

SA ON SALE Wed 31 Jul to Tue 6 Aug 2024
See page 35 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



\$10 kg

SAVE \$2kg
WAS \$12kg

Coles Australian Lamb Whole or Half Leg Roast
Product sold uncooked

Serving suggestion only



coles
**WINTER OF
SPORTS
GIVEAWAY**

1000s of prizes
each day

Buy. Scan. Win.

See *page 8 for Daily Prize Draw & *page 23 for Instant Win T&Cs

**1/2
PRICE**



\$1³⁵
ea

SAVE \$1.35
WAS \$2.70

Chobani Greek Yogurt
160g \$0.84 per 100g

**1/2
PRICE**



\$1⁴⁰
ea

SAVE \$1.40
WAS \$2.80

Continental Cup a Soup
2 Serve 50g-75g

**1/2
PRICE**



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Arnott's Tim Tam
Biscuits 165g-200g

**1/2
PRICE**



\$3⁸⁰
ea

SAVE \$3.80
WAS \$7.60

Nescafé Coffee Sachets
8 Pack-10 Pack

*See page 8 for T&Cs

**Daily
Prize Draw
Bonus
Entry***

1/2 PRICE



Daily Prize Draw Bonus Entry*

\$2^{ea}

SAVE \$2
WAS \$4

Gatorade Sports Drink 600mL
\$3.33 per litre.
*See page 8 for T&Cs



\$3^{ea}

SAVE \$3
WAS \$6

Kettle Potato Chips
150g-165g



\$3⁵⁰^{ea}

SAVE \$3.50
WAS \$7

Kellogg's Nutri Grain 290g,
Coco Pops 375g or
Just Right 460g



\$6^{ea}

SAVE \$6
WAS \$12

Peters Connoisseur
1 Litre \$6.00 per litre



ONLY at coles

\$18⁵⁰^{ea}

SAVE \$18.50
WAS \$37

Vittoria Freeze Dried Instant
Coffee 400g \$4.63 per 100g



\$16^{ea}

SAVE \$16
WAS \$32

Omo Ultimate Laundry Liquid
2 Litre or Powder 2kg

100% South Aussie Mini Apples

\$2⁹⁰^{pk}

DOWN DOWN
WAS \$4.50
MAY 2024

Coles South Australian Mini Apples
1kg Pack \$2.90 per kg

Serving suggestion only



BUY SA. FOR SA.

1/2 PRICE



\$7⁵⁰
ea

SAVE \$7.50
WAS \$15

Herbal Essences Classic Shampoo or Conditioner 600mL
\$1.25 per 100mL



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Hask Shampoo or Conditioner 355mL \$2.39 per 100mL



\$13
ea

SAVE \$13
WAS \$26

Daily Prize Draw Bonus Entry

Head & Shoulders Shampoo or Conditioner 850mL \$1.53 per 100mL. *See page 8 for T&Cs



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Sally Hansen Hard as Nails Strengthener 13.3mL \$4.14 per 10mL



\$20⁵⁰
ea

SAVE \$20.50
WAS \$41

Ostelin Calcium DK2 Tablets 60 Pack^A \$34.17 per 100 each



\$17⁵⁰
ea

SAVE \$17.50
WAS \$35

Neutrogena Hydro Boost Hyaluronic Acid Water Gel 50g \$35.00 per 100g



\$40
ea

SAVE \$40
WAS \$80

Oral B Pro 100 Gum Care Electric Toothbrush 1 Pack



\$7²⁵
ea

SAVE \$7.25
WAS \$14.50

Cenovis Sugarless C 500mg Tablets 160 Pack^A \$4.53 per 100 each



\$9
ea

SAVE \$9
WAS \$18

Cenovis Mega C 1000mg Tablets 100 Pack^A \$9.00 per 100 each



\$18
ea

SAVE \$18
WAS \$36

Blackmores Fish Oil Odourless Capsules 200 Pack^A \$9.00 per 100 each



\$20
ea

SAVE \$20
WAS \$40

Blackmores Executive B Stress Formula Tablets 125 Pack^A \$16.00 per 100 each

^AThis medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



Morning Fresh Dishwashing Liquid 400mL \$0.69 per 100mL.
2nd week on sale



Bref Liquid 600mL-700mL or In The Bowl Toilet Cleaner 42g-50g



Comfort Fabric Conditioner Fragrance Collection 900mL \$5.56 per litre



Glen 20 Disinfectant Spray 375g \$1.53 per 100g



Dettol Multipurpose Disinfectant Wipes 110 Pack \$5.45 per 100 each



Biozet Attack Plus Laundry Liquid 2 Litre or Powder 2kg



Pine O Clean Platinum Anti-Bacterial Laundry Sanitiser 2 Litre \$6.50 per litre.
*See page 8 for T&Cs



Botanica by Airwick Scented Candle 1 Each



Finish Ultimate Dishwashing Tablets 46 Pack \$0.59 per each.
*See page 8 for T&Cs

1/2 PRICE

SISTEMA KLIP IT PLUS & TO GO

Exclusions apply†



\$5
ea

SAVE \$5
WAS \$10

Sistema Klip It Plus Container
3.35 Litre \$5.00 per each



\$1.85
ea

SAVE \$1.85
WAS \$3.70

Sistema Klip It Plus Container
400mL \$1.85 per each



\$6.70
ea

SAVE \$6.70
WAS \$13.40

Sistema To Go Bento Cube
1.25 Litre \$6.70 per each

†Excludes clearance items



\$13.75
ea

SAVE \$13.75
WAS \$27.50

Duracell Coppertop Batteries
AA 16 Pack or AAA 14 Pack



\$4.25
ea

SAVE \$4.25
WAS \$8.50

Bic Mega Lighter 1 Pack
\$4.25 per each



\$13
ea

SAVE \$13
WAS \$26

Smash Blue Stainless Steel
Barista Cup 350mL
\$13.00 per each



\$7
ea

SAVE \$7
WAS \$14

Comfort In-Wash Scent Booster
200g \$35.00 per kg



\$10
ea

SAVE \$10
WAS \$20

Radiant Laundry Liquid 2 Litre
or Powder 2kg



\$16
ea

SAVE \$16
WAS \$32

Vanish NapiSan Oxi Action Gold
Multi Power Laundry Booster
Powder 2kg \$8.00 per kg.

*See page 8 for T&Cs



Apple Gift Cards when you swipe your Flybuys card at the checkout

In-store only



Offer valid from 31/7/24 to 6/8/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. To qualify for this offer you must present your Flybuys card at the time of purchase. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but up to a maximum of 50,000 points can be collected per Flybuys account per day. \$20 = 400 Flybuys Points; \$30 = 600 Flybuys Points; \$50 = 1,000 Flybuys Points; \$100 = 2,000 Flybuys Points; \$200 = 4,000 Flybuys Points. While stocks last, no rainchecks. Gift Cards can't be used to purchase other Gift Cards at Coles. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au. TM and © 2024 Apple Pty Ltd. All rights reserved.

1/2 PRICE



\$1.25
ea

SAVE \$1.25
WAS \$2.50

Nestlé Chocolate Bar 35g-50g
or Reese's Cup 39g



\$1.40
ea

SAVE \$1.40
WAS \$2.80

Oreo Cream Biscuits 128g-135g



Daily
Prize Draw
Bonus
Entry

\$2.75
ea

SAVE \$2.75
WAS \$5.50

Darrell Lea Bullets, Twists, BBs
& Liquorice 150g-280g
*See page 8 for T&Cs



\$1.75
ea

SAVE \$1.75
WAS \$3.50

Cheezels 110g-125g



\$8
ea

SAVE \$8
WAS \$16

Cadbury Favourites 340g
\$2.35 per 100g



\$13
ea

SAVE \$13
WAS \$26

Lindt Cornet 327g-333g



\$3.50
ea

SAVE \$1.50
WAS \$5

Thins Potato Chips
150g-175g



2 for \$7.50

SAVE \$2.50

Arnott's Multipack Bluey
or Tiny Teddy Biscuits
168g-200g



2 for \$6

SAVE \$2

Arnott's Creams or
Tina Wafer Biscuits
200g-250g



2 for \$7

SAVE \$3

Arnott's Mint Slice or
Wagon Wheels Biscuits
190g-200g

1/2 PRICE



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Pascall Marshmallows 280g
\$0.89 per 100g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

The Natural Confectionery Co.
130g-230g, Sour Patch 190g or
Pascall Candy 180g-300g



\$1
ea

SAVE \$1
WAS \$2

Poppin Microwave Popcorn
85g-100g



\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Lindt Excellence or Lindor Block
Chocolate 80g-100g



\$2⁴⁰
ea

SAVE \$2.40
WAS \$4.80

Doritos Corn Chips
150g-170g



\$1⁰⁵
ea

SAVE \$1.05
WAS \$2.10

Real Foods Corn Thins
125g-150g



\$4
ea

SAVE \$1.50
WAS \$5.50

Pringles Potato Crisps
118g-134g



**2 for
\$9**

SAVE \$3

Cadbury Sharepacks
120g-180g



\$4²⁰
ea

SAVE \$1.80
WAS \$6

Nestlé Chocolate Fun
Pack 127g-158g



\$4²⁰
ea

SAVE \$1.80
WAS \$6

Mars Chocolate Fun Size
132g-192g or Skittles Fun
Size 180g



Daily Prize Draw Bonus Entry⁺

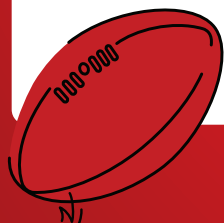
- 1 Spend \$20 in store or online in one transaction
- 2 Buy any selected product from a participating brand
- 3 Scan your registered Flybuys
- 4 Earn a bonus entry for your chance to win

Flybuys

⁺Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. To receive an automatic entry into the competition, entrants must spend \$20 or more in-store or online in one transaction (after savings and discounts have been applied) and scan their Flybuys during the competition period. Limit of one Bonus entry applies per brand, per transaction. A limit of one bonus entry per nominated Coles participating product type also applies. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, Coles Online business customers, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. A Year's Worth of Groceries valued at \$13,500 AUD per winner, and Sports Fan Pack valued at \$7,300 AUD per winner. For full terms & conditions visit coles.com.au/winter-of-sports-terms. Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706.



When you purchase selected products
from participating brands at Coles



To view all participating products
look out for this roundel



100% South Aussie White Potatoes



\$4
bag

DOWN DOWN
WAS \$7.50 MAY 2024

Coles South Australian Washed White Potatoes
2kg Bag \$2.00 per kg



\$2⁵⁰
kg

Australian Gold Sweet Potatoes
SA-METRO-3107-24-269657



100% Aussie Blueberries

\$5⁵⁰
pk

Australian Blueberries 125g Punnet
\$44.00 per kg



\$3⁵⁰
pk

Coles Australian Mini Mandarin
850g Pack \$4.12 per kg



\$5
pk
SAVE \$1

Coles Kitchen Potato & Leek
Soup Kit 450g \$1.11 per 100g



\$7
pk
SAVE \$2
WAS \$9

Coles Dry Roasted, Natural or
Smoked Almonds 400g Pack
\$17.50 per kg



\$4⁹⁰
kg

South Australian Bravo Apples



Great value. Hands down.



For winter

Take lunch further with a twist on a burger

Banh Mi style burgers



\$5
pk

SAVE \$1.50
WAS \$6.50

[Click here for recipe](#)

Coles Australian Pork & Beef 3 Star Regular Mince Bolognese 500g
\$10.00 per kg. Product sold uncooked

\$2⁸⁵
ea

EVERY DAY

Coles Bakery Hamburger Rolls 6 Pack \$0.48 per each. Selected stores only

SA-METRO-3107-24-269657

\$2¹⁰
ea

EVERY DAY

Coles Chinese Five Spice 41g \$0.51 per 10g

\$2¹⁰
ea

EVERY DAY

Coles Sweet Chilli Sauce 500mL
\$0.42 per 100mL

\$4
ea

EVERY DAY

Coles Traditional Mayonnaise 470g
\$0.85 per 100g

Great value. Hands down.



Serving suggestion only

2 for \$15

SAVE \$3

Coles RSPCA Approved Chicken Breast Diced 500g or Coles No Added Hormones 4 Star Beef Mince 500g \$15.00 per kg. Product sold uncooked

\$5⁵⁰ pk

DOWN DOWN
WAS \$6.50
MAY 2024

Coles RSPCA Approved Chicken Mince 500g \$11.00 per kg

\$22 kg

SAVE \$6 kg
WAS \$28 kg

Coles Australian Lamb Loin Chops

\$9 pk

SAVE \$2
WAS \$11

Coles Finest Australian No Added Hormones Beef Brisket Burgers 600g \$15.00 per kg. On sale for 2 weeks

\$13 pk

DOWN DOWN
WAS \$16
JUL 2024

Coles Made Easy Slow Cooked Beef Ragu in Tomato Sauce 700g \$18.57 per kg. *See page 8 for T&Cs

Daily Prize Draw Bonus Entry

\$11 pk

SAVE \$2
WAS \$13

Coles Australian No Added Hormones Beef Oyster Blade Steak 500g \$22.00 per kg

Serving suggestion only

\$11 pk

SAVE \$4
WAS \$15

Coles Australian No Added Hormones Beef Rump Steak 500g \$22.00 per kg. Product sold uncooked

Great value. Hands down.



Serving suggestion only

Ready to eat

\$12_{ea}

EVERY DAY

Coles Hot Roast RSPCA Approved Chicken
Selected stores only*

RSPCA[®] APPROVED FARMING

AUSTRALIAN[®] MADE

\$290_{PER 100g}

\$29_{kg}

SAVE \$8_{kg}
WAS \$37_{kg}

Bertocchi Soppressa Salami
Selected stores only*

\$295_{PER 100g}

\$29⁵⁰_{kg}

SAVE \$6_{kg}
WAS \$35.50_{kg}

Don Hungarian Salami
Selected stores only*

\$240_{PER 100g}

\$24_{kg}

SAVE \$5_{kg}
WAS \$29_{kg}

Barossa Fine Foods Blackforest Gypsy Ham On sale for 2 weeks.
Selected stores only*

BUY SA.
FOR SA.

\$170_{PER 100g}

\$17_{kg}

SAVE \$4_{kg}
WAS \$21_{kg}

Primo Rindless Short Cut Bacon
Selected stores only*

\$10_{pk}

SAVE \$2.50
WAS \$12.50

Daily Prize Draw Bonus Entry*

RESPONSIBLY SOURCED SEAFOOD

Coles Raw Peeled Prawns 260g
\$38.46 per kg. From the Meat Department. *See page 8 for T&Cs

\$42_{kg}

SAVE \$4_{kg}
WAS \$46_{kg}

AUSTRALIAN[®] SEAFOOD

Coles Tasmanian Fresh Salmon Portions Skin Off 2nd week on sale.
Selected stores only*

Serving suggestion only

\$17_{kg}

SAVE \$3_{kg}
WAS \$20_{kg}

Coles Australian MSC Thawed Raw Banana Prawns Selected stores only*. Product sold uncooked

CERTIFIED SUSTAINABLE SEAFOOD MSC
www.msc.org
MSC-C-54768

AUSTRALIAN[®] SEAFOOD

*For locations of Deli counter stores visit coles.com.au/range-availability

Great value. Hands down.



\$3⁶⁰
ea

SAVE \$2.40
WAS \$6

10¢

DONATION TO

Redkite



Mr Kipling Cakes 155g-165g

10c donation to Redkite for packs of Mr Kipling products sold at Coles supermarkets or online at <https://www.coles.com.au> from 31/7/24 - 27/8/24 (up to a total maximum donation of \$35,000). Donated by Premier Foods Group Ltd. Subject to availability & whilst stocks last.

\$6⁵⁰
ea

DOWN DOWN
WAS \$7
MAY 2024



Daily
Prize Draw
Bonus
Entry*

Coles Finest by Laurent Sourdough Vienna or Cob
Selected stores only. *See page 8 for T&Cs

2 for
\$6

SAVE \$3.80



Golden Crumpet Squares 6 Pack 425g
\$0.71 per 100g

\$3⁵⁰
pk

SAVE 65¢
WAS \$4.15



Coles Bakery Pizza Roll
2 Pack \$1.75 per each.
Selected stores only

\$3
pk

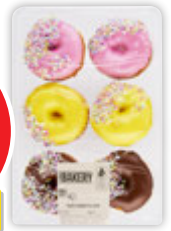
SAVE 50¢
WAS \$3.50



Coles Bakery Danish 2 Pack
\$1.50 per each.
Selected stores only

\$3²⁵
pk

SAVE 55¢
WAS \$3.80



Coles Bakery Iced Donuts
6 Pack \$0.54 per each.
Selected stores only

EVERY DAY

\$4⁴⁰
ea



Tip Top The One 700g
\$0.63 per 100g

\$3
ea



Coles Thin & Crispy Pizza Base
200g \$1.50 per 100g

Great value. Hands down.



1/2
PRICE

\$1¹⁰
ea

SAVE \$1.10
WAS \$2.20

Mars Chocolate Bar
22.5g-56g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Cadbury or Europe Bites
120g-160g or Pascall Chocolate
Bites 120g-185g



\$2
ea

SAVE \$1
WAS \$3

Cadbury Chocolate Bar Twin
or Four Pack 58g-80g



\$3⁸⁵
ea

SAVE \$1.65
WAS \$5.50

Whittaker's Revive or Reflect
Chocolate Block 100g
\$3.85 per 100g



ONLY
at coles

\$4
ea

SAVE \$2
WAS \$6

Cadbury Dairy Milk Block
Chocolate 160g-190g



\$4²⁰
ea

SAVE \$1.80
WAS \$6

Nutella Cream Biscuits 193g
\$2.18 per 100g



Daily
Prize Draw
Bonus
Entry*

2 for
\$6

SAVE \$2

Arnott's Shapes Crackers
130g-190g *See page 8 for T&Cs



\$8
ea

SAVE \$2
WAS \$10

Lindt Lindor Bag 121g-125g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50



1/2
PRICE

Cocobella Coconut Water 1 Litre
\$2.75 per litre

83¢
PER CAN

Daily
Prize Draw
Bonus
Entry



\$19⁹⁰
ea

SAVE \$14.95
WAS \$34.85

Pepsi Max or Solo Soft Drink
24x375mL \$2.21 per litre.
*See page 8 for T&Cs



\$1⁸⁰
ea

SAVE \$1.20
WAS \$3

Schweppes Soft Drink, Mixers
or Mineral Water 1.1 Litre
\$1.64 per litre



\$5⁵⁰
ea

SAVE \$2.40
WAS \$7.90

Dash Sparkling Water 4x330mL
\$4.17 per litre



\$2⁸⁰
ea

SAVE \$1.25
WAS \$4.05

Monster Energy Drink 500mL
\$5.60 per litre



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Golden Circle Aussie
Blends 1.5 Litre
\$2.93 per litre



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

V8 Juice 1.25 Litre
\$3.52 per litre.
On sale for 2 weeks



\$4⁸⁵
ea

SAVE \$1.40
WAS \$6.25

Ocean Spray Fruit Drink
1.5 Litre \$3.23 per litre.
On sale for 2 weeks



2 for
\$9⁴⁰

SAVE \$2.40

Cottree's Cordial 1 Litre
\$4.70 per litre

Great value. Hands down.



**Daily
Prize Draw
Bonus Entry***



**1/2
PRICE**

\$2^{ea}

**SAVE \$2
WAS \$4**



G Active Electrolyte Water 600mL
\$3.33 per litre. *See page 8 for T&Cs



\$6²⁰_{ea}

**SAVE \$2.70
WAS \$8.90**

Lo Bros Kombucha 4x250mL
\$6.20 per litre



\$4³⁰_{ea}

**SAVE \$2.90
WAS \$7.20**

Mt Franklin Sparkling Water
4x450mL \$2.39 per litre.
2nd week on sale



\$11⁴⁰_{ea}

**SAVE \$7.60
WAS \$19**

Mt Franklin Sparkling Water
10x375mL \$3.04 per litre



\$7²⁰_{ea}

**SAVE \$4.80
WAS \$12**

Red Bull Energy Drink 4x250mL
\$7.20 per litre



\$2³⁰_{ea}

**SAVE \$1.55
WAS \$3.85**

**Coca-Cola, Fanta or Sprite Soft
Drink 1.25 Litre \$1.84 per litre**

SA-METRO-3107-24-269657



\$11⁴⁰_{ea}

**SAVE \$7.60
WAS \$19**

**Coca-Cola, Fanta or Sprite Soft
Drink 10x375mL \$3.04 per litre**



**95¢
PER
CAN**

\$28³⁰_{ea}

**SAVE \$18.90
WAS \$47.20**

Coca-Cola Soft Drink 30x375mL
\$2.52 per litre

Great value. Hands down.



**1/2
PRICE**



\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Campbell's Country Ladle
or Chunky Soup 495g-505g

\$16
ea

SAVE \$16
WAS \$32

Gold Sunset Vegetable or Canola Oil
4 Litre \$0.40 per 100mL. On sale for 2 weeks



\$4
ea

SAVE \$1
WAS \$5

Green's Premium Baking Mix
380g-630g

\$19
ea

SAVE \$7
WAS \$26

La Española Olive Oil 1 Litre
\$1.90 per 100mL. Excludes Organic



ONLY
at coles



\$3
ea

SAVE \$1
WAS \$4

Massel Gourmet Liquid Stock
1 Litre or Stock Powder 140g-168g



\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

Always Fresh Black Sliced or
Pitted Olives 220g-235g
On sale for 2 weeks



\$1⁹⁵
ea

EVERY DAY

Coles Tomato or Barbecue
Sauce 500mL \$0.39 per 100mL

Great value. Hands down.



\$3⁷⁵
ea

SAVE \$3.75
WAS \$7.50

Hellmann's Real Mayonnaise 400g
\$0.94 per 100g



\$7
ea

SAVE \$7
WAS \$14

Plumrose Canned Leg Ham 450g
\$15.56 per kg.
On sale for 2 weeks

**1/2
PRICE**



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Fantastic Noodle Cup or Bowl
70g-85g



\$2⁹⁵
ea

SAVE \$2.95
WAS \$5.90

Street Kitchen Asian Kit
255g-285g

**1/2
PRICE**

**ONLY
at coles**



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Wild Tides Tuna 95g
\$13.16 per kg



\$3⁸⁰
ea

SAVE \$1
WAS \$4.80

Mutti Passata 700g
\$0.54 per 100g



\$2³⁰
ea

SAVE 65¢
WAS \$2.95

Sirena Tuna 95g
\$24.21 per kg



\$1⁴⁰
ea

EVERY DAY

San Remo Single Snack La Pasta 80g
\$1.75 per 100g

Great value. Hands down.



Indian



\$4⁴⁰
ea

SAVE \$1.90
WAS \$6.30

Passage to India Simmer Sauce
375g \$1.17 per 100g



**A world
of flavour**



Indian



\$4⁵⁰
ea

SAVE \$3
WAS \$7.50

Patak's Curry Paste
283g-312g



**2 for
\$8**

SAVE \$2

Maggi 2 Minute Noodle 5 Pack
325g-380g



\$2⁶⁰
ea

EVERY DAY

Cucina Matrese Pasta 500g
\$0.52 per 100g



\$3⁶⁰
ea

SAVE 90¢
WAS \$4.50

Old El Paso Taco Sauce 200g
\$1.80 per 100g



\$3²⁰
ea

SAVE 80¢
WAS \$4

Ayam Oyster or Fish Sauce
210mL \$1.52 per 100mL

SA-METRO-3107-24-269657



\$3⁶⁵
ea

SAVE 95¢
WAS \$4.60

Barilla Pasta Sauce 400g
\$0.91 per 100g



\$3⁹⁵
ea

EVERY DAY

Indomie Instant Noodles
5 Pack 400g-425g

“YOUR EDGELL FAVOURITES ARE BACK!”



\$3⁸⁰
ea
EVERY DAY

Edgell Corn Kernels 4 Pack
500g \$7.60 per kg



\$1⁷⁰
ea
SAVE 50¢
WAS \$2.20

Edgell Corn Kernels
420g \$4.05 per kg



\$2²⁰
ea
SAVE 60¢
WAS \$2.80

Edgell Beetroot 425g
\$5.18 per kg



VEG WITH THE EDGE

Great value. Hands down.



\$2⁴⁵
ea

SAVE \$2.45
WAS \$4.90



1/2
PRICE

Veggie Chips 100g
\$2.45 per 100g

2 for
\$5⁶⁰

SAVE \$1.40



BC Snacks High Protein Bar 40g
\$7.00 per 100g

\$36 ea

SAVE \$9
WAS \$45



**Tropeaka Beauty Custard Smooth & Creamy
Banana 340g** \$10.59 per 100g

\$1⁹⁰
ea

SAVE 90¢
WAS \$2.80



Heinz Baked Beans or Spaghetti
300g \$0.63 per 100g

\$4⁸⁰
ea

SAVE \$1.20
WAS \$6



Oxyshred Ultra Energy Drink
355mL \$13.52 per litre

\$4 ea

SAVE \$1
WAS \$5



**Nestlé Baking Chocolate Melts
or Bits 200g-290g**



Instant Win

*Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. Spend \$20 in one transaction in-store only at Coles (after savings and discounts have been applied) and scan your Flybuys. All instant win prize winners will be notified instantly on their shopping docket or on screen upon winning a prize. Instant win prize money can be used in-store only and available to use until 9/11/24. Limit of one instant win prize per day per Flybuys account. \$20 spend excludes Coles Express, Coles for business customers, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Instant win prize money cannot be used to purchase gift cards, iTunes cards, tobacco and tobacco-related products. For full terms & conditions visit coles.com.au/winter-of-sports-terms Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706

Great value. Hands down.



NEW
at coles



\$3⁹⁰
ea

SAVE \$2.60
WAS \$6.50

Primo Air-Dried Salami Sticks
90g \$4.33 per 100g

2 for
\$8

SAVE \$4

Carman's Oat Crunch
125g \$3.20 per 100g

1/2
PRICE



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Nice & Natural Nut Bars
180g-192g



\$8
ea

SAVE \$2
WAS \$10

Uncle Tobys LeSnak
Value Pack 264g
\$3.03 per 100g



\$7¹⁰
ea

SAVE \$1.80
WAS \$8.90

Mayver's Indulgence
Peanut Butter 280g
\$2.54 per 100g



\$5¹⁰
ea

SAVE \$1.70
WAS \$6.80

Heritage Mill Muesli
or Cluster 750g
\$0.68 per 100g



\$5
ea

SAVE \$1.30
WAS \$6.30

Uncle Tobys Oat Sachets
320g-350g



\$4
ea

DOWN DOWN
WAS \$4.50
JUL 2024

Australia's Own Barista
Almond or Oat Milk
1 Litre \$4.00 per litre



\$17⁵⁰
ea

EVERY DAY

Sanitarium Up & Go
Liquid Breakfast
12x250mL
\$5.83 per litre



\$12
ea

SAVE \$3.50
WAS \$15.50

Nestlé Milo 1kg or
Milo Pro 700g

Great value. Hands down.



ONLY
at coles



1/2
PRICE



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Queen Victoria Tea Bags 18 Pack
\$0.19 per each

\$6⁷⁵
ea

SAVE \$6.75
WAS \$13.50

Twinings Tea Bags
80 Pack-100 Pack



\$6^{ea}

SAVE \$1.50
WAS \$7.50

Lotus Biscoff Smooth or Crunchy
Spread 380g-400g



\$6⁴⁰
ea

SAVE \$1.60
WAS \$8

Tom & Luke Snackaballs 128g
\$5.00 per 100g



\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Kellogg's LCM Treatz 130g
\$3.46 per 100g

SA-METRO-3107-24-269657



\$23⁸⁰
ea

SAVE \$10.20
WAS \$34

Vital Strength Protein Powder
450g \$5.29 per 100g



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Bega Simply Nuts Peanut Butter
Squeeze 450g \$1.24 per 100g

New ways to make your day



**1/2
PRICE**

\$6⁷⁵
ea
SAVE \$6.75
WAS \$13.50

Nescafé Roastery
Instant Coffee 95g
\$7.11 per 100g



Daily
Prize Draw
Bonus
Entry*



Daily
Prize Draw
Bonus
Entry*

\$16^{ea}
EVERY DAY

Nescafé Blend 43
Refill Pouch 400g
\$4.00 per 100g

**1/2
PRICE**



Daily
Prize Draw
Bonus
Entry*

\$5⁵⁰
ea
SAVE \$5.50
WAS \$11

Nescafé Espresso
Concentrate Liquid
Coffee 500mL
\$1.10 per 100mL

NESCAFÉ

ADVERTISER PROMOTION

*See page 8 for T&Cs

Great value. Hands down.



\$4⁵⁰
ea

SAVE \$3
WAS \$7.50

Vittoria Nespresso Compatible Coffee Capsules 10 Pack
\$0.45 per each



\$5⁵⁰
ea

SAVE \$2
WAS \$7.50

L'or Nespresso Compatible Coffee Capsules
10 Pack \$0.55 per each



\$28
ea

SAVE \$7
WAS \$35

Grinders Coffee Beans 1kg
\$2.80 per 100g



**Daily
Prize Draw
Bonus
Entry**

\$4⁵⁰
ea

SAVE \$2.50
WAS \$7

Nescafé Farmers Origin Coffee
Capsules 10 Pack \$0.45 per each.
*See page 8 for T&Cs



\$5
ea

SAVE \$1.50
WAS \$6.50

Nestlé Milo Cereal 350g or
Uncle Tobys Plus 410g-435g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Oatly Barista Oat Milk 1 Litre
\$4.40 per litre

**Shop online for even
more savings**

Lower the cost of your weekly shop with
exclusive specials you can only get online.

**ONLINE
ONLY
SPECIALS**

[coles.com.au](https://www.coles.com.au)

1/2 PRICE



Chobani Greek Yogurt Pouch
140g \$0.96 per 100g



Chobani Flip Yogurt 140g
\$1.25 per 100g



Chobani Greek Yogurt No Sugar Added 150g \$0.90 per 100g

10c per unit will be donated to SecondBite Winter Appeal when you purchase any Chobani product. All proceeds will be distributed to SecondBite. Chobani and Coles will donate 10 cents (5 cents each) to SecondBite for every Chobani product sold. Campgain runs 17/7/24 to 13/8/24.



Brownes Dairy Wiggles Yoghurt Pouch 90g \$1.11 per 100g



Gippsland Dairy Twist Yogurt 700g \$0.90 per 100g



Farmers Union Greek Style or No Added Sugar Kids Yogurt Pouch 130g \$1.00 per 100g



Cocobella Coconut Yoghurt 500g \$1.00 per 100g
SA-METRO-3107-24-269657



Primo Middle Bacon 750g
\$16.67 per kg



Ocean Blue Sliced Smoked Salmon 180g \$66.67 per kg

Great value. Hands down.




\$6⁵⁰
ea

SAVE \$1.80
WAS \$8.30

Jalna Greek Yoghurt 1kg
\$0.65 per 100g. 2nd week on sale



\$6
ea

SAVE \$1.50
WAS \$7.50

Bega Cheese Block, Grated
or Slices 250g \$24.00 per kg



\$5⁸⁰
ea

DOWN DOWN
WAS \$6.50
JUL 2024

Yumi's Traditional Hommus 500g
or Yumis Falafels 225g



\$3
ea

SAVE \$1.50
WAS \$4.50

Primo Stackers 45g-50g



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Lemnos Haloumi 180g
\$31.11 per kg



\$3¹⁵
ea

SAVE \$1.35
WAS \$4.50

Yumi's Dip 200g
\$1.58 per 100g

coles
Simply



Shop
Savvy.
Shop
Simply.




\$3³⁰
ea

EVERY DAY

Coles Simply Regular Spread 1kg
\$0.33 per 100g



\$3⁵⁰
ea

EVERY DAY

Coles Simply Smokey Flavoured Sandwich Slices
250g \$14.00 per kg



Holloway Dairy,
supplying Coles for 3 years
Allansford, VIC

We go to great lengths for quality Coles Brand dairy

At Coles, we go to great lengths to foster great relationships with Aussie dairy farmers. In fact, we have direct sourcing arrangements with over a hundred dairy farms around the country that supply Coles Brand milk. Plus, we're proud to champion sustainable practices in the dairy industry through grants and farming initiatives.

So when you pick up a bottle, you know you'll be getting quality, delicious Aussie Coles Brand milk.



Coles Lite Reduced Fat Milk
2 Litre \$1.55 per litre



Coles Full Cream Milk
3 Litre \$1.50 per litre

Great value. Hands down.



**Daily
Prize Draw
Bonus Entry***



**1/2
PRICE**

\$1.50
ea

SAVE \$1.50
WAS \$3



Danone YoPro Protein Yoghurt Pouch 150g
\$1.00 per 100g. *See page 8 for T&Cs



\$5.50
ea

SAVE 80¢
WAS \$6.30

Olive Grove Classic Margarine
500g \$1.10 per 100g



\$2.85
ea

SAVE 65¢
WAS \$3.50

Oak Flavoured Milk 600mL
\$4.75 per litre



\$4.25
ea

SAVE \$1.10
WAS \$5.35

Dare Flavoured Milk 750mL
\$5.67 per litre



\$10.80
ea

SAVE \$1.20
WAS \$12

Flora ProActiv 750g
\$1.44 per 100g



**2 for
\$16**

SAVE \$6

Youfoodz Regular Meal
300g-354g



\$8
ea

SAVE \$3
WAS \$11

Latina Filled Pasta 625g
\$1.28 per 100g



\$5
ea

SAVE \$1.80
WAS \$6.80

Dari's Soup 550g
\$0.91 per 100g. Excludes Dari's
Flavours of the World Soups 550g

Great value. Hands down.



On fridge essentials

75¢
ea

EVERY DAY

Coles Squeezie Yoghurt
70g \$1.07 per 100g



\$3¹⁰
ea

EVERY DAY

Coles Lactose Free Milk 1 Litre
\$3.10 per litre



\$1⁶⁰
ea

EVERY DAY

Coles Full Cream Milk 1 Litre
\$1.60 per litre



\$3³⁵
ea

EVERY DAY

Coles Pro-B Fermented Milk
Pack 5x61mL \$10.98 per litre



\$4⁵⁰
ea

EVERY DAY

Coles Thickened Cream 600mL
\$0.75 per 100mL



\$5
ea

EVERY DAY

Coles Cholesterol Lowering
Spread 500g \$1.00 per 100g



\$3⁹⁰
ea

EVERY DAY

Coles Natures Kitchen Tofu 500g
\$0.78 per 100g

Great value. Hands down.



1/2
PRICE

\$6_{ea}

SAVE \$6
WAS \$12

Birds Eye Oven Bake Fish Fillets
425g \$14.12 per kg



\$4⁶⁰_{ea}

SAVE \$1.20
WAS \$5.80

Birds Eye Golden Crunch Chips
900g \$5.11 per kg



Daily
Prize Draw
Bonus
Entry*

\$6⁹⁰_{ea}

SAVE \$2.10
WAS \$9

Four N Twenty Traditional
Meat Pies 4 Pack 700g
\$0.99 per 100g.

*See page 8 for T&Cs



\$9⁹⁵_{ea}

SAVE \$3
WAS \$12.95

FroPro Protein Pizza
325g \$3.06 per 100g



\$7⁶⁰_{ea}

SAVE \$1.90
WAS \$9.50

Herbert Adams Slow
Cooked Beef Pies
2 Pack 400g-420g



\$2_{ea}

DOWN DOWN
WAS \$2.25
JUL 2024

Four Farms Peas 800g
\$2.50 per kg



\$8⁸⁰_{ea}

SAVE \$2.20
WAS \$11

McCain Rustica Pizza
335g-445g



\$2⁶⁰_{ea}

SAVE 90¢
WAS \$3.50

Mrs Mac's Microwave
Frozen Beef Pie or
Sausage Roll 175g
\$1.49 per 100g



\$5⁶⁰_{ea}

EVERY DAY

Coles Chicken &
Vegetable Pies 4 Pack
\$0.80 per 100g



\$9⁵⁰_{ea}

EVERY DAY

Coles Chicken Breast
Dino Nuggets 1kg
\$9.50 per kg

Great value. Hands down.



\$6⁵⁰
ea

SAVE \$2.50
WAS \$9

Dr Oetker Ristorante Pizza
310g-390g
Excludes Pomodoro Vegan

\$14⁴⁰
ea

SAVE \$3.60
WAS \$18

Daily Prize Draw Bonus Entry

Patties Party Pack 30 Pieces
1.25kg \$1.15 per 100g.
*See page 8 for T&Cs

\$6⁹⁰
ea

SAVE \$1.80
WAS \$8.70

Herbert Adams Seasonal Garden
Vegetable Pastie 4 Pack 700g
\$0.99 per 100g

\$9⁹⁵
ea

SAVE \$3
WAS \$12.95

FPFC Fropro Protein Chicken
Tenders or Burgers 300g
\$33.17 per kg

2 for \$12

SAVE \$3.20

Birds Eye Plant Based Chicken
Tenders 300g \$2.00 per 100g

\$14⁵⁰
ea

SAVE \$11
WAS \$25.50

Luv A Duck Frozen Duck 1.9kg
\$7.63 per kg

coles

Made with Aussie sweet potato
SWEET, DELICIOUS CRUNCH.



Waffle fries only.
Serving suggestion.



Coles Sweet Potato
Waffle Fries 500g
\$12.00 per kg



Coles
Sweet Potato
Chips 750g
\$6.67 per kg



Great value. Hands down.



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

**1/2
PRICE**



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Bulla Creamy Classic Cones 520mL
or Sandwich 560mL

Bulla Multi Packs 8 Pack-14 Pack
400mL-750mL



\$7⁵⁰
ea

SAVE \$3
WAS \$10.50

Connoisseur Multi Pack
360mL-400mL



\$10
ea

SAVE \$4.50
WAS \$14.50

Ben & Jerry's Tub 427mL-465mL



\$7⁵⁰
ea

SAVE \$2.50
WAS \$10

Streets Golden Gaytime or
Rainbow Paddlepop 1 Litre
\$0.75 per 100mL



\$7
ea

EVERY DAY

Coles Simply Vanilla Frozen
Dessert 4 Litre \$0.18 per 100mL



\$9
ea

SAVE \$3
WAS \$12

Ferrero Frozen Dessert 188g-200g



\$4
ea

DOWN DOWN
WAS \$5
JUL 2024

Nanna's Crumble 550g
\$0.73 per 100g

Catalogue on sale Wed 31st Jul until Tue 6th Aug 2024 or until Tue 13th Aug where indicated. Selected specials commenced Wed 24th Jul.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Deli promotions are not available at Coles Adelaide Rundle Place, Craigmore, Paralowie, Ingle Farm Walkleys, Prospect & Newton. Savings, single sell prices and unit prices shown are off South Australian regular selling prices. Some advertised products may already be priced below the South Australian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down.



**1/2
PRICE**



\$3⁷⁵
ea

SAVE \$3.75
WAS \$7.50

Brut Antiperspirant
Aerosol Deodorant
130g \$2.88 per 100g



\$2
ea

SAVE \$2
WAS \$4

Beach Rd Naturals
Body Bar 150g
\$1.33 per 100g

Daily
Prize Draw
Bonus
Entry*



\$5
ea

SAVE \$5
WAS \$10

Gillette Venus Comfortglide Disposable Razors
2 Pack \$2.50 per each. *See page 8 for T&Cs



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

David Beckham Body Spray Deodorant 150mL
\$3.00 per 100mL



\$6⁶⁵
ea

SAVE \$2.85
WAS \$9.50

Rexona Advanced 72hr
Antiperspirant Aerosol Deodorant
220mL \$3.02 per 100mL



\$5⁶⁰
ea

SAVE \$2.40
WAS \$8

Lynx Antiperspirant Deodorant
or Body Spray 165mL
\$3.39 per 100mL



**ONLY
at coles**

\$8⁴⁰
ea

SAVE \$3.60
WAS \$12

Twenty4 Body Mist 200mL
\$4.20 per 100mL



\$8⁶⁰
ea

SAVE \$3.70
WAS \$12.30

Sensodyne Rapid Relief or
Whitening Repair & Protect
Paste 100g^ \$8.60 per 100g



\$3⁸⁵
ea

SAVE \$1.65
WAS \$5.50

Oral B 3D White 2-in-1 Whitening
Toothpaste 110g \$3.50 per 100g.
On sale for 2 weeks



\$17
ea

SAVE \$11.40
WAS \$28.40

Oral B Floss Action Electric
Toothbrush Refill Heads 3 Pack
\$5.67 per each

^This product may not be right for you. Read the label before purchase. Follow the directions for use.
Incorrect use could be harmful. If symptoms persist, talk to your healthcare professional.

40% OFF

L'ORÉAL

Exclusions apply †



\$16_{ea}

SAVE \$11
WAS \$27

L'Oréal Excellence Colourant
1 Pack



\$24_{ea}

SAVE \$16
WAS \$40

L'Oréal Revitalift Anti Wrinkle
Night Cream 50mL
\$48.00 per 100mL



\$36_{ea}

SAVE \$24
WAS \$60

L'Oréal Revitalift Filler Pumping
Serum 30mL \$120.00 per 100mL



ONLY
at coles

\$11_{ea}

SAVE \$5
WAS \$16

Rascals Premium Bulk
Nappies 26 Pack-54 Pack
On sale for 2 weeks



\$11_{ea}

SAVE \$1.50
WAS \$12.50

BabyLove Sleepy Night
Pants 8 Pack-9 Pack



\$14_{ea}

SAVE \$6
WAS \$20

QV Baby Gentle Wash
500g \$2.80 per 100g



\$9⁸⁰_{ea}

SAVE \$4.20
WAS \$14

Huggies Baby Wipes
Coconut Oil or Fragrance
Free 240 Pack or Water
Wipes 216 Pack



\$1⁸⁰_{ea}

SAVE \$35^c
WAS \$2.15

Rafferty's Garden
4+ Months, 6+ Months
or 8+ Months Baby Food
Pouch 120g \$1.50 per 100g.
2nd week on sale



\$39_{ea}

SAVE \$3
WAS \$42

Bubs Goat Milk Toddler
Drink Stage 3 800g
\$4.88 per 100g



\$18_{ea}

SAVE \$2
WAS \$20

Karicare Toddler Stage
3 Milk Drink 900g
\$2.00 per 100g.
2nd week on sale



\$4_{ea}

SAVE \$1
WAS \$5

U By Kotex Ultra Thin
Pads with Wings
Regular 14 Pack or
Super 12 Pack

†Excludes Every Day, Down Down & clearance items

Great value. Hands down.



**1/2
PRICE**



**\$8⁵⁰
ea**
**SAVE \$8.50
WAS \$17**

Garnier Fructis Shampoo or Conditioner 850mL \$1.00 per 100mL

\$13^{ea}
**SAVE \$9
WAS \$22**



Garnier Olia Hair Colourant 1 Pack

\$6^{ea}
**SAVE \$4
WAS \$10**



Garnier Vitamin C Brightening Face Wash 100mL \$6.00 per 100mL

\$15^{ea}
**SAVE \$10
WAS \$25**



Slick Stick Anti Flyaway Hair Wand 1 Pack or Wax Stick 50g

**\$5²⁵
ea**
**SAVE \$1.75
WAS \$7**



Burt's Bees Lip Balm 4.25g \$123.53 per 100g

**\$10⁸⁰
ea**
**SAVE \$7.20
WAS \$18**



Rimmel Lasting Finish Makeup Primer 30mL \$3.60 per 10mL

HUGGIES
Thick Baby Wipes

**TRAPS
MESS**
with 1 gentle wipe



\$29^{ea}
**SAVE \$10
WAS \$39**

Huggies Ultra Dry Jumbo Nappy Pants 48 Pack-62 Pack

**\$12⁶⁰
ea**
**SAVE \$5.40
WAS \$18**



Huggies Baby Wipes Coconut or Fragrance Free 400 Pack \$3.15 per 100 each

†Excludes Every Day, Down Down, Big Pack Value & clearance items

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**30%
OFF**
**HUGGIES
WIPES**
Exclusions apply †

**\$3⁵⁰
ea**
**SAVE \$1.50
WAS \$5**



Huggies Baby Water Wipes 72 Pack \$4.86 per 100 each

ADVERTISER PROMOTION

Great value. Hands down.



Daily Prize Draw Bonus Entry*



1/2 PRICE

\$3²⁵ ea

SAVE \$3.25
WAS \$6.50

Colgate Advanced Tartar & Whitening or Max Fresh Toothpaste 115g \$2.83 per 100g.
*See page 8 for T&Cs



\$4^{ea}

SAVE \$4
WAS \$8

Listerine Freshburst or Freshburst Zero Mouthwash 500mL \$0.80 per 100mL

1/2 PRICE



\$5^{ea}

SAVE \$5
WAS \$10

Colgate Optic White Purple Toothpaste 100g
\$5.00 per 100g

Daily Prize Draw Bonus Entry*



\$5⁴⁵ ea

SAVE \$2.35
WAS \$7.80

Colgate Zig Zag Flex Toothbrush 3 Pack
\$1.82 per each

Daily Prize Draw Bonus Entry*



\$8^{ea}

SAVE \$4
WAS \$12

Colgate Plax Mouthwash 1 Litre
\$0.80 per 100mL



\$7⁶⁵ ea

SAVE \$3.30
WAS \$10.95

Thankyou Hand Wash 500mL \$1.53 per 100mL



\$6⁸⁰ ea

SAVE \$1.70
WAS \$8.50

Tom Organic Contenance Pads Regular 16 Pack or Super 14 Pack



\$4⁸⁰ ea

SAVE \$1.20
WAS \$6

Tom Organic Pads Regular or Super 10 Pack \$0.48 per each



\$4^{ea}

SAVE \$1
WAS \$5

U By Kotex Tampons Regular or Super 16 Pack \$0.25 per each



\$12⁸⁰ ea

SAVE \$5.50
WAS \$18.30

Ease a Cold Capsules Cough, Cold & Flu 24 Pack^ \$0.53 per each

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. Incorrect use could be harmful. If symptoms persist, talk to your healthcare professional.

Great value. Hands down.



\$3⁰⁵
ea

SAVE \$1.35
WAS \$4.40

Ziploc Sandwich or Snack Bags
40 Pack \$0.08 per each



\$5⁵⁰
ea

SAVE \$1.50
WAS \$7

Glad Cling Wrap 100 Metres
\$0.06 per metre



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Handee Ultra Paper Towel 3 Pack
\$1.94 per 100 sheets

1/2
PRICE



\$10
ea

SAVE \$10
WAS \$20



Earthwise Laundry Liquid 2 Litre
or Capsules 26 Pack

**Daily
Prize Draw
Bonus
Entry**



\$4⁸⁰
ea

SAVE \$2.20
WAS \$7

Fancy Feast Dry Cat Food
450g \$1.07 per 100g



\$1²⁵
ea

SAVE 55¢
WAS \$1.80

My Dog Dog Food Tray 100g
\$1.25 per 100g. Excludes Shredded
100g. 2nd week on sale

*See page 8 for T&Cs

Show
your love
in many
delicious ways.

**Daily
Prize Draw
Bonus Entry***

80¢
ea

SAVE 80¢
WAS \$1.60

Fancy Feast Classic
or Creamy Delights
Cat Food 85g
\$0.94 per 100g

1/2
PRICE



PURINA
*Fancy
Feast*

Carefully crafted recipes, made with high quality ingredients

ADVERTISER PROMOTION

*See page 8 for T&Cs

Great value. Hands down.



\$18⁵⁰
ea

SAVE \$8
WAS \$26.50



Optimum Pro Dry Dog Food 2.5kg
\$0.74 per 100g

\$4⁴⁰
ea

SAVE \$1.90
WAS \$6.30



Dine Fresh & Fine Cat Food 6x50g \$1.47 per 100g

\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50



Temptations Cat Treats 85g
\$5.18 per 100g

\$10⁴⁰
ea

SAVE \$2.60
WAS \$13



Whiskas Favourites Cat Food 12x85g \$1.02 per 100g

\$16
ea

SAVE \$4
WAS \$20



Purina One Adult Dry Cat Food 1.4kg-1.5kg

\$4²⁰
ea

SAVE \$1.80
WAS \$6



Nature's Gift Meatballs Dog Food 700g \$0.60 per 100g.
From the chilled pet food fridge

\$5⁶⁰
ea

SAVE \$1.40
WAS \$7



Pedigree Dentastix 7 Pack
\$0.80 per each

\$13⁶⁰
ea

SAVE \$3.40
WAS \$17



Schmackos Dog Treats 500g
\$2.72 per 100g

**DOWN
DOWN**

\$3⁷⁰
ea

DOWN DOWN
WAS \$4.50
JUL 2024



My Dog Food 680g
\$0.54 per 100g

\$8⁵⁰
ea

DOWN DOWN
WAS \$9
JUL 2024



Coles Dry Dog Food 3kg
\$0.28 per 100g

40% OFF

BONDS

Exclusions apply †

\$9⁶⁰
ea

SAVE \$6.40
WAS \$16

Bonds Men's Logo Lowcut Socks
3 Pack On sale for 2 weeks.
Assorted sizes & colours

\$15
ea

SAVE \$10
WAS \$25

Bonds Men's Guyfront Trunk
1 Pack On sale for 2 weeks.
Assorted sizes & colours

\$9⁶⁰
ea

SAVE \$6.40
WAS \$16

Bonds Women's Cushioned
¼ Crew Socks 3 Pack On sale for
2 weeks. Assorted sizes & colours

1/2
PRICE

\$17⁵⁰
ea

SAVE \$17.50
WAS \$35

Air Wick Essential Mist
Diffuser 20mL
\$8.75 per 10mL

\$1⁷⁵
ea

SAVE 45¢
WAS \$2.20

Sorbent 2-Ply Extra Thick
& Large Facial Tissues
95 Pack
\$1.84 per 100 each

\$6⁶⁰
ea

SAVE \$4.40
WAS \$11

Pyrex Measuring
Jug 500mL

\$4⁸⁰
ea

SAVE \$1.20
WAS \$6

Coles Cook & Dine
Pizza Tray

\$5
ea

DOWN DOWN
WAS \$8.50
MAY 2024

Morning Fresh
Dishwashing Liquid 680mL
\$0.74 per 100mL

\$5⁵⁰
ea

DOWN DOWN
WAS \$10
MAY 2024

Micro Protect
Multipurpose Wipes
120 Pack
\$4.58 per 100 each

\$23²⁰
ea

DOWN DOWN
WAS \$58
JUN 2024

Fairy 30 Minute
Miracle Deep Clean
Dishwashing Tablets
45 Pack \$0.52 per each

\$3⁸⁰
ea

DOWN DOWN
WAS \$4.25
MAY 2024

Glad Wavetop Tie
Kitchen Tidy Bags
Medium 40 Pack
or Large 30 Pack

†Exclusions Bonds Sanitary Protection, Baby, Big Pack Value & clearance items

Prepaid deals

BETTER THAN 1/2 PRICE

\$49_{ea}

RRP \$59

Free \$12

Optus SIM Starter Kit incl.



Optus X Life 4

- 4G network access
- 2.4" display
- Rear camera

BETTER THAN 1/2 PRICE

\$79_{ea}

SAVE \$20
WAS \$99

Free \$35

Optus SIM Starter Kit incl.



Optus X Sight 3

- Bright 6" display
- 5MP camera with flash
- Octa-core processor

BETTER THAN 1/2 PRICE

\$99_{ea}

RRP \$129

Free \$35

Optus SIM Starter Kit incl.



Optus X Delight 2

- 13MP AI camera
- 4,000mAh battery
- Google Wallet via NFC

BETTER THAN 1/2 PRICE

\$129_{ea}

SAVE \$20
WAS \$149

Free \$35

Optus SIM Starter Kit incl.



Optus X Tap 3

- 6.6" HD+ display
- 50MP main camera
- 128GB storage

BETTER THAN 1/2 PRICE

\$199_{ea}

SAVE \$50
WAS \$249

Free \$35

Optus SIM Starter Kit incl.



OPPO A58

- FHD+ Sunlight display
- 33W SUPERVOOC™
- 5,000mAh battery


BETTER THAN 1/2 PRICE

\$17_{ea}

SAVE \$28
WAS \$45

60GB \$45

Flybuys 1,000 BONUS POINTS



Optus \$45 Prepaid SIM Starter Kit

- Get 60GB data on first three recharge
- Unlimited std talk & text in Australia
- Roll over up to 200GB
- 28 day expiry

yes OPTUS

ADVERTISER PROMOTION

BETTER THAN 1/2 PRICE

\$15_{ea}

SAVE \$20
WAS \$35

\$35

28 days expiry



Telstra \$35 SIM Kit

- 35GB on first 3 recharges, 28 day expiry
- Activate by 5/8/24

BETTER THAN 1/2 PRICE

\$359_{ea}

SAVE \$40
WAS \$399



iPhone XR 64GB Premium Refurbished

- Network Unlocked, 12 month warranty

BETTER THAN 1/2 PRICE

\$199_{ea}

SAVE \$30
WAS \$229



Telstra Oppo A38

- 6.56" HD LCD display
- 50MP rear camera

BETTER THAN 1/2 PRICE

\$79_{ea}

SAVE \$20
WAS \$99



Telstra T-Inspire

- 6" LCD display
- 8MP rear camera

General Devices: Excluding iPhones, all devices are Network Locked. Unlocking fees may apply. All included starter pack offers are included in device packaging. **iPhone Refurbished:** Network Unlocked. While stocks last, no rainchecks. Colour availability varies per store. 12 month warranty, 30 day satisfaction guarantee. **General SIMs:** All value SIMs include first recharge applied on activation. All for use in AU. New services only, not for recharge purposes. All recharges revert to standard plan price. **Free Optus SIM:** Included in device packaging for activation on specified \$12 or \$35 available plans only. New services only. **Optus \$45 SIM Flybuys offer:** Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchase via colesmobile.com.au) from 24/07/24 to 6/08/24. To qualify for this offer you must present your Flybuys card at the time of purchase. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au. Offer ends 6/08/24.

Why choose us?



Australia's largest mobile network
We have Australia's largest 5G network and it's rapidly growing.



International calls
Capped mins from Australia to standard international numbers.



Continuous Data Rollover
Just recharge before expiry on selected recharges.



Set & forget with Auto Recharge
Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.

\$39_{ea}

SAVE \$20
WAS \$59

Telstra Lite 3
• 2.4" display
• 1.3MP rear camera
• Bluetooth



\$129_{ea}

RRP \$149

Motorola G04
• 6.6" 90Hz LCD display
• Rear camera (16MP with flash) + 5MP front camera



BONUS DATA DEAL

20GB bonus.

Every month for 12 months when you activate a new \$35 or \$45 mobile plan by 27.08.24.

\$17_{ea}

SAVE \$18
WAS \$35

Belong \$35 Starter Pack
• Includes SIM card, 40GB plus Unlimited calls & texts in Australia.



1/2 PRICE

BETTER THAN 1/2 PRICE

\$15_{ea}

SAVE \$24
WAS \$39

JB Hi-Fi \$39 SIM Kit



50GB
30 DAY RENEWAL

JB HI-FI MOBILE SIM KIT STAKIEK PACK^{^^}
(includes 50GB on activation)
• 50GB for \$39 on first 2 recharges
• 30GB for \$39 from 3rd recharge onwards

^{^^}SIMs must be activated by 5 August 2024. Second recharge must occur by 7 October 2024. See further details below.

\$17_{ea}

SAVE \$18
WAS \$35

Belong \$35 Data Pack
• Includes SIM card & 100GB for use in Australia.



1/2 PRICE

Boost \$35 SIM Kit



BETTER THAN 1/2 PRICE

\$14_{ea}

SAVE \$21
WAS \$35

28 Day Expiry
45GB
45GB on first 3 recharges.

New Customers only.
All for use in Aus



Telstra 5G now reaches 85% of Australians. **THINGS YOU NEED TO KNOW.** Telstra Pre-Paid Handsets: Manufactured by TCL & Motorola. In non-5G coverage areas, you'll automatically switch to our 3G or 4G. Check telstra.com/coverage. Speed capping: 4G and 5G download speeds are capped at 150Mbps on most plans. Your capped download speed is the maximum potential download speed for data included in your recharge. Factors impacting typical speed include location, distance from the base station, local conditions, concurrent users, hardware and software configuration and download/upload destination. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. **Belong:** For use in Australia. **Mobile SIM:** New connections only. Must sign up by 27.08.2024. **Mobile Broadband** This is a data-only SIM plan. Calls and texts are not included. **SIM Limit:** Total of 3 Belong SIMs per customer. Download speeds capped at 150Mbps. For personal use only. Telstra FairPlay Policy applies. **JB Hi-Fi Mobile:** *Offer valid for SIMs activated by 5 August 2024. Second recharge must occur by 7 October 2024. 30GB for \$39 from third recharge onwards. For new customers only. 30 day renewal. For data rollover, recharge before 30 days or unused data will expire. For use in Aus. **Boost:** For new customers only who activate the \$35 SIM pack before 5 Aug 2024, with the remaining 2 recharges by 7 Oct 2024. Value SIM pack includes first recharge. Service provided by Telstra Corporation Ltd ABN 33 051 775 556.

ADVERTISER PROMOTION

colesmobile

Big data. Great price.
Now that's smart.

POWERED BY
OPTUS



28 day expiry

coles mobile

\$30

32GB

Unlimited standard international calls to 15 selected destinations

Unlimited standard international calls to 15 selected destinations

Up to 500GB data rollover

NEW SERVICES ONLY

See [optus.com.au/terms](#) for full details

POWERED BY OPTUS

365 day expiry

coles mobile

\$240

210GB

Unlimited standard international calls to 15 selected destinations

Unlimited standard international calls to 15 selected destinations

Up to 500GB data rollover

NEW SERVICES ONLY

See [optus.com.au/terms](#) for full details

POWERED BY OPTUS

\$10_{ea}

RRP \$30

Coles Mobile \$30 Prepaid SIM
32GB, 28 day expiry
Unlimited standard International Calls to 15 selected destinations

\$189_{ea}

RRP \$240

Coles Mobile \$240 Prepaid SIM
210GB, 365 day expiry
Unlimited standard International Calls to 15 selected destinations

Pick up a SIM today

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Coles Mobile \$30 SIM and Coles Mobile \$240 SIM offers end 13/8/24. New services only. Data Rollover: Accrue up to 500GB when you recharge before expiry. Unlimited International Calls: Excludes non-standard calls. See [colesmobile.com.au/terms](#) for international destinations, full terms, coverage and compatibility. General: Coverage varies, see [optus.com.au/coverage](#) For SIM offers, ongoing recharges revert to standard price.

Stylish Slumber



\$269_{ea}



Gas lift base with underneath storage

Oikiture Gas Lift Queen Bed Frame

Premium upholstered linen with padded bedhead and stylish, tufted button detailing. 13mm thick solid wood reinforced slats and sturdy legs.



\$185_{pk}

Oikiture Dressing Table with Stool

Dressing table and stool set. High-definition mirror. 12x-LED detachable lightbulbs with 3x colour options and 10-level brightness.



\$229_{ea}



Gas lift base with underneath storage

Artiss TOKI Queen Bed Frame

Upholstered with premium faux linen fabric. Smooth finish edges. Easy to assemble.



\$229_{ea}



High density foam

Giselle Euro Top Spring Queen Mattress

Plush Euro-top padding, luxury knitted jacquard fabric. 5x zoned pocket springs, independent coil system.



\$119_{ea}

Artiss Floor Lounge Sofa Bed

Heavy-duty steel frame with skin-soft suede, removable cover. Foldable design, 3x adjustable levels.



\$65_{ea}

Dreamz All Season Goose Down Queen Duvet

100% soft cotton cover, 700GSM goose feather and down filling. Lightweight and breathable, fluffy and skin-friendly.

On sale Monday 29/07/24 to Sunday 11/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.



\$175_{ea}

Oikiture Armchair and Ottoman

High back and armrest support. Plump and high density foam seat, quality fabric, splayed leg design.



\$165_{ea}

Levede Kitchen Sideboard

Perfect for storing spices, dinnersets, and more. High gloss finish, double door design, 4x adjustable inner shelves and 12x door shelves.



Easy to assemble



\$149_{ea}

Artiss Chest of Drawers

6x drawers with air gap handles. Smooth anti-rust runners. Includes wall mount bracket.



360° rotation



Removable tray

\$499_{ea}

Levede Heated Recliner Massage Chair

Premium faux leather, high resilience sponge padding and ultra-wide armrest. Multi-angle tilt adjustment, massage and heat settings.

Accessories not included



Open shelf storage



\$105_{pk}

Oikiture Bedside Tables Set

Spacious drawers, with metal knob. 15mm solid board.



\$99_{pk}

Levede Bedside Tables Set

Durable, smooth, solid wood. Spacious drawers. No assembly required.

On sale Monday 29/07/24 to Sunday 11/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

coles

BestBuys

Online Exclusives

WHILE STOCKS LAST!

SA-METRO-3107-24-269657

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LIQUORLAND

Cheers! TO THE HOME TEAM

Raise a glass and cheer on
Australia with drinks from us!

BEER

\$21^{ea}

Great Northern
Original Cans
8x375mL



**8
PACK**

\$48^{ea}

Pirate Life
South Coast
Mid Cans
16x355mL



**16
PACK**

PRICE DROP

NOW

\$55^{ea}

WAS \$58 (07/2024)

Kirin Ichiban
Bottles
24x330mL



**24
PACK**

**2
for
\$110**

Balter Cerveza
Bottles
24x355mL



**24
PACK**

PRE-MIXED

\$35^{ea}

NEW

Tinnies Pub
Classics
Mixed Pack
Cans
10x330mL



**10
PACK**

\$46^{ea}

Jim Beam White
& Cola Cans
10x375mL



**10
PACK**

\$49^{ea}

Wild Turkey
& Cola Cans
10x375mL



**10
PACK**

\$52^{ea}

-196 Double
Lemon &
Vodka Cans
10x330mL



**10
PACK**

Offers apply from 31/07/24 until 06/08/24 unless sold out prior. Prices may vary in regional areas. Some products and offers may not be available in all stores. Additional product restrictions and exclusions apply at Whyalla, Port Augusta and Rundle Mall. Purchase limits also apply in some stores. Savings are shown off the regular selling price across our South Australian Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured on the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

DARK SPIRITS



\$47^{ea}

Canadian Club Whisky



\$55^{ea}

Johnnie Walker Black Label 12YO Scotch Whisky



\$62^{ea}

Grant's Triple Wood Scotch Whisky 1 Litre

1 LITRE



\$73^{ea}

Wild Turkey Kentucky Straight Bourbon Whisky 1 Litre

1 LITRE

SPIRITS & LIQUEURS



\$38^{ea}

Baileys Irish Cream Liqueur



\$49^{ea}

Bacardi Superior Rum



\$54^{ea}

Pure Origin Vodka



\$73^{ea}

Tanqueray Gin 1 Litre

1 LITRE

WINE



\$11^{ea}

Atiru Marlborough Sauvignon Blanc



\$12^{ea}

Earthworks Shiraz



\$14^{ea}

Penfolds Koonunga Hill Cabernet Sauvignon Bvs



PRICE DROP

NOW \$15^{ea}

WAS \$20 (05/2024)

Summerhouse Marlborough Sauvignon Blanc



Any of these \$15^{ea}

Rose D'Amelie AOC Luberon Rosé or Sister's Run Cabernet Sauvignon Blanc



2 for \$20

Pensilva Estate Shiraz



\$27^{ea}

Chandon NV Sparkling Brut

Choose to **DrinkWise.**



Liquorland Supports the Responsible Enjoyment of Alcohol



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Click & Collect



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