

NT ON SALE Wed 21 Aug to Tue 27 Aug 2024
See page 32 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

Great value. Hands down.



\$2⁵⁰
ea
SAVE \$2.75
WAS \$5.25



Allen's Lollies 140g-200g

\$3¹⁵
ea
SAVE \$3.15
WAS \$6.30



Red Rock Deli Potato
Chips 150g-165g

**1/2
PRICE**

Daily
Prize Draw
Bonus
Entry
\$3⁸⁰
ea
SAVE \$4.18
WAS \$7.98



Nescafé Coffee Sachets 8 Pack-10 Pack
On sale for 2 weeks. *See page 36 for T&Cs

\$1³⁵
ea
SAVE \$1.49
WAS \$2.84

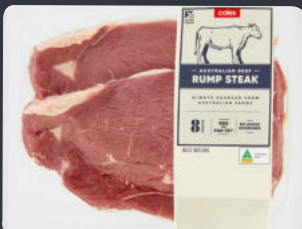


John West Tuna Tempters 95g
\$14.21 per kg

coles
**WINTER OF
SPORTS
GIVEAWAY**
1000s of prizes
each day

Buy. Scan. Win.

See page 36 for details



Coles Australian No Added
Hormones Beef Rump Steak
500g \$22.00 per kg.
Product sold uncooked

\$11
pk
SAVE \$4
WAS \$15



Serving suggestion only



1/2 PRICE



\$2⁶²
ea

SAVE \$2.63
WAS \$5.25

Arnott's Tim Tam Biscuits
165g-200g



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Bulla Creamy Classic 2 Litre
\$0.28 per 100mL

ONLY
at coles



\$18⁵⁰
ea

SAVE \$20.35
WAS \$38.85

Vittoria Freeze Dried Instant
Coffee 400g \$4.63 per 100g

1/2
PRICE

**L'ORÉAL, GARNIER
& MAYBELLINE**
Exclusions apply†



\$4⁴⁶
ea

SAVE \$4.47
WAS \$8.93

L'Oréal Elvive Shampoo
or Conditioner 300mL
\$1.49 per 100mL

**Daily
Prize Draw
Bonus
Entry***



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

Colgate Total Advanced
Toothpaste 200g \$2.63 per 100g.
*See page 36 for T&Cs



\$14⁷⁰
ea

SAVE \$14.70
WAS \$29.40

Omo Laundry Liquid 2 Litre
or Powder 2kg

†Excludes Every Day, Down Down & clearance items

100% Aussie Envy Apples

\$4⁹⁰
kg

Australian Envy Apples



1/2 PRICE

BETTER
THAN
1/2
PRICE



NEW
at coles



\$1
ea
SAVE \$1.63
WAS \$2.63

Cadbury Chocolate Bar
30g-55g



\$1.57
ea
SAVE \$1.58
WAS \$3.15

Peckish Fancies Rice Crackers
90g \$1.74 per 100g



\$3
ea
SAVE \$3.30
WAS \$6.30

Cadbury Sharepack
120g-180g



\$3
ea
SAVE \$3.30
WAS \$6.30

Darrell Lea Block Chocolate
160g-180g *See page 36 for T&Cs



\$3
ea
SAVE \$3.30
WAS \$6.30

Cadbury Old Gold Block
Chocolate 170g-180g



\$7.75
ea
SAVE \$7.75
WAS \$15.50

Mars Maltesers Gift Box 400g
\$1.94 per 100g.
On sale for 2 weeks



\$9
ea
SAVE \$9
WAS \$18

Ferrero Collection 15 Pack
Gift Box 172g or Ferrero Rocher
16 Pack Gift Box 200g
2nd week on sale



\$11
ea
SAVE \$11
WAS \$22

Cadbury Favourites 520g or
Lindt Lindor Gift Box 232g-235g



Great value. Hands down.



On spring cleaning



\$2⁷⁵
ea

SAVE \$3.03
WAS \$5.78

Morning Fresh Dishwashing
Liquid 400mL \$0.69 per 100mL



\$3⁵⁰
ea

SAVE \$3.85
WAS \$7.35

Harpic Fresh Power Liquid 700mL
or In The Bowl Toilet Cleaner 39g



\$5⁷⁷
ea

SAVE \$5.78
WAS \$11.55

Comfort Fabric Conditioner
900mL \$6.41 per litre



\$5⁷⁵
ea

SAVE \$6.33
WAS \$12.08

Glen 20 Scentations
Disinfectant Spray 375g
\$1.53 per 100g



\$3¹⁵
ea

SAVE \$3.15
WAS \$6.30

Duck Extra Power Liquid 500mL
\$0.63 per 100mL



\$12⁵⁰
ea

SAVE \$12.50
WAS \$25

Scentory Soy Blend Candle
1 Each



\$24¹⁵
ea

SAVE \$24.15
WAS \$48.30

Fairy Platinum Dishwashing
Tablets 52 Pack \$0.46 per each



Great value. Hands down.



On spring cleaning

\$3⁴⁶
ea
SAVE \$3.47
WAS \$6.93



Domestos Disinfectant 1.25 Litre
\$0.28 per 100mL



\$3⁶²
ea
SAVE \$3.63
WAS \$7.25

Domestos Power Foam Cleaner
Spray 450mL \$0.80 per 100mL



\$5²⁵
ea
SAVE \$5.25
WAS \$10.50

Cove By Earth Choice
Surface Cleaner 475mL
\$1.11 per 100mL

**1/2
PRICE**



\$5⁷⁵
ea
SAVE \$6.33
WAS \$12.08
Daily Prize Draw Bonus Entry

Pine O Clean Scentsations
Disinfectant Wipes 100 Pack
\$5.75 per 100 each.
*See page 36 for T&Cs



\$7⁸⁷
ea
SAVE \$7.88
WAS \$15.75

Fluffy Concentrated Fabric
Conditioner 2 Litre
\$3.94 per litre



\$8⁴⁰
ea
SAVE \$8.40
WAS \$16.80

Fluffy In-Wash Scent Booster
Beads 250g \$33.60 per kg



\$11⁸¹
ea
SAVE \$11.82
WAS \$23.63
Daily Prize Draw Bonus Entry

Pine O Clean Anti-Bacterial
Laundry Sanitiser 2 Litre
\$5.91 per litre.
*See page 36 for T&Cs



Great value. Hands down.



On spring cleaning

\$7⁵⁶
ea
SAVE \$1.89
WAS \$9.45



Multix Strong & Reliable 56 Litre Garbage Bags
50 Pack \$0.15 per each. 2nd week on sale

\$3
ea
SAVE \$2.78
WAS \$5.78



Morning Fresh Dishwashing
Liquid 350mL \$0.86 per 100mL

\$1⁷⁹
ea
EVERY DAY



Coles 2-Ply Facial Tissues
224 Pack \$0.80 per 100 each

\$3⁶⁰
ea
SAVE \$2.70
WAS \$6.30



No Vac Garden Breeze Carpet
Sanitiser & Deodoriser 290g
\$1.24 per 100g

\$3¹⁵
ea
SAVE 53¢
WAS \$3.68



Hercules TwinZip Resealable
Large Storage Bags 15 Pack
\$0.21 per each

iON™ NEXT GENERATION STAIN REMOVAL

ONLY
at coles

1/2
PRICE



\$13⁶⁵
ea

SAVE \$13.65
WAS \$27.30

iON Laundry
Liquid 2 Litre
\$6.83 per litre

\$16⁸⁰
ea

SAVE \$16.80
WAS \$33.60

iON Laundry
Capsules
36 Pack
\$0.47 per each



REMOVES STAINS



BRIGHTENS WHITES



LASTING FRESHNESS



Great value. Hands down.



On spring cleaning



\$3⁸⁰
ea

DOWN DOWN
WAS \$4.46
MAY 2024

Glad Wavetop Tie Kitchen Tidy
Bags Medium 40 Pack or Large
30 Pack



\$4⁵⁰
ea

DOWN DOWN
WAS \$7.35
AUG 2024

Dettol Multipurpose Spray 750mL
\$0.60 per 100mL



\$5
ea

EVERY DAY

Handee Ultra Double Length
Paper Towel 2 Pack
\$2.08 per 100 sheets



\$5⁷⁵
ea

DOWN DOWN
WAS \$8.93
AUG 2024

Easy Off Bam Bathroom
Power Foam 590g or
Soapscum Trigger 750mL



\$30
ea

EVERY DAY

Omo 3 In 1 Laundry Capsules
50 Pack \$0.60 per each



\$16
ea

DOWN DOWN
WAS \$19.95
MAY 2024

Vanish NapiSan Oxi Action Stain
Remover 2kg \$8.00 per kg

Daily
Prize Draw
Bonus
Entry*



\$7⁵⁰
ea

DOWN DOWN
WAS \$15.75
AUG 2024

Finish Rinse and Shine Aid
800mL \$0.94 per 100mL

Daily
Prize Draw
Bonus
Entry*



\$38
ea

DOWN DOWN
WAS \$79.80
AUG 2024

Finish Ultimate Dishwashing
Tablets 80 Pack \$0.48 per each

*See page 36 for T&Cs

1/2 PRICE

L'ORÉAL, MAYBELLINE & GARNIER

Exclusions apply †



\$8⁹²
ea

SAVE \$8.93
WAS \$17.85

Garnier Fructis Shampoo or Conditioner
850mL \$1.05 per 100mL



\$11⁵⁵
ea

SAVE \$11.55
WAS \$23.10

Garnier Olia Hair Colourant
1 Pack



\$3⁶⁷
ea

SAVE \$3.68
WAS \$7.35

Garnier Skin Active Vitamin C
or Lavender Sheet Mask 28g
\$13.11 per 100g

\$13⁶⁵
ea

SAVE \$13.65
WAS \$27.30

Maybelline Sky High Mascara
7.2mL \$18.96 per 10mL



\$14¹⁷
ea

SAVE \$14.18
WAS \$28.35

Maybelline SuperStay Vinyl Ink
Lipstick 4.2mL \$33.74 per 10mL



\$3⁹⁴
ea

SAVE \$3.94
WAS \$7.88

Brut 48hr or Original
Antiperspirant Aerosol
Deodorant 130g
\$3.03 per 100g



\$3⁹⁴
ea

SAVE \$3.94
WAS \$7.88

Nivea Men Shaving Gel
200mL \$1.97 per 100mL



\$7⁸⁷
ea

SAVE \$7.88
WAS \$15.75

Bosisto's Hand Wash
Refill 1 Litre
\$0.79 per 100mL



\$18⁹⁰
ea

SAVE \$18.90
WAS \$37.80

Schick 6 Mens Razor Kit
with 3 Refill Blades
1 Pack

†Excludes Every Day, Down Down & clearance items

1/2 PRICE



Daily Prize Draw Bonus Entry

\$6³⁰ ea

SAVE \$6.30
WAS \$12.60

Colgate Plax Mouthwash 1 Litre
\$0.63 per 100mL.
*See page 36 for T&Cs



\$6³⁰ ea

SAVE \$6.30
WAS \$12.60

Sunsilk Shampoo or Conditioner 700mL \$0.90 per 100mL



ONLY at Coles

\$8⁴⁰ ea

SAVE \$8.40
WAS \$16.80

People Shampoo or Conditioner 350mL \$2.40 per 100mL



\$12⁰⁷ ea

SAVE \$12.08
WAS \$24.15

Ogx Argan Oil of Morocco Shampoo or Conditioner 385mL
\$3.14 per 100mL



\$15⁷⁵ ea

SAVE \$15.75
WAS \$31.50

UltraLife Effervescent Tablets 60 Pack^a \$26.25 per 100 each.
2nd week on sale



\$52⁵⁰ ea

SAVE \$52.50
WAS \$105

Oral B Pro 800 Electric Toothbrush 1 Pack



Daily Prize Draw Bonus Entry

\$7⁸⁷ ea

SAVE \$7.88
WAS \$15.75

Swisse Ultiboost Iron Tablets 30 Pack^a \$26.23 per 100 each.
2nd week on sale



Daily Prize Draw Bonus Entry

\$25⁹⁹ ea

SAVE \$25.99
WAS \$51.98

Swisse Ultiboost Magnesium Tablets 200 Pack^a \$13.00 per 100 each.
2nd week on sale



Daily Prize Draw Bonus Entry

\$23⁶² ea

SAVE \$23.63
WAS \$47.25

Swisse Ultivite 50+ Multivitamins Tablets 60 Pack^a \$39.37 per 100 each.
2nd week on sale

*See page 36 for T&Cs

^aThis medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE

L'ORÉAL, MAYBELLINE & GARNIER

Exclusions apply †



\$5⁷⁷
ea

SAVE \$5.78
WAS \$11.55

L'Oréal Men Expert Pure Carbon Face Wash or Scrub 100mL
\$5.77 per 100mL



\$11⁵⁵
ea

SAVE \$11.55
WAS \$23.10

L'Oréal Elvive Extraordinary Oil or Extraordinary Extra Rich Oil 100mL \$11.55 per 100mL



\$14¹⁷
ea

SAVE \$14.18
WAS \$28.35

L'Oréal Excellence Colourant 1 Pack



\$17⁸⁵
ea

SAVE \$17.85
WAS \$35.70

L'Oréal True Match Liquid Foundation 30mL
\$5.95 per 10mL



\$21
ea

SAVE \$21
WAS \$42

L'Oréal Revitalift Anti Wrinkle Day Cream 50mL
\$42.00 per 100mL



\$31⁵⁰
ea

SAVE \$31.50
WAS \$63

L'Oréal Revitalift Filler Pumping or Vitamin C Brightening Serum 30mL \$105.00 per 100mL

†Excludes Every Day, Down Down & clearance items

GARNIER

L'ORÉAL PARIS

MAYBELLINE NEW YORK

THAYERS

SHOP THE BEST OF BEAUTY FOR A CHANCE TO

WIN YOUR DREAM TRIP*

OR INSTANTLY WIN 1 OF 500 \$50 GIFT CARDS

\$25K*
TRAVEL
VOUCHER

**1/2
PRICE**



\$31⁵⁰
ea

SAVE \$31.50
WAS \$63

L'Oréal Paris Bright Reveal Serum 30mL
\$105.00 per 100mL



\$9⁹⁷
ea

SAVE \$9.98
WAS \$19.95

L'Oréal Elvive Glycolic Gloss Shampoo 200mL or Conditioner 150mL



\$8⁹²
ea

SAVE \$8.93
WAS \$17.85

Garnier Micellar Cleansing Water 400mL
\$2.23 per 100mL



\$15²²
ea

SAVE \$15.23
WAS \$30.45

Maybelline Lash Sensation Firework Mascara 28g
\$5.44 per 10g

PURCHASE 2 PRODUCTS OR MORE FROM PARTICIPATING BRANDS FOR A CHANCE TO WIN

*Aus. res. 18+ only. Ends 1/10/24 11:59pm AEST. Keep receipt/s.
Max 1 minor prize per person. T&Cs apply, see lorealdreamtrip.kopromos.com.au.

ADVERTISER PROMOTION

SCAN TO ENTER

or visit
lorealdreamtrip.kopromos.com.au
to enter or find out more



1/2 PRICE

SISTEMA TO GO & HYDRATION

Exclusions apply †



\$15
ea

SAVE \$15
WAS \$30

Sistema Stainless Steel
Double Wall Bottle 650mL
\$15.00 per each



\$6
ea

SAVE \$6.10
WAS \$12.10

Sistema To Go Maxi Fold Up
Lunch Cooler
\$6.00 per each



\$5.50
ea

SAVE \$5.50
WAS \$11

Sistema To Go Ribbon
Lunch Box 1.1 Litre
\$5.50 per each



\$8.25
ea

SAVE \$8.25
WAS \$16.50

Décor Microsafe Easy Heat
Containers 900mL 3 Pack
\$2.75 per each. 2nd week on sale



ONLY
at coles

\$15
ea

SAVE \$15
WAS \$30

Seymours Double Walled
Insulated Cup 850mL
\$15.00 per each



\$8.25
ea

SAVE \$8.25
WAS \$16.50

Mirabella 14W GLS LED Light
Globes 2 Pack \$4.13 per each



\$13.75
ea

SAVE \$13.75
WAS \$27.50

Duracell Coppertop Batteries AA
16 Pack or AAA 14 Pack



\$2.80
ea

SAVE \$2.80
WAS \$5.60

Sharpie Permanent Markers Fine
Tip 2 Pack 2nd week on sale



\$6
ea

SAVE \$6
WAS \$12

Elmer's Gue Strawberry Donut
2nd week on sale

†Excludes clearance items

1/2 PRICE



Daily
Prize Draw
Bonus
Entry*

\$3⁸⁰
ea

SAVE \$4.18
WAS \$7.98

Nescafé Coffee Sachets 8 Pack-10 Pack
On sale for 2 weeks. *See page 36 for T&Cs



\$12
ea

SAVE \$13.20
WAS \$25.20

Sunrice Jasmine Rice 5kg
\$0.24 per 100g



\$2⁷⁵
ea

SAVE \$3.03
WAS \$5.78

Kellogg's K-Time Bar 165g-185g



\$3¹⁵
ea

SAVE \$3.47
WAS \$6.62

Uncle Tobys Rolled Oats Quick
Sachets 320g-350g



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Gold Sunset Canola Oil
2 Litre \$0.43 per 100mL.
2nd week on sale



ONLY
at coles

\$5⁵⁰
ea

SAVE \$6.05
WAS \$11.55

Queen Victoria Tea Bags
100 Pack \$0.06 per each



\$24
ea

SAVE \$26.40
WAS \$50.40

Lavazza Qualita Oro Coffee Beans
or Ground 1kg \$2.40 per 100g



\$25
ea

SAVE \$27.50
WAS \$52.50

Lavazza Espresso Barista Coffee
Beans 1kg \$2.50 per 100g

1/2 PRICE



Daily
Prize Draw
Bonus
Entry*

\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Streets Magnum Dairy Free
270mL 3 Pack \$1.67 per 100mL.
*See page 36 for T&Cs



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

Hershey's or Reese's Ice Cream
Tub 1 Litre \$0.48 per 100mL



\$5
ea

SAVE \$5
WAS \$10

Streets Gaytime Multi Pack
400mL \$1.25 per 100mL



\$2⁹⁰
ea

SAVE \$3.36
WAS \$6.26

Birds Eye Golden Crunch Chips
900g \$3.22 per kg



\$5⁹⁰
ea

SAVE \$6.84
WAS \$12.74

Charlotte's Bakery Pies 2 Pack
400g \$1.48 per 100g



\$12
ea

SAVE \$13.92
WAS \$25.92

I&J Raw Prawns Tail On or Off
500g \$24.00 per kg



Daily
Prize Draw
Bonus
Entry*

\$6⁵⁰
ea

EVERY DAY

Streets Blue Ribbon 2 Litre
\$0.33 per 100mL.
*See page 36 for T&Cs

NT-METRO-2108-24-277600



\$5⁵⁰
ea

EVERY DAY

Coles Irresistible Ice Cream Mini
6 Pack 360mL \$1.53 per 100mL



\$6⁷⁰
ea

EVERY DAY

Coles Frozen Bake at Home
6 Pack 360g-420g

100% Aussie Washed Potatoes



\$4

bag

DOWN DOWN

WAS \$7.50 MAY 2024



Coles Australian Washed White Potatoes
2kg Bag \$2.00 per kg

100% Aussie Navel Oranges

\$2⁵⁰ kg

Daily Prize Draw Bonus Entry*



Australian Navel Oranges
*See page 36 for T&Cs

\$3⁹⁰ pk



Coles Australian I'm Perfect Pears
1.5kg Pack \$2.60 per kg

4 for \$5



Gold Kiwifruit
Single sell for \$1.50. \$1.25 per kiwifruit when you buy 4

\$5 pk

SAVE \$1
WAS \$6



Daily Prize Draw Bonus Entry*

Coles Kitchen Chicken Style or Potato & Leek
Soup Kit 450g \$11.11 per kg. *See page 36 for T&Cs

\$7 pk

SAVE \$2
WAS \$9



Coles Dry Roasted, Natural or Smoked Almonds
400g Pack \$17.50 per kg

\$4⁵⁰ pk

Australian Blueberries 125g Punnet
\$36.00 per kg





Father's Day 1 September



\$12 ea

AFL Piggy Bank

While stocks last. No rainchecks



\$25 ea

AFL Polar Fleece Throw

While stocks last. No rainchecks



\$6 ea

Mug in Gift Box or Novelty Socks

While stocks last. No rainchecks



\$8 ea

Hallmark \$8 Father's Day Card

Range may vary by store



\$14 ea

Ezy Freeze Pilsner or Licensed Money Tin with Glass

While stocks last. No rainchecks



\$20 ea

AFL Slippers

While stocks last. No rainchecks



\$40 ea

AFL Robe

While stocks last. No rainchecks



\$79 ea

**SAVE \$40
WAS \$119**

Nutribullet 600W 1 Each



**\$100 TCN Gift and \$50 or
\$100 TCN Shop, TCN Pamper,
Netflix, Stan Gift Cards
when you swipe your Flybuys
card at the checkout.
In-store only**



Limit 5 Gift Cards per Flybuys account. Offer valid from 21/8/24 to 27/8/24 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. To qualify for this offer you must present your Flybuys card at the time of purchase. While stocks last, no rainchecks. Excludes \$30 and \$50 TCN Gift and \$25 Netflix Gift Cards. Excludes all other TCN Gift Cards not listed above. BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but can only be collected up to 5 times per Flybuys account. Gift Cards can't be used to purchase other Gift Cards at Coles. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au.

Great value. Hands down.



This Father's Day



Serving suggestion only



\$7_{ea}
EVERY DAY

Coles Frozen Tiramisu 500g
\$1.40 per 100g

NT-METRO-2108-24-277600



\$10_{kg}
SAVE \$2_{kg}
WAS \$12_{kg}

Coles Australian Lamb Whole
or Half Leg Roast



Great value. Hands down.



Serving suggestion only

\$22_{kg}

SAVE \$6_{kg}
WAS \$28_{kg}

Don Virginian Ham
Selected stores only*

\$220
PER
100g

\$130
PER
100g

\$13_{kg}

SAVE \$4_{kg}
WAS \$17_{kg}

Primo Middle Bacon
Selected stores only*

79¢
PER
100g

\$7⁹⁰_{kg}

SAVE \$1.60_{kg}
WAS \$9.50_{kg}

Primo Cocktail Frankfurts
Selected stores only*

\$2⁸⁵_{ea}

SAVE \$1.50
WAS \$4.35

Chapmans Kabana
On sale for 2 weeks.
Selected stores only*

\$265
PER
100g

\$26⁵⁰_{kg}

SAVE \$7.50_{kg}
WAS \$34_{kg}

Jarlsberg Swiss Sliced Cheese
2nd week on sale.
Selected stores only*

\$305
PER
100g

\$30⁵⁰_{kg}

SAVE \$11.50_{kg}
WAS \$42_{kg}

Elco Dodoni Feta
Selected stores only*

\$15_{kg}

SAVE \$5_{kg}
WAS \$20_{kg}

Coles Thawed Cooked Vannamei
Prawns On sale for 2 weeks.
Selected stores only*



\$40_{kg}

SAVE \$6_{kg}
WAS \$46_{kg}

Coles Tasmanian Fresh Salmon Portions Skin Off
On sale for 2 weeks. Selected stores only*.
Product sold uncooked

Serving suggestion only



*For locations of Deli counter stores visit [coles.com.au/range-availability](https://www.coles.com.au/range-availability)

Great value. Hands down.



Serving suggestion only

\$18_{kg}

SAVE \$2_{kg}
WAS \$20_{kg}

Coles Australian Lamb Boneless Shoulder Roast
On sale for 2 weeks. Product sold uncooked

AUSTRALIAN GROWN

\$5_{pk}

SAVE \$1.50
WAS \$6.50

Coles Australian Pork & Beef
3 Star Regular Mince Bolognese
500g \$10.00 per kg

AUSTRALIAN GROWN

\$16_{kg}

SAVE \$2_{kg}
WAS \$18_{kg}

Coles Australian No Added
Hormones Beef Roast Topside

AUSTRALIAN MADE

\$8_{pk}

SAVE \$1
WAS \$9

Coles Finest Sausages 450g-500g
On sale for 2 weeks

AUSTRALIAN MADE

\$8_{kg}

DOWN DOWN
WAS \$10_{kg}
JUL 2024

Coles Australian Pork Shoulder
Roast Boneless

AUSTRALIAN GROWN

\$18_{ea}

SAVE \$2
WAS \$20

Coles RSPCA Approved Big
Chicken 3.2kg \$5.63 per kg.
2nd week on sale

AUSTRALIAN MADE

\$9_{pk}

SAVE \$1.50
WAS \$10.50

Coles RSPCA Approved Chicken
Breast Schnitzel Plain Crumb 600g
\$15.00 per kg. On sale for 2 weeks

AUSTRALIAN MADE

Serving suggestion only

\$13_{pk}

DOWN DOWN
WAS \$16 JUL 2024

Coles Made Easy Slow Cooked Beef Ragu in
Tomato Sauce 700g \$18.57 per kg.
Product sold uncooked. *See page 36 for T&Cs

Daily
Prize Draw
Bonus
Entry

AUSTRALIAN MADE

Great value. Hands down.



**1/2
PRICE**

\$3_{ea}

**SAVE \$3
WAS \$6**

Tip Top English Muffins 6 Pack 400g
\$0.75 per 100g



\$4_{ea}

**SAVE \$2.50
WAS \$6.50**

Mr Kipling Fancies or Bakewells
205g-250g

\$3_{ea}

**SAVE 50¢
WAS \$3.50**

Coles Bakery Cookies 6 Pack
\$0.50 per each.
Selected stores only

\$4_{ea}

**SAVE \$1
WAS \$5**

Coles Bakery Tear & Share
Selected stores only

\$1⁹⁰_{ea}

EVERY DAY

**Coles Bakery French Stick
or Baguette**
Selected stores only

\$6⁵⁰_{ea}

**SAVE \$1
WAS \$7.50**

Toscano Waffles 4 Pack 360g
\$1.81 per 100g

\$4_{ea}

**SAVE \$1.50
WAS \$5.50**

Abe's Bagels 4 Pack 360g
\$1.11 per 100g

\$3_{pk}

**SAVE 50¢
WAS \$3.50**

Coles Bakery Sweet Scrolls
2 Pack \$1.50 per each. 2nd week
on sale. Selected stores only

EVERY DAY

\$3⁵⁰_{ea}

Coles Bread High Fibre 700g
\$0.50 per 100g

\$3_{ea}

Coles Thin & Crispy Pizza Base
200g \$1.50 per 100g

Great value. Hands down.



1/2
PRICE

\$1.41
ea

SAVE \$1.43
WAS \$2.84

Pringles Potato Crisps 53g
\$2.66 per 100g

\$2.62
ea

SAVE \$2.63
WAS \$5.25

Thins Potato Chips
150g-175g



\$2.50
ea

SAVE 97¢
WAS \$3.47

Arnott's Scotch Finger or
Choc Ripple Biscuits 250g
\$1.00 per 100g. On sale for 2 weeks



\$3.50
ea

SAVE \$1.23
WAS \$4.73

Arnott's Cheds or Country
Cheese Crackers 250g
\$1.40 per 100g



2 for
\$7.50

SAVE \$3

Arnott's Multipack Shapes
Crackers 200g \$1.88 per 100g.
2nd week on sale



\$2.45
ea

SAVE \$1.23
WAS \$3.68

Cobs Popcorn
80g-120g



\$3
ea

SAVE \$1.20
WAS \$4.20

Arnott's Jatz Crackers
225g \$1.33 per 100g



\$3.35
ea

SAVE \$1.69
WAS \$5.04

Smith's Crinkle
Cut Potato Chips
150g-170g or Smith's
Double Crunch 150g



2 for
\$7

SAVE \$1.40

Twisties 6 Pack or Jumpy's
or Doritos 5 Pack

Great value. Hands down.



**Daily
Prize Draw
Bonus Entry***



\$4
ea

SAVE \$1.78
WAS \$5.78



Darrell Lea Bullets, Twists, BB's or Liquorice 150g-280g
On sale for 2 weeks. *See page 36 for T&Cs



\$4²⁰
ea

SAVE \$2.10
WAS \$6.30

Mars M&M's, Maltesers or Pods 120g-180g



\$1⁶⁰
ea

SAVE 50*
WAS \$2.10

Eclipse Chewy Mints 27g
\$5.93 per 100g



\$3⁵⁰
ea

SAVE \$1.75
WAS \$5.25

Life Savers Candy 150g-200g



**2 for
\$16**

SAVE \$8

Cadbury Chocolate Coated Fruit & Nut Jar 280g-340g



**2 for
\$7**

SAVE \$3.50

The Natural Confectionery Co. 130g-230g or Sour Patch 190g



\$4²⁰
ea

SAVE \$2.10
WAS \$6.30

Nestlé Block Chocolate 118g-180g



\$3⁸⁰
ea

SAVE \$1.98
WAS \$5.78

Mars, Bounty or Twix Biscuits 132g
\$2.88 per 100g



\$4
ea

SAVE \$1.25
WAS \$5.25

Oreo Multipack Mini Cream Biscuits 204g
\$1.96 per 100g



**2 for
\$7**

SAVE \$3.50

Arnott's TeeVee or Milk Royal Biscuits 175g-200g

Great value. Hands down.



**NEW
FLAVOUR**



**1/2
PRICE**

**\$2²⁰
ea**

**SAVE \$2.21
WAS \$4.41**

**Powerade Sports Drink or Active Water
600mL \$3.67 per litre**



\$3^{ea}

**SAVE \$3.20
WAS \$6.20**

**Cottee's Cordial 1 Litre
\$3.00 per litre**



**2 for
\$25⁵⁰**

SAVE \$14.40

**Coca Cola, Fanta or Sprite Soft
Drink or Mt Franklin Sparkling
Water 10x375mL \$3.40 per litre**



**\$11⁷⁰
ea**

**SAVE \$8.25
WAS \$19.95**

**Coca-Cola, Fanta or Sprite Soft
Drink 12x300mL \$3.25 per litre**



**\$24²⁰
ea**

**SAVE \$16.23
WAS \$40.43**

**Coca-Cola Soft Drink 24x375mL
\$2.69 per litre**



**\$1⁶⁵
ea**

**SAVE \$1.19
WAS \$2.84**

**Kirks Soft Drink 1.25 Litre
\$1.32 per litre**



\$9^{ea}

**SAVE \$6.23
WAS \$15.23**

**Kirks Soft Drink 10x375mL
\$2.40 per litre**



**\$6⁹⁰
ea**

**SAVE \$4.65
WAS \$11.55**

**V Energy Drink 4x250mL
\$6.90 per litre**

Great value. Hands down.



1/2
PRICE

\$3⁸⁸
ea

SAVE \$3.89
WAS \$7.77

Schweppes Mixers, Mineral Water
or Soft Drink 4x300mL \$3.23 per litre



\$9⁵⁰
ea

SAVE \$6.46
WAS \$15.96

Monster Energy Drink 4x500mL
\$4.75 per litre



Daily
Prize Draw
Bonus
Entry



\$2^{ea}

SAVE \$1.15
WAS \$3.15

Pepsi or Solo Soft Drink
1.25 Litre \$1.60 per litre

\$11^{ea}

SAVE \$7.90
WAS \$18.90

Pepsi or Solo Soft Drink 10x375mL
\$2.93 per litre



\$6⁵⁰
ea

SAVE \$3.48
WAS \$9.98

Remedy Kombucha 4x250mL
\$6.50 per litre

*See page 36 for T&Cs



\$3³⁰
ea

SAVE \$2.48
WAS \$5.78

Raw C Coconut Water
1 Litre \$3.30 per litre.

2nd week on sale
NT-METRO-2108-24-277600



\$5^{ea}

SAVE \$1.30
WAS \$6.30

V8 Power Blend
1.25 Litre \$4.00 per litre.
2nd week on sale



\$4⁴⁰
ea

DOWN DOWN
WAS \$5.78
JUL 2024

Golden Circle Cordial
2 Litre \$2.20 per litre



2 for
\$7

SAVE \$3.72

Golden Circle Tetra Fruit
Drink 6x250mL
\$2.33 per litre.
On sale for 2 weeks

Great value. Hands down.



1/2
PRICE

\$2⁵⁷
ea

SAVE \$2.58
WAS \$5.15

Veggie Chips 100g or Rice Crackers 75g



\$4⁵⁰
ea

SAVE \$2.33
WAS \$6.83

Nice & Natural Active Protein Bars
125g \$3.60 per 100g



\$5^{ea}

SAVE \$1.83
WAS \$6.83

Betty Crocker Frosting 400g
\$1.25 per 100g



\$9⁴⁵
ea

SAVE \$4.73
WAS \$14.18

Robert Timms Coffee Bags
24 Pack-28 Pack



\$4⁵⁰
ea

SAVE \$1.80
WAS \$6.30

White Wings Home Café
Baking Mix 365g-475g



\$14^{ea}

SAVE \$7.53
WAS \$21.53

Moccona Specialty Blend Instant
Coffee 200g \$7.00 per 100g



\$22^{ea}

SAVE \$16.85
WAS \$38.85

Vittoria Espresso Coffee Beans
or Ground 1kg \$2.20 per 100g



Daily
Prize Draw
Bonus
Entry*

\$9⁴⁵
ea

SAVE \$4.73
WAS \$14.18

Nescafé Gold Coffee Short Black
100g \$9.45 per 100g.
*See page 36 for T&Cs

Shop online for even
more savings

Lower the cost of your weekly shop with
exclusive specials you can only get online.

ONLINE
ONLY
SPECIALS

coles.com.au

Great value. Hands down.



\$5 ea
SAVE \$1.72
WAS \$6.72

Bega Smooth or Crunchy Peanut Butter 470g \$1.06 per 100g



\$5³⁵ ea
SAVE \$1.69
WAS \$7.04

Bonne Maman Strawberry Conserve 370g \$1.45 per 100g



\$2¹⁵ ea
SAVE \$1.84
WAS \$3.99

Pureharvest Coco Quench Coconut Milk 1 Litre \$2.15 per litre



\$4 ea
SAVE \$1.50
WAS \$5.50

Uncle Tobys Muesli Bars 185g or Roll Ups 94g



\$5 ea
SAVE \$2.04
WAS \$7.04

Noshu 100 Calorie Cookies 104g \$4.81 per 100g



\$4⁵⁰ ea
SAVE \$2.33
WAS \$6.83

Sanitarium Up & Go Liquid Breakfast 3x250mL \$6.00 per litre

FILL UP ON WINTER FAVOURITES

1/2 PRICE

\$4⁷⁰ ea
SAVE \$5.17
WAS \$9.87

Nestlé Milo 395g-460g

\$1²⁵ ea
SAVE \$1.38
WAS \$2.63

Maggi Noodle Cup 58g-65g

\$3⁸⁰ ea
SAVE \$4.18
WAS \$7.98

Nestlé Milo Mocha or Nescafé Coffee Sachets 8 Pack-10 Pack
On sale for 2 weeks

\$3¹⁵ ea
SAVE \$3.47
WAS \$6.62

Uncle Tobys Rolled Oats Quick Sachets 320g-350g

ADVERTISER PROMOTION

EVERY DAY



\$9⁴⁵
ea

Kellogg's LCMs 18 Pack
360g-396g



\$1⁶⁰
ea

Coles Australian Long Life Milk
1 Litre \$1.60 per litre



\$17⁵⁰
ea

Sanitarium Up & Go Liquid
Breakfast 12x250mL
\$5.83 per litre



\$5⁵⁰
ea

SAVE \$1.85
WAS \$7.35

Kellogg's Nutri Grain 290g,
Coco Pops 375g or Crunchy Nut
Cornflakes 380g



\$6
ea

SAVE \$1.88
WAS \$7.88

Carman's Low Sugar Raspberry
& Coconut Granola 450g
\$1.33 per 100g



\$5⁵⁰
ea

SAVE \$1.75
WAS \$7.25

Carman's Nut or Muesli Bar
150g-270g



\$2
ea

SAVE \$1.15
WAS \$3.15

Sanitarium So Good Barista Soy
Milk 1 Litre \$2.00 per litre

NT-METRO-2108-24-277600

**1/2
PRICE**



\$4⁴⁰
ea

SAVE \$4.84
WAS \$9.24

Nestlé Milo Cereal 620g
\$0.71 per 100g



\$5⁵⁰
ea

SAVE \$1.75
WAS \$7.25

Carman's Crunchy Granola Bars
150g \$3.67 per 100g

**NEW
at coles
Exclusive**

Great value. Hands down.



1/2
PRICE



\$1²⁵
ea

SAVE \$1.38
WAS \$2.63

Maggi Noodle Cup
58g-65g

\$1³⁵
ea

SAVE \$1.49
WAS \$2.84

John West Tuna Tempters
95g \$14.21 per kg



\$1⁹⁰
ea

SAVE \$1.04
WAS \$2.94

Heinz Baked Beans or Spaghetti
300g \$0.63 per 100g



\$2⁸⁰
ea

SAVE \$1.72
WAS \$4.52

Leggo's Chunky Pasta
Sauce 490g-500g



\$3^{ea}

SAVE \$1.41
WAS \$4.41

Massel Gourmet Liquid Stock
1 Litre \$0.30 per 100mL



\$3⁷⁰
ea

SAVE \$1.24
WAS \$4.94

Sirena Tuna 185g
\$20.00 per kg

NT-METRO-2108-24-277600



\$13^{ea}

SAVE \$3.50
WAS \$16.50

Alfa One Rice Bran Oil
3 Litre \$0.43 per 100mL



ONLY
at coles

\$18^{ea}

SAVE \$8
WAS \$26

La Española Olive Oil 1 Litre
\$1.80 per 100mL. Excludes Organic

Great value. Hands down.



**1/2
PRICE**



\$1²⁵
ea

SAVE \$1.38
WAS \$2.63

Mama Instant Noodle Cup 70g
\$1.79 per 100g

\$2⁷⁵
ea

SAVE \$3.03
WAS \$5.78

Patak's Simmer Sauce 450g
\$0.61 per 100g

\$4
ea

SAVE \$1.25
WAS \$5.25



S&B Golden Curry Sauce Mix 92g
\$4.35 per 100g. On sale for 2 weeks

\$3³⁰
ea

SAVE \$1.32
WAS \$4.62



Mission Street Tacos 10 Pack 375g
\$0.88 per 100g

\$3⁷⁰
ea

SAVE \$1.45
WAS \$5.15



MasterFoods Smokey Barbecue
or Aussie Farmers Tomato Sauce
500mL \$0.74 per 100mL

\$3⁶⁰
ea

SAVE \$1.13
WAS \$4.73



Old El Paso Taco Sauce 200g
\$1.80 per 100g

\$4⁴⁰
ea

SAVE \$1.38
WAS \$5.78



Heinz Seriously Good Aioi
or Mayonnaise 295mL
\$1.49 per 100mL

EVERY DAY

\$2⁹⁴
ea



Coles Asia Fried Shallots 110g
\$2.67 per 100g

\$3⁹⁵
ea



Indomie Instant Noodles 5 Pack
400g-425g

EVERY DAY



\$6⁵⁰
ea

Farmers Union Greek Style
Yogurt 950g-1kg



Daily
Prize Draw
Bonus
Entry*

\$7⁵⁰
ea

Danone YoPro Protein Yoghurt 700g
\$1.07 per 100g. *See page 36 for T&Cs



\$1⁹⁰
ea

SAVE 50¢
WAS \$2.40

Vaalia Kids Probiotics
Yoghurt Pouch 140g
\$1.36 per 100g



85¢
ea

SAVE 25¢
WAS \$1.10

Yoplait Petit Miam
Yoghurt Pouch 70g
\$1.21 per 100g



\$2⁵⁰
ea

SAVE \$1
WAS \$3.50

Chobani Flip Yogurt
140g \$1.79 per 100g



\$2²⁰
ea

SAVE 82¢
WAS \$3.02

Chobani Fit High
Protein Greek Yogurt
160g \$1.38 per 100g



\$5⁵⁰
ea

SAVE \$3.03
WAS \$8.53

Gippsland Dairy Twist
Yogurt 700g
\$0.79 per 100g



\$5²⁰
ea

SAVE \$1.30
WAS \$6.50

Yoplait Yoghurt 6x160g
\$0.54 per 100g



\$4
ea

SAVE \$1
WAS \$5

Meadowlea Dairy 500g
\$0.80 per 100g



\$7⁵⁰
ea

SAVE \$3.30
WAS \$10.80

Flora ProActiv 500g
\$1.50 per 100g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down.



\$3³⁵
ea

SAVE \$85¢
WAS \$4.20

Dare Flavoured Milk 500mL
\$6.70 per litre

\$3⁸⁰
ea

SAVE \$1.20
WAS \$5

Rokeby Farm Smoothies 425mL
\$8.94 per litre. 2nd week on sale

\$2⁹⁰
ea

SAVE \$1.40
WAS \$4.30

Remedy Kombucha 330mL
\$8.79 per litre

\$17⁵⁰
pk

SAVE \$2
WAS \$19.50

Daily Prize Draw Bonus Entry

AUSTRALIAN SEAFOOD

Coles Salmon Portions Skin On 4 Pack 460g \$38.04 per kg. From the Meat department. On sale for 2 weeks. *See page 36 for T&Cs

\$5⁵⁰
pk

SAVE \$1.30
WAS \$6.80

Primo Bacon 200g-250g

\$5
pk

SAVE \$1.40
WAS \$6.40

Don Sliced Meats 160g-200g

TAKE THE HUNT FOR FOOD OFF YOUR PLATE

yf youfoodz

2 for \$15

SAVE \$8.76

Youfoodz Regular Meals 300g-354g
On sale for 2 weeks

ADVERTISER PROMOTION



Great value. Hands down.



**1/2
PRICE**

\$5⁹⁰
ea

SAVE \$7.01
WAS \$12.91



Tasmanian Heritage Double Cream Brie
or Camembert 200g \$29.50 per kg



Any 3 for
\$12

SAVE \$3.54

Little Entertainers Mersey Valley,
Tasmanian Heritage or South Cape
Cheese 80g \$50.00 per kg



\$10
ea

SAVE \$1.88
WAS \$11.88

Cheer Cheese Slices 500g
\$20.00 per kg. 2nd week on sale



\$9⁵⁰
ea

DOWN DOWN
WAS \$13.90
JUL 2024

Coles Cheese Block 1kg
\$9.50 per kg



\$5⁶⁰
ea

SAVE \$1.40
WAS \$7

Lemnos Haloumi 180g
\$31.11 per kg



\$7⁵⁰
ea

SAVE \$2.76
WAS \$10.26

Perfect Italiano Cheese Grated
450g \$16.67 per kg



\$4⁵⁰
ea

SAVE \$1.44
WAS \$5.94

Obela Garnished Hommus Dip
220g \$2.05 per 100g



\$3⁸⁰
ea

SAVE \$1.17
WAS \$4.97

Black Swan Crafted Dip 170g
\$2.24 per 100g

Catalogue on sale Wed 21st Aug until Tue 27th Aug 2024 or until Tue 3rd Sep where indicated. Selected specials commenced Wed 14th Aug.

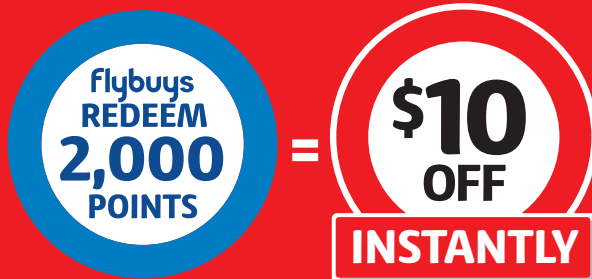
Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles Local and Coles online. Bakery items may not be available at Coles Mitchell Centre. Savings, single sell prices and unit prices shown are off Northern Territory regular selling prices. Some advertised products may already be priced below the Northern Territory selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.



Great value. Hands down.



**Get an instant \$10 off
your next in-store shop^{^^}**



Not a member? [Click here to join.](#)

**Awarded Most Satisfied
Customers**

Canstar Blue Award Winner 2023 – Rewards Programs



Flybuys

^{^^}Reward available permanently ongoing, for Flybuys members only who make a transaction at Coles supermarkets and who have a balance of a minimum of 2,000 Flybuys points. Scan your Flybuys and select to redeem 2,000 Flybuys Points to get \$10.00 off at the checkout in-store each time you participate in this offer. Limited to one redemption per day (00:00 to 23:59) per Flybuys account. Excludes Coles Express and online purchases at Coles. Minimum spend is \$10.00 in one transaction after savings and discounts are applied (excluding Coles Group and third party gift cards, tobacco and tobacco related purchases). Flybuys points and Flybuys Dollars have no cash or monetary value. Standard Flybuys T&Cs and Flybuys Rewards T&Cs apply and can be found at flybuys.com.au

Great value. Hands down.



**Daily
Prize Draw
Bonus Entry***



\$6⁵⁰
ea

SAVE \$3
WAS \$9.50



Peters Drumstick 4 Pack-6 Pack 475mL-490mL
2nd week on sale. *See page 36 for T&Cs



\$7⁵⁰
ea

SAVE \$3
WAS \$10.50

Peters Connoisseur
4 Pack-6 Pack 360mL-400mL



\$7⁵⁰
ea

SAVE \$3
WAS \$10.50

Cadbury Sticks 4 Pack
300mL-360mL



\$9
ea

SAVE \$3
WAS \$12

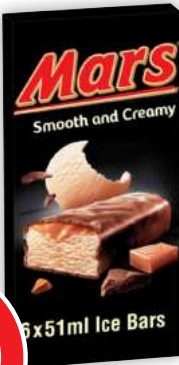
Ferrero Frozen Dessert 4 Pack
188g-200g



\$9
ea

SAVE \$4.50
WAS \$13.50

Häagen-Dazs Tub
420mL-457mL



\$6
ea

SAVE \$4.26
WAS \$10.26

Mars Multi Packs 6 Pack
246mL-300mL



\$6⁸⁰
ea

SAVE \$2.38
WAS \$9.18

Golden Wok Szechuan Pork
Dumplings 230g \$2.96 per 100g



\$7
ea

SAVE \$2.72
WAS \$9.72

Mr Chens Gluten Free Pork &
Chive Dumplings 200g
\$3.50 per 100g

Great value. Hands down.



NEW
at coles

\$9⁶⁰
ea

SAVE \$7.68
WAS \$17.28



Dineamic Chipotle Chicken Meal Base
500g \$1.92 per 100g



\$9⁹⁵
ea

SAVE \$4.04
WAS \$13.99

FPFC Fropro Protein Chicken
Tenders or Burgers 300g
\$33.17 per kg



\$8
ea

SAVE \$2.80
WAS \$10.80

Birds Eye Steamfresh Fish 380g
\$21.05 per kg



\$6⁴⁰
ea

SAVE \$2.24
WAS \$8.64

On The Menu Big Feast Meal
480g \$1.33 per 100g



\$5⁵⁰
ea

SAVE \$2.60
WAS \$8.10

Chans Yum Cha Dim Sum
Selection 230g \$2.39 per 100g



Daily
Prize Draw
Bonus
Entry*

\$7²⁰
ea

SAVE \$2.52
WAS \$9.72

Four'N Twenty Traditional
Meat Pies 4 Pack 700g
\$1.03 per 100g.
*See page 36 for T&Cs

NT-METRO-2108-24-277600



Daily
Prize Draw
Bonus
Entry*

\$7⁷⁰
ea

SAVE \$2.78
WAS \$10.48

Patties Party Meat
Pies 12 Pack 560g
\$1.38 per 100g.
*See page 36 for T&Cs



\$8⁸⁰
ea

SAVE \$3.08
WAS \$11.88

McCain Rustica Pizza
335g-445g



\$7⁵⁰
ea

SAVE \$2.76
WAS \$10.26

Core Powerfoods Frozen
Meal 350g
\$2.14 per 100g

coles

WINTER OF SPORTS GIVEAWAY

1000s of prizes each day

Buy. Scan. Win.

Flybuys

Instant Win*

Spend \$20 in store and scan your registered Flybuys to find out if you've instantly won money off your shop.

Daily Prize Draw+

For every \$20 you spend in store or online, scan your registered Flybuys for a chance to win a year's worth of groceries valued at \$13,500 or a prize pack. Plus, get a bonus entry when you buy a selected product from a participating brand.



Competition dates 24/7/24 to 10/9/24. Open to AU res. 18yrs+ and a registered Flybuys member. **Instant Win***: Spend \$20 in one transaction in-store only at Coles (after savings and discounts have been applied) and scan your Flybuys. All instant win prize winners will be notified instantly on their shopping docket or on screen upon winning a prize. Instant win prize money can be used instore only and available to use until 9/11/24. Limit of one instant win prize per day per Flybuys account. \$20 spend excludes Coles Express, Coles for business customers, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Instant win prize money cannot be used to purchase gift cards, iTunes cards, tobacco and tobacco-related products. **Daily Prize Draw+**: To receive an automatic entry into the competition, entrants must spend \$20 or more in-store or online in one transaction (after savings and discounts have been applied) and scan their Flybuys during the competition period. Limit of one Bonus entry applies per brand, per transaction. A limit of one bonus entry per nominated Coles participating product type also applies. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buys Online Exclusive, Coles Online business customers, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. A Year's Worth of Groceries valued at \$13,500 AUD per winner, and Sports Fan Pack valued at \$7,300 AUD per winner. For full terms & conditions visit coles.com.au/winter-of-sports-terms. Permits: ACT Permit TP24/00941, NSW Permit NTP/09645, SA Permit T24/706.

Great value. Hands down.



\$30^{ea}

SAVE \$10.95
WAS \$40.95

Huggies Ultra Dry Jumbo Nappy Pants
48 Pack-62 Pack



\$3⁵⁰^{ea}

SAVE \$1.75
WAS \$5.25

Huggies Fragrance Free or
Coconut Oil Baby Wipes 80 Pack
or Water Wipes 72 Pack



\$3⁶⁷^{ea}

SAVE \$1.58
WAS \$5.25

Libra Ultra Thin Pads with Wings
Regular 14 Pack or Super 12 Pack



4 for \$8

SAVE \$1.04

Rafferty's Garden 4+ Months,
6+ Months or 8+ Months Baby
Food Pouch 120g
\$1.67 per 100g



\$4³⁴^{ea}

SAVE \$1.86
WAS \$6.20

Moxie Organic Cotton Regular
Pads 10 Pack or Regular
Tampons 16 Pack



\$34^{ea}

SAVE \$3.80
WAS \$37.80

Bellamy's Organic Stage 3 Toddler
Milk Drink 900g \$3.78 per 100g



\$5²⁵^{ea}

SAVE \$5.25
WAS \$10.50

Tampax Pearl Compak Tampons
With Applicator Regular or
Super 18 Pack \$0.29 per each

**1/2
PRICE**



\$16⁸⁰^{ea}

SAVE \$4.20
WAS \$21

QV Baby Gentle Wash 500g
\$3.36 per 100g

**BIG
PACK
VALUE**

\$36⁷⁵^{ea}



Rascals Premium Nappies
100 Pack-136 Pack
While stocks last. No rainchecks

\$29⁹³^{ea}



**27¢
PER
PAD**

U By Kotex Ultra Thin Regular
Pads with Wings 112 Pack
\$0.27 per each. While stocks last.
No rainchecks

Great value. Hands down.



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

1/2 PRICE

Rexona Advanced 72hr Aerosol Antiperspirant Deodorant 220mL
\$2.16 per 100mL

\$25²⁰
ea

SAVE \$6.30
WAS \$31.50

QV Gentle Wash 1kg
\$2.52 per 100g

\$12⁴⁹
ea

SAVE \$5.36
WAS \$17.85

Dove Body Wash 1 Litre
\$1.25 per 100mL

\$8⁴⁰
ea

SAVE \$2.10
WAS \$10.50

Difflam Plus Anaesthetic Lozenges 16 Pack[^] \$0.53 per each

\$12⁵⁰
ea

SAVE \$3.15
WAS \$15.65

VALUE PACK

Vicks VapoRub Ointment 100g[^]
\$12.50 per 100g

\$5¹⁰
ea

SAVE \$2.20
WAS \$7.30

Poise Pads For Bladder Leaks Extra Plus 10 Pack or Regular 16 Pack

[^]This product may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Incorrect use could be harmful.

Rascals[™]

PREMIUM NAPPIES

ONLY
at **coles**

Our #1 Fit for Active Babies*

UltraFlex 360[™] Waistband
for 2.6x more stretch

Safe and gentle on sensitive skin

Fragrance free, pH balanced dermatologist tested

Big Pack Value

2 for \$9

SAVE \$1.50

Rascals Premium Sensitive Wipes 80 Pack or 99% Water Wipes 72 Pack



\$36⁷⁵
ea

Rascals Premium Nappies 100 Pack-136 Pack
While stocks last. No rainchecks

NEW LOOK SAME Rascal Friends

The best at containing the mess

ADVERTISER PROMOTION

^{*}Compared to Rascals product range

^{**}Based on elastic-stretch ratio of Rascals Pants



CUB Award-winning CUB quality



\$11⁵⁰
ea
EVERY DAY

CUB Unisex Nappies
40 Pack-56 Pack

\$11
ea
EVERY DAY

CUB Biodegradable Fragrance Free
Baby Wipes 480 Pack \$2.29 per 100 each

Great value. Hands down.



\$5⁸⁵
ea

SAVE \$1.95
WAS \$7.80



4 Legs Natural + Wellness Boost Meatball Dog Food Tray 870g \$0.67 per 100g.
From the chilled pet food fridge

1/2
PRICE

\$7³⁵
ea

SAVE \$7.35
WAS \$14.70



Sorbent 3-Ply Silky White Toilet Tissue 16 Pack
\$0.26 per 100 sheets

\$7
ea

SAVE \$2.45
WAS \$9.45



Vitapet Dog Treat Tenders 100g
\$7.00 per 100g

\$5⁵⁰
ea

SAVE \$2.90
WAS \$8.40



Schmackos Dog Treats 200g
\$2.75 per 100g

\$18
ea

SAVE \$6.15
WAS \$24.15



Optimum Dry Dog Food 2.5kg-3kg

MIX UP MEALTIME FROM THE PET FOOD FRIDGE

\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Nature's Gift Meatballs Dog Food 700g
\$0.64 per 100g.
From the chilled pet food fridge



\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Nature's Gift Deli Roll Dog Food 1.4kg
\$0.32 per 100g.
From the chilled pet food fridge



**SIDE IT
WITH MEATBALLS**

**TOP IT
WITH ROLLS**

ADVERTISER PROMOTION

\$59_{ea}

SAVE \$20
WAS \$79

Telstra T-Essential

- 5" FWVGA+ display
- Rear camera (5MP with flash)



\$99_{ea}

SAVE \$30
WAS \$129

Telstra T-Pro

- 6.52" IPS HD+ display
- Triple rear camera (13MP +2MP+2MP)



\$179_{ea}

SAVE \$50
WAS \$229

Nokia G11 Plus

- 6.5" HD+ display
- Rear camera (50MP) + 8MP front camera



\$199_{ea}

SAVE \$30
WAS \$229

Oppo A38

- 6.56" HD LCD display
- Rear camera (50MP) + 5MP front camera



Why choose us?



Australia's largest mobile network

We have Australia's largest 5G network and it's rapidly growing.



Continuous Data Rollover
Just recharge before expiry on selected recharges.



International calls
Capped mins from Australia to standard international numbers.



Set & forget with Auto Recharge
Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.

Boost \$35 SIM Pack



boostmobile

28 Day Expiry

70GB

on activation. New Customers only. All for use within Aus.

\$14_{ea}

RRP \$35

From 22 October 2024, our recharge prices are increasing. Scan the QR code for more info.



ADVERTISER PROMOTION

\$15_{ea}

SAVE \$20
WAS \$35

Telstra \$35 SIM Kit

- 60GB on activation
- 28 days expiry
- For new customers only



BETTER THAN 1/2 PRICE

Our recharge options are changing. From 22 October 2024, our recharge prices are increasing. Scan QR code for more info.



\$10_{ea}

SAVE \$20
WAS \$30

Amaysim \$30 Starter Pack

- 32GB + 18GB bonus data for first 3 renewals



\$66_{ea}

SAVE \$33
WAS \$99

Amaysim \$99 Starter Pack

- 120GB upfront data
- 90 days expiry



\$99_{ea}

RRP \$129

Optus X Delight 2

- 6.52" HD+ IPS display
- 13MP camera
- 4G network ready



\$99_{ea}

RRP \$149

Optus X Tap 3

- 6.6" HD+ display
- 50MP camera
- 4G network ready



General Devices: Devices are Network Locked. Unlocking fees may apply. All included starter pack offers included in device packaging. **General SIMs:** All value SIMs include first recharge applied on activation. All for use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Terms & Fair Go policies apply. **Telstra & Boost SIMs:** Activate by 21/10/24 for bonus data on activation. **amaysim:** \$30 Starter Pack: Promo price ends 10/9, ongoing is \$30/32GB/28 days auto-renewing. Activate by 30/10 for bonus data for first 3 renewals when you renew on or before renewal date. Speed caps apply. Coverage in selected areas. \$99 Starter Pack: Promo price ends 27/8, ongoing is \$99/120GB/90 days auto-renewing.

Prepaid deals

Switch to Optus at Coles today

\$39^{ea}

SAVE \$20
WAS \$59



Optus X Lite 4

- 4G network access
- 2.4" display
- Rear camera

\$39^{ea}

SAVE \$40
WAS \$79



Optus X Start 4

- 5" display
- 5MP camera
- Octa-core processor

1/2 PRICE

\$179^{ea}

RRP \$249



Samsung Galaxy A04s

- 6.5" Infinity V display
- 50MP rear camera
- 5,000mAh battery

\$12^{ea}

RRP \$35



Optus \$35 Prepaid SIM Starter Kit

- On Optus Flex Plus get 40GB data on first three \$35 recharges
- Unlimited talk & text in Australia
- Roll over up to 200GB
- New services only
- 28 day expiry

\$25^{ea}

RRP \$55



Optus \$55 Prepaid SIM Starter Kit

- On Optus Flex Plus get 80GB data on first three \$55 recharges
- Unlimited talk & text in Australia
- Roll over up to 200GB
- New services only
- 28 day expiry

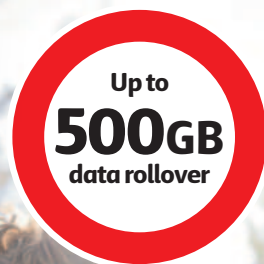
yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Optus X Lite 4, Optus X Start 4, Optus \$35 Prepaid SIM Starter Kit and Optus \$55 Prepaid SIM Starter Kit offers end 27/8/24. Samsung Galaxy A04s offer ends 3/9/24. **Free Prepaid SIM:** Included \$12 SIM for activation on available \$12 plans only. Included \$35 SIM for activation on available \$35 plans only. See optus.com.au/prepaidplans for full plan details. New services only. **\$35 SIM Starter Kit:** Includes \$35 recharge. After 3rd recharge \$35 gives you 20GB. **\$55 SIM Starter Kit:** Includes \$55 recharge. After 3rd recharge \$55 gives you 40GB. New services only. **Data Rollover:** Accrue up to 200GB when you recharge before expiry. **Compatibility:** Devices are network locked. For unlocking fees see optus.com.au/unlock. To use SIM, device must be compatible with the Optus Network, see optus.com.au/compatibility. **General:** Coverage varies, see optus.com.au/coverage. For SIM offers, ongoing recharges revert to standard price.

ADVERTISER PROMOTION

colesmobile

Score big data for the finals



28 day expiry

coles mobile

22GB

Unlimited standard national talk & text
Unlimited standard International Calls to 15 selected destinations
Up to 500GB data rollover

365 day expiry

coles mobile

140GB

Unlimited standard national talk & text
Unlimited standard International Calls to 15 selected destinations
Up to 500GB data rollover

47GB for
22GB + 25GB bonus data
for first 3 recharges

\$10*
ea

SAVE \$15
WAS \$25

Coles Mobile \$25
Prepaid SIM

*for first 28 days

165GB for
140GB + 25GB bonus data

\$155*
ea

RRP \$195

Coles Mobile \$195
Prepaid SIM

*for first 365 days

Switch today. Now that's smart.

All for use in Australia. Fair Go Policy applies. Ends 03/09/24. Activate by 31/10/24 to receive bonus data. New services only. Discounted price applies to SIM purchase only. **\$25 SIM offer:** Bonus data applies to first three recharges within 90 days of activation only, then reverts to standard data. T&Cs apply. **\$195 SIM offer:** For first 365 days only, recharges revert to standard price/data. T&Cs apply. **Data Rollover:** Accrue up to 500GB when you recharge before expiry. Go to colesmobile.com.au/terms for full terms.

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coles

BestBuys

ONLINE
EXCLUSIVES

Free
Delivery



Shop now



Father's Day
1 September

\$249^{ea}



Stores up to
34 bottles
of wine



Touch
control
panel

\$145^{ea}



Centra Free Standing Boxing Bag

Shock absorption, multi-layer, high-density PU leather. Punching and kicking zones. 12x strong suction cups keeps unit firmly in place.



Foldable
design

\$315^{ea}

Everfit Electric Treadmill

Bright digital LCD display, pulse sensor to monitor health. 12x training programs, 12x speed levels. Dual drink holders, safety tether key. USB and MP3 input.



160W

\$105^{ea}



MyGenie XTREME H20 Stick Vacuum

3-in-1. Detachable mop head ideal for cleaning hard floors. Anti fatigue triggerless design. 2200mAh rechargeable battery. Cyclonic filter system.

\$145^{ea}



Lennox Retro Music Player

Plays CD, AM/FM radio, cassettes and 3-speed vinyls. Bluetooth and AUX in connections. USB and SD card recording. Includes remote.

\$129^{ea}



Centra Electronic Punching Box

8x speed settings, time count and calorie modes. Bluetooth connection and speakers. Includes pair of boxing gloves. Various wall-mount options.

On sale Monday 19/08/24 to Sunday 01/09/24.



Free Delivery on all orders

WHILE
STOCKS
LAST!

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.



350W
power motor

16+

Ages 16+

\$469_{ea}



Lennox Folding Electric Scooter

350W power motor, up to 30km/h. Rechargeable 36V battery with up to 35km of use per charge. LCD dashboard. W43 x H112 x D107cm.



\$1069_{ea}

Livemor Electric Massage

9x targeted massage zones, 3x massage techniques. Zero gravity recline, spring extension footrest, foot rollers, and bluetooth speakers.



\$189_{ea}

Kitchen Couture Air Fryer 25L

22x preset cooking functions, air-circulation technology, heats up to 200°C. W47.2 x H43 x L44.5cm.



\$509_{ea}

Levede Recliner Chair

Smooth and quiet recline with stand assist. Adjustable back and footrest. Wide armrests and seat. Plush soft fabric, high resilience sponge padding. 2x cup holders.



\$209_{ea}

AGM Deep Cycle 170AH 12V Battery

Perfect for campers, trucks, 4x4's, off-grid systems, solar. Maintenance free, long life span with tough construction. Consistent fast charging and enhanced endurance. Advanced fibreglass mats.



\$199_{ea}

Livsip Garden Shed

Galvanised steel construction, aluminium alloy sliding door and skillion roof. Corrosion and rust resistant. W86 x H181 x L162cm.

On sale Monday 19/08/24 to Sunday 01/09/24.



Free Delivery on all orders

**WHILE
STOCKS
LAST!**

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

LIQUORLAND

to the footy

Kick off the big game with a fridge full of your favourites.



\$12_{ea}

Pensilva
Sangiovese



\$21_{ea}

Pepperjack
Barossa
Shiraz



Any
2
for
\$27

Houghton White
Classic or
Evans & Tate E&T
Chardonnay

DARK SPIRITS



\$56_{ea}

Makers Mark
Kentucky
Straight
Bourbon
Whisky



\$57_{ea}

Chivas Regal
12YO Scotch
Whisky



\$66_{ea}

Johnnie Walker
Double Black
Scotch Whisky



\$69_{ea}

The Glenlivet
Founder's
Reserve Single
Malt Whisky

Offers apply from 21/08/24 until 27/08/24 unless sold out prior. Prices may vary in regional areas. Some products and offers may not be available in all stores. Savings are shown off the regular selling price across our Northern Territory Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. All spirits are 700mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

SPIRITS



\$52_{ea}

Mayfair
London Dry Gin



\$58_{ea}

Hoshi
Japanese Vodka



\$58_{ea}

Pure Origin
Tasmanian Gin



\$64_{ea}

Espolon
Tequila Blanco

WINE

Any
2
for
\$32



Kim Crawford Marlborough
Sauvignon Blanc,
Postcards from Italy
Organic Pinot Grigio,
Rose D'Amelie AOC
Luberon Rosé,
Wynns 'The Siding'
Cabernet Sauvignon,
Sister's Run Malbec, or
St Hallett Faith Shiraz

PRE-MIXED

\$21_{ea}

-196 Double
Lemon & Vodka
Cans
4x330mL



4
PACK

\$24_{ea}

Barry
Watermelon &
Lemon Cans
4x330mL



4
PACK

\$31_{ea}

Canadian Club
Soda & Lime
Cans 6x375mL



6
PACK

2 for \$52

Woodstock
Bourbon & Cola
12% Cans
4x200mL



4
PACK

BEER

2
for
\$35

Stone & Wood
Mango Pale Ale
Cans 4x375mL



4
PACK

LOW
PRICE
EVERY DAY

\$44_{ea}

James Squire
Zero Bottles
24x330mL



24
PACK

\$54_{ea}

Heineken
Bottles
24x330mL



24
PACK

\$55_{ea}

Great Northern
Original
Lager Bottles
24x330mL



24
PACK

Choose to
DrinkWise.



Liquorland Supports
the Responsible
Enjoyment of Alcohol



Shop
Online



Click &
Collect



Home
Delivery