

# Tao's Trails



## ORGANIC TRAIL MIX

Ingredients: Cashews, Almonds, Macadamias, Dried Apricots, Dried Cranberries, Sultanas, Goji Berries, Pepitas, Dark Chocolate (Organic Cacao Mass (Cacao Liquor) Organic Cane Sugar, Organic Cacao Butter, Organic Natural Cacao Powder)

NO ADDED GLUTEN OR DAIRY

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Protein	12g
Carbohydrates	41g
Fibre	8g
Sugar	29g
Fat total	29g
Saturated Fat	7g
Polyunsaturated Fat	3g
Monounsaturated Fat	14g
Sodium	53mg