



TV/Digital

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

Television Advertised		Save	% Off	Retail	
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	\$15.95	½	\$15.90	\$1.77 per 1L
2	Nestle Block Chocolate 118-200g	\$2.75	½	\$2.75	N/A
3	Kellogg's Nutri-Grain/LCM Bars 6pk	\$2.51	½	\$2.49	N/A
4	Indomie Noodle Cup 75g	\$1.00	½	\$1.00	\$1.33 per 100g
5	M&M's/Maltesers/Pods 130-180g	\$2.85	½	\$2.85	N/A
6	Kettle Potato Chips 150/165g	\$3.01	½	\$2.99	N/A
7	Nescafé Coffee Sachets 10pk/Gold 8pk	\$4.01	½	\$3.99	N/A
8	Campbell's Real Stock 1L	\$2.25	½	\$2.25	23¢ per 100mL

Television Advertised - Fri 04 Aug		Save	% Off	Retail	
9	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A

Television Advertised - LPE August		Save	% Off	Retail	
1	San Remo La Pasta Range 80g	LPE		\$1.10	\$1.38 per 100g
2	Bushells Tea Cup Bags 100pk	LPE		\$3.75	\$2.08 per 100g
3	McCain Super Fries 900g	LPE		\$4.50	\$5.00 per 1kg
4	Fancy Feast Cat Food 85g	LPE		\$1.60	\$1.88 per 100g

Google Advertised		Save	% Off	Retail	
1	Tamar Valley Yoghurt 700g (POT)	\$2.51		\$4.99	71¢ per 100g
2	Bulla Creamy Classics 2L/Creamy Classics 4pk	\$2.01		\$6.99	N/A
3	Radox Shower Gel 1L	\$5.70	½	\$5.70	57¢ per 100mL
4	Coca-Cola/Fanta/Sprite Soft Drink 1.25L	\$0.86		\$1.99	\$1.59 per 1L

Facebook Advertised - Cripps Pikelets NEW LINE		Save	% Off	Retail	
1	Cripps Pikelets 8pk (POT) (feat. NEW Honey & Oat)	\$1.16		\$2.49	\$1.25 per 100g

Facebook Advertised - Half Price Specials		Save	% Off	Retail	
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	\$15.95	½	\$15.90	\$1.77 per 1L
2	Kellogg's Nutri-Grain/LCM Bars 6pk	\$2.51	½	\$2.49	N/A
3	M&M's/Maltesers/Pods 130-180g	\$2.85	½	\$2.85	N/A
4	Kettle Potato Chips 150/165g	\$3.01	½	\$2.99	N/A
5	Campbell's Real Stock 1L	\$2.25	½	\$2.25	23¢ per 100mL
6	Indomie Noodle Cup 75g	\$1.00	½	\$1.00	\$1.33 per 100g
7	Nanna's Crumble 550g	\$3.01	½	\$2.99	54¢ per 100g
8	Morning Fresh Dishwashing Liquid 900mL	\$4.75	½	\$4.75	53¢ per 100mL
9	Mighty Soft Raisin Toast 600g	\$4.04	>½	\$3.25	54¢ per 100g

Wednesday Catalogue Email Header		Save	% Off	Retail	
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	\$15.95	½	\$15.90	\$1.77 per 1L
2	Indomie Noodle Cup 75g	\$1.00	½	\$1.00	\$1.33 per 100g

Friday Catalogue Email - Vegetable Brown Rice Loaf Recipe		Save	% Off	Retail	
1	Leggo's Tomato Paste 140g 2pk	\$0.86		\$2.99	\$1.07 per 100g
2	SunRice Microwave Rice Cups 240/250g	LPE		\$2.75	N/A
3	Cheer Tasty Cheese Block 1kg	\$3.00		\$12.99	\$12.99 per 1kg

Website Banner		Save	% Off	Retail	
1	M&M's/Maltesers/Pods 130-180g	\$2.85	½	\$2.85	N/A



TV/Digital

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

2	Nescafé Coffee Sachets 10pk/Gold 8pk	\$4.01	½	\$3.99	N/A
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Radio Advertised					
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	\$15.95	½	\$15.90	\$1.77 per 1L
2	Indomie Noodle Cup 75g	\$1.00	½	\$1.00	\$1.33 per 100g
3	Nestle Block Chocolate 118-200g	\$2.75	½	\$2.75	N/A
4	Kettle Potato Chips 150/165g	\$3.01	½	\$2.99	N/A



Press

Examiner / Mercury / Advocate

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

Thursday 03 Aug - ALL PRESS		Save	% Off	Retail	
1	Arnott's Cream Favourites 500g	\$1.76		\$4.79	96¢ per 100g
2	Cheer Tasty Cheese Block 1kg	Digital \$3.00		\$12.99	\$12.99 per 1kg
3	Whiskas Canned Cat Food 400g	\$0.90		\$2.10	53¢ per 100g
Friday 04 Aug - Mercury - (Market Fresh)					
1	Mighty Soft Raisin Toast 600g	Digital \$4.04	>½	\$3.25	54¢ per 100g
2	Beef Porterhouse Steak (Meat)			\$29.99kg	N/A
3	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$0.00kg	N/A
Friday 04 Aug - Mercury					
1	Nescafé Blend 43 Coffee 500g	\$6.01		\$19.99	\$4.00 per 100g
2	McCain Family Pizza 490/500g	\$3.00		\$6.99	N/A
3	Coca-Cola/Fanta/Sprite 10 x 375mL	\$4.90		\$9.35	\$2.49 per 1L
Friday 04 Aug - Advocate/Examiner - (Market Fresh)					
1	Mighty Soft Raisin Toast 600g	Digital \$4.04	>½	\$3.25	54¢ per 100g
2	Beef Porterhouse Steak (Meat)			\$29.99kg	N/A
3	Ingham's Chicken Drumsticks (Deli)			\$5.99kg	N/A
Friday 04 Aug - Advocate/Examiner - (Market Fresh)					
1	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
3	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$0.00kg	N/A
Saturday 05 Aug - Advocate & Examiner					
1	Nescafé Blend 43 Coffee 500g	\$6.01		\$19.99	\$4.00 per 100g
2	McCain Family Pizza 490/500g	\$3.00		\$6.99	N/A
3	Coca-Cola/Fanta/Sprite 10 x 375mL	\$4.90		\$9.35	\$2.49 per 1L
Saturday 05 Aug - Mercury Front Page					
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	TV \$15.95	½	\$15.90	\$1.77 per 1L
2	Nestle Block Chocolate 118-200g	TV \$2.75	½	\$2.75	N/A



Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

Front		Save	% Off	Retail		
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	TV	\$15.95	½	\$15.90	\$1.77 per 1L
2	Indomie Noodle Cup 75g	TV	\$1.00	½	\$1.00	\$1.33 per 100g
3	M&M's/Maltesers/Pods 130-180g	TV	\$2.85	½	\$2.85	N/A
4	Nescafé Coffee Sachets 10pk/Gold 8pk	TV	\$4.01	½	\$3.99	N/A
5	Beef Porterhouse Steak (Meat)	Press			\$29.99kg	N/A
Page 2						
1	Nestle Block Chocolate 118-200g	TV	\$2.75	½	\$2.75	N/A
2	Kellogg's Nutri-Grain/LCM Bars 6pk	TV	\$2.51	½	\$2.49	N/A
3	Lindt Bar 38g		\$1.00	½	\$1.00	\$2.63 per 100g
4	Kettle Potato Chips 150/165g	TV	\$3.01	½	\$2.99	N/A
5	Cadbury Fingers 114g/Freddo Biscuit 167g		\$2.01	½	\$1.99	N/A
Page 3						
1	Campbell's Real Stock 1L	TV	\$2.25	½	\$2.25	23¢ per 100mL
2	Weight Watchers Frozen Meals 300-370g		\$4.00	½	\$3.99	N/A
3	Nanna's Crumble 550g	Digital	\$3.01	½	\$2.99	54¢ per 100g
4	Multix Clingwrap 33cm x 60m		\$1.95	½	\$1.94	3¢ per 1m
5	Radox Shower Gel 1L	Digital	\$5.70	½	\$5.70	57¢ per 100mL
6	Morning Fresh Dishwashing Liquid 900mL	Digital	\$4.75	½	\$4.75	53¢ per 100mL
Page 4 - Meat & Produce						
1	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
3	Produce Line - Refer to Fresh Sheet (Produce)				\$0.00kg	N/A
4	JC's Dried Cranberries 500g (Produce)		\$1.71		\$7.49ea	\$14.98 per 1kg
5	Scottsdale Pork Artisan Carolina/Memphis Marinated Pork Shoulder (Meat)				\$14.99kg	N/A
6	Marion Bay Free Range Chicken Bagged (Meat)				\$8.99kg	N/A
7	Ingham's Chicken Tenders 440g (Meat)				\$8.49ea	\$19.30 per 1kg
8	Scottsdale Pork Traditional English Thick Pork Sausage 475g (Meat)				\$7.99ea	\$16.82 per 1kg
Page 5 - Deli & Bakery						
1	Ingham's Chicken Drumsticks (Deli)	Press			\$5.99kg	N/A
2	Pandani Virginian Ham (Deli)				\$15.99kg	N/A
3	Ingham's Chicken Breast Supreme (Deli)				\$17.99kg	N/A
4	Pandani Roast Beef Sliced (Deli)				\$29.99kg	N/A
5	Mighty Soft Raisin Toast 600g	Digital	\$4.04	>½	\$3.25	54¢ per 100g
6	National Pies Premium Pies 2pk excl Cottage (POT)		\$1.80		\$6.99	\$1.94 per 100g
7	Cripps Pikelets 8pk (POT) (feat. NEW Honey & Oat)	Digital	\$1.16		\$2.49	\$1.25 per 100g
8	Baker's Oven Finger Lamingtons 350g	LPE			\$5.29	\$1.51 per 100g
Page 6 - LPE						
1	San Remo La Pasta Range 80g	LPE			\$1.10	\$1.38 per 100g
2	Zafarelli Pasta 500g	LPE			\$1.75	35¢ per 100g
3	Morning Sun Muesli 650g	LPE			\$4.30	66¢ per 100g
4	Nice & Natural Nut Bars 6pk	LPE			\$4.00	N/A
5	Oreo Biscuits Family Pack 370g	LPE			\$4.49	\$1.21 per 100g
6	Bickford's Blackcurrant Juice Syrup 750mL	LPE			\$6.00	\$8.00 per 1L
Page 7 - LPE						
1	McCain Super Fries 900g	LPE			\$4.50	\$5.00 per 1kg



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2	Pampas Bulk Puff Pastry 1.6kg	LPE			\$7.00	44¢ per 100g
3	Meadowlea Spread 500g	LPE			\$4.50	90¢ per 100g
4	Radiant Laundry Powder 1kg/Liquid 1L	LPE			\$7.50	N/A
5	Ajax Antibacterial Wipes 110s	LPE			\$9.00	8¢ per 1ea
6	Lucky Dog Dry Dog Food 3kg	LPE			\$10.00	33¢ per 100g
Page 8						
1	Coca-Cola/Fanta/Sprite Soft Drink 1.25L	Digital	\$0.86		\$1.99	\$1.59 per 1L
2	Coca-Cola/Fanta/Sprite 10 x 375mL	Press	\$4.90		\$9.35	\$2.49 per 1L
3	Red Bull Energy Drink 473mL		\$1.11		\$3.99	\$8.44 per 1L
4	Powerade Sports Drink 1L		\$2.76		\$2.99	\$2.99 per 1L
5	Mother Energy Drink 10 x 375mL		\$4.49		\$11.50	\$3.07 per 1L
6	Arnott's Cream Favourites 500g	Press	\$1.76		\$4.79	96¢ per 100g
7	Smith's Potato Chips/Doritos Corn Chips 130-175g		\$1.31		\$3.49	N/A
8	Lindt Excellence/Lindor Chocolate Block 80/100g		\$1.55		\$3.95	\$3.95 per 100g
9	Cadbury Share Pack 144-180g		\$1.51		\$3.49	N/A
Page 9						
1	Nescafé Blend 43 Coffee 500g	Press	\$6.01		\$19.99	\$4.00 per 100g
2	Tetley Tea Cup/All Rounder Tagless Tea Bags 100pk		\$1.66		\$3.99	N/A
3	Pauls Zymil Long Life Milk 1L		\$1.20		\$2.49	\$2.49 per 1L
4	Green's Premium Baking Mixes 380-630g		\$1.51		\$3.99	N/A
5	Bega Peanut Butter 470g		\$1.26		\$5.99	\$1.27 per 100g
6	MasterFoods Squeezy Tomato/BBQ Sauce 475/500mL		\$0.66		\$3.49	N/A
7	Harvest Hot Pack Meals 425g		\$1.01		\$3.99	94¢ per 100g
8	Heinz Condensed Soup 420g		\$0.80		\$1.99	47¢ per 100g
9	Heinz Baked Beans/Spaghetti 535/555g		\$0.76		\$3.49	N/A
Page 10						
1	Bulla Creamy Classics 2L/Creamy Classics 4pk	Digital	\$2.01		\$6.99	N/A
2	Peters Maxibon 4pk		\$1.51		\$7.99	\$1.43 per 100mL
3	McCain Family Pizza 490/500g	Press	\$3.00		\$6.99	N/A
4	Birds Eye Fish Fingers 1kg		\$3.50		\$9.99	\$9.99 per 1kg
5	Ingham Frozen Chicken Schnitzel 400g		\$2.66		\$7.99	\$19.98 per 1kg
6	La Famiglia Cheesy Garlic Bread 190g		\$0.90		\$3.49	\$1.84 per 100g
7	Kraft Cheese Singles 216g		\$1.26		\$3.99	\$18.47 per 1kg
8	Tamar Valley Yoghurt 700g (POT)	Digital	\$2.51		\$4.99	71¢ per 100g
9	Pauls Bluey Flavoured Milk 250mL		\$0.50		\$1.99	\$7.96 per 1L
Page 11						
1	iCare Toilet Tissue 8pk		\$2.01		\$4.99	35¢ per 100sh
2	Sorbent Thick & Large Facial Tissues 95pk		\$0.55		\$1.75	\$1.84 per 100ea
3	Libra Ultra Thins/Goodnights 10-14pk/Tampons 16pk		\$0.50		\$4.49	N/A
4	Vicks Vapodrops 16/24pk		\$2.00		\$4.49	N/A
5	Little Lucifer Firelighters 24pk		\$1.16		\$4.49	19¢ per 1ea
6	iCare Paper Towel 2pk		\$1.16		\$2.69	\$2.24 per 100sh
7	Purina One Pouch 70g		\$0.55		\$1.75	\$2.50 per 100g
8	Whiskas Canned Cat Food 400g	Press	\$0.90		\$2.10	53¢ per 100g
9	Pedigree Canned Dog Food 1.2kg		\$1.04		\$4.75	40¢ per 100g
Page 12 - Vegetable Brown Rice Loaf Recipe						
1	Leggo's Tomato Paste 140g 2pk	Digital	\$0.86		\$2.99	\$1.07 per 100g



Extended Catalogue

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

2	SunRice Microwave Rice Cups 240/250g	LPE			\$2.75	N/A
3	Cheer Tasty Cheese Block 1kg	Digital	\$3.00		\$12.99	\$12.99 per 1kg



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Front Page			Save	% Off	Retail	
1	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	TV	\$15.95	½	\$15.90	\$1.77 per 1L
2	Indomie Noodle Cup 75g	TV	\$1.00	½	\$1.00	\$1.33 per 100g
3	M&M's/Maltesers/Pods 130-180g	TV	\$2.85	½	\$2.85	N/A
4	Nescafé Coffee Sachets 10pk/Gold 8pk	TV	\$4.01	½	\$3.99	N/A
5	Beef Porterhouse Steak (Meat)	Press			\$29.99kg	N/A
Page 2						
1	Nestle Block Chocolate 118-200g	TV	\$2.75	½	\$2.75	N/A
2	Kellogg's Nutri-Grain/LCM Bars 6pk	TV	\$2.51	½	\$2.49	N/A
3	Kettle Potato Chips 150/165g	TV	\$3.01	½	\$2.99	N/A
4	Cadbury Fingers 114g/Freddo Biscuit 167g		\$2.01	½	\$1.99	N/A
5	Campbell's Real Stock 1L	TV	\$2.25	½	\$2.25	23¢ per 100mL
6	Multix Clingwrap 33cm x 60m		\$1.95	½	\$1.94	3¢ per 1m
7	Radox Shower Gel 1L	Digital	\$5.70	½	\$5.70	57¢ per 100mL
8	Morning Fresh Dishwashing Liquid 900mL	Digital	\$4.75	½	\$4.75	53¢ per 100mL
Page 3						
1	Coca-Cola/Fanta/Sprite Soft Drink 1.25L	Digital	\$0.86		\$1.99	\$1.59 per 1L
2	Coca-Cola/Fanta/Sprite 10 x 375mL	Press	\$4.90		\$9.35	\$2.49 per 1L
3	Red Bull Energy Drink 473mL		\$1.11		\$3.99	\$8.44 per 1L
4	Arnott's Cream Favourites 500g	Press	\$1.76		\$4.79	96¢ per 100g
5	Smith's Potato Chips/Doritos Corn Chips 130-175g		\$1.31		\$3.49	N/A
6	Lindt Excellence/Lindor Chocolate Block 80/100g		\$1.55		\$3.95	\$3.95 per 100g
7	Leggo's Tomato Paste 140g 2pk	Digital	\$0.86		\$2.99	\$1.07 per 100g
8	Pauls Zymil Long Life Milk 1L		\$1.20		\$2.49	\$2.49 per 1L
9	Nescafé Blend 43 Coffee 500g	Press	\$6.01		\$19.99	\$4.00 per 100g
10	Whiskas Canned Cat Food 400g	Press	\$0.90		\$2.10	53¢ per 100g
11	Pedigree Canned Dog Food 1.2kg		\$1.04		\$4.75	40¢ per 100g
12	Little Lucifer Firelighters 24pk		\$1.16		\$4.49	19¢ per 1ea
Page 4						
1	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
3	JC's Dried Cranberries 500g (Produce)		\$1.71		\$7.49ea	\$14.98 per 1kg
4	Cripps Pikelets 8pk (POT) (feat. NEW Honey & Oat)	Digital	\$1.16		\$2.49	\$1.25 per 100g
5	Mighty Soft Raisin Toast 600g	Digital	\$4.04	>½	\$3.25	54¢ per 100g
6	Tamar Valley Yoghurt 700g (POT)	Digital	\$2.51		\$4.99	71¢ per 100g
7	Cheer Tasty Cheese Block 1kg	Digital	\$3.00		\$12.99	\$12.99 per 1kg
8	La Famiglia Cheesy Garlic Bread 190g		\$0.90		\$3.49	\$1.84 per 100g
9	Bulla Creamy Classics 2L/Creamy Classics 4pk	Digital	\$2.01		\$6.99	N/A
10	Nanna's Crumble 550g	Digital	\$3.01	½	\$2.99	54¢ per 100g
11	McCain Family Pizza 490/500g	Press	\$3.00		\$6.99	N/A
Page 5 - LPE Full Page (Digital Only)						
1	San Remo La Pasta Range 80g	LPE			\$1.10	\$1.38 per 100g
2	Zafarelli Pasta 500g	LPE			\$1.75	35¢ per 100g
3	Morning Sun Muesli 650g	LPE			\$4.30	66¢ per 100g
4	Nice & Natural Nut Bars 6pk	LPE			\$4.00	N/A
5	Oreo Biscuits Family Pack 370g	LPE			\$4.49	\$1.21 per 100g



Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

6	Bickford's Blackcurrant Juice Syrup 750mL	LPE			\$6.00	\$8.00 per 1L
Page 6 - LPE Full Page (Digital Only)						
1	McCain Super Fries 900g	LPE			\$4.50	\$5.00 per 1kg
2	Pampas Bulk Puff Pastry 1.6kg	LPE			\$7.00	44¢ per 100g
3	Meadowlea Spread 500g	LPE			\$4.50	90¢ per 100g
4	Radiant Laundry Powder 1kg/Liquid 1L	LPE			\$7.50	N/A
5	Ajax Antibacterial Wipes 110s	LPE			\$9.00	8¢ per 1ea
6	Lucky Dog Dry Dog Food 3kg	LPE			\$10.00	33¢ per 100g
Page 7 - Vegetable Brown Rice Loaf Recipe Full Page (Digital Only)						
1	Leggo's Tomato Paste 140g 2pk	Digital	\$0.86		\$2.99	\$1.07 per 100g
2	SunRice Microwave Rice Cups 240/250g	LPE			\$2.75	N/A
3	Tamar Valley Yoghurt 700g (POT)	Digital	\$2.51		\$4.99	71¢ per 100g



Press

Examiner / Mercury / Advocate

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

Alpha Sorted List - ALL PRESS (Including Digital)			Retail
1	!Whiskas Canned Cat Food 400g		\$2.10 53¢ per 100g
2	Arnott's Cream Favourites 500g		\$4.79 96¢ per 100g
3	Bulla Creamy Classics 2L/Creamy Classics 4pk	Digital	\$6.99 N/A
4	Campbell's Real Stock 1L	TV	\$2.25 23¢ per 100mL
5	Cheer Tasty Cheese Block 1kg	Digital	\$12.99 \$12.99 per 1kg
6	Coca-Cola/Fanta/Sprite 10 x 375mL		\$9.35 \$2.49 per 1L
7	Coca-Cola/Fanta/Sprite Soft Drink 1.25L	Digital	\$1.99 \$1.59 per 1L
8	Indomie Noodle Cup 75g	TV	\$1.00 \$1.33 per 100g
9	Kellogg's Nutri-Grain/LCM Bars 6pk	TV	\$2.49 N/A
10	Kettle Potato Chips 150/165g	TV	\$2.99 N/A
11	Leggo's Tomato Paste 140g 2pk	Digital	\$2.99 \$1.07 per 100g
12	M&M's/Maltesers/Pods 130-180g	TV	\$2.85 N/A
13	McCain Family Pizza 490/500g		\$6.99 N/A
14	Mighty Soft Raisin Toast 600g	Digital	\$3.25 54¢ per 100g
15	Morning Fresh Dishwashing Liquid 900mL	Digital	\$4.75 53¢ per 100mL
16	Nanna's Crumble 550g	Digital	\$2.99 54¢ per 100g
17	Nescafé Blend 43 Coffee 500g		\$19.99 \$4.00 per 100g
18	Nescafé Coffee Sachets 10pk/Gold 8pk	TV	\$3.99 N/A
19	Nestle Block Chocolate 118-200g	TV	\$2.75 N/A
20	Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL	TV	\$15.90 \$1.77 per 1L
21	Radox Shower Gel 1L	Digital	\$5.70 57¢ per 100mL
22	Tamar Valley Yoghurt 700g (POT)	Digital	\$4.99 71¢ per 100g



Catalogue

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

Alpha Sorted List - Catalogue			Retail
1	Ajax Antibacterial Wipes 110s	LPE	\$9.00 8¢ per 1ea
2	Baker's Oven Finger Lamingtons 350g	LPE	\$5.29 \$1.51 per 100g
3	Bega Peanut Butter 470g		\$5.99 \$1.27 per 100g
4	Bickford's Blackcurrant Juice Syrup 750mL	LPE	\$6.00 \$8.00 per 1L
5	Birds Eye Fish Fingers 1kg		\$9.99 \$9.99 per 1kg
6	Cadbury Fingers 114g/Freddo Biscuit 167g		\$1.99 N/A
7	Cadbury Share Pack 144-180g		\$3.49 N/A
8	Green's Premium Baking Mixes 380-630g		\$3.99 N/A
9	Harvest Hot Pack Meals 425g		\$3.99 94¢ per 100g
10	Heinz Baked Beans/Spaghetti 535/555g		\$3.49 N/A
11	Heinz Condensed Soup 420g		\$1.99 47¢ per 100g
12	iCare Paper Towel 2pk		\$2.69 \$2.24 per 100sh
13	iCare Toilet Tissue 8pk		\$4.99 35¢ per 100sh
14	Ingham Frozen Chicken Schnitzel 400g		\$7.99 \$19.98 per 1kg
15	Kraft Cheese Singles 216g		\$3.99 \$18.47 per 1kg
16	La Famiglia Cheesy Garlic Bread 190g		\$3.49 \$1.84 per 100g
17	Libra Ultra Thins/Goodnights 10-14pk/Tampons 16pk		\$4.49 N/A
18	Lindt Bar 38g		\$1.00 \$2.63 per 100g
19	Lindt Excellence/Lindor Chocolate Block 80/100g		\$3.95 \$3.95 per 100g
20	Little Lucifer Firelighters 24pk		\$4.49 19¢ per 1ea
21	Lucky Dog Dry Dog Food 3kg	LPE	\$10.00 33¢ per 100g
22	MasterFoods Squeezy Tomato/BBQ Sauce 475/500mL		\$3.49 N/A
23	McCain Super Fries 900g	LPE	\$4.50 \$5.00 per 1kg
24	Meadowlea Spread 500g	LPE	\$4.50 90¢ per 100g
25	Morning Sun Muesli 650g	LPE	\$4.30 66¢ per 100g
26	Mother Energy Drink 10 x 375mL		\$11.50 \$3.07 per 1L
27	Multix Clingwrap 33cm x 60m		\$1.94 3¢ per 1m
28	National Pies Premium Pies 2pk excl Cottage (POT)		\$6.99 \$1.94 per 100g
29	Nice & Natural Nut Bars 6pk	LPE	\$4.00 N/A
30	Oreo Biscuits Family Pack 370g	LPE	\$4.49 \$1.21 per 100g
31	Pampas Bulk Puff Pastry 1.6kg	LPE	\$7.00 44¢ per 100g
32	Pauls Bluey Flavoured Milk 250mL		\$1.99 \$7.96 per 1L
33	Pauls Zymil Long Life Milk 1L		\$2.49 \$2.49 per 1L
34	Pedigree Canned Dog Food 1.2kg		\$4.75 40¢ per 100g
35	Peters Maxibon 4pk		\$7.99 \$1.43 per 100mL
36	Powerade Sports Drink 1L		\$2.99 \$2.99 per 1L
37	Purina One Pouch 70g		\$1.75 \$2.50 per 100g
38	Radiant Laundry Powder 1kg/Liquid 1L	LPE	\$7.50 N/A
39	Red Bull Energy Drink 473mL		\$3.99 \$8.44 per 1L
40	San Remo La Pasta Range 80g	LPE	\$1.10 \$1.38 per 100g
41	Smith's Potato Chips/Doritos Corn Chips 130-175g		\$3.49 N/A
42	Sorbent Thick & Large Facial Tissues 95pk		\$1.75 \$1.84 per 100ea
43	SunRice Microwave Rice Cups 240/250g	LPE	\$2.75 N/A
44	Tetley Tea Cup/All Rounder Tagless Tea Bags 100pk		\$3.99 N/A
45	Vicks Vapodrops 16/24pk		\$4.49 N/A
46	Weight Watchers Frozen Meals 300-370g		\$3.99 N/A



Catalogue

Wednesday 02 Aug 2023 - Tuesday 08 Aug 2023 (week 31)

47 Zafarelli Pasta 500g	LPE	\$1.75	35¢ per 100g
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