

**TV/Digital****Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)**

Television Advertised		Save	% Off	Retail	
1	Bulla Multipack Sticks 8-14pk	\$3.75	½	\$3.75	N/A
2	Greenseas Canned Tuna 95g	\$1.15	½	\$1.10	\$11.58 per 1kg
3	Mars Medium Bars 35-56g	\$1.11	>½	\$0.89	N/A
4	Kirks Canned Soft Drink 375mL 10pk	\$3.01		\$6.99	\$1.86 per 1L
5	Radiant Laundry Powder 2kg/Liquid 2L	\$11.01	>½	\$8.99	N/A
6	Dine Cat Food Tray 85g	\$0.51		\$0.79	93¢ per 100g
Television Advertised - Fri 09 Sep					
7	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A

Google Advertised					
1	Duck Deep Action/Foaming Bleach 750mL	\$3.20	½	\$2.99	40¢ per 100mL
2	Twisties/Cheetos/Burger Rings 65-90g	\$1.04		\$1.75	N/A
3	Ingham's Chicken Breast Tenders 400g	\$4.46		\$5.49	\$13.73 per 1kg
4	Peters Ice Cream 4L	\$2.01		\$7.99	20¢ per 100mL

Facebook Advertised - Half Price Specials					
1	Bulla Multipack Sticks 8-14pk	\$3.75	½	\$3.75	N/A
2	Greenseas Canned Tuna 95g	\$1.15	½	\$1.10	\$11.58 per 1kg
3	Mars Medium Bars 35-56g	\$1.11	>½	\$0.89	N/A
4	Radiant Laundry Powder 2kg/Liquid 2L	\$11.01	>½	\$8.99	N/A

Wednesday Catalogue Email Header					
1	Radiant Laundry Powder 2kg/Liquid 2L	\$11.01	>½	\$8.99	N/A
2	Dine Cat Food Tray 85g	\$0.51		\$0.79	93¢ per 100g

Website Banner					
1	Bulla Multipack Sticks 8-14pk	\$3.75	½	\$3.75	N/A
2	Greenseas Canned Tuna 95g	\$1.15	½	\$1.10	\$11.58 per 1kg



Press

Examiner / Mercury / Advocate

Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

Thursday 08 Sep - ALL PRESS		Save	% Off	Retail		
1	Danone YoPro Yoghurt 160g	\$1.20	½	\$1.20	75¢ per 100g	
2	On the Menu Frozen Meal 260g	\$1.31		\$1.99	77¢ per 100g	
3	Rexona Advanced Antiperspirant 220mL	\$4.70	½	\$3.99	\$1.81 per 100mL	
Friday 09 Sep - Mercury - (Market Fresh)						
1	Mission Wraps/Mini Wraps 6/8pk	\$1.90		\$3.49	N/A	
2	Beef Porterhouse Steak (Meat)			\$28.99kg	N/A	
3	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$0.00kg	N/A	
Friday 09 Sep - Mercury						
1	Red Bull Energy Drink 250mL 4pk	\$3.56		\$6.99	\$6.99 per 1L	
2	Palmolive Ultra Dishwashing Liquid 500mL	\$2.50	½	\$2.49	50¢ per 100mL	
3	Natures Organics Fruits Shampoo & Conditioner 500mL	\$0.51		\$1.49	30¢ per 100mL	
Friday 09 Sep - Advocate/Examiner - (Market Fresh)						
1	Mission Wraps/Mini Wraps 6/8pk	\$1.90		\$3.49	N/A	
2	Beef Porterhouse Steak (Meat)			\$28.99kg	N/A	
3	Pandani Double Smoked Ham (Deli)			\$13.99kg	N/A	
Friday 09 Sep - Advocate/Examiner - (Market Fresh)						
1	Pre Packed Baby Spinach 150g (Produce)			\$3.45bag	\$23.00 per 1kg	
2	Carrots 1kg (Produce)			\$1.50bag	\$1.50 per 1kg	
3	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$0.00kg	N/A	
Saturday 10 Sep - Advocate & Examiner						
1	Red Bull Energy Drink 250mL 4pk	\$3.56		\$6.99	\$6.99 per 1L	
2	Palmolive Ultra Dishwashing Liquid 500mL	\$2.50	½	\$2.49	50¢ per 100mL	
3	Natures Organics Fruits Shampoo & Conditioner 500mL	\$0.51		\$1.49	30¢ per 100mL	
Saturday 10 Sep - Mercury Front Page						
1	Bulla Multipack Sticks 8-14pk	TV	\$3.75	½	\$3.75	N/A
2	Greenseas Canned Tuna 95g	TV	\$1.15	½	\$1.10	\$11.58 per 1kg



Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

Front			Save	% Off	Retail	
1	Bulla Multipack Sticks 8-14pk	TV	\$3.75	½	\$3.75	N/A
2	Greenseas Canned Tuna 95g	TV	\$1.15	½	\$1.10	\$11.58 per 1kg
3	Mars Medium Bars 35-56g	TV	\$1.11	>½	\$0.89	N/A
4	Radiant Laundry Powder 2kg/Liquid 2L	TV	\$11.01	>½	\$8.99	N/A
5	Beef Porterhouse Steak (Meat)	Press			\$28.99kg	N/A
Page 2 - Meat & Produce						
1	Pre Packed Baby Spinach 150g (Produce)	Press			\$3.45bag	\$23.00 per 1kg
2	Carrots 1kg (Produce)	Press			\$1.50bag	\$1.50 per 1kg
3	Sweet Potatoes (Produce)				\$2.50kg	N/A
4	JC's Quality Outback Mix 500g (Produce)		\$2.40		\$9.99ea	\$19.98 per 1kg
5	Marion Bay Free Range Chicken Bagged (Meat)				\$7.99kg	N/A
6	Scottsdale Pork Traditional English Thick Pork Sausage 475g (Meat)				\$7.49ea	\$15.77 per 1kg
7	Wild Clover Lamb Leg Steak (Meat)				\$34.99kg	N/A
8	Scottsdale Pork Artisan Carolina/Memphis Marinated Pork Shoulder (Meat)				\$13.99kg	N/A
Page 3 - Deli & Bakery						
1	Pandani Double Smoked Ham (Deli)	Press			\$13.99kg	N/A
2	Chicken Wings (Deli)				\$3.49kg	N/A
3	Chicken Thigh Fillets (Deli)				\$14.59kg	N/A
4	Tibaldi Diced Lean Bacon (2.5kg) (Deli)				\$12.99kg	N/A
5	Mission Wraps/Mini Wraps 6/8pk	Press	\$1.90		\$3.49	N/A
6	Cripps Master Muffins 6pk (POT)		\$1.50		\$3.79	\$1.05 per 100g
7	Cripps Crumpet Splits 6pk (POT)		\$1.26		\$2.59	61¢ per 100g
8	William's Bread 800-900g (POT)	LPE			\$4.35	N/A
Page 4						
1	Twisties/Cheetos/Burger Rings 65-90g	Digital	\$1.04		\$1.75	N/A
2	Smith's Potato Chips/Doritos Corn Chips 90-175g		\$1.31		\$2.99	N/A
3	Uncle Tobys Roll-ups 6pk		\$0.51		\$3.49	\$3.71 per 100g
4	Cadbury Family Block Chocolate 160-190g		\$1.51		\$3.49	N/A
5	Mars Fun Size Bags/M&M's/Maltesers/Pods/Skittles/Starburst 130-235g		\$0.81		\$3.69	N/A
6	Arnott's Chocolate Biscuits 160-250g (excl. Tim Tam)		\$1.01		\$2.99	N/A
7	Frantelle Spring Water 600mL 12pk		\$2.26		\$6.99	97¢ per 1L
8	Golden Circle Fruit Drink 250mL 6pk		\$1.11		\$3.99	\$2.66 per 1L
9	Bundaberg Ginger Beer/Soft Drink 200mL 6pk		\$2.00		\$4.59	\$3.83 per 1L
10	Coca-Cola Soft Drink 2L	LPE			\$3.65	\$1.83 per 1L
11	Coca-Cola/Sprite No Sugar/Fanta No Sugar 300mL 12pk		\$7.76		\$9.99	\$2.78 per 1L
12	Cascade Mixers 200mL 4pk		\$1.01		\$2.99	\$3.74 per 1L
Page 5						
1	Dolmio Extra Pasta Sauce 490/500g		\$1.51		\$2.49	N/A
2	San Remo Pasta 375/500g		\$0.46		\$2.49	N/A
3	Fantastic Noodles Cup 70g/Bowl 85g		\$0.46		\$1.49	N/A
4	Kantong Simmer Sauce 505-520g		\$1.40		\$2.99	N/A
5	Ardmona Rich & Thick 410g		\$0.70		\$1.75	\$4.27 per 1kg
6	Old el Paso Meal Kits 290-520g excl Stand n Stuff/Gluten Free		\$1.80		\$5.99	N/A
7	Campbell's Canned Soup 495-510g (excl Bone Broth)		\$2.56	>½	\$1.99	N/A
8	Campbell's Real Stock 1L		\$1.01		\$2.99	30¢ per 100mL
9	Moccona Classic Freeze Dried Coffee 200g		\$7.51		\$11.99	\$6.00 per 100g



Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

10	Nutella Hazelnut Spread 400g		\$1.66		\$4.99	\$1.25 per 100g
11	Uncle Tobys Flavoured Oats 10pk/Hi Fibre 8pk		\$1.86		\$4.49	N/A
12	Nestle Condensed Milk 395-410g		\$1.11		\$2.99	N/A
Page 6						
1	Danone YoPro Yoghurt 160g	Press	\$1.20	½	\$1.20	75¢ per 100g
2	Dairy Farmers Thick & Creamy Yoghurt 4pk		\$1.40		\$2.99	68¢ per 100g
3	Pauls Custard 70g		\$0.70		\$1.00	\$1.43 per 100g
4	Mainland Tasty Cheese Slices 210g		\$1.30		\$3.99	\$19.00 per 1kg
5	Perfect Italiano Grated Cheese 150g		\$0.66		\$2.99	\$19.93 per 1kg
6	Zoosh Dip 185g		\$0.50		\$2.25	\$1.22 per 100g
7	On the Menu Frozen Meal 260g	Press	\$1.31		\$1.99	77¢ per 100g
8	Ingham's Chicken Breast Tenders 400g	Digital	\$4.46		\$5.49	\$13.73 per 1kg
9	Four 'n Twenty Sausage Rolls/Party Pies 12pk		\$1.01		\$4.99	N/A
10	Peters Ice Cream 4L	Digital	\$2.01		\$7.99	20¢ per 100mL
11	McCain Family Pizza 490/500g		\$2.00		\$6.95	N/A
12	Birds Eye Hash Browns 375g		\$0.35		\$2.75	\$7.33 per 1kg
Page 7						
1	Rexona Advanced Antiperspirant 220mL	Press	\$4.70	½	\$3.99	\$1.81 per 100mL
2	Palmolive Ultra Dishwashing Liquid 500mL	Press	\$2.50	½	\$2.49	50¢ per 100mL
3	Duck Deep Action/Foaming Bleach 750mL	Digital	\$3.20	½	\$2.99	40¢ per 100mL
4	Jiffy Economy Firelighters 24s		\$1.50		\$3.99	17¢ per 1ea
5	Multix Drawtight Garbage Bags 20s		\$1.23		\$2.99	15¢ per 1ea
6	Kleenex Facial Tissues 85/95s		\$0.30		\$2.49	N/A
7	Trill Bird Seed 1.8kg		\$1.60		\$4.99	28¢ per 100g
8	Pedigree Canned Dog Food 700g		\$0.51		\$2.49	36¢ per 100g
9	Pedigree Dry Dog Food 2.5/3kg		\$3.01		\$9.99	N/A
10	Pedigree Dentastix 28pk		\$4.50		\$14.99	54¢ per 1ea
Page 8						
1	Kirks Canned Soft Drink 375mL 10pk	TV	\$3.01		\$6.99	\$1.86 per 1L
2	Red Bull Energy Drink 250mL 4pk	Press	\$3.56		\$6.99	\$6.99 per 1L
3	Dine Cat Food Tray 85g	TV	\$0.51		\$0.79	93¢ per 100g
4	Natures Organics Fruits Shampoo & Conditioner 500mL	Press	\$0.51		\$1.49	30¢ per 100mL



Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

Front Page		% Off	Retail	
1	Bulla Multipack Sticks 8-14pk	TV	½	\$3.75 N/A
2	Greenseas Canned Tuna 95g	TV	½	\$1.10 \$11.58 per 1kg
3	Mars Medium Bars 35-56g	TV	>½	\$0.89 N/A
4	Radiant Laundry Powder 2kg/Liquid 2L	TV	>½	\$8.99 N/A
5	Beef Porterhouse Steak (Meat)	Press		\$28.99kg N/A
Page 2				
1	Moccona Classic Freeze Dried Coffee 200g			\$11.99 \$6.00 per 100g
2	Uncle Tobys Flavoured Oats 10pk/Hi Fibre 8pk			\$4.49 N/A
3	Nestle Condensed Milk 395-410g			\$2.99 N/A
4	Cadbury Family Block Chocolate 160-190g			\$3.49 N/A
5	Mars Fun Size Bags/M&M's/Maltesers/Pods/Skittles/Starburst 130-235g			\$3.69 N/A
6	Arnott's Chocolate Biscuits 160-250g (excl. Tim Tam)			\$2.99 N/A
7	Twisties/Cheetos/Burger Rings 65-90g	Digital		\$1.75 N/A
8	Smith's Potato Chips/Doritos Corn Chips 90-175g			\$2.99 N/A
Page 2 - Italian Pasta Panel				
9	Dolmio Extra Pasta Sauce 490/500g			\$2.49 N/A
10	San Remo Pasta 375/500g			\$2.49 N/A
11	Ardmona Rich & Thick 410g			\$1.75 \$4.27 per 1kg
12	Perfect Italiano Grated Cheese 150g			\$2.99 \$19.93 per 1kg
Page 3				
1	Kirks Canned Soft Drink 375mL 10pk	TV		\$6.99 \$1.86 per 1L
2	Red Bull Energy Drink 250mL 4pk	Press		\$6.99 \$6.99 per 1L
3	Coca-Cola Soft Drink 2L	LPE		\$3.65 \$1.83 per 1L
4	Frantelle Spring Water 600mL 12pk			\$6.99 97¢ per 1L
5	Golden Circle Fruit Drink 250mL 6pk			\$3.99 \$2.66 per 1L
6	Cascade Mixers 200mL 4pk			\$2.99 \$3.74 per 1L
7	Rexona Advanced Antiperspirant 220mL	Press	½	\$3.99 \$1.81 per 100mL
8	Palmolive Ultra Dishwashing Liquid 500mL	Press	½	\$2.49 50¢ per 100mL
9	Duck Deep Action/Foaming Bleach 750mL	Digital	½	\$2.99 40¢ per 100mL
10	Natures Organics Fruits Shampoo & Conditioner 500mL	Press		\$1.49 30¢ per 100mL
11	Dine Cat Food Tray 85g	TV		\$0.79 93¢ per 100g
Page 4				
1	Pre Packed Baby Spinach 150g (Produce)	Press		\$3.45bag \$23.00 per 1kg
2	Carrots 1kg (Produce)	Press		\$1.50bag \$1.50 per 1kg
3	JC's Quality Outback Mix 500g (Produce)			\$9.99ea \$19.98 per 1kg
4	Mission Wraps/Mini Wraps 6/8pk	Press		\$3.49 N/A
5	Danone YoPro Yoghurt 160g	Press	½	\$1.20 75¢ per 100g
6	Mainland Tasty Cheese Slices 210g			\$3.99 \$19.00 per 1kg
7	Zoosh Dip 185g			\$2.25 \$1.22 per 100g
8	On the Menu Frozen Meal 260g	Press		\$1.99 77¢ per 100g
9	Ingham's Chicken Breast Tenders 400g	Digital		\$5.49 \$13.73 per 1kg
10	Peters Ice Cream 4L	Digital		\$7.99 20¢ per 100mL



Press

Examiner / Mercury / Advocate

Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

Alpha Sorted List - ALL PRESS (Including Digital)			Retail	
1	Bulla Multipack Sticks 8-14pk	TV	\$3.75	N/A
2	Danone YoPro Yoghurt 160g		\$1.20	75¢ per 100g
3	Dine Cat Food Tray 85g	TV	\$0.79	93¢ per 100g
4	Duck Deep Action/Foaming Bleach 750mL	Digital	\$2.99	40¢ per 100mL
5	Greenseas Canned Tuna 95g	TV	\$1.10	\$11.58 per 1kg
6	Ingham's Chicken Breast Tenders 400g	Digital	\$5.49	\$13.73 per 1kg
7	Kirks Canned Soft Drink 375mL 10pk	TV	\$6.99	\$1.86 per 1L
8	Mars Medium Bars 35-56g	TV	\$0.89	N/A
9	Mission Wraps/Mini Wraps 6/8pk		\$3.49	N/A
10	Natures Organics Fruits Shampoo & Conditioner 500mL		\$1.49	30¢ per 100mL
11	On the Menu Frozen Meal 260g		\$1.99	77¢ per 100g
12	Palmolive Ultra Dishwashing Liquid 500mL		\$2.49	50¢ per 100mL
13	Peters Ice Cream 4L	Digital	\$7.99	20¢ per 100mL
14	Radiant Laundry Powder 2kg/Liquid 2L	TV	\$8.99	N/A
15	Red Bull Energy Drink 250mL 4pk		\$6.99	\$6.99 per 1L
16	Rexona Advanced Antiperspirant 220mL		\$3.99	\$1.81 per 100mL
17	Twisties/Cheetos/Burger Rings 65-90g	Digital	\$1.75	N/A



Catalogue

Wednesday 07 Sep 2022 - Tuesday 13 Sep 2022 (week 37)

Alpha Sorted List - Catalogue		Retail	
1	Ardmona Rich & Thick 410g	\$1.75	\$4.27 per 1kg
2	Arnott's Chocolate Biscuits 160-250g (excl. Tim Tam)	\$2.99	N/A
3	Birds Eye Hash Browns 375g	\$2.75	\$7.33 per 1kg
4	Bundaberg Ginger Beer/Soft Drink 200mL 6pk	\$4.59	\$3.83 per 1L
5	Cadbury Family Block Chocolate 160-190g	\$3.49	N/A
6	Campbell's Canned Soup 495-510g (excl Bone Broth)	\$1.99	N/A
7	Campbell's Real Stock 1L	\$2.99	30¢ per 100mL
8	Cascade Mixers 200mL 4pk	\$2.99	\$3.74 per 1L
9	Coca-Cola Soft Drink 2L	LPE \$3.65	\$1.83 per 1L
10	Coca-Cola/Sprite No Sugar/Fanta No Sugar 300mL 12pk	\$9.99	\$2.78 per 1L
11	Cripps Crumpet Splits 6pk (POT)	\$2.59	61¢ per 100g
12	Cripps Master Muffins 6pk (POT)	\$3.79	\$1.05 per 100g
13	Dairy Farmers Thick & Creamy Yoghurt 4pk	\$2.99	68¢ per 100g
14	Dolmio Extra Pasta Sauce 490/500g	\$2.49	N/A
15	Fantastic Noodles Cup 70g/Bowl 85g	\$1.49	N/A
16	Four 'n Twenty Sausage Rolls/Party Pies 12pk	\$4.99	N/A
17	Frantelle Spring Water 600mL 12pk	\$6.99	97¢ per 1L
18	Golden Circle Fruit Drink 250mL 6pk	\$3.99	\$2.66 per 1L
19	Jiffy Economy Firelighters 24s	\$3.99	17¢ per 1ea
20	Kantong Simmer Sauce 505-520g	\$2.99	N/A
21	Kleenex Facial Tissues 85/95s	\$2.49	N/A
22	Mainland Tasty Cheese Slices 210g	\$3.99	\$19.00 per 1kg
23	Mars Fun Size Bags/M&M's/Maltesers/Pods/Skittles/Starburst 130-235g	\$3.69	N/A
24	McCain Family Pizza 490/500g	\$6.95	N/A
25	Moccona Classic Freeze Dried Coffee 200g	\$11.99	\$6.00 per 100g
26	Multix Drawtight Garbage Bags 20s	\$2.99	15¢ per 1ea
27	Nestle Condensed Milk 395-410g	\$2.99	N/A
28	Nutella Hazelnut Spread 400g	\$4.99	\$1.25 per 100g
29	Old el Paso Meal Kits 290-520g excl Stand n Stuff/Gluten Free	\$5.99	N/A
30	Pauls Custard 70g	\$1.00	\$1.43 per 100g
31	Pedigree Canned Dog Food 700g	\$2.49	36¢ per 100g
32	Pedigree Dentastix 28pk	\$14.99	54¢ per 1ea
33	Pedigree Dry Dog Food 2.5/3kg	\$9.99	N/A
34	Perfect Italiano Grated Cheese 150g	\$2.99	\$19.93 per 1kg
35	San Remo Pasta 375/500g	\$2.49	N/A
36	Smith's Potato Chips/Doritos Corn Chips 90-175g	\$2.99	N/A
37	Trill Bird Seed 1.8kg	\$4.99	28¢ per 100g
38	Uncle Tobys Flavoured Oats 10pk/Hi Fibre 8pk	\$4.49	N/A
39	Uncle Tobys Roll-ups 6pk	\$3.49	\$3.71 per 100g
40	William's Bread 800-900g (POT)	LPE \$4.35	N/A
41	Zoosh Dip 185g	\$2.25	\$1.22 per 100g