

TAS ON SALE Wed 8 May to Tue 14 May 2024
See page 24 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

\$27^{ea}

Mother's Day Bouquet

In-stores from 10th May.
Selected stores only.
Colours & styles may vary.
While stocks last. No rainchecks



Serving suggestion only

\$18^{ea}
SAVE \$6
WAS \$24

Darrell Lea Mother's Day Gift Bag 900g
\$2.00 per 100g.
While stocks last.
No rainchecks

1/2 PRICE
BONDS
Exclusions apply†

\$7⁵⁰^{ea}
SAVE \$7.50
WAS \$15

Bonds Women's Super Soft Sock 2 Pack On sale for 2 weeks.
†Excludes Bonds sanitary protection & clearance items

1/2 PRICE

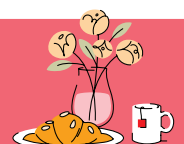
\$9^{ea}
SAVE \$9
WAS \$18

Cadbury Roses Boxed Chocolate 420g \$2.14 per 100g

20¢ DONATION TO FIGHT POVERTY**
\$8^{kg}
SAVE \$2^{kg}
WAS \$10^{kg}
AUSTRALIAN GROWN

Coles Australian Pork Shoulder Roast Boneless Product sold uncooked. **See page 10 for T&Cs

Perfect for Mother's Day 12 May



Great value. Hands down.



\$2
ea

SAVE \$2
WAS \$4

Arnett's Shapes
Crackers 130g-190g



NEW
at coles

\$1.90
ea

SAVE \$1.90
WAS \$3.80

Coca-Cola, Fanta
or Sprite Soft Drink
1.25 Litre \$1.52 per litre

Bonus
Ovenware
credit*



\$1.40
ea

SAVE \$1.40
WAS \$2.80

Continental Cup A Soup 2 Serve 50g-75g

*See page 29 for T&Cs



\$14.50
ea

SAVE \$14.50
WAS \$29

Dynamo Professional Laundry
Liquid 2 Litre \$7.25 per litre

**1/2
PRICE**

\$3.80
ea

SAVE \$3.80
WAS \$7.60



Nescafé Coffee Sachets
8 Pack-10 Pack

**1/2
PRICE**

\$30
ea

SAVE \$9
WAS \$39



Huggies Ultra Dry Jumbo Nappies
60 Pack-108 Pack

**100%
Australian
Modi Apples**

\$3.90
kg

DOWN DOWN
WAS \$4.50/kg
APR 2024

Australian Modi Apples

ONLY
at coles





Great value. Hands down.



This Mother's Day



\$7
ea

SAVE \$7
WAS \$14

**Ferrero Rocher Heart Chocolate
Gift Box 8 Pack 100g**
\$7.00 per 100g



\$7
ea

SAVE \$7
WAS \$14

**Ferrero Raffaello Heart Chocolate
Gift Box 10 Pack 100g**
\$7.00 per 100g



\$9
ea

SAVE \$9
WAS \$18

**Lindt Lindor
Chocolate Heart Tin 147g**
\$6.12 per 100g

**BETTER
THAN
1/2
PRICE**



\$7
ea

SAVE \$8.70
WAS \$15.70

Maltesers Gift Box 400g
\$1.75 per 100g. 2nd week on sale

**1/2
PRICE**



\$8
ea

SAVE \$8
WAS \$16

Toblerone 360g
\$2.22 per 100g



\$8
ea

SAVE \$8
WAS \$16

Cadbury Favourites 340g
\$2.35 per 100g



\$11
ea

SAVE \$11
WAS \$22

**Lindt Lindor Gift Boxes
232g-235g**



\$14
ea

SAVE \$14
WAS \$28

**Ferrero Rocher 30 Pack 375g or
Collection Chocolate Gift Box
24 Pack 269g**



Perfect for Mother's Day



**Flowers
In-stores
from
10th May.**

Colours & styles
may vary.
While stocks last.
No rainchecks



Petite Pom
Single Stem



Tulips 8 Stem

**10¢
DONATION[^]**



HOSPITALS
UNITED FOR
SICK KIDS



Over The Rainbow
Arrangement



Delightful
Bouquet



\$10_{ea}

Portone
Pinot Grigio

See page 50 for T&Cs

Choose to
DrinkWise.

ID25

Liquorland Supports
the Responsible
Enjoyment of Alcohol

LIQUORLAND

[^]10 cents from the sale of every floral and potted product purchased from Coles supermarket stores nationally between 1/05/24 and 12/05/24 will be donated by Coles to Hospitals United for Sick Kids, up to a maximum donation limit of \$50,000.



Great value. Hands down.



This Mother's Day



Serving suggestion only



\$4⁹⁰
ea

SAVE \$2.10
WAS \$7

Lipton Black Tea Bags 100 Pack
\$0.05 per each



\$2
ea

SAVE 90¢
WAS \$2.90

Sanitarium So Good
Unsweetened Almond Milk 1 Litre
\$2.00 per litre



\$16
pk

SAVE \$5
WAS \$21

Tassal Smoked Salmon 250g
\$64.00 per kg.
From the Dairy department

TASMANIAN



\$12²⁰
ea

SAVE \$1.60
WAS \$13.80

Meredith Dairy Marinated
Goat Cheese 320g
\$38.13 per kg.
Selected stores only^o



\$6
ea

SAVE 85¢
WAS \$6.85

Duck River Blend 500g
\$1.20 per 100g



\$2⁸⁵
pk

EVERY DAY

Coles Croissants 3 Pack
or 4 Pack

^oFor locations of Deli counter stores visit coles.com.au/range-availability



Great value. Hands down.



This Mother's Day

Chocolate Strawberry Brownies



Prep 10 min | Cooking time 40 min | Serves 12

Ingredients

1 pack White Wings Chocolate Chunk Brownies Baking Mix 475g
100g (5 Tbsp) margarine spread or butter, melted
2 (59g each) eggs
20mL (1 Tbsp) water
250g fresh Strawberries
250g dark baking chocolate chips or melts

Method

1. Preheat oven to 180° C on conventional or 160° C fan forced. Grease a 5cm deep x 20cm square cake pan. Line the base with baking paper.
2. Place brownie mix, melted butter or margarine spread, eggs and water in a medium mixing bowl. Mix with a wooden spoon until mixture is well combined and smooth.
3. Spread brownie mixture into prepared pan. Bake for 30-35 minutes until a skewer inserted

into the centre comes out with a few moist crumbs. Allow to cool completely in pan.

4. In a medium microwavable bowl, microwave the dark chocolate uncovered on high for 30 seconds intervals until melted and smooth.

5. Slice the strawberries and layer on top of brownie.

6. Pour melted choc on top, store in fridge to set.

7. Slice the brownies with a warm knife, and serve.

1/2 PRICE

\$3 ea

SAVE \$3
WAS \$6



NEW
at coles



\$6 ea

SAVE \$2
WAS \$8

White Wings Home Cake Baking Mix 365g-475g

Dollar Sweets Freeze Dried Raspberry 27g
\$22.22 per 100g. 2nd week on sale

\$3 ea

SAVE \$2
WAS \$5



Nestlé Bakers Choice Cooking Chocolate Bits or Melts 200g-290g

1/2 PRICE

\$2.45 ea

SAVE \$2.45
WAS \$4.90



Aunt Betty's Puddings 2 Pack 190g-220g
On sale for 2 weeks



Great value. Hands down.



This Mother's Day



Serving suggestion only



\$6^{ea}
SAVE \$1.50
WAS \$7.50

Noshu Cakes 170g-240g



\$8⁴⁰^{ea}
SAVE 50¢
WAS \$8.90

La Fournée Dorée Brioche Loaf
400g-500g



Bonus
Ovenware credit*

\$13^{ea}
SAVE \$2
WAS \$15

Coles Finest Mini Tart Selection
6 Pack \$2.17 per each. Selected
stores only. From the Patisserie
Fridge. *See page 29 for T&Cs



\$2⁹⁰^{ea}
SAVE 50¢
WAS \$3.40

Coles Bakery Pastries
2 Pack \$1.45 per each.
Selected stores only



\$5⁵⁰^{ea}
EVERY DAY

Coles Vanilla Slice
2 Pack \$2.75 per each.
Selected stores only. From the
Patisserie Fridge



Any 3 for
\$12
SAVE \$2.40

Little Entertainers Mersey
Valley, Tasmanian
Heritage or South Cape
Cheese 80g
\$50.00 per kg



\$11^{ea}
EVERY DAY

Coles Croissants
12 Pack \$1.22 per 100g



Perfect for Mother's Day



A. Licensed Oven Mitt & Pot Holder Set \$12ea
B. Mix Chenille & Fluffy Home Socks 2 Pack
or Mix Slippers \$9ea

C. Hidden Secrets Soy Scented Candles \$20ea
D. Glass Candle in Gift Box \$12ea
E. Licensed Mug \$7ea



\$8_{ea}

Hallmark Mother's Day Card
Range may vary by store

\$17_{ea}

Mix Women's Long
Sleeve Sleep Set
Assorted styles
& sizes



\$18_{ea}

Licensed Cup & Saucer



While stocks last. No rainchecks



Great value. Hands down.



This Mother's Day

Roast chicken with honey-glazed carrot, potato and silverbeet



Prep 10 mins | Cooking time 1 hr 20 mins | Serves 4

Ingredients

1.65kg Coles RSPCA Approved Australian Whole Chicken
¼ cup (60ml) olive oil
450g brushed potatoes, peeled, cut into 2.5cm pieces
4 carrots, peeled, thickly sliced diagonally
2cm-piece ginger, peeled, finely chopped
½ tsp ground cumin
½ tsp ground coriander
1 tbs honey
20g butter
2 tsp plain flour
¾ cup (185ml) chicken stock
180g silverbeet, trimmed, leaves chopped
Flat-leaf parsley leaves, to serve

Method

1. Preheat oven to 180°C (160°C fan-forced). Pat the chicken dry with paper towel. Season with salt and pepper. Drizzle with 1 tbs oil and rub over the chicken. Place the chicken on a small rack in a large baking dish. Use kitchen string to tie the legs together. Roast for 50-60 mins or until the skin is crisp and golden and an instant-read thermometer inserted into the thickest part of the thighs reads 82°C. Set aside for 15 mins to rest.
2. Meanwhile, heat the remaining oil in a medium heavy-based frying pan over high heat. Add potato and carrot. Reduce heat to medium-high and cook, without turning, for 5-7 mins or until the vegetables begin to brown. Add the ginger, cumin and coriander and reduce heat to medium-low. Cook, tossing occasionally, for 5 mins or until the vegetables are browned all over.

3. Add the honey to the pan and cook, stirring occasionally, for 2 mins or until the vegetables are slightly caramelised. Add butter and cook until melted. Sprinkle with the flour and cook, stirring, for 1 min. Pour in stock and cook, stirring, for 2 mins or until combined and sauce thickens slightly. Add silverbeet and cook, tossing, until wilted.
3. Spoon the vegetables onto a large serving platter. Top with the chicken and sprinkle with the parsley to serve.



[Click here for recipe](#)

Coles RSPCA Approved Whole Chicken 2nd week on sale



Support the fight against MND

When you purchase any Coles fresh Aussie pork or a Big Freeze 10 Beanie in-store and online, you'll be raising funds for FightMND and helping fund vital research and care initiatives for people living with Motor Neurone Disease.



Until June 21, 10¢ from the purchase of any Coles fresh Aussie pork product from the Meat department will be donated**.

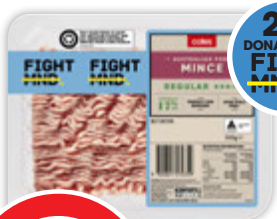


Until June 21, 20¢ from the purchase of specially marked Coles fresh Aussie pork products from the Meat department will be donated**.



100% of profits donated when you purchase a Big Freeze 10 Beanie^^.

**10 cents and 20 cents donations not available in conjunction with one another. Campaign ends 21/6/24. ^^Beanies available while stocks last.



Coles Australian Pork 3 Star Regular Mince 500g
\$10.00 per kg

TAS-METRO-0805-24-246450



Coles Australian Pork Loin Steaks Thin Cut 500g \$17.00 per kg



Coles Made Easy Slow Cooked Pork Shoulder 480g
\$22.92 per kg

Great value. Hands down.



Serving suggestion only

\$20_{pk}

SAVE \$3.50
WAS \$23.50

Coles Australian No Added Hormones Beef Eye Fillet Steak 450g \$44.44 per kg. Product sold uncooked

\$11_{pk}

SAVE \$2
WAS \$13

AUSTRALIAN GROWN

Coles Australian No Added Hormones Beef Sizzle Steak 400g \$27.50 per kg

\$18_{kg}

DOWN DOWN
WAS \$20_{kg}
APR 2024

AUSTRALIAN MADE

Coles Australian Lamb Boneless Shoulder Greek Style

\$7⁵⁰_{pk}

SAVE \$1
WAS \$8.50

BRITISH SAUSAGES CO

Cumberland Recipe Sausages

British Sausages Co Sausages 450g-500g

\$12_{pk}

SAVE \$3.50
WAS \$15.50

AUSTRALIAN MADE

Coles RSPCA Approved Chicken Southern Fried Mixed Portions 1.2kg \$10.00 per kg

\$11_{pk}

SAVE \$1
WAS \$12

AUSTRALIAN GROWN

Coles Free Range RSPCA Approved Chicken Tenderloins 600g \$18.33 per kg

\$12_{pk}

SAVE \$2
WAS \$14

AUSTRALIAN MADE

Coles Made Easy Slow Cooked Pork Ribs with Sticky BBQ Sauce 650g \$18.46 per kg

Serving suggestion only

\$15_{kg}

SAVE \$5_{kg}
WAS \$20_{kg}

Coles Australian Lamb Boneless Leg Roast Product sold uncooked

Great value. Hands down.



Serving suggestion only

\$15_{kg}

SAVE \$5_{kg}
WAS \$20_{kg}

Coles Australian MSC Thawed Raw Banana Prawns
Selected stores only*. Product sold uncooked

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org MSC-C-54768

AUSTRALIAN SEAFOOD

\$28_{kg}

SAVE \$4_{kg}
WAS \$32_{kg}

AUSTRALIAN SEAFOOD

Coles Australian Thawed Cooked Large Black Tiger Prawns
Selected stores only*

\$29_{kg}

SAVE \$5_{kg}
WAS \$34_{kg}

RESPONSIBLY SOURCED SEAFOOD

Coles Thawed Cooked Peeled Prawn Cutlets
Selected stores only*

\$8_{pk}

SAVE \$2
WAS \$10

RESPONSIBLY SOURCED SEAFOOD

Coles Thawed Cooked Prawn Plate 200g \$40.00 per kg.
Selected stores only*

\$15_{kg}

SAVE \$3_{kg}
WAS \$18_{kg}

RESPONSIBLY SOURCED SEAFOOD

Coles Thawed Seafood Marinara Mix Selected stores only*

\$17_{kg}

SAVE \$2_{kg}
WAS \$19_{kg}

RESPONSIBLY SOURCED SEAFOOD

Coles Thawed Barramundi Fillets
Selected stores only*

\$9_{kg}

SAVE \$2_{kg}
WAS \$11_{kg}

RESPONSIBLY SOURCED SEAFOOD

Coles Thawed Basa Fillet
Selected stores only*

Serving suggestion only

\$42_{kg}

SAVE \$4_{kg}
WAS \$46_{kg}

Coles Tasmanian Fresh Salmon Portions Skin Off Selected stores only*. 2nd week on sale. Product sold uncooked

TASMANIAN

*For locations of Deli counter stores visit coles.com.au/range-availability

Great value. Hands down.



Ready to eat

Serving suggestion only

\$15^{ea}

EVERY DAY

Coles Classic Homestyle No Added Hormones Hot Roast Beef Selected stores only*

NO ADDED HORMONES

AUSTRALIAN MADE

\$260
PER 100g

\$26^{kg}

SAVE \$6.10^{kg}
WAS \$32.10^{kg}

Don Premium Melossi Leg Ham
Selected stores only*
2nd week on sale

\$295
PER 100g

\$29⁵⁰^{kg}

SAVE \$6^{kg}
WAS \$35.50^{kg}

Don Hungarian Salami
Selected stores only*

\$305
PER 100g

\$30⁵⁰^{kg}

SAVE \$11.50^{kg}
WAS \$42^{kg}

Elco Dodoni Feta
Selected stores only*

79c
PER 100g

\$7⁹⁰^{kg}

SAVE \$1.60^{kg}
WAS \$9.50^{kg}

Primo Cocktail Frankfurts
Selected stores only*

\$5⁴⁰^{ea}

SAVE \$3.60
WAS \$9

25 Degrees South Ravioli 325g
\$1.66 per 100g

\$5⁸⁰^{pk}

SAVE \$1.20
WAS \$7

Don Crafted Cuts Rindless Streaky Bacon 180g \$32.22 per kg

Ready to eat

Serving suggestion only

\$12^{ea}

EVERY DAY

Coles Hot Roast RSPCA Approved Chicken Selected stores only*

RSPCA APPROVED FARMING

AUSTRALIAN MADE

*For locations of Deli counter stores visit coles.com.au/range-availability



Proudly supporting kids' community sports

[Click here to find out more](#)

coles

**Mini
ROOS**

**HEALTHY
KICKS**
AFL

**Little
Athletics
Australia**

Great value. Hands down.



Serving suggestion only

\$6²⁵
ea

SAVE 50¢
WAS \$6.75

Coles Bakery Cream Filled Sponge Cake 380g-450g
Selected stores only. From the Patisserie Fridge

\$3²⁵
pk

SAVE 55¢
WAS \$3.80

Coles Bakery Iced Donuts 6 Pack
\$0.54 per each. Selected stores only

\$2⁷⁵
ea

SAVE 50¢
WAS \$3.25

Coles Bakery Stone Baked by Laurent Mini Pane di Casa
Selected stores only

\$3⁶⁵
pk

SAVE 50¢
WAS \$4.15

Coles Bakery Pizza Roll 2 Pack
\$1.83 per each. Selected stores only

\$4⁵⁰
ea

SAVE \$1
WAS \$5.50

Mission Wraps 8 Pack 567g
\$0.79 per 100g

\$5⁸⁵
ea

SAVE 75¢
WAS \$6.60

La Fournée Dorée Brioche Buns & Rolls 250g-300g

\$3⁷⁰
ea

Coles Cafe Raisin Toast 650g
\$0.57 per 100g

EVERY DAY

\$2⁵⁰
ea

Coles Pikelets 8 Pack 200g \$1.25 per 100g

\$2⁷⁵
ea

Coles Simply Hamburger or Hot Dog Rolls 6 Pack
\$0.46 per each

100% Tassie Brown Onions

\$1⁹⁰
bag

Coles Tasmanian Brown Onions
1kg Bag \$1.90 per kg

TASMANIAN



\$2⁹⁰
ea

Coles Australian Baby Broccoli Bunch



5 for
\$4

Australian Green Kiwifruit Single sell
for \$1.00. \$0.80 per kiwifruit when you buy 5



\$4
bag

DOWN DOWN
WAS \$6
MAR 2024

Coles Tasmanian Brushed Potatoes
2kg Bag \$2.00 per kg



\$7
pk

SAVE \$2
WAS \$9

Coles Natural, Smoked or Dry Roasted
Almonds 400g Pack \$17.50 per kg



\$4⁹⁰
kg

Australian Jazz Apples



Great value. Hands down.



NEW
at coles
Exclusive

BETTER
THAN
1/2
PRICE

NEW
FLAVOUR

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Violet Crumble Choc
Honeycomb 120g-150g
2nd week on sale

1/2
PRICE

\$1
ea

SAVE \$1.20
WAS \$2.20

Mars Chocolate Bar
35g-56g

\$2
ea

SAVE \$2
WAS \$4

Cobs Drizzl'd Popcorn
70g-110g

\$2²⁰
ea

SAVE \$2.20
WAS \$4.40

McVities Go Ahead Biscuits 174g
\$1.26 per 100g

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Bonus
Ovenware
credit*

Natural Chip Co Potato Chips
175g \$2.00 per 100g.
*See page 29 for T&Cs

\$7
ea

SAVE \$3
WAS \$10

Lindt Lindor Bags 121g-125g

Any 2 for
\$4

SAVE \$1.40

Twisties, Burger Rings, or Cheetos
80g-90g

\$4⁵⁰
ea

SAVE \$2
WAS \$6.50

Kettle Potato Chips
or Natives 150g-165g
TAS-METRO-0805-24-246450

Any 2 for
\$7

SAVE \$1

Cheezels or Parkers Petzels
6 Pack or Grainwaves 5 Pack

2 for
\$7

SAVE \$4

Pringles Potato Crisps 118g-134g

Great value. Hands down.



\$3⁴⁵
ea

SAVE \$3.45
WAS \$6.90

Carman's Porridge Sachets 240g-320g



80¢
ea

SAVE 80¢
WAS \$1.60

Edgell Snack Can 70g
\$11.43 per kg



\$4
ea

SAVE \$1
WAS \$5

Green's Premium Baking Mix
385g-630g



Bonus
Ovenware credit*

\$4²⁵
ea

SAVE \$1.85
WAS \$6.10

Sanitarium Up&Go Liquid
Breakfast 3x250mL \$5.67 per litre.
*See page 29 for T&Cs



\$3
ea

SAVE \$1
WAS \$4

Arnott's Cracker Chips or
Savoy Crackers 150g-225g



NEW
FLAVOUR

2 for
\$7

SAVE \$3

Arnott's Tim Tam or Wagon
Wheel Biscuits 165g-200g

TAS-METRO-0805-24-246450



\$3
ea

SAVE \$1.40
WAS \$4.40

Golden Circle Tetra Fruit Drink
6x250mL \$2.00 per litre



\$3⁵⁰
ea

SAVE \$1.30
WAS \$4.80

Golden Circle Juice 2 Litre
\$1.75 per litre. Excludes Pineapple,
Grape, Orange and Orange
& Mango

Great value. Hands down.



1/2
PRICE



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Darrell Lea Bullets, Twists,
Balls or Liquorice 150g-280g



NEW
at coles

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Life Savers Candy
150g-200g



\$2^{ea}

SAVE 50¢
WAS \$2.50

Extra Envelope 27g
\$7.41 per 100g



\$4⁸⁰
ea

SAVE \$1.20
WAS \$6

Nutella Cream Biscuits 193g
\$2.49 per 100g



NEW
at coles



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

The Natural Confectionery Co.
130g-230g, Sour Patch 190g or
Pascall Candy 180g-300g



\$4⁵⁰
ea

SAVE \$2
WAS \$6.50

Lindt Excellence or Lindor Block
Chocolate 80g-100g



NEW
at coles

\$4^{ea}

SAVE \$2
WAS \$6

Cadbury Dairy Milk Block
Chocolate 160g-190g



NEW
FLAVOUR



2 for
\$9

SAVE \$3

Cadbury Old Gold Block
Chocolate 170g-180g or
Cadbury Sharepacks 144g-180g

Great value. Hands down.



Zero Sugar

**NEW
FLAVOUR**

\$8⁸⁵
ea

SAVE \$5.90
WAS \$14.75



Monster Energy Drink 4x500mL
\$4.43 per litre

\$2³⁰
ea

SAVE \$1.55
WAS \$3.85



Gatorade Sports Drink or G Active
600mL \$3.83 per litre

\$4
ea

SAVE \$1
WAS \$5



Bickford's Cordial 750mL
\$5.33 per litre

\$6³⁰
ea

SAVE \$2.70
WAS \$9



Remedy Kombucha 4x250mL
\$6.30 per litre

\$1⁷⁰
ea

SAVE \$1.15
WAS \$2.85



**Schweppes Soft Drink, Mixers or
Mineral Water 1.1 Litre**
\$1.55 per litre

\$19
ea

SAVE \$12.85
WAS \$31.85

**79¢
PER CAN**

Pepsi Max or Solo Soft Drink
24x375mL \$2.11 per litre

\$26³⁰
ea

SAVE \$17.60
WAS \$43.90

**88¢
PER CAN**

Coca-Cola Soft Drink 30x375mL
\$2.34 per litre

\$10⁷⁰
ea

SAVE \$7.20
WAS \$17.90

**Coca-Cola, Fanta or Sprite Soft
Drink or Mt Franklin Sparkling
Water 10x375mL \$2.85 per litre**

Save more with Coles Plus Saver*

Save up to \$50 on one Coles shop every calendar month,
and enjoy double Flybys points on every shop.†

All for just \$7 a month

Sign up today at coles.com.au/saver

10% OFF
ONE SHOP
EVERY MONTH*

**Flybys
2x
POINTS**



*Offer valid once per calendar month on qualifying spend. \$50 max discount per month applies. Any unused discount expires at the end of each calendar month. †2x Flybys points offer is available to Coles Plus Saver subscribers who have a Flybys membership linked. 2x points equals 1 standard Flybys point and 1 bonus point per \$1 spent per qualifying spend. Qualifying spend for 10% off and 2x Flybys points offers applies after savings and discounts and excludes Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, Coles for Business customers, all gift cards, mobile recharges, iTunes cards, charity items/donations, tobacco and tobacco related products and online fees. See coles.com.au/sover for full T&Cs.

TAS-METRO-0805-24-246450

Great value. Hands down.



\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nescafé Coffee Sachets
8 Pack-10 Pack

**1/2
PRICE**



\$20
ea

SAVE \$20
WAS \$40

Lavazza Espresso Barista Coffee Beans
1kg \$2.00 per 100g



\$19⁵⁰
ea

SAVE \$8.50
WAS \$28

Moccona Freeze Dried Instant
Coffee 400g \$4.88 per 100g



\$5⁹⁰
ea

SAVE \$2
WAS \$7.90

Starbucks Nespresso Compatible
Coffee Capsules 10 Pack
\$0.59 per each



\$8
ea

SAVE \$3.50
WAS \$11.50

Nescafé Blend 43 140g-150g
or Gold Original 100g



\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

BC Snacks High Protein Bar 40g
\$7.00 per 100g



\$3¹⁵
ea

SAVE \$1.35
WAS \$4.50

BSc Bodyscience High Protein
Low Carb Bar 60g
\$5.25 per 100g



\$9⁸⁰
ea

SAVE \$4.20
WAS \$14

Atkins Low Carb Hazelnut Crisp
Bar 5 Pack 185g \$5.30 per 100g

1/2
PRICE

NEW
at coles
Exclusive

YOUR FAVOURITE MILO

ON SALE THIS WEEK

\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nestlé Milo Mocha 8 Pack
\$0.48 per each



1/2
PRICE



\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Nestlé Milo Cereal
350g \$0.93 per 100g



\$12^{ea}

SAVE \$3.50
WAS \$15.50

Nestlé Milo 1kg
or Milo Pro 700g



\$6^{ea}

SAVE \$2
WAS \$8

Nestlé Milo Bars
Value Pack 270g
\$2.22 per 100g

Nutritional boost for active lives.

ADVERTISER PROMOTION

Great value. Hands down.



1/2
PRICE



\$3⁴⁵
ea

SAVE \$3.45
WAS \$6.90

Fibre One Bars 100g-120g
or Nature Valley Bars 252g



\$3⁰⁰
ea

SAVE \$3
WAS \$6

Weet-Bix Bites 500g-510g



\$6⁰⁰
ea

SAVE \$1.50
WAS \$7.50

Carman's Protein Bars
150g-200g



\$5⁸⁰
ea

SAVE \$1.50
WAS \$7.30

Vegemite 380g
\$1.53 per 100g



\$8⁴⁰
ea

SAVE \$2.10
WAS \$10.50

Nutella Hazelnut Chocolate
Spread 750g \$1.12 per 100g.
2nd week on sale



\$7⁵⁰
ea

SAVE \$2.50
WAS \$10

Coco Pops 650g or Crunchy Nut
Corn Flakes 640g

TAS-METRO-0805-24-246450



\$8⁰⁰
ea

SAVE \$2
WAS \$10

Uncle Tobys LeSnak Value Pack
264g \$3.03 per 100g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Oatly Barista Oat Milk 1 Litre
\$4.40 per litre

Great value. Hands down.



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

**1/2
PRICE**



\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Kellogg's K-Time
Bars 165g-185g

Kellogg's LCM's or Nutri Grain
Bars 5 Pack 100g-110g



\$5⁴⁰
ea

SAVE \$3.60
WAS \$9

Jordans Granola or Oat Clusters 500g-750g
or Dorset Granola or Muesli 450g



\$3⁹⁰
ea

SAVE \$2.60
WAS \$6.50

Uncle Tobys Plus 410g-435g



\$1⁶⁵
ea

EVERY DAY

Coles Oats 900g
\$0.18 per 100g



\$3
ea

EVERY DAY

Pauls Zymil Long Life Milk 1 Litre
\$3.00 per litre

Catalogue on sale Wed 8th May until Tue 14th May 2024 or until Tue 21st May where indicated. Selected specials commenced Wed 1st May.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, Coles Local and Coles online. Savings, single sell prices and unit prices shown are off Tasmanian regular selling prices. Some advertised products may already be priced below the Tasmanian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down.



ONLY
at coles



1/2
PRICE



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Wild Tides Tuna 95g
\$13.16 per kg

\$2¹⁰
ea

SAVE \$2.10
WAS \$4.20

Massel Gourmet Liquid Stock 1 Litre
\$0.21 per 100mL



3 for
\$7

SAVE \$1.86

Sirena Tuna 75g-95g



\$2⁶⁰
ea

SAVE 70¢
WAS \$3.30

John West Salmon Tempters 95g
\$27.37 per kg



ONLY
at coles

\$20^{ea}

SAVE \$6
WAS \$26

La Española Olive Oil 1 Litre
\$2.00 per 100mL. Excludes Organic



2 for
\$7

SAVE \$2

Campbell's Real Stock
1 Litre \$0.35 per 100mL

TAS-METRO-0805-24-246450



2 for
\$6

SAVE \$3

Campbell's Country Ladle Soup
495g-505g 2nd week on sale



\$2⁴⁰
ea

SAVE \$1.10
WAS \$3.50

Gravox Gravy or Finishing Sauce
165g \$1.45 per 100g

Great value. Hands down.



\$3¹⁰
ea

SAVE \$3.10
WAS \$6.20

The Spice Tailor Asian Kit 275g
\$1.13 per 100g

**1/2
PRICE**



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

Plumrose Canned Leg Ham 340g
\$15.44 per kg



\$2⁶⁰
ea

DOWN DOWN
WAS \$3.30
APR 2024

Cucina Matrese Pasta
500g \$0.52 per 100g



\$3⁵⁰
ea

DOWN DOWN
WAS \$4.40
APR 2024

Cucina Matrese Pasta Sauce
550g \$0.64 per 100g



\$3⁴⁰
ea

SAVE \$1.40
WAS \$4.80

Nando's Perinalse Sauce 265g
\$1.28 per 100g



\$3²⁰
ea

SAVE 80¢
WAS \$4

Ayam Oyster or Teriyaki Sauce
210mL \$1.52 per 100mL



\$10
ea

EVERY DAY

Maggi 2 Minute Instant Noodles
12 Pack 828g-888g



\$4
ea

SAVE \$1
WAS \$5

S&B Golden Curry Sauce 92g
\$4.35 per 100g.
2nd week on sale

Great value. Hands down.



\$3⁸⁰
ea

SAVE \$1
WAS \$4.80



Mutti Passata 700g
\$0.54 per 100g

2 for
\$8

SAVE \$2



Maggi 2 Minutes Instant Noodles
5 Pack 335g-380g
2nd week on sale

\$3⁹⁵
ea

EVERY DAY



Indomie Instant Noodles 5 Pack
400g-425g

\$3²⁰
ea

SAVE 80¢
WAS \$4



MasterFoods Relish or Chutney
250g-260g

\$3
ea

SAVE \$1
WAS \$4



Praise Squeeze Traditional
Mayonnaise 365g-410g

\$22
ea

SAVE \$15
WAS \$37



Vittoria Espresso Coffee Beans
or Ground 1kg \$2.20 per 100g

WIN a L'Oréal Paris
Gift Pack

Plus Coles shoppers go into an exclusive draw to

WIN 1 of 100,
\$100
Coles® e-Gift cards*

— when you purchase any NESCAFÉ Mixes product** —

Purchase and enter between 3rd April and 28th May 2024 AEST

Valued at
\$224.⁹⁶
RRP



50 to be won
each day!

Scan Here to enter or go to
[www.nescafe.com/au/campaigns/
cafe-creations-loreal-promotion](http://www.nescafe.com/au/campaigns/cafe-creations-loreal-promotion)
Draws conducted weekly.

1/2
PRICE

\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60



Nescafé Coffee Sachets
8 Pack-10 Pack

**PURCHASE AND ENTER BETWEEN 12:01am AEDT on 3 April 2024 and 11:59pm AEST on 28 May 2024. Open to AU res 18+. Retain receipt. Max 1 entry p/transaction. Max 1 prize p/person (excl SA res.). Draws: Draws take place at Unit 19/8 Tilley Lane, Frenchs Forest NSW 2086. There are 56 x Daily Prize Draws conducted weekly at 10am AEST between 10/4/24-29/5/24 (see T&Cs for schedule). Prizes: There are 2,800 L'Oréal® prize packs valued at \$224.96 RRP to be won (50 p/day). Total prize pool \$629,888. Winners notified within 2 bus. days and published on www.nestle.com.au/productnews/winners within 10 bus. days. Claim prize by 5pm (AEST) 12.09.24. Re-draw occurs 19.09.24. Promoter is Nestlé Australia Ltd. Authorised under permits NSW Authority Number TP/03187, ACT Permit Number TP 24/00220 and SA Permit number T24/180. Full T&Cs at www.nescafe.com/au/campaigns/cafe-creations-loreal-promotion. *Coles exclusive gift card promotion: Excl. purchases from Coles Express fuel outlets. Coles shoppers will be placed into a further draw which occurs at U19/8 Tilley Lane, Frenchs Forest NSW 2086 at 10am AEST on 31.05.24. Prize is \$100 Coles eGift card (100 to be won). Total prize pool \$10,000. Winners notified by 05.06.24 and published on www.nestle.com.au/productnews/winners by 19.06.24. Claim prize by 5pm (AEST) 19.09.24. Re-draw occurs 25.09.24. Authorised under permits NSW Authority Number TP/02214, ACT Permit Number TP 24/00363 and SA Permit number T24/292.

ADVERTISER PROMOTION

Great value. Hands down.



1/2
PRICE

\$1¹⁰
ea

SAVE \$1.10
WAS \$2.20

Farmers Union Greek Style or No Added Sugar
Kids Yogurt Pouch 130g \$0.85 per 100g

\$1⁶⁰
ea

SAVE 80¢
WAS \$2.40

Tamar Valley Dairy Kids Yoghurt
Pouch 110g \$1.45 per 100g.
On sale for 2 weeks

TASMANIAN

\$1⁹⁰
ea

SAVE \$1
WAS \$2.90

Tamar Valley Dairy The Creamery
Yoghurt 170g \$1.12 per 100g

\$1⁶⁰
ea

SAVE 40¢
WAS \$2

Siggi's Yoghurt 125g
\$1.28 per 100g

\$4
ea

SAVE \$1.75
WAS \$5.75

Danone Activia Yoghurt 4x125g
\$0.80 per 100g

\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Dairy Farmers Thick & Creamy
Yoghurt 550g-600g

\$4⁴⁰
ea

SAVE 50¢
WAS \$4.90

Yoplait Yoghurt 1kg
\$0.44 per 100g

5 for
\$4²⁵

SAVE \$1.25

Yoplait Petit Miam Yoghurt Pouch
70g \$1.21 per 100g.
On sale for 2 weeks

KitchenAid

Free
Ovenware
with ovenware credits*
when you spend \$20 in one
transaction and scan your Flybys

*Spend \$20 in one transaction in-store or online at Coles (after savings and discounts have been applied) and scan your Flybys to receive one Ovenware credit. Earn credits until 09/07/2024 and redeem credits (excludes Coles app) by 23/07/2024 or while stocks last. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco, tobacco related product purchases, subscriptions, and delivery fees. For full terms & conditions visit coles.com.au/kaovenwareterms. ©2024 KitchenAid. All rights reserved. Manufactured Under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



On fridge faves

\$2⁵⁷
ea

SAVE \$2.58
WAS \$5.15



Dare Flavoured Milk 750mL
\$3.43 per litre

\$4⁸⁰
ea

SAVE \$1.20
WAS \$6

Western Star Spreadable Blend
375g \$1.28 per 100g

2 for \$15

SAVE \$5

Coles Perform Meal 340g-450g

\$12⁵⁰
ea

SAVE \$1.40
WAS \$13.90

Coles Cheese Block 1kg
\$12.50 per kg

3 for \$15

SAVE \$5.40

Bonus
Ovenware credit*

Primo Bacon 200g-250g

\$12^{pk}

SAVE \$9.60
WAS \$21.60

Bonus
Ovenware credit*

Primo Rindless Short Cut Bacon
1kg \$12.00 per kg

2 for \$9

SAVE \$1

Bonus
Ovenware credit*

Primo Shredded Ham or Bacon
Style Pieces Twin Pack 300g
\$15.00 per kg

KitchenAid

Bonus
Ovenware credit*

when you spend \$20 in one transaction and
purchase a selected product from a
participating brand and scan your Flybuys

*Spend \$20 in one transaction, scan your Flybuys and receive one Bonus Ovenware credit when you also purchase a selected product from a participating brand or product range. Limit of one Bonus Ovenware credit applies per brand, per transaction. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. Earn credits until 09/07/2024 and redeem credits (excludes Coles app) by 23/07/2024 or while stocks last. For full terms & conditions visit coles.com.au/kaovenwareterms. ©2024 KitchenAid. All rights reserved. Manufactured Under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



\$5⁶⁰
ea
SAVE \$1.40
WAS \$7



Bega Cheese Stringers 160g
\$35.00 per kg

\$3⁵⁰
ea
SAVE \$1
WAS \$4.50



Yumi's Dip 200g
\$1.75 per 100g

\$6
ea
SAVE \$1.50
WAS \$7.50



Bega Cheese Block, Grated or Slices 250g \$24.00 per kg

\$3⁵⁰
ea
SAVE \$1
WAS \$4.50



Primo Stackers 45g-50g

\$4
ea
SAVE \$1.70
WAS \$5.70



Philadelphia Cream Cheese Block or Tub 250g \$16.00 per kg



Aged longer
for a better
taste.



2 for
\$5
SAVE \$1

Mainland On The Go
Cheese & Crackers 36g-38g



Serving
suggestion

ADVERTISER PROMOTION

Great value. Hands down.



Bonus
Ovenware credit*

\$2⁷⁰
ea

SAVE 70¢
WAS \$3.40

Arnott's Jatz Crackers & Tasty Cheese 33g \$8.18 per 100g
*See page 29 for T&Cs



\$2⁹⁰
ea

SAVE 90¢
WAS \$3.80

Oak Flavoured Milk 600mL
\$4.83 per litre



\$2⁵⁰
ea

SAVE \$1
WAS \$3.50

The Juice Lab Wellness Shot 60mL
\$41.67 per litre



\$6²⁰
ea

SAVE \$2.45
WAS \$8.65

Mersey Valley Cheese 180g
\$34.44 per kg



\$9⁵⁰
ea

SAVE \$5.45
WAS \$14.95

King Island Cape Wickham Double Brie 200g \$47.50 per kg



\$7
ea

SAVE \$2
WAS \$9

Streets Paddle Pop 544mL
\$1.29 per 100mL

coles

NATURE'S KITCHEN

PLANT BASED

Plant based
BE AMAZED



\$3⁹⁰
ea

EVERY DAY

Coles Nature's Kitchen Tofu 500g
\$0.78 per 100g



Great value. Hands down.



On freezer faves



**NEW
FLAVOUR**

\$4⁵⁰
ea

SAVE \$3
WAS \$7.50

Cadbury Tub 460mL
\$0.98 per 100mL



\$9
ea

SAVE \$3
WAS \$12

Peters Connoisseur 1 Litre
\$0.90 per 100mL



\$5¹⁰
ea

SAVE \$3.40
WAS \$8.50

Peters Proud & Punch 6 Pack
420mL-450mL



\$7⁵⁰
ea

SAVE \$3
WAS \$10.50

Peters Connoisseur Multi Pack
360mL-400mL



\$6⁵⁰
ea

SAVE \$3
WAS \$9.50

Peters Drumstick 4 Pack-6 Pack
475mL-490mL



\$6³⁰
ea

SAVE \$4.20
WAS \$10.50

Peters Maxibon 560mL
\$1.13 per 100mL

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



1/2
PRICE

\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Weight Watchers Classic Meal
300g-320g



\$6⁵⁰
ea

SAVE \$3.50
WAS \$10

Streets Gaytime Multi Pack
400mL \$1.63 per 100mL



\$15^{ea}

SAVE \$11.20
WAS \$26.20

Luv A Duck Frozen Duck 2.1kg
\$7.14 per kg



\$18^{ea}

SAVE \$6
WAS \$24

I&J Raw Prawns Tail On or Off 500g
\$36.00 per kg



2 for
\$15

SAVE \$4

Core Power Foods Frozen Meal
350g \$2.14 per 100g



\$8^{ea}

SAVE \$2
WAS \$10

McCain Pub Size Loaded or
Double Meat Meal 480g-500g



\$5⁸⁰
ea

DOWN DOWN
WAS \$6.50
APR 2024

Birds Eye Steam Fresh Broccoli
Cauliflower in Cheese Sauce
400g \$14.50 per kg

Great value. Hands down.



\$9⁹⁵
ea

SAVE \$3
WAS \$12.95



FroPro Protein Slices 2 Pack
\$2.76 per 100g

\$9⁹⁵
ea

SAVE \$3
WAS \$12.95



FroPro Protein Pizza 325g
\$3.06 per 100g

\$6
ea

SAVE \$1.80
WAS \$7.80



McCain Lil Pizzas 4 Pack
380g-400g

\$7⁷⁰
ea

SAVE \$2
WAS \$9.70



Patties Party Meat Pies 12 Pack
560g \$1.38 per 100g
TAS-METRO-0805-24-246450

\$6⁶⁰
ea

SAVE \$2.40
WAS \$9



Herbert Adams Slow Cooked
Pies 2 Pack 400g-420g

\$13⁶⁰
ea

SAVE \$3.40
WAS \$17



KB's Gyoza 750g
\$1.81 per 100g

1/2 PRICE



\$7²⁵
ea
SAVE \$7.25
WAS \$14.50

**Cenovis Sugarless C 500mg
Tablets 160 Pack[^]**
\$4.53 per 100 each



\$13⁷⁵
ea
SAVE \$13.75
WAS \$27.50

Cenovis Magnesium 200 Pack[^]
\$6.88 per 100 each



\$17
ea
SAVE \$17
WAS \$34

**Nature's Own Glucosamine
Sulfate with Chondroitin
200 Pack[^]** \$8.50 per 100 each



\$14⁷⁵
ea
SAVE \$14.75
WAS \$29.50

**Swisse Ultiboost Zinc+ Tablets
120 Pack[^]** \$12.29 per 100 each



\$14⁷⁵
ea
SAVE \$14.75
WAS \$29.50

**Swisse Ultiboost Magnesium,
Calcium + D3 120 Pack[^]**
\$12.29 per 100 each



\$18
ea
SAVE \$18
WAS \$36

**Nature's Own Vitamin B12
1000mcg 150 Pack[^]**
\$12.00 per 100 each



\$15
ea
SAVE \$15
WAS \$30

**Nature's Way Beauty Collagen
Tablets 60 Pack[^]**
\$25.00 per 100 each



\$12
ea
SAVE \$12
WAS \$24

**Nature's Way High Strength
Magnesium 150 Pack[^]**
\$8.00 per 100 each



\$99⁵⁰
ea
SAVE \$99.50
WAS \$199

**Oral B iO 3 Matte Black Ultimate
Electric Toothbrush 1 Pack**

[^]This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



\$5
ea
SAVE \$5
WAS \$10

Colgate Advanced Tartar & Whitening or Max Fresh Toothpaste 200g \$2.50 per 100g

Bonus
Ovenware
credit*



\$3.50
ea
SAVE \$3.50
WAS \$7

Colgate Plax Mouthwash 500mL \$0.70 per 100mL



\$12.50
ea
SAVE \$12.50
WAS \$25

Garnier Micellar Cleansing Water 700mL \$1.79 per 100mL

*See page 29 for T&Cs



\$17.50
ea
SAVE \$17.50
WAS \$35

Maybelline 4-In-1 Glow Makeup 20mL \$8.75 per 10mL



\$3.75
ea
SAVE \$3.75
WAS \$7.50

Brut Antiperspirant Aerosol Deodorant or Body Spray 130g \$2.88 per 100g



\$15
ea
SAVE \$15
WAS \$30

Dermaveen Extra Hydration Gentle Soap Free Wash or Intensive Moisturising Lotion 1 Litre \$1.50 per 100mL



\$6.65
ea
SAVE \$2.85
WAS \$9.50

Rexona Advanced 72hr Antiperspirant Aerosol Deodorant 220mL \$3.02 per 100mL



\$23.80
ea
SAVE \$10.20
WAS \$34

Gillette Fusion 5 Razor Kit with 4 Refill Blades 1 Pack \$23.80 per each



\$11.90
ea
SAVE \$5.10
WAS \$17

Dove Body Wash 1 Litre \$1.19 per 100mL



\$5.95
ea
SAVE \$2.55
WAS \$8.50

Dove Antiperspirant Aerosol Deodorant 220mL-254mL

1/2 PRICE



Head & Shoulders Shampoo or Conditioner 850mL
\$1.53 per 100mL
On sale for 2 weeks



Nivea Express Hydration or Rich Nourishing Body Lotion 400mL
\$1.19 per 100mL



Aveeno Intense Relief Hand Cream 100g \$6.50 per 100g



Dermal Therapy Original Lip Balm 10g \$30.00 per 100g



Redwin Sorbolene Daily Moisturiser 1.1 Litre \$0.50 per 100mL



Hask Shampoo or Conditioner 355mL \$2.39 per 100mL
2nd week on sale



Palmer's Coconut Oil Coconut Hydrate Body Lotion 400mL
\$1.55 per 100mL



Palmolive Naturals Body Wash 500mL
\$0.78 per 100mL



QV Gentle Wash 1kg or Skin Lotion 1 Litre



Palmolive Naturals Shampoo or Conditioner 350mL \$1.14 per 100mL

Great value. Hands down.



\$13²⁰
ea

SAVE \$8.80
WAS \$22

Bonds Bloody Comfy Bikini Period Brief or Damn Dry Midi Underwear 1 Pack

1/2 PRICE

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Carefree Barely There Liners Unscented or Aloe 42 Pack
\$5.95 per 100 each

\$6
ea

SAVE \$2
WAS \$8

New Beginnings Ultrathin Nursing Pads 40 Pack
\$0.15 per each

\$1⁶⁰
ea

SAVE 55¢
WAS \$2.15

Only Organic 4+ Months, 6+ Months or 8+ Months Baby Food Pouch 120g \$1.33 per 100g.
On sale for 2 weeks

\$39
ea

SAVE \$3
WAS \$42

Bubs Goat Milk Toddler Stage 3 Milk Drink 800g \$4.88 per 100g.
2nd week on sale

\$19⁸⁰
ea

SAVE \$13.20
WAS \$33

B.Box Lunch Box or Insulated Drink Bottle 1 Each
2nd week on sale

HUGGIES®

PRIZE GIVEAWAY

WIN

a Mazda CX9

PLUS
30 weekly prizes

6 MONTHS
supply of HUGGIES®

\$100 Coles gift vouchers

\$30
ea

SAVE \$9
WAS \$39

Huggies Ultra Dry Jumbo Nappies 60 Pack-108 Pack

\$9⁸⁰
ea

SAVE \$4.20
WAS \$14

Huggies Baby Wipes Coconut Oil or Fragrance Free 240 Pack or Water Wipes 216 Pack

Spend \$30 or more on any HUGGIES® products in a single transaction and enter at www.huggies.com.au/coles

Entry open to 18+ AU residents only. Starts 01/05/2024. Ends 11:59pm AEST 28/05/2024. Retain receipt(s). See www.huggies.com.au/coles for full T&Cs. NSW Authority No. TP/02347, ACT Permit No. TP 24/00274 and SA Permit No. T24/226.

ADVERTISER PROMOTION

ENTER HERE

hismile

cotton
candy

FLUORIDE +
cotton candy
toothpaste

hismile

hismile
60g | 2.1 oz

\$9
ea
SAVE \$6
WAS \$15

Hismile Cotton
Candy Flavoured
Toothpaste 60g
\$15.00 per 100g

Hismile Flavoured
Toothpaste 60g
\$13.00 per 100g

\$7.80
ea
SAVE \$5.20
WAS \$13

NEW
at coles



Say goodbye to boring toothpaste

ADVERTISER PROMOTION

1/2 PRICE



\$13
ea

SAVE \$13
WAS \$26

Biozet Attack Plus Laundry Liquid
2 Litre or Powder 2kg



\$10
ea

SAVE \$10
WAS \$20

Radiant Laundry Liquid 2 Litre
or Powder 2kg



\$5.50
ea

SAVE \$5.50
WAS \$11

Comfort Fabric Conditioner
900mL \$6.11 per litre



\$7.50
ea

SAVE \$7.50
WAS \$15

Fluffy Concentrated Fabric
Conditioner 2 Litre \$3.75 per litre



Bonus
Ovenware credit*

\$7
ea

SAVE \$7
WAS \$14

Air Wick Essential Oils Reed
Diffuser 30mL \$2.33 per 10mL



Bonus
Ovenware credit*

\$7.50
ea

SAVE \$7.50
WAS \$15

Pine O Clean Disinfectant Wipes
150 Pack \$0.05 per each

*See page 29 for T&Cs



\$3.50
ea

SAVE \$3.50
WAS \$7

Duck Toilet Cleaner Gel 750mL
\$0.47 per 100mL



\$22.40
ea

SAVE \$33.60
WAS \$56

Fairy Platinum Plus Dishwashing
Tablets 42 Pack \$0.53 per each



\$27.60
ea


SAVE \$41.40
WAS \$69

Fairy Platinum Dishwashing
Tablets 70 Pack \$0.39 per each

KitchenAid

Bonus Ovenware credit

- 1 Spend: \$20 in one transaction
- 2 Purchase: a selected product from a participating brand

- 3 Scan: your Flybuys 
- 4 Earn: a bonus Ovenware credit

* See page 29 for T&Cs



1/2
PRICE

1/2
PRICE



\$13^{ea}
SAVE \$13
WAS \$26

Botanica Automatic Air Freshener
224mL \$5.80 per 100mL



\$10^{ea}
SAVE \$10
WAS \$20

Botanica by Air Wick Candle
1 Each

KitchenAid
**Bonus
Ovenware
credit***



\$36⁵⁰^{ea}
SAVE \$36.50
WAS \$73

Finish Ultimate Plus All In 1 Dishwashing
Tablets 64 Pack \$0.57 per each

1/2
PRICE

1/2
PRICE



\$22^{ea}
SAVE \$22
WAS \$44

Finish Ultimate 0% Dishwashing Tablets
34 Pack \$0.65 per each

©2024 KitchenAid. All rights reserved. Manufactured Under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



1/2 PRICE

\$2⁷⁵
ea
SAVE \$2.75
WAS \$5.50



Morning Fresh Ultra Concentrate Dishwashing Liquid 350mL
\$0.79 per 100mL

1/2 PRICE

\$4²⁵
ea
SAVE \$4.25
WAS \$8.50



Morning Fresh Lemon Dishwashing Liquid Refill 800mL
\$0.53 per 100mL

1/2 PRICE

\$2⁴⁵
ea
SAVE \$2.45
WAS \$4.90



Chux Superwipes 10 Pack
\$0.25 per each



\$2²⁵
ea
SAVE 60¢
WAS \$2.85

Hercules TwinZip Resealable Large Sandwich Bags 25 Pack
\$0.09 per each



\$3⁶⁰
ea
SAVE 90¢
WAS \$4.50

Kleenex 3-Ply Wellbeing Facial Tissues 140 Pack
\$2.57 per 100 sheets



\$8
ea
SAVE \$3
WAS \$11

Handee Ultra Double Length Paper Towel 4 Pack
\$1.67 per 100 sheets

FOR A

FRESH & FRAGRANT

TOILET WITH EVERY FLUSH!

STEP 1

FOR DEEP CLEANING ACTION

KILLS 99.9% OF ODOUR CAUSING GERMS*

\$3⁵⁰
ea
SAVE \$3.50
WAS \$7

Harpic Fresh Power Liquid 700mL
\$0.50 per 100mL

+

STEP 2

CLEANS AND FRESHENS WITH EVERY FLUSH

LASTS UP TO 4 WEEKS

\$3⁵⁰
ea
SAVE \$3.50
WAS \$7

Harpic Fresh Power In The Bowl 39g
\$8.97 per 100g

*E. coli

ADVERTISER PROMOTION Always read the label and follow the directions for use.



Love your
pet

30% OFF

FRESH PET FOOD

Exclusions apply †



Love your
pet



\$4²⁰
ea

SAVE \$1.80
WAS \$6

V.I.P. Chunkers Dog Food 1kg
\$0.42 per 100g.
From the chilled pet food fridge



\$4²⁰
ea

SAVE \$1.80
WAS \$6

V.I.P. Paws Dog Food 600g
\$0.70 per 100g.
From the chilled pet food fridge



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

4 Legs Slow Cooked Dog Food 250g \$1.40 per 100g.
From the chilled pet food fridge

† Excludes Every Day, Down Down & clearance items



\$12⁵⁰
ea

SAVE \$5.50
WAS \$18

Supercoat Dry Dog Food
2.6kg-2.8kg

5¢
DONATION TO
Guide
Dogs.



\$23⁴⁰
ea

SAVE \$15.60
WAS \$39

Natures Goodness Grain Free Dry Dog Food 7kg \$0.33 per 100g

5¢
DONATION TO
Guide
Dogs.



\$1⁸⁰
ea

SAVE \$1.20
WAS \$3

Natures Goodness Dog Food 400g \$0.45 per 100g



\$1⁸⁰
ea

SAVE 80¢
WAS \$2.60

Golp Dog Yoghurt Vanilla Probiotic Dog Treats 70g
\$2.57 per 100g.
On sale for 2 weeks



\$2²⁵
ea

SAVE \$1.65
WAS \$3.90

Fussy Cat Crunchers Cat Treats 100g
\$2.25 per 100g.
2nd week on sale



\$2⁸⁰
ea

SAVE \$1.20
WAS \$4

Dine Creamy Treats Cat Food 4x12g
\$5.83 per 100g



\$1⁸⁰
ea

SAVE 80¢
WAS \$2.60

Whiskas Cat Food 400g
\$0.45 per 100g



Help support Guide Dogs

When you purchase a dog food product**

**Valid from 24/04/24 – 21/05/24. Maximum Donation \$300,000. Excludes all dog accessories and treatments. For more information, visit coles.com.au/community.

5¢
DONATION TO
Guide
Dogs.

1/2 PRICE

BONDS

Exclusions apply †

\$7⁵⁰
ea

SAVE \$7.50
WAS \$15



Bonds 120d Opaque Tights
On sale for 2 weeks

\$12
ea

SAVE \$12
WAS \$24



Bonds Women's Hipster Bikini Brief 2 Pack On sale for 2 weeks.
Assorted Sizes & Colours

\$8
ea

SAVE \$8
WAS \$16



Bonds Women's Logo Light No Show 4 Pack On sale for 2 weeks.
Assorted Sizes & Colours

† Excludes Bonds Sanitary Protection & clearance items

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5



Razza Nylon Bonezapper Pantyhose Knee Hi 2 Pack
On sale for 2 weeks

\$7
ea

SAVE \$7
WAS \$14



Redheads Turbo Gas Match 1 Pack

\$13²⁵
ea

SAVE \$13.25
WAS \$26.50



NRG Batteries AA or AAA 24 Pack
\$0.55 per each. 2nd week on sale

\$2⁵⁰
ea

SAVE 70*
WAS \$3.20



Bic 4 Colour Pen 1 Pack
2nd week on sale

\$15⁴⁰
ea

SAVE \$6.60
WAS \$22



Smash Blue Ceramic Barista Cup 235mL

\$21
ea

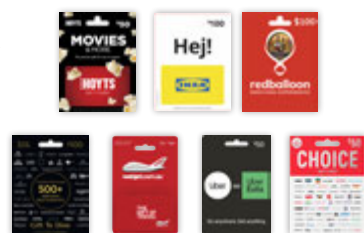
SAVE \$9
WAS \$30



Cook With Curtis Rectangle Baking Dish



Hoyts, Ikea, RedBalloon, Gift To Dine, Webjet, Uber and \$50 TCN Choice Gift Cards when you swipe your Flybuys card at the checkout.
(Excludes Variable Load TCN Choice Gift Cards. In-store only)



Offer valid from 8/5/24 to 14/5/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. To qualify for this offer you must present your Flybuys card at the time of purchase. Excludes Variable Load TCN Choice Gift Cards. Excludes all other TCN Gift Cards. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but up to a maximum of 50,000 points can be collected per Flybuys account. \$30 = 600 Flybuys Points; \$50 = 1,000 Flybuys Points; \$100 = 2,000 Flybuys Points. While stocks last, no rainchecks. Gift Cards can't be used to purchase other Gift Cards at Coles. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au.

Prepaid deals

\$49^{ea}
SAVE \$30
WAS \$79

Optus X Start 3

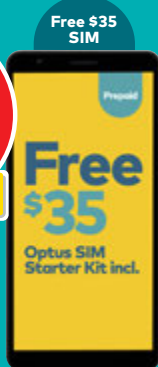
- 5" display
- 5MP camera
- 32GB memory



\$69^{ea}
RRP \$99

Optus X Sight 2

- 6" display
- 5MP camera
- Octa-core processor



\$179^{ea}
SAVE \$70
WAS \$249

Samsung Galaxy A04s

- 6.5" Infinity V display
- 50MP rear camera
- 5,000mAh battery



\$12^{ea}
RRP \$35

Optus \$35 Prepaid SIM Starter Kit

- Get 60GB data on first recharge (40GB + 20GB bonus). Activate by 3/6/24.
- Unlimited std talk & text within Australia
- Roll over up to 200GB
- 28 day expiry



yes OPTUS

colesmobile
 Now that's smart.
 Switch today, it's easy.

New to Coles Mobile?

\$10^{ea}
SAVE \$15
WAS \$25

Coles Mobile \$25 Prepaid SIM

- 22GB, 28 day expiry
- Unlimited standard International Calls to 15 selected destinations
- New services only



BETTER THAN 1/2 PRICE

\$189^{ea}
RRP \$240

Coles Mobile \$240 Prepaid SIM

- 210GB, 365 day expiry
- Unlimited standard International Calls to 15 selected destinations
- New services only



ADVERTISER PROMOTION

1/2 PRICE

\$17^{ea}
SAVE \$18
WAS \$35

Telstra \$35 SIM Kit

- 35GB on first 3 recharges
- New services only



\$429^{ea}
SAVE \$70
WAS \$499

iPhone 11 64GB Premium Refurbished

- Network Unlocked
- 12 month warranty



\$99^{ea}
SAVE \$30
WAS \$129

Telstra T-Pro

- 6.52" IPS HD+ display
- 13MP camera



\$69^{ea}
RRP \$99

Telstra Essential 2

- 5" display
- 5MP camera



General Devices: Unless specified, all devices are network locked. Unlocking fees may apply. **Free Optus \$35 SIM:** Included in device packaging. New services only, for activation on available \$35 plans only. **General SIMs:** All value SIMs include first recharge on activation. All recharges at standard price. For use in AU. New services only. **Optus \$35 SIM:** 4th recharge gets 20GB standard data. **Telstra \$35 SIM:** 28 day expiry. 35GB on activation by 5/8/24, with remaining 2 recharges by 7/10/24. **iPhone 11 Premium Refurbished:** Network unlocked. While stocks last, no rainchecks. Colour availability varies per store. 12 month warranty. 30 day satisfaction guarantee.

felix

Mobile plans that don't cost the earth

- One tree planted for every month you're with us
- Carbon neutral



1/2 PRICE

\$20^{ea}
SAVE \$20
WAS \$40

Felix \$40 Prepaid SIM

- \$40 Unlimited Mobile Data Plan**
- ✓ Unlimited mobile data at speeds up to 20Mbps
 - ✓ Unlimited standard talk and text



\$15^{ea}
RRP \$30

Felix \$30 Prepaid SIM

- \$30 50GB Mobile Data Plan**
- ✓ Unlimited standard talk and text
 - ✓ Unlimited data banking

No lock-in contracts Sign up in minutes

\$40 Unlimited Mobile Data Plan Offer: Ends 14.05.24. New customers only. For use in Aus. T+C's apply.
\$30 50GB Mobile Data Plan Offer: Ends 21.05.24. New customers only. For use in Aus. T+C's apply.

ADVERTISER PROMOTION



Telstra Essential Smart 4

- 5.5" HD+ display
- 8MP rear camera + 2MP front camera



Shop our best deals.



Telstra Moto E13

- 6.5" HD display
- 13MP rear camera + 5MP front camera



Telstra Nokia G11 Plus

- 6.5" HD+ display
- Dual rear camera (50MP+2MP) + 8MP front camera



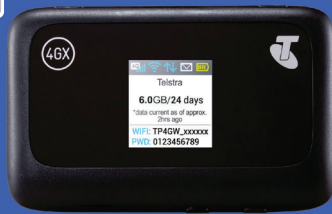
Oppo A38

- 6.56" HD LCD display
- Dual rear camera (50MP + 2MP) + 5MP front camera



Telstra Pre-Paid 4GX Wi-Fi Plus

- Connect up to 10 Wi-Fi enabled devices
- 5GB included to use in Australia within 28 days



boost Premium Refurbished mobile



iPhone XR 64GB Premium Refurbished

iPhone XR 64GB



- ✓ 72 Point Inspection and in-depth testing
- ✓ 12 Month Warranty with 30 day guarantee
- ✓ FREE \$2 Boost SIM with every phone

iPhones are unlocked. Colour availability varies per store



Belong \$29 Starter Pack

- Includes SIM card, 25GB plus Unlimited calls & texts in Australia



Telstra 5G now reaches 85% of Australians. **THINGS YOU NEED TO KNOW.** Telstra Pre-Paid Handsets: Manufactured by ZTE, Motorola, Nokia & Oppo. In non-5G coverage areas, you'll automatically switch to our 3G or 4G. Check telstra.com/coverage. **Speed capping:** 4G and 5G download speeds are capped at 150Mbps on most plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. Blue Tick lets you know which phones are recommended for handheld coverage in rural areas. **Belong:** For use in Australia. Unlimited Calls and texts to standard landline and mobile numbers. Limit: Total of 5 Belong SIMs per customer. 4G and 5G download speeds capped at 150 Mbps.

ADVERTISER PROMOTION

Kitchen Convenience



Automatic
shut off

\$169_{ea}



Devanti Ceramic Cooktop

High-grade black ceramic glass plate with 4x cooking zones. Touch control panel, 9x power levels, 6000W. W52 x L59cm.

Touch
control panel



\$89_{ea}



Easy to clean

Healthy Choice Air Fryer 6.5L

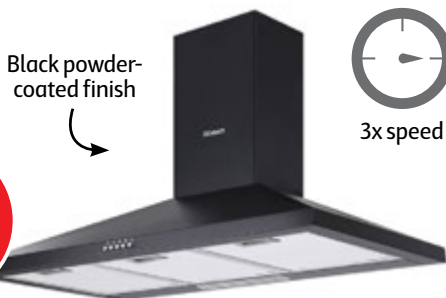
8x preset cooking programs, adjustable temperature control up to 200°C. Food-grade, tempered detachable glass basket.

Black powder-
coated finish



3x speed

\$109_{ea}



Devanti Kitchen Rangehood

Powerful exhaust system. Rocker button switch, LED light. 3x removable, non-stick, 5-layer aluminium filters. Adjustable chimney. W900mm.

LCD display



\$109_{ea}

Healthy Choice Dual Air Fryer 8L

10x pre-set cooking programs. 2x non-stick 4L basket with individual temperature control up to 200°C.

\$69_{ea}



2000W



10
Litre

Healthy Choice Hot Water Urn 10L

Stainless Steel. Temperature control, auto shut off.

\$59_{ea}



LED
display

Healthy Choice Induction Cooker

8x pre-set cooking functions, 8x power and temperature settings, overheating protection.

On sale Monday 06/05/24 to Sunday 19/05/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

70
Litre



\$259_{ea}

Devanti Bar Fridge 70L

5x temperature settings. Double-glazed glass door, with reversible door hinge. Adjustable shelves. Built-in LED lamp.

Easy to install,
no plumbing
required



\$349_{ea}

Devanti Benchtop Dishwasher

6x place setting capacity with removable cutlery basket. 7x cleaning programs, push-button controls and LED display.



Easy to clean

\$79_{ea}



Healthy Choice Electric Food Slicer

Slices meat, cheese and bread up to 15mm. 190mm stainless steel blade with safety guard. Non-slip feet.



\$199_{ea}

Cefito Stainless Steel Kitchen Bench

430 quality stainless steel. Adjustable under-shelving and bullet feet for stabilisation. W183 x H89 x L61cm.

\$99_{ea}



Healthy Choice 3-Pot Slow Cooker

3x 2.5L removable non-stick ceramic pots. individual heat settings with keep warm function.

\$75_{ea}



Easily conceal
in cupboards

Cefito Twin Pull Out Bin

2x 20L. Powder coated steel frame. Heavy duty sliding runners.

On sale Monday 06/05/24 to Sunday 19/05/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

LIQUORLAND

Cheers!
TO MUM

Be the favourite child this Mother's Day with the perfect gift.



\$8^{ea}

Zilzie Estate
Prosecco



**2
for
\$15**

Lana's Bike
Sauvignon
Blanc



**2
for
\$20**

Tussock
Jumper
Pinot Noir



**2
for
\$25**

Earthworks
Shiraz



**2
for
\$25**

Trilogy
Sparkling



**2
for
\$30**

Sisters Run
Cabernet
Sauvignon



**2
for
\$30**

Maison
Prosecco
Rosé



**2
for
\$54**

Chandon NV
Sparkling
Brut

Offers apply from 08/05/24 until 14/05/24 unless sold out prior. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Licence number 93603. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

WHITE SPIRITS



\$34^{ea}

Aperol
Aperitivo



\$56^{ea}

Jose Cuervo
Reposado
Tequila



\$60^{ea}

Malfy Gin Con
Arancia



\$63^{ea}

Espolon Tequila
Blanco



\$65^{ea}

Roku Gin



\$65^{ea}

Olmeca Altos
Reposado
Tequila



\$69^{ea}

Hendricks Gin



\$70^{ea}

Pure Origin
Tasmanian
Vodka 1 Litre

**1
LITRE**

PRE-MIXED & CIDER



\$18^{ea}

Mr Finch Apple
Cider Cans
10x375mL

**10
PACK**



\$40^{ea}

Woodstock
Bourbon & Cola
4.8% Cans
10x375mL

**10
PACK**



\$41^{ea}

Vodka Cruiser
Mixed Bottles
10x275mL

**10
PACK**



\$53^{ea}

Jim Beam White
Double Serve
6.7% Cans
10x375mL

**10
PACK**

BEER



\$49^{ea}

Tradie Zero
Carb Lager Bottles
24x375mL

**24
PACK**



\$54^{ea}

Asahi Super
Dry Bottles
24x330mL

**24
PACK**



\$56^{ea}

NEW

James Squire
MasterChef
XPA Bottles
24x350mL

**24
PACK**



\$56^{ea}

Mountain
Goat Tasty
Pale Ale Cans
24x375mL

**24
PACK**

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



**Shop
Online**



**Click &
Collect**



**Home
Delivery**