

**TV/Digital****Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)**

Television Advertised		Save	% Off	Retail	
1	Schweppes Mixer Soft Drink 4 x 300mL	\$3.45	½	\$3.45	\$2.88 per 1L
2	Natural Chip Company/Thins Potato Chips/French Fries 150/175g	\$2.49	½	\$2.40	N/A
3	Cadbury Roses Chocolates 420g	\$10.81	½	\$8.99	\$2.14 per 100g
4	Fantastic Rice Crackers 100g	\$1.15	½	\$1.15	\$1.15 per 100g
5	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L
6	Cadbury Family Block Chocolate 160-190g	\$2.51		\$3.49	N/A
7	Mainland Tasty Cheese Block 500g	\$3.01		\$6.99	\$13.98 per 1kg
8	Tamar Valley Yoghurt 700g (POT)	\$3.75	½	\$3.75	54¢ per 100g
Television Advertised - Fri 15 Dec					
9	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
10	National Pies Party Pies/Sausage Rolls 12pk (POT)	\$2.50		\$7.99	\$1.11 per 100g
11	Cripps Premium Shortbread 200g (POT)	\$0.90		\$4.39	\$2.20 per 100g

Google Advertised					
1	On the Menu Frozen Meal 260g	\$1.70		\$2.80	\$1.08 per 100g
2	Powerade Sports Drink 600mL	\$2.01	½	\$1.99	\$3.32 per 1L
3	Goulburn Valley Fruit 700g	\$1.61		\$3.99	\$5.70 per 1kg
4	Kirks Canned Soft Drink 10 x 375mL	\$2.45		\$7.55	\$2.01 per 1L

Facebook Advertised - Cadbury Gifting					
1	Cadbury Roses Chocolates 420g	\$10.81	½	\$8.99	\$2.14 per 100g
2	Cadbury Favourites 340/352g	\$8.50	½	\$8.49	N/A
3	(T)Cadbury Choc Fruit & Nut Jars 190-340g	\$5.01	½	\$4.99	N/A

Facebook Advertised - Half Price Christmas Essentials					
1	Schweppes Mixer Soft Drink 4 x 300mL	\$3.45	½	\$3.45	\$2.88 per 1L
2	Fantastic Rice Crackers 100g	\$1.15	½	\$1.15	\$1.15 per 100g
3	Lindt Lindor Gift Box 147/150g	\$8.50	½	\$8.50	N/A
4	Maltesers Gift Box 360/400g	\$7.01	½	\$6.99	N/A
5	President Cheese 200g	\$5.00	½	\$4.99	\$24.95 per 1kg
6	Natural Chip Company/Thins Potato Chips/French Fries 150/175g	\$2.49	½	\$2.40	N/A
7	Multix Clingwrap 33cm x 60m	\$1.99	½	\$1.90	3¢ per 1m
8	Duracell Batteries AA 16pk/AAA 14pk	\$11.50	½	\$11.50	N/A

Facebook Advertised - Twelve Days of Christmas					
1	Ingham's Ready Roast Turkey Thigh Roll 1kg	\$3.71		\$14.99	\$14.99 per 1kg
2	National Pies Party Pies/Sausage Rolls 12pk (POT)	\$2.50		\$7.99	\$1.11 per 100g
3	Arnott's Butternut Snaps/Choc Ripple 250g	\$1.10		\$2.49	\$1.00 per 100g
4	SPC Smooth Apple Sauce 375mL	\$0.50		\$2.49	66¢ per 100mL
5	Cripps Premium Shortbread 200g (POT)	\$0.90		\$4.39	\$2.20 per 100g
6	Ingham's Ready Roast Turkey Breast Roll 1kg	\$7.95		\$16.80	\$16.80 per 1kg

Wednesday Catalogue Email Header					
1	Schweppes Mixer Soft Drink 4 x 300mL	\$3.45	½	\$3.45	\$2.88 per 1L
2	Cadbury Roses Chocolates 420g	\$10.81	½	\$8.99	\$2.14 per 100g
Friday Catalogue Email - Pulled Pork Recipe					



TV/Digital

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

1	Scottsdale Pork Boneless Pork Leg Roast (Meat)			\$13.99kg	N/A
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Website Banner

1	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L
2	Fantastic Rice Crackers 100g	\$1.15	½	\$1.15	\$1.15 per 100g

Radio Advertised

1	Schweppes Mixer Soft Drink 4 x 300mL	\$3.45	½	\$3.45	\$2.88 per 1L
2	Cadbury Roses Chocolates 420g	\$10.81	½	\$8.99	\$2.14 per 100g
3	Fantastic Rice Crackers 100g	\$1.15	½	\$1.15	\$1.15 per 100g
4	President Cheese 200g	\$5.00	½	\$4.99	\$24.95 per 1kg



Press

Examiner / Mercury / Advocate

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

Thursday 14 Dec - ALL PRESS		Save	% Off	Retail	
1	Ingham's Ready Roast Turkey Breast Roll 1kg Digital	\$7.95		\$16.80	\$16.80 per 1kg
2	Southern Heritage Leg Ham Cob Half/Full (Meat)			\$7.99kg	
3	Gravox Gravy Mix 120/140g	\$2.10		\$3.49	N/A
4	Nestle Medium Chocolate Bars 35-50g	\$1.10	½	\$1.10	N/A
5	Moccona Premium Classic 100g/Infused Coffee 95g	\$6.46	½	\$5.99	N/A
6	Oreo Cookie 128-133g	\$1.25	½	\$1.25	N/A
Friday 15 Dec - Advocate/Examiner - (Market Fresh)					
1	Produce Line - Refer to Fresh Sheet (Produce) TV			\$0.00kg	N/A
2	Yellow Flesh Peaches (Produce)			\$3.90kg	N/A
3	Premium White Button Mushrooms (Produce)			\$9.90kg	N/A
Friday 15 Dec - Advocate/Examiner - (Market Fresh)					
1	National Pies Party Pies/Sausage Rolls 12pk (POT) Digital	\$2.50		\$7.99	\$1.11 per 100g
2	Pandani Double Smoked Ham (Deli)			\$15.99kg	N/A
3	Beef Scotch Fillet Steak (Meat)			\$34.99kg	N/A
Friday 15 Dec - Mercury - (Market Fresh)					
1	National Pies Party Pies/Sausage Rolls 12pk (POT) Digital	\$2.50		\$7.99	\$1.11 per 100g
2	Produce Line - Refer to Fresh Sheet (Produce) TV			\$0.00kg	N/A
3	Beef Scotch Fillet Steak (Meat)			\$34.99kg	N/A
Friday 15 Dec - Mercury					
1	Coca-Cola 30 x 375mL	\$13.55		\$25.55	\$2.27 per 1L
2	Mars Fun Size Bags 132-192g	\$2.20		\$3.30	N/A
3	Samboy Potato Chips/CC's Corn Chips 110/175g	\$1.11		\$3.69	\$2.11 per 100g
Saturday 16 Dec - Advocate & Examiner					
1	Coca-Cola 30 x 375mL	\$13.55		\$25.55	\$2.27 per 1L
2	Mars Fun Size Bags 132-192g	\$2.20		\$3.30	N/A
3	Samboy Potato Chips/CC's Corn Chips 110/175g	\$1.11		\$3.69	\$2.11 per 100g
Saturday 16 Dec - Mercury Front Page					
1	Arnott's Water Crackers 125g	\$0.79		\$1.00	80¢ per 100g
2	President Cheese 200g Digital	\$5.00	½	\$4.99	\$24.95 per 1kg
3	Fantastic Rice Crackers 100g TV	\$1.15	½	\$1.15	\$1.15 per 100g
Sunday 17th Dec - ALL PRESS					
1	Green's Essentials Baking Mixes 340g	\$1.00		\$1.80	53¢ per 100g
2	Arnott's Butternut Snaps/Choc Ripple 250g	\$1.10		\$2.49	\$1.00 per 100g
3	Sunbeam Sultanias 375g	\$1.00		\$3.49	\$9.31 per 1kg
4	Duck River Butter Pat 250g (POT)	\$1.21		\$3.99	\$1.60 per 100g
5	Tatua Whipped Cream 250g	\$1.89		\$5.60	\$2.24 per 100g
6	(T)Pauls Brandy/Butterscotch Custard 1kg	\$1.01		\$4.99	50¢ per 100g



Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

Front		Save	% Off	Retail	
1	Schweppes Mixer Soft Drink 4 x 300mL TV	\$3.45	½	\$3.45	\$2.88 per 1L
2	(T)Cadbury Choc Fruit & Nut Jars 190-340g Digital	\$5.01	½	\$4.99	N/A
3	Fantastic Rice Crackers 100g TV	\$1.15	½	\$1.15	\$1.15 per 100g
4	President Cheese 200g Digital	\$5.00	½	\$4.99	\$24.95 per 1kg
5	Beef Scotch Fillet Steak (Meat) Press			\$34.99kg	N/A
Page 2					
1	Natural Chip Company/Thins Potato Chips/French Fries 150/175g TV	\$2.49	½	\$2.40	N/A
2	Nestle Medium Chocolate Bars 35-50g Press	\$1.10	½	\$1.10	N/A
3	Oreo Cookie 128-133g Press	\$1.25	½	\$1.25	N/A
4	Popcorners 85g	\$2.40	½	\$2.40	\$2.82 per 100g
5	Frantelle Spring Water 24 x 600mL TV	\$7.70	½	\$7.70	53¢ per 1L
6	Powerade Sports Drink 600mL Digital	\$2.01	½	\$1.99	\$3.32 per 1L
7	Moccona Premium Classic 100g/Infused Coffee 95g Press	\$6.46	½	\$5.99	N/A
Page 3					
1	Tamar Valley Yoghurt 700g (POT) TV	\$3.75	½	\$3.75	54¢ per 100g
2	Herbal Essences Shampoo/Conditioner 300mL	\$3.51	½	\$3.49	\$1.16 per 100mL
3	Duck Fresh Discs 36mL	\$4.29	½	\$4.20	\$11.67 per 100mL
4	Multix Clingwrap 33cm x 60m Digital	\$1.99	½	\$1.90	3¢ per 1m
5	Duracell Batteries AA 16pk/AAA 14pk Digital	\$11.50	½	\$11.50	N/A
6	Dynamo Laundry Liquid 2L	\$14.50	½	\$14.50	\$7.25 per 1L
8	Aerogard Tropical Roll On 50mL	\$5.00	½	\$4.99	\$9.98 per 100mL
7	Mortein Fast Knockdown Fly Spray 200-250g	\$4.00	½	\$3.99	N/A
Page 4 - Meat & Produce					
1	Yellow Flesh Peaches (Produce) Press			\$3.90kg	N/A
2	Premium White Button Mushrooms (Produce) Press			\$9.90kg	N/A
3	Red Apples 1.5kg (Produce)			\$3.95bag	\$2.63 per 1kg
4	JC's Peanuts Salted/Unsalted 500g (Produce)	\$1.21		\$4.99ea	\$9.98 per 1kg
5	Southern Heritage Leg Ham Cob Half/Full (Meat)			\$7.99kg	
6	Marion Bay Free Range Chicken Bagged (Meat)			\$8.99kg	N/A
7	Pandani Sausages 500g (Meat)			\$7.00ea	\$14.00 per 1kg
8	Scottsdale Pork Artisan Pork Burgers 500g (Meat)			\$7.99ea	\$15.98 per 1kg
Page 5 - Deli & Bakery					
1	Pandani Double Smoked Ham (Deli) Press			\$15.99kg	N/A
2	Aussie Cooked Large Tiger Prawns 3kg (Thawed) (Deli)			\$29.99kg	N/A
3	Pandani Rindless Middle Bacon (Deli)			\$19.99kg	N/A
4	Ingham's Chicken Wings (Deli)			\$6.49kg	N/A
5	National Pies Party Pies/Sausage Rolls 12pk (POT) Digital	\$2.50		\$7.99	\$1.11 per 100g
6	Mission Wraps/Mini Wraps 6/8pk	\$1.51		\$3.99	N/A
7	Baker's Oven Sponge Roll 400g			\$5.79	\$1.45 per 100g
8	Bakers Collection Gingerbread Shapes 60g	\$0.40		\$3.25	\$5.42 per 100g
9	Bakers Collection Brandy Snaps/Baskets 6/8pk	\$0.74		\$4.75	N/A
10	Cripps Premium Shortbread 200g (POT) Digital	\$0.90		\$4.39	\$2.20 per 100g
11	Golden Crumpet Rounds 6pk (POT)	\$1.76		\$1.99	66¢ per 100g
Page 6					
1	Ingham's Ready Roast Turkey Breast Roll 1kg Digital	\$7.95		\$16.80	\$16.80 per 1kg



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2	MasterFoods Mustard 170/175g		\$1.11		\$2.99	N/A
3	Gravox Gravy Mix 120/140g	Press	\$2.10		\$3.49	N/A
4	Ocean Spray Cranberry Sauce 275g		\$1.36		\$2.99	\$1.09 per 100g
5	Ingham's Ready Roast Turkey Thigh Roll 1kg	Digital	\$3.71		\$14.99	\$14.99 per 1kg
6	Global Seafoods Frozen Cooked & Peeled Prawns 300g		\$3.60		\$9.99	\$33.30 per 1kg
7	Global Seafoods Frozen Prawn Ring 255g		\$2.80		\$10.99	\$43.10 per 1kg
8	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g		\$1.01		\$2.49	N/A
9	SPC Smooth Apple Sauce 375mL		\$0.50		\$2.49	66¢ per 100mL
10	Obento Panko Breadcrumbs 200g		\$0.81		\$1.99	\$1.00 per 100g
Page 7						
1	Lindt Lindor Gift Box 147/150g	Digital	\$8.50	½	\$8.50	N/A
2	Maltesers Gift Box 360/400g	Digital	\$7.01	½	\$6.99	N/A
3	Cadbury Roses Chocolates 420g	TV	\$10.81	½	\$8.99	\$2.14 per 100g
4	Cadbury Favourites 340/352g	Digital	\$8.50	½	\$8.49	N/A
5	(T)Quality Street 500g		\$15.00	½	\$15.00	\$3.00 per 100g
6	Guylian Seashells 250g/Luxury Assorted 180g		\$10.50	½	\$10.50	N/A
7	Cadbury Family Block Chocolate 160-190g	TV	\$2.51		\$3.49	N/A
8	Mars Fun Size Bags 132-192g	Press	\$2.20		\$3.30	N/A
9	(T) Kit Kat/Smarties Santa Hollow 85g		\$1.01		\$3.99	\$4.69 per 100g
10	(T)Cadbury Dairy Milk Santa 180g		\$1.71		\$4.99	\$2.77 per 100g
11	(T)Kinder Santa with Surprise 75g		\$1.01		\$4.99	\$6.65 per 100g
12	(T)Cadbury Christmas Baubles 112/114g		\$1.01		\$3.99	N/A
Page 8						
1	Samboy Potato Chips/CC's Corn Chips 110/175g	Press	\$1.11		\$3.69	\$2.11 per 100g
2	Arnott's Water Crackers 125g	Press	\$0.79		\$1.00	80¢ per 100g
3	Nabisco In A Biskit 160g		\$1.51		\$2.99	\$1.87 per 100g
4	Fyna Licorice Bags 200-250g		\$0.90		\$2.99	N/A
5	Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)		\$1.01		\$3.49	N/A
6	Coca-Cola/Sprite No Sugar/Fanta No Sugar 12 x 300mL		\$4.90		\$11.50	\$3.19 per 1L
7	Kirks Canned Soft Drink 10 x 375mL	Digital	\$2.45		\$7.55	\$2.01 per 1L
8	Coca-Cola 30 x 375mL	Press	\$13.55		\$25.55	\$2.27 per 1L
9	Bundaberg Soft Drink 4 x 375mL		\$2.35		\$5.45	\$3.63 per 1L
10	Bickford's Cordial 750mL		\$0.76		\$4.99	\$6.65 per 1L
11	Monster Energy Drink 4 x 500mL		\$5.36		\$7.99	\$4.00 per 1L
12	McGuigan Zero Alcohol 750mL		\$4.00		\$8.99	\$11.99 per 1L
Page 9						
1	Goulburn Valley Fruit 700g	Digital	\$1.61		\$3.99	\$5.70 per 1kg
2	Bega Peanut Butter 470g		\$1.26		\$5.99	\$1.27 per 100g
3	Dilmah Ceylon Tea Leaves 250gPremium/Extra Strength Cup/Pot Bags 100pk		\$3.01		\$4.99	N/A
4	Green's Essentials Baking Mixes 340g	Press	\$1.00		\$1.80	53¢ per 100g
5	(T)Green's Christmas Baking Mixes 515/530g		\$1.01		\$4.99	N/A
6	Sunbeam Sultanias 375g	Press	\$1.00		\$3.49	\$9.31 per 1kg
7	Arnott's Butternut Snaps/Choc Ripple 250g	Press	\$1.10		\$2.49	\$1.00 per 100g
8	Queen Vanilla Bean Paste 65g		\$3.36		\$8.99	\$13.83 per 100g
9	Nestle Melts/Choc Bits/Plastowe Blocks 180-290g		\$1.01		\$3.99	N/A
Page 10						
1	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar		\$1.65		\$2.25	45¢ per 100mL

**Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)**

2	Praise Salad Dressing 330mL		\$1.21		\$2.79	85¢ per 100mL
3	Johnno's Apple Sauce 250g (POT)		\$0.86		\$3.99	\$1.60 per 100g
4	Cobram Olive Oil 375mL		\$1.51		\$8.99	\$2.40 per 100mL
5	Fantastic Noodles Cup/Bowl 45-85g		\$0.46		\$1.49	N/A
6	Leggo's Tomato Paste 140g 2pk		\$0.86		\$2.99	\$1.07 per 100g
7	Tandaco Stuffing 200g		\$1.20		\$1.99	\$1.00 per 100g
8	Always Fresh Pitted Kalamata Olives 220g		\$2.01		\$3.99	\$18.14 per 1kg
9	Blue Banner Pickled Onions 525g excl. No Added Sugar (POT)		\$0.51		\$5.99	\$11.41 per 1kg
Page 11						
1	Sorbent Toilet Tissue Hypo-Allergenic 8pk		\$2.40		\$6.99	49¢ per 100sh
2	BabyLove Disposable Nappies 15-28pk		\$1.00		\$9.99	N/A
3	BabyLove Everyday Baby Wipes 80pk		\$0.51		\$2.99	\$3.74 per 100ea
4	Glad Oven Bags 4/5s		\$0.64		\$2.25	N/A
5	(T)Glad Roaster Pan		\$1.16		\$3.69	\$3.69 per 1ea
6	Community Co Dish Washing Liquid 450mL				\$2.69	60¢ per 100mL
7	Friskies Dry Cat Food 1kg		\$2.26		\$5.99	60¢ per 100g
8	Whiskas Oh So Pouches 12 x 85g		\$3.01		\$10.99	\$1.08 per 100g
9	Supercoat Dog Food 2.6/2.8kg		\$4.01		\$13.99	N/A
Page 12						
1	Mainland Tasty Cheese Block 500g	TV	\$3.01		\$6.99	\$13.98 per 1kg
2	South Cape Cream Cheese 200g (POT)		\$1.50		\$4.99	\$24.95 per 1kg
3	Flora Spread 500g		\$1.80		\$3.69	74¢ per 100g
4	(T)Pauls Brandy/Butterscotch Custard 1kg	Press	\$1.01		\$4.99	50¢ per 100g
5	Duck River Butter Pat 250g (POT)	Press	\$1.21		\$3.99	\$1.60 per 100g
6	Tatua Whipped Cream 250g	Press	\$1.89		\$5.60	\$2.24 per 100g
7	Bulla Ice Cream 2L excluding Nut Free		\$1.16		\$4.99	25¢ per 100mL
8	Connoisseur Ice Cream Stick 4/6pk		\$2.96		\$6.99	N/A
9	Connoisseur Ice Cream 1L		\$2.56		\$9.99	\$1.00 per 100mL
10	Birds Eye Oven Bake Fish Fillets 425g		\$3.31		\$8.99	\$21.15 per 1kg
11	On the Menu Frozen Meal 260g	Digital	\$1.70		\$2.80	\$1.08 per 100g
Page 13 - LPE Full Page (Digital Only)						
1	Twisties/Burger Rings/Toobs/Cheetos 125-270g	LPE			\$3.99	N/A
2	Lucozade Energy Drink 380mL	LPE			\$3.00	\$7.89 per 1L
3	Coca-Cola/Fanta/Sprite Soft Drink 2L	LPE			\$3.65	\$1.83 per 1L
4	Sunrice Rice Medium Grain 1kg	LPE			\$3.75	38¢ per 100g
5	Radiant Laundry Powder 1kg/Liquid 1L	LPE			\$7.50	N/A
6	Ajax Spray n' Wipe Trigger 475/500mL	LPE			\$3.50	N/A
7	Rafferty's Garden Baby Food 4+ months 120g	LPE			\$1.99	\$1.66 per 100g
Page 14 - Pulled Pork Recipe Full Page (Digital Only)						
1	Scottsdale Pork Boneless Pork Leg Roast (Meat)	Digital			\$13.99kg	N/A



Standard Catalogue

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

Front Page			% Off	Retail	
1	Schweppes Mixer Soft Drink 4 x 300mL	TV	½	\$3.45	\$2.88 per 1L
2	(T)Cadbury Choc Fruit & Nut Jars 190-340g	Digital	½	\$4.99	N/A
3	Fantastic Rice Crackers 100g	TV	½	\$1.15	\$1.15 per 100g
4	President Cheese 200g	Digital	½	\$4.99	\$24.95 per 1kg
5	Beef Scotch Fillet Steak (Meat)	Press		\$34.99kg	N/A
Page 2					
1	Natural Chip Company/Thins Potato Chips/French Fries 150/175g	TV	½	\$2.40	N/A
2	Nestle Medium Chocolate Bars 35-50g	Press	½	\$1.10	N/A
3	Frantelle Spring Water 24 x 600mL	TV	½	\$7.70	53¢ per 1L
4	Powerade Sports Drink 600mL	Digital	½	\$1.99	\$3.32 per 1L
5	Oreo Cookie 128-133g	Press	½	\$1.25	N/A
6	Moccona Premium Classic 100g/Infused Coffee 95g	Press	½	\$5.99	N/A
7	Tamar Valley Yoghurt 700g (POT)	TV	½	\$3.75	54¢ per 100g
8	Herbal Essences Shampoo/Conditioner 300mL		½	\$3.49	\$1.16 per 100mL
9	Multix Clingwrap 33cm x 60m	Digital	½	\$1.90	3¢ per 1m
10	Duracell Batteries AA 16pk/AAA 14pk	Digital	½	\$11.50	N/A
11	Dynamo Laundry Liquid 2L		½	\$14.50	\$7.25 per 1L
Page 3					
1	Lindt Lindor Gift Box 147/150g	Digital	½	\$8.50	N/A
2	Maltesers Gift Box 360/400g	Digital	½	\$6.99	N/A
3	Cadbury Roses Chocolates 420g	TV	½	\$8.99	\$2.14 per 100g
4	Cadbury Favourites 340/352g	Digital	½	\$8.49	N/A
5	Cadbury Family Block Chocolate 160-190g	TV		\$3.49	N/A
6	Mars Fun Size Bags 132-192g	Press		\$3.30	N/A
7	(T) Kit Kat/Smarties Santa Hollow 85g			\$3.99	\$4.69 per 100g
8	(T)Cadbury Dairy Milk Santa 180g			\$4.99	\$2.77 per 100g
9	(T)Kinder Santa with Surprise 75g			\$4.99	\$6.65 per 100g
10	(T)Cadbury Christmas Baubles 112/114g			\$3.99	N/A
Page 4					
1	Yellow Flesh Peaches (Produce)	Press		\$3.90kg	N/A
2	Premium White Button Mushrooms (Produce)	Press		\$9.90kg	N/A
3	JC's Peanuts Salted/Unsalted 500g (Produce)			\$4.99ea	\$9.98 per 1kg
4	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital		\$7.99	\$1.11 per 100g
5	Mission Wraps/Mini Wraps 6/8pk			\$3.99	N/A
6	Baker's Oven Sponge Roll 400g			\$5.79	\$1.45 per 100g
7	Cripps Premium Shortbread 200g (POT)	Digital		\$4.39	\$2.20 per 100g
Page 5					
1	Ingham's Ready Roast Turkey Breast Roll 1kg	Digital		\$16.80	\$16.80 per 1kg
2	Gravox Gravy Mix 120/140g	Press		\$3.49	N/A
3	Ocean Spray Cranberry Sauce 275g			\$2.99	\$1.09 per 100g
4	Ingham's Ready Roast Turkey Thigh Roll 1kg	Digital		\$14.99	\$14.99 per 1kg
5	Global Seafoods Frozen Cooked & Peeled Prawns 300g			\$9.99	\$33.30 per 1kg
6	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g			\$2.49	N/A
7	SPC Smooth Apple Sauce 375mL			\$2.49	66¢ per 100mL
8	Obento Panko Breadcrumbs 200g			\$1.99	\$1.00 per 100g



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Page 6					
1	Samboy Potato Chips/CC's Corn Chips 110/175g	Press		\$3.69	\$2.11 per 100g
2	Arnott's Water Crackers 125g	Press		\$1.00	80¢ per 100g
3	Nabisco In A Biskit 160g			\$2.99	\$1.87 per 100g
4	Kirks Canned Soft Drink 10 x 375mL	Digital		\$7.55	\$2.01 per 1L
5	Coca-Cola 30 x 375mL	Press		\$25.55	\$2.27 per 1L
6	Bundaberg Soft Drink 4 x 375mL			\$5.45	\$3.63 per 1L
7	Bickford's Cordial 750mL			\$4.99	\$6.65 per 1L
8	Monster Energy Drink 4 x 500mL			\$7.99	\$4.00 per 1L
9	McGuigan Zero Alcohol 750mL			\$8.99	\$11.99 per 1L
Page 7					
1	Goulburn Valley Fruit 700g	Digital		\$3.99	\$5.70 per 1kg
2	Arnott's Butternut Snaps/Choc Ripple 250g	Press		\$2.49	\$1.00 per 100g
3	Sunbeam Sultanas 375g	Press		\$3.49	\$9.31 per 1kg
4	Green's Essentials Baking Mixes 340g	Press		\$1.80	53¢ per 100g
5	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar			\$2.25	45¢ per 100mL
6	Cobram Olive Oil 375mL			\$8.99	\$2.40 per 100mL
7	Sorbent Toilet Tissue Hypo-Allergenic 8pk			\$6.99	49¢ per 100sh
8	Friskies Dry Cat Food 1kg			\$5.99	60¢ per 100g
9	Supercoat Dog Food 2.6/2.8kg			\$13.99	N/A
Page 8					
1	Mainland Tasty Cheese Block 500g	TV		\$6.99	\$13.98 per 1kg
2	(T)Pauls Brandy/Butterscotch Custard 1kg	Press		\$4.99	50¢ per 100g
3	Duck River Butter Pat 250g (POT)	Press		\$3.99	\$1.60 per 100g
4	Tatua Whipped Cream 250g	Press		\$5.60	\$2.24 per 100g
5	On the Menu Frozen Meal 260g	Digital		\$2.80	\$1.08 per 100g
6	Birds Eye Oven Bake Fish Fillets 425g			\$8.99	\$21.15 per 1kg
7	Connoisseur Ice Cream Stick 4/6pk			\$6.99	N/A
8	Bulla Ice Cream 2L excluding Nut Free			\$4.99	25¢ per 100mL
Page 9 - LPE Full Page (Digital Only)					
1	Twisties/Burger Rings/Toobs/Cheetos 125-270g	LPE		\$3.99	N/A
2	Lucozade Energy Drink 380mL	LPE		\$3.00	\$7.89 per 1L
3	Coca-Cola/Fanta/Sprite Soft Drink 2L	LPE		\$3.65	\$1.83 per 1L
4	Sunrice Rice Medium Grain 1kg	LPE		\$3.75	38¢ per 100g
5	Radiant Laundry Powder 1kg/Liquid 1L	LPE		\$7.50	N/A
6	Ajax Spray n' Wipe Trigger 475/500mL	LPE		\$3.50	N/A
7	Rafferty's Garden Baby Food 4+ months 120g	LPE		\$1.99	\$1.66 per 100g
Page 10 - Pulled Pork Recipe Full Page (Digital Only)					
1	Scottsdale Pork Boneless Pork Leg Roast (Meat)	Digital		\$13.99kg	N/A



Press

Examiner / Mercury / Advocate

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

Alpha Sorted List - ALL PRESS (Including Digital)			Retail	
1	!Frantelle Spring Water 24 x 600mL	TV	\$7.70	53¢ per 1L
2	!Lindt Lindor Gift Box 147/150g	Digital	\$8.50	N/A
3	(T)Cadbury Choc Fruit & Nut Jars 190-340g	Digital	\$4.99	N/A
4	(T)Pauls Brandy/Butterscotch Custard 1kg		\$4.99	50¢ per 100g
5	Arnott's Butternut Snaps/Choc Ripple 250g		\$2.49	\$1.00 per 100g
6	Arnott's Water Crackers 125g		\$1.00	80¢ per 100g
7	Cadbury Family Block Chocolate 160-190g	TV	\$3.49	N/A
8	Cadbury Favourites 340/352g	Digital	\$8.49	N/A
9	Cadbury Roses Chocolates 420g	TV	\$8.99	\$2.14 per 100g
10	Coca-Cola 30 x 375mL		\$25.55	\$2.27 per 1L
11	Cripps Premium Shortbread 200g (POT)	Digital	\$4.39	\$2.20 per 100g
12	Duck River Butter Pat 250g (POT)		\$3.99	\$1.60 per 100g
13	Duracell Batteries AA 16pk/AAA 14pk	Digital	\$11.50	N/A
14	Fantastic Rice Crackers 100g	TV	\$1.15	\$1.15 per 100g
15	Goulburn Valley Fruit 700g	Digital	\$3.99	\$5.70 per 1kg
16	Gravox Gravy Mix 120/140g		\$3.49	N/A
17	Green's Essentials Baking Mixes 340g		\$1.80	53¢ per 100g
18	Ingham's Ready Roast Turkey Breast Roll 1kg	Digital	\$16.80	\$16.80 per 1kg
19	Ingham's Ready Roast Turkey Thigh Roll 1kg	Digital	\$14.99	\$14.99 per 1kg
20	Kirks Canned Soft Drink 10 x 375mL	Digital	\$7.55	\$2.01 per 1L
21	Mainland Tasty Cheese Block 500g	TV	\$6.99	\$13.98 per 1kg
22	Maltesers Gift Box 360/400g	Digital	\$6.99	N/A
23	Mars Fun Size Bags 132-192g		\$3.30	N/A
24	Moccona Premium Classic 100g/Infused Coffee 95g		\$5.99	N/A
25	Multix Clingwrap 33cm x 60m	Digital	\$1.90	3¢ per 1m
26	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital	\$7.99	\$1.11 per 100g
27	Natural Chip Company/Thins Potato Chips/French Fries 150/175g	TV	\$2.40	N/A
28	Nestle Medium Chocolate Bars 35-50g		\$1.10	N/A
29	On the Menu Frozen Meal 260g	Digital	\$2.80	\$1.08 per 100g
30	Oreo Cookie 128-133g		\$1.25	N/A
31	Powerade Sports Drink 600mL	Digital	\$1.99	\$3.32 per 1L
32	President Cheese 200g	Digital	\$4.99	\$24.95 per 1kg
33	Samboy Potato Chips/CC's Corn Chips 110/175g		\$3.69	\$2.11 per 100g
34	Schweppes Mixer Soft Drink 4 x 300mL	TV	\$3.45	\$2.88 per 1L
35	Sunbeam Sultanias 375g		\$3.49	\$9.31 per 1kg
36	Tamar Valley Yoghurt 700g (POT)	TV	\$3.75	54¢ per 100g
37	Tatua Whipped Cream 250g		\$5.60	\$2.24 per 100g



Catalogue

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

Alpha Sorted List - Catalogue		Retail	
1	(T) Kit Kat/Smarties Santa Hollow 85g	\$3.99	\$4.69 per 100g
2	(T)Cadbury Christmas Baubles 112/114g	\$3.99	N/A
3	(T)Cadbury Dairy Milk Santa 180g	\$4.99	\$2.77 per 100g
4	(T)Glad Roaster Pan	\$3.69	\$3.69 per 1ea
5	(T)Green's Christmas Baking Mixes 515/530g	\$4.99	N/A
6	(T)Kinder Santa with Surprise 75g	\$4.99	\$6.65 per 100g
7	(T)Quality Street 500g	\$15.00	\$3.00 per 100g
8	Aerogard Tropical Roll On 50mL	\$4.99	\$9.98 per 100mL
9	Ajax Spray n' Wipe Trigger 475/500mL	LPE \$3.50	N/A
10	Always Fresh Pitted Kalamata Olives 220g	\$3.99	\$18.14 per 1kg
11	Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)	\$3.49	N/A
12	BabyLove Disposable Nappies 15-28pk	\$9.99	N/A
13	BabyLove Everyday Baby Wipes 80pk	\$2.99	\$3.74 per 100ea
14	Bakers Collection Brandy Snaps/Baskets 6/8pk	\$4.75	N/A
15	Bakers Collection Gingerbread Shapes 60g	\$3.25	\$5.42 per 100g
16	Baker's Oven Sponge Roll 400g	\$5.79	\$1.45 per 100g
17	Bega Peanut Butter 470g	\$5.99	\$1.27 per 100g
18	Bickford's Cordial 750mL	\$4.99	\$6.65 per 1L
19	Birds Eye Oven Bake Fish Fillets 425g	\$8.99	\$21.15 per 1kg
20	Blue Banner Pickled Onions 525g excl. No Added Sugar (POT)	\$5.99	\$11.41 per 1kg
21	Bulla Ice Cream 2L excluding Nut Free	\$4.99	25¢ per 100mL
22	Bundaberg Soft Drink 4 x 375mL	\$5.45	\$3.63 per 1L
23	Cobram Olive Oil 375mL	\$8.99	\$2.40 per 100mL
24	Coca-Cola/Fanta/Sprite Soft Drink 2L	LPE \$3.65	\$1.83 per 1L
25	Coca-Cola/Sprite No Sugar/Fanta No Sugar 12 x 300mL	\$11.50	\$3.19 per 1L
26	Community Co Dish Washing Liquid 450mL	\$2.69	60¢ per 100mL
27	Connoisseur Ice Cream 1L	\$9.99	\$1.00 per 100mL
28	Connoisseur Ice Cream Stick 4/6pk	\$6.99	N/A
29	Dilmah Ceylon Tea Leaves 250gPremium/Extra Strength Cup/Pot Bags	\$4.99	N/A
30	Duck Fresh Discs 36mL	\$4.20	\$11.67 per 100mL
31	Dynamo Laundry Liquid 2L	\$14.50	\$7.25 per 1L
32	Fantastic Noodles Cup/Bowl 45-85g	\$1.49	N/A
33	Flora Spread 500g	\$3.69	74¢ per 100g
34	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar	\$2.25	45¢ per 100mL
35	Friskies Dry Cat Food 1kg	\$5.99	60¢ per 100g
36	Fyna Licorice Bags 200-250g	\$2.99	N/A
37	Glad Oven Bags 4/5s	\$2.25	N/A
38	Global Seafoods Frozen Cooked & Peeled Prawns 300g	\$9.99	\$33.30 per 1kg
39	Global Seafoods Frozen Prawn Ring 255g	\$10.99	\$43.10 per 1kg
40	Golden Crumpet Rounds 6pk (POT)	\$1.99	66¢ per 100g
41	Guylian Seashells 250g/Luxury Assorted 180g	\$10.50	N/A
42	Herbal Essences Shampoo/Conditioner 300mL	\$3.49	\$1.16 per 100mL
43	Johnno's Apple Sauce 250g (POT)	\$3.99	\$1.60 per 100g
44	Leggo's Tomato Paste 140g 2pk	\$2.99	\$1.07 per 100g
45	Lucozade Energy Drink 380mL	LPE \$3.00	\$7.89 per 1L
46	MasterFoods Mustard 170/175g	\$2.99	N/A



Catalogue

Wednesday 13 Dec 2023 - Tuesday 19 Dec 2023 (week 50)

47	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g		\$2.49	N/A
48	McGuigan Zero Alcohol 750mL		\$8.99	\$11.99 per 1L
49	Mission Wraps/Mini Wraps 6/8pk		\$3.99	N/A
50	Monster Energy Drink 4 x 500mL		\$7.99	\$4.00 per 1L
51	Mortein Fast Knockdown Fly Spray 200-250g		\$3.99	N/A
52	Nabisco In A Biskit 160g		\$2.99	\$1.87 per 100g
53	Nestle Melts/Choc Bits/Plastowe Blocks 180-290g		\$3.99	N/A
54	Obento Panko Breadcrumbs 200g		\$1.99	\$1.00 per 100g
55	Ocean Spray Cranberry Sauce 275g		\$2.99	\$1.09 per 100g
56	Popcorners 85g		\$2.40	\$2.82 per 100g
57	Praise Salad Dressing 330mL		\$2.79	85¢ per 100mL
58	Queen Vanilla Bean Paste 65g		\$8.99	\$13.83 per 100g
59	Radiant Laundry Powder 1kg/Liquid 1L	LPE	\$7.50	N/A
60	Rafferty's Garden Baby Food 4+ months 120g	LPE	\$1.99	\$1.66 per 100g
61	Sorbent Toilet Tissue Hypo-Allergenic 8pk		\$6.99	49¢ per 100sh
62	South Cape Cream Cheese 200g (POT)		\$4.99	\$24.95 per 1kg
63	SPC Smooth Apple Sauce 375mL		\$2.49	66¢ per 100mL
64	Sunrice Rice Medium Grain 1kg	LPE	\$3.75	38¢ per 100g
65	Supercoat Dog Food 2.6/2.8kg		\$13.99	N/A
66	Tandaco Stuffing 200g		\$1.99	\$1.00 per 100g
67	Twisties/Burger Rings/Tooobs/Cheetos 125-270g	LPE	\$3.99	N/A
68	Whiskas Oh So Pouches 12 x 85g		\$10.99	\$1.08 per 100g