

Beef
Rump Steak
25⁹⁹
kg

Special available until 22/03/2022.

Champagne
Ham
11⁹⁹
kg

Special available until 22/03/2022.

Lamb Legs
Half
18⁴⁹
kg

Special available until 22/03/2022.

Scottsdale Pork
Loin Chops
20⁹⁹
kg

Special available until 22/03/2022.

Ingham's Southern Style
Chicken Tenders 440g
6¹⁹
ea
= \$14.07 per 1kg

Special available until 22/03/2022.

Chicken
Breast Fillets
10⁹⁹
kg

Special available until 22/03/2022.

Chicken
Loaf
12⁹⁹
kg

Special available until 22/03/2022.

Frankfurts
10⁹⁹
kg

Special available until 22/03/2022.

Scottsdale Pork Mini
Boneless Pork Scotch Roast
15⁹⁹
kg

Special available until 22/03/2022.

Marion Bay
Chicken Breast Fillets
17⁹⁹
kg

Special available until 22/03/2022.

Beef Mince
First Grade
20⁹⁹
kg

Special available until 22/03/2022.

Nichols Chicken
Variety Cuts
5⁹⁹
kg

Special available until 22/03/2022.

**Ingham's
Chicken Wings**

4⁹⁹
kg

Special available until 22/03/2022.

**Nichols Chicken
Kebabs 850g**

11⁴⁹
ea
= \$13.52 per 1kg

Special available until 22/03/2022.

**Nichols Marinated
Hot Cooked Chicken**

10⁹⁹
ea

Special available until 22/03/2022.

**Nichols Seasoned & Marinated
Hot Cooked Chicken**

10⁹⁹
ea

Special available until 22/03/2022.

**Beef
Pastrami**
27⁹⁹
kg

Special available until 22/03/2022.

**Free Range
Chicken Wings**
5⁹⁹
kg

Special available until 22/03/2022.

**JC's Walnuts Natural 350g/
JC's Almonds Natural 500g**

5⁹⁹
ea

Product of
the USA

Special available until 22/03/2022.

**JC's Apricots
Dried 500g**

7⁹⁹
ea
= \$15.98 per 1kg

Special available until 22/03/2022.

**JC's Quality
Outback Mix 500g**

9⁹⁹
ea
= \$19.98 per 1kg

Special available until 22/03/2022.

**JC's Backyard
BBQ Mix 375g**

5⁹⁹
ea
= \$15.97 per 1kg

Special available until 22/03/2022.

**JC's Pistachios
Salted A Grade 375g**

10⁹⁹
ea
= \$29.31 per 1kg

Special available until 22/03/2022.

**JC's Mixed Nuts
Salted/Unsalted 350g**

7⁹⁹
ea
= \$22.83 per 1kg

Special available until 22/03/2022.

**Gourmet
Tomatoes**



4⁵⁰
kg

Special available until 22/03/2022.

**Green
Cabbages**



3⁵⁰
ea

Special available until 22/03/2022.

Red Apples
1.5kg



3⁸⁰
bag
= \$2.53 per 1kg

Special available until 22/03/2022.