

SA ON SALE Wed 7 Aug to Tue 13 Aug 2024
See page 28 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



\$2⁵⁰
ea
SAVE \$2.50
WAS \$5

Arnott's Mint Slice, TeeVee
or Wagon Wheels Biscuits
175g-200g



\$2²⁰
ea
SAVE \$2.20
WAS \$4.40

Mission Street Tacos
10 Pack 375g
\$0.59 per 100g



**1/2
PRICE**

\$2⁴⁰
ea
SAVE \$2.40
WAS \$4.80

Smith's Crinkle Cut or Double Crunch Potato Chips
150g-170g



Daily
Prize Draw
Bonus
Entry*

\$9
ea
SAVE \$9
WAS \$18

Pepsi or Solo Soft Drink 10x375ml
\$2.40 per litre. *See page 21 for T&Cs



coles
**WINTER OF
SPORTS
GIVEAWAY**
1000s of prizes
each day

Buy. Scan. Win.

See page 21 for T&Cs



\$9⁵⁰
ea
DOWN DOWN
WAS \$13.90 JUL 2024

Coles Cheese Block 1kg
\$9.50 per kg



1/2 PRICE



BETTER THAN 1/2 PRICE

\$1 ea

SAVE \$1.50
WAS \$2.50

Cadbury Chocolate Bar 30g-55g



\$3 ea

SAVE \$3
WAS \$6

Nestlé Block Chocolate
118g-180g



\$9⁵⁰ ea

SAVE \$9.50
WAS \$19

Sunrice Medium Grain Rice 5kg
\$0.19 per 100g



Daily Prize Draw Bonus Entry*

\$5 ea

SAVE \$5
WAS \$10

Colgate Total Advanced
Toothpaste 200g \$2.50 per 100g.
*See page 21 for T&Cs

1/2 PRICE **LIBRA**
Exclusions apply †

\$2⁵⁰ ea

SAVE \$2.50
WAS \$5

Libra Ultra Thin Pads with Wings
Regular 14 Pack or Super
12 Pack



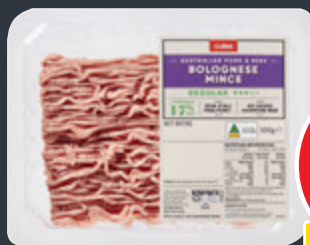
Daily Prize Draw Bonus Entry*

\$28⁵⁰ ea

SAVE \$28.50
WAS \$57

Finish Ultimate Dishwashing
Tablets 50 Pack \$0.57 per each.
*See page 21 for T&Cs

†Excludes Down Down, Every Day & clearance items



\$5 pk

SAVE \$1.50
WAS \$6.50

Coles Australian Pork & Beef
3 Star Regular Mince Bolognese
500g \$10.00 per kg.
Product sold uncooked



Serving suggestion only



1/2 PRICE



\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Viva Paper Towel 2 Pack
\$1.88 per 100 sheets



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Harpic Fresh Power Liquid 700mL
or In The Bowl Toilet Cleaner 39g



\$4
ea

SAVE \$4
WAS \$8

Sard Stain Remover Spray
420mL-450mL



NEW
at Coles

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Undo This Mess Dishwashing
Liquid 900mL \$0.50 per 100mL



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Botanica Room Spray 236mL
\$1.91 per 100mL



\$5
ea

SAVE \$5
WAS \$10

Cuddly Concentrate Fabric
Conditioner 900mL-1 Litre



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Ajax Eco or Luxury Multipurpose
Wipes 110 Pack
\$5.00 per 100 each



\$12
ea

SAVE \$12
WAS \$24

Cold Power Laundry Liquid
2 Litre or Powder 2kg



\$14
ea

SAVE \$14
WAS \$28

Omo Scents Laundry Liquid
2 Litre \$7.00 per litre

1/2 PRICE

**1/2
PRICE**

LIBRA

Exclusions apply †



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Libra Maternity or Goodnight
Extra Long Pads with Wings
10 Pack \$0.25 per each



\$5⁷⁵
ea

SAVE \$5.75
WAS \$11.50

St Ives Fresh Skin Apricot Scrub
150mL \$3.83 per 100mL



\$5⁷⁵
ea

SAVE \$5.75
WAS \$11.50

Simple Kind to Skin Moisturising
Face Wash 150mL
\$3.83 per 100mL



\$9⁵⁰
ea

SAVE \$9.50
WAS \$19

Toni & Guy Shampoo or
Conditioner 250mL
\$3.80 per 100mL



\$9⁵⁰
ea

SAVE \$9.50
WAS \$19

Batiste Dry Shampoo Blush or
Original 350mL \$2.71 per 100mL



\$10
ea

SAVE \$10
WAS \$20

Pantene Shampoo or
Conditioner 900mL
\$1.11 per 100mL

†Excludes Every Day, Down Down & clearance items



Daily
Prize Draw
Bonus
Entry

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Colgate Sensitive Whitening or
Multi Protect Toothpaste 110g
\$4.09 per 100g



Daily
Prize Draw
Bonus
Entry

\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Colgate Plax Mouthwash 500mL
\$0.70 per 100mL



\$10
ea

SAVE \$10
WAS \$20

Colgate Optic White Pro Vividly
Fresh Toothpaste 80g
\$12.50 per 100g

*See page 21 for T&Cs

1/2 PRICE



\$12^{ea}

SAVE \$12
WAS \$24

Nature's Way Adult Vita Gummies Vitamin C 120 Pack or Women's Multivitamins 100 Pack[^]
On sale for 2 weeks



\$15^{ea}

SAVE \$15
WAS \$30

Nature's Way Kids Smart Vita Gummies 120 Pack[^]
\$12.50 per 100 each.
On sale for 2 weeks



\$20^{ea}

SAVE \$20
WAS \$40

Nature's Way Adult Vita Gummies Hair Skin Nails 150 Pack[^]
\$13.33 per 100 each



\$6²⁵^{ea}

SAVE \$6.25
WAS \$12.50

Aveeno Baby Daily Moisture Wash & Shampoo 236mL
\$2.65 per 100mL



\$7^{ea}

SAVE \$7
WAS \$14

Sukin Facial Hydrating Mist Toner 125mL \$5.60 per 100mL



\$8^{ea}

SAVE \$8
WAS \$16

Vaseline Body Lotion 750mL
\$1.07 per 100mL



\$8⁵⁰^{ea}

SAVE \$8.50
WAS \$17

Schick Quattro Hybrid Razor Kit with 5 Refill Blades 1 Pack



\$13^{ea}

SAVE \$13
WAS \$26

Berocca Energy Effervescent Tablets 45 Pack[^] \$28.89 per 100 each



\$50^{ea}

SAVE \$50
WAS \$100

Oral B Pro 800 Cross Action Electric Toothbrush 1 Pack

[^]This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



\$1.75
ea

SAVE \$1.75
WAS \$3.50

Sunrice Microwaveable Rice Cup or Pouch 240g-250g



\$1.75
ea

SAVE \$1.75
WAS \$3.50

Green's Traditional Baking Mix 380g-470g



\$3.25
ea

SAVE \$3.25
WAS \$6.50

Nice & Natural Protein, Layered or Active Protein Bars 125g-175g



\$3.35
ea

SAVE \$3.35
WAS \$6.70

Uncle Tobys Protein Muesli Bar 175g \$1.91 per 100g



\$4.25
ea

SAVE \$4.25
WAS \$8.50

Twinings Live Well Tea Bags 18 Pack-22 Pack



\$4.25
ea

SAVE \$4.25
WAS \$8.50

Mr Chen's Asian Meal Kit 500g-605g



\$5.75
ea

SAVE \$5.75
WAS \$11.50

Nescafé Blend 43 140g-150g or Gold 90g-100g

*See page 21 for T&Cs



\$5.75
ea

SAVE \$5.75
WAS \$11.50

Moccona Freeze Dried Instant Coffee 95g-100g

Excludes Decaf



\$16
ea

SAVE \$16
WAS \$32

Gold Sunset Canola or Vegetable Oil 4 Litre \$0.40 per 100mL. 2nd week on sale

40% OFF



\$11⁴⁰
ea

SAVE \$7.60
WAS \$19

Coca-Cola, Fanta or Sprite Soft Drink 12x300mL
\$3.17 per litre



97¢
PER CAN

\$23¹⁰
ea

SAVE \$15.40
WAS \$38.50

Coca Cola Soft Drink 24x375mL
\$2.57 per litre



Daily
Prize Draw
Bonus
Entry*

\$1⁸⁰
ea

SAVE \$1.20
WAS \$3

Pepsi or Solo Soft Drink 1.25 Litre
\$1.44 per litre. *See page 21 for T&Cs



\$8⁷⁰
ea

SAVE \$5.80
WAS \$14.50

Kirks Soft Drink 10x375mL
\$2.32 per litre



**NEW
FLAVOUR**

\$2⁵⁰
ea

SAVE \$1.70
WAS \$4.20

Powerade Sports Drink or Active
Water 600mL \$4.17 per litre



\$6⁶⁰
ea

SAVE \$4.40
WAS \$11

V Energy Drink 4x250mL
\$6.60 per litre



**1/2
PRICE**

\$7⁶⁰
ea

SAVE \$7.60
WAS \$15.20

Monster Energy Drink 4x500mL
\$3.80 per litre

BIG PACK VALUE

Large
1kg box

\$12_{ea}



Fabulicious Raspberry Twisters 1kg
or Life Savers Cola Twisters 1kg \$1.20 per 100g

\$13_{ea}



Kewpie Mayonnaise 1kg
\$1.30 per 100g

\$117
PER
BAR

\$14_{ea}



Noshu Low Carb Cherry &
Coconut Indulgence Bars
12 Pack 384g \$3.65 per 100g

\$20_{ea}



Bega Smooth or Crunchy Peanut
Butter 2kg \$1.00 per 100g

37¢
PER
BAG

\$22_{ea}



Smith's Snack Variety Mega Mix
60 Pack 1.93 per 100g

92¢
PER
CAN

\$22_{ea}



Coca-Cola Variety Pack Mini
Cans 24x250mL \$3.67 per litre

50¢
PER
BAG

\$25_{ea}



Calbee Harvest Snaps 50 Pack
\$2.78 per 100g

38¢
PER
SACHET

\$34_{ea}



Nescafé Cappuccino Sachets
90 Pack \$0.38 per each

While stocks last. No rainchecks

Great value. Hands down.



For winter

Say cheese to savings



\$5_{ea}

EVERY DAY

Coles Finest Artisan Lavosh Crackers 100g \$5.00 per 100g. Selected stores only



\$2.85_{ea}

EVERY DAY

Coles Bakery Hot Dog Rolls 6 Pack \$0.48 per each. Selected stores only



\$2.40_{ea}

EVERY DAY

Coles Dip 200g \$1.20 per 100g



\$3.30_{ea}

EVERY DAY

Coles Simply Regular Spread 1kg \$0.33 per 100g



\$2.90_{ea}

EVERY DAY

Coles Dijon Mustard 200g \$1.45 per 100g



\$1.95_{ea}

EVERY DAY

Coles Tomato or Barbecue Sauce 500mL \$0.39 per 100mL



100% Aussie Citrus

\$2.50 kg

Australian Navel Oranges
*See page 21 for T&Cs

\$3.50 kg

Australian Afourer Mandarins

\$3.50 pk

Coles Australian Mini Mandarin 850g Pack \$4.12 per kg

\$3.90 kg

Australian Blood Oranges
*See page 21 for T&Cs

\$4.50 pk

Coles Australian Unique Selection Mandarin 800g Pack \$5.63 per kg

100% Aussie Packham Pears

\$3⁵⁰
kg

Australian Packham Pears



\$4⁹⁰
kg

South Australian Kanzi Apples



\$2⁵⁰
pk

Coles Australian Baby Beetroot 250g Pack
\$10.00 per kg



Daily
Prize Draw
Bonus
Entry*

2 for
\$6

SAVE \$1

Coles Kitchen Family Stir Fry Mix 400g Pack
\$7.50 per kg. *See page 21 for T&Cs



\$10
pk

SAVE \$3
WAS \$13

Coles Australian Dry Roasted or Natural Almonds
750g Pack \$13.33 per kg



**DOWN
DOWN**

\$4
bag

DOWN DOWN
WAS \$7.50
MAY 2024

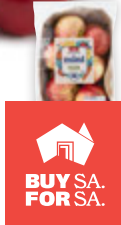
Coles South Australian
Washed White Potatoes 2kg Bag
\$2.00 per kg



\$2⁹⁰
pk

DOWN DOWN
WAS \$4.50
APR 2024

Coles South Australian Mini
Apples 1kg Pack \$2.90 per kg



Great value. Hands down.



\$5⁸⁰
kg
SAVE 70%^{kg}
WAS \$6.50/kg



Coles Free Range RSPCA Approved Chicken Whole
Product sold uncooked. On sale for 2 weeks

Serving suggestion only

\$5⁸⁰
kg
DOWN DOWN
WAS \$6.50/kg
AUG 2024



Coles Free Range RSPCA Approved Chicken Drumsticks

\$6⁵⁰
pk
SAVE \$1.50
WAS \$8



Coles Free Range Carved Roast RSPCA Approved Chicken Breast 200g \$32.50 per kg. On sale for 2 weeks

\$5⁵⁰
pk
DOWN DOWN
WAS \$6.50
MAY 2024



Coles RSPCA Approved Chicken Mince 500g \$11.00 per kg

\$5⁶⁰
ea
EVERY DAY



Coles RSPCA Approved Chicken & Vegetable Pies 4 Pack 700g \$0.80 per 100g

\$9⁵⁰
ea
EVERY DAY



Coles RSPCA Approved Chicken Breast Dino Nuggets 1kg \$9.50 per kg

Great value. Hands down.



Serving suggestion only

\$10 kg

SAVE \$2kg
WAS \$12kg

Coles Australian Lamb Whole or Half Leg Roast
Product sold uncooked



\$17 kg

DOWN DOWN
WAS \$20kg
MAY 2024



Coles Australian Pork Ribs BBQ



\$8 kg

DOWN DOWN
WAS \$10kg
JUL 2024



Coles Australian Pork Shoulder
Roast Boneless



2 for
\$15

SAVE \$2



Coles Classic Burgers
400g-500g



\$14 kg

SAVE \$5kg
WAS \$19kg



Coles Australian Lamb
Forequarter Chops



\$18 pk

SAVE \$2
WAS \$20



Coles Australian No Added
Hormones Beef Scotch Fillet
Steak 2 Pack 480g \$37.50 per kg



\$7 pk

SAVE \$1
WAS \$8



Coles Beef & Pork Meatballs
560g \$12.50 per kg



Serving suggestion only

\$11 pk

SAVE \$4
WAS \$15

Coles Australian No Added Hormones Beef Rump
Steak 500g \$22.00 per kg. Product sold uncooked



Great value. Hands down.



Coles Made Easy Family Classics Chilli Con Carne
700g or Hearty Beef Stew
700g \$14.29 per kg

\$10
pk

SAVE \$3
WAS \$13

**Daily
Prize Draw
Bonus Entry***

NEW
at coles

made easy™
SLOW COOKED
HEARTY
BEEF STEW
- AUSTRALIAN BEEF -
10 minutes
6
NO ADDITIONAL INGREDIENTS
700g

made easy™
SLOW COOKED
BEEF CHILLI
CON CARNE
- AUSTRALIAN BEEF -
10 minutes
6
NO ADDITIONAL INGREDIENTS
700g



NEW
at coles

\$11
pk

SAVE \$3
WAS \$14

Coles Made Easy Slow Cooked Chicken Teriyaki
700g \$15.71 per kg

made easy™
SLOW COOKED
TERIYAKI CHICKEN
- AUSTRALIAN CHICKEN -
10 minutes
3
NO ADDITIONAL INGREDIENTS
700g



Serving suggestion only. Product sold uncooked

\$10
pk

SAVE \$3
WAS \$13

Coles Made Easy Family Classic
Slow Cooked Pork & Beef
Meatballs in Tomato Sauce
800g \$12.50 per kg

made easy™
SLOW COOKED
PORK & BEEF
MEATBALLS
IN RICH TOMATO SAUCE
- AUSTRALIAN PORK & BEEF -
25 minutes
3
NO ADDITIONAL INGREDIENTS
800g

\$11
pk

SAVE \$3
WAS \$14

Coles Made Easy Slow Cooked
Pork Ribs in BBQ Sauce 650g
\$16.92 per kg

made easy™
SLOW COOKED
PORK RIBS
IN STICKY BBQ SAUCE
- AUSTRALIAN PORK -
30 minutes
3
NO ADDITIONAL INGREDIENTS
650g

\$10
pk

SAVE \$3
WAS \$13

Coles Made Easy Family Classics
Slow Cooked Chicken & Curry
Meatballs 700g \$14.29 per kg

made easy™
SLOW COOKED
CHICKEN & PORK
MEATBALLS
IN THAI CURRY SAUCE
- AUSTRALIAN CHICKEN & PORK -
30 minutes
2
NO ADDITIONAL INGREDIENTS
700g

*See page 21 for T&Cs

Great value. Hands down.



Ready
to eat

Serving suggestion only

\$12^{ea}

SAVE \$1
WAS \$13

Lilydale Free Range Hot Roast
Sage & Onion Chicken Selected stores only*



\$240
PER
100g

\$24^{kg}

SAVE \$4^{kg}
WAS \$28^{kg}

Don Virginian Ham
Selected stores only*

79¢
PER
100g

\$7⁹⁰
kg

SAVE \$1.60^{kg}
WAS \$9.50^{kg}

Primo Cocktail Frankfurts
Selected stores only*

\$225
PER
100g

\$22⁵⁰
kg

SAVE \$4.20^{kg}
WAS \$26.70^{kg}

Primo Rindless Hickory Smoked
Middle Bacon Selected stores only*

\$247
PER
100g

\$24⁷⁰
kg

SAVE \$3.80^{kg}
WAS \$28.50^{kg}

Primo Roast Pork
Selected stores only*

\$10³⁵
ea

DOWN DOWN
WAS \$11.50
JUN 2024

Coles Finest Australian Goat
Cheese 300g \$34.50 per kg.
Selected stores only*



\$9
pk

SAVE \$2.50
WAS \$11.50

Tassal Smoked Salmon 100g
\$90.00 per kg



\$36^{kg}

SAVE \$6^{kg}
WAS \$42^{kg}

Coles Tasmanian Fresh Salmon Portions Skin On
Selected stores only*. On sale for 2 weeks.
Product sold uncooked

Serving suggestion only



*For locations of Deli counter stores visit coles.com.au/range-availability

Great value. Hands down.



Serving suggestion only

\$30^{ea}

SAVE \$5
WAS \$35

NEW
at coles

Coles Finest Chocolate Hazelnut Cake 1.3kg
\$2.31 per 100g. Selected stores only. From the Patisserie fridge



\$3³⁰_{pk}

SAVE 50¢
WAS \$3.80

Coles Bakery Choc Chip Cookies 12 Pack \$0.28 per each.
Selected stores only.
2nd week on sale



\$4⁴⁰_{ea}

EVERY DAY

Wonder White Bread 700g
\$0.63 per 100g



\$6²⁵_{ea}

SAVE 50¢
WAS \$6.75

Coles Bakery Cream Filled Sponge Cake 380g-450g Selected stores only. From the Patisserie fridge



\$4_{ea}

SAVE \$1.50
WAS \$5.50

Helga's Wraps 445g-508g



\$4_{ea}

SAVE \$1
WAS \$5

Coles Bakery Tear & Share
Selected stores only



\$3¹⁰_{ea}

DOWN DOWN
WAS \$3.45
MAY 2024

Coles Madeira Cake 315g-450g

DOWN DOWN



\$6⁵⁰_{ea}

DOWN DOWN
WAS \$7
MAY 2024

Coles Finest by Laurent Sourdough Vienna or Cob
Selected stores only.
*See page 21 for T&Cs.

Daily Prize Draw
Bonus Entry



\$3³⁰_{pk}

DOWN DOWN
WAS \$3.50
MAY 2024

Coles Bakery Cinnamon Donuts 12 Pack \$0.28 per each
Selected stores only

Big Deals

**\$15
OFF**

**your online shop
when you spend \$50
on selected pantry items****

Discount automatically applied at checkout



Hurry, offer ends 13/08/2024

Shop now

**Spend \$50 or more online in a single transaction on selected pantry products between 7 August 2024 to 13 August 2024, receive \$15 off. Offer is only valid after savings and discounts. Available through Coles Online purchases only. Discount automatically applied at checkout. Standard minimum order requirements apply for Coles Online. If you modify your order outside of the promotional period, the discount will not be upheld. Order cut-off times apply (incl. 1am Sat/Sun in some stores on weekends). Visit coles.com.au for standard terms and conditions. Excludes Coles for Business, Uber Eats and DoorDash purchases.

Great value. Hands down.



1/2
PRICE



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Red Rock Deli Gourmet
or Crostini Crackers 115g-130g



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Poppin Microwave Popcorn 400g
\$0.88 per 100g



\$2^{ea}

SAVE 50¢
WAS \$2.50

Arnott's Milk Arrowroot
or Marie Biscuits 250g
\$0.80 per 100g



Daily
Prize Draw
Bonus
Entry*

\$2⁸⁰
ea

SAVE \$1.20
WAS \$4

Arnott's Shapes
Crackers 160g-190g
*See page 21 for T&Cs



2 for
\$5

SAVE \$3

Lays Stax 105g
\$2.38 per 100g



2 for
\$6

SAVE \$4

CC's Corn Chips 175g
or Cornados 110g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Natural Chip Co Potato
Chips 175g \$2.00 per 100g



\$4⁴⁰
ea

SAVE \$1.60
WAS \$6

Red Rock Deli Potato
Chips 150g-165g



2 for
\$7

SAVE \$1

Twisties 6 Pack or
Jumpy's or Doritos
5 Pack



\$4^{ea}

EVERY DAY

Burger Rings, Twisties,
Cheetos or Toobs
Snack Party Size Bag
150g-270g

Great value. Hands down.



1/2
PRICE

\$1²⁵
ea

SAVE \$1.25
WAS \$2.50



Peckish White Rice Crackers 90g
\$1.39 per 100g

\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50



Urban Cookie Co. Indulgent Cookies
200g \$1.38 per 100g



\$1⁶⁰
ea

SAVE 40¢
WAS \$2

Eclipse Chewy Mints 27g
\$5.93 per 100g



Daily Prize Draw
Bonus Entry

\$4
ea

SAVE \$2
WAS \$6

Darrell Lea Block Chocolate
160g-180g *See page 21 for T&Cs



ONLY
at coles

2 for
\$9

SAVE \$3

Cadbury Dairy Milk Block
Chocolate 160g-190g



\$3⁶⁰
ea

SAVE \$2.40
WAS \$6

Cadbury Sharepacks
120g-180g



\$4
ea

SAVE \$2
WAS \$6

Cadbury Old Gold
Block Chocolate
170g-180g



\$3⁵⁰
ea

SAVE \$1.50
WAS \$5

Allen's Lollies
140g-200g



\$3⁶⁰
ea

SAVE \$2.40
WAS \$6

Mars M&Ms, Maltesers
or Pods 120g-180g

Great value. Hands down.



1/2
PRICE

\$9_{ea}

SAVE \$9
WAS \$18

Schweppes Infused Sparkling Water 10x375mL
\$2.40 per litre



\$5⁵⁰_{ea}

SAVE \$1.90
WAS \$7.40

Schweppes Mixers or Soft Drink
4x300mL \$4.58 per litre



\$3_{ea}

SAVE \$1
WAS \$4

H2 Coco Coconut Water
1 Litre \$3.00 per litre



\$4⁴⁰_{ea}

SAVE \$1.10
WAS \$5.50

V8 Juice 1.25 Litre
\$3.52 per litre.
2nd week on sale



\$4⁴⁰_{ea}

DOWN DOWN
WAS \$5.50
JUL 2024

Golden Circle Cordial
2 Litre \$2.20 per litre



\$13⁵⁰_{ea}

SAVE \$4.90
WAS \$18.40

Frantelle Still Water
24x600mL \$0.94 per litre



\$3⁵⁰_{ea}

EVERY DAY

Diet Rite Cordial 1 Litre
\$3.50 per litre



\$3⁵⁰_{ea}

SAVE \$1.60
WAS \$5.10

Golden Circle Tetra
Fruit Drink 6x250mL
\$2.33 per litre



2 for
\$4

SAVE \$1.40

Golden Circle Tetra
Juice 1 Litre \$2.00 per
litre. Excludes Pineapple



\$4⁸⁵_{ea}

SAVE \$1.40
WAS \$6.25

Ocean Spray Fruit Drink
1.5 Litre \$3.23 per litre.
2nd week on sale

coles

WINTER OF SPORTS GIVEAWAY

1000s of prizes each day

Buy. Scan. Win.

Flybuys

Instant Win*

Spend \$20 in store and scan your registered Flybuys to find out if you've instantly won money off your shop.

Daily Prize Draw*

For every \$20 you spend in store or online, scan your registered Flybuys for a chance to win a year's worth of groceries valued at \$13,500 or a prize pack. Plus, get a bonus entry when you buy a selected product from a participating brand.



Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. **Instant Win***: Spend \$20 in one transaction in-store only at Coles (after savings and discounts have been applied) and scan your Flybuys. All instant win prize winners will be notified instantly on their shopping docket or on screen upon winning a prize. Instant win prize money can be used instore only and available to use until 9/11/24. Limit of one instant win prize per day per Flybuys account. \$20 spend excludes Coles Express, Coles for business customers, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Instant win prize money cannot be used to purchase gift cards, iTunes cards, tobacco and tobacco-related products. **Daily Prize Draw***: To receive an automatic entry into the competition, entrants must spend \$20 or more in-store or online in one transaction (after savings and discounts have been applied) and scan their Flybuys during the competition period. Limit of one Bonus entry applies per brand, per transaction. A limit of one bonus entry per nominated Coles participating product type also applies. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, Coles Online business customers, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. A Year's Worth of Groceries valued at \$13,500 AUD per winner, and Sports Fan Pack valued at \$7,300 AUD per winner. For full terms & conditions visit coles.com.au/winter-of-sports-terms. Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706.



Maggi

NOODLES PACKED WITH POTENTIAL

MADE WITH AUSTRALIAN WHEAT

SERVING SUGGESTION



Visit Maggi website for
recipe meal inspiration
www.maggi.com.au/

ADVERTISER PROMOTION

Maggi 2 Minute
Noodle 5 Pack
325g-380g

\$4^{ea}

SAVE \$1
WAS \$5

Great value. Hands down.



40% OFF



\$4_{ea}

SAVE \$2.80
WAS \$6.80

Spam Canned Ham 340g
\$11.76 per kg

\$2⁸⁰_{ea}

SAVE \$1.90
WAS \$4.70

La Zuppa Pouch Soup 400g
\$0.70 per 100g



\$3⁸⁰_{ea}

SAVE 95¢
WAS \$4.75

Maggie Beer
Finishing Sauce 170g
\$2.24 per 100g



\$3⁵⁰_{ea}

SAVE \$2
WAS \$5.50

Heinz Seriously Good
Mayonnaise or Aioli
295mL \$1.19 per 100mL



\$4_{ea}

SAVE \$1
WAS \$5

Heinz Ketchup 500mL
\$0.80 per 100mL.
On sale for 2 weeks



\$4_{ea}

SAVE \$1
WAS \$5

Gravox Gravy Canister
120g-140g



\$1⁸⁰_{ea}

SAVE 50¢
WAS \$2.30

Mutti Whole Peeled
Tomatoes 400g
\$4.50 per kg



\$1_{ea}

SAVE 50¢
WAS \$1.50

Mama Jumbo Pack
Instant Noodle 90g
\$1.11 per 100g



\$6⁶⁵_{ea}

SAVE \$2.85
WAS \$9.50

Old El Paso Hard 'N Soft
Taco Kit 350g
\$1.90 per 100g



\$2_{ea}

SAVE \$1
WAS \$3

Old El Paso Spice Mix
30g-40g

Great value. Hands down.



ONLY
at coles

1/2
PRICE

\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Queen Victoria Tea Bags 100 Pack
\$0.06 per each

Daily
Prize Draw
Bonus
Entry*

2 for
\$11

SAVE \$4.80

Starbucks Nespresso Compatible
Coffee Capsules 10 Pack
\$0.55 per each.
*See page 21 for T&Cs



\$4^{ea}

SAVE \$1.50
WAS \$5.50

Uncle Tobys Muesli Bars
185g or Roll Ups 94g



\$2^{ea}

SAVE 90¢
WAS \$2.90

Sanitarium So Good
Almond Milk 1 Litre
\$2.00 per litre



Daily
Prize Draw
Bonus
Entry*

2 for
\$12

SAVE \$3.20

Nescafé Coffee Sachet
8 Pack-10 Pack
*See page 21 for T&Cs



\$19⁵⁰
ea

SAVE \$16.50
WAS \$36

Jed's Coffee Beans 1kg
\$1.95 per 100g



\$4⁸⁰
ea

SAVE \$2.10
WAS \$6.90

Carman's Nut or
Muesli Bar 150g-270g



\$5²⁵
ea

SAVE \$2.25
WAS \$7.50

Carman's Crunchy
Clusters 450g
\$1.17 per 100g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Kellogg's K-Time Bar
165g-185g



\$8^{ea}

SAVE \$2
WAS \$10

Kellogg's Coco Pops
650g, Just Right 740g
or Crunchy Nut
Cornflakes 640g

Great value. Hands down.



\$2
ea

SAVE 70¢
WAS \$2.70

John West Tuna Tempters 95g
\$21.05 per kg



\$1.80
ea

SAVE 70¢
WAS \$2.50

Maggi Noodle Cup
58g-65g



\$19
ea

SAVE \$8
WAS \$27

Moro Olive Oil 1 Litre
\$1.90 per 100mL



\$3.50
ea

SAVE \$1
WAS \$4.50

Campbell's Real Stock 1 Litre
\$0.35 per 100mL



\$2.80
ea

SAVE 70¢
WAS \$3.50

Heinz Baked Beans or Spaghetti
535g-555g



\$14
ea

SAVE \$4
WAS \$18

Monini Grape Seed Oil
1 Litre \$1.40 per 100mL



\$3.40
ea

SAVE 90¢
WAS \$4.30

Leggo's Chunky Pasta
Sauce 490g-500g



\$4.25
ea

SAVE \$1.35
WAS \$5.60

Nice & Natural Fruit
Strings 136g
\$3.13 per 100g



\$4
ea

SAVE \$1
WAS \$5

Green's Premium
Pancake Shake
300g-335g

Great value. Hands down.




\$6 ea

SAVE \$2.50
WAS \$8.50

Carman's Gourmet Clusters
450g \$1.33 per 100g



\$4.80 ea

SAVE \$2.10
WAS \$6.90

Carman's Porridge Sachets
240g-320g On sale for 2 weeks



\$4 ea

SAVE \$1
WAS \$5

Nestlé Milo 200g
\$2.00 per 100g



\$6.80 ea

SAVE \$1.80
WAS \$8.60

Capilano 100% Pure Australian
Honey Squeeze 500g \$1.36 per 100g



\$4 ea

SAVE \$1.70
WAS \$5.70

St. Dalfour Fruit Spread 284g
\$1.41 per 100g



\$4.30 ea

SAVE \$1.10
WAS \$5.40

Bega Smooth or Crunchy Peanut
Butter 375g \$1.15 per 100g

WHY BLEND WHEN YOU CAN SHAKE?



\$8.50 ea

SAVE \$2.50
WAS \$11



Serving Suggestion

ADVERTISER PROMOTION

Uncle Tobys Goodness Shake
140g \$6.07 per 100g

Great value. Hands down.



\$9⁴⁵
ea

SAVE \$4.05
WAS \$13.50

Robert Timms Coffee Bags
24 Pack-28 Pack



\$4
ea

SAVE \$1
WAS \$5

Uncle Tobys Protein Loose Oats
490g \$0.82 per 100g



\$2⁸⁰
ea

SAVE 70¢
WAS \$3.50

BC Snacks High Protein Bar 40g
\$7.00 per 100g



\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Sanitarium Weet-Bix Multi-Grain
575g \$0.78 per 100g



\$7
ea

SAVE \$2
WAS \$9

Health Lab Holy Hazelnut
Nut-Butter Filled Balls 3 Pack
120g \$5.83 per 100g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Red Tractor Pumpkin and
Sunflower Seed Blend 300g
\$1.47 per 100g

Carman's
Real food made with real passion...

IN THE
BREAKFAST
AISLE

**30%
OFF**

CARMAN'S
Exclusions apply †

IN THE
MUESLI BAR
AISLE



\$5²⁵
ea

SAVE \$2.25
WAS \$7.50

Carman's Low Sugar
Raspberry & Coconut
Granola 450g
\$1.17 per 100g



\$4
ea

SAVE \$2
WAS \$6

Carman's Oat Crunch
125g \$3.20 per 100g



\$4⁸⁰
ea

SAVE \$2.10
WAS \$6.90

Carman's Muesli
500g \$0.96 per 100g



\$5
ea

SAVE \$2.50
WAS \$7.50

Carman's Protein Bars
150g-200g
On sale for 2 weeks

ADVERTISER PROMOTION

† Excludes Every Day, Down Down, Big Value Pack & clearance items

Great value. Hands down.



\$9⁵⁰
ea

SAVE \$1
WAS \$10.50

Bega Cheese Block or Grated 500g
\$19.00 per kg



\$7⁴⁵
ea

SAVE \$1.75
WAS \$9.20

Cracker Barrel Cheese Block or Slices 250g \$29.80 per kg



\$7⁵⁰
ea

SAVE \$2
WAS \$9.50

Perfect Italiano Cheese Grated 450g \$16.67 per kg



\$8
ea

SAVE \$3.95
WAS \$11.95

Tasmanian Heritage Double Cream Brie or Camembert 200g
\$40.00 per kg



\$3⁷⁵
ea

DOWN DOWN
WAS \$4.25
MAY 2024

Primo Duos 50g
\$7.50 per 100g



\$4
ea

DOWN DOWN
WAS \$4.50
MAY 2024

Perfect Italiano Cheese Parmesan 125g \$32.00 per kg



\$4
ea

SAVE \$1
WAS \$5

Red Rock Deli Dip 135g
\$2.96 per 100g. 2nd week on sale



\$3⁵⁰
ea

SAVE 50¢
WAS \$4

Black Swan Favourites Dip 200g
\$1.75 per 100g

Catalogue on sale Wed 7th Aug until Tue 13th Aug 2024 or until Tue 20th Aug where indicated. Selected specials commenced Wed 31st Jul.

Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Deli promotions are not available at Coles Adelaide Rundle Place, Craigmore, Paralowie, Ingle Farm Walkleys, Prospect & Newton. Savings, single sell prices and unit prices shown are off South Australian regular selling prices. Some advertised products may already be priced below the South Australian selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down.



\$1⁴⁰
ea

SAVE \$1.40
WAS \$2.80

1/2
PRICE

10¢
DONATION TO
Second
Bite



\$1⁹⁵
ea

SAVE 85¢
WAS \$2.80

Chobani Fit Protein Greek Yogurt 160g
\$0.88 per 100g

**10c per unit will be donated to SecondBite Winter Appeal when you purchase any Chobani product. All proceeds will be distributed to SecondBite. Chobani and Coles will donate 10 cents (5 cents each) to SecondBite for every Chobani product sold. Campaign runs 17/7/24 to 13/8/24.

Chobani Fit Protein Yogurt Pouch 140g \$1.39 per 100g



2 for
\$8

SAVE \$3.50

Danone Activia Yoghurt
4x125g \$0.80 per 100g



\$4⁵⁰
ea

DOWN DOWN
WAS \$5.75
MAY 2024

Danone Ultimate
Yoghurt 4x115g
\$0.98 per 100g

1/2
PRICE

\$1³⁰
ea

SAVE \$1.30
WAS \$2.60

Dairy Farmers Thick
& Creamy Yoghurt
140g-150g



\$2⁷⁵
ea

SAVE \$1.10
WAS \$3.85

Gippsland Dairy Mix-ins
140g \$1.96 per 100g



\$6
ea

SAVE \$2
WAS \$8

Tamar Valley Dairy Greek
Style Yoghurt 1kg
\$0.60 per 100g



\$1⁹⁰
ea

SAVE 50¢
WAS \$2.40

Vaalia Probiotics Kids
Yoghurt Pouch 140g
\$1.36 per 100g



\$6⁹⁰
ea

SAVE \$3.10
WAS \$10

Flora ProActiv 500g
\$1.38 per 100g



\$6³⁵
ea

SAVE \$1.15
WAS \$7.50

Devondale Spreadable
Blend Tub 500g
\$1.27 per 100g

Great value. Hands down.



\$5⁵⁰
ea
SAVE \$2.50
WAS \$8

Latina Filled Pasta 375g
\$1.47 per 100g



\$5⁵⁰
ea
SAVE \$1.80
WAS \$7.30

Cheer Cheese Slices Refill
Pack 250g \$22.00 per kg



\$3³⁵
ea
SAVE 85*
WAS \$4.20

Dare Flavoured Milk
500mL \$6.70 per litre



\$5⁹⁰
ea
DOWN DOWN
WAS \$7.50
MAY 2024

Remedy Kombucha
750mL \$7.87 per litre



\$3⁹⁵
ea
SAVE \$1
WAS \$4.95

Ice Break Flavoured Milk
750mL \$5.27 per litre



\$5
ea
SAVE \$1
WAS \$6

Nutty Bruce Organic
Unsweetened Almond
Milk 1 Litre
\$5.00 per litre



\$14^{pk}
SAVE \$7.60
WAS \$21.60

Primo Rindless Short Cut
Bacon 1kg \$14.00 per kg



3 for \$9
SAVE \$2.85

Primo Sliced Meat
80g-100g



Daily
Prize Draw
Bonus
Entry*

2 for \$14
SAVE \$1

Coles Kitchen Meal
330g-350g
*See page 21 for T&Cs



\$12^{ea}
EVERY DAY

Coles Beef Lasagne
1.8kg \$0.67 per 100g

Great value. Hands down.



**1/2
PRICE**



\$13⁷⁵
ea

SAVE \$13.75
WAS \$27.50

KB's Squid Chips or Battered Bites 1kg
\$13.75 per kg

\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Haldirams Cocktail Samosa
20 Pack 500g \$1.10 per 100g



\$7⁶⁰
ea

SAVE \$1.90
WAS \$9.50

McCain Pub Size Meal
480g-500g



\$6⁵⁰
ea

SAVE \$2.50
WAS \$9

Sealord Hoki Fillets 280g-300g
Excludes Gluten Free



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

On The Menu Plated Meal 320g
\$1.75 per 100g. On sale for 2 weeks



\$4⁹⁰
ea

SAVE \$2.10
WAS \$7

Quorn Meat Free Mince 300g
\$1.63 per 100g



\$14⁸⁵
ea

SAVE \$4.95
WAS \$19.80

Grandma's Golden Wok Prawn Gyozas 800g \$1.86 per 100g



\$8⁵⁰
ea

SAVE \$4.10
WAS \$12.60

Birds Eye Southern Blue Whiting Fillets 425g \$20.00 per kg

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



1/2
PRICE



\$4⁶⁷
ea

SAVE \$4.68
WAS \$9.35

Borg's Spinach & Ricotta Pastizzi
1kg \$0.47 per 100g

\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Birds Eye Seasoned Sides 600g
\$5.83 per kg



\$6⁵⁰
ea

SAVE \$2
WAS \$8.50

McCain Pizza Pockets 400g
\$1.63 per 100g



Daily
Prize Draw
Bonus
Entry

\$8⁴⁰
ea

SAVE \$3.60
WAS \$12

Four N Twenty Angus Beef Pies
4 Pack 700g \$1.20 per 100g.
*See page 21 for T&Cs



\$6⁸⁰
ea

SAVE \$1.70
WAS \$8.50

McCain Family Pizza
490g-500g



\$9⁹⁵
ea

SAVE \$3
WAS \$12.95

Fropro Protein Pizza Slices 2 Pack
360g \$2.76 per 100g



Daily
Prize Draw
Bonus
Entry

\$7⁷⁰
ea

SAVE \$2
WAS \$9.70

Patties Party Meat Pies 12 Pack
560g \$1.38 per 100g.
*See page 21 for T&Cs



\$7⁵⁰
ea

SAVE \$2
WAS \$9.50

Core Powerfoods Frozen Meal
350g \$2.14 per 100g

Shop online for even
more savings

Lower the cost of your weekly shop with
exclusive specials you can only get online.

ONLINE
ONLY
SPECIALS

coles.com.au

Great value. Hands down.



1/2
PRICE

\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

Hershey's, Reese's or Violet Crumble
Ice Cream Tub 1 Litre \$0.48 per 100mL



\$8^{ea}

SAVE \$3
WAS \$11

Bulla Creamy Classic 2 Litre
\$0.40 per 100mL



\$7⁵⁰
ea

SAVE \$4.50
WAS \$12

Bulla Murray Street 1 Litre
\$0.75 per 100mL



\$7⁵⁰
ea

SAVE \$3
WAS \$10.50

Peters Maxibon 560mL
\$1.34 per 100mL



\$8^{ea}

DOWN DOWN
WAS \$10
MAY 2024

The Sweetporium Co
Ice Cream 1 Litre
\$0.80 per 100mL



\$8^{ea}

SAVE \$4
WAS \$12

Sara Lee Ice Cream
1 Litre \$0.80 per 100mL



\$8¹⁰
ea

SAVE \$5.40
WAS \$13.50

Häagen-Dazs Tub
420mL-457mL



\$6^{ea}

SAVE \$3.50
WAS \$9.50

Mars Multi Packs 6 Pack
246mL-300mL



coles

Serving suggestion

Made with Aussie sweet potato

SWEET, DELICIOUS CRUNCH.

RUSTIC STYLE SWEET POTATO IN A CRISPY BATTER



Winner of Frozen Chips Category. Survey of 5000 people by NielsenIQ.

Waffle fries only



\$6
ea

EVERY DAY

Coles Sweet Potato Waffle Fries
500g \$12.00 per kg

\$5
ea

EVERY DAY

Coles Sweet Potato Straight Cut Chips
750g \$6.67 per kg

1/2 PRICE

LIBRA

Exclusions apply †



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Libra Girl Regular Pads 12 Pack
or Goodnight Pads with Wings
10 Pack



\$9⁷⁵
ea

SAVE \$9.75
WAS \$19.50

Libra Period Proof Reusable
Underwear Girl Brief Size 12-14 or
Bikini Brief Size M 1 Pack



\$2¹⁵
ea

SAVE \$2.15
WAS \$4.30

Libra Body Fit Tampons
Regular or Super 16 Pack
\$0.13 per each

†Excludes Every Day, Down Down & clearance items

**1/2
PRICE**



\$10
ea

SAVE \$10
WAS \$20

BabyLove Bulk Nappy
Pants 22 Pack-28 Pack

**ONLY
at coles**



\$11
ea

SAVE \$5
WAS \$16

Rascals Premium
Nappies
26 Pack-54 Pack
2nd week on sale



\$1⁶⁰
ea

SAVE 55¢
WAS \$2.15

Only Organic
4+ Months, 6+ Months
or 8+ Months Baby Food
Pouch 120g
\$1.33 per 100g



\$4⁵⁰
ea

SAVE \$1
WAS \$5.50

Only Organic Strawberry
& Apple Oat Bars 120g
\$3.75 per 100g

**1/2
PRICE**



\$28
ea

SAVE \$28
WAS \$56

Waterwipes Baby Wipes
540 Pack
\$5.19 per 100 each
SA-METRO-0708-24-269712



\$16⁸⁰
ea

SAVE \$4.20
WAS \$21

Nestlé Nan Comfort
Stage 3 Toddler Milk
Drink 800g
\$2.10 per 100g



\$5⁵⁵
ea

SAVE \$1.40
WAS \$6.95

Poise Pads for
Bladder Leaks Extra
Plus 10 Pack or
Regular 16 Pack



\$12⁴⁰
ea

SAVE \$3.10
WAS \$15.50

Depend Real Fit
Underwear for Men
8 Pack \$1.55 per each

1/2 PRICE

DOVE

Exclusions apply †



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Dove Advance Care Roll On Deodorant 50mL
\$5.00 per 100mL



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Dove Beauty Bar Soap 4 Pack
\$1.18 per 100g



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

Dove Antiperspirant Aerosol Deodorant 250mL
\$1.90 per 100mL



\$18²⁰
ea

SAVE \$7.80
WAS \$26

Maybelline Sky High Mascara 7.2mL
\$25.28 per 10mL



\$21
ea

SAVE \$9
WAS \$30

Dermaveen Extra Hydration Soap Free Wash 1 Litre
\$2.10 per 100mL



Daily Prize Draw Bonus Entry*

\$2⁴⁰
ea

SAVE 60¢
WAS \$3

Colgate Zig Zag Toothbrush 1 Pack
2nd week on sale.
*See page 21 for T&Cs



\$6³⁰
ea

SAVE \$2.70
WAS \$9

Nivea Men Shower Gel 500mL
\$1.26 per 100mL



\$2⁴⁰
ea

SAVE \$1.60
WAS \$4

Palmolive Foam Hand Wash Pump 250mL
\$0.96 per 100mL



\$4³⁰
ea

SAVE \$1.90
WAS \$6.20

Bic Soleil Twilight Lavender Razors 4 Pack
\$1.08 per each



\$7²⁰
ea

SAVE \$4.80
WAS \$12

Palmolive Naturals Body Wash 1 Litre
\$0.72 per 100mL



\$5⁹⁵
ea

SAVE \$2.55
WAS \$8.50

Vicks VapoDrops Lozenges 42 Pack^
\$0.14 per each

† Excludes Every Day, Down Down & clearance items

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Incorrect use could be harmful

Great value. Hands down.



\$2⁴⁰
ea
SAVE \$1.60
WAS \$4



Oral B Satin Tape Mint Floss 25m
\$0.10 per metre

1/2
PRICE

\$45
ea
SAVE \$45
WAS \$90



Oral B Pro 300 Electric Toothbrush
1 Pack

\$13⁶⁵
ea
SAVE \$5.85
WAS \$19.50



Unlabelled Body Wash 1 Litre
\$1.37 per 100mL

1/2
PRICE

\$9⁵⁰
ea
SAVE \$9.50
WAS \$19



Schwarzkopf Extra Care
Shampoo or Conditioner 950mL
\$1.00 per 100mL

\$11
ea
SAVE \$5
WAS \$16



Tresemmé Shampoo
or Conditioner 940mL
\$1.17 per 100mL

\$4⁵⁰
ea
SAVE \$3
WAS \$7.50



Palmolive Liquid Hand Wash
Refill 1 Litre \$0.45 per 100mL



Upgrade to
Dove Advanced Care
Our best care.

1/2
PRICE

DOVE
Exclusions apply †

\$5⁷⁵
ea
SAVE \$5.75
WAS \$11.50



Dove Advanced Care
Antiperspirant Aerosol Deodorant
250mL \$2.30 per 100mL

\$8⁵⁰
ea
SAVE \$8.50
WAS \$17



Dove Body Wash 1 Litre
\$0.85 per 100mL

\$8⁵⁰
ea
SAVE \$8.50
WAS \$17



Dove Shampoo or Conditioner
820mL \$1.04 per 100mL

ADVERTISER PROMOTION

† Excludes Every Day, Down Down & clearance items

Great value. Hands down.



**1/2
PRICE**



\$3⁷⁰
ea

SAVE \$3.70
WAS \$7.40

Shower Power Citrus
Cleaner 500mL
\$0.74 per 100mL



NEW
at coles

\$11
ea

SAVE \$11
WAS \$22

Radiant Laundry
Capsules Stain Attack
26 Pack \$0.42 per each



\$12
ea

SAVE \$12
WAS \$24

Pedigree Dentastix 28 Pack
\$0.43 per each



\$13
ea

SAVE \$13
WAS \$26

Air Wick Aerosol-Free Automatic Spray
& Refill 228mL \$5.70 per 100mL



\$10¹⁵
ea

SAVE \$4.35
WAS \$14.50

Whiskas Oh So Cat Food 12x85g
\$1.00 per 100g



\$2⁴⁵
ea

SAVE \$1.05
WAS \$3.50

Nature's Gift Dog Food 700g
\$0.35 per 100g



\$5⁸⁵
ea

SAVE \$1.95
WAS \$7.80

4 Legs Natural + Wellness Boost
Meatball Dog Food Tray 870g
\$0.67 per 100g.
From the chilled pet food fridge



\$16¹⁰
ea

SAVE \$6.90
WAS \$23

Optimum Dry Dog Food
2.5kg-3kg

SA-METRO-0708-24-269712



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Whiskas Dry Cat Food 800g
\$0.70 per 100g



\$8
ea

SAVE \$2
WAS \$10

Temptations Cat Treats 180g
\$4.44 per 100g

Great value. Hands down.



Daily
Prize Draw
Bonus
Entry*

\$24⁵⁰
ea

SAVE \$11.50
WAS \$36

Supercoat Dry Dog Food 6.7kg-7kg
*See page 21 for T&Cs

\$14
ea

SAVE \$6
WAS \$20

Botanica by Air Wick Reed
Diffuser 80mL \$1.75 per 10mL

1/2
PRICE

\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Palmolive Ultra Dishwashing
Liquid 950mL \$0.45 per 100mL

\$12⁴⁰
ea

DOWN DOWN
WAS \$13.50
JUN 2024

Kleenex 3-Ply Complete Clean
Double Length Toilet Paper
12 Pack \$0.29 per 100 sheets

\$2²⁵
ea

SAVE \$1
WAS \$3.25

Earth Choice Dishwashing Liquid
500mL \$0.45 per 100mL

\$2⁷⁵
ea

SAVE 50¢
WAS \$3.25

Glad Cling Wrap 30 Metres
\$0.09 per metre

coles



When performance matters

\$3⁹⁰
ea

EVERY DAY

Ultra Laundry Booster & Soaker
1kg \$3.90 per kg

\$4⁵⁰
ea

EVERY DAY

Coles Ultra Laundry Sanitiser
1 Litre \$4.50 per litre

\$9
ea

EVERY DAY

Coles Ultra Laundry Powder
Concentrate 2kg \$4.50 per kg



ONLY
at **coles**

REFILLING REIMAGINED

KO*i* REFILLABLE FOAMING HAND WASH

NO ARTIFICIAL FRAGRANCES. NO ARTIFICIAL COLOURS. NO PARABENS. NO SULPHATES.



\$5⁶⁰
ea
SAVE \$2.40
WAS \$8

KO*i* Foaming Hand Wash
Tablets 80g \$7.00 per 100g



\$5⁶⁰
ea
SAVE \$2.40
WAS \$8

KO*i* Foaming Hand Wash
Starter Kit 40g
\$14.00 per 100g

Includes
2x Hand Wash
Tablets



40% OFF
PYREX
Exclusions apply ††



\$8^{ea}
SAVE \$6
WAS \$14

Pyrex Simply Store Glass Container 946mL
\$8.00 per each

40% OFF

40% OFF
BONDS
Exclusions apply †



\$14⁴⁰^{ea}
SAVE \$9.60
WAS \$24

Bonds Women's Hipster Bikini Brief 2 Pack
Assorted sizes & colours. 2nd week on sale

††Excludes clearance items. †Excludes Baby, Sanitary Protection, Big Pack Value & clearance items.

1/2 PRICE



\$7²⁵^{ea}
SAVE \$7.25
WAS \$14.50

Bic Mega Lighters 2 Pack
\$3.63 per each

\$15⁴⁰^{ea}
SAVE \$6.60
WAS \$22



NRG White Lightning Cable 1.2m
On sale for 2 weeks

\$24⁵⁰^{ea}
SAVE \$6.50
WAS \$31



Brita Maxtra Pro Pure Performance Water Filters 2 Pack \$12.25 per each

BIG PACK VALUE

62¢ PER BATTERY

\$31^{ea}

Duracell Coppertop Batteries AA 50 Pack \$0.62 per each.
While stocks last. No rainchecks

25¢ PER PAD

\$28⁵⁰^{ea}

U By Kotex Ultra Thin Pads with Wings 112 Pack \$0.25 per each.
While stocks last. No rainchecks

Flybuys
2,000 BONUS POINTS

\$100 & \$250 Coles Mastercard Gift Cards

\$100 + \$5 Activation Fee,
\$250 + \$7 Activation Fee.
In-store only



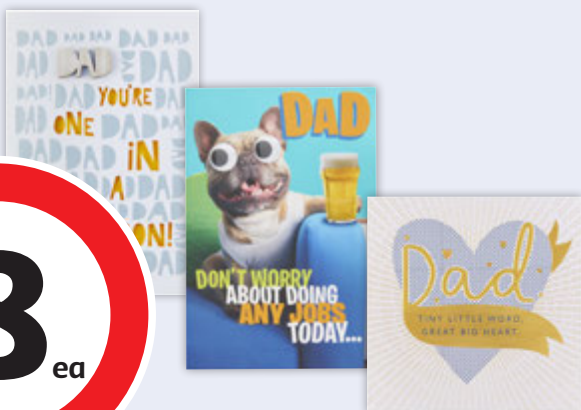
Limit 5 Gift Cards per Flybuys account. Offer valid from 7/8/24 to 13/8/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au), subject to store availability. Excludes \$50 Coles Mastercard Gift Cards. To qualify for this offer you must present your Flybuys card at the time of purchase. While stocks last, no rainchecks. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but can only be collected up to 5 times per Flybuys account. Gift Cards can't be used to purchase other Gift Cards at Coles. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au. Coles Mastercard gift cards are issued by Heritage and People's Choice Limited trading as Heritage Bank ABN 11 087 651 125, AFSL/ACL No. 244310 pursuant to a license from Mastercard International Incorporated. For Coles Mastercard Gift Card Terms of Use and Conditions, go to www.colesmastercardbalance.com.au.



Father's Day 1 September



\$8
ea



Hallmark \$8 Father's Day Card
Range may vary by store

\$20
ea



Licensed LED Light
While stocks last. No rainchecks



\$16
ea

AFL Puppy with Bandana 18cm



\$12
ea

Lagoon Toolbox Games

While stocks last. No rainchecks



\$6
ea

Licensed Socks



1/2 PRICE
\$9
ea
SAVE \$9
WAS \$18

Ferrero Raffaello 26 Pack
Gift Box 260g \$3.46 per 100g.
On sale for 2 weeks



1/2 PRICE
\$11
ea
SAVE \$11
WAS \$22

Cadbury Favourites 520g
\$2.12 per 100g



\$15
ea
SAVE \$7
WAS \$22

Lindt Lindor Gift Box 232g-235g



\$59_{ea}

SAVE \$20
WAS \$79

Telstra T-Essential

- 5" FWVGA+ display
- Rear camera (5MP with flash)



\$129_{ea}

RRP \$149

Motorola G04

- 6.6" 90Hz LCD display
- Rear camera (16MP with flash)






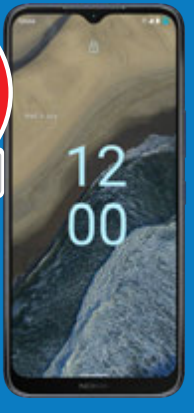
\$179_{ea}

SAVE \$50
WAS \$229

Nokia G11 Plus

- 6.5" HD+ display
- Dual rear camera (50MP+2MP)





\$199_{ea}

RRP \$229

Motorola G34 5G

- 6.5" 120Hz HD LCD display
- Dual rear camera (50MP+2MP)





Why choose us?



Australia's largest mobile network

We have Australia's largest 5G network and it's rapidly growing.



Continuous Data Rollover

Just recharge before expiry on selected recharges.



International calls

Capped mins from Australia to standard international numbers.



Set & forget with Auto Recharge

Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.

Boost \$35 SIM Pack



\$14_{ea}

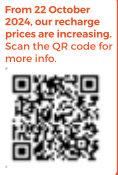
SAVE \$21
WAS \$35

28 Day Expiry

70GB

on activation. New Customers only. All for use within Aus.

ADVERTISER PROMOTION



From 22 October 2024, our recharge prices are increasing. Scan the QR code for more info.

\$15_{ea}

SAVE \$24
WAS \$39

JB Hi-Fi Mobile SIM Kit

50GB

30 DAY RENEWAL



JB HI-FI MOBILE SIM KIT STARTER PACK*
(includes 50GB on activation)

- 50GB for \$39 on first 2 recharges
- 30GB for \$39 from 3rd recharge onwards

*SIMs must be activated by 21st October 2024. Last recharge must occur by 22 December 2024. See further details below.

\$15_{ea}

SAVE \$20
WAS \$35

Telstra \$35 SIM Kit

- 60GB on activation
- 28 days expiry



Our recharge options are changing.

From 22 October 2024, our recharge prices are increasing. Scan QR code for more info.



\$25_{ea}

RRP \$55

Optus \$55 Prepaid SIM

- 80GB data on first 3 recharges, 28 day expiry

\$189_{ea}

RRP \$240

Coles Mobile \$240 Prepaid SIM

- 210GB data, 365 day expiry

\$10_{ea}

RRP \$30

Coles Mobile \$30 SIM

- 23GB data, 28 day expiry

\$99_{ea}

SAVE \$30
WAS \$129

Vodafone V Smart 2

- 6.3" HD+ display
- 13MP camera

General Devices: Excluding iPhones, all devices are Network Locked. Unlocking fees may apply. All included starter pack offers are included in device packaging. **General SIMs:** All value SIMs include first recharge applied on activation. All for use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Terms & Fair Go policies apply. Limit 5 per customer. **Telstra/Boost SIMs:** Bonus data on activations by 21/10/24.

colesmobile Score big data for the finals

Up to
500GB
data rollover

28 day
expiry

**coles
mobile**

\$25

22GB

- Unlimited standard national talk & text
- Unlimited standard International Calls to 15 selected destinations
- Up to 500GB data rollover



365 day
expiry

**coles
mobile**

\$195

140GB

- Unlimited standard national talk & text
- Unlimited standard International Calls to 15 selected destinations
- Up to 500GB data rollover



47GB for
22GB + 25GB bonus data
for first 3 recharges

\$10*
ea

SAVE \$15
WAS \$25

**Coles Mobile
\$25 Prepaid SIM**

***for first 28 days**

165GB for
140GB + 25GB bonus data

\$155*
ea

RRP \$195

**Coles Mobile \$195
Prepaid SIM**

***for first 365 days**

Switch today. Now that's smart.

All for use in Australia. Fair Go Policy applies. Ends 03/09/24. Activate by 31/10/24 to receive bonus data. New services only. Discounted price applies to SIM purchase only. **\$25 SIM offer:** Bonus data applies to first three recharges within 90 days of activation only, then reverts to standard data. T&Cs apply. **\$195 SIM offer:** For first 365 days only, recharges revert to standard price/data. T&Cs apply. **Data Rollover:** Accrue up to 500GB when you recharge before expiry. Go to colesmobile.com.au/terms for full terms.

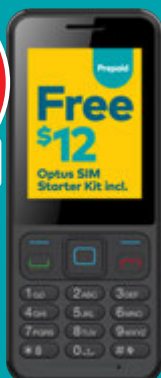
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Prepaid deals

Switch to Optus at Coles today



Optus X Lite 4
 • 4G network access
 • 2.4" display
 • Rear camera



Optus X Start 4
 • 5" display
 • 5MP camera
 • Octa-core processor



OPPO A58
 • FHD+ Sunlight display
 • 33W SUPERVOOC™
 • 5,000mAh battery



Optus Portable Modem
 • Fast download speed
 • Connect 30 users
 • 2,000mAh battery



Optus \$35 Prepaid SIM Starter Kit
 • On Optus Flex Plus get 40GB data on first three \$35 recharges
 • Unlimited talk & text in Australia
 • Roll over up to 200GB



yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Optus X Lite 4G, Optus X Start 4 and Optus Portable Modem offers end 13/8/24. OPPO A58 offer ends 20/8/24. Optus \$35 Prepaid SIM Starter Kit offer ends 27/8/24. **Free Prepaid SIM:** Included \$12 SIM for activation on available \$12 plans only. Included \$35 SIM for activation on available \$35 plans only. See optus.com.au/prepaidplans for full plan details. New services only. **\$35 SIM Starter Kit:** Includes \$35 recharge. After 3rd recharge \$35 gives you 20GB. New services only. **Data Rollover:** Accrue up to 200GB when you recharge before expiry. **Optus Portable Modem speed:** Actual speeds will vary depending on a range of factors. **50GB data free:** Included when you activate included SIM. 28 day expiry. **Compatibility:** Devices are network locked. For unlocking fees see optus.com.au/unlock To use SIM, device must be compatible with the Optus Network, see optus.com.au/compatibility **General:** Coverage varies, see optus.com.au/coverage For SIM offers, ongoing recharges revert to standard price.

ADVERTISER PROMOTION

Baby & Toddler



Converts to a table top

\$219_{pk}



Removable center cushioned seat pad

Foldable legs

Oribel Porta Play Activity Center

Child stage-based playtime, changes as your child grows. Transforms into a flat table top for toddler play. Includes 2x stools, 5x toys and 6x tray plugs.



Mosquito net

\$129_{ea}

Bopeep Portable Bassinet

Beside bed, crib or bassinet. Adjustable height, removable waterproof mattress cover and 4x lockable wheels.

Reversible chalkboard desktop

\$109_{pk}



Keezi Kids Desk and Chairs

Tabletop reverses to a chalkboard. 4x hidden storage compartments, safe air gap handles.



Easy to clean

Removable change table

\$189_{ea}



Keezi Baby Change Table

4x generously sized drawers, 4x open shelves. Smooth metal runners.

\$205_{ea}



Artiss Rock Wooden Single Bed Frame

Natural solid pine wood frame, plywood slats and reinforced bracket support. Fun house shape with side safety rails.

\$35_{ea}



Bopeep Kids Baby Safety Bed Rail

Breathable mesh barrier. Height adjustable, safety lock with quick release drop, and anti-collision, fits most mattresses. Includes 1x rail. Purchase 3x rails to surround a bed.

On sale Monday 05/08/24 to Sunday 18/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

Air gap
handles



\$149_{ea}

Oikiture Chest of Drawers

6x spacious drawer with air-gap handles. Durable 15mm particle board, powder-coated metal runners. Includes anti-tip kit.



\$175_{ea}

Oikiture Armchair with Ottoman

High back and armrest support. Plump and high density foam seat, quality fabric, splayed rubberwood leg design.



\$119_{ea}

Oikiture Chest of Drawers

Hamptons style. 3x spacious drawers. Durable 15mm particle board with 30mm thick top board.

Designed to clean
baby bottles and
toys safely



\$329_{ea}

Devanti Benchtop Dishwasher

Touch control. Insulated 5L water tank, 360° swivel arm sprayer. Removable cutlery basket and filter. Includes inlet and outlet hose set, no installation required.



\$109_{ea}

Accessories not included

Oikiture Kids Storage Cabinet

Portable box drawers, with 360° swiveling wheels to store toys. 1x open shelf for easy access to books and more.

On sale Monday 05/08/24 to Sunday 18/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

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Wise.
org.au

Penfolds®

DISCOVER THE
COLLECTION



\$12^{ea}

The Ned
Pinot Gris



\$45^{ea}

Penfolds
Bin 28 Shiraz
2022



**2
for
\$35**

De Bortoli Premium Sem Sauv Blanc & Premium Cabernet Merlot
4 Litre Casks Excludes Liqueur Muscat & Old Tawny

PRE-MIXED & CIDER



\$19^{ea}

Somersby Apple
Cider Bottles
6x330mL

**6
PACK**



\$22^{ea}

Kirin Hyoketsu
Cans 4x330mL

**4
PACK**



\$25^{ea}

Jameson Smooth
Dry & Lime Cans
4x375mL

**4
PACK**



\$33^{ea}

Jack Daniel's &
Cola Cans
6x375mL

**6
PACK**

Offers apply from 07/08/24 until 13/08/24 unless sold out prior. Prices may vary in regional areas. Some products and offers may not be available in all stores. Additional product restrictions and exclusions apply at Whyalla, Port Augusta and Rundle Mall. Purchase limits also apply in some stores. Savings are shown off the regular selling price across our South Australian Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured on the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

SPIRITS & LIQUEUR



\$50ea

Jagermeister
Herbal
Liqueur



\$55ea

Jack Daniel's
Whiskey



\$65ea

Singleton
Malt
Master's
Selection
Whisky



\$70ea

Olmea Altos
Reposado
Tequila

BEER



\$22ea

James Squire
150 Lashes
Pale Ale
Bottles
6x330mL

6
PACK



\$22ea

XXXX Gold
Cans
8x375mL

8
PACK



\$52ea

Balter Eazy
Hazy Cans
16x375mL

16
PACK



\$54ea

Pure Blonde Ultra
Low Carb Lager
Bottles
24x330mL

24
PACK



PRICE DROP

NOW
\$55ea

WAS \$58 (07/2024)

Kirin Ichiban
Bottles 24x330mL

24
PACK



\$56ea

Peroni Nastro
Azzurro
5% Bottles
24x330mL

24
PACK



\$60ea

Great Northern
Super Crisp
Lager Block Cans
30x375mL

30
PACK



2 for \$110

Hahn Super Dry
3.5 Block Cans
30x375mL

30
PACK

PRE-MIXED



\$43ea

Canadian Club
& Dry Cans
10x375mL

10
PACK



\$49ea

Wild Turkey
& Cola Cans
10x375mL

10
PACK



\$49ea

196 Double
Lemon &
Vodka Cans
10x330mL

10
PACK



\$56ea

Smirnoff
Ice Double
Black Cans
10x375mL

10
PACK

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



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