



FRESH COMP CHECK

27 MARCH 2019

FRESH COMP CHECK - COLES

PRODUCTS	UNIT	PRICE	ORIGIN	SPECIAL	
Apples - Golden Delicious	kg	\$4.90			
Apples - Granny Smith	kg	na			
Apples Red - Royal Gala	kg			\$2.90	
Apples Red - Fuji	kg	\$4.90			
Apricots	kg	na			
Avocados Trays	ea			\$2.00	Shepard
Bananas	kg	\$3.90			
Cherries	kg	na			
Grapes Green	kg			\$3.90	
Grapes Red	kg	\$5.00			
Lemons	kg	1 for .90		3 for \$2	
Mandarins	kg	na			
Mangoes	ea	na			
Nectarines	kg	\$4.50			
Oranges Navel	kg			\$3.90	
Oranges Valencia 3kg Bag	ea	\$6.90			
Peaches	kg	\$4.90			
Plums	kg	\$4.50			
Strawberries	kg			\$3.00	
Asparagus	Bun	\$3.00			
Broccoli	kg			\$4.00	
Cabbage Green	ea	\$3.00			
Cabbage Red	ea	\$3.00			
Capsicum Green	kg	\$7.90			
Capsicum Red	kg	\$9.90			
Carrots	kg	\$2.20			
Cauliflower	ea	\$5.50			
Lettuce Iceberg	ea	\$3.50			
Mushrooms White	kg	\$12.00			
Onions Loose	kg	\$2.90			
Potatoes Brushed Loose	kg	\$4.00			dutch
Potatoes Brushed Packed	bag	\$8.00			3kg
Potatoes Washed Loose	kg	\$4.00			nicola
Potatoes Washed Packed	kg	\$7.00			2kg
Pumpkin - Butternut	kg			\$2.00	
Pumpkin - Grey	kg	na			
Pumpkin - Kent	kg	\$3.50			
Tomatoes Gourmet	kg	\$9.90			
Tomatoes Truss	kg	\$8.90			
Zucchini	kg	\$6.90			



FRESH COMP CHECK

FRESH COMP CHECK - WOOLWORTHS

PRODUCTS	UNIT	PRICE	ORIGIN	SPECIAL	
Apples - Golden Delicious	kg	\$4.90			
Apples - Granny Smith	kg	\$4.90			
Apples Red - Royal Gala	kg	\$3.90			
Apples Red - Fuji	kg	\$4.90			
Apricots	kg	na			
Avocadoes Trays	ea			\$2.00	Shepard
Bananas	kg	\$3.50			
Cherries	kg	na			
Grapes Green	kg			\$3.90	
Grapes Red	kg	\$4.50			
Lemons	kg	\$7.90			
Mandarins	kg		USA	\$5.90	delites
Mangoes	ea	\$2.90			brooks
Nectarines	kg			\$3.90	
Oranges Navel	kg	\$4.90	USA		
Oranges Valencia 3kg Bag	ea	\$5.50			
Peaches	kg	\$4.90			
Plums	kg	\$4.00			
Strawberries	kg			\$3.50	
Asparagus	Bun	\$3.00	Mexico/peru		
Broccoli	kg			\$4.50	
Cabbage Green	ea	\$6.00			
Cabbage Red	ea	\$6.00			
Capsicum Green	kg	\$7.90			
Capsicum Red	kg	\$9.90			
Carrots	kg	\$2.20			
Cauliflower	ea	\$5.50			
Lettuce Iceberg	ea	\$3.20			
Mushrooms White	kg	\$11.00			
Onions Loose	kg	\$2.50			
Potatoes Brushed Loose	kg	\$3.50			dutch
Potatoes Brushed Packed	bag	\$7.00			2kg kennebec/ dutch
Potatoes Washed Loose	kg	\$4.00			
Potatoes Washed Packed	kg	\$7.00			nicola 2kg
Pumpkin - Butternut	kg	\$3.00			
Pumpkin - Grey	kg	\$3.00			
Pumpkin - Kent	kg	\$3.50			
Tomatoes Gourmet	kg	\$9.90			
Tomatoes Truss	kg	\$8.90			
Zucchini	kg	\$6.90			

