

TAS ON SALE Wed 3 Jul to Tue 9 Jul 2024
See page 33 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Uncle Tobys Le Snak 132g or
Le Snak Mini Crackers 119g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Arnott's Mint Slice, TeeVee
or Wagon Wheels Biscuits
175g-200g

1/2
PRICE



\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nescafé Coffee Sachets
8 Pack-10 Pack



NEW
FLAVOUR

\$3²⁵
ea

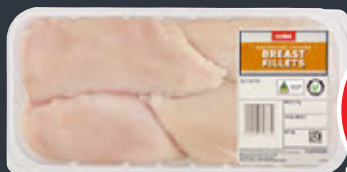
SAVE \$3.25
WAS \$6.50

Lindt Excellence or Lindor Block
Chocolate 80g-100g

KitchenAid

KitchenAid Ovenware is nearly gone!

Last weeks
to earn and
redeem
credits



\$9⁵⁰
kg

SAVE \$1.50/kg
WAS \$11/kg

Coles RSPCA Approved
Chicken Breast Fillets Large Pack
Product sold uncooked

Serving suggestion only



TASMANIAN

1/2 PRICE



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Thins Potato Chips
150g-175g



Bonus
Ovenware
credit*

\$1⁴⁰
ea

SAVE \$1.40
WAS \$2.80

Continental Cup a Soup 2 Serve
50g-75g *See page 24 for T&Cs



\$15
ea

SAVE \$15
WAS \$30

Nature's Way Kids Smart Vita
Gummies 120 Pack
\$12.50 per 100 each



ONLY
at coles

\$18⁵⁰
ea

SAVE \$18.50
WAS \$37

Vittoria Freeze Dried Instant
Coffee 400g \$4.63 per 100g



ONLY
at coles

\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Wild Tides Tuna 95g
\$13.16 per kg



\$11⁵⁰
ea

SAVE \$11.50
WAS \$23

Maharajah's Choice Basmati
Rice 5kg \$0.23 per 100g



1/2
PRICE

\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Kellogg's LCMs or Nutri Grain
Bars 5 Pack 100g-110g



BETTER
THAN
1/2
PRICE

\$27⁶⁰
ea

SAVE \$41.40
WAS \$69

Fairy Platinum Dishwashing
Tablets 70 Pack or Platinum
Plus 60 Pack



\$13
ea

SAVE \$9
WAS \$22

Huggies Ultra Dry Bulk Nappy
Pants 24 Pack-29 Pack

1/2 PRICE



\$1³⁵
ea

SAVE \$1.35
WAS \$2.70

Smith's Crinkle Cut Chips 60g
\$2.25 per 100g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Cadbury or Europe Bites
120g-160g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Pascall Marshmallows 280g
\$0.89 per 100g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Life Savers Candy 150g-200g



\$2⁶⁰
ea

SAVE \$2.60
WAS \$5.20

Tostitos Chips 165g-175g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Raw C Coconut Water 1 Litre
\$2.75 per litre



\$3⁴⁵
ea

SAVE \$3.45
WAS \$6.90

Schweppes Mixers or Soft Drink
4x300mL \$2.88 per litre



\$8
ea

SAVE \$8
WAS \$16

Cadbury Favourites 340g
\$2.35 per 100g



\$14
ea

SAVE \$14
WAS \$28

Ferrero Collection 24 Pack Gift
Box 269g or Ferrero Rocher
30 Pack Gift Box 375g

1/2 PRICE



\$1.50
ea

SAVE \$1.50
WAS \$3

Peckish Fancies Rice Crackers
90g \$1.67 per 100g



\$1.75
ea

SAVE \$1.75
WAS \$3.50

Cheezels 125g
\$1.40 per 100g



\$1.90
ea

SAVE \$1.90
WAS \$3.80

Popcorners 85g
\$2.24 per 100g



\$1.10
ea

SAVE \$1.10
WAS \$2.20

Mars Chocolate Bar 35g-56g

BETTER
THAN
1/2
PRICE



\$7
ea

SAVE \$9
WAS \$16

Toblerone 360g
\$1.94 per 100g



\$13
ea

SAVE \$13
WAS \$26

Lindt Cornet 327g-333g



ONLY
at coles

\$4
ea

SAVE \$1
WAS \$5

Arnott's Tim Tam Biscuits
165g-200g



NEW
at coles
Exclusive

\$4
ea

SAVE \$2
WAS \$6

Cadbury Dairy Milk Block
Chocolate 160g-190g



NEW
at coles

2 for
\$4

SAVE \$1

Cadbury Chocolate Bar
30g-55g, Toblerone 50g or
Cadbury Europe Bar 40g

1/2 PRICE



\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Uncle Tobys Big Bowl Oat Sachets 368g
\$0.88 per 100g



\$3⁴⁵
ea

SAVE \$3.45
WAS \$6.90

Fibre One Bars 100g-120g
or Nature Valley Bars 252g



\$2⁴⁵
ea

SAVE \$2.45
WAS \$4.90

Vege Chips 100g
or Rice Crackers 75g



NEW
at coles

\$3
ea

SAVE \$3
WAS \$6

Kellogg's LCM Treatz 130g
\$2.31 per 100g



\$6⁷⁵
ea

SAVE \$6.75
WAS \$13.50

Twinings Tea Bags
80 Pack-100 Pack



\$4²⁰
ea

SAVE \$1.30
WAS \$5.50

Nice & Natural Nut Bars 180g-192g
or Smoothie Bars 100g



\$6
ea

SAVE \$2.50
WAS \$8.50

Carman's Gourmet Clusters 450g
\$1.33 per 100g



\$4³⁰
ea

SAVE \$1.10
WAS \$5.40

Bega Smooth or Crunchy Peanut
Butter 375g \$1.15 per 100g

KitchenAid

Win a KitchenAid Stand Mixer**

Spend \$20 in one transaction and scan your Flybuis to receive one entry into the prize draw

Flybuis

Over
100
to be
won!



**Competition applies to win a KitchenAid Mixer KSM195, RRP AUD1,049. Competition dates 03/04/2024 to 09/07/2024. Entrants must be an Australian resident over 18 years and a Flybuis member with full contact details to participate. To receive an automatic entry into the competition, entrants must spend \$20 or more in one transaction (after savings and discounts have been applied) and scan your Flybuis during the competition period. Prize amount valued at up to \$1,049 AUD per winner. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. Excludes Coles Online business customers with a current or new Coles Online business account. Entries drawn 15/05/2024, 19/06/2024 and 17/07/2024. Winners notified via a phone call, in writing (or via email). Full Terms & Conditions available at www.coles.com.au/kaovenwareterms. Promoter is Coles Supermarkets Australia Pty Ltd, 800 Toorak Road, Hawthorn East, Vic, 3123. Permits: ACT Permit TP23/02396, NSW Permit NTP/08279, SA Permit T23/1839. ©2024 All rights reserved. KitchenAid and the Design of the Stand Mixer are trademarks in the U.S. and elsewhere. Manufactured under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



Serving suggestion only

Any 2 for
\$15

SAVE \$3

Coles Finest Beef, Garlic and Parsley Sausages 500g or Pork Loin Chops Lightly Marinated 450g
Product sold uncooked



\$17 kg

SAVE \$4 kg
WAS \$21 kg



Coles Australian Pork Spare Ribs
2nd week on sale



\$11 pk

SAVE \$2
WAS \$13



Coles Australian No Added Hormones Beef Oyster Blade Steak 500g \$22.00 per kg



\$22 kg

SAVE \$6 kg
WAS \$28 kg



Coles Australian Lamb Loin Chops



\$16 kg

DOWN DOWN
WAS \$19 kg
MAY 2024



Coles Australian Pork Belly Roast Boneless



\$8⁵⁰ pk

DOWN DOWN
WAS \$11
MAY 2024



Coles RSPCA Approved Chicken Stir Fry 600g \$14.17 per kg



\$5⁵⁰ pk

DOWN DOWN
WAS \$6.50
MAY 2024



Coles RSPCA Approved Chicken Mince 500g \$11.00 per kg



\$12⁷⁵ pk

DOWN DOWN
WAS \$15
JUN 2024



Coles Australian No Added Hormones Beef Chuck Casserole Steak 850g \$15.00 per kg



\$13 kg

DOWN DOWN
WAS \$15 kg
MAY 2024



Coles Australian No Added Hormones Beef Blade Roast



\$11⁵⁰ pk

DOWN DOWN
WAS \$14
MAY 2024



Coles Made Easy Slow Cooked Lamb Shoulder with Garlic & Herbs 550g \$20.91 per kg

Great value. Hands down.



On Potatoes



\$4
bag

DOWN DOWN
WAS \$7.50 MAY 2024

Coles Tasmanian Washed White Potatoes
2kg Bag \$2.00 per kg



TASMANIAN

100% Aussie Bravo Apples

\$4⁹⁰
kg

Australian Bravo Apples



\$2⁹⁰
kg



Australian Cara Cara Oranges



**5 for
\$4**



Australian Green Kiwifruit
Single sell for \$1.00. \$0.80 per kiwifruit when you buy 5



\$1⁵⁰
bag



Coles Australian Carrots 1kg Bag
\$1.50 per kg



\$10^{pk}

**SAVE \$3
WAS \$13**



Coles Australian Dry Roasted or Natural
Almonds 750g Pack \$13.33 per kg



Supporting positive food habits for children

From 3rd to 30th July 2024, 25 cents
from the purchase of every Coles
Australian Carisma Washed Potatoes
2kg Bag will be donated to the Stephanie
Alexandar Kitchen Garden Foundation,
to a maximum of \$100,000

**25¢
DONATION TO**

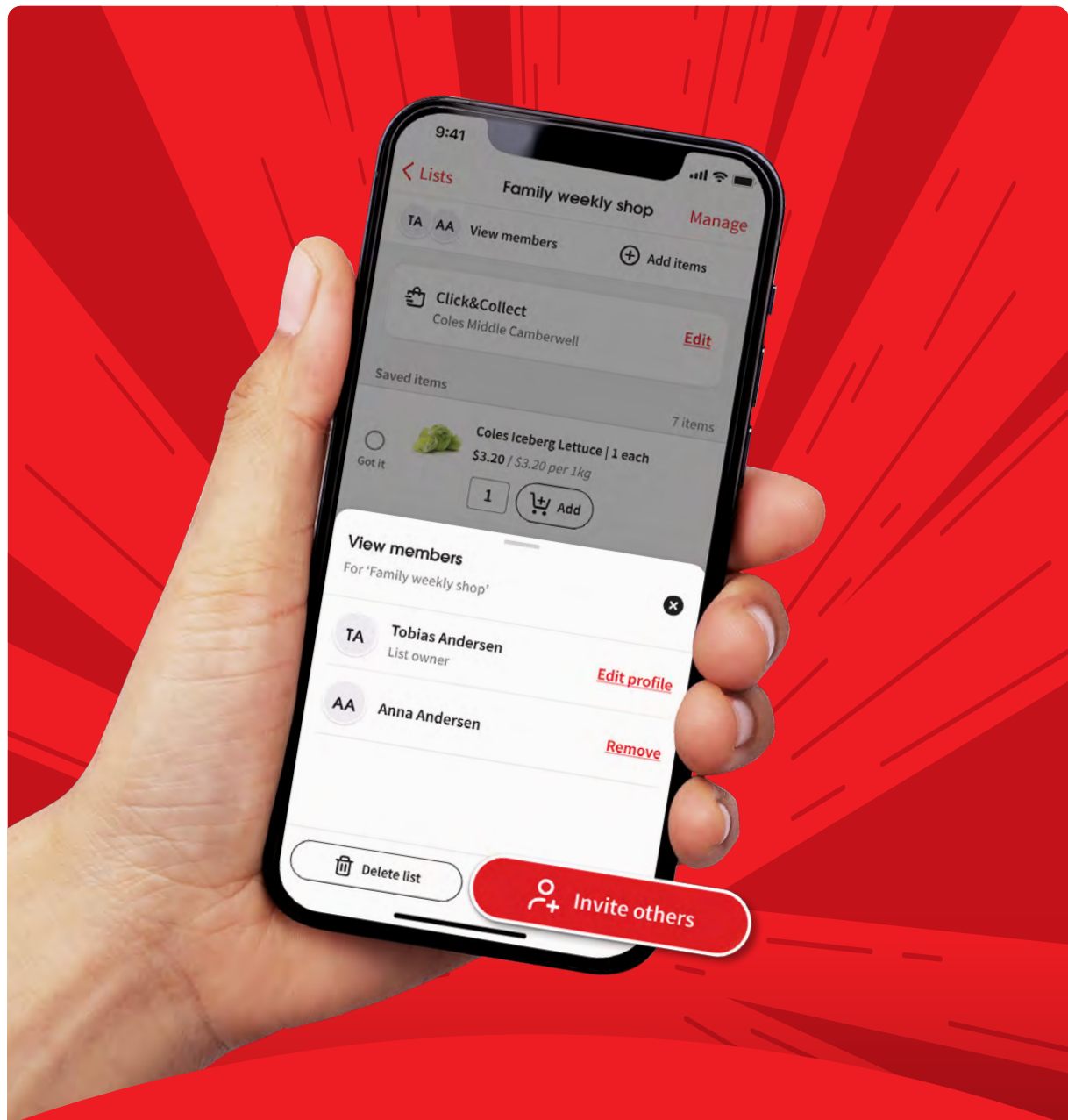
Stephanie
KITCHEN
FOUNDATION
Alexandar
GARDEN



Coles Australian Carisma
Washed Potatoes 2kg Bag

**ONLY
at coles**





Create shared lists in the Coles app

Use shared lists to avoid double ups

Download today



Great value. Hands down.



\$2³⁰
ea

SAVE \$1
WAS \$3.30



Golden Crumpet Rounds 6 Pack
300g \$0.77 per 100g

\$3⁵⁰
ea

SAVE 50¢
WAS \$4

Coles Bakery Stone Baked Turkish Loaf, Ciabatta Loaf or Sourdough Baguette Selected stores only

\$3⁶⁵
pk

SAVE 50¢
WAS \$4.15

Coles Bakery Pizza Roll 2 Pack
\$1.83 per each.
Selected stores only

\$3⁵⁰
ea

EVERY DAY

Coles Bread High Fibre 700g
\$0.50 per 100g

\$3¹⁰
ea

DOWN DOWN
WAS \$3.45
MAY 2024

Coles Madeira Cakes 315g-450g

\$3²⁵
ea

SAVE 55¢
WAS \$3.80

Coles Bakery Iced Donuts
6 Pack \$0.54 per each.
Selected stores only

\$4
ea

SAVE 50¢
WAS \$4.50

Coles Bakery Apple or Banoffee Turnover From the Patisserie fridge.
Selected stores only

EVERY DAY

\$2⁵⁰
ea

Coles Bakery Rustic Baguette
Selected stores only

\$2⁹⁰
ea

Coles Bakery Loaf 680g
\$0.43 per 100g.
Selected stores only



Bertocchi

A FAMILY TRADITION SINCE 1972



\$8
pk
SAVE \$3
WAS \$11

**Bertocchi Long Cut or Short Cut
Bacon 400g \$20.00 per kg**



\$275
PER
100g

\$27⁵⁰
kg
SAVE \$3.50
WAS \$31_{kg}

Bertocchi Hickory Smoked Leg Ham
Selected stores only*



\$290
PER
100g

\$29
kg
SAVE \$8
WAS \$37_{kg}

Bertocchi Soppressa
Selected stores only*.
On sale for 2 weeks



\$280
PER
100g

\$28
kg
SAVE \$7
WAS \$35_{kg}

Bertocchi Triple Smoked Leg Ham
Selected stores only*



*For locations of Deli counter stores visit coles.com.au/range-availability

ADVERTISER PROMOTION

Great value. Hands down.



Served hot from the Deli

Serving suggestion only

\$20_{ea}

DOWN DOWN
WAS \$21 MAY 2024

Riverview Farms Australian Hot Roast Pork
Selected stores only*

ONLY
at coles

AUSTRALIAN
MADE

\$15_{kg}

SAVE \$5_{kg}
WAS \$20_{kg}

CERTIFIED SUSTAINABLE SEAFOOD
MSC
www.msc.org

MSC - C-54768

Coles Australian MSC
Thawed Raw Banana Prawns
Selected stores only*

\$42_{kg}

SAVE \$4_{kg}
WAS \$46_{kg}

TASMANIAN

Coles Tasmanian Fresh Salmon
Portions Skin Off 2nd week on
sale. Selected stores only*

\$2⁹⁰_{ea}

SAVE \$1.45
WAS \$4.35

Don Kabana
Selected stores only*

Bonus
Ovenware credit*

\$14_{pk}

SAVE \$7.60
WAS \$21.60

Primo Rindless Short Cut Bacon
1kg \$14.00 per kg.
*See page 24 for T&Cs

\$9_{pk}

SAVE \$2.50
WAS \$11.50

TASMANIAN

Tassal Smoked Salmon 100g
\$85.00 per kg

\$5_{pk}

SAVE \$1
WAS \$6

Coles Australian Roast Chicken
Breast Shredded 150g \$33.33 per kg

\$22_{kg}

SAVE \$6_{kg}
WAS \$28_{kg}

\$220
PER 100g

Don Virginian Ham
Selected stores only*

Serving suggestion only

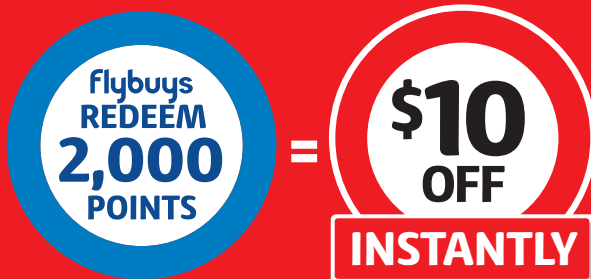
*For locations of Deli counter stores visit coles.com.au/range-availability



Great value. Hands down.



**Get an instant \$10 off
your next in-store shop^{^^}**



Not a member? Click here to join.

Also available in-store at:



Choose to
DrinkWise.



Liquorland & First Choice Liquor
Market Support the Responsible
Enjoyment of Alcohol

^{^^}Reward available permanently ongoing, for Flybuys members only who have a balance of a minimum of 2,000 Flybuys points and who make a transaction at Coles supermarkets, and participating Liquorland or First Choice Liquor Market stores (excluding Liquorland and First Choice Liquor Market stores in the NT and selected stores in WA & Queensland - see flybuys.com.au/instant10 for list of participating stores). Scan your Flybuys and select to redeem 2,000 Flybuys Points to get \$10.00 off at the checkout in-store each time you participate in this offer. Limited to one redemption per day (00:00 to 23:59) per partner per Flybuys account. Excludes Coles Express and online purchases at Coles, Liquorland and First Choice Liquor Market. Liquor must not be sold or supplied to persons under 18. Flybuys and its liquor partners support ID25, DrinkWise (get the facts DrinkWise.org.au) and the responsible enjoyment of alcohol. Minimum spend is \$10.00 in one transaction after savings and discounts are applied (excluding Coles Group and third-party gift cards, tobacco and tobacco related purchases). Flybuys points and Flybuys Dollars have no cash or monetary value. Standard Flybuys T&Cs and Flybuys Rewards T&Cs apply and are available at flybuys.com.au

Great value. Hands down.



On breakfast & lunch

**1/2
PRICE**



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Uncle Tobys Muesli Bar 185g
or Roll Ups 94g



\$1⁸⁵
ea

SAVE \$1.85
WAS \$3.70

Sistema Klip It Plus Container 400mL
\$1.85 per each



\$4⁷⁰
ea

SAVE \$1.20
WAS \$5.90

Coffee's Cordial 1 Litre
\$4.70 per litre

**1/2
PRICE**



\$7⁷⁰
ea

SAVE \$7.70
WAS \$15.40

Frantelle Spring Water 24x600mL
\$0.53 per litre



\$6³⁰
ea

SAVE \$2.70
WAS \$9

Smash Fashion Tritan Bottle
700mL



**2 for
\$7**

SAVE \$1.80

Golden Circle Tetra Fruit
Drink 6x250mL
\$2.33 per litre.
2nd week on sale



\$10
ea

DOWN DOWN
WAS \$12
APR 2024

Carman's Protein
Porridge Cups 4 Pack
200g \$5.00 per 100g



\$6⁷⁰
ea

SAVE \$1.70
WAS \$8.40

Kellogg's Gluten Free
Special K 330g or
Coco Pops 390g



\$2²⁰
ea

SAVE 60¢
WAS \$2.80

Fantastic Delites Rice
Snack Crackers 100g
\$2.20 per 100g

Great value. Hands down.



On snacks & drinks



**1/2
PRICE**

**\$2²⁵
ea**

**SAVE \$2.25
WAS \$4.50**



Kellogg's LCM's or Nutri Grain
Bars 5 Pack 100g-110g



**\$3⁵⁰
ea**

**SAVE \$1.30
WAS \$4.80**

Golden Circle Juice 2 Litre
\$1.75 per litre. Excludes Pineapple,
Grape, Orange and Orange &
Mango. On sale for 2 weeks



**2 for
\$6**

SAVE \$2

Arnott's Creams Biscuits
200g-250g



\$3^{ea}

**SAVE \$1
WAS \$4**

Arnott's Salada Crispbread 250g
\$1.20 per 100g



**2 for
\$6**

SAVE \$2

Arnott's Clix or Savoy Crackers
225g-250g



**\$4⁸⁰
ea**

**SAVE \$1.20
WAS \$6**

Arnott's Lunch To Go
Crispbreads 68g-138g



**\$4⁸⁰
ea**

**SAVE \$1.20
WAS \$6**

Nutella Cream Biscuits
193g \$2.49 per 100g



**\$2⁵⁰
ea**

**DOWN DOWN
WAS \$3.30
MAY 2024**

Sunbites Snack Crackers
105g-110g



**Any 2 for
\$7**

SAVE \$1

Cheezels or Parkers
Pretzels 6 Pack or
Grainwaves 5 Pack

Great value. Hands down.



On lunch & snacks

**1/2
PRICE**

\$2⁴⁰
ea

SAVE \$2.40
WAS \$4.80

Grainwaves 170g
\$1.41 per 100g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

CC's Corn Chips 175g
or Cornados 110g

85¢
ea

SAVE 25¢
WAS \$1.10

Yoplait Petit Miam Yoghurt Pouch
70g \$1.21 per 100g



\$9⁹⁵
ea

SAVE \$3
WAS \$12.95

FroPro Protein Pizza Slices 2 Pack
360g \$2.76 per 100g



\$2⁶⁰
ea

SAVE 90¢
WAS \$3.50

Mrs Mac's Microwave Frozen
Beef Pie or Sausage Roll 175g
\$1.49 per 100g



\$7
ea

SAVE \$2
WAS \$9

McCain Pizza Slices 2 Pack
600g \$1.17 per 100g

TAS-METRO-0307-24-252234



\$7⁷⁰
ea

SAVE \$2
WAS \$9.70

Patties Party Meat Pies 12 Pack
560g \$1.38 per 100g



\$2¹⁵
ea

SAVE 55¢
WAS \$2.70

Chobani No Sugar Added Greek
Yogurt 150g \$1.43 per 100g



BRING IT WITH

ONLY
at coles



2 for
\$34
SAVE \$34

Cadbury Favourites Games Tin 600g
\$2.83 per 100g.
2nd week on sale

**CADBURY FAVOURITES GAMES EDITION
600g WITH GAMES CARD & SPINNER INSIDE**



1/2
PRICE



**CADBURY FAVOURITES THE ULTIMATE SHARE WITH
CARAMILK WALLABY 820g**

\$16 ea
SAVE \$16
WAS \$32

Cadbury Favourites Ultimate Share 820g
\$1.95 per 100g

CADBURY FAVOURITES, BOOST, MARVELLOUS CREATIONS AND ASSOCIATED MARKS, CARAMILK, DAIRY MILK, THE GLASS AND A HALF DEVICE AND THE COLOUR PURPLE ARE TRADE MARKS USED UNDER LICENCE.

ADVERTISER PROMOTION

Great value. Hands down.



40% OFF



\$2¹⁰
ea

SAVE \$1.40
WAS \$3.50

Cobs Popcorn 80g-120g

\$3
ea

SAVE \$2
WAS \$5

Griffin's Marvels Biscuits
165g-200g

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

The Natural Confectionery Co.
130g-230g, Sour Patch 190g
or Pascall Candy 180g-300g

\$1⁵⁰
ea

SAVE 50¢
WAS \$2

McVitie's Digestives Tops Biscuits
100g \$1.50 per 100g

2 for
\$9

SAVE \$3

Cadbury Old Gold Block
Chocolate 170g-180g

\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

Rutherford & Meyer Wafer
Crackers 60g \$4.67 per 100g

\$2
ea

SAVE \$1.50
WAS \$3.50

Urban Cookie Co. Mini Biscuits
150g \$1.33 per 100g

\$3⁶⁰
ea

SAVE 90¢
WAS \$4.50

Olina's Artisan Crackers 100g
\$3.60 per 100g

**DOWN
DOWN**

\$4⁵⁰
ea

DOWN DOWN
WAS \$5
JUN 2024

Coles Finest Cookies
120g \$3.75 per 100g.
*See page 24 for T&Cs

Bonus
Ovenware credit*

\$6
ea

DOWN DOWN
WAS \$8.50
MAY 2024

Doritos Corn Chips Big Bag
380g or Red Rock Deli Potato
Chips 290g



ENJOY THE PERFECT TREAT



SAVE \$2.50
WAS \$5



Arnott's Mint Slice, Half-Coat Scotch Finger,
Milk Royals, TeeVee or Wagon Wheels
Biscuits 175g-250g

Great value. Hands down.



88¢
PER
CAN



40%
OFF



\$2²⁵
ea

\$26³⁰
ea

SAVE \$17.60
WAS \$43.90

SAVE \$1.55
WAS \$3.80

Coca-Cola Soft Drink 30x375mL
\$2.34 per litre

Coca-Cola, Fanta or Sprite
Soft Drink 1.25 Litre \$1.80 per litre



\$10⁷⁰
ea

SAVE \$7.20
WAS \$17.90

Coca-Cola, Fanta or Sprite Soft
Drink or Mt Franklin Sparkling Water
10x375mL \$2.85 per litre



\$6³⁰
ea

SAVE \$2.70
WAS \$9

Remedy Kombucha 4x250mL
\$6.30 per litre



\$3⁷⁵
ea

SAVE \$2.25
WAS \$6

Red Rock Deli Potato Chips
150g-165g



\$2⁵⁰
ea

SAVE \$1.50
WAS \$4

Lays Stax 105g
\$2.38 per 100g



\$4^{ea}

SAVE \$1.50
WAS \$5.50

Darrell Lea Bullets,
Twists, BBs & Liquorice
150g-280g



2 for
\$9

SAVE \$3

Cadbury Sharepacks
144g-180g



\$8^{ea}

SAVE \$2
WAS \$10

Lindt Lindor Bag
121g-125g

Great value. Hands down.



\$11⁷⁵
ea

SAVE \$2.25
WAS \$14

Heineken Zero 6x330mL
\$5.93 per litre. On sale for 2 weeks



**Perfect for
Dry July**



**2 for
\$16**

SAVE \$5

Edenvale Non Alcoholic 750mL
\$10.67 per litre



\$4
ea

SAVE \$1
WAS \$5

Bickford's Cordial 750mL
\$5.33 per litre



\$1⁷⁰
ea

SAVE \$1.15
WAS \$2.85

Schweppes Soft Drink, Mixers
or Mineral Water 1.1 Litre
\$1.55 per litre



79¢
PER
CAN

\$19
ea

SAVE \$12.85
WAS \$31.85

Pepsi, Schweppes or
Solo Soft Drinks 24x375mL
\$2.11 per litre



\$2³⁰
ea

SAVE \$1.55
WAS \$3.85

Gatorade Sports Drink or
G Active 600mL \$3.83 per litre

TAS-METRO-0307-24-252234



\$7⁹⁰
ea

SAVE \$3.35
WAS \$11.25

Red Bull Energy Drink 4x250mL
\$7.90 per litre



\$8⁸⁵
ea

SAVE \$5.90
WAS \$14.75

Monster Energy Drink 4x500mL
\$4.43 per litre

Great value. Hands down.



ONLY
at coles



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Wild Tides Tuna 95g
\$13.16 per kg



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Gold Sunset
Canola Oil 2 Litre
\$0.43 per 100mL

1/2
PRICE

Bonus
Ovenware
credit*



\$1⁵⁰
ea

SAVE \$1.50
WAS \$3

Continental Pasta & Sauce 85g-105g
*See page 24 for T&Cs



\$7
ea

SAVE \$7
WAS \$14

Plumrose Leg Ham 450g
\$15.56 per kg

\$2⁶⁰
ea

SAVE 70¢
WAS \$3.30

John West Salmon Tempters 95g
\$27.37 per kg

\$3³⁰
ea

SAVE \$1
WAS \$4.30

Sirena Ready To Eat Meal with
Tuna 170g \$1.94 per 100g

\$20
ea

SAVE \$5
WAS \$25

Cobram Estate Ultra Premium
Olive Oil 500mL \$4.00 per 100mL

\$3³⁰
ea

SAVE \$1.40
WAS \$4.70

SPC Fruit Snack Cup
4x120g \$6.88 per kg

\$2¹⁵
ea

EVERY DAY

Coles Asia Thin or Thick Egg
Noodles 340g \$0.63 per 100g

\$3⁹⁵
ea

EVERY DAY

Indomie Instant Noodles 5 Pack
400g-425g

Shop online for even
more savings

Lower the cost of your weekly shop with
exclusive specials you can only get online.

ONLINE
ONLY
SPECIALS

coles.com.au

Great value. Hands down.



1/2
PRICE



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Sharwood's Simmer Sauce 420g
\$0.60 per 100g

\$2⁹⁵
ea

SAVE \$2.95
WAS \$5.90

Street Kitchen Indian Curry Kit 255g
\$1.16 per 100g



\$6⁶⁵
ea

SAVE \$2.85
WAS \$9.50

Old El Paso Hard 'N Soft Taco Kit
350g \$1.90 per 100g



\$3⁶⁰
ea

SAVE 90¢
WAS \$4.50

Old El Paso Taco Sauce 200g
\$1.80 per 100g



2 for
\$7

SAVE \$2

Campbell's Real Stock 1 Litre
\$0.35 per 100mL



\$4
ea

SAVE \$1
WAS \$5

Heinz Ketchup 500mL
\$0.80 per 100mL



\$2³⁰
ea

SAVE 65¢
WAS \$2.95

Sirena Tuna 95g
\$24.21 per kg



\$2⁷⁰
ea

SAVE \$1.80
WAS \$4.50

Heinz Soup of The Day 430g
\$0.63 per 100g

KitchenAid

Bonus
Ovenware credit*

when you spend \$20 in one transaction and
purchase a selected product from a
participating brand and scan your Flybuys

*Spend \$20 in one transaction, scan your Flybuys and receive one Bonus Ovenware credit when you also purchase a selected product from a participating brand or product range. Limit of one Bonus Ovenware credit applies per brand, per transaction. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. Earn credits until 16/07/2024 and redeem credits (excludes Coles app) by 23/07/2024 or while stocks last. For full terms & conditions visit coles.com.au/kaovenwareterms. ©2024 KitchenAid. All rights reserved. Manufactured Under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



1/2
PRICE



\$11⁵⁰
ea

SAVE \$11.50
WAS \$23

Maharajah's Choice Basmati Rice 5kg
\$0.23 per 100g

\$3⁷⁵
ea

SAVE \$3.75
WAS \$7.50

Coco Earth Curry 500g
\$0.75 per 100g



\$3⁴⁰
ea

SAVE 90¢
WAS \$4.30

Leggo's Chunky Pasta Sauce
490g-500g



\$3⁵⁰
ea

SAVE 90¢
WAS \$4.40

Cucina Matese Pasta Sauce
550g \$0.64 per 100g



\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

Heinz Baked Beans or Spaghetti
535g-555g



\$4
ea

SAVE \$1
WAS \$5

Cadbury Baking Chocolate Blocks,
Chips or Melts 180g-225g



\$1¹⁰
ea

EVERY DAY

Coles Italian Tomatoes 400g
\$2.75 per kg



\$6⁵⁰
ea

SAVE \$2.90
WAS \$9.40

Nestlé Milo 395g-460g

KitchenAid

Free
Ovenware
with ovenware credits*
when you spend \$20 in one
transaction and scan your Flybys

*Spend \$20 in one transaction in-store or online at Coles (after savings and discounts have been applied) and scan your Flybys to receive one Ovenware credit. Earn credits until 16/07/2024 and redeem credits (excludes Coles app) by 23/07/2024 or while stocks last. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco, tobacco related product purchases, subscriptions, and delivery fees. For full terms & conditions visit coles.com.au/kaovenwareterms. ©2024 KitchenAid. All rights reserved. Manufactured Under License by the Cookware Company Ltd., Hong Kong. Limited warranty provided by manufacturer.

Great value. Hands down.



\$3⁹⁰
ea

SAVE \$2.60
WAS \$6.50

Primo Air Dried Salami Sticks 90g
\$4.33 per 100g

NEW
at **coles**



\$5
ea

SAVE \$1.50
WAS \$6.50

Sustagen 3x250mL
\$6.67 per litre



\$4⁹⁰
ea

SAVE \$2.10
WAS \$7

Nescafé Farmers Origin Nespresso Compatible
Coffee Capsules 10 Pack \$0.49 per each.
2nd week on sale



\$12⁵⁰
ea

SAVE \$3.50
WAS \$16

Moccona Freeze Dried Instant Coffee 200g
\$6.25 per 100g



\$5²⁰
ea

SAVE \$1.30
WAS \$6.50

Mayver's Protein Plus Peanut Butter
375g \$1.39 per 100g

TAS-METRO-0307-24-252234



\$24⁵⁰
ea

SAVE \$10.50
WAS \$35

Grinders Coffee Beans 1kg
\$2.45 per 100g



\$5⁵⁰
ea

EVERY DAY

Coles Fruit Filled Mini Bars
Strawberry 370g \$1.49 per 100g



Shop Savvy. Shop Simply.

Coles Simply – a range of savvy household staples that simply get the job done. To find them, just look for the bright yellow packaging across the store next time you shop at Coles.

It's that simple.



\$3⁵⁰
ea
EVERY DAY



Coles Simply Food Containers 750mL 5 Pack
\$0.70 per each

\$7
ea
EVERY DAY



Coles Simply Vanilla Frozen Dessert 4 Litre
\$0.18 per 100mL

\$2³⁰
ea
EVERY DAY



Coles Simply Garlic Bread
Twin Pack 450g \$0.51 per 100g

TAS-METRO-0307-24-252234

\$2¹⁰
ea
EVERY DAY



Coles Simply Pasta Sauce 510g
\$0.41 per 100g

Good comes Round



GLUTEN Free



Perfect for
SHARING

FIND US IN *the*
**BISCUIT
AISLE**



\$3²⁰
ea

Table of Plenty Popped
Savoury Rice Cakes 60g
\$5.33 per 100g

SAVE 80¢
WAS \$4

FOR GLUTEN FREE *goodness* FOLLOW @TABLEOFPLENTY

ADVERTISER PROMOTION

Great value. Hands down.



1/2
PRICE

\$7_{ea}

SAVE \$7
WAS \$14

Atkins Low Carb Hazelnut Crisp Bars
5 Pack 185g \$3.78 per 100g



\$5⁹⁵_{ea}

SAVE \$2.55
WAS \$8.50

Twinings Live Well Tea Bags
18 Pack-22 Pack



\$3_{ea}

SAVE \$2
WAS \$5

ATP Science Collagen
Marshmallow or Jelly Bar 50g-60g



\$2¹⁰_{ea}

SAVE \$1.30
WAS \$3.40

Pureharvest Unsweetened
Almond Milk 1 Litre \$2.10 per litre



\$8_{ea}

SAVE \$2
WAS \$10

Kellogg's Coco Pops 650g,
Crunchy Nut Cornflakes 640g
or Just Right 740g



\$2²⁰_{ea}

SAVE 80¢
WAS \$3

Vitasoy Oat Milky 1 Litre
\$2.20 per litre

TAS-METRO-0307-24-252234



\$6_{ea}

DOWN DOWN
WAS \$6.60
MAY 2024

Capilano 100% Pure Australian
Honey 340g \$1.76 per 100g



\$4⁵⁰_{ea}

SAVE \$1.20
WAS \$5.70

St. Dalfour Fruit Spread 284g
\$1.58 per 100g

FUEL THE
EFFORT[^]



\$9⁵⁰
ea

DOWN DOWN
WAS \$10.80 MAY 2024

PICK UP A PACK TODAY!

Kellogg's Nutri Grain Cereal
765g \$1.24 per 100g

[^]Nutri-Grain contains 650kJ energy, 8.7g protein, 2.1g fibre and 25% RDI for 4 B-vitamins and iron per 40g serve.

ADVERTISER PROMOTION

AWAKEN YOUR SENSES WITH OUR **NEW** COFFEE COLLECTION

FRESHLY ROASTED
COFFEE BEANS

**1/2
PRICE**

**NEW
at coles**

\$13^{ea}
SAVE \$13
WAS \$26

L'or Coffee
Beans 500g
\$2.60 per 100g

AVAILABLE IN COLOMBIA,
CLASSIQUE AND ONYX

L'OR PLEASURE IS GOLD

INDULGENTLY FROTHY
COFFEE BLENDS

**1/2
PRICE**

**NEW
at coles**

\$6²⁵_{ea}
SAVE \$6.25
WAS \$12.50

L'or Instant Coffee
210g-250g

AVAILABLE IN CAPPUCCINO,
LATTE AND MOCHA

**2 for
\$11**
SAVE \$4

L'or Nespresso Compatible
Coffee Capsules 10 Pack
\$0.55 per each.
On sale for 2 weeks

Great value. Hands down.



\$9⁵⁰
ea

SAVE \$1.50
WAS \$11

Bega Cheese Slices 500g
\$19.00 per kg. 2nd week on sale

\$6⁹⁰
ea

SAVE \$2.10
WAS \$9

Cheer Cheese Block 400g
\$17.25 per kg



\$4⁷⁵
ea

EVERY DAY

Coles Simply Sandwich
Cheese Slices 500g
\$9.50 per kg



**2 for
\$5**

SAVE \$1

Mainland On The Go
Cheese & Crackers
36g x 38g



\$5⁵⁰
ea

SAVE \$1
WAS \$6.50

Perfect Italiano
Cheese Grated 250g
\$22.00 per kg.
2nd week on sale



\$6⁵⁰
ea

SAVE \$1
WAS \$7.50

Perfect Italiano Cheese
Parmesan Block 200g
\$32.50 per kg



**Bonus
Ovenware
credit***

\$3⁷⁵
ea

DOWN DOWN
WAS \$4.25
MAY 2024

Primo Duos Cabanossi
& Tasty Cheese 50g
\$7.50 per 100g
*See page 24 for T&Cs

TAS-METRO-0307-24-252234



\$2⁹⁰
ea

EVERY DAY

Coles Kitchen Garlic
Baguette Twin Pack 450g
\$0.64 per 100g



\$4
ea

SAVE \$2.50
WAS \$6.50

La Famiglia Kitchen
Bread Slices 270g
\$1.48 per 100g



\$8
ea

SAVE \$3
WAS \$11

Latina Filled Pasta 625g
\$1.28 per 100g

Great value. Hands down.



**1/2
PRICE**

\$1⁴⁵
ea

SAVE \$1.45
WAS \$2.90



Tamar Valley Dairy The Creamery
Yoghurt 170g \$0.85 per 100g



\$4⁵⁰
ea

DOWN DOWN
WAS \$5.75
MAY 2024

Danone Ultimate Yoghurt 4x115g
\$0.98 per 100g



\$2⁸⁰
ea

SAVE 90¢
WAS \$3.70

Danone YoPro Perform Protein
Yoghurt 175g \$1.60 per 100g



\$2¹⁵
ea

SAVE 55¢
WAS \$2.70

Chobani Greek Yogurt 160g
\$1.34 per 100g



\$2⁵⁰
ea

SAVE \$1
WAS \$3.50

Chobani Flip Yogurt 140g
\$1.79 per 100g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Dairy Farmers Thick & Creamy
Yoghurt 550g-600g



\$4
ea

SAVE \$1.20
WAS \$5.20

Western Star Butter 250g
\$1.60 per 100g



\$7⁵⁰
ea

SAVE \$2.50
WAS \$10

Flora ProActiv Margarine 500g
\$1.50 per 100g

Catalogue on sale Wed 3rd Jul until Tue 9th Jul 2024 or until Tue 16th Jul where indicated. Selected specials commenced Wed 26th Jun.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Savings, single sell prices and unit prices shown are off Tasmanian regular selling prices. Some advertised products may already be priced below the Tasmanian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down.



Unicorn Classic Camembert or Brie 125g \$40.00 per kg



Tasmanian Heritage Cheese Wedge Trilogy 140g \$46.43 per kg



Daily Juice Breakfast Burst Juice 2 Litre \$2.95 per litre



Rokeby Farm Protein Smoothies 425mL \$7.06 per litre



Ice Break Flavoured Milk 500mL \$6.00 per litre



Dare Flavoured Milk 750mL \$5.47 per litre

Shatter your cravings

Oak Flavoured Milk 600mL
\$4.83 per litre

Violet Crumble Ice Cream Sticks 4 Pack 360mL or Ice Cream Tub 1 Litre

Advertiser Promotion

Violet Crumble® is a registered trade mark used under license from Robern Menz Australia Pty Ltd.

Serving Suggestion

Great value. Hands down.



**1/2
PRICE**



\$6
ea

SAVE \$6
WAS \$12

Birds Eye Oven Bake Fish Fillets
425g \$14.12 per kg

\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Hong Kong Dim Sim Kitchen Pork & Chive
Dumplings or BBQ Pork Buns 300g
\$1.42 per 100g. On sale for 2 weeks



\$6⁵⁰
ea

SAVE \$2.50
WAS \$9

Dr Oetker Ristorante Pizza
310g-390g



\$6⁹⁰
ea

SAVE \$2.60
WAS \$9.50

Herbert Adams Slow Cooked Beef Pies
2 Pack 400g-420g



\$3
ea

SAVE \$1.50
WAS \$4.50

On The Menu Entrée Meal 260g
\$1.15 per 100g. On sale for 2 weeks
TAS-METRO-0307-24-252234



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

On The Menu Plated Meal 320g
\$1.75 per 100g



\$8
ea

SAVE \$2
WAS \$10

The Sweetporium Co Ice Cream
1 Litre \$0.80 per 100mL

Great value. Hands down.



1/2
PRICE

\$6^{ea}

SAVE \$6
WAS \$12

Bulla Murray Street 1 Litre
\$0.60 per 100mL. On sale for 2 weeks

\$5²⁵
^{ea}

SAVE \$5.25
WAS \$10.50

Bulla Murray Street Sticks 400mL
\$1.31 per 100mL



\$5⁹⁵
^{ea}

SAVE \$2.55
WAS \$8.50

Bulla Multi Packs
8 Pack-14 Pack
400mL-750mL



\$7⁵⁰
^{ea}

SAVE \$2.50
WAS \$10

Streets Golden Gaytime
or Rainbow Paddlepop
1 Litre \$0.75 per 100mL



\$7^{ea}

SAVE \$2
WAS \$9

Streets Paddle Pop
544mL \$1.29 per 100mL



\$8^{ea}

SAVE \$3.50
WAS \$11.50

Magnum Sticks 340mL
\$2.35 per 100mL.
2nd week on sale



\$10^{ea}

SAVE \$3.50
WAS \$13.50

Häagen-Dazs Mini Tub
4 Pack 380mL
\$2.63 per 100mL



\$7⁵⁰
^{ea}

SAVE \$3
WAS \$10.50

Peters Maxibon 560mL
\$1.34 per 100mL



\$6^{ea}

EVERY DAY

Coles Sweet Potato
Waffle Fries 500g
\$12.00 per kg



\$4⁶⁰
^{ea}

SAVE \$1.20
WAS \$5.80

McCain Quick Cook
Chips 750g \$6.13 per kg

1/2 PRICE



\$12^{ea}

SAVE \$12
WAS \$24

Nature's Way Adult Vita Gummies Multivitamins or Vitamin C 120 Pack[^]
\$10.00 per 100 each



\$20^{ea}

SAVE \$20
WAS \$40

Nature's Way Adult Vita Gummies Hair Skin Nails 150 Pack[^]
\$13.33 per 100 each



\$19⁷⁵^{ea}

SAVE \$19.75
WAS \$39.50

Swisse Ultivite Multivitamins 60 Pack[^] \$32.92 per 100 each.
On sale for 2 weeks



\$17⁵⁰^{ea}

SAVE \$17.50
WAS \$35

Blackmores Probiotics+ Immune Defence 30 Pack[^]
\$58.33 per 100 each



\$20^{ea}

SAVE \$20
WAS \$40

Blackmores Omega Triple Strength Fish Oil 60 Pack[^]
\$33.33 per 100 each



\$24⁵⁰^{ea}

SAVE \$24.50
WAS \$49

Blackmores Bio C 1000mg Tablets 150 Pack[^]
\$16.33 per 100 each



\$5^{ea}

SAVE \$5
WAS \$10

Gillette Venus Comfortglide Disposable Razors 2 Pack \$2.50 per each



ONLY at coles

\$6^{ea}

SAVE \$6
WAS \$12

Twenty4 Body Mist 200mL \$3.00 per 100mL.
2nd week on sale



\$8⁵⁰^{ea}

SAVE \$8.50
WAS \$17

Rimmel BB Cream 30mL
\$2.83 per 10mL



\$30^{ea}

SAVE \$30
WAS \$60

Olay Eyes Collagen Peptide 24 Eye Cream 15mL \$200.00 per 100mL

[^]This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

Great value. Hands down.



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

**1/2
PRICE**



\$10
ea

SAVE \$10
WAS \$20

Herbal Essences Classic Shampoo
or Conditioner 400mL \$1.31 per 100mL

Pantene Shampoo or Conditioner
900mL \$1.11 per 100mL

**1/2
PRICE**



\$15
ea

SAVE \$15
WAS \$30

Essano Vitamin C Super
Glow Facial Oil 20mL
\$75.00 per 100mL

**NEW
at coles**



\$7
ea

SAVE \$3
WAS \$10

Lynx Antiperspirant
Aerosol Deodorant
150mL \$4.67 per 100mL

**NEW
at coles**



\$8
ea

SAVE \$3.50
WAS \$11.50

Dove Advanced Care
Antiperspirant Aerosol
Deodorant 250mL
\$3.20 per 100mL



\$11⁹⁰
ea

SAVE \$5.10
WAS \$17

Dove Body Wash 1 Litre
\$1.19 per 100mL.
2nd week on sale



\$14⁴⁰
ea

DOWN DOWN
WAS \$16
MAY 2024

Codral Cold & Flu Tablets
20 Pack^ \$0.72 per each



\$10⁵⁰
ea

SAVE \$2
WAS \$12.50

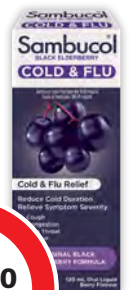
Strepsils Lozenges
36 Pack^ \$0.29 per each



\$12⁸⁰
ea

SAVE \$5.50
WAS \$18.30

Ease a Cold Capsules
Cough, Cold & Flu
24 Pack^ \$0.53 per each



\$13³⁰
ea

SAVE \$5.70
WAS \$19

Sambucol Cold & Flu
Liquid 120mL^
\$11.08 per 100mL

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use.
Incorrect use could be harmful. If symptoms persist, talk to your healthcare professional.

Great value. Hands down.



\$1⁷⁰
ea

SAVE \$45^c
WAS \$2.15

Rafferty's Garden 4+ Months, 6+ Months or 8+ Months Baby Pouch 120g \$1.42 per 100g

\$12
ea

SAVE \$6
WAS \$18

BabyLove Cosifit Bulk Nappies 26 Pack-48 Pack

\$9
ea

SAVE \$3
WAS \$12

Tommee Tippee Training Sippee Cup or Weighted Straw Toddler Cup 300mL 1 Pack 2nd week on sale

\$3
ea

SAVE \$2
WAS \$5

Rascal + Friends Baby H2O Wipes 72 Pack or Sensitive Wipes 80 Pack

\$9
ea

SAVE \$6.80
WAS \$15.80

Cetaphil Baby Wash & Shampoo or Daily Moisturizing Lotion 400mL \$2.25 per 100mL

\$24
ea

SAVE \$6
WAS \$30

Nestlé Nan SupremePro Stage 3 or 4 Milk Drink 800g \$3.00 per 100g

NEW
at coles

1/2
PRICE

\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

UPGRADE TO
72H ADVANCED PROTECTION.
ACTIVATED BY BODY HEAT

Rexona 72Hr Advanced Protection Antiperspirant Aerosol Deodorant Climate Control or Melon Aloe 220mL \$2.16 per 100mL

ADVERTISER PROMOTION

Great value. Hands down.



**1/2
PRICE**

\$8⁵⁰
ea
SAVE \$8.50
WAS \$17



Hask Shampoo or Conditioner
355mL \$2.39 per 100mL

\$17⁵⁰
ea
SAVE \$7.50
WAS \$25



Slick Stick Anti Flyaway Hair
Wand 1 Pack or Wax Stick 50g

\$12⁵⁰
ea
SAVE \$8.50
WAS \$21



Head & Shoulders Shampoo or
Conditioner 660mL \$1.89 per 100mL

**1/2
PRICE**

\$5⁵⁰
ea
SAVE \$5.50
WAS \$11



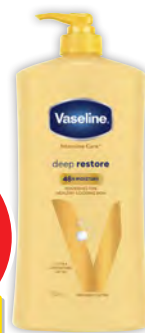
Redwin Sorbolene Daily Moisturiser
1.1 Litre \$0.50 per 100mL

\$4⁸⁰
ea
SAVE \$3.20
WAS \$8



Colgate Max Fresh Toothpaste
100g \$4.80 per 100g. On sale for
2 weeks. *See page 24 for T&Cs

\$11²⁰
ea
SAVE \$4.80
WAS \$16



Vaseline Body Lotion 750mL
\$1.49 per 100mL

**1/2
PRICE**

NEW
**PANTENE
MIRACLES**
**REPAIRS 3 MONTHS OF DAMAGE
IN 3 MINUTES****



\$6⁵⁰
ea
SAVE \$6.50
WAS \$13

Pantene Collagen Repair
& Protect Shampoo 375mL
or Conditioner 350mL

\$7⁵⁰
ea
SAVE \$7.50
WAS \$15

Pantene Collagen Repair
& Shine Hair Mask 250mL
\$3.00 per 100mL

ADVERTISER PROMOTION

**Helps repair surface damage to smoothness vs non-conditioning shampoo

Great value. Hands down.



\$5²⁵
ea

SAVE \$2.25
WAS \$7.50

Palmolive Liquid Hand Wash Refill
1 Litre \$0.53 per 100mL

\$2⁴⁰
ea

SAVE \$1.60
WAS \$4

Beach Rd Naturals Body Bar 150g
\$1.60 per 100g. 2nd week on sale

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

U By Kotex Ultra Thin Pads with
Wings Regular 14 Pack or Super
12 Pack

\$16⁵⁰
ea

SAVE \$5.50
WAS \$22

Bonds Bloody Comfy Period
Bikini Brief 1 Pack

1/2 PRICE

\$5
ea

SAVE \$5
WAS \$10

Tampax Pearl Compak Tampons
with Applicator Regular or Super
18 Pack \$0.28 per each

\$17⁵⁰
ea

SAVE \$7.50
WAS \$25

U By Kotex Reusable Period
Undies Heavy Black 1 Pack

SMALL CHOICE. BIG IMPACT.



NEW

TOM
ORGANIC

ADVERTISER PROMOTION

Tom Organic
Extra Thick
Regular Pads or
Organic Regular
Pads 10 Pack
\$0.48 per each

\$4⁸⁰
ea

SAVE \$1.20
WAS \$6



Continuing to support responsibly managed forests through Own Brand timber and paper products

[Learn more](#)



FSC-N003455

Look for this logo on pack



\$1⁵⁰
ea

EVERY DAY

Coles Paper Dinner Plates or Bowls 20 Pack \$0.08 per each



\$2⁵⁰
ea

EVERY DAY

Coles Timber Knives, Forks or Spoons 20 Pack \$0.13 per each



\$1⁸⁰
ea

EVERY DAY

Coles Biodegradable Sensitive Facial Wipes 30 Pack \$0.06 per each



\$2
ea

EVERY DAY

CUB Biodegradable Baby Wipes Lightly Scented or Fragrance Free 80 Pack \$2.50 per 100 each



\$11⁵⁰
ea

EVERY DAY

CUB Unisex Bulk Nappies 30 Pack-56 Pack



\$2²⁰
ea

EVERY DAY

Cycle By Coles Ultra Thin Pads with Wings Super 14 Pack or Night 12 Pack

Great value. Hands down.



**1/2
PRICE**

BONDS
Exclusions apply †



\$8^{ea}

SAVE \$8
WAS \$16

Bonds Men's Logo Lowcut
3 Pack Assorted colours & sizes.
On sale for 2 weeks

\$13^{ea}

SAVE \$13
WAS \$26

Bonds Women's Seamless Full Brief
2 Pack Assorted colours & sizes.
On sale for 2 weeks

† Excludes Bonds Sanitary Protection & clearance items

**1/2
PRICE**

\$8²⁵^{ea}

SAVE \$8.25
WAS \$16.50

Décor Microsafe Easy Heat
Containers 900mL \$2.75 per each

**1/2
PRICE**

\$7⁵⁰^{ea}

SAVE \$7.50
WAS \$15

Sistema Klip It Plus Containers
1 Litre 3 Pack \$2.50 per each

**1/2
PRICE**

\$7⁷⁰^{ea}

SAVE \$3.30
WAS \$11

Duracell Optimum Batteries AA
or AAA 4 Pack \$1.93 per each

\$4⁹⁰^{ea}

SAVE \$2.10
WAS \$7

Elmer's School Glue 225mL

\$20^{ea}

SAVE \$25
WAS \$45

Optus \$45 Prepaid SIM
• 60GB on first 3 recharges,
28 day expiry

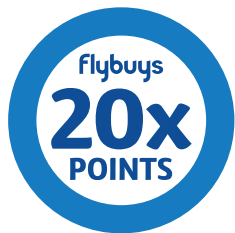
**BETTER
THAN
1/2
PRICE**

\$20^{ea}

SAVE \$25
WAS \$45

Optus \$45 Prepaid SIM
• 65GB on first 6 recharges,
28 day expiry

**BETTER
THAN
1/2
PRICE**



**Apple Gift Cards when
you swipe your Flybuys
card at the checkout.**

In-store only.



Offer valid from 3/7/24 to 9/7/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. To qualify for this offer you must present your Flybuys card at the time of purchase. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but up to a maximum of 50,000 points can be collected per Flybuys account per day. \$20 = 400 Flybuys Points; \$30 = 600 Flybuys Points; \$50 = 1,000 Flybuys Points; \$100 = 2,000 Flybuys Points; \$200 = 4,000 Flybuys Points. While stocks last, no rainchecks. Gift Cards can't be used to purchase other Gift Cards at Coles. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au. TM and © 2024 Apple Pty Ltd. All rights reserved. **General SIMs:** All value SIMs include first recharge on activation. All recharges at standard price. For use in AU. New services only.

Great value. Hands down.



\$1³⁰
ea

SAVE 60¢
WAS \$1.90

Optimum Dog Food 85g-100g

\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Pedigree Dentastix 7 Pack
\$0.80 per each

\$11⁹⁰
ea

SAVE \$5.10
WAS \$17

Schmackos Dog Treats 500g
\$2.38 per 100g

\$1⁸⁰
ea

SAVE \$1.20
WAS \$3

Natures Goodness Dog Food
400g \$0.45 per 100g

\$16
ea

SAVE \$4
WAS \$20

Purina One Adult Dry Cat Food
1.4kg-1.5kg

\$24
ea

SAVE \$16
WAS \$40

Farmers Market Dry Dog Food
6.5kg-6.8kg

**OUTSTANDING
CLEAN IN COLD WATER**



\$12
ea

SAVE \$12
WAS \$24

Cold Power Laundry Liquid
Sensitive or Advanced Clean
2 Litre \$6.00 per litre.
* See page 24 for T&Cs



Bonus
Ovenware
credit*

WASH IN COLD & SAVE ENERGY

ADVERTISER PROMOTION

1/2 PRICE



\$7^{ea}
SAVE \$7
 WAS \$14

Sorbent 3-Ply Silky White Toilet Tissue 16 Pack
 \$0.24 per 100 sheets



\$3⁵⁰^{ea}
SAVE \$3.50
 WAS \$7

Harpic Fresh Power In the Bowl Toilet Cleaner 39g \$8.97 per 100g



\$4²⁵^{ea}
SAVE \$4.25
 WAS \$8.50

Palmolive Dishwashing Liquid 950mL \$0.45 per 100mL



\$13^{ea}
SAVE \$13
 WAS \$26

Biozet Attack Plus Laundry Liquid 2 Litre or Powder 2kg



\$16^{ea}
SAVE \$16
 WAS \$32

Vanish NapiSan Oxi Action Gold Multi Power Laundry Booster Powder 2kg \$8.00 per kg



\$2²⁰^{ea}
SAVE \$2.20
 WAS \$4.40

Ziploc Sandwich Bags 40 Pack or Snack Bags 40 Pack \$0.06 per each



\$5⁷⁵^{ea}
SAVE \$5.75
 WAS \$11.50

Glen 20 Scentsations Disinfectant Spray 375g or Pine O Clean Scentsations Disinfectant Wipes 100 Pack



\$7^{ea}
SAVE \$3
 WAS \$10

Pine O Clean Pomegranate Disinfectant Floor Cleaner 1.5 Litre \$0.47 per 100mL



\$4⁸⁰^{ea}
SAVE \$3.20
 WAS \$8

Pine O Clean Disinfectant Liquid 1.25 Litre \$0.38 per 100mL



\$2³⁰^{ea}
SAVE \$1.55
 WAS \$3.85

Handee Ultra Paper Towel 2 Pack \$1.92 per 100 sheets

* See page 24 for T&Cs

iPhone SE 64GB



\$229_{ea}

RRP \$260

iPhone SE 64GB
Premium Refurbished



✓ 72 Point Inspection and in-depth testing

🕒 12 Month Warranty with 30 day guarantee

📶 FREE \$2 Boost SIM with every phone

📱 iPhones are unlocked. Colour availability varies per store

Boost \$35 SIM Pack



28 Day Expiry

45GB

45GB on first 3 recharges.

New Customers only.
All for use in Aus

\$15_{ea}

RRP \$35

Boost \$45 SIM Pack



BETTER THAN
1/2 PRICE

28 Day Expiry

60GB

60GB on first 3 recharges.

New Customers only.
All for use in Aus

\$20_{ea}

**SAVE \$25
WAS \$45**

Boost \$55 SIM Pack



BETTER THAN
1/2 PRICE

28 Day Expiry

80GB

80GB on first 3 recharges.

New Customers only.
All for use in Aus

\$25_{ea}

**SAVE \$30
WAS \$55**

ADVERTISER PROMOTION



Make the switch.



Motorola G04

- 6.6" 90Hz LCD display
- Rear camera (16MP with flash) + 5MP front camera



Nokia G11 Plus

- 6.5" HD+ display
- Dual rear camera (50MP+2MP) + 8MP front camera



Belong \$35 Starter Pack

- Includes SIM card, 40GB plus Unlimited calls & texts in Australia.



Telstra 5G now reaches 85% of Australians. THINGS YOU NEED TO KNOW. Telstra Pre-Paid Handsets: Manufactured by Motorola & Nokia. In non-5G coverage areas, you'll automatically switch to our 3G or 4G. Check telstra.com/coverage. Speed capping: 4G and 5G download speeds are capped at 150Mbps on most plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. Boost: For new customers only who activate the \$35, \$45 or \$55 SIM pack before 5 Aug 2024, with the remaining 2 recharges by 7 Oct 2024. Value SIM pack includes first recharge. Service provided by Telstra Corporation Ltd ABN 33 051 775 556. For personal use only. Telstra FairPlay Policy applies. Belong: For use in Australia. Unlimited Calls and texts to standard landline and mobile numbers. Limit: Total of 5 Belong SIMs per customer. 4G and 5G download speeds capped at 150 Mbps.

Prepaid deals

Switch to Optus at Coles today

NEW at coles

\$59^{ea}

SAVE \$20 WAS \$79

Prepaid

Free \$35

Optus SIM Starter Kit incl.

Optus X Start 4

- 5" display
- 5MP camera
- Octa-core processor

NEW at coles

\$79^{ea}

SAVE \$20 WAS \$99

Prepaid

Free \$35

Optus SIM Starter Kit incl.

Optus X Sight 3

- Bright 6" display
- 5MP camera with flash
- Octa-core processor

NEW at coles

\$129^{ea}

RRP \$149

Prepaid

Free \$35

Optus SIM Starter Kit incl.

Optus X Tap 3

- 6.6" HD+ display
- 50MP main camera
- 128GB storage

NEW at coles

\$179^{ea}

SAVE \$70 WAS \$249

Prepaid

Free \$35

Optus SIM Starter Kit incl.

Samsung Galaxy A04s

- 6.5" Infinity V display
- 50MP rear camera
- 5,000mAh battery

colesmobile Big Data Sale

Now with **500GB** data rollover



28 day

colesmobile

\$25

22GB

47GB for 22GB + 25GB bonus data for first 3 recharges

\$10^{ea}

SAVE \$15 WAS \$25

^{^^}First 28 days

Coles Mobile \$25 Prepaid SIM

365 day

colesmobile

\$240

210GB

260GB for 210GB + 50GB bonus data

\$189^{ea}

RRP \$240

^{^^}First 365 days

Coles Mobile \$240 Prepaid SIM

Switch today. Now that's smart.

colesmobile | POWERED BY OPTUS

Yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Optus X Tap 3 offer ends 9/7/24. Optus X Start 4 and Optus X Sight 3 offers end 16/7/24. Samsung Galaxy A04s offer ends 30/7/24. Free Prepaid SIM: Included \$35 SIM for activation on available \$35 plans only. See optus.com.au/prepaidplans for full plan details. New services only. Compatibility: Devices are network locked. For unlocking fees see optus.com.au/unlock. Coles Mobile: Coles Mobile SIM offers end 9/7/24. Activate by 31/7/24 to receive bonus data. New services only. Discounted price applies to SIM purchase only. \$25 SIM offer: Bonus data applies to first three recharges within 90 days of activation only, then reverts to standard data. T&Cs apply. \$240 SIM offer: For first 365 days only, recharges revert to standard price/data. T&Cs apply. Data Rollover: Accrue up to 500GB when you recharge before expiry. Increased from 50GB for eligible recharges after 22/5/24. General: Go to colesmobile.com.au/terms for full terms, coverage and compatibility. General: Coverage varies, see optus.com.au/coverage. For SIM offers, ongoing recharges revert to standard price.

ADVERTISER PROMOTION

Laundry & Storage

\$299

ea



Devanti Tumble Dryer

5kg load capacity. Digital control panel. Cool air-dry function. Reverse tumble action. Includes wall mounting kit.



Cordless

\$139

ea




MyGenie X9 Vacuum Mop

Cyclonic filtration system. 270° revolving dry vacuum head. Twin turbo mop disperses water and detergent as it polishes your floor. Converts to hand-held vacuum.

\$309

ea



3D contour heated seat

Traderight Electric Bidet Toilet Seat

Self-cleaning dual nozzle. Adjustable water temperature and pressure. Warm air dry, auto deodorisation, soft closing lid and LED display screen.

\$289

ea



App controlled

MyGenie V-MAX 3000 Vacuum and Mop

2000pa turbo suction. 3-in-1 vacuuming, dry and wet mopping capabilities. Visual mapping, cleaning schedule and docking station.

\$109

ea



Oikiture Hollywood Makeup Mirror

Includes additional 10x mini magnifying mirror. 15x LED bulbs, 3x colour temperatures and intelligent brightness. Built-in Bluetooth speaker.



Easy to clean

\$119

ea



Welba Granite Stone Sink

Lead-free and food-grade materials. Perfect for bathrooms or kitchens. Wear and scratch-resistant. Anti-corrosion and bacterial.

On sale Monday 01/07/24 to Sunday 14/07/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.



90-180° adjustable
shelf rack

\$69^{ea}



Levede 3 Tier Storage Trolley

Sturdy and durable. Removable, independent baskets. Adjust the shelves to fully upright or flat. Smooth, mobile castors with brakes.



\$99^{ea}

Oikiture Storage Cabinet

Perfect for small spaces. Rattan doors, white painted finish frame. Cupboard with 2 shelves and upper open shelf.



\$119^{ea}

Oikiture Shoe Cabinet

Stores up to 45 pairs of shoes. Slatted door, 3x storage compartments, with height adjustable rows.

30x heated
rods



Folds for
storage

\$149^{ea}

Devanti Heated Clothes Rack

Fast heating, up to 55°C. Water-resistant switch. Free standing, non-slip and stable.



\$69^{ea}

Artiss Storage Cabinet

Multi-functional. 3x sliding door cabinets, 2x raised edge open compartments. 4x removable caster wheels.



\$79^{ea}

Levede Chest of Drawers

Durable MDF tabletop. Removable, spacious, non-woven rigid fabric drawers. Strong, rustproof steel frame.

On sale Monday 01/07/24 to Sunday 14/07/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

LIQUORLAND

to game days

Choose your winners
for the big game.

BEER

\$20_{ea}

XXXX
Gold Cans
8x375mL



**8
PACK**

\$50_{ea}

Hahn
Super Dry
Bottles
24x330mL



**24
PACK**

\$51_{ea}

XXXX Gold
Block Cans
30x375mL



**30
PACK**

\$55_{ea}

Heineken
Bottles
24x330mL



**24
PACK**

\$53_{ea}

Iron Jack
Block Cans
30x375mL



**30
PACK**

\$54_{ea}

Hahn Super Dry
3.5 Block Cans
30x375mL



**30
PACK**

\$62_{ea}

Corona
Bottles
24x355mL



**24
PACK**

\$78_{ea}

Stone & Wood
Pacific Ale
Bottles
24x330mL



**24
PACK**

Offers apply from 03/07/24 until 09/07/24 unless sold out prior. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Licence number 93603. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

WHITE SPIRITS



\$42^{ea}

BLCK Vodka



\$56^{ea}

Jose Cuervo
Especial
Tequila



\$56^{ea}

Pure Origin
Tasmanian
Gin



\$62^{ea}

Smirnoff Red
Vodka
1 Litre

**1
LITRE**

DARK SPIRITS



\$49^{ea}

Wild Turkey
American
Honey
Liqueur



\$54^{ea}

Dimple 12YO
Blended
Scotch
Whisky



\$76^{ea}

Jameson Irish
Whiskey
1 Litre

**1
LITRE**



\$77^{ea}

Jack Daniels
Tennessee
Whiskey
1 Litre

**1
LITRE**

WINE



PRICE DROP

NOW
\$12^{ea}

WAS \$15 (04/2024)

Revino
Pinot Grigio



PRICE DROP

NOW
\$18^{ea}

WAS \$40 (05/2024)

Winton Road
Barossa Valley
Shiraz



**2
for
\$20**

The Ned
Marlborough
Sauvignon
Blanc



**2
for
\$20**

Pensilva Estate
Shiraz



PRICE DROP

NOW
\$20^{ea}

WAS \$28 (05/2024)

Sensi Prosecco
DOC 18K Gold



**2
for
\$30**

Sister's Run
Shiraz



**Any
of these
\$18^{ea}**

Berri 5 Litre
Cask Varieties

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



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Online**



**Click &
Collect**



**Home
Delivery**