

FROM OUR **LOCAL** FAMILY TO YOURS

MERRY CHRISTMAS



see inside for:

- RECIPES
- CHRISTMAS SPECIALS
- GREAT TASMANIAN PRODUCTS

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Visit [IGATAS.COM.AU](https://www.igatas.com.au) for more info

Offers available from: XX/XX/22 until XX/XX/22



Ingredients

- 8 slices of stake white bread
- 100g butter (reserve 1tbsp)
- 1 brown onion, finely chopped
- 1/2 cup roughly chopped herbs
- 1tbsp pomegranate seeds

Method

1. Cut or tear the bread into 1cm pieces.
2. Melt butter over medium heat, add the onions and cook until softened or for 4 minutes.
3. Add the bread pieces and herbs.
4. Season generously with sea salt and cracked pepper.
5. Stuff the chicken and cook it with the legs together with kitchen string.
6. Once cooked decorate with the stuffing and pomegranate seeds.

Whether you eat it straight from the tray, for lunch, or the next day in sandwiches, our classic stuffing makes the perfect side for any get together.

VIEW RECIPE



\$0.00
kg

Whole Fresh Chicken
CUP

BE **INSPIRED** THIS CHRISTMAS | VISIT [IGATAS.COM.AU/CHRISTMAS](https://www.igatas.com.au/christmas)

\$15.99
ea
SAVE \$6.60

Ingham's
Ready Roast Turkey Breast Roll 1kg
\$15.99 per 1kg

\$11.99
ea
SAVE \$5.00

Ingham's
Ready Roast Turkey Thigh Roll 1kg
\$11.99 per 1kg

\$3.99
ea
SAVE 96¢

Beerenberg Cranberry Sauce 175g
\$2.28 per 100g

Red Kelly's
Balsamic
Salad
Dressing
250mL
\$1.80 per 100mL

\$4.49
ea
SAVE \$1.10





An Aussie Christmas isn't a Christmas without some prawns!

Everybody loves a prawn cocktail, and this one won't disappoint. Tossed in wasabi mayonnaise, this will bring a hot peppery bite to your appetiser.



Ingredients

- 24 cooked prawns
- 2 little gem lettuce, quartered
- 1 avocado, diced
- 2tbsp wasabi paste (or to taste)
- 1/4 cup mayonnaise
- 1tbsp chives, chopped
- 1tbsp lemon juice

Method

1. Arrange the lettuce, avocado and prawns in individual serving glasses.
2. To make the dressing, mix the mayonnaise, wasabi, chives, and lemon juice in a small bowl. Season to taste with salt and pepper.
3. Dress the cocktail just before serving, garnish with a sprinkle of extra chives on top.

VIEW RECIPE



\$0.00
kg

Tiger Prawns
CUP

\$9.99
ea

Golden Prawn Ring 255g
\$39.18 per 1kg

BE **INSPIRED** THIS CHRISTMAS | VISIT [IGATAS.COM.AU/CHRISTMAS](https://www.igatas.com.au/christmas)

\$8.99
ea

SAVE \$3.00

Global Frozen Cooked & Peeled Prawns 300g
\$29.97 per 1kg

\$19.99
ea

SAVE \$4.00

Tasmanian Salmon Portions Skin On 500g (Frozen)
\$39.98 per 1kg

\$3.99
ea

SAVE 96¢

Beerenberg Seafood Sauce 150g
\$2.66 per 100g

\$2.49
ea

SAVE 26¢

MasterFoods Tartare/ Seafood Cocktail Sauce 220/260g





Side Panel

87mm W x
298mm H

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

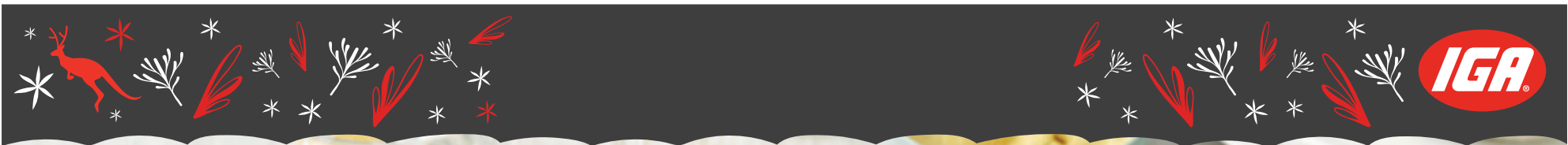
\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00

Description
CUP

\$0.00
ea
SAVE \$0.00



Ingredients

- ingredient 1
- ingredient 2
- ingredient 3
- ingredient 4
- ingredient 5

Method

1. step 1
2. step 2
3. step 3
4. step 4
5. step 5



VIEW RECIPE



BE **INSPIRED** THIS CHRISTMAS | VISIT IGATAS.COM.AU/CHRISTMAS



Description
CUP



Description
CUP

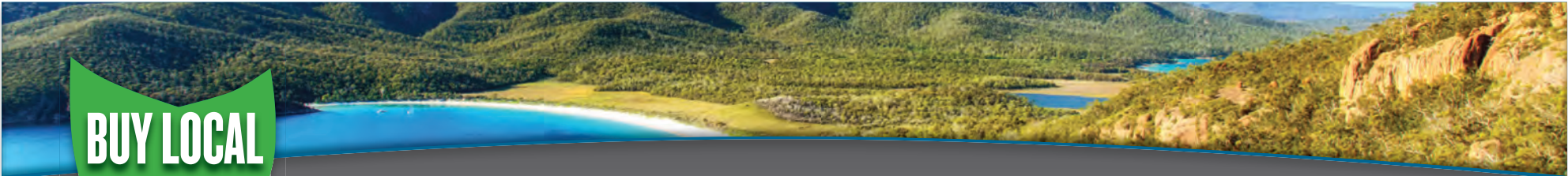


Description
CUP



Description
CUP





BUY LOCAL
BUY TASMANIAN

IGA

WHERE THE *locals* MATTER

Blue Banner



\$5⁹⁹_{ea}

SAVE 80¢

Blue Banner Pickled Onions 525g
(excl. No Added Sugar)
\$11.41 per 1kg

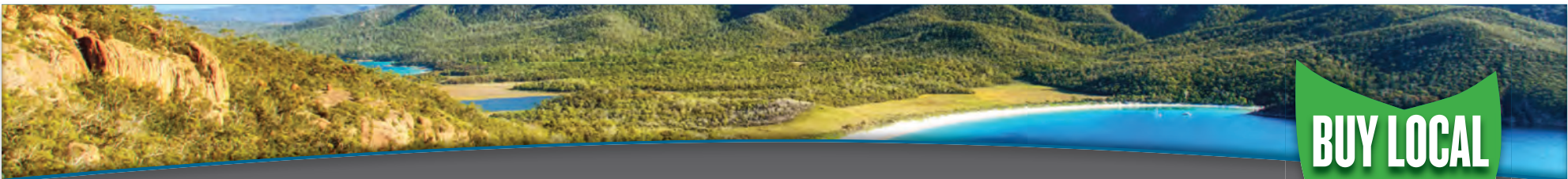
Cripps



\$10⁹⁹_{ea}

SAVE 80¢

Cripps Premium Shortbread Tin 334g
\$3.29 per 100g



**BUY LOCAL
BUY TASMANIAN**
IGA WHERE THE *locals* MATTER

National Pies



\$6⁹⁹
ea
SAVE \$2.50

National Pies Party Pies/Sausage Rolls 12pk
97¢ per 100g

ASHGROVE

GRASS COW YOU

Iconic Tasmanian cheese

ASHGROVE
GRASS COW YOU
Cradle Mountain
TASMANIAN
DOUBLE GLOUCESTER
140g e

ASHGROVE
GRASS COW YOU
Wineglass Bay
TASMANIAN
VINTAGE CHEDDAR
140g e

ASHGROVE
GRASS COW YOU
Musselroe Bay
TASMANIAN
RUBICON RED
140g e



Ingredients

- 10 Cadbury Chocolate Baubles
- 200g dark chocolate
- 10 mini red candy
- 5 pair edible eyes
- 5 hard snack pretzels

Method

1. Break the dark chocolate into small pieces, place it in a heat proof bowl and melt it, over a double boiler, or melt it in the microwave on a low setting.
2. Break the pretzel in half using serrated knife to score a line in the front and the back of the pretzel to help it to break evenly.
3. Unwrap and secured the bauble on the top of a skewer, dip the bauble in melted chocolate, let excess chocolate drip back to the bowl.
4. Attach eyes and Mini M&M nose, then attach pretzel as antlers.
5. When the chocolate is dry to touch, remove reindeer it from the skewer.

These delicious Christmas treats will be a hit with all your nearest and dearest.

VIEW RECIPE



\$3.69
ea
SAVE \$1.00

Cadbury Christmas Baubles 112/114g

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\$3.99
ea
SAVE \$1.00

Cadbury Christmas Sharepack 144/150g

\$7.99
ea
SAVE \$1.26

Cadbury Christmas Stocking 181g
\$4.41 per 100g

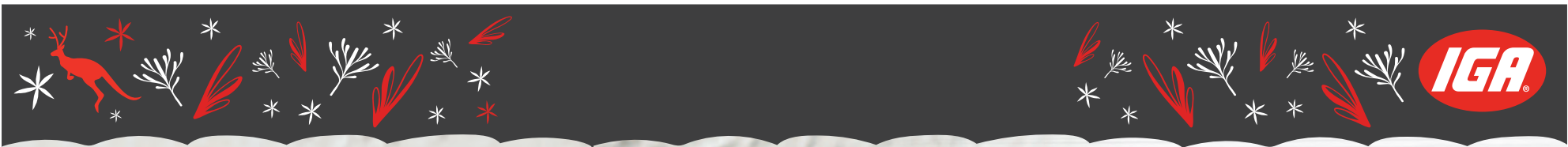
\$7.99
ea
SAVE \$2.01

Cadbury
Choc Fruit & Nut Jars 280-340g

\$1
ea
SAVE 25¢

Violet Crumble Santa
\$3.70 per 100g





\$7⁹⁹
ea
SAVE \$3.51

Lindt Lindor Gift Box 147/150g

\$6⁹⁹
ea
SAVE \$1.00

Lindt Lindor Bags 123-130g

\$5⁹⁹
ea
SAVE \$6.01

Celebrations/Maltesers Gift Box 320-400g

\$14⁹⁹
ea
LOW PRICE

Cadbury Favourites Tin 665g
\$2.25 per 100g

\$14⁹⁹
ea
LOW PRICE

Cadbury Roses Tin 689g
\$2.18 per 100g





The Source of Life

Good food is the source of good health, happiness, and vitality. And we believe quality ingredients are at the heart.

Since 1994, we've hand-picked from only the best growers and producers to create simple, honest and wholesome foods.

Quality in everything we do – that's our mission. As a humble family business, this is a great source of pride.



\$0.00
ea
SAVE \$0.00

Description
CUP



\$0.00
ea
SAVE \$0.00

Description
CUP



\$0.00
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\$0.00
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SAVE \$0.00

Description
CUP

Party this
Christmas
with these
non-alcoholic
drinks.

obe Stock | #57520892



Coca-Cola





You'll find
Low Prices
Every Day
right across
the store

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Arnott's





This recipe fuses two Christmas traditional recipes into one. The black forest cake and the pavlova.

\$8⁹⁹
ea
SAVE \$1.00

Country Chef Rustic Pavlova 400g
\$2.25 per 100g



Ingredients

- Country Chef 500g pavlova base
- 200g dark chocolate
- 300mL cream, whipped
- 400g plump, red cherries

Method

1. To make the drizzle, place the dark chocolate in a ceramic bowl and heat in the microwave in 30-second increments, stirring after each until glossy and smooth. You want the chocolate to be pourable but not too runny.
2. Dip 12 cherries with stalk intact into the melted chocolate. Set aside to set.
3. Place the pavlova on a cake stand and pour the remaining chocolate mixture over the cake, starting in the middle, allowing it to run over the sides for a decadent and dramatic look.
4. Top with whipped cream.
5. Decorate with the 12 chocolate dipped cherries and some extra fresh cherries.
6. Serve immediately.

VIEW RECIPE



BE **INSPIRED** THIS CHRISTMAS | VISIT IGATAS.COM.AU/CHRISTMAS

\$7⁹⁹
ea
SAVE \$2.00

Whitting Xmas Fruit Cake 500g
\$1.60 per 100g

\$4⁴⁹
ea
SAVE 86¢

Yarrow's Luxury
Christmas Fruit Mince Pies 360g
\$1.25 per 100g

\$4⁷⁵
ea
SAVE 74¢

Paul's Brandy/Butterscotch Custard 1kg
48¢ per 100g

\$4⁴⁹
ea
SAVE 50¢

Paul's Eggnog 1L
\$4.49 per 1L



Community Co Gluten Free Biscuits 120/180g

\$3.90 ea

community Co



Community Co Cordial Syrup 1L
\$3.29 per 1L

\$3.29 ea

community Co



Community Co Strawberry Jam 500g
54¢ per 100g

\$2.70 ea

community Co



Community Co Sauce 500mL
40¢ per 100mL

\$1.99 ea

community Co



Community Co Fruit Cake 800g
85¢ per 100g

\$6.79 ea

community Co



Community Co Vegetable Oil 750mL
59¢ per 100mL

\$4.39 ea

community Co



Community Co Canola Oil 750mL
60¢ per 100mL

\$4.49 ea

community Co

community Co

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LOCAL COMMUNITY

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MERRY CHRISTMAS



Nothing beats a warm brownie straight out of the oven. This simple recipe is great for using any leftover christmas pudding you have. Great for a festive afternoon treat!

CHRISTMAS BROWNIES

Ingredients

- 375g dark chocolate, chopped
- 250g unsalted butter, chopped, room temp.
- 4 eggs
- 3/4 cup caster sugar
- 1/4tsp salt
- 1 cup plain flour
- 200g leftover Christmas pudding, crumbled

Method

1. Preheat the oven to 180C/170C fan forced. Grease and line a 20x30cm baking tin with greaseproof paper.
2. Place the chocolate, sugar and butter in a large microwave safe bowl and microwave in 30 second increments on high, stirring until butter and chocolate has melted.
3. Add eggs one at a time, beating each time quickly to prevent the eggs from curdling. Sift in the flour and salt, stir to combine then fold 150g christmas pudding into the batter.
4. Pour into the greased tin, scatter the rest of the christmas pudding on top and gently press into the batter. Bake for 20 minutes or until just set around the edges, but still soft in the middle
5. Cool completely before cutting into squares. Serve dusted with icing sugar if desired or with a scoop of vanilla ice cream or fresh whipped cream.

VIEW RECIPE



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