





John West Salmon Tempters 95g \$17.37 per kg



Gatorade or G Active Sports Drink 600mL \$3.33 per litre. *See page 12 for T&Cs



Kettle Crafted Collection 150g or Kettle Potato Chips 150g-165g



Cadbury Dairy Milk Block Chocolate 160g-190g



Morning Fresh Dishwashing Liquid 900mL \$0.53 per 100mL



Finish Ultimate Dishwashing Tablets 46 Pack \$0.59 per each. *See page 12 for T&Cs





Australian Green Zucchini







Nestlé Chocolate Bar 35g-50g or Reese's Cup 39g



Cadbury or Europe Bites 120g-160g



Cobs Microwave Popcorn 85g \$1.47 per 100g



Twisties, Burger Rings or Cheetos 80g-90g



Pascall Chocolate Bites 120g-185g or Pascall Marshmallows 280g



Ferrero Collection 15 Pack Giff Box 172g or Ferrero Rocher 16 Pack Giff Box 200g On sale for 2 weeks



Cadbury Favourites 340g \$2.35 per 100g



Lindt Cornet 327g-333g

DIET & SPORTS NUTRITION*

Exclusions apply †



Maxine's Burn Bar 40g \$3.75 per 100g



Clif Energy Bar 68g \$2.57 per 100g



BSc Bodyscience High Protein Low Carb Bar 60g \$3.75 per 100g



BSc Bodyscience Soft Protein Bar 55g \$4.09 per 100g



Muscle Nation Custard Protein Bar 60g \$3.75 per 100g



Muscle Nation Cheesecake Protein Bar 50g \$4.50 per 100g



\$240
SAVE \$2.40
WAS \$4.80

Quest Protein Bar 50g-60g

\$250
SAVE*2.50
WAS \$5

ATP Science Collagen Bar 50g-60g

†Excludes Every Day, Down Down & clearance items

*Offer only applicable to diet and sports nutrition within the Health Food category. All weight management products on this page are only beneficial in conjunction with sensible lifestyle factors including diet and exercise.

These products may not be right for you. Read the label before purchase.

DIET & SPORTS NUTRITION*

Exclusions apply †



BSc Bodyscience Energy Drink 500mL \$4.30 per litre



Muscle Nation Energy Drink 500mL \$4.50 per litre



Musashi Energy Drink 500mL \$4.50 per litre



Atkins Low Carb Protein Shake 330mL \$6.82 per litre



Muscle Nation Sparkling Protein Water 330mL \$7.58 per litre



BSc Bodyscience Protein Water 355mL \$7.04 per litre



C4 Smart Energy Drink 473mL \$5.81 per litre



Crankt Premium Protein Shake 400mL \$6.88 per litre



OxyShred Ultra Energy Drink 355mL \$8.45 per litre

†Excludes Every Day, Down Down and clearance items

*Offer only applicable to diet and sports nutrition within the Health Food category. All weight management products on this page are only beneficial in conjunction with sensible lifestyle factors including diet and exercise.

These products may not be right for you. Read the label before purchase.

VITAMINS, DIET & SPORTS NUTRITION*

Exclusions apply †



Centrum Advance Multivitamins or Advance 50+ Tablets 100 Pack^ \$12.00 per 100 each



Inner Health On The Go Probiotics Capsules 40 Pack or Inner Health Plus Double Strength Probiotics Capsules 20 Pack[^]



Blackmores Executive B Stress Formula Tablets 125 Pack[^] \$16.00 per 100 each



Blackmores Super Magnesium+ Tablets 180 Pack^ \$12.50 per 100 each



Naturopathica Fat Blaster Weight Loss Shake 465g \$3.01 per 100g



Nature's Way Instant Natural Protein Powder 400g \$3.50 per 100g



Athena Protein Shake + Iron Chocolate 450g \$4.44 per 100g



Rapid Loss Meal Replacement Shake 740g \$2.70 per 100g



Pilot Protein Weight Reset Shake 770g \$3.57 per 100g

†Excludes Berocca 15 Pack, Berocca 45 Pack, Berocca 250mL, Every Day, Down Down & clearance items

*Offer only applicable to diet and sports nutrition within the Health Food category. All weight management products on this page are only beneficial in conjunction with sensible lifestyle factors including diet and exercise. ^These products may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

DIET & SPORTS NUTRITION*

Exclusions apply †



Macro Mike Powdered Peanut Butter 156g \$5.13 per 100g



BSc Bodyscience Pure Creatine 200g \$7.00 per 100g



Vital Strength Protein Powder **450g** \$3.78 per 100g



Amazonia Raw Protein Isolate 390g \$4.62 per 100g



Musashi Pre Workout Powder **225g** \$8.89 per 100g



Musashi Creatine Unflavoured 350g \$6.43 per 100g



Cellucor C4 Sport Powder 285g \$8.42 per 100g



BSc Bodyscience Protein Powder 800g-900g



Musashi P30 High Protein Powder 900g \$3.61 per 100g

†Excludes Every Day, Down Down and clearance items

*Offer only applicable to diet and sports nutrition within the Health Food category. All weight management products on this page are only beneficial in conjunction with sensible lifestyle factors including diet and exercise.

These products may not be right for you. Read the label before purchase.

VITAMINS

Exclusions apply †



Voost Effervescent Tablets 20 Pack \$27.50 per 100 each



Cenovis Sugarless C 500mg Tablets 300 Pack \$3.08 per 100 each



Berocca Energy Effervescents 30 Pack \$31.67 per 100 each



Caltrate Bone & Muscle Health or Bone & Muscle Health 50+ 100 Pack \$10.50 per 100 each



Nature's Way High Strength Magnesium Tablets 150 Pack or Adult Vita Gummies Vitamin C 120 Pack



Nature's Way Adult Vita Gummies Women's Multivitamins 100 Pack or Multivitamins 120 Pack



Nature's Own Glucosamine Sulfate with Chondroitin Tablets 200 Pack \$8.50 per 100 each



Blackmores Probiotics+ Daily Health or Immune Defence Capsules 30 Pack \$58.33 per 100 each



Life-Space Probiotic for 60+ Years Capsules 40 Pack \$45.00 per 100 each



Blackmores Omega Mini Double Concentrate Capsules 200 Pack \$9.50 per 100 each



Swisse Ultiboost Vitamin D Capsules 400 Pack \$4.94 per 100 each



\$24.75 SAVE \$24.75 WAS \$49.50

Swisse Ultiboost Magnesium Tablets 200 Pack \$12.38 per 100 each. On sale for 2 weeks

*See page 12 for T&Cs

†Excludes Berocca 15 Pack, Berocca 45 Pack, Berocca 250mL, Every Day, Down Down & clearance items

This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

VITAMINS

Exclusions apply †



Cenovis Chewable Mega C 1000mg Berry Tablets 60 Pack^ \$12.08 per 100 each



UltraLife Effervescent Tablets 60 Pack^ \$25.00 per 100 each.
On sale for 2 weeks



Nature's Own Vitamin B12 1000mcg Tablets 150 Pack^ \$12.00 per 100 each



Ostelin Calcium DK2 Tablets 60 Pack^ \$34.17 per 100 each



Swisse Ultivite Multivitamins 50+ Tablets 60 Pack* \$37.50 per 100 each Op sale

\$37.50 per 100 each. On sale for 2 weeks. +See page 12 for T&Cs



Life Botanics Vitality Greens 450g^ \$5.56 per 100g

†Excludes Every Berocca 15 Pack, Berocca 45 Pack, Berocca 250mL, Every Day, Down Down & clearance items



Colgate Advanced Tartar & Whitening or Max Fresh Toothpaste 200g \$2.50 per 100g. *See page 12 for T&Cs



Lynx Antiperspirant Aerosol Deodorant or Body Spray 165mL \$2.42 per 100mL



Hismile Barbie or Wonka Chocolate Flavoured Toothpaste 60g \$12.50 per 100g



Oral B Pro 1500 Electric Toothbrush 1 Pack

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.



White King Power Toilet Gel 700mL \$0.43 per 100mL



Fluffy Concentrated Fabric Conditioner 900mL-1 Litre



Morning Fresh Dishwashing Liquid 900mL \$0.53 per 100mL



Finish Dishwasher Deep Cleaner 250mL \$2.10 per 100mL. *See page 12 for T&Cs



Sard Stain Remover 900g-1kg



Radiant Laundry Liquid 2 Litre or Powder 2kg



Pine O Cleen Disinfectant Wipes 150 Pack \$0.05 per each



Pine O Cleen Platinum
Anti-Bacterial Laundry Sanitiser
2 Litre \$6.50 per litre

*See page 12 for T&Cs



Biozet Attack Plus Laundry Liquid 2 Litre or Powder 2kg















Campbell's Country Ladle or Chunky Soup 495g-505g



The Spice Tailor Indian Curry Kit 225g-300g



Heinz Seriously Good Mayonnaise or Aioli 500mL \$0.83 per 100mL



Gold Sunset Canola Oil 2 Litre \$0.43 per 100mL. On sale for 2 weeks



Maharajah's Choice Basmati Rice 5kg \$0.23 per 100g



Daily Prize Draw Bonus Entry

- 1 Spend \$20 in store or online in one transaction
- 3 Scan your registered Flybuys
- flybuys

- 2 Buy any selected product from a participating brand
- 4 Earn a bonus entry for your chance to win





















































*Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. To receive an automatic entry into the competition, entrants must spend \$20 or more in-store or online in one transaction (after savings and discounts have been applied) and scan their Flybuys during the competition period. Limit of one Bonus entry applies per brand, per transaction. A limit of one bonus entry per nominated Coles participating product type also applies. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, Coles Online business customers, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. A Year's Worth of Groceries valued at \$13,500 AUD per winner, and Sports Fan Pack valued at \$7,300 AUD per winner. For full terms & conditions visit coles.com.au/winter-of-sports-terms
Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706.

BIG PACK VALUE



Morning Fresh Dishwashing Liquid 3 Pack \$4.67 per each



Biozet Attack Plus Laundry Liquid 3 Litre \$5.00 per litre



Bonds Cushioned Low Cut Socks 7 Pack



Huggies Thick Fragrance Free Baby Wipes 640 Pack \$3.91 per 100 each



Rascals Premium Nappies 100 Pack-136 Pack



Omo Laundry Powder 5kg \$6.80 per kg



Finish Ultimate Plus Dishwashing Tablets 90 Pack \$0.50 per each



Pedigree Dry Dog Food 15kg \$0.31 per 100g

While stocks last. No rainchecks



Sistema Ultra Containers 7 Pack \$7.00 per each





Australian Navel Oranges



Australian Afourer Mandarins



Additional blood cranges



Coles Australian Mini Mandarins 850g Pack \$3.41 per kg



Australian Loose Lemons Single sell for \$1.20. \$1.00 per lemon when you buy 3

*See page 12 for T&Cs



Coles Australian Unique Selection Mandarins 800g Pack \$5.63 per kg

100% Aussie Gourmet Tomatoes Coles Australian Gourmet Tomatoes 1kg Pack or Loose \$4.90 per kg



Coles Australian Baby Beetroot 250g Pack \$10.00 per kg



Coles Australian Family Broccolini Pack



Australian Envy Apples



Green KiwifruitSingle sell \$1.00.
\$0.80 per kiwifruit when you buy 5



Queensland Premium Strawberries 350g Punnet \$17.14 per kg



Coles Dry Roasted, Natural, Honey Roasted or Roasted & Salted Cashews 400g Pack \$20.00 per kg







Coles RSPCA Approved Chicken Stir Fry 600g \$14.17 per kg



Coles RSPCA Approved Chicken Mac & Cheese Schnitzel 300g \$20.00 per kg. On sale for 2 weeks



Coles Australian Lamb Cutlets



Coles Australian No Added Hormones Beef Roast Topside



Coles Australian No Added Hormones Beef Rump Steak 500g \$22.00 per kg



Coles Beef or Lamb Kebabs 450g \$16.67 per kg. On sale for 2 weeks







Coles Hot Roast RSPCA Approved Chicken Selected stores only#



Hans Chorizo Selected stores only#



Hans Hungarian Salami Selected stores only#



Jarlsberg Swiss Sliced Cheese On sale for 2 weeks. Selected stores only#



Primo Rindless Short Cut Bacon Selected stores only#



Coles Free Range Carved Roast RSPCA Approved Chicken Breast 200g \$32.50 per kg. 2nd week on sale





Coles Simply Hamburger Rolls 6 Pack 540g or Hot Dog Rolls 6 Pack 450g

Coles Bakery Stone Baked Turkish Loaf, Ciabatta Loaf or Sourdough **Baguette** Selected stores only

Coles Bakery Stone Baked by Laurent Sourdough Vienna 2nd week on sale. Selected stores only

*See page 12 for T&Cs



Don Deli Cuts 80g-100g



Coles Bakery Continental Rolls 3 Pack or 4 Pack 2nd week on sale. Selected stores only



Coles Bakery Pizza Roll 2 Pack \$1.75 per each. Selected stores only





Golden Crumpet Rounds 6 Pack 300g \$0.73 per 100g

10c donation to Redkite for packs of Mr Kipling products sold at Coles supermarkets or online at www.coles.com.au from 31/7/24 - 27/8/24 (up to a total maximum donation of \$35,000). Donated by Premier Foods Group Ltd. Subject to availability & whilst stocks last.





Coles Bakery Iced Donuts 6 Pack \$0.54 per each. Selected stores only



Coles Vanilla Koala Cake 583g \$2.49 per 100g. On sale for 2 weeks





Coles Mini Danish Selection 8 Pack \$0.61 per each. Selected stores only



Coles Bakery Apple or Banoffee **Turnover** From the Patisserie fridge. Selected stores only



Tip Top Raisin Toast 520g-600g On sale for 2 weeks



Tip Top Pizza Base 2 Pack 440g \$0.91 per 100g





Coles Tasmanian Fresh Salmon Portions Skin On 2nd week on sale. Selected stores only#



Coles Thawed Basa Fillet Selected stores only#



Coles Australian MSC Thawed Raw Banana Prawns Selected stores only#



Coles Raw Peeled Prawn Cutlets Selected stores only#



Coles Tasmanian Teriyaki Salmon **Portions 325g** \$43.08 per kg. From the Meat department. +See page 12 for T&Cs



Tassal Smoked Salmon 250g \$64.00 per kg

*For locations of Deli counter stores visit coles.com.au/range-availability





Pick up

AUSTRALIA'S FAVOURITE PASTA & SAUCE*

Latina Pasta Sauce 425g \$1.29 per 100g

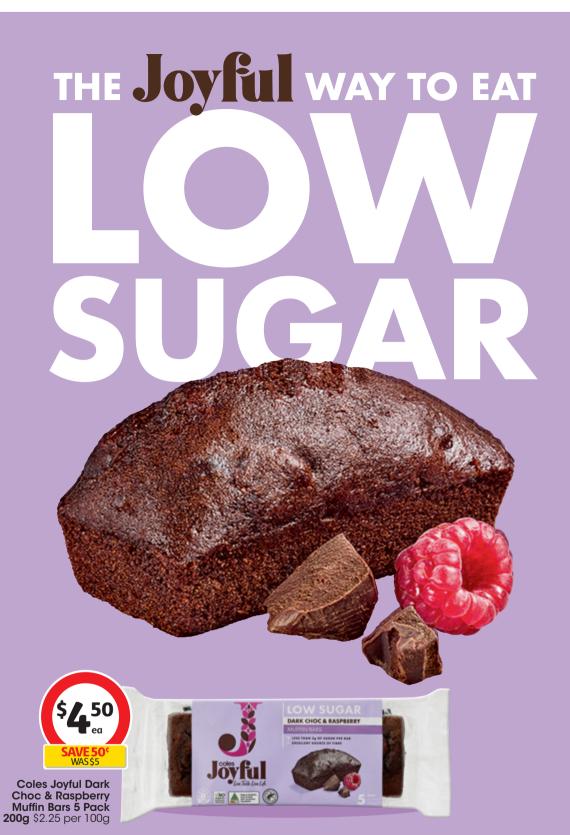




*Source: Nielsen Scantrack, Fresh Pasta and Sauce, MAT 04/07/2023, Value Market Share

ADVERTISER PROMOTION

Latina Filled Pasta 625g \$1.28 per 100g



Love Taste. Love Life. The NEW Coles Joyful Dark Choc Raspberry Muffin Bars are the joyful way to snack with less than 2g of sugar each and an excellent source of fibre. Available now in the bakery section at Coles.



LESS THAN 2g SUGAR PER BAR







Pepsi Max or Solo Soft Drink 24x375mL \$2.21 per litre. +See page 12 for T&Cs



Schweppes Mixers, Mineral Water or Soft Drink 1.1 Litre \$1.64 per litre



Monster Energy Drink 500mL \$5.60 per litre



Red Bull Energy Drink 4x250mL \$7.20 per litre



Lipton Iced Tea Cans 6x240mL or T2 Iced Tea 4x240mL



Raw C Coconut Water 1 Litre \$3.30 per litre. On sale for 2 weeks QLD-METRO-1408-24-270050



Nexba Kombucha 1 Litre \$4.60 per litre



Golden Circle Juice 2 Litre \$1.75 per litre. Excludes Pineapple, Grape, Orange & Orange and Mango



Frantelle Still Water **24x600mL** \$0.94 per litre



Coca-Cola, Fanta or Sprite Soft Drink 1.25 Litre \$1.84 per litre



Coca-Cola, Fanta or Sprite Soft Drink or Mt Franklin Lightly Sparkling Water 10x375mL \$3.04 per litre



Coca-Cola Soft Drink 30x375mL \$2.52 per litre



The Natural Confectionery Co. 130g-230g, Sour Patch 190g or Pascall Candy 180g-300g



Mars, Nestlé or Skittles Funsize 127g-192g



Cadbury Sharepacks 120g-180g







Nutella Cream Biscuits 193g \$2.18 per 100g



Arnott's Shapes Crackers 130g-190g +See page 12 for T&Cs



Arnott's Multipack Tiny Teddy or Bluey Biscuits 168g-200g On sale for 2 weeks



Arnott's Vita-Weat Crispbread 250g \$1.20 per 100g



Pringles Potato Crisps 118g-134g



Calbee Harvest Snaps Big Share Bag 230g \$2.61 per 100g





Eclipse Mints 40g \$8.00 per 100g



Cadbury Chocolate Bar 30g-55g



Lindt Excellence or Lindor Block Chocolate 80g-100g



Arnott's Mint Slice or TeeVee Biscuits 175g-200g



Cheezels 125g \$2.00 per 100g



Doritos Corn Chips 150g-170g



Cheezels or Parkers Pretzels 6 Pack or **Grainwaves 5 Pack**



Tyrrells Crisps 165g \$2.73 per 100g





Nestlé Milo 1kg or Milo Pro 700g



Moccona Freeze Dried Instant Coffee 200g \$6.75 per 100g



L'or Nespresso Compatible Coffee Capsules 10 Pack \$0.55 per each



Vittoria Coffee Beans 500g \$3.50 per 100g



Grinders Coffee Beans 1kg \$2.80 per 100g



Nescafé Blend 43 500g \$3.60 per 100g. *See page 12 for T&Cs

Shop online for even more savings

Lower the cost of your weekly shop with exclusive specials you can only get online.



coles.com.au





SPC Baked Beans or Spaghetti 4x220g \$0.59 per 100g



Patak's Curry Paste 283g-315g



Coles Coconut Milk 400mL \$0.24 per 100mL



Green's Premium Baking Mix 380g-630g



Nestlé Baking Chocolate Melts or Bits 200g-290g





Kellogg's Nutri Grain 470g, Coco Pops Chex 500g or Sultana Bran 700g



Kellogg's LCMs or Nutri Grain 5 Pack 100g-110g



Carman's Protein Bars 150g-200g 2nd week on sale



Weet-Bix Bites 500g-510g



Nestlé Milo Cereal 350g or Uncle Tobys Plus 410g-435g



Fibre One Bars 100g-120g or Nature Valley Bars 252g



Dolmio Extra Pasta Sauce 490g-500g





Old El Paso Mexican Hard 'N Soft Taco Kit 560g \$1.93 per 100g



Campbell's Real Stock 1 Litre \$0.35 per 100mL. On sale for 2 weeks





La Española Olive Oil 500mL \$2.20 per 100mL



Red Island Extra Virgin Olive Oil 1 Litre \$2.00 per 100mL



Instant Win

*Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. Spend \$20 in one transaction in-store only at Coles (after savings and discounts have been applied) and scan your Flybuys. All instant win prize winners will be notified instantly on their shopping docket or on screen upon winning a prize. Instant win prize money can be used instore only and available to use until 9/11/24. Limit of one instant win prize per day per Flybuys account. \$20 spend excludes Coles Express, Coles for business customers, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Instant win prize money cannot be used to purchase gift cards, iTunes cards, tobacco and tobacco-related products. For full terms & conditions visit coles.com.au/winterof-sports-terms

Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706



Bag more value with the **Coles Rewards Mastercard**

With a Coles Rewards Mastercard you'll collect 50,000 Flybuys points when you spend \$3,000 on eligible purchases within 3 months from approval. Öffer ends 5 November 2024.

Learn more

coles credit cards

Credit criteria, fees, charges, terms and conditions apply. Individuals must be 18+ and a Flybuys member. Offer available to new Coles Credit Card customers only and is not available with any other offer. You will receive 50,000 Bonus Flybuys Points when you apply for a Coles Rewards Mastercard by 5 November 2024, are approved and then spend \$3,000 or more on eligible retail purchases (excluding Cash Advances, Balance Transfers, Special Promotions, purchases of foreign currency and travellers cheques, transactions made in operating a business, bank fees and charges such as interest and ATM charges, refunds and chargebacks) in the first 3 months of the Account approval date (spend period). Please note, purchases must be processed and charged to your account within the spend period. You will receive the Bonus Flybuys Points within 4 weeks of meeting the required \$3,000 spend, credited to the Flybuys Membership Account linked to your Coles Mastercard. Include your Flybuys number on your application to receive this offer. This offer cannot be used in conjunction with any other offer. Your Coles Mastercard needs to be in good standing (for example – your account is not in default, suspended or closed) for the Bonus Flybuys Points to be awarded. This offer is not available when closing or transferring from another Coles branded credit card account or in conjunction with any other Coles branded credit card offer. Points will be forfeited if you close your Account before we instruct Flybuys to credit them to your Flybuys Membership Account. Standard Flybuys terms and conditions apply and are available when closing or transferring from another Coles branded credit card account of in conjunction with any other Coles branded credit card offer. Points will be forfeited if you close your Account before we instruct Flybuys to credit them to your Flybuys Membership Account. Standard Flybuys terms and conditions apply and are available when closed your Account before we instruct Flybuys to credit them to your Flybuys Membershi





Dairy Farmers Thick & Creamy Yoghurt 550g-600g



Danone YoPro Protein Yoghurt 160g \$1.38 per 100g

YoPRO YoPRO PROTEIN 15 50 **EVERY DAY**

Danone YoPro Protein Yoghurt 700g \$1.07 per 100g

Brownes Dairy Wiggles Yoghurt Pouch 90g \$1.11 per 100g

*See page 12 for T&Cs



Vaalia Probiotics Yoghurt 4x150g \$0.70 per 100g



Jaina Greek Yoghurt 1kg \$0.65 per 100g



Yoplait Yoghurt 1kg \$0.44 per 100g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.





Dare Flavoured Milk 750mL \$5.60 per litre



Nudie Juice 2 Litre \$3.40 per litre. Excludes Orange Juice



Oak Flavoured Milk 600mL \$5.00 per litre



Rokeby Farm Smoothies 425mL \$8.47 per litre. On sale for 2 weeks



Primo Rindless Streaky Bacon 200g \$28.50 per kg



La Famiglia Garlic Bread Slice 270g \$1.48 per 100g QLD-METRO-1408-24-270050



Western Star Spreadable Blend 375g \$1.28 per 100g



Flora Margarine 500g \$0.90 per 100g





Bega Cheese Block, Grated or Slices 250g \$24.00 per kg



Cheer Cheese Slices **500g** \$20.00 per kg. On sale for 2 weeks



Mersey Valley 235g \$29.36 per kg



Mil Lel Parmesan Cheese 170g \$36.47 per kg



Yumi's Classic Dip 200g \$1.75 per 100g QLD-METRO-1408-24-270050



400g-444g



Ready Chef Lasagne 1.9kg \$0.68 per 100g



Rana Filled Pasta 300g-325g







Streets Magnum 4 Pack-6 Pack 330mL-428mL +See page 12 for T&Cs



Bulla Multi Packs 8 Pack-14 Pack 400mL-750mL



Peters Drumstick 4 Pack-6 Pack 475mL-490mL +See page 12 for T&Cs. On sale for 2 weeks



Ben & Jerry's Tub 427mL-465mL +See page 12 for T&Cs



The Sweetporium Co Ice Cream 1 Litre \$0.80 per 100mL



Coles Irresistible Ice Cream 4 Pack 400mL \$1.25 per 100mL



Häagen Dazs Mini Tub 4 Pack 380mL \$2.63 per 100mL

Catalogue on sale Wed 14th Aug until Tue 20th Aug 2024 or until Tue 27th Aug where indicated. Selected specials commenced Wed 7th Aug. Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles online, Coles Local, Coles Brisbane CBD, Express Myer, Tweed City, Tweed Heads, Banora Central and Banora Point. Deli promotions are not available at Coles Ormeau, Nerang Fair, Upper MT Gravatt, Murrumba Downs, Helensvale, Everton Park, Strathpine Westfield, Benowa, Waterford, Mt Warren Park, Caneland (Mackay), Mudgeeraba, Upper Coomera, Pelican Waters, Aspley, Edmonton, Jindalee & Springfield. Savings, single sell prices and unit prices shown are off Queensland regular selling prices. Some advertised products may already be priced below the Queensland selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.





Dr Oetker Ristorante Pizza 310g-390g Excludes Pomodori Vegan Variant



Pacific West Cocktail Spring Rolls 1kg \$0.75 per 100g



Patties Party Pack 30 Pieces 1.25kg \$1.15 per 100g. +See page 12 for T&Cs



McCain Pizza Slices 2 Pack 600g \$1.17 per 100g QLD-METRO-1408-24-270050



FroPro Protein Pizza 325g \$3.06 per 100g



Coles Simply Mixed Vegetables 1kg \$2.80 per kg

EVERY DAY





Herbert Adams Slow Cooked Beef Pies 2 Pack 400g-420g



Super Nature Wellness Meal 350g \$1.49 per 100g



On The Menu Plated Meal 320g \$1.75 per 100g. 2nd week on sale



Lean Cuisine Dinner Meal 375g \$1.49 per 100g

WAS\$5.80

McCain Quick Cook Chips 750g \$6.13 per kg



Family Faves Chicken Tenders or Chips 1kg \$10.40 per kg



Rascals Premium Jumbo Nappies 64 Pack-96 Pack



Nestlé Nan Optipro Stage 3 Milk Drink 800g \$2.50 per 100g



Alula Gold Stage 3 Toddler or Stage 4 Junior Milk Drink 900g \$2.54 per 100g



Huggies Bulk Nappy Pants 24 Pack-36 Pack



Huggies Baby Wipes Coconut Oil or Fragrance Free 240 Pack \$4.46 per 100 each



Bunjie Baby Born to Be Mild Top to **Toe Wash 500mL** \$2.40 per 100mL







Buy any DryNites Night Time Pants & scan your Flybuys

After every 5th item you purchase, the next one is FREE before 31st January 2025

*Offer available in-store or online, on single or multiple visits, until Fri 31 Jan 2025.

Subject to store availability. Excludes Coles Express and any 3rd-party ordering platforms. Flybuys members only. No rainchecks. See www.drynites.com.au/drynites-flybuys for full terms and conditions.

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ADVERTISER PROMOTION



Monday Shampoo or Conditioner 354mL \$1.41 per 100mL



Revion Colorsilk Hair Colourant 1 Pack



Herbal Essences Classic Shampoo or Conditioner 400mL \$1.75 per 100mL



Olay Luminous Niacinamide + Vitamin C Super Serum 30mL or Moisturiser 50g



Revion Illuminance Serum Tint 28mL \$6.96 per 10mL

†Excludes clearance items



Bondi Sands Aero Express Tanning Foam 225mL \$7.20 per 100mL







Rexona Antiperspirant Aerosol Deodorant 250mL \$2.38 per 100mL



Nivea Men Protect & Care Face Wash 150mL or Face Scrub 125mL On sale for 2 weeks



Listerine Freshburst or Freshburst Zero Mouthwash 500mL \$0.96 per 100mL



Sensodyne Daily Care Toothpaste 100g^ \$5.80 per 100g



Sensodyne Sensitivity & Gum Whitening Toothpaste 100g \$7.35 per 100g



U By Kotex Ultra Thin Pads with Wings Regular 14 Pack or Super 12 Pack



Tom Organic Regular Tampons 16 Pack or Regular Pads 10 Pack

^This product may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional.



Friskies Dry Cat Food 1kg \$0.56 per 100g



Felix Cat Food 12x85g \$0.98 per 100g



Schmackos Dog Treats 500g \$2.38 per 100g



Supercoat Dry Dog Food 2.6kg-2.8kg +See page 12 for T&Cs



Handee Ultra Paper Towel 3 Pack \$2.22 per 100 sheets



McLintocks Vanilla Fresh Wipes 100 Pack \$7.00 per 100 each



1/2 PRICE DÉCOR MICROSAFE

Exclusions apply †



Décor Microsafe Easy Heat Container 800mL \$3.25 per each



Décor Microsafe Easy Heat Container 900mL \$3.25 per each

†Excludes clearance items



Décor Microsafe Easy Heat Containers 900mL 3 Pack \$2.75 per each



Papermate Kilometrico Pens 10 Pack On sale for 2 weeks



NRG Wall Charger Dual USB-A
1 Each 2nd week on sale





Weber BBQ Briquettes 4kg \$0.21 per 100g



\$**8**ea

Hallmark \$8 Father's Day Card Range may vary by store



Licensed Metal Signs



Dad Jokes Game



\$100 and above of the following Gift Cards: Gift To Dine, RedBalloon, Restaurant Choice, Event Cinemas and Flight Centre Gift Cards when you swipe your Flybuys card at the checkout.

Flight Centre: \$200 + \$6.95 Issuing Fee Excludes Variable Load. In-store only











Limit 5 Giff Cards per Flybuys account. Offer valid from 14/8/24 to 20/8/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au), subject to store availability. To qualify for this offer you must present your Flybuys card at the time of purchase. While stocks last, no rainchecks. Excludes \$30, \$50 and Variable Load Giff Cards. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but can only be collected up to 5 times per Flybuys account. Gift Cards can't be used to purchase other Gift Cards at Coles. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au.





Coles Mobile \$195 Prepaid SIM

- 140GB + 25GB bonus data on first 365 day
- · 365 day expiry



Optus \$35 Prepaid SIM Starter Kit

· 20B + 20GB bonus data on first 3 Optus Flex recharges, 28 day expiry



Optus \$55 Prepaid SIM Starter Kit

· 40GB + 40GB bonus data on first 3 Optus Flex recharges, 28 day



Amaysim \$40 Starter Pack

80GB data every 28 days



Telstra Motorola G34 5G

- 6.5" 120Hz HD LCD display
- 50MP dual camera



Telstra Samsung Galaxy A05s

- 6.7" Full HD+TFT display
- 50MP camera



Telstra T-Pro

- 6.52" IPS HD+ display13MP triple camera



Lebara \$29.90 Starter Pack

35GB + 35GB activation bonus data, 30 day expiry



Vodafone V Smart 2

- 6.3" HD+ IPS display13MP dual camera

General Devices: Excluding iPhones, all devices are Network Locked. Unlocking fees may apply. All included starter pack offers are included in device packaging. **General SIMs:** All value SIMs include first recharge applied on activation. All for use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Terms & Fair Go policies apply. **Coles Mobile:** Activate by 31/10/24 for bonus data offers. **Optus:** After 3rd recharge, reverts to standard data inclusion. **Lebara:** Activate by 5/11/24 for bonus data on activation, ongoing \$29,90/35GB/30days. **amaysim:** Promo price valid till 20/8, ongoing is \$40/80GB/28 days autorenewing. Speed caps apply. Coverage in selected areas.

Why choose us?





Australia's largest mobile network

We have Australia's largest 5G network and it's rapidly growing.



International calls

Capped mins from Australia to standard international numbers.



Continuous Data Rollover

Just recharge before expiry on selected recharges.



Set & forget with Auto Recharge

Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.



Telstra \$45 SIM Kit

- 80GB on activation
- · 28 days expiry
- For new customers only





Telstra Lite 3

- 2.4" display
- 1.3MP rear camera
- Bluetooth





Telstra \$55 SIM Kit

100GB on activation



28 days expiry

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Our recharge options are changing.
From 22 October 2024 our recharge prices are increasing.
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- •Connect up to 10 Wi-Fi enabled devices
- •5GB included to use in Australia within 28 days





Starter Pack

Includes SIM

card, 40GB +

& texts in Aus

Unlimited calls



BBLONG





iPhone XR





12 Month Warranty with 30 day guarantee

FREE \$2 Boost SIM with every phone

iPhones are unlocked. Colour availability varies per store

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Lockable doors, adjustable or removable shelves and 6x hooks. W65 x H173 x D37cm.



Outdoor Storage Box

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AGM Deep Cycle 170AH Battery

Perfect for campers, trucks, 4x4's, off-grid systems, solar and camping. Maintenance free, long life span with tough construction. Consistent fast charging and enhanced endurance. Advanced fibreglass mats.



Giantz Tool Box 816 Pieces

Durable aluminium trolley case, telescopic handle. Dual lock and key latches with 2x keys, roller wheels for easy transportation.



Leier LED Solar Flood Light

 $5x\,settings, polysilicon\,solar\,panel.\,Auto\,turn\,on.\,Radar\,motion\,detection, large battery capacity.$



Welba Stone Granite Sink

 $\label{thm:composite} Granite stone composite, We ar and scratch-resistant. \\ Anti-corrosion, anti-bacterial. Oil and water proof. \\$

On sale Monday 12/08/24 to Sunday 25/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

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Multi-purpose use. Premium aluminium alloy, rust-resistant, easy to carry, non-slip rubber feet, steady steps, durable nylon fittings.



Traderight 5 Step Ladder

5x wide steps with anti-skid grooves. H189cm.



Industrial strength steel construction. Z-bracing for added strength and stability. 4x racks with adjustable height. Reinforced frame, rust-resistant coated finish. Comes with 16x safety plugs.



3x storage trays. High tensile cold-rolled steel frame, powder coated finish, convenient tool bracket, durable



Instahut Marquee 3x9m

UV resistant and waterproof, 2x door panels with zip and 6x window panels. Includes carry bag, ropes and pegs.



Traderight Tools Storage Rack

2" castor with brakes.

40x slots, bottom grooves and grid keeps tools from moving. Sturdy wheels for easy mobility.

On sale Monday 12/08/24 to Sunday 25/08/24. Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

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LIQUORLAND



PRE-MIXED & CIDER







Kraken Spiced Rum & Cola Cans 4x330mL



PACK

Kentucky Bourbon Double Serve & Cola Cans 6x375mL



SPIRITS & LIQUEUR









Offers apply from 14/08/24 until 20/08/24 unless sold out prior. Specials not available through Liquorland Yamba, Narrabri, Tweed Heads, Banora Point, Murwillumbah, Lismore, Goonellabah, Moree, Inverell, Casuarina. Prices may vary in regional areas. Some products may not be available in all stores. Savings are shown off the regular selling price across our Queensland Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd or Queensland Venue Company Pty Ltd and its subsidiary entities. To view our terms and conditions including licence numbers visit www.liquorland.com.au

Little Creatures Pacific Ale Cans



PACK

Pure Blonde Cans 8x375mL



Kaiju Aftermath **Double IPA Cans** 4x375mL





Asahi Super **Dry 5% Bottles** 12x330mL

\$50_{ea}

Mountain Goat Wop Wops NZ Pale Ale Cans 18x375mL

2 for \$106



XXXX Gold **Block Cans** 30x375mL

Great Northern Original Lager Block Cans 30x375mL

2 for \$128

WINE



ACOR'S CREEK





Any of these **Taylors One Small**

Step Cabernet Merlot, Cabernet Sauvignon or Chardonnay



Two Towns

Barossa Shiraz





NEW Match Made By Pepperjack

Shiraz





Chandon NV

Sparkling Brut





