

SA ON SALE Wed 11 Sep to Tue 17 Sep 2024
See page 29 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



NEW
FLAVOUR



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Pringles Potato Crisps
118g-134g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Thins Potato Chips
150g-175g or
Onion Rings 85g

1/2
PRICE



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

Peters Connoisseur 4 Pack
360mL-400mL



\$1⁹²
ea

SAVE \$1.93
WAS \$3.85

Coca-Cola, Fanta or Sprite Soft Drink
1.25 Litre \$1.54 per litre



Serving suggestion only

\$24^{kg}

SAVE \$4^{kg}
WAS \$28^{kg}

Coles Australian No Added Hormones
Beef Rump Steak Products sold uncooked



1/2 PRICE



MasterFoods Squeeze Tomato or Barbecue Sauce 475mL-500mL



Gatorade Sports Drink or G Active Water 600mL \$3.33 per litre



Lindt Excellence or Lindor Block Chocolate 80g-100g



Sanitarium Up & Go Liquid Breakfast 3x250mL \$4.33 per litre



Twinnings Tea Bags 80 Pack-100 Pack



Finish Ultimate Dishwashing Tablets 46 Pack \$0.59 per each



Huggies Ultra Dry Jumbo Nappies 60 Pack-108 Pack



Colgate Optic White Stain Fighter Enamel Care Toothpaste 100g \$5.00 per 100g

100% Aussie Carrots



Coles Australian Carrots 1kg Bag \$1.50 per kg



1/2 PRICE

NEW
FLAVOUR



\$1¹⁰
ea

SAVE \$1.10
WAS \$2.20

Mars Chocolate Bar 30g-56g

NEW
FLAVOUR



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Nestlé Chocolate Bar 35g-50g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Darrell Lea Bullets, Twists, BBs & Liquorice 168g-280g



\$2
ea

SAVE \$2
WAS \$4

Ritz Sharepack Mini Crackers 155g-160g



\$2¹⁵
ea

SAVE \$2.15
WAS \$4.30

Infuzions Veggie Straws 90g
\$2.39 per 100g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Red Rock Deli Gourmet, Deli Style or Crostini Crackers 115g-135g



\$8
ea

SAVE \$8
WAS \$16

Cadbury Favourites 340g
\$2.35 per 100g



\$13
ea

SAVE \$13
WAS \$26

Lindt Cornet 327g-333g



\$17
ea

SAVE \$17
WAS \$34

Cadbury Roses Tin 600g
\$2.83 per 100g

1/2 PRICE



\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Kellogg's LCM's or Nutri Grain 5 Pack
100g-110g



\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Sanitarium Up & Go Liquid Breakfast
3x250mL \$4.33 per litre



\$1⁷⁰
ea

SAVE \$1.70
WAS \$3.40

Pureharvest Unsweetened
Almond Milk 1 Litre \$1.70 per litre



ONLY
at coles

\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Wild Tides Tuna 95g
\$13.16 per kg



\$3⁷⁵
ea

SAVE \$3.75
WAS \$7.50

Coco Earth Curry 500g
\$0.75 per 100g



\$7
ea

SAVE \$7
WAS \$14

Plumrose Canned Leg Ham
450g \$15.56 per kg



\$9⁵⁰
ea

SAVE \$9.50
WAS \$19

Sunrice Medium Grain Rice 5kg
\$0.19 per 100g



\$15
ea

SAVE \$15
WAS \$30

Gold Sunset Canola or Vegetable
Oil 4 Litre \$0.38 per 100mL.
2nd week on sale

1/2 PRICE



\$3²⁵
ea

SAVE \$3.25
WAS \$6.50

Colgate Total
Advanced Toothpaste 115g
\$2.83 per 100g



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Schwarzkopf Extra Care
Shampoo or Conditioner 400mL
\$1.13 per 100mL



\$5
ea

SAVE \$5
WAS \$10

Lynx Antiperspirant
Aerosol Deodorant 150mL
\$3.33 per 100mL



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

Herbal Essences Classic
Shampoo or Conditioner 400mL
\$1.31 per 100mL



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Dove Shampoo or Conditioner
820mL \$1.04 per 100mL



\$10⁵⁰
ea

SAVE \$10.50
WAS \$21

Head & Shoulders Shampoo
or Conditioner 660mL
\$1.59 per 100mL



\$11
ea

SAVE \$11
WAS \$22

Schwarzkopf Brilliance
Colourant 1 Pack



\$7²⁵
ea

SAVE \$7.25
WAS \$14.50

Cenovis Sugarless C
500mg Tablets 160 Pack^a
\$4.53 per 100 each



\$20⁵⁰
ea

SAVE \$20.50
WAS \$41

Ostelin Calcium DK2 Tablets
60 Pack^a \$34.17 per 100 each

^aThis medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.



1/2 PRICE



Finish Rinse & Shine Aid 250mL
\$1.60 per 100mL



Sard Stain Remover 900g-1kg



Bref Toilet Rimbloc Twin Pack
100g \$5.50 per 100g



Dettol Multipurpose Wipes
110 Pack \$5.45 per 100 each



Omo Laundry Liquid 2 Litre
or Powder 2kg



Dynamo Professional
7 In 1 Laundry Liquid 2 Litre
\$7.25 per litre



Ambi Pur Mini Clip Car Vent 2mL
\$15.00 per 10mL

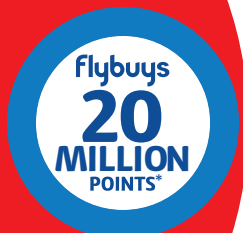


Fluffy Concentrated Fabric
Conditioner 900mL-1 Litre



Fluffy In-Wash Scent Booster
Beads 500g \$30.00 per kg

WIN a
share of



- 1 Spend \$20 on cleaning products in one transaction.
- 2 Scan your Flybuys.
- 3 Receive an entry for a chance to win.*

*Competition dates 04/09/24 to 1/10/24. Entrants must be an AU res 18+ and a registered Flybuys member to participate. Excludes DoorDash, UberEats, Coles Express and all Coles Best Buys purchases. Entries drawn 8/10/24. Winners notified in writing (or via email). Full T&Cs available at www.coles.com.au/20mflybuys-terms. Promoter is Coles Supermarkets Australia Pty Ltd, 800 Toorak Road, Hawthorn East, Vic. 3123. Permits: ACT Permit TP24/01239, NSW Permit NTP/10129 and SA Permit T24/968



1/2 PRICE

DÉCOR & SISTEMA FOOD STORAGE

Excludes clearance items



\$1⁷⁵
ea

SAVE \$1.75
WAS \$3.50

Décor Match Ups Container
200mL \$1.75 per each



\$7⁵⁰
ea

SAVE \$7.50
WAS \$15

Sistema Klip It Plus Containers
1 Litre 3 Pack \$2.50 per each



\$7⁵⁰
ea

SAVE \$7.65
WAS \$15.15

Sistema Ultra Container
1.3 Litre \$7.50 per each



\$1⁸⁰
ea

SAVE \$1.80
WAS \$3.60

Ansell Pink Silverlined
Gloves Small or Medium
or Large 1 Pair
\$1.80 per each



\$1⁹²
ea

SAVE \$1.93
WAS \$3.85

Handee Ultra Paper
Towel 2 Pack
\$1.60 per 100 sheets



\$3²⁰
ea

SAVE \$3.30
WAS \$6.50

Décor Microsafe Easy
Heat Container 800mL
\$3.20 per each



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Bref Power Active Gel
Toilet Cleaner 700mL
\$0.50 per 100mL



\$3⁶⁵
ea

SAVE \$3.70
WAS \$7.35

Shower Power
Bathroom Gel 750mL
\$0.49 per 100mL



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Palmolive Ultra
Dishwashing Liquid
950mL \$0.45 per 100mL



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Undo This Mess
Dishwashing Liquid
900mL \$0.50 per 100mL



\$12
ea

SAVE \$12
WAS \$24

Biozet Attack Regular
Laundry Liquid 2 Litre
or Powder 2kg

Great value. Hands down.



For footy finals



\$5⁶⁰
ea

SAVE \$1.85
WAS \$7.45

Bundaberg Brewed
Soft Drink 4x375mL
\$3.73 per litre



Serving suggestion only

\$6
pk

DOWN DOWN
WAS \$7
AUG 2024



Don Skinless Footy Franks 435g
\$13.79 per kg

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5



Heinz Tomato Ketchup 500mL
\$0.70 per 100mL

\$2
ea

SAVE \$1
WAS \$3



Schweppes Mixers, Soft Drink
or Mineral Water 1.1 Litre
\$1.82 per litre

2 for
\$6

SAVE \$2



Arnott's Shapes Crackers
130g-190g or Salada
Crispbread 250g

SA-METRO-1109-24-284856

\$4⁴⁰
ea

SAVE \$1.60
WAS \$6



Red Rock Deli Potato
Chips 150g-165g

\$3⁸⁰
ea

SAVE 80¢
WAS \$4.60



Black Swan Crafted Dip 170g
\$2.24 per 100g. On sale for 2 weeks

Great value. Hands down.



For footy finals



Serving suggestion only



2 for
\$10

SAVE \$1.80

Coles Classic Burgers or Sausages 400g-550g



\$11_{pk}

DOWN DOWN
WAS \$13
AUG 2024

Coles RSPCA Approved Chicken Boneless Herb and Garlic 1kg
\$11.00 per kg



\$7⁵⁰_{ea}

SAVE \$5
WAS \$12.50

Pacific West Cocktail Spring Rolls 1kg \$0.75 per 100g



\$6⁵⁰_{ea}

SAVE \$2.50
WAS \$9

Dr. Oetker Ristorante Pizza 310g-390g

SA-METRO-1109-24-284856



\$4²⁰_{ea}

SAVE \$1.80
WAS \$6

McCain Pub Style Fries 750g
\$5.60 per kg



\$22_{ea}

XXXX Gold Cans 8x375mL

8
PACK

See page 50
for T&Cs

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol

LIQUORLAND

Great value. Hands down.



For footy finals



\$10⁴⁰
ea

SAVE \$2.60
WAS \$13

Family Faves Chicken Tenders
or Chips 1kg \$10.40 per kg



\$7²⁰
ea

SAVE \$1.80
WAS \$9

Four N Twenty Frozen Meat Pies
4 Pack 700g \$1.03 per 100g



\$6⁶⁰
ea

SAVE \$2.90
WAS \$9.50

Herbert Adams Slow Cooked
Beef Pies 2 Pack 400g-420g



\$12⁵⁰
ea

SAVE \$3.50
WAS \$16

Mr Chen's Prawn Hargow
700g \$1.79 per 100g.
2nd week on sale



\$7
ea

SAVE \$2.30
WAS \$9.30

King of Kings Gua Bao
Bun 560g \$1.25 per 100g.
2nd week on sale



\$6⁸⁰
ea

DOWN DOWN
WAS \$7.80
AUG 2024

McCain Lil Pizzas
4 Pack 380g-400g



\$6
ea

SAVE \$1.50
WAS \$7.50

McCain Red Box Plated
Frozen Meal 320g
\$1.88 per 100g

Get **\$5 off**
any 4/6/8 pack of beer or
4/6 pack of premix drinks.
Simply spend \$15 on
pizza across the McCain
range and
scan your **Flybuys***



Redeem in store only at
LIQUORLAND



Choose to
DrinkWise.



See page 50 for T&Cs

*Offer valid in-store only from 12:01am (AEST) Wed 11 Sep until 11:59pm (ADST) Tue 8 Oct 2024. To qualify for this offer you must Spend \$15 on any McCains Pizza in-store at Coles and scan your Flybuys card to get \$5 off any 4/6/8 pack of beer or 4/6 pack of premix drinks (Excludes Spend & Get offers, Docket Deals & clearance items) in-store only at Liquorland. Not available in conjunction with any other offer. A limit of one offer per transaction per customer applies, and only available for individuals 18+.

DOWN DOWN



\$7
ea

DOWN DOWN
WAS \$9
AUG 2024

Bio Cheese Cheddar or Pizza
Shred 200g \$35.00 per kg



\$9⁵⁰
ea

DOWN DOWN
WAS \$13.90
JUL 2024

Coles Cheese Block 1kg
\$9.50 per kg



\$6⁵⁰
ea

DOWN DOWN
WAS \$7
AUG 2024

Tasmanian Heritage Cheese
Wedge 180g \$36.11 per kg



\$4⁵⁰
ea

DOWN DOWN
WAS \$5.75
AUG 2024

Danone Activia Yoghurt
4x125g \$0.90 per 100g



\$2³⁰
ea

DOWN DOWN
WAS \$2.90
SEP 2024

Pauls Plus Protein Yoghurt
Blueberry or Strawberry 160g
\$1.44 per 100g



\$2¹⁵
ea

DOWN DOWN
WAS \$2.70
SEP 2024

Chobani Greek Yogurt
Passion Fruit or Mango
160g \$1.34 per 100g



\$5²⁰
ea

DOWN DOWN
WAS \$5.80
AUG 2024

McCain Beer Batter Chips
750g \$6.93 per kg



\$9
ea

DOWN DOWN
WAS \$10
AUG 2024

Birds Eye Deli Hoki Crispy Light
Batter 250g \$36.00 per kg



\$4⁵⁰
ea

DOWN DOWN
WAS \$5
AUG 2024

McCain Healthy Choice Frozen
Meals 300g-350g

100% Aussie Blueberries

\$3⁵⁰
pk

Australian Blueberries 125g Punnet
\$28.00 per kg



\$4⁵⁰
kg

Australian Envy Apples



**5 for
\$4**

Green Kiwifruit
Single sell for \$1.00.
\$0.80 per kiwifruit when you buy 5



100% Aussie Organic Baby Beetroot



\$4
pk

Coles Australian Organic Baby Beetroot 250g Pack
\$16.00 per kg



\$5²⁰
pk



Coles Australian Family Broccolini Pack



2 for \$9
SAVE \$2



Coles Kitchen Caesar Salad Kit 290g Pack \$15.52 per kg



\$9
pk
SAVE \$3
WAS \$12

Coles Dry Roasted or Roasted & Salted Mixed Nuts 400g Pack \$22.50 per kg



\$6
pk
DOWN DOWN
WAS \$7
JUL 2024



Coles Kitchen Potato Salad 800g Pack \$7.50 per kg



\$4⁹⁰
pk
DOWN DOWN
WAS \$5.90
JUL 2024



Australian Jazz Apples 1kg Pack \$4.90 per kg

Great value. Hands down.

For footy finals

Sausage rolls to cheer about



[Click here for recipe](#)

Serving suggestion only

\$4⁷⁰
pk

DOWN DOWN
WAS \$5.50 AUG 2024

Coles Australian Pork 3 Star
Regular Mince 500g \$9.40 per kg



\$12⁵⁰
pk

SAVE \$4.30
WAS \$16.80

Primo Streaky Bacon
650g \$19.23 per kg



\$2
ea

EVERY DAY

Coles Simply
Breadcrumbs 500g
\$0.40 per 100g



\$2⁷⁵
ea

EVERY DAY

Coles Poppy Seeds
150g \$1.83 per 100g



\$1⁹⁵
ea

EVERY DAY

Coles Squeezy Tomato or
Barbecue Sauce 500mL
\$0.39 per 100mL

DOWN DOWN



\$12_{pk}
DOWN DOWN
WAS \$13
AUG 2024



Coles Simply RSPCA Approved
Chicken Burgers Plain Crumb
1.2kg \$10.00 per kg



\$5⁸⁰_{kg}
DOWN DOWN
WAS \$6.50kg
JUL 2024



Coles Free Range RSPCA
Approved Chicken Drumsticks



\$13_{pk}
DOWN DOWN
WAS \$16
JUL 2024



Coles Made Easy Slow Cooked
Beef Ragù in Tomato Sauce 700g
\$18.57 per kg



Coles GRAZE Lamb Extra
Trim Cutlets



Coles Australian No Added
Hormones Beef Porterhouse
with Thyme Pepper Butter 500g
\$34.00 per kg



Coles Australian No Added
Hormones Slow Cook Beef Brisket



Coles Made Easy Family Classic
Slow Cooked Pork & Beef
Meatballs in Tomato Sauce 800g
\$12.50 per kg



Coles Australian Pork Spare Ribs
Large Tray 2nd week on sale



Coles Australian No Added
Hormones Diced Beef 500g
\$20.00 per kg



Serving suggestion only

\$14_{kg}
SAVE \$5_{kg}
WAS \$19_{kg}

Coles Australian Lamb Forequarter Chops
Product sold uncooked



Great value. Hands down.



Serving suggestion only

\$24_{kg}

SAVE \$12_{kg}
WAS \$36_{kg}

Coles Australian Fresh Barramundi Portions Skin On
Selected stores only*. Product sold uncooked



\$36_{kg}

SAVE \$6_{kg}
WAS \$42_{kg}



Coles Tasmanian Fresh Salmon
Portions Skin On 2nd week on sale.
Selected stores only*

\$17_{kg}

SAVE \$5_{kg}
WAS \$22_{kg}



MSC-C-54768

Coles Australian MSC
Thawed Raw Banana Prawns
Selected stores only*

\$24_{kg}

DOWN DOWN
WAS \$36_{kg}
AUG 2024

Hans Twiggy Sticks
Selected stores only*

2 for
\$6

SAVE \$1

Coles Brand Pre-Packed
Antipasto 110g-135g
Selected stores only*

\$26_{kg}

SAVE \$6.10_{kg}
WAS \$32.10_{kg}

Don Premium Melosi Leg Ham
Selected stores only*

\$260
PER 100g

\$17_{kg}

SAVE \$4_{kg}
WAS \$21_{kg}

Primo Short Cut Rindless Bacon
Selected stores only*

\$12_{ea}

EVERY DAY

Ready
to eat

Serving suggestion only

Coles Hot Roast RSPCA Approved Chicken
Selected stores only*



*For locations of Deli counter stores visit coles.com.au/range-availability



Unlock \$50 off one Coles shop*

When you take out a new **Coles Car, Home or Landlord Insurance** policy and link your Flybuys account. Offer ends 30 November 2024.

[Get a quote](#)

colesinsurance

*This Offer may not be used in conjunction with any other Coles Car, Home or Landlord Insurance sign up offer. If you have received and qualified for more than one Coles Car, Home or Landlord Insurance sign up offer, the highest value offer will be credited to your linked Flybuys account automatically. \$50 Off a single Shop (Offer) is only available to Flybuys members who receive this communication, purchase a new Coles Car, Home or Landlord Insurance policy detailed in this communication (Eligible Policy) before 30 November 2024 (Offer Period), provide their Flybuys member number at the time of policy purchase, and keep the policy in force for 45 days. The Offer will be credited to their Flybuys account up to 45 days after the policy start date. Coles Insurance will notify you via email once the offer has been credited to your Flybuys account. Each Eligible Policy purchased will be eligible to receive the Offer once. Offer must be redeemed in one single transaction. To redeem the Offer you (or a member of your Flybuys account) must spend a minimum of \$50 at Coles Supermarkets or Coles Online and scan your Flybuys. Minimum spend is calculated after savings and discounts, must occur in one transaction and excludes gift cards, iTunes cards, tobacco, tobacco related purchases or Coles Best Buys Online Exclusives. Excludes Coles Express and purchases made using any third-party ordering platforms including Doordash and Uber Eats. For full terms and conditions see coles.com.au/dollars-off-coles-shop. Flybuys' Privacy Policy applies, see experience.flybuys.com.au/policies/privacy-policy. Standard Flybuys Terms and Conditions apply and are available at experience.flybuys.com.au/flybuys-terms-and-conditions.

Coles Car Insurance and Home and Contents Insurance is issued by Auto & General Insurance Company Ltd ACN 111 586 353, AFSL 285571 (AGIC). It is arranged by Auto & General Services Pty Ltd ACN 003 617 909, AFSL 241411 (AGS), and Coles Supermarkets Australia Pty Ltd ACN 004 189 708 (AR No 269259) (Coles) and Loyalty Pacific Pty Ltd, trading as Flybuys ABN 82 057 931 334 (AR No 423106) (Loyalty Pacific) as authorised representatives of AGS. AGS and Coles will receive a commission which is a percentage of your premium. Coles pays Loyalty Pacific for the extra Flybuys points a customer may earn (which can vary from time to time) when purchasing this product (or when purchasing an eligible motor vehicle and/or home and/or contents insurance product). Any advice provided is of a general nature only and does not take into consideration your individual objectives, financial situation or needs. Before making a decision about this insurance, please consider the relevant Product Disclosure Statement (PDS), Target Market Determination (TMD), Financial Services Guide (FSG) and the Key Facts Sheets (KFS) which can be found at coles.com.au/insurance-important-information. Home and Contents Insurance not available in NT, North Qld and Northern WA.

MARYBOROUGH
VICTORIA

SIMSON'S
PANTRY™

POWER UP YOUR DAY

with our High Protein Wraps!



\$5
ea

DOWN DOWN
WAS \$6
AUG 2024

Simson's Pantry Low Carb Keto
5 Pack 200g \$2.50 per 100g



\$4⁷⁰
ea

DOWN DOWN
WAS \$5.50
AUG 2024

Simson's Pantry Better
For You Wraps 210g-225g

ADVERTISER PROMOTION

DOWN DOWN



\$6^{ea}

DOWN DOWN
WAS \$6.50
AUG 2024

Coles Bakery Mixed Cookies
24 Pack \$0.25 per each.
Selected stores only



\$3^{ea}

DOWN DOWN
WAS \$3.90
AUG 2024

Tip Top Thins 6 Pack
200g-240g



\$2⁵⁰^{ea}

DOWN DOWN
WAS \$2.75
AUG 2024

Coles Simply Hamburger
Rolls 6 Pack 540g or
Hot Dog Rolls 6 Pack 450g

\$3⁵⁰^{pk}

SAVE 65¢
WAS \$4.15



Coles Bakery Pizza Roll 2 Pack
\$1.75 per each. Selected stores only

\$2⁸⁵^{pk}

EVERY DAY



Coles Bakery Rolls 6 Pack
\$0.48 per each. Selected stores only

\$14⁵⁰^{ea}

SAVE \$14.50
WAS \$29



**1/2
PRICE**

Coles Vanilla Koala Cake 583g
\$2.49 per 100g. On sale for 2 weeks

\$3^{ea}

SAVE 50¢
WAS \$3.50



Coles Bakery Danish 2 Pack
\$1.50 per each.
Selected stores only

\$3²⁵^{ea}

SAVE 55¢
WAS \$3.80



Coles Bakery Iced Donuts 6 Pack
\$0.54 per each.
Selected stores only

\$4⁵⁰^{ea}

SAVE 50¢
WAS \$5



Serving suggestion only

Coles Bakery Stone Baked by Laurent Sourdough Vienna
Selected Stores only. On sale for 2 weeks

SMOOTHER. MORE CHOCOLATEY,
VELVETY MILK CHOCOLATE



\$4^{ea}
SAVE \$2
WAS \$6

Cadbury Dairy Milk
Block Chocolate
150g-190g

40% MORE COCOA & 25% MORE MILK[^]

[^]COMPARED TO CLASSIC CADBURY DAIRY MILK RECIPE

THE EQUIVALENT OF A GLASS AND A HALF OF FULL CREAM MILK IN EVERY 200G OF CADBURY DAIRY MILK MILK CHOCOLATE.
DAIRY MILK, VELVET, THE GLASS AND A HALF DEVICE AND THE COLOUR PURPLE ARE TRADE MARKS USED UNDER LICENCE.

ADVERTISER PROMOTION

Great value. Hands down.



1/2
PRICE

\$1^{ea}

SAVE \$1
WAS \$2

McVitie's Digestives Tops Biscuits 100g
\$1.00 per 100g

\$4²⁵
^{ea}

SAVE \$4.25
WAS \$8.50

Smith's Crinkle Cut Potato Chips, Doritos
Corn Chips Big Bag 380g or Red Rock Deli
Potato Chips Big Bag 290g



2 for
\$5

SAVE \$1

Pepsi, Solo or Sunkist Soft
Drink 1.25 Litre
\$2.00 per litre



\$3⁵⁰
^{ea}

SAVE \$1.50
WAS \$5

The Natural
Confectionery Co.
130g-230g or Sour
Patch 190g



\$4²⁰
^{ea}

SAVE \$1.80
WAS \$6

Nestlé Chocolate Fun
Pack 127g-158g



2 for
\$8

SAVE \$4

Mars Chocolate Fun Size
132g-192g or Skittles
Fun Size 180g



\$11⁴⁰
^{ea}

SAVE \$7.60
WAS \$19

Coca-Cola, Fanta or
Sprite Soft Drink or Mt
Franklin Lightly Sparkling
Water 10x375mL
\$3.04 per litre

SA-METRO-1109-24-284856



88¢
PER CAN

\$20⁹⁰
^{ea}

SAVE \$13.95
WAS \$34.85

Pepsi Max or Solo Soft
Drink 24x375mL
\$2.32 per litre



\$13⁵⁰
^{ea}

SAVE \$4.90
WAS \$18.40

Frantelle Still Water
24x600mL
\$0.94 per litre



2 for
\$19⁸⁰

SAVE \$10.60

Monster Energy Drink
4x500mL
\$4.95 per litre

Great value. Hands down.



NEW
FLAVOUR



\$1²⁵
ea

SAVE \$1.25
WAS \$2.50

Peckish White Rice Crackers 90g
\$1.39 per 100g

**1/2
PRICE**

NEW
at coles



\$1⁵⁰
ea

SAVE \$1.50
WAS \$3

Snakata Rice Snack
Crackers 65g-100g



\$3²⁰
ea

SAVE 80¢
WAS \$4

Eclipse Mints 40g
\$8.00 per 100g



90¢
ea

EVERY DAY

Coles White Rice
Crackers 100g
\$0.90 per 100g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Griffin's Marvels Biscuits
165g-200g



\$8
ea

SAVE \$2
WAS \$10

Lindt Lindor Gift Bag
121g-125g



\$2
ea

SAVE 50¢
WAS \$2.50

Arnott's Milk Arrowroot
or Marie Biscuits 250g
\$0.80 per 100g



\$2⁵⁰
ea

SAVE 80¢
WAS \$3.30

Arnott's Scotch Finger
or Malt'o'Milk Biscuits
250g \$1.00 per 100g



\$3
ea

SAVE \$1
WAS \$4

Arnott's Jatz or Clix
Crackers 225g-250g



**2 for
\$7**

SAVE \$1

Cheezels or Parkers
Pretzels 6 Pack or
Grainwaves 5 Pack

Great value. Hands down.



1/2
PRICE

\$5_{ea}

SAVE \$5
WAS \$10

Lipton Ice Tea 6x240mL
\$3.47 per litre



\$7²⁵_{ea}

SAVE \$7.25
WAS \$14.50

Allpress Coffee 4x240mL
\$7.55 per litre



2 for
\$3⁵⁰

SAVE \$1.90

Kirks Soft Drink 1.25 Litre
\$1.40 per litre



\$7²⁰_{ea}

SAVE \$4.80
WAS \$12

Red Bull Energy Drink
4x250mL \$7.20 per litre



2 for
\$19

SAVE \$19

Coca-Cola, Fanta
or Sprite Soft Drink
12x300mL \$2.64 per litre



95¢
PER
CAN

\$28³⁰_{ea}

SAVE \$18.90
WAS \$47.20

Coca-Cola Soft Drink
30x375mL \$2.52 per litre



\$3_{ea}

SAVE \$1
WAS \$4

H2 Coco Coconut Water
1 Litre \$3.00 per litre
SA-METRO-1109-24-284856



\$4_{ea}

SAVE \$1
WAS \$5

Bickford's Cordial
750mL \$5.33 per litre



\$5⁵⁰_{ea}

SAVE \$4
WAS \$9.50

Remedy Kombucha
4x250mL \$5.50 per litre



\$3_{ea}

SAVE \$1.80
WAS \$4.80

Golden Circle Juice
2 Litre \$1.50 per litre.
Excludes Pineapple,
Grape, Orange and
Orange & Mango

Great value. Hands down.




\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

Green's Traditional Baking Mix
380g-470g or Pancake Shake
300g-375g



\$3³⁵
ea

SAVE \$1.45
WAS \$4.80

Mutti Passata 700g
\$0.48 per 100g



\$1⁶⁰
ea

SAVE 70¢
WAS \$2.30

Mutti Polpa Tomatoes 400g
\$4.00 per kg



\$6
ea

SAVE \$1.50
WAS \$7.50

Hellmann's Real Mayonnaise
400g \$1.50 per 100g



\$2⁵⁰
ea

SAVE 90¢
WAS \$3.40

White Wings Plain or Self Raising
Flour 1kg \$2.50 per kg.
2nd week on sale



\$2
ea

SAVE 75¢
WAS \$2.75

Campbell's Real Stock 500mL
\$0.40 per 100mL.
2nd week on sale



NEW
at coles

OLD EL PASO

**STRONG CHIPS
MAKE
BETTER NACHOS**

\$4⁸⁵
ea

SAVE \$2.10
WAS \$6.95

Old El Paso
Tortilla Chips 350g
\$1.39 per 100g

**Nachos
for dinner?**

© General Mills
Serving Suggestion

FIND US IN THE MEXICAN AISLE!

ADVERTISER PROMOTION

EVERY DAY



\$3⁹⁵
ea

Indomie Instant Noodles 5 Pack
400g-425g



\$4
ea

Coles Traditional Mayonnaise
470g \$0.85 per 100g



\$2³⁰
ea

SAVE 65¢
WAS \$2.95

Sirena Tuna 95g
\$24.21 per kg



\$2
ea

SAVE 50¢
WAS \$2.50

SPC Baked Beans or
Spaghetti 420g-425g



\$3⁶⁰
ea

SAVE 90¢
WAS \$4.50

Old El Paso Taco Sauce
200g \$1.80 per 100g



\$3³⁰
ea

SAVE 90¢
WAS \$4.20

Sandhurst Sandwich
Stackers 500g
\$6.60 per kg



\$3
ea

SAVE \$1
WAS \$4

Hakubaku Organic
Noodles 270g
\$1.11 per 100g

SA-METRO-1109-24-284856



\$5⁹⁵
ea

SAVE \$2.55
WAS \$8.50

Marion's Kitchen Meal
Kit 188g-419g
2nd week on sale



\$4³⁰
ea

SAVE \$1.20
WAS \$5.50

Kewpie Mayonnaise
300g \$1.43 per 100g



\$2²⁰
ea

EVERY DAY

Sanitarium So Good Soy
Milk 1 Litre \$2.20 per litre

Serving suggestion only



Great value
in every sip

\$5⁵⁰
ea

DOWN DOWN
WAS \$9 AUG 2024

Daley St Coffee Beans or Ground
200g \$2.75 per 100g

Great value. Hands down.



40% OFF



\$5⁴⁰ ea

SAVE \$3.60
WAS \$9

\$7⁵⁰ ea

SAVE \$5
WAS \$12.50

Jordans Granola or Oat Clusters 500g-750g
or Dorset Granola or Muesli 450g

Vittoria Freeze Dried Instant Coffee 100g
\$7.50 per 100g. Excludes Decaf



\$4 ea

SAVE \$2
WAS \$6

Weet-Bix Bites 500g-510g



\$5⁵⁰ ea

SAVE \$1.50
WAS \$7

Kellogg's Nutri Grain
290g \$1.90 per 100g



\$5⁵⁰ ea

SAVE \$1.40
WAS \$6.90

Carman's Nut or Muesli
Bars 150g-270g



\$4 ea

SAVE \$1
WAS \$5

Uncle Tobys Protein
Rolled Oats 490g
\$0.82 per 100g



\$4⁷⁰ ea

SAVE \$2.20
WAS \$6.90

Fibre One Bars or Snacks
100g-120g or Nature
Valley Bars 252g



\$2²⁰ ea

SAVE 60¢
WAS \$2.80

Continental Cup a
Soup 2 Serves 50g-75g



\$14⁴⁰ ea

SAVE \$9.60
WAS \$24

Monini Extra Virgin
Olive Oil 750mL
\$1.92 per 100mL

Great value. Hands down.



\$6⁷⁵
ea

SAVE \$6.75
WAS \$13.50

**1/2
PRICE**



\$8⁴⁰
ea

SAVE \$8.40
WAS \$16.80

Twinings Tea Bags 80 Pack-100 Pack

Nescafé Blend 43 250g
\$3.36 per 100g



\$22
ea

SAVE \$15
WAS \$37

Vittoria Espresso Coffee Beans
or Ground 1kg \$2.20 per 100g



\$13⁵⁰
ea

SAVE \$6
WAS \$19.50

Moccona Freeze Dried Instant
Coffee 200g \$6.75 per 100g



\$14³⁵
ea

SAVE \$6.15
WAS \$20.50

Moccona Specialty Blend
Instant Coffee 200g \$7.18 per 100g



\$24⁵⁰
ea

SAVE \$10.50
WAS \$35

Grinders Coffee Beans
1kg \$2.45 per 100g



\$9⁴⁵
ea

SAVE \$4.05
WAS \$13.50

Lavazza A Modo Mio
Coffee Capsules
16 Pack \$0.59 per each



\$6⁸⁰
ea

SAVE \$3
WAS \$9.80

Nestlé Milo 395g-460g



\$9⁵⁰
ea

EVERY DAY

Nestlé Milo Softpack
650g \$1.46 per 100g

**Shop online for even
more savings**

Lower the cost of your weekly shop with
exclusive specials you can only get online.

**ONLINE
ONLY
SPECIALS**

[coles.com.au](https://www.coles.com.au)

Great value. Hands down.



1/2
PRICE



\$14^{ea}

SAVE \$14
WAS \$28

Naturopathica Fat Blaster Weight Loss
Shake 465g \$3.01 per 100g

\$1⁷⁵^{ea}

SAVE \$1.75
WAS \$3.50

BC Snacks High Protein Bar 40g
\$4.38 per 100g



\$4⁴⁰^{ea}

SAVE \$1.10
WAS \$5.50

Bega Simply Nuts Smooth or
Crunchy Peanut Butter 325g
\$1.35 per 100g



\$7⁷⁰^{ea}

SAVE \$3.30
WAS \$11

Nutella Hazelnut Chocolate
Spread 750g \$1.03 per 100g



\$4⁴⁰^{ea}

SAVE \$1.10
WAS \$5.50

Oatly Barista Oat Milk 1 Litre
\$4.40 per litre



\$2⁶⁰^{ea}

SAVE 70¢
WAS \$3.30

John West Salmon Tempters 95g
\$2.37 per kg



\$2³⁰^{ea}

SAVE 80¢
WAS \$3.10

Australia's Own Organic Almond
Milk 1 Litre \$2.30 per litre



\$4⁷⁰^{ea}

SAVE \$2
WAS \$6.70

Uncle Tobys Protein Muesli Bars
175g \$2.69 per 100g

Catalogue on sale Wed 11th Sep until Tue 17th Sep 2024 or until Tue 24th Sep where indicated. Selected specials commenced Wed 4th Sep.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Deli promotions are not available at Coles Adelaide Rundle Place, Craigmore, Paralowie, Ingle Farm Walkleys, Prospect & Newton. Savings, single sell prices and unit prices shown are off South Australian regular selling prices. Some advertised products may already be priced below the South Australian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Get more value with the Coles app

Get Coles app exclusive offers, personalised Flybuys offers, half price specials and more.

Download today



*Min spend may apply. T&Cs apply.

*Min spend may apply. Flybuys T&Cs apply.

coles PERFORM ELITE



MAXIMISE YOUR PERFORMANCE

WITH COLES PERFORM ELITE SUPPLEMENTS,
PROTEIN POWDERS & BARS



\$31^{ea}

EVERY DAY

Coles PerFORM Elite Plant High Protein Powder Vanilla 500g
\$6.20 per 100g



\$36^{ea}

EVERY DAY

Coles PerFORM Elite Whey High Protein Powder Chocolate 500g
\$7.20 per 100g



\$4^{ea}

EVERY DAY

Coles PerFORM Elite High Protein Bar 60g
\$6.67 per 100g

^This product formulation has been approved by an Accredited Sports Dietitian.
Consume as part of a healthy eating plan to help achieve your dietary & performance goals. To find out more about Coles PerFORM, go to coles.com.au/colesperform

Great value. Hands down.



1/2
PRICE

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

25 Degrees South Ravioli 325g
\$1.38 per 100g



\$10⁸⁰
ea

SAVE \$1.20
WAS \$12

Youfoodz Fuel'd Meal
400g-444g



\$5⁵⁰
ea

SAVE \$2
WAS \$7.50

Latina Pasta Sauce 425g
\$1.29 per 100g.
On sale for 2 weeks



\$5⁵⁰
ea

SAVE \$2.50
WAS \$8

Latina Filled Pasta
375g \$1.47 per 100g



\$4^{ea}

SAVE \$2.50
WAS \$6.50

La Famiglia Garlic
Bread Slices 270g
\$1.48 per 100g



\$12⁵⁰
pk

SAVE \$4.30
WAS \$16.80

Primo Rindless Short
Cut Bacon 750g
\$16.67 per kg



\$3³⁰
pk

SAVE \$1
WAS \$4.30

Don Deli Cuts 80g-100g



2 for
\$6⁷⁰

SAVE \$1.20

Primo Sliced Meats
80g-100g
2nd week on sale



\$4²⁵
ea

SAVE \$1.10
WAS \$5.35

Dare Flavoured Milk
750mL \$5.67 per litre



\$3^{ea}

SAVE 95¢
WAS \$3.95

Ice Break Flavoured Milk
500mL \$6.00 per litre

Great value. Hands down.



\$4^{ea}
SAVE \$1
 WAS \$5

MeadowLea Dairy 500g
 \$0.80 per 100g. On sale for 2 weeks



\$4²⁰^{ea}
SAVE \$1.10
 WAS \$5.30

Devondale Butter 250g
 \$1.68 per 100g



\$3⁹⁵^{ea}
SAVE \$1.80
 WAS \$5.75

Flora ProActiv 250g
 \$1.58 per 100g



\$6⁸⁰^{ea}
SAVE \$1.20
 WAS \$8

Mainland Buttersoft 375g
 \$1.81 per 100g



\$6⁵⁰^{ea}
SAVE \$2.45
 WAS \$8.95

Flora Margarine 1kg
 \$0.65 per 100g



\$6^{ea}
EVERY DAY

La Casa Del Formaggio Bocconcini
 220g \$27.27 per kg

**coles
Simply**



**Shop
Savvy.
Shop
Simply.**



\$3^{ea}
EVERY DAY



Coles Simply Regular Spread 1kg
 \$0.30 per 100g

\$4⁶⁰^{ea}
EVERY DAY



Coles Simply Sandwich Slices
 24 Pack 500g \$9.20 per kg

Great value. Hands down.



**1/2
PRICE**

\$1³⁰
ea

SAVE \$1.30
WAS \$2.60

Dairy Farmers Thick & Creamy Yoghurt
140g or 150g



\$7
ea

SAVE \$1
WAS \$8

Nudie Juice 2 Litre
\$3.50 per litre. Excludes Orange Juice



\$6
ea

SAVE \$2
WAS \$8

Tamar Valley Dairy Greek Style
Yoghurt 1kg \$0.60 per 100g



\$3⁴⁵
ea

SAVE \$2.30
WAS \$5.75

Danone Ultimate Yoghurt 4x115g
\$0.75 per 100g



\$2²⁰
ea

SAVE 80¢
WAS \$3

Danone YoPro Protein Yoghurt
Pouch 150g \$1.47 per 100g



\$6³⁰
ea

SAVE \$1.60
WAS \$7.90

Chobani Greek Yogurt
907g \$0.69 per 100g



75¢
ea

EVERY DAY

Coles Squeeze Yoghurt
70g \$1.07 per 100g



\$1⁵⁰
ea

SAVE 40¢
WAS \$1.90

Pauls Custard Pouch
70g \$2.14 per 100g



\$6
ea

SAVE \$1.50
WAS \$7.50

Tamar Valley Dairy The
Creamery Yoghurt 700g
\$0.86 per 100g. Excludes
Vanilla Bean

EVERY DAY



\$13⁵⁰
ea

Devondale Cheese Shredded
750g \$18.00 per kg



\$3³⁰
ea

Coles Cream Cheese Block
250g \$13.20 per kg



\$14
ea

Cheer Cheese Slices 750g
\$18.67 per kg



\$6
ea

SAVE \$1.50
WAS \$7.50

Bega Cheese Block, Slices or
Grated 250g \$24.00 per kg



\$7⁸⁵
ea

SAVE \$2.60
WAS \$10.45

Mil Lel Parmesan Cheese Block
250g \$31.40 per kg



Any 3 for
\$12

SAVE \$2.40

Little Entertainers Mersey Valley,
Tasmanian Heritage or South
Cape Cheese 80g \$50.00 per kg



\$3⁷⁰
ea

SAVE \$1.30
WAS \$5

The Laughing Cow
Cheese Portions 128g
\$28.91 per kg.
On sale for 2 weeks



\$5⁶⁵
ea

SAVE \$1.85
WAS \$7.50

Tasmanian Heritage
Triple Cream Brie 125g
\$45.20 per kg



\$6²⁰
ea

SAVE \$2.45
WAS \$8.65

Mersey Valley Cheese
180g \$34.44 per kg



\$15
ea

SAVE \$3.50
WAS \$18.50

Dodoni Greek Feta 400g
\$37.50 per kg.
On sale for 2 weeks

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



**1/2
PRICE**



\$6
ea

SAVE \$6
WAS \$12

Coco Earth Chicken Tikka Masala or
Smoky Butter Chicken 400g \$1.50 per 100g

\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Bulla Multi Packs 8 Pack-14 Pack
400mL-750mL



\$8
ea

SAVE \$2
WAS \$10

Birds Eye Steamfresh Fish
380g \$21.05 per kg



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Lean Cuisine Dinner
Meal 375g
\$1.49 per 100g



\$6⁴⁰
ea

SAVE \$1.60
WAS \$8

On The Menu Big Feast
Meal 480g
\$1.33 per 100g



\$2⁷⁰
ea

SAVE \$1.80
WAS \$4.50

On The Menu Entrée
Meal 260g
\$1.04 per 100g



\$18
ea

SAVE \$6
WAS \$24

I&J Raw Prawns Tail On or
Off 500g \$36.00 per kg



\$6
ea

SAVE \$1.50
WAS \$7.50

Pickers Mini Italian
Herb Mozzarella Sticks
or Nacho Cheese
Traingles 230g
\$2.61 per 100g



\$3¹⁵
ea

SAVE \$1.35
WAS \$4.50

Yumi's Dip 200g
\$1.58 per 100g



\$4
ea

SAVE \$1
WAS \$5

Red Rock Deli Dip 135g
\$2.96 per 100g

Great value. Hands down.



Peters Connoisseur 1 Litre
\$0.90 per 100mL



Streets Calippo Multi Pack 575mL or Cyclone
Multi Pack 688mL 2nd week on sale



Ben & Jerry's Tubs 427mL-465mL



Peters Original 4 Litre
\$0.19 per 100mL



AUSTRALIA'S
#1 VANILLA*
for every occasion



Streets Blue Ribbon 2 Litre
\$0.33 per 100mL

ADVERTISER PROMOTION

Source: Nielsen Data MAT to 18.06.2024. Australia
grocery excl. Aldi. Ice Cream (includ. Ice Cream & Ice
Confection), Vanilla Flavour, all format, Dollars & Units.

1/2 PRICE

LIBRA

Exclusions apply †



\$2¹⁵
ea

SAVE \$2.15
WAS \$4.30

Libra Body Fit Regular or
Super Tampons 16 Pack
\$0.13 per each



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Libra Extra Long Pads with Wings
Goodnights or Maternity 10 Pack
\$0.25 per each



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Libra Extra Pads with Wings
Regular 14 Pack or Super
12 Pack



\$15³⁰
ea

SAVE \$6.60
WAS \$21.90

Tena Plus Night Pants
12 Pack \$1.28 per each



\$3⁸⁵
ea

SAVE \$1.65
WAS \$5.50

Tena Continence Extra
Long Liners 24 Pack
\$0.16 per each



**1/2
PRICE**

\$11
ea

SAVE \$11
WAS \$22

Bonds Women's Damn
Dry Midi Underwear
1 Pack



\$12
ea

SAVE \$8
WAS \$20

BabyLove Bulk Nappy
Pants 22 Pack-28 Pack



\$10²⁰
ea

SAVE \$6.80
WAS \$17

Gaia Natural Baby
Sleeptime Bath or Hair
& Body Wash 500mL
\$2.04 per 100mL



\$3
ea

SAVE 75¢
WAS \$3.75

Little Bellies Organic
Strawberry Pick-Up
Sticks 7+ Months 16g
\$18.75 per 100g



\$32⁴⁰
ea

SAVE \$3.60
WAS \$36

Bellamy's Organic
Toddler Milk Drink
Stage 3 900g
\$3.60 per 100g



\$1⁸⁰
ea

SAVE 35¢
WAS \$2.15

Rafferty's Garden
4 Months+, 6 Months+
or 8 Months+ Baby Food
Pouch 120g \$1.50 per 100g

†Excludes Down Down, Every Day & clearance items

Great value. Hands down.



**1/2
PRICE**

HAND WASH
Exclusions apply†

**1/2
PRICE**

\$8^{ea}

SAVE \$8
WAS \$16



**Oral B Precision Sensitive Refill Heads
2 Pack** \$4.00 per each. 2nd week on sale

\$3⁷⁵^{ea}

SAVE \$3.75
WAS \$7.50



Palmolive Liquid Hand Wash Refill 1 Litre
\$0.38 per 100mL

\$8^{ea}

SAVE \$3.50
WAS \$11.50



**Dove Advanced Care
Antiperspirant Aerosol
Deodorant 250mL**
\$3.20 per 100mL

\$15^{ea}

SAVE \$6.50
WAS \$21.50



**Gillette Fusion 5 Razor
Kit with 2 Refill Blades
1 Pack**

\$7^{ea}

SAVE \$3
WAS \$10



**Colgate Advanced
Tartar & Whitening or
Max Fresh Toothpaste
200g** \$3.50 per 100g

\$7^{ea}

SAVE \$3
WAS \$10



**Listerine Total Care or
Bright White Mouthwash
500mL** \$1.40 per 100mL

\$13³⁰^{ea}

SAVE \$5
WAS \$18.30



**Ease a Cold Capsules
Cough, Cold & Flu
24 Pack^** \$0.55 per each

**1/2
PRICE**

\$13⁷⁵^{ea}

SAVE \$13.75
WAS \$27.50



**Cenovis Magnesium
Tablets 200 Pack^**
\$6.88 per 100 each

\$18²⁰^{ea}

SAVE \$7.80
WAS \$26



**Berocca Energy
Effervescent 45 Pack^**
\$40.44 per 100 each

\$27⁶⁰^{ea}

SAVE \$11.90
WAS \$39.50



**Metamucil 114 Doses
673g^** \$4.10 per 100g

†Excludes Every Day, Down Down & clearance items

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet. Incorrect use could be harmful.

Great value. Hands down.



\$8⁴⁰
ea
SAVE \$5.60
WAS \$14



Curash Fragrance Free Sensitive Skin Baby Wipes 240 Pack
\$3.50 per 100 each

\$31
ea
SAVE \$8
WAS \$39



Huggies Pure Care Ultimate Nappy Pants 46 Pack-56 Pack

\$3⁵⁰
ea
SAVE \$1.50
WAS \$5



Huggies Cucumber & Aloe or Coconut Oil Baby Wipes 80 Pack
\$4.38 per 100 each

\$2⁸⁵
ea
SAVE \$1
WAS \$3.85



Baby Mum Mum Rusks Blueberry & Carrot or Vegetable 36g
\$7.92 per 100g

\$9
ea
SAVE \$3
WAS \$12



Tommee Tippee Superstar Weighted Straw Cup or Training Sippee Cup 6 Months+ 1 Each
2nd week on sale

\$16⁸⁰
ea
SAVE \$4.20
WAS \$21



Nestlé Nan Comfort Stage 3 Milk Drink 800g \$2.10 per 100g

HUGGIES
NAPPIES®
Newborn

Clinically Proven
Zinc Enriched Layer*

30% OFF
HUGGIES WIPEs
Exclusions apply †



\$29
ea
SAVE \$10
WAS \$39

Huggies Ultra Dry Jumbo Nappies 60 Pack-108 Pack



\$3⁵⁰
ea
SAVE \$1.50
WAS \$5

Huggies Water Baby Wipes 72 Pack or Fragrance Free 80 Pack

Contains zinc as zinc oxide. *This claim is based on a clinical study conducted at an independent laboratory, using adult skin as a suitable substitute for baby skin. Results showed significantly less irritation when using Huggies® Zinc Enriched layer vs control. Applies to Newborn and Infant nappies only. ©/TM Trademarks of Kimberly-Clark Worldwide, Inc. or its affiliates, or used with permission. © KCWW.

ADVERTISER PROMOTION

† Excludes clearance items



Great value. Hands down.



\$30^{ea}

SAVE \$30
WAS \$60



**Olay Eyes Collagen Peptide
24 Eye Cream 15mL**
\$200.00 per 100mL

**1/2
PRICE**



\$21⁵⁰^{ea}

SAVE \$21.50
WAS \$43

**Revlon Illuminance Skin Caring
Foundation 30mL**
\$7.17 per 10mL

\$24⁵⁰^{ea}

SAVE \$10.50
WAS \$35



**Maybelline 4-In-1 Glow Makeup
20mL** \$12.25 per 10mL

\$16⁵⁰^{ea}

SAVE \$4.50
WAS \$21



**Cancer Council Daily Moisturiser
Sunscreen Lotion SPF50+ 150mL[^]**
\$11.00 per 100mL

\$11^{ea}

SAVE \$8
WAS \$19



**Dermaveen Sun Sensitive
Sunscreen SPF50+ 100g[^]**
\$11.00 per 100g

\$18^{ea}

SAVE \$12
WAS \$30



**Dermaveen Extra Hydration
Gentle Soap Free Wash or
Intensive Moisturising Lotion
1 Litre** \$1.80 per 100mL

[^]This product may not be right for you. Read the warnings before purchase. Avoid prolonged exposure to the sun. Wear protective clothing, hats and eyewear when exposed to the sun. Frequent reapplication is required for effective sun protection.

Colgate

**OPTIC⁺
WHITE**

**1/2
PRICE**

**WHITENING
THAT WORKS**

Colgate

**OPTIC⁺
WHITE**

STAIN FIGHTER

Enamel Care

**Removes Daily
Stain Buildup from
Food & Drink***

GENTLE MINT

\$5^{ea}

SAVE \$5
WAS \$10

**HYDROGEN
USED BY
DENTISTS
PEROXIDE**

**Colgate Optic White
Stain Fighter Enamel Care
Toothpaste 100g**
\$5.00 per 100g

^{*}With brushing twice daily for two weeks. Individual results may vary.

ADVERTISER PROMOTION



Great value. Hands down.



\$4^{ea}
SAVE \$1.50
 WAS \$5.50



Bosistos Multipurpose Cleaner
 500mL \$0.80 per 100mL



\$7²⁰
ea
SAVE \$1.80
 WAS \$9

Multix Strong & Reliable Garbage Bags 50 Pack \$0.14 per each



\$3⁵⁰
ea
SAVE 90¢
 WAS \$4.40

Ziploc Sandwich or Snack Bags 40 Pack \$0.09 per each.
 2nd week on sale



\$9^{ea}
SAVE \$5
 WAS \$14

Sorbent 3-Ply Silky White Toilet Tissue 16 Pack \$0.31 per 100 sheets



\$6²⁰
ea
SAVE \$3.30
 WAS \$9.50

Glen 20 Disinfectant Spray 300g \$2.07 per 100g



\$7⁷⁰
ea
SAVE \$3.30
 WAS \$11

Comfort Fabric Conditioner 900mL \$8.56 per litre

coles



When performance matters

\$4^{ea}
EVERY DAY



Coles Ultra Antibacterial Multipurpose Wipes 100 Pack \$0.04 per each

\$6^{ea}
EVERY DAY



Coles Ultra Biodegradable Floor Wipes Refill 24 Pack \$0.25 per each

\$2⁵⁰
ea
EVERY DAY



Coles Ultra Glass & Window Biodegradable Wipes 50 Pack \$0.05 per each

Great value. Hands down.



**1/2
PRICE**

\$1⁷⁵
ea
SAVE \$1.75
WAS \$3.50



Nature's Gift Dog Food 700g
\$0.25 per 100g.
On sale for 2 weeks

\$4
ea
SAVE \$2
WAS \$6



**Nature's Gift Slow Cooked
Dog Food 2x220g** \$0.91 per 100g.
From the chilled pet food fridge

\$6
ea
SAVE \$4
WAS \$10



Dine Daily Cat Food 7x85g
\$1.01 per 100g

**30%
OFF** **BOW WOW
DOG TREATS**
Exclusions apply †

\$2⁴⁵
ea
SAVE \$1.05
WAS \$3.50



**Bow Wow Dog Treats Pigs Ear
or Beef Roo 1 Pack** \$2.45 per each

\$17⁵⁰
ea
SAVE \$7.50
WAS \$25



**Optimum Dry Cat Food
1.8kg-2kg**

†Excludes clearance items

\$31⁵⁰
ea
SAVE \$13.50
WAS \$45



Optimum Dry Dog Food 7kg
\$0.45 per 100g

*Show
your love*
in many
delicious ways.



\$5
ea
SAVE \$1.30
WAS \$6.30

**Fancy Feast Petite
Delights Cat Food
6x50g** \$1.67 per 100g

PURINA
*Fancy
Feast*

Exquisite recipes in delightfully smaller portions

ADVERTISER PROMOTION

Great value. Hands down.



\$16⁷⁵
ea

SAVE \$16.75
WAS \$33.50

**1/2
PRICE**



\$13⁷⁵
ea

SAVE \$13.75
WAS \$27.50

**Décor Adventurer Stainless Steel
Bottle 1.2 Litre \$16.75 per each**

**Smash Blue Stainless Steel Bento
Box 1300mL \$13.75 per each**

\$6⁶⁰
ea

SAVE \$4.40
WAS \$11



**Air Wick Pure Auto Refill 159g
\$4.15 per 100g**

\$19
ea

SAVE \$8.50
WAS \$27.50



**Duracell Coppertop Batteries
AA 16 Pack or AAA 14 Pack**

\$7
ea

SAVE \$7
WAS \$14



**Brunnings Blood & Bone Fertiliser
2.5kg**

\$21⁵⁰
ea

SAVE \$9.50
WAS \$31



**Brita Maxtra Pro Pure Performance
Water Filters 2 Pack
\$10.75 per each**

\$36
ea

SAVE \$9
WAS \$45



Tefal Easy Clean Frypan 30cm

\$8
ea

SAVE \$2
WAS \$10



**Mini Barbieland Vehicle Assortment
1 Each**

**10%
OFF**

**Uber/Uber Eats,
Supercheap Auto,
rebel, BCF and
Adventure Gift Cards.
In-store only**

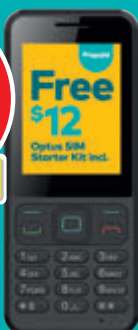


Limit 5 Gift Cards per customer. Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via [giftcards.com.au](https://www.giftcards.com.au) or [coles.scanshoppay.com.au](https://www.coles.scanshoppay.com.au)), subject to store availability. While stocks last, no rainchecks. Offer valid from 11/9/24 to 17/9/24. Gift Cards can't be used to purchase other Gift Cards at Coles. Refer to individual gift card for terms and conditions.

Prepaid deals



\$39^{ea}
RRP \$59



Optus X Lite 4
• 4G network access
• 2.4" display
• Rear camera

\$39^{ea}
RRP \$79



Optus X Start 4
• 5" display
• 5MP camera
• Octa-core processor

\$99^{ea}
RRP \$129



Optus X Delight 2
• 13MP AI camera
• 4,000mAh battery
• Google Wallet via NFC

\$99^{ea}
RRP \$149



Optus X Tap 3
• 6.6" HD+ display
• 50MP main camera
• 128GB storage

\$199^{ea}
RRP \$249



OPPO A58
• FHD+ Sunlight display
• 33W SUPERVOOC™
• 5,000mAh battery

\$17^{ea}
SAVE \$28
WAS \$45



Optus \$45 Prepaid SIM Starter Kit
• Get 60GB data on first three recharges
• Unlimited std talk & text in Australia
• Roll over up to 200GB
• 28 day expiry

yes OPTUS

ADVERTISER PROMOTION



\$59^{ea}
SAVE \$20
WAS \$79

Telstra T-Essential
• 5" FVWGA+ display
• 5MP camera



\$99^{ea}
SAVE \$30
WAS \$129

Telstra T-Pro
• 6.52" IPS HD+ display
• 13MP triple camera



\$299^{ea}
SAVE \$40
WAS \$339

iPad 5 Premium Refurbished
• Network Unlocked
• 12 Month Warranty



\$15^{ea}
SAVE \$20
WAS \$35

Vodafone \$35 Prepaid SIM
• 45GB on first 6 recharges

General Devices: Excluding iPhones/iPads, all devices are Network Locked. Unlocking fees may apply. All included starter pack offers are included in device packaging. **iPad 5 Premium Refurbished:** Network Unlocked. 12 Month Warranty. 30 Day Satisfaction Guarantee. While stocks last, no rainchecks. **General SIMs:** All value SIMs include first recharge applied on activation. All for use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Terms & Fair Go policies apply. **Vodafone:** 28 day expiry. Activate by 10/11/24 for bonus data on first 6 eligible recharges.

colesmobile

Big data. Great price.
Now that's smart.

POWERED BY

OPTUS



28 day expiry

coles mobile

\$30

32GB

Unlimited standard national talk & text

Unlimited standard international calls to 15 selected destinations

Up to 500GB data rollover

new services only

that do not include international destinations

POWERED BY OPTUS

365 day expiry

coles mobile

\$195

140GB

Unlimited standard national talk & text

Unlimited standard international calls to 15 selected destinations

new services only

that do not include international destinations

POWERED BY OPTUS

\$10_{ea}

SAVE \$20
WAS \$30

Coles Mobile
\$30 Prepaid SIM

32GB, 28 day expiry

Unlimited standard
International Calls to 15
selected destinations

2 for
\$290

SAVE \$100

Coles Mobile
\$195 Prepaid SIM

140GB, 365 day expiry

Unlimited standard
International Calls to 15
selected destinations

For new services only. SIM Kits are not able
to be used to recharge existing services

Pick up a SIM today

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Coles Mobile \$30 SIM offer ends 17/9/24. Coles Mobile \$195 SIM offer ends 24/9/24. New services only. Ongoing recharges revert to standard price. Data Rollover: Accrue up to 500GB when you recharge before expiry. Unlimited International Calls: Excludes non-standard calls. See colesmobile.com.au/terms for international destinations, full terms, coverage and compatibility. General: Coverage varies, see optus.com.au/coverage

SA-METRO-1109-24-284856

46

amaysim

Big gigs, lil price



\$10 Starter Pack

- 7 day renewal
- 10GB data included
- Unlimited talk & text in Aus and to 42 countries



\$25 Starter Pack

- 28 day renewal, 22GB + 8GB **bonus data** for first 3 renewals
- Unlimited data banking on the same plan

ONLY
at coles

BETTER
THAN
1/2
PRICE



\$40 Starter Pack

- 80GB data every 28 days
- Unlimited data banking on the same plan
- Unlimited talk & text in Aus and to 42 countries



\$99 Starter Pack

- 120GB upfront data for 90 days
- That's \$22/40GB for 30 days for the first 90 days
- Unlimited talk & text in Aus and to 28 countries



**UNLIMITED
DATA BANKING**

Roll over unused data so you don't lose what you don't use.



**NO LOCK-IN
CONTRACTS**

Feel free to change your plan at any time.



**BYO
NUMBER**

Keep your digits or get some new ones for a fresh start.

POWERED BY

OPTUS

New services only for use in Australia. Limit 5 per customer. See amaysim.com.au/terms. Terms and Fair Go policy apply. Download speed caps apply. 5G available in selected areas with a compatible device and plan. See amaysim.com.au/about/coverage. **\$25 Starter Pack:** Promo price valid until 01/10, ongoing is \$25/22GB/28 days. Activate by 31/10 to get 30GB data for first 3 renewals when you renew on or before your renewal date. Auto renews every 28 days. See amaysim.com.au/25 for details. **\$40 Starter Pack:** Promo price valid until 08/10, ongoing is \$40/80GB/28 days. Auto renews every 28 days. See amaysim.com.au/40 for details. **\$99 Starter Pack:** Promo price valid until 24/09, ongoing is \$99/120GB/90 days. Auto renews every 90 days. See amaysim.com.au/99 for details.

ADVERTISER PROMOTION

Spring Gardening



Easy to
assemble

\$245_{ea}



Giantz Garden Shed

Corrosion-resistant, galvanised steel and polypropylene construction. Sloped roof, double sliding doors and 2x air vents. W121 x H182 x L194cm.

*Lockable
doors*

\$159_{ea}



Livsip Outdoor Storage Cabinet

Weather and rust-resistant. Adjustable and removable shelves with lockable doors, pegboard divider with 6x hanging hooks.



Weather
resistant

\$75_{ea}

Livsip Wooden Garden Pathway

Anti-slip wooden construction, wire and rubber spacer connectors. Quick roll-out design. Includes pegs. 8ft roll out.



\$119_{pk}

*Non-slip
surface*

Garden Walkway Boards 12 Pack

Perfect for garden walkways, camping and more. Click system, allows multi configuration. Includes 12x boards. W70 x H2.5 x L24cm.



\$119_{ea}

Livsip Modular Raised Garden Bed

Modular design to build your own shape. Durable, anti-rust, painted galvanised steel with rounded, rubber capped edges. Easy to install.



Weather
proof

\$65_{ea}



Livsip Outdoor Storage Box 290L

Ideal for storing garden tools, cushions, toys and sporting gear. Ventilated, wheels for mobility. W112 x H54 x L49cm.

On sale Monday 09/09/24 to Sunday 22/09/24.



Free Delivery on all orders

WHILE
STOCKS
LAST!

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.



40V



Lightweight

\$239_{ea}



Giantz 40V Electric Lawnmower

Cordless, twin lithium battery operation for extra power, 1 hour fast charging. Catcher bag or rear discharge, cutting height adjustment and foldable handles.



\$139_{ea}

Giantz 20V Cordless Chainsaw

2-in-1 8" chainsaw and 21" trimmer. 5x adjustable trimmer angles. Lightweight aluminium shaft provides long reach. 1500mAh lithium battery with charger and shoulder strap.



Lightweight

\$75_{ea}



Giantz 20V Cordless Leaf Blower

One-hand operation, 20V Lithium-ion battery with charger. 2-Speed blowing capacity. Detachable tube, rubber grip handle.



\$139_{ea}

ROTO 160L Tumbler with Cart

2 x chambers with sliding door access, built-in churner, ventilated. Includes 55L portable cart, 7L caddy with 20x compostable bags.



Snap
on lid

**100
Litre**



5 years
warranty

\$75_{ea}

Maze Water Tank 100L

Includes water tap and knock down stand. W39 x H125 x D39cm.



Easy to
install

\$45_{ea}



Accessories
not included

Maze Outdoor Plastic Sink

Thick, durable, UV protected, food grade plastic. Includes hose hook, adjustable nozzle and tool holder.

On sale Monday 09/09/24 to Sunday 22/09/24.



Free Delivery on all orders

**WHILE
STOCKS
LAST!**

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

LIQUORLAND



THIS FOOTY FINALS
GET
\$5 OFF
ANY 4, 6 OR 8
PACK BEER OR
PREMIX DRINKS*

Just spend \$15+ at **coles** on McCain Pizza products and scan your **flybuis** in-store.

Offer valid in-store only from 12.01am (AEST) Wed 11 Sep until 11.59pm (ADST) Tue 8 Oct 2024. Spend \$15 on any McCains Pizza in-store at Coles (after savings and discounts have been applied) scan your Flybuis card to get \$5 off any 4 or 6 pack of Beer or Premix product or 8pk of Beer (Excludes Spend & Get offers, Docket Deals & Clearance products) in-store only at Liquorland. Not available in conjunction with any other offer, Flybuis must be scanned both in-store at Coles and at Liquorland at point of purchase to redeem \$5 off value. Not available for UberEats or DoorDash purchases. Excludes NT and WA North. A limit of one offer per transaction per customer applies. Offer must be redeemed by Tue 8 Oct 2024, and only available for individuals 18+.

\$18_{ea}

Pure Origin
Dry Gin & Soda
with Lime Cans
4x250mL



**4
PACK**

\$20_{ea}

-196 Double
Grape Cans
4x330mL



**4
PACK**

\$30_{ea}

Canadian
Club and Zero
Sugar Dry Cans
6x375mL



**6
PACK**

\$32_{ea}

Jack Daniels
American Serve
& Cola Cans
4x250mL



**4
PACK**

BEER

\$18_{ea}

Great Northern
Original
Lager Bottles
6x330mL



**6
PACK**

\$21_{ea}

Hahn Super Dry
Bottles 6x330mL



**6
PACK**

\$21_{ea}

Carlton Dry Cans
8x375mL



**8
PACK**

**LOW
PRICE
EVERY DAY**

\$27_{ea}

Asahi Super
Dry Cans
6x500mL



**6
PACK**

Offers apply from 11/09/24 until 17/09/24 unless sold out prior. Prices may vary in regional areas. Some products and offers may not be available in all stores. Additional product restrictions and exclusions apply at Whyalla, Port Augusta and Rundle Mall. Purchase limits also apply in some stores. Savings are shown off the regular selling price across our South Australian Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured on the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

BEER



\$52_{ea}

Stella Artois
Bottles
24x330mL

**24
PACK**



\$54_{ea}

James Squire
150 Lashes
Pale Ale
Bottles
24x330mL

**24
PACK**



\$56_{ea}

Victoria Bitter
Bottles
24x375mL

**24
PACK**



\$57_{ea}

Tinnies Pale Ale
Cans 24x375mL

**24
PACK**

PRE-MIXED & CIDER



\$15_{ea}

Strongbow
Original Apple
Cider Bottles
6x355mL

**6
PACK**



\$20_{ea}

White Claw Hard
Seltzer Mango
Cans 4x330mL

**4
PACK**



\$25_{ea}

Jose Cuervo
Sparkling
Margarita Cans
4x330mL

**4
PACK**



\$30_{ea}

Jim Beam White
& Cola Cans
6x375mL

**6
PACK**

SPIRITS



\$50_{ea}

Absolut
Vodka



\$56_{ea}

Tanqueray
Gin



\$58_{ea}

The Kraken
Spiced Rum



\$77_{ea}

Jack Daniel's
Tennessee
Whiskey
1 Litre

**1
LITRE**

WINE



\$15_{ea}

Rosé D'Amelie
AOC Luberon
Rosé



\$18_{ea}

Barossa Valley
Wine Co. Gravel
Track Cab Sauv



**2
for
\$20**

Pensilva
Shiraz



**2
for
\$20**

Rapaura
Springs
Marlborough
Sauvignon
Blanc

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



**Shop
Online**



**Click &
Collect**



**Home
Delivery**