

# Ryde:

Take your best  
shot at today.



**Wellbeing in one shot.**

Now available at IGA Tasmania.





# Ryde:

## Go from distracted to focused.



## Wellbeing in one shot.

Now available at IGA Tasmania.





# Ryde:

Unwind your  
busy mind.



Wellbeing in one shot.

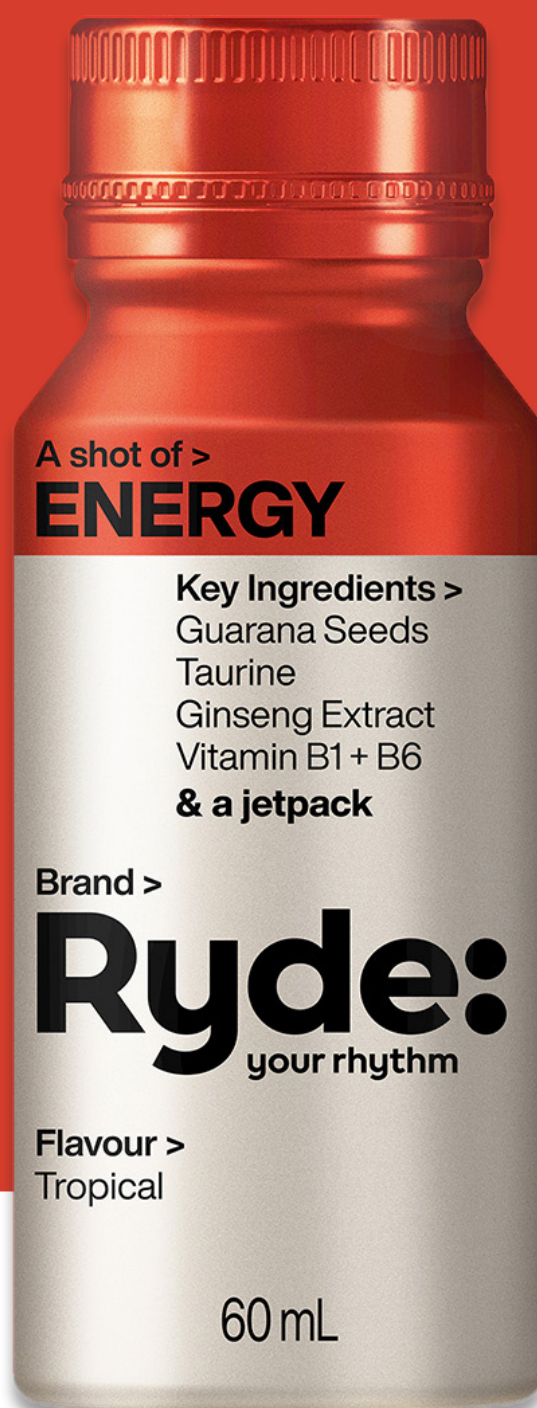
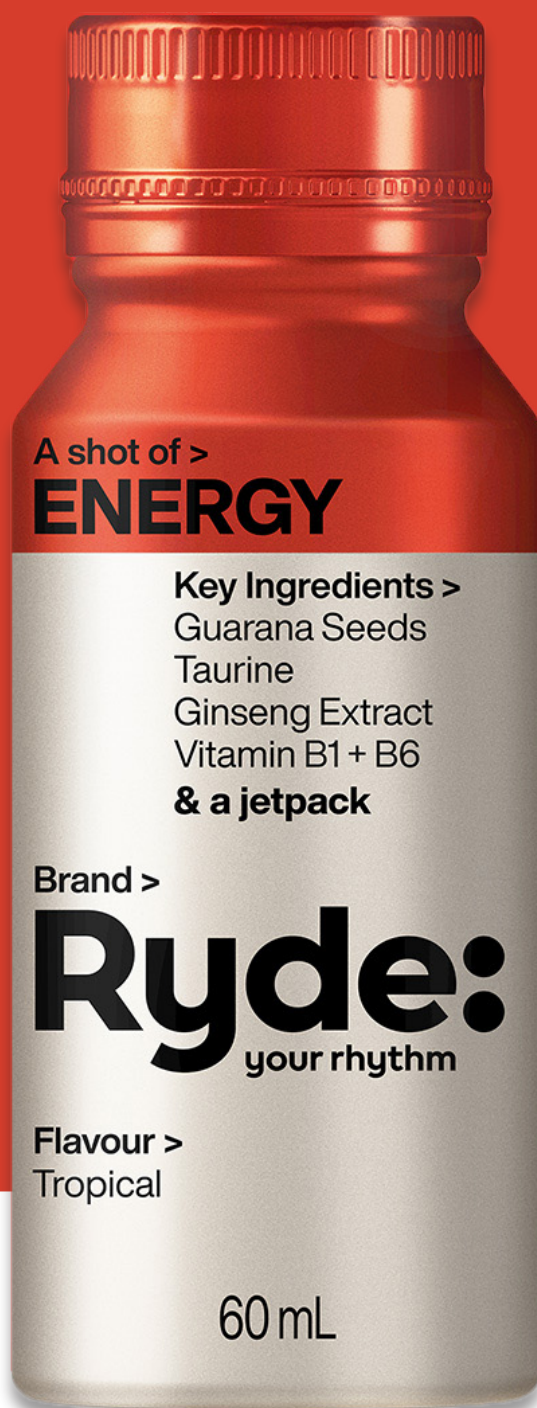
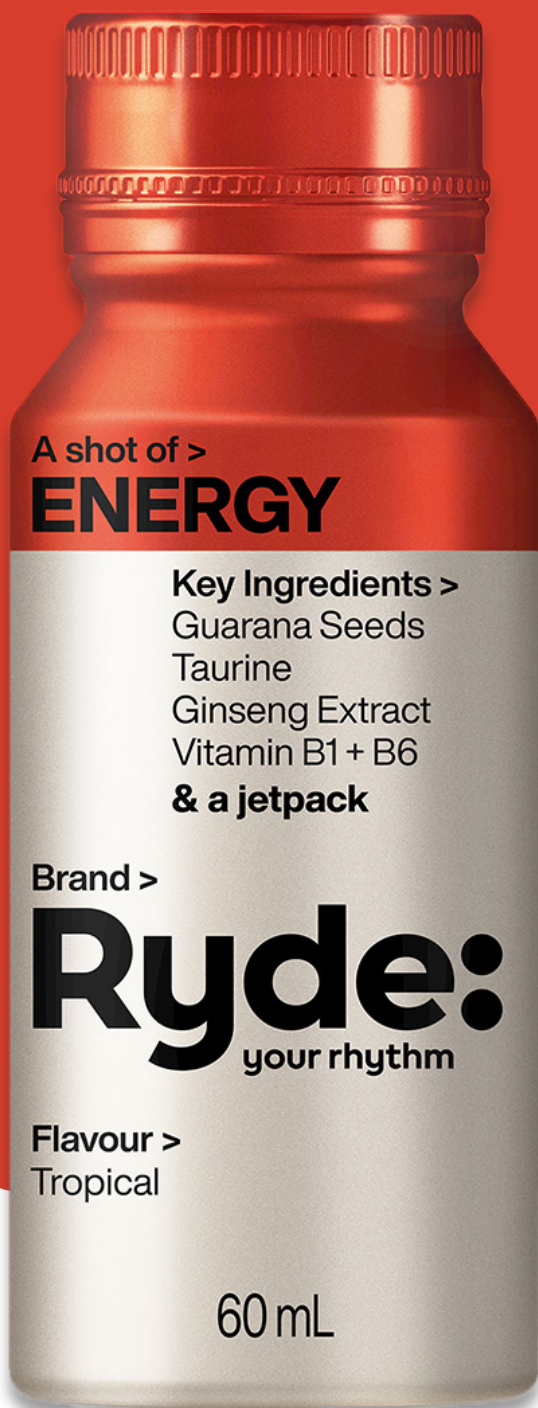
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# Ryde:

When you feel off.  
but need to be 'on'.



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