



FRESH FOOD COMP CHECK

MARCH 10 2021

FRESH COMP CHECK - COLES & WOOLWORTHS

DATE: 10/03/21		COLES			WOOLWORTHS			COMMENTS
Products	Unit	Price	Special	Origin	Price	Special	Origin	
Apples - Golden Delicious	kg	NA			na			
Apples - Granny Smith	kg	\$5.50			\$5.50			
Apples Red - Royal Gala	kg	\$5.50				\$4.50		
Apples Red - Fuji	kg	NA			NA			
Apricots	kg	NA			\$12.90		NZ	
Avocados	ea		\$2.00	Shepard		\$2.00		Shepp
Bananas	kg	\$3.90			\$3.90			
Cherries	kg	NA			NA			
Grapes Green	kg		\$3.50			\$3.50		
Grapes Red	kg		\$4.50			\$2.90		
Lemons	kg	1 for \$1.2	4 For \$4			\$4.90		
Mandarins	kg		\$9.90		\$12.90		USA	
Mangoes	ea	NA				\$2.90		Keitt
Nectarines	kg		\$3.50			\$3.50		
Oranges Navel	kg		\$5.50			\$4.90	USA	
Oranges Valencia	kg		\$4.50		NA			
Oranges Valencia 3kg Bag	ea	\$6.50			\$6.90			
Peaches	kg	\$3.90			\$4.00			
Plums	kg		\$3.50			\$3.50		
Raspberries	pun		\$3.50			\$4.00		
Strawberries	pun	1 For \$3.50	2 for \$6			\$3.50		
Watermelon	kg		\$1.50			\$1.50		
Asparagus	Bun	1 For \$2.80	2 for \$5			\$2.50	Aus/Mex	
Broccoli	kg	\$5.50			\$5.50			
Cabbage Green	ea		\$3.00		\$7.00			
Cabbage Red	ea		\$3.00		\$7.00			
Capsicum Green	kg	\$7.90			\$7.90			
Capsicum Red	kg		\$4.00			\$6.90		
Carrots	kg	\$2.20			\$2.20			
Cauliflower	ea	\$4.90			\$3.50			
Lettuce Iceberg	ea	\$2.90			\$3.50			
Mushrooms Brown	kg	\$14.00			NA			
Mushrooms White	kg	\$11.00			\$11.00			
Onions Loose	kg	\$3.00			\$3.00			
Potatoes Brushed Loose	kg	\$4.00			\$3.50			
Potatoes Brushed Packed	bag	\$8.50			\$7.00			
Potatoes Washed Loose	kg	\$4.00			\$4.00			
Potatoes Washed Packed	kg	\$7.00			\$7.00			
Pumpkin - Butternut	kg		\$2.00		\$4.00			
Pumpkin - Grey	kg	na			\$4.00			
Pumpkin - Kent	kg	\$4.00			\$4.00			
Tomatoes Gourmet	kg		\$3.00		\$4.90			
Tomatoes Truss	kg		\$3.90		\$3.00			
Zucchini	kg		\$3.90		\$4.90			