsations
Disinfectant Wipes 100 Pack



\$5⁷⁵
ea
SAVE \$5.75
WAS \$11.50

Finish Rinse & Shine Aid 500mL
\$1.15 per 100mL



Bonus
Kitchen Knife
credit*

\$8⁵⁰
ea
SAVE \$8.50
WAS \$17

Botanica Plug In Fragrance
Diffuser 19mL \$4.47 per 10mL.
* See page 5 for T&Cs



\$12
ea
SAVE \$12
WAS \$24

Cold Power Laundry Liquid
2 Litre or Powder 2kg



Bonus
Kitchen Knife
credit*

\$19
ea
SAVE \$19
WAS \$38

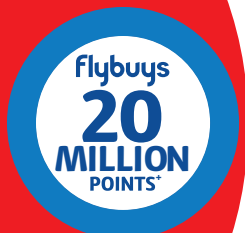
Tide Laundry 3 in 1 Pods
31 Pack \$0.61 per each.
* See page 5 for T&Cs



\$25⁵⁰
ea
SAVE \$25.50
WAS \$51

Finish Ultimate 0% Dishwashing
Tablets 46 Pack \$0.55 per each

WIN a
share of



- 1 Spend \$20 on cleaning products in one transaction.
- 2 Scan your Flybuys.
- 3 Receive an entry for a chance to win.*



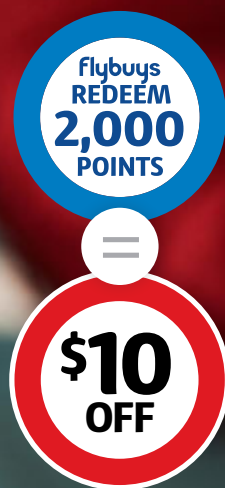
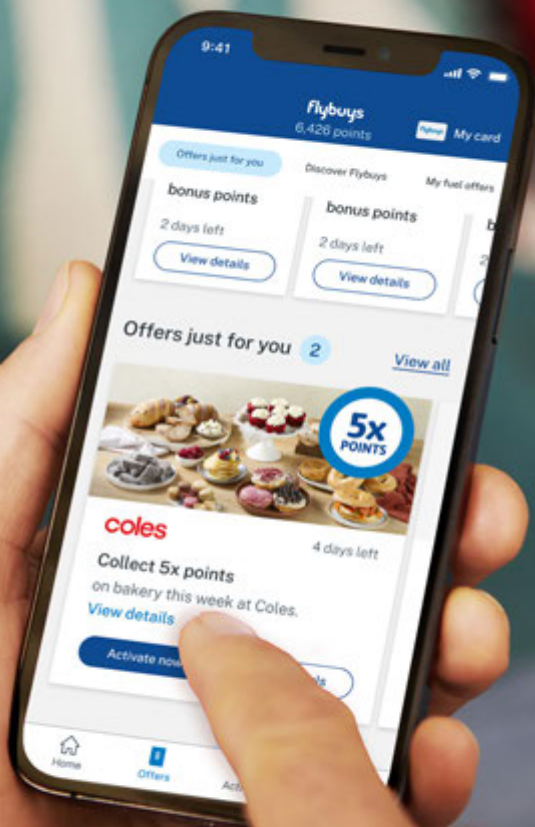
*Competition dates 04/09/24 to 1/10/24. Entrants must be an AU res 18+ and a registered Flybuys member to participate. Excludes DoorDash, UberEats, Coles Express and all Coles Best Buys purchases. Entries drawn 8/10/24. Winners notified in writing (or via email). Full T&Cs available at www.coles.com.au/20mflybuys terms Promoter is Coles Supermarkets Australia Pty Ltd, 800 Toorak Road, Hawthorn East, Vic. 3123. Permits: ACT Permit TP24/01239, NSW Permit NTP/10129 and SA Permit T24/966

Great value. Hands down.
with Flybuys



Want \$10 off your in-store Coles shop faster?

Activate your personalised Coles offers in the Coles or Flybuys app before you shop and collect bonus points to accelerate your way to money off your in-store shop.**



The quickest way to get to 2,000 points is to **activate your offers** in the Flybuys or Coles app and to **always scan your Flybuys**, even on the little shops!

Flybuys

**Only Coles offers can be activated in the Coles app. Offers may have minimum spend thresholds and limits applied. Flybuys T&Cs apply. Flybuys Dollars may be used after savings and discounts and in-store only (excluding purchases of gift cards, iTunes cards, charitable donations, tobacco and tobacco related products) Flybuys points can be converted to Flybuys Dollars in multiples of 2,000 points only. Every 2,000 points equates to \$10 Flybuys Dollars. Flybuys Dollars may be used in-store only. Physical Flybuys card must be presented at checkout. Flybuys Standard, Rewards and Dollars T&Cs apply and can be found at flybuys.com.au.

Great value. Hands down.



For footy finals



Serving suggestion only



\$12^{ea}

EVERY DAY

Coles Beef Lasagne 1.8kg
\$0.67 per 100g



\$2⁹⁰_{ea}

EVERY DAY

Coles Kitchen Garlic Baguette
Twin Pack 450g \$0.64 per 100g



\$6^{pk}

DOWN DOWN
WAS \$7
AUG 2024

Don Skinless Footy Franks 435g
\$13.79 per kg

Ready
to eat



\$12^{ea}

EVERY DAY

Coles Hot Roast RSPCA Approved
Chicken Selected stores only*



**1/2
PRICE**

\$5⁹⁰_{ea}

SAVE \$6.05
WAS \$11.95

Tasmanian Heritage Double
Cream Brie or Camembert
200g \$29.50 per kg



\$4²⁰_{ea}

DOWN DOWN
WAS \$5
AUG 2024

Black Swan Chunky Dip 150g
\$2.80 per 100g

*For locations of Deli counter stores visit coles.com.au/range-availability

Great value. Hands down.



For footy finals



NEW
at Coles

1/2 PRICE

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Life Savers Candy
150g-200g

\$3
ea

SAVE \$3
WAS \$6

Kettle Potato Chips or
Crafted Collection 150g-165g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Allen's Lollies 140g-200g



\$4²⁰
ea

SAVE \$1.80
WAS \$6

Skittles 120g-200g



NEW
FLAVOUR

\$4
ea

SAVE \$2
WAS \$6

Nestlé Block Chocolate
118g-180g



\$11¹⁰
ea

SAVE \$7.40
WAS \$18.50

Coca-Cola, Fanta
or Sprite Soft Drink
12x300mL \$3.08 per litre



91¢
PER
CAN

\$21⁶⁵
ea

SAVE \$14.50
WAS \$36.15

Coca-Cola Soft Drink
24x375mL \$2.41 per litre



\$7⁴⁵
ea

SAVE \$3.05
WAS \$10.50

V Energy Drink 4x250mL
\$7.45 per litre



\$8⁸⁵
ea

SAVE \$5.90
WAS \$14.75

Monster Energy Drink
4x500mL \$4.43 per litre

Great value. Hands down.



For footy finals



\$4^{ea}
SAVE \$1
WAS \$5

Coles Bakery
Tear & Share
Selected stores only

Serving suggestion only

2 for
\$10
SAVE \$1.80

Coles Classic Burgers or Sausages
400g-550g



1/2
PRICE

\$5⁹⁰
ea
SAVE \$5.90
WAS \$11.80

Charlottes Bakery Beef Pies
2 Pack 400g \$1.48 per 100g



2 for
\$3⁷⁰
SAVE \$2

Schweppes Mixers, Soft Drink
or Mineral Water 1.1 Litre
\$1.68 per litre



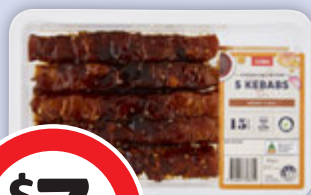
\$24^{kg}
SAVE \$4^{kg}
WAS \$28^{kg}

Coles Australian No Added
Hormones Beef Rump Steak



\$7^{pk}
SAVE \$1
WAS \$8

Coles RSPCA Approved Chicken
Kebabs Honey & Soy 375g
\$18.67 per kg. On sale for 2 weeks



Great value. Hands down.



For footy finals



\$6⁷⁰
ea

SAVE \$3
WAS \$9.70

Patties Party Pies 12 Pack
560g \$1.20 per 100g

Serving suggestion only



\$3³⁵
ea

SAVE \$1.45
WAS \$4.80

Smith's Crinkle Cut or Double
Crunch Potato Chips 150g-170g



\$3
ea

SAVE \$1.50
WAS \$4.50

Always Fresh Grissini or Crustini
Crackers 120g-125g
On sale for 2 weeks



\$13
pk

SAVE \$2.50
WAS \$15.50

Coles RSPCA Approved Chicken
Southern Fried Portions 1.2kg
\$10.83 per kg



2 for
\$10

SAVE \$3.50

Bundaberg Brewed Soft Drink
4x375mL \$3.33 per litre



2 for
\$7

SAVE \$1

Black Swan Favourites Dip 200g
\$1.75 per 100g. 2nd week on sale



\$6⁹⁰
ea

SAVE \$3
WAS \$9.90

Mersey Valley Cheese 235g
\$29.36 per kg. On sale for 2 weeks

Simply Footy



\$2⁵⁰
ea

DOWN DOWN
WAS \$2.75 AUG 2024

Coles Simply Hamburger Rolls
6 Pack 540g or Hot Dog Rolls
6 Pack 450g



\$4⁸⁰
pk

DOWN DOWN
WAS \$5.40
AUG 2024



Coles Simply Thin BBQ
Sausages 8 Pack 560g
\$8.57 per kg



\$11
pk

DOWN DOWN
WAS \$12
AUG 2024



Coles Simply Thin BBQ
Sausages 24 Pack 1.8kg
\$6.11 per kg



\$4⁸⁰
pk

DOWN DOWN
WAS \$5.40
AUG 2024



Coles Simply Thin BBQ Honey
Sausages 8 Pack 560g
\$8.57 per kg



\$10⁵⁰
pk

DOWN DOWN
WAS \$11
AUG 2024



Coles Simply BBQ Beef Burgers
10 Pack 1kg \$10.50 per kg



\$12
pk

DOWN DOWN
WAS \$13
AUG 2024



Coles Simply RSPCA Approved
Chicken Burgers Plain Crumb
1.2kg \$10.00 per kg



\$3³⁰
ea

DOWN DOWN
WAS \$3.60
AUG 2024

Coles Simply Garlic Bread
Slices 270g \$1.22 per 100g

Simply Savvy



\$9
ea

DOWN DOWN
WAS \$9.90 JUL 2024

Coles Simply Cheddar
Cheese Block 1kg
\$9.00 per kg



\$3⁵⁰
ea

EVERY DAY

Coles Simply Food Containers
300mL 4 Pack \$0.88 per each



\$4⁵⁰
ea

EVERY DAY

Coles Simply Vanilla Flavoured
Frozen Dessert 2 Litre
\$0.23 per 100mL



\$2⁸⁰
ea

EVERY DAY

Coles Simply Frozen Cut Beans
1kg \$2.80 per kg



95¢
ea

EVERY DAY

Coles Simply Tomato Paste
170g \$0.56 per 100g



\$4⁶⁰
ea

EVERY DAY

Coles Simply Sandwich Slices
24 Pack 500g \$9.20 per kg



\$2⁸⁰
ea

DOWN DOWN
WAS \$3.65
JUL 2024

Coles Simply Beef Lasagne
375g \$0.75 per 100g

Serving suggestion only

\$2⁵⁰
ea

DOWN DOWN
WAS \$3.25 AUG 2024

Coles Bakery Stone Baked
by Laurent Mini Pane di Casa
Selected stores only

\$3⁸⁰
ea

EVERY DAY

Coles Brioche Hamburger Bun 4 Pack 200g
or Hot Dog Roll 6 Pack 270g

\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Mission Wraps 8 Pack 567g
\$0.77 per 100g

\$6
ea

DOWN DOWN
WAS \$6.50
AUG 2024

Coles Bakery Mixed Cookies
24 Pack \$0.25 per each.
Selected stores only

\$3²⁵
pk

SAVE 50¢
WAS \$3.75

Coles Bakery Continental Rolls
3 Pack or 4 Pack
Selected stores only

\$3³⁰
ea

EVERY DAY

Coles Raisin Toast 560g
\$0.59 per 100g

Serving suggestion only

\$5⁵⁰
ea

Only for Christmas

Coles Christmas Apricot & Peach Pies
6 Pack 360g \$1.53 per 100g.
While stocks last. No rainchecks

Great value. Hands down.



Serving suggestion only

\$35^{kg}

SAVE \$8^{kg}
WAS \$43^{kg}

Coles Australian Lamb Cutlets
Product sold uncooked

\$15^{kg}

SAVE \$2^{kg}
WAS \$17^{kg}

Coles GRAZE Lamb Half Leg Roast

\$12⁵⁰^{pk}

SAVE \$2
WAS \$14.50

Coles Australian No Added Hormones Gravy Beef 800g
\$15.63 per kg

\$9⁵⁰^{pk}

SAVE \$2
WAS \$11.50

Coles Australian Pork Sirloin Steak 500g \$19.00 per kg

\$15^{kg}

SAVE \$2^{kg}
WAS \$17^{kg}

Coles Australian Pork Belly Roast Boneless 2nd week on sale

\$17^{pk}

SAVE \$2
WAS \$19

Coles Australian No Added Hormones Beef Scotch Fillet Thin Cut Steak 400g \$42.50 per kg

\$10^{pk}

SAVE \$3
WAS \$13

Coles Made Easy Family Classic Slow Cooked Beef Chilli Con Carne 700g \$14.29 per kg

DOWN DOWN

\$11^{pk}

DOWN DOWN
WAS \$13
AUG 2024

Coles Australian No Added Hormones Beef Sizzle Steak 400g
\$27.50 per kg

\$4⁷⁰^{pk}

DOWN DOWN
WAS \$5.50
AUG 2024

Coles Australian Pork 3 Star Regular Mince 500g
\$9.40 per kg



Bertocchi

A FAMILY TRADITION SINCE 1972

\$2.95
PER
100g



\$29.50
kg

SAVE \$5.50 kg
WAS \$35 kg

Bertocchi Triple Smoked Leg Ham
Selected stores only*



\$8.80
pk

SAVE \$2.20
WAS \$11

Bertocchi Long Cut or Short Cut Bacon 400g
\$22.00 per kg



\$3
PER
100g



\$30
kg

SAVE \$7 kg
WAS \$37 kg

Bertocchi Soppressa Salami
Selected stores only*

\$2.50
PER
100g



\$25
kg

SAVE \$6 kg
WAS \$31 kg

Bertocchi Hickory Smoked Leg Ham
Selected stores only*



ADVERTISER PROMOTION

*For locations of Deli counter stores
visit coles.com.au/range-availability

Serving Suggestion

Great value. Hands down.



Serving suggestion only

\$24_{kg}

SAVE \$12_{kg}
WAS \$36_{kg}

Coles Australian Fresh Barramundi Portions Skin On
Selected stores only*. Product sold uncooked

\$40_{kg}

SAVE \$6_{kg}
WAS \$46_{kg}

TASMANIAN

Coles Tasmanian Fresh Salmon Portions Skin Off
On sale for 2 weeks. Selected stores only*

\$3_{pk}

SAVE 95¢
WAS \$3.95

Primo Sliced Meat 80g-100g

2 for \$6

SAVE \$1

Coles Brand Pre-Packed Antipasto 110g-135g
Selected stores only*

\$5⁵⁰_{ea}

SAVE \$2
WAS \$7.50

Latina Pasta Sauce 425g
\$1.29 per 100g. 2nd week on sale

\$8_{ea}

SAVE \$3
WAS \$11

Latina Filled Pasta 625g
\$1.28 per 100g

Serving suggestion only

\$10_{ea}

SAVE \$4.50
WAS \$14.50

Hedy's Quiche 1.1kg
\$0.91 per 100g. Selected stores only*

*For locations of Deli counter stores visit coles.com.au/range-availability

100% Aussie Carrots

\$1⁵⁰
bag

Coles Australian Carrots 1kg Bag
\$1.50 per kg



**DOWN
DOWN**

\$4⁹⁰
pk

DOWN DOWN
WAS \$5.90
JUL 2024



Tasmanian Jazz Apples
1kg Pack \$4.90 per kg

\$6
pk

DOWN DOWN
WAS \$7
JUL 2024



Coles Kitchen Potato Salad
800g Pack \$7.50 per kg

100% Aussie Blueberries

\$3⁵⁰
pk

Australian Blueberries 170g Punnet
\$20.59 per kg

Larger
punnet
size



\$4⁹⁰
kg



Tasmanian Jazz Apples



4 for
\$5

Gold Kiwifruit
Single sell for \$1.50.
\$1.25 per kiwifruit when you buy 4



\$2⁷⁰
ea



Coles Australian Baby Broccoli
Bunch



\$4
bag



Coles Tasmanian Brushed Potatoes
2kg Bag \$2.00 per kg



\$4⁸⁰
bag



Coles Australian Organic Carrots
1kg Bag \$4.80 per kg



\$7
pk

SAVE \$2
WAS \$9

Coles Dry Roasted, Natural or
Smoked Almonds 400g Pack
\$17.50 per kg



2 for
\$5

SAVE \$1

Coles Australian 4 Leaf Salad Mix
200g Pack \$12.50 per kg

Serving suggestion only



Great value. Hands down.



1/2
PRICE



\$3^{ea}

SAVE \$3
WAS \$6

Cadbury Old Gold Block Chocolate
170g-180g

\$3⁴⁵_{ea}

SAVE \$3.45
WAS \$6.90

Schweppes Mixers or Soft Drink
4x300mL \$2.88 per litre



\$2²⁰_{ea}

DOWN DOWN
WAS \$2.80
AUG 2024

Mars Kingsize Bar 64g-72g



\$3^{ea}

SAVE \$1
WAS \$4

Arnott's Tina Wafer or Hundreds
& Thousands Biscuits 200g
\$1.50 per 100g



\$3⁵⁰_{ea}

SAVE \$1
WAS \$4.50

Arnott's Cheds or Country
Cheese Crackers 250g
\$1.40 per 100g



\$4^{ea}

SAVE \$2
WAS \$6

Nutella Cream Biscuits 193g
\$2.07 per 100g

TAS-METRO-1809-24-284911



NEW
at coles

\$4^{ea}

SAVE \$2
WAS \$6

Cadbury Sharepacks 120g-180g



NEW
FLAVOUR

3 for
\$12

SAVE \$7.50

Lindt Excellence or Lindor Block
Chocolate 80g-100g

Great value. Hands down.



NEW
FLAVOUR



\$4⁵²
ea

SAVE \$4.53
WAS \$9.05

**1/2
PRICE**



\$8²⁵
ea

SAVE \$8.25
WAS \$16.50

Coca-Cola, Fanta or Sprite Mini Cans
6x250mL \$3.01 per litre

Pepsi, Solo or Schweppes Soft Drink or
Schweppes Infused Sparkling Water
10x375mL \$2.20 per litre

\$1⁵⁵
ea

SAVE \$1.10
WAS \$2.65



Kirks Soft Drink 1.25 Litre
\$1.24 per litre

\$1⁷⁰
ea

SAVE \$1.15
WAS \$2.85



Pepsi, Solo or Sunkist Soft Drink
1.25 Litre \$1.36 per litre

2 for
\$6

SAVE \$2



Arnott's Savoy Crackers 225g
or Vita-Weat Crispbread 250g

\$3³⁰
ea

SAVE \$2.20
WAS \$5.50



Cocobella Coconut Water 1 Litre
\$3.30 per litre

\$5⁹⁰
ea

DOWN DOWN
WAS \$8
AUG 2024



Remedy Sodaly 4x250mL
\$5.90 per litre

2 for
\$6

SAVE \$2.80



Golden Circle Fruit Drink Tetra
6x250mL \$2.00 per litre

EVERY DAY

\$2⁴⁰
ea



Viva Cordial 1 Litre
\$2.40 per litre

\$3⁵⁰
ea



Fruit Co + Juice 2 Litre
\$1.75 per litre

Great value. Hands down.



40% OFF

\$3.90
ea

SAVE \$2.60
WAS \$6.50

Primo Air-Dried Salami Sticks 90g
\$4.33 per 100g



\$7
ea

SAVE \$2
WAS \$9

Kellogg's Nutri Grain 470g
or Coco Pops Chex 500g



\$7
ea

SAVE \$1.80
WAS \$8.80

Nestlé Milo Cereal 535g-620g
or Uncle Tobys Plus Cereal
565g-705g



\$4
ea

SAVE \$1.50
WAS \$5.50

Uncle Tobys Muesli Bars 185g
or Roll-Ups 94g



\$6.40
ea

SAVE \$1.60
WAS \$8

Kellogg's All Bran 530g
\$1.21 per 100g



\$6.90
ea

SAVE \$2
WAS \$8.90

Nōshu Low Carb Bars
150g-160g



\$5.25
ea

SAVE \$2.25
WAS \$7.50

Carman's Granola
425g-450g



\$5.50
ea

SAVE \$1.40
WAS \$6.90

Carman's Porridge Sachets
240g-320g

Catalogue on sale Wed 18th Sep until Tue 24th Sep 2024 or until Tue 1st Oct where indicated. Selected specials commenced Wed 11th Sep.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Savings, single sell prices and unit prices shown are off Tasmanian regular selling prices. Some advertised products may already be priced below the Tasmanian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down.



**1/2
PRICE**

\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nescafé Coffee Sachet
8 Pack-10 Pack



\$18
ea

SAVE \$8
WAS \$26

Nescafé Blend 43 500g
\$3.60 per 100g



\$5⁸⁰
ea

SAVE \$1.50
WAS \$7.30

Vegemite 380g
\$1.53 per 100g



\$9
ea

SAVE \$2.50
WAS \$11.50

Moccona Freeze Dried Instant
Coffee 95g-100g



\$17⁵⁰
ea

SAVE \$7.50
WAS \$25

Vittoria Coffee Beans 500g
\$3.50 per 100g



\$5⁹⁰
ea

SAVE \$2
WAS \$7.90

Starbucks Nespresso Compatible
Coffee Capsules 10 Pack
\$0.59 per each



\$9⁴⁵
ea

SAVE \$4.05
WAS \$13.50

Robert Timms Coffee Bags
24 Pack-28 Pack



\$2
ea

SAVE \$1
WAS \$3

Sanitarium So Good Barista Milk
1 Litre \$2.00 per litre

**Helping
Australian
Red Cross
help others**



Nestlé Australia
is supporting
Australian
Red Cross
with \$100,000
this September
to help Aussies
impacted by
disasters.

Great value. Hands down.




2 for \$6
SAVE \$3

Campbell's Country Ladle
or Chunky Soup 495g-505g
2nd week on sale



\$3⁵⁰ ea
SAVE \$1
WAS \$4.50

Campbell's Real Stock 1 Litre
\$0.35 per 100mL



\$4 ea
SAVE \$1
WAS \$5

Cadbury Baking Chocolate
Block, Chips or Melts 180g-225g



\$4⁵⁰ ea
SAVE \$2.50
WAS \$7

Betty Crocker Baking Triple
Chocolate Brownie Mix 500g or
Choc Chunk Cookie Mix 485g



\$3²⁰ ea
SAVE 80¢
WAS \$4

Kan Tong Cooking Sauce
485g-520g On sale for 2 weeks



\$4⁵⁰ ea
SAVE \$1.80
WAS \$6.30

Beerenberg Chutney or Relish
260g-280g

Make Lunchbox Snacks a Breeze!



1/2 PRICE

\$2⁷⁵ ea
SAVE \$2.75
WAS \$5.50

Nice & Natural Nut
Bars 180g-192g

Looking for a
Protein Boost?



Great PM
Pick me up



ONLY
at **coles**

2 for \$9
SAVE \$4

Nice & Natural
Active Protein Bars
125g \$3.60 per 100g

Couldn't be nicer

ADVERTISER PROMOTION

Great value. Hands down.



40% OFF

\$2¹⁰
ea

SAVE \$1.40
WAS \$3.50

Cobs Popcorn 80g-120g

Any 2 for
\$7

SAVE \$2

Twisties 6 Pack or Jumpy's
or Doritos 5 Pack



\$3^{ea}

SAVE \$1.50
WAS \$4.50

Old El Paso Beans 425g-435g



\$4¹⁵
ea

SAVE \$1.05
WAS \$5.20

Kewpie Japanese Dressing
210mL \$1.98 per 100mL



\$3⁵⁰
ea

SAVE \$2
WAS \$5.50

Patak's Simmer Sauce 450g
\$0.78 per 100g



\$4⁹⁵
ea

SAVE \$1.25
WAS \$6.20

The Spice Tailor Indian Curry Kit
225g-300g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Marion's Kitchen Marinade
240mL \$1.46 per 100mL



\$1⁷⁰
ea

SAVE 50¢
WAS \$2.20

Edgell Corn Kernels 420g
\$4.05 per kg



Grills & Salads are **TASTIER** with

S M E G

Bonus
Kitchen Knife
credit*



\$3⁶⁰
ea

SAVE \$1.70
WAS \$5.30

Barilla Pesto 190g-195g
*See page 5 for T&Cs

FIND US IN THE
PASTA SAUCE AISLE



ADVERTISER PROMOTION

Great value. Hands down.



40% OFF

\$3^{ea}

SAVE \$2
WAS \$5

Goulburn Valley Fruits in Juice 700g
\$4.29 per kg



\$2^{ea}

SAVE 70¢
WAS \$2.70

John West Tuna Tempters 95g
\$21.05 per kg



\$1⁷⁰^{ea}

SAVE 50¢
WAS \$2.20

Edgell Beans 400g
\$4.25 per kg.
Excludes Organic



\$2⁸⁰^{ea}

SAVE 70¢
WAS \$3.50

Heinz Baked Beans or
Spaghetti 535g-555g



\$3^{ea}

SAVE \$1.50
WAS \$4.50

BSc BodyScience
Soft Protein Bar 55g
\$5.45 per 100g



\$3⁵⁰^{ea}

SAVE \$1
WAS \$4.50

Musashi Protein Crisp
Bar 60g \$5.83 per 100g



\$3³⁰^{ea}

SAVE 90¢
WAS \$4.20

Sandhurst Sandwich
Stacker 500g \$6.60 per kg



\$4⁴⁰^{ea}

SAVE \$1.10
WAS \$5.50

Green's Premium
Baking Mix 380g-630g



\$13^{ea}

SAVE \$3.50
WAS \$16.50

Alfa One Rice Bran Oil
3 Litre \$0.43 per 100mL



ONLY
at coles

\$18^{ea}

SAVE \$8
WAS \$26

La Española Olive Oil
1 Litre \$1.80 per 100mL.
Excludes Organic

Great value. Hands down.



\$7⁵⁰
ea

SAVE \$2
WAS \$9.50

Perfect Italiano Cheese Grated 450g
\$16.67 per kg

\$6⁵⁰
ea

SAVE \$1
WAS \$7.50

Perfect Italiano Cheese Parmesan
Block 200g \$32.50 per kg

\$10
ea

SAVE \$1
WAS \$11

Cheer Cheese Slices 500g
\$20.00 per kg

\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Bega Cheese Stringers 8 Pack
160g \$35.00 per kg

\$4²⁵
ea

SAVE \$2
WAS \$6.25

Babybel Mini Cheese 5 Pack
100g \$42.50 per kg

\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Lemnos Haloumi 180g
\$31.11 per kg

\$3⁸⁰
ea

SAVE 80¢
WAS \$4.60

Black Swan Crafted Dip 170g
\$2.24 per 100g. 2nd week on sale

2 for \$12

SAVE \$3

Castello Half Moon Cheese
150g \$40.00 per kg

Shop online for even more savings

Lower the cost of your weekly shop with exclusive specials you can only get online.

ONLINE ONLY SPECIALS

coles.com.au

NEW

**1/2
PRICE**



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Pasta Italia Italian Sausage
& Pecorino Ravioli 400g
\$0.88 per 100g



\$7⁵⁰
ea

SAVE \$2
WAS \$9.50

Core Powerfoods Loaded
Mac N Cheese 350g
\$2.14 per 100g

Bonus
Kitchen Knife
credit*



\$7⁶⁰
ea

SAVE \$1.90
WAS \$9.50

Coles Finest Frozen Mushroom
Risotto 400g \$1.90 per 100g.
*See page 5 for T&Cs



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Coles Frozen Curly Fries 1kg
\$4.40 per kg



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Coles Kitchen Frozen Grilled
Vegetables Mediterranean Style
750g \$7.47 per kg



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Coles Kitchen Frozen
Ratatouille 750g
\$7.47 per kg



\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

Cheeky Brothers Pizza 130g
\$2.15 per 100g



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Cheeky Brothers Burrito 245g
\$2.29 per 100g



\$9⁶⁰
ea

SAVE \$6.40
WAS \$16

Dineamic Meal Bases 500g
\$1.92 per 100g

Great value. Hands down.



\$1.65
ea

SAVE \$1.15
WAS \$2.80

Chobani Fit High Protein Greek Yogurt
160g \$1.03 per 100g

40% OFF



\$1.80
ea

SAVE \$1.20
WAS \$3

Gippsland Dairy Twist Yogurt 160g
\$1.13 per 100g



\$6.50
ea

SAVE \$1.80
WAS \$8.30

Jalna Greek Yoghurt 1kg
\$0.65 per 100g



\$6.30
ea

SAVE \$1.60
WAS \$7.90

Gippsland Dairy Twist
Yogurt 700g
\$0.90 per 100g



\$4.75
ea

DOWN DOWN
WAS \$4.90
SEP 2024

Yoplait Yoghurt 1kg
\$0.48 per 100g



\$3.30
ea

SAVE \$1.60
WAS \$4.90

Wicked Sister Twin Pack
300g-340g



85¢
ea

SAVE 25¢
WAS \$1.10

Yoplait Petit Miam Yoghurt
Pouch 70g
\$1.21 per 100g



6 for \$12

SAVE \$2.40

Tamar Valley Kids Greek
Yoghurt Pouch 110g
or Vaalia Kids Yoghurt
Pouch 140g



\$4.80
ea

SAVE \$1.20
WAS \$6

Western Star
Spreadable Blend 375g
\$1.28 per 100g



\$7.50
ea

SAVE \$2.50
WAS \$10

Flora ProActiv 500g
\$1.50 per 100g

DOWN DOWN



\$6
ea

DOWN DOWN
WAS \$12
SEP 2024

Parle Kulfi 475mL
\$1.26 per 100mL



\$8²⁵
ea

DOWN DOWN
WAS \$11
AUG 2024

Destination Italy Pizza
380g-411g



\$11
ea

DOWN DOWN
WAS \$12.50
AUG 2024

Destination Italy Gelato 500g
\$2.20 per 100mL



\$3²⁰
ea

SAVE 80¢
WAS \$4

Dare Flavoured Milk 500mL
\$6.40 per litre



\$6³⁰
ea

SAVE 70¢
WAS \$7

Dare Flavoured Milk 2 Litre
\$3.15 per litre. On sale for 2 weeks



\$2⁵⁰
ea

SAVE \$1.80
WAS \$4.30

Remedy Kombucha 330mL
\$7.58 per litre



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Rokeby Farms Probiotic 750g
\$0.47 per 100g



\$4⁶⁰
ea

SAVE \$1.20
WAS \$5.80

McCain Quick Cook Fries 750g
\$6.13 per kg



3 for \$15

SAVE \$2.40

Coles Kitchen Frozen Entertaining 160g-330g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



\$7²⁰
ea
SAVE \$4.80
WAS \$12

Four N Twenty Grass Fed Angus Beef Pies
4 Pack 700g \$1.03 per 100g

40% OFF



\$16
ea
SAVE \$12.30
WAS \$28.30

Luv A Duck 2.1kg
\$7.62 per kg



2 for \$15
SAVE \$4

McCain Pub Size Meal
480g-500g



\$6
ea
SAVE \$1.50
WAS \$7.50

Super Nature Wellness Bowl 350g
\$1.71 per 100g



\$9⁹⁵
ea
SAVE \$3
WAS \$12.95

FroPro Protein Pizza 325g
\$3.06 per 100g



\$6⁸⁰
ea
SAVE \$1.70
WAS \$8.50

McCain Family Pizza
490g-500g



\$6
ea
SAVE \$2.50
WAS \$8.50

Golden Wok Szechuan
Pork Dumplings 230g
\$2.61 per 100g



\$2⁸⁰
ea
EVERY DAY

Coles Simply Frozen
Mixed Vegetables 1kg
\$2.80 per kg



\$6
ea
EVERY DAY

Coles Frozen Sweet
Potato Waffle Fries 500g
\$12.00 per kg

EVERY DAY



\$5
ea

Coles Irresistible Ice Cream
4 Pack 400mL \$1.25 per 100mL



\$6⁵⁰
ea

Coles Irresistible Ice Cream
1 Litre \$0.65 per 100mL



\$5⁵⁰
ea

Peters Original Ice Cream
2 Litre \$0.28 per 100mL



\$8
ea

SAVE \$3
WAS \$11

Streets Magnum 4 Pack-6 Pack
330mL-428mL On sale for 2 weeks



\$8
ea

SAVE \$3
WAS \$11

Bulla Creamy Classic 2 Litre
\$0.40 per 100mL



\$9
ea

SAVE \$4.50
WAS \$13.50

Häagen Dazs Tub
420mL-457mL



\$6
ea

SAVE \$3.50
WAS \$9.50

Mars Ice Bars 6 Pack
246mL-300mL

TAS-METRO-1809-24-284911



\$6⁵⁰
ea

SAVE \$3.50
WAS \$10

Streets Gaytime 4 Pack 400mL
\$1.63 per 100mL



\$6⁷⁰
ea

EVERY DAY

Coles Frozen Bake at Home
6 Pack 360g-420g

Great value. Hands down.



**1/2
PRICE**

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Rascals Premium Sensitive Wipes 80 Pack
or Water Wipes 72 Pack



\$15
ea

SAVE \$15
WAS \$30

L'Oréal Paris Telescopic Lift
Mascara 8mL \$18.75 per 10mL



\$11
ea

SAVE \$1
WAS \$12

Huggies DryNites
Night Time Pants
8 Pack-10 Pack



\$4⁸⁰
ea

SAVE \$1.20
WAS \$6

Tom Organic Pads
Super 10 Pack or
Ultra Thin Liners 26 Pack



\$5⁹⁵
ea

SAVE \$2.55
WAS \$8.50

Tom Contenance Pads
Regular 16 Pack or
Super 14 Pack



\$13²⁰
ea

SAVE \$3.30
WAS \$16.50

B.Box Sippy Cup For
Kids Assorted Colours
6 Months+ 1 Each



\$1⁸⁰
ea

SAVE 50¢
WAS \$2.30

Only Organic 4+ Months,
6+ Months or 8+ Months
Baby Food Pouch 120g
\$1.50 per 100g



\$5
ea

SAVE \$1
WAS \$6

Rafferty's Garden
Yoghurt Buttons Mixed
Berry or Strawberry 28g
\$17.86 per 100g



\$24
ea

SAVE \$6
WAS \$30

Nestlé Nan Supreme Pro
Stage 3 or Stage 4 Milk
Drink 800g
\$3.00 per 100g



\$39
ea

SAVE \$3
WAS \$42

Bubs Goat Milk Toddler
Drink Stage 3 800g
\$4.88 per 100g

Great value. Hands down.



\$5
ea
DOWN DOWN
WAS \$9.50
AUG 2024



Nivea Antiperspirant Aerosol Deodorant 250mL \$2.00 per 100mL

2 for
\$24
SAVE \$16



Pantene Shampoo or Conditioner 900mL \$1.33 per 100mL

2 for
\$7
SAVE \$3



Libra Ultra Thin Pads With Wings Super 12 Pack or Regular 14 Pack

\$27
ea
DOWN DOWN
WAS \$30
JUL 2024



BabyLove Cosifit Jumbo Nappies 54 Pack-84 Pack

\$15
ea
SAVE \$10
WAS \$25



Bonds Bloody Comfy Period Full Brief Heavy 1 Pack

2 for
\$9⁸⁰
SAVE \$2.20



Poise Liners Extra Light 30 Pack or Extra Long 22 Pack

NEW
at **coles**
Exclusive

HUGGIES®
Nappy Pants

1/2
PRICE

Now available
in convenience pack

\$7⁵⁰
ea
SAVE \$7.50
WAS \$15



Huggies Ultra Dry Convenience Nappy Pants 12 Pack-15 Pack

ADVERTISER PROMOTION

Wet to dry
in
10 seconds

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1/2 PRICE

NIVEA

Exclusions apply †



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Nivea Antiperspirant Roll on
Deodorant 50mL \$5.00 per 100mL



\$17⁵⁰
ea

SAVE \$17.50
WAS \$35

Nivea Cellular Anti Age Day
or Night Cream 50mL
\$35.00 per 100mL



\$14
ea

SAVE \$14
WAS \$28

Nivea Sun Protect & Moisture
Sunscreen Lotion SPF 50+
400mL^{^^} \$3.50 per 100mL.
On sale for 2 weeks

† Excludes Every Day, Down Down & clearance items



**1/2
PRICE**

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

David Beckham
Deodorant Body Spray
150mL \$3.00 per 100mL



\$6⁶⁵
ea

SAVE \$2.85
WAS \$9.50

Rexona Advanced 72hr
Antiperspirant Aerosol
Deodorant 220mL
\$3.02 per 100mL



\$18⁹⁰
ea

SAVE \$8.10
WAS \$27

Bondi Sands
Technocolour
1 Hour Tan 200mL
\$9.45 per 100mL



\$11
ea

SAVE \$8
WAS \$19

Toni & Guy Shampoo
or Conditioner 250mL
\$4.40 per 100mL



\$16
ea

SAVE \$11
WAS \$27

L'Oréal Excellence
Colourant 1 Pack



Bonus
Kitchen Knife
credit†

\$5⁶⁰
ea

SAVE \$2.40
WAS \$8

Colgate Max Fresh
Mouthwash 500mL
\$1.12 per 100mL.
* See page 5 for T&Cs



**1/2
PRICE**

\$5
ea

SAVE \$5
WAS \$10

Oral B 3D White Luxe
Toothpaste 95g
\$5.26 per 100g



\$8
ea

SAVE \$2
WAS \$10

Difflam Plus Anaesthetic
Lozenges 16 Pack[^]
\$0.50 per each

[^]This medicine may not be right for you. Read the label before purchase. Follow the directions for use. Incorrect use could be harmful after use. If symptoms persist, talk to your healthcare professional. ^{^^}This product may not be right for you. Read the warnings before purchase. Avoid prolonged exposure to the sun. Wear protective clothing, hats and eyewear when exposed to the sun. Frequent reapplication is required for effective sun protection.

Great value. Hands down.



\$5⁶⁰
ea

SAVE \$2.40
WAS \$8



Schmackos Dog Treats 200g
\$2.80 per 100g. 2nd week on sale

\$7
ea

SAVE \$3
WAS \$10



My Dog Dog Food 6x100g
\$1.17 per 100g

\$12
ea

SAVE \$3
WAS \$15



Pedigree Dry Dog Food
2.5kg-3kg

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5



Optimum Dog Food
680g-700g

\$16
ea

SAVE \$7
WAS \$23



Optimum Dry Dog Food
2.5kg-3kg

PURINA

SUPERCOAT

FEED THEM THE
#1 DRY
DOG FOOD
BRAND IN
AUSTRALIA*



MADE WITH REAL MEAT



\$24⁵⁰
ea

SAVE \$11.50
WAS \$36

Supercoat Dry Dog Food
6.7kg-7kg



ADVERTISER PROMOTION

* Circana Home Panel Data, total Supercoat, dollar sales, total AU all outlets, MAT to 21/04/2024.

Great value. Hands down.




\$8_{ea}

SAVE \$2
WAS \$10

Mini Barbieland Vehicle Assortment
1 Each 2nd week on sale

BETTER THAN 1/2 PRICE



\$25_{ea}

SAVE \$30
WAS \$55

Optus \$55 Prepaid SIM Starter Kit
• 80GB on first 3 Flex Plus recharges, 28 day expiry

\$35



\$14_{ea}

RRP \$35

Boost \$35 SIM Pack
• 70GB data on activations by 21/10/24, 28 day expiry

\$179_{ea}



SAVE \$61
WAS \$240

Coles Mobile \$240 Prepaid SIM
• 210GB data, 365 day expiry
• New services only

\$199_{ea}



SAVE \$30
WAS \$229

Telstra Oppo A38
• 6.56" HD LCD display
• 50MP camera

\$99_{ea}



RRP \$149

Optus X Tap 3
• 6.6" HD+ display
• 50MP camera

General Devices: Network Locked. Unlocking fees may apply. Starter pack offers included in packaging.
General SIMs: 1st recharge applied on activation. For use in AU and new services only. All recharges at standard price. Terms/Fair Go policies apply. Limit 5 per customer. **Boost:** Recharges increasing from 22/10/24

ENERGISE LIFE
NRG

ONLY
at coles



\$35_{ea}

SAVE \$15
WAS \$50

NRG True Wireless Earphone 1 Each
On sale for 2 weeks



\$17⁵⁰_{ea}

SAVE \$7.50
WAS \$25

NRG USB-C Wired Earphone with Mic 1 Each
On sale for 2 weeks



\$21_{ea}

SAVE \$9
WAS \$30

NRG Dual USB-C Wallcharger 1 Each
On sale for 2 weeks



\$11⁹⁰_{ea}

SAVE \$5.10
WAS \$17

NRG USB-A to Lightning Cable White 1.2 Metre 1 Each
On sale for 2 weeks

YOU'LL NEVER MISS A BEAT

1/2 PRICE

ONLY
at coles

\$13²⁵
ea

SAVE \$13.25
WAS \$26.50



NRG Batteries AA or AAA 24 Pack
\$0.55 per each



\$8
ea

SAVE \$8
WAS \$16

Smash Stainless Steel Colour Change
Sipper 750mL \$8.00 per each

\$12⁷⁵
ea

SAVE \$12.75
WAS \$25.50



DÉCOR XL Double Wall Smoothie
& Coffee Tumbler 650mL
\$12.75 per each

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5



DÉCOR Match Ups Container
500mL \$2.50 per each

\$5
ea

SAVE \$5
WAS \$10



Brunnings Bug & Fungus Kill
Ready to Use 1 Litre

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5



Papermate Inkjoy Black 4 Pack
2nd week on sale

\$26⁵⁰
ea

SAVE \$11.50
WAS \$38



Brita Marella Water Jug 2.4 Litre
\$26.50 per each

\$4⁹⁰
ea

SAVE \$2.10
WAS \$7



Elmer's School Glue 225mL
2nd week on sale

20% OFF

**\$30, \$60 and \$100
Nintendo eShop
Gift Cards**
In-store only



Limit 5 Gift Cards per customer. Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. While stocks last, no rainchecks. Excludes \$15 Nintendo eShop Gift Cards. Offer valid from 18/9/24 to 24/9/24. Gift Cards can't be used to purchase other Gift Cards at Coles. Refer to individual gift card for terms and conditions.

Why choose us?



Australia's largest mobile network

We have Australia's largest 5G network and it's rapidly growing.



International calls

Capped mins from Australia to standard international numbers.



Continuous Data Rollover

Just recharge before expiry on selected recharges.



Set & forget with Auto Recharge

Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.



\$129^{ea}

SAVE \$20
WAS \$149

Motorola G04

- 6.6" 90Hz LCD display
- Rear camera (16MP with flash) + 5MP front camera



\$199^{ea}

RRP \$229

Motorola G34 5G

- 6.5" 120Hz HD LCD display
- Rear camera (50MP) + 16MP front camera



\$229^{ea}

SAVE \$20
WAS \$249

Samsung Galaxy A05s

- 6.7" Full HD+ TFT display
- Rear camera (50MP with flash) + 13MP front camera

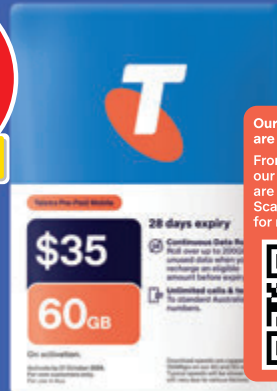


\$15^{ea}

RRP \$35

Telstra \$35 SIM Kit

- 60GB on activation
- 28 days expiry
- For new customers only



Our recharge options are changing.
From 22 October 2024, our recharge prices are increasing. Scan QR code for more info.



\$39^{ea}

SAVE \$20
WAS \$59

Telstra Lite 3

- 2.4" display
- 1.3MP rear camera
- Bluetooth



\$13^{ea}

SAVE \$26
WAS \$39

JB Hi-Fi Mobile SIM Kit

50GB
30 DAY RENEWAL



BETTER THAN 1/2 PRICE

JB HI-FI MOBILE SIM KIT STARTER PACK*

(includes 50GB on activation)

- 50GB for \$39 on first 2 recharges
- 30GB for \$39 from 3rd recharge onwards

*SIMs must be activated by 21st October 2024. Last recharge must occur by 22 December 2024. See further details below.

Telstra 5G now reaches 85% of Australians. **THINGS YOU NEED TO KNOW.** Telstra Pre-Paid Handsets: Manufactured by Motorola & Samsung. In non-5G coverage areas, you'll automatically switch to our 3G or 4G. Check telstra.com/coverage. Speed capping: 4G and 5G download speeds are capped at 150Mbps on most plans. Your capped download speed is the maximum potential download speed for data included in your recharge. Factors impacting typical speed include location, distance from the base station, local conditions, concurrent users, hardware and software configuration and download/upload destination. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. **Telstra Pre-Paid Mobile:** Activate by 21 October 2024. Offer for new customers only. Your capped download speed is the maximum potential download speed for data included in your recharge. Factors impacting typical speed include location, distance from the base station, local conditions, concurrent users, hardware and software configuration and download/upload destination. Compatible device required. Roll over unused data when you recharge \$12-\$65 before expiry. Unlimited calls and text exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. Our FairPlay policy applies. Find out more about international destinations and minutes included at telstra.com/prepaid. **JB Hi-Fi Mobile:** *Offer valid for SIMs activated 21st October 2024. Last recharge must occur by 22 December 2024. 30GB for \$39 from third recharge onwards. For new customers only. 30 day renewal. For data rollover, recharge before 30 days or unused data will expire. For use in Aus.

ADVERTISER PROMOTION

Prepaid deals



Switch to Optus at Coles today

\$59^{ea}

RRP \$99

Free \$35
Optus SIM Starter Kit incl.

Optus X Sight 3

- Bright 6" display
- 5MP camera with flash
- Octa-core processor

\$139^{ea}

RRP \$169

Free \$35
Optus SIM Starter Kit incl.

Optus X Pro 5G

- 4G+5G network access
- 50MP main camera
- Google Wallet via NFC

\$99^{ea}

RRP \$129

Free \$35
Optus SIM Starter Kit incl.

Optus X Delight 2

- 13MP AI camera
- 4,000mAh battery
- Google Wallet via NFC

\$199^{ea}

RRP \$249

Free \$35
Optus SIM Starter Kit incl.

Oppo A58

- FHD+ Sunlight display
- 33W SUPERVOOC™
- 5,000mAh battery

\$79^{ea}

SAVE \$20
WAS \$99

Free 50GB data

Optus Portable Modem

- 4G network ready
- Connect 30 users
- 2,000mAh battery

\$12^{ea}

SAVE \$23
WAS \$35

40GB \$35

Optus \$35 Prepaid SIM Starter Kit

- On Optus FlexPlus get 40GB data on first three \$35 recharges
- Unlimited std talk & text in Australia
- Roll over up to 200GB
- 28 day expiry

BETTER THAN 1/2 PRICE

Flybuys 500 BONUS POINTS

Yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Optus X Delight 2 offer ends 24/9/24. Optus Portable Modem offer ends 1/10. Optus X Sight 3, OPPO A58, Optus X Pro 5G and Optus \$35 Prepaid SIM Starter Kit offers end 8/10/24. **Free Prepaid SIM:** Included \$35 SIM for activation on available \$35 plans only. See optus.com.au/prepaidplans for full plan details. New services only. **\$35 SIM Starter Kit:** Includes \$35 recharge. After 3rd recharge \$35 gives you 20GB. 28 day expiry. New services only. **Data Rollover:** Accrue up to 200GB when you recharge before expiry. **Optus Portable Modem speed:** Actual speeds will vary depending on a range of factors. **50GB data free:** Included when you activate included SIM. 28 day expiry. **5G network access:** 5G available in selected areas (excl. NT) and on selected plans. **Compatibility:** Devices are network locked. For unlocking fees see optus.com.au/unlock. To use SIM, device must be compatible with the Optus Network, see optus.com.au/compatibility. **General:** Coverage varies, see optus.com.au/coverage. For SIM offers, ongoing recharges revert to standard price.

Flybuys offer: Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express) from 18/09/24 to 8/10/24. To qualify for this offer you must present your Flybuys card at the time of purchase. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at flybuys.com.au.

ADVERTISER PROMOTION

Bedding



\$299_{ea}



Queen
size

Dreamz Spring Mattress Queen

Comprehensive support, durable polyester fabric cover, hypo-allergenic and dust mite resistant.



\$205_{ea}

Oikiture Recliner Armchair with Ottoman

High back and armrest support with adjustable headrest, splay legs. Plump and high-density foam seat. Includes matching footstool.



\$255_{ea}



Queen
size

Giselle Spring Foam Mattress Queen

Hypo-allergenic, luxury knitted jacquard, plush euro-top padding, 5-zoned pocket springs. Medium firm, high density foam.



\$309_{ea}

3x adjustable
backrest positions

Levede 3-Seater Sofa Bed

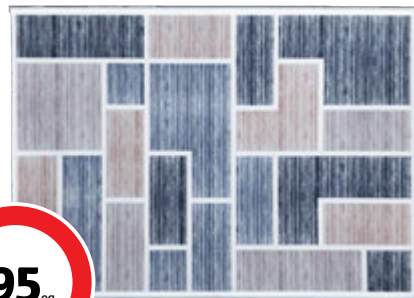
PU leather upholstery, powder-coated steel legs, solid wood frame, supported by serpentine springs.



\$165_{pk}

Artiss LED Dressing Table with Stool

Makeup desk mirror, storage drawer, 12x LED bulbs with adjustable levels of brightness, USB input and cable.



\$95_{ea}

Artiss Short Pile Floor Rug

No shedding, skin friendly, fade-resistant & water-repellent. Anti-slip bottom. W2.9 x L2m.

On sale Monday 16/09/24 to Sunday 29/09/24.



Free Delivery on all orders

**WHILE
STOCKS
LAST!**

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

Accessories not included



\$319_{ea}

*Gas lift hinged base
for storage*



Artiss Gas Lift LUMI LED Bed Frame

Premium PVC leather upholstery with plush padded bedhead. 16x LED colours & 4x flashing modes. Easy assembly.



\$119_{ea}

Oikiture Bookshelf

Durable board frame, adjustable shelves. Includes anti-tip kit.



\$199_{ea}

Levede Buffet Sideboard

Push-to-open spring drawers. Movable shelves. Wide interior. Metal legs, durable and sturdy.



\$149_{ea}

Oikiture Chest of Drawers

Stylish design, sturdy 15mm particle board. 6x spacious drawers with air gap handles.



Easy to
assemble

\$155_{ea}



Artiss 6 Drawer Lowboy

6x drawers, 15mm particle board with melamine. Sleek plastic handles. Anti-rust coated runners.



\$75_{pk}

Levede Bedside Tables 2 Pack

Industrial style, durable and solid. Open shelves storage, smooth surface. H50cm.

On sale Monday 16/09/24 to Sunday 29/09/24.



Free Delivery on all orders

**WHILE
STOCKS
LAST!**

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

LIQUORLAND

STAY ULTRA

STAY ULTRA

STAY ULTRA

STAY ULTRA

ZERO^{*} CARB

*<0.5g Carbohydrates.

GREAT TASTE

Get the facts.
Drink
Wise.
org.au

STAY ULTRA

STAY ULTRA

STAY ULTRA

\$18^{ea}

Mountain Goat
Hazy Pale Ale
Cans 6x375mL



**6
PACK**

**LOW
PRICE
EVERY DAY**

\$30^{ea}

Heineken
Bottles
12x330mL



**12
PACK**

\$47^{ea}

NEW

XXXX Ultra
Bottles
24x330mL



**24
PACK**

\$50^{ea}

Hahn Super
Dry 3.5 Bottles
24x330mL



**24
PACK**

\$52^{ea}

NEW

Hahn Ultra Zero
Carb Bottles
24x330mL



**24
PACK**

\$55^{ea}

Asahi Super
Dry Bottles
24x330mL



**24
PACK**

\$56^{ea}

Miller Chill
Premium Bottles
24x330mL



**24
PACK**

\$77^{ea}

Stone &
Wood Pacific
Ale Bottles
24x330mL



**24
PACK**

Offers apply from 18/09/24 until 24/09/24 unless sold out prior. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Licence number 93603. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

PRE-MIXED & CIDER



\$19^{ea}

Somersby Apple
Cider Bottles
6x330mL

**6
PACK**



\$22^{ea}

Smirnoff Ice
Red Bottles
4x300mL

**4
PACK**



\$25^{ea}

Kraken Spiced
Rum & Cola
Cans 4x330mL

**4
PACK**



\$33^{ea}

Jack Daniel's
& Cola Cans
6x375mL

**6
PACK**

SPIRITS & LIQUEUR



\$49^{ea}

Kahlua
Liqueur
1 Litre

**1
LITRE**



\$51^{ea}

Baileys
Irish Cream
1 Litre

**1
LITRE**



\$64^{ea}

Johnnie
Walker Red
Label Scotch
Whisky
1 Litre

**1
LITRE**



\$70^{ea}

Wild Turkey
Kentucky
Straight
Bourbon
Whiskey
1 Litre

**1
LITRE**

WINE



**LOW
PRICE
EVERY DAY**

\$8^{ea}

Zilzie Estate
Pinot Grigio



\$12^{ea}

Taylors One
Small Step
Chardonnay



\$15^{ea}

Chateau
Marmalade
Pinot Noir



PRICE DROP

NOW

\$18^{ea}

WAS \$25 (09/2024)

Nepenthe
Elevation
Sauvignon
Blanc



\$20^{ea}

Grant Burge Pinot Noir
Chardonnay NV



**Any
2
for
\$30**

NEW

Match Made By Pepperjack Shiraz
or Match Made By Pepperjack
Cabernet Sauvignon



**Any
2
for
\$35**

De Bortoli Premium Sem Sauv Blanc
& Premium Cabernet Merlot 4 Litre Casks
Excludes Liqueur Muscat & Old Tawny

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



**Shop
Online**



**Click &
Collect**



**Home
Delivery**