

**Southern Heritage Leg
Ham Cob Half/Full**

8⁹⁹
kg

Special available until 03/01/2023.

**Scottsdale Pork Boneless
Pork Leg Roast**

13⁹⁹
kg

Special available until 03/01/2023.

**Aussie Cooked Large Tiger
Prawns 3kg (Thawed)**

29⁹⁹
kg

Special available until 03/01/2023.

**Beef Porterhouse
Steak**

34⁹⁹
kg

Special available until 03/01/2023.

**Petuna Atlantic
Salmon MAP 2pk 280g**

9⁹⁹
ea
= \$35.68 per 1kg

Special available until 03/01/2023.

**Scottsdale Pork Boneless
Pork Shoulder Roast**

11⁹⁹
kg

Special available until 03/01/2023.

Bacon Pieces

9⁹⁹
kg

Special available until 03/01/2023.

**Marion Bay Chicken
Breast Chunks**

9⁹⁹
kg

Special available until 03/01/2023.

**Oven Roasted/Sweet Herb
& Mustard Turkey Breast**

25⁹⁹
kg

Special available until 03/01/2023.

**Wild Clover
Lamb Leg Steak**

35⁹⁹
kg

Special available until 03/01/2023.

**Ingham's Bagged
Chicken Frames 1.2kg**

4⁹⁹
ea
= \$4.16 per 1kg

Special available until 03/01/2023.

**Nichols Chicken
Thigh Fillets**

15⁹⁹
kg

Special available until 03/01/2023.

**Nichols Whole Fresh
Extra Large Chicken**

5⁹⁹
kg

Special available until 03/01/2023.

**Nichols Chicken
Schnitzel Sweet Chilli**

16⁹⁹
kg

Special available until 03/01/2023.

**Nichols Chicken
Enchilada 2pk 500g**

9⁹⁹
ea
= \$19.98 per 1kg

Special available until 03/01/2023.

**Nichols Chicken
Tenders**

15⁹⁹
kg

Special available until 03/01/2023.

**Nichols Nibbles Marinated
Chicken Wings 1kg**

9⁹⁹
ea
= \$9.99 per 1kg

Special available until 03/01/2023.

**Nichols Chicken
Kebabs 850g**

10⁹⁹
ea
= \$12.93 per 1kg

Special available until 03/01/2023.

**Pandani New York
Nugget Ham 1.4kg**

17⁹⁹
ea
= \$12.85 per 1kg

Special available until 03/01/2023.

**Double Smoked
Mini Leg Ham**

15⁹⁹
kg

Special available until 03/01/2023.

**Streaky
Bacon**

18⁹⁹
kg

Special available until 03/01/2023.

**Rindless
Short Cut Bacon**

17⁹⁹
kg

Special available until 03/01/2023.

**Shredded
Pizza Ham**

9⁹⁹
kg

Special available until 03/01/2023.

**Chicken
Breast Fillets**

11⁹⁹
kg

Special available until 03/01/2023.

**Chicken
Maryland**

7⁹⁹
kg

Special available until 03/01/2023.

**Chicken
Kievs**

4⁹⁹
ea

Special available until 03/01/2023.

**Chicken
Kiev Burger**

1⁵⁰
ea
= \$12 per 1kg

Special available until 03/01/2023.

**Virginian
Ham**

13⁹⁹
kg

Special available until 03/01/2023.

**JC's Almonds
500g**

7⁹⁹
ea
= \$15.98 per 1kg

Special available until 03/01/2023.

**JC's Quality
Outback Mix 500g**

8⁹⁹
ea
= \$17.98 per 1kg

Special available until 03/01/2023.

**JC's Backyard
BBQ Mix 375g**

5⁹⁹
ea
= \$15.97 per 1kg

Special available until 03/01/2023.

**JC's Pistachios Salted
A Grade 375g**

Product of
the USA

10⁹⁹
ea
= \$29.31 per 1kg

Special available until 03/01/2023.

**JC's Peanuts Salted/
Unsalted 500g**

4⁷⁹
ea
= \$9.58 per 1kg

Special available until 03/01/2023.

**JC's Sesh Snacks
115/130g**

3⁹⁹
ea

Special available until 03/01/2023.

**JC's Cashews Salted/
Unsalted 500g**

9⁹⁹
ea
= \$19.98 per 1kg

Special available until 03/01/2023.

**Strawberries
250g**

2⁵⁰
punnet
= \$10.00 per 1kg



Special available until 03/01/2023.

**Calypso
Mangoes**

2⁵⁰
ea



Special available until 03/01/2023.

**Yellow or White Flesh
Nectarines**

4⁵⁰
kg



Special available until 03/01/2023.

**New Season
Green Grapes**

9⁹⁰
kg



Special available until 03/01/2023.