

**Lamb Forequarter
Chops**

19⁹⁹
kg

Special available until 29/11/2022.

**Virginian
Ham**

14⁹⁹
kg

Special available until 29/11/2022.

**Beef
Rump Steak**

25⁹⁹
kg

Special available until 29/11/2022.

**Scottsdale Pork
Meaty Pork Ribs**

15⁹⁹
kg

Special available until 29/11/2022.

**Scottsdale Pork Artisan
Pork Sausages 475g**

8⁴⁹
ea
= \$17.87 per 1kg

Special available until 29/11/2022.

**Ingham's Stuffed Chicken
Breasts Kiev 700g**

9⁹⁹
ea
= \$14.27 per 1kg

Special available until 29/11/2022.

**Chicken
Thigh Fillets**

14⁹⁹
kg

Special available until 29/11/2022.

**Rindless
Short Cut Bacon**

13⁹⁹
kg

Special available until 29/11/2022.

**Oven Roasted/Sweet Herb
& Mustard Turkey Breast**

25⁹⁹
kg

Special available until 29/11/2022.

**Beef
Round Steak**

25⁹⁹
kg

Special available until 29/11/2022.

**BBQ
Meat Pack**

22⁹⁹
kg

Special available until 29/11/2022.

**Ingham's Bagged
Chicken Frames 1.2kg**

4⁹⁹
ea
= \$4.16 per 1kg

Special available until 29/11/2022.

**Nichols Chicken
Breast Schnitzel**

16⁹⁹
kg

Special available until 29/11/2022.

**Nichols
Chicken Maryland**

7⁹⁹
kg

Special available until 29/11/2022.

**Petuna Atlantic
Salmon MAP 2pk 280g**

9⁹⁹
ea
= \$35.68 per 1kg

Special available until 29/11/2022.

**Southern Heritage Leg
Ham Cob Half/Full**

8⁹⁹
kg

Special available until 29/11/2022.

**Hot
Roast Pork**

31⁹⁹
kg

Special available until 29/11/2022.

Cabana

14⁹⁹
kg

Special available until 29/11/2022.

**Marion Bay Chicken BBQ
Marinated & Seasoned**

10⁹⁹
ea

Special available until 29/11/2022.

**Marinated Chicken
Breast Kebabs**

1⁵⁰
ea

Special available until 29/11/2022.

**Marinated Hot
Cooked Chicken**

10⁹⁹
ea

Special available until 29/11/2022.

**Seasoned & Marinated
Hot Cooked Chicken**

10⁹⁹
ea

Special available until 29/11/2022.

**Sliced
Silverside**

22⁹⁹
kg

Special available until 29/11/2022.

**JC's Dried
Cranberries 500g**

6⁹⁹
ea
= \$13.98 per 1kg

Special available until 29/11/2022.

**JC's Cashews &
Macadamias 375g**

13⁹⁹
ea
= \$37.31 per 1kg

Special available until 29/11/2022.

**JC's Mixed Nuts
Salted/Unsalted 350g**

7⁹⁹
ea
= \$22.83 per 1kg

Special available until 29/11/2022.

**JC's Walnuts
Natural 350g**

7⁹⁹
ea
= \$22.83 per 1kg

Special available until 29/11/2022.

**Valencia Oranges
3kg**

5⁹⁰
bag
= \$1.97 per 1kg



Special available until 29/11/2022.

**Hass
Avocados**

1⁸⁰
ea



Special available until 29/11/2022.

**Potatoes Brushed
2.5kg**

5⁵⁰
bag
= \$2.20 per 1kg



Special available until 29/11/2022.