

**Lamb  
Loin Chops**  
**26<sup>99</sup>** kg

Special available until 01/11/2022.

**Rindless Middle  
Bacon**  
**17<sup>99</sup>** kg

Special available until 01/11/2022.

**Scottsdale Traditional English  
Thick Pork Sausage 475g**  
**8<sup>49</sup>** ea  
= \$17.87 per 1kg

Special available until 01/11/2022.

**Lamb Leg  
Netted & Boneless**  
**24<sup>99</sup>** kg

Special available until 01/11/2022.

**Ingham's Diced  
Chicken Breast**  
**13<sup>99</sup>** kg

Special available until 01/11/2022.

**Scottsdale Pork Artisan  
Glazed Pork Ribs**  
**16<sup>99</sup>** kg

Special available until 01/11/2022.

**Virginian  
Ham**  
**13<sup>99</sup>** kg

Special available until 01/11/2022.

**Chicken Breast  
Supreme**  
**16<sup>99</sup>** kg

Special available until 01/11/2022.

**Sliced  
Silverside**  
**22<sup>99</sup>** kg

Special available until 01/11/2022.

**Beef  
Scotch Fillet Steak**  
**43<sup>99</sup>** kg

Special available until 01/11/2022.

**Ingham's Chicken  
Necks 1kg**  
**4<sup>49</sup>** ea  
= \$4.49 per 1kg

Special available until 01/11/2022.

**Nichols Chicken  
Mince Regular**  
**9<sup>99</sup>** kg

Special available until 01/11/2022.

**Nichols Whole Fresh  
Extra Large Chicken**

**5<sup>49</sup>**  
kg

Special available until 01/11/2022.

**Nichols Chicken &  
Vegie Burger 660g**

**7<sup>49</sup>**  
ea  
= \$11.35 per 1kg

Special available until 01/11/2022.

**Nichols Chicken  
Breast Fillet**

**18<sup>99</sup>**  
kg

Special available until 01/11/2022.

**Nichols Nibbles Marinated  
Chicken Wings 1kg**

**8<sup>99</sup>**  
ea  
= \$8.99 per 1kg

Special available until 01/11/2022.

**Chorizo**

**26<sup>99</sup>**  
kg

Special available until 01/11/2022.

**Chicken  
Wings**

**5<sup>99</sup>**  
kg

Special available until 01/11/2022.

**Chicken  
Kiev Burger**

**1<sup>50</sup>**  
ea  
= \$12 per 1kg

Special available until 01/11/2022.

**Chicken  
Bocconcini**

**8<sup>99</sup>**  
kg

Special available until 01/11/2022.

**Chicken  
Burgers**

**1<sup>50</sup>**  
ea

Special available until 01/11/2022.

**Aussie Cooked Thawed  
Large Tiger Prawns 3kg**

**29<sup>99</sup>**  
kg

Special available until 01/11/2022.

**JC's Dried  
Cranberries 500g**

**6<sup>99</sup>**  
ea  
= \$13.98 per 1kg

Special available until 01/11/2022.

**JC's Cashews &  
Macadamias 375g**

**13<sup>99</sup>**  
ea  
= \$37.31 per 1kg

Special available until 01/11/2022.

**JC's Mixed Nuts  
Salted/Unsalted 350g**

**799**  
ea  
= \$22.83 per 1kg

Special available until 01/11/2022.

**JC's Walnuts  
Natural 350g**

**799**  
ea  
= \$22.83 per 1kg

Special available until 01/11/2022.

**Asparagus**

**150**  
bunch



Special available until 01/11/2022.

**Iceberg  
Lettuce**

**250**  
ea



Special available until 01/11/2022.

**Brown Onions**

**1kg**  
**150**  
bag  
= \$1.50 per 1kg



Special available until 01/11/2022.