

HEALTH AND SAFETY

with COVID-19

- Keeping 1.5m between yourself and others and washing your hands are still the best defence against coronavirus
- Wearing a face mask protects you and your community by providing an additional physical barrier to coronavirus
- We would prefer that you wear a disposable mask or a reusable washable mask. Disposable masks will be available at site.

Fitting a surgical mask



- Position mask over mouth and nose



- Fasten ties or tapes above and below ears at back of head

Removing and disposing of mask



- With clean hands, untie or break ties at back of head



- Remove mask by only handling at the ties, then discard in appropriate waste



- Wash hands