

**TV/Digital****Wednesday 03 May 2023 - Tuesday 09 May 2023 (week 18)**

Television Advertised		Save	% Off	Retail	
1	Uncle Tobys Muesli Bars 6pk	\$2.51	½	\$2.49	\$1.35 per 100g
2	Sanitarium Up & Go Breakfast Drink 6 x 250mL	\$5.26	½	\$5.19	\$3.46 per 1L
3	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	\$4.40	½	\$4.39	N/A
4	San Remo La Pasta Range 120g	\$1.10	½	\$1.00	83¢ per 100g
5	Duck River Soft Butter 500g (POT)	\$2.01		\$4.99	\$1.00 per 100g
6	Tamar Valley Natural Greek Style Yoghurt 1kg (POT)	\$4.00	½	\$3.99	40¢ per 100g
Television Advertised - Fri 05 May					
7	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A

Google Advertised					
1	Campbell's Canned Soup 495-510g (excl Bone Broth)	\$2.60	½	\$2.25	N/A
2	Sunsilk Shampoo/Conditioner 700mL	\$6.50	½	\$6.39	91¢ per 100mL
3	Lynx Antiperspirant/Deodorant 165mL	\$4.30	½	\$3.99	\$2.42 per 100mL
4	Dine Cat Food 7 x 85g	\$2.60		\$6.99	\$1.17 per 100g

Facebook Advertised - Mother's Day					
1	Ferrero Rocher Gift Box T16 200g	\$8.40	½	\$7.99	\$4.00 per 100g
2	Cadbury Favourites 352/373g	\$8.50	½	\$8.49	N/A
3	Cadbury Roses Boxed Chocolates 225g	\$5.30	½	\$5.19	\$2.31 per 100g
4	Celebrations/Maltesers Gift Box 320-400g	\$6.01	½	\$5.99	N/A

Facebook Advertised - Tasmanian Feature					
1	Duck River Soft Butter 500g (POT)	\$2.01		\$4.99	\$1.00 per 100g
2	Tamar Valley Natural Greek Style Yoghurt 1kg (POT)	\$4.00	½	\$3.99	40¢ per 100g
3	Clearly Tasmanian Water 20 x 600mL (POT)	\$3.00		\$7.99	67¢ per 1L
4	Spreyton Fresh Juice 2L (POT)	\$1.30		\$4.99	\$2.50 per 1L
5	Tas Heritage Cheese 125g (POT)	\$1.61		\$5.99	\$47.92 per 1kg
6	South Cape Cheese 200g (POT)	\$1.50		\$4.99	\$24.95 per 1kg
7	Meander Valley Double Cream/Crème Fraiche 200mL (POT)	\$0.54		\$4.25	\$2.13 per 100mL
8	100% Juicy Long Life Juice 2L (POT)	\$1.10		\$3.49	\$1.75 per 1L
9	Golden Bee Honey 500g (POT)	\$2.00		\$6.99	\$1.40 per 100g

Wednesday Catalogue Email Header					
1	Sanitarium Up & Go Breakfast Drink 6 x 250mL	\$5.26	½	\$5.19	\$3.46 per 1L
2	Uncle Tobys Muesli Bars 6pk	\$2.51	½	\$2.49	\$1.35 per 100g
Friday Catalogue Email - Beef Taco Recipe					
1	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	\$4.40	½	\$4.39	N/A
2	Beef Mince First Grade (Meat)			\$18.99kg	N/A

Website Banner					
1	Duck River Soft Butter 500g (POT)	\$2.01		\$4.99	\$1.00 per 100g
2	Spreyton Fresh Juice 2L (POT)	\$1.30		\$4.99	\$2.50 per 1L

Radio Advertised					
1	Duck River Soft Butter 500g (POT)	\$2.01		\$4.99	\$1.00 per 100g
2	Tamar Valley Natural Greek Style Yoghurt 1kg (POT)	\$4.00	½	\$3.99	40¢ per 100g

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TV/Digital

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3	Tas Heritage Cheese 125g (POT)	\$1.61		\$5.99	\$47.92 per 1kg
4	Clearly Tasmanian Water 20 x 600mL (POT)	\$3.00		\$7.99	67¢ per 1L



Press

Examiner / Mercury / Advocate

Wednesday 03 May 2023 - Tuesday 09 May 2023 (week 18)

Thursday 04 May - ALL PRESS		Save	% Off	Retail	
1	Moccona Freeze Dried Classic Coffee 400g	\$8.01		\$19.99	\$5.00 per 100g
2	Lean Cuisine Frozen Meals 375g	\$3.01		\$3.99	\$1.06 per 100g
3	Palmolive Ultra Dishwashing Liquid 950mL	\$4.25	½	\$4.25	45¢ per 100mL
Thursday 04 May - Mercury Tasmanian Feature					
1	Duck River Soft Butter 500g (POT) TV	\$2.01		\$4.99	\$1.00 per 100g
2	Tamar Valley Natural Greek Style Yoghurt 1kg (POT) TV	\$4.00	½	\$3.99	40¢ per 100g
3	Tas Heritage Cheese 125g (POT) Digital	\$1.61		\$5.99	\$47.92 per 1kg
4	South Cape Cheese 200g (POT) Digital	\$1.50		\$4.99	\$24.95 per 1kg
5	Spreyton Fresh Juice 2L (POT) Digital	\$1.30		\$4.99	\$2.50 per 1L
6	Golden Bee Honey 500g (POT) Digital	\$2.00		\$6.99	\$1.40 per 100g
7	Johnno's Sauce/Chutney/Relish 400/520g (POT)	\$1.20		\$5.99	N/A
8	Juicy Isle Topping 375mL (POT)	\$0.51		\$2.49	66¢ per 100mL
9	Clearly Tasmanian Water 20 x 600mL (POT) Digital	\$3.00		\$7.99	67¢ per 1L
10	Peckish Bird Seed Blends 1.5kg (POT)	\$6.24	½	\$5.35	36¢ per 100g
Friday 05 May - Mercury - (Market Fresh)					
1	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)	\$0.50		\$3.89	65¢ per 1ea
2	Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)			\$10.99ea	\$15.70 per 1kg
3	Produce Line - Refer to Fresh Sheet (Produce) TV			\$0.00kg	N/A
Friday 05 May - Mercury					
1	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	\$13.35		\$21.20	\$2.36 per 1L
2	Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g	\$1.00	½	\$1.00	N/A
3	Zoosh Dip 185g	\$0.81		\$2.69	\$1.45 per 100g
Friday 05 May - Advocate/Examiner - (Market Fresh)					
1	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)	\$0.50		\$3.89	65¢ per 1ea
2	Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)			\$10.99ea	\$15.70 per 1kg
3	Pandani Virginian Ham (Deli)			\$15.99kg	N/A
Friday 05 May - Advocate/Examiner - (Market Fresh)					
1	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
3	Produce Line - Refer to Fresh Sheet (Produce) TV			\$0.00kg	N/A
Saturday 06 May - Advocate & Examiner					
1	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	\$13.35		\$21.20	\$2.36 per 1L
2	Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g	\$1.00	½	\$1.00	N/A
3	Zoosh Dip 185g	\$0.81		\$2.69	\$1.45 per 100g
Saturday 06 May - Mercury Front Page					
1	Sanitarium Up & Go Breakfast Drink 6 x 250mL TV	\$5.26	½	\$5.19	\$3.46 per 1L
2	San Remo La Pasta Range 120g TV	\$1.10	½	\$1.00	83¢ per 100g



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Front			Save	% Off	Retail	
1	Uncle Tobys Muesli Bars 6pk	TV	\$2.51	½	\$2.49	\$1.35 per 100g
2	Sanitarium Up & Go Breakfast Drink 6 x 250mL	TV	\$5.26	½	\$5.19	\$3.46 per 1L
3	San Remo La Pasta Range 120g	TV	\$1.10	½	\$1.00	83¢ per 100g
4	Tamar Valley Natural Greek Style Yoghurt 1kg (POT)	TV	\$4.00	½	\$3.99	40¢ per 100g
5	Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)	Press			\$10.99ea	\$15.70 per 1kg
Page 2						
1	Campbell's Canned Soup 495-510g (excl Bone Broth)	Digital	\$2.60	½	\$2.25	N/A
2	Lipton Black/English Breakfast Tea Bags 100pk		\$3.43	½	\$3.42	\$1.71 per 100g
3	Violet Crumble Bites/Nuggets 130-180g		\$2.51	½	\$2.49	N/A
4	Arnott's TeeVee Snacks 175g		\$2.25	½	\$2.25	\$1.29 per 100g
5	Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g	Press	\$1.00	½	\$1.00	N/A
6	belVita Yoghurt Duo 5pk/Soft Bakes 4pk/belVita Breakfast Biscuits 50g 6pk		\$2.40	½	\$2.35	N/A
Page 3						
1	Sunsilk Shampoo/Conditioner 700mL	Digital	\$6.50	½	\$6.39	91¢ per 100mL
2	Lynx Antiperspirant/Deodorant 165mL	Digital	\$4.30	½	\$3.99	\$2.42 per 100mL
3	Palmolive Ultra Dishwashing Liquid 950mL	Press	\$4.25	½	\$4.25	45¢ per 100mL
4	Multix Clingwrap 33cm x 60m		\$1.95	½	\$1.94	3¢ per 1m
5	Somat Full Range (50% Off)					N/A
Page 4 - Meat & Produce						
1	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)	Press			\$0.00kg	N/A
3	Produce Line - Refer to Fresh Sheet (Produce)				\$0.00kg	N/A
4	JC's Backyard BBQ Mix 375g (Produce)		\$1.80		\$5.99ea	\$15.97 per 1kg
5	Beef Porterhouse Steak (Meat)				\$33.99kg	N/A
6	Scottsdale Pork Boneless Pork Leg Roast (Meat)				\$14.99kg	N/A
7	Ingham's Diced Chicken Breast (Meat)				\$13.99kg	N/A
8	Beef Mince First Grade (Meat)	Press			\$18.99kg	N/A
Page 5 - Deli & Bakery						
1	Pandani Virginian Ham (Deli)	Press			\$15.99kg	N/A
2	Ingham's Chicken Breast Supreme (Deli)				\$17.99kg	N/A
3	Tibaldi Long Rindless Bacon (2.5kg) (Deli)				\$15.99kg	N/A
4	Pandani Sliced Silverside (Deli)				\$24.99kg	N/A
5	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)	Press	\$0.50		\$3.89	65¢ per 1ea
6	National Pies Family Pie 750/900g (POT)		\$2.80		\$10.99	N/A
7	Golden Crumpet Rounds 6pk (POT)		\$1.11		\$2.59	86¢ per 100g
8	William's Wraps 8pk (POT)		\$1.00		\$3.99	71¢ per 100g
Page 6 - Tasmanian Feature						
1	Duck River Soft Butter 500g (POT)	TV	\$2.01		\$4.99	\$1.00 per 100g
2	Spreyton Fresh Juice 2L (POT)	Digital	\$1.30		\$4.99	\$2.50 per 1L
3	Tas Heritage Cheese 125g (POT)	Digital	\$1.61		\$5.99	\$47.92 per 1kg
4	South Cape Cheese 200g (POT)	Digital	\$1.50		\$4.99	\$24.95 per 1kg
5	Meander Valley Double Cream/Crème Fraiche 200mL (POT)	Digital	\$0.54		\$4.25	\$2.13 per 100mL
6	Betta Milk Full Cream 2L	LPE			\$4.29	\$2.15 per 1L
7	Central Cake Co Lemon/Caramel/Hedgehog/Brownie Fingers 6pk (POT)		\$2.10		\$7.49	N/A
8	Tamar Valley The Creamery Yoghurt 170g (POT)		\$1.20		\$1.99	\$1.17 per 100g



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Page 6 - Cripps Shortbread Bottom Panel					
8	Cripps Premium Shortbread Tin 334g (POT)		\$0.80	\$10.99	\$3.29 per 100g
Page 7 - Tasmanian Feature					
1	Clearly Tasmanian Water 20 x 600mL (POT)	Digital	\$3.00	\$7.99	67¢ per 1L
2	100% Juicy Long Life Juice 2L (POT)	Digital	\$1.10	\$3.49	\$1.75 per 1L
3	Juicy Isle Topping 375mL (POT)	Press	\$0.51	\$2.49	66¢ per 100mL
4	Golden Bee Honey 500g (POT)	Digital	\$2.00	\$6.99	\$1.40 per 100g
5	Johnno's Sauce/Chutney/Relish 400/520g (POT)	Press	\$1.20	\$5.99	N/A
6	Peckish Bird Seed Blends 1.5kg (POT)	Press	\$6.24	½ \$5.35	36¢ per 100g
7	Tidbits Training Treats 225/250g (POT)		\$5.00	½ \$4.99	N/A
Page 8					
1	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	Press	\$13.35	\$21.20	\$2.36 per 1L
2	Coca-Cola/Sprite No Sugar/Fanta No Sugar 12 x 300mL		\$8.00	\$11.00	\$3.06 per 1L
3	Kirks Soft Drink 1.25L		\$0.29	\$1.70	\$1.36 per 1L
4	Monster Energy Drink 4 x 500mL		\$3.50	\$9.85	\$4.93 per 1L
5	Golden Circle Fruit Drink 6 x 250mL		\$1.11	\$3.99	\$2.66 per 1L
6	Nestle Block Chocolate 118-200g		\$1.51	\$3.99	N/A
7	Kinder Tronky 5pk/Happy Hippo 5pk/Nutella B Ready 6pk		\$1.51	\$3.49	N/A
8	Fantastic Rice Crackers 100g		\$0.55	\$1.75	\$1.75 per 100g
9	Kettle Potato Chips 150/175g excl Chunky		\$1.51	\$4.49	N/A
Page 9					
1	Moccona Freeze Dried Classic Coffee 400g	Press	\$8.01	\$19.99	\$5.00 per 100g
2	L'Or Espresso 10pk		\$2.50	\$4.99	\$9.60 per 100g
3	Nestle Milo 700g		\$3.00	\$9.99	\$1.43 per 100g
4	Sanitarium So Good Oat Milk 1L		\$0.80	\$1.99	\$1.99 per 1L
5	Maggi 2 Minute Noodles 5pk (excl. Fusian)		\$1.01	\$3.99	N/A
6	Fountain Specialty/Mint Sauce 250mL		\$1.01	\$2.49	\$1.00 per 100mL
Page 9 - Mother's Day Half Page					
7	Ferrero Rocher Gift Box T16 200g	Digital	\$8.40	½ \$7.99	\$4.00 per 100g
8	Celebrations/Maltesers Gift Box 320-400g	Digital	\$6.01	½ \$5.99	N/A
9	Cadbury Favourites 352/373g	Digital	\$8.50	½ \$8.49	N/A
10	Cadbury Roses Boxed Chocolates 225g	Digital	\$5.30	½ \$5.19	\$2.31 per 100g
11	Glade Candle 96g		\$2.90	\$5.99	\$6.24 per 100g
Page 10					
1	Zoosh Dip 185g	Press	\$0.81	\$2.69	\$1.45 per 100g
2	Bega Cheese Slices/Blocks 250g		\$1.51	\$5.49	\$21.96 per 1kg
3	Meadowlea Spread 500g	LPE		\$4.50	90¢ per 100g
4	Sara Lee Cheesecake 360/410g		\$1.06	\$6.49	N/A
5	Connoisseur Ice Cream 1L		\$2.56	\$9.99	\$1.00 per 100mL
6	Peters Polar Pies 6pk		\$1.40	\$5.99	\$1.09 per 100mL
7	Lean Cuisine Frozen Meals 375g	Press	\$3.01	\$3.99	\$1.06 per 100g
8	Ingham's Chicken Kiev 350g		\$2.51	\$9.99	\$28.54 per 1kg
Page 10 - Mexican Feature Side Panel					
9	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	TV	\$4.40	½ \$4.39	N/A
10	Mainland Grated Tasty Cheese 200g		\$1.51	\$3.99	\$19.95 per 1kg
11	Doritos Corn Chips 150/170g (Feat Mexicana)		\$1.31	\$3.49	N/A



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12	Beef Mince First Grade (Meat)	Press			\$18.99kg	N/A
Page 11						
1	Cold Power Laundry Liquid 1.8/2L/Powder 1.8/2kg		\$8.40		\$12.99	N/A
2	White King Bleach 2.5L		\$0.90		\$3.99	\$1.60 per 1L
3	Colgate Plax Mouthwash 500mL		\$2.01		\$4.99	\$1.00 per 100mL
4	Sorbent Toilet Tissue Hypo-Allergenic 8pk		\$2.40		\$6.99	49¢ per 100sh
5	Multix Bake 30cm x 10m		\$0.86		\$2.49	25¢ per 1m
6	Vicks VapoDrops 16/24pk		\$2.00		\$4.49	N/A
7	Dine Cat Food 7 x 85g	Digital	\$2.60		\$6.99	\$1.17 per 100g
8	Optimum Dog Food 100g		\$0.36		\$1.49	\$1.49 per 100g
9	My Dog Canned Dog Food 680g		\$1.20		\$3.79	56¢ per 100g
Page 12 - Black & Gold						
1	Black & Gold Tomato Paste 500g				\$1.65	33¢ per 100g
2	Black & Gold Vegetable Oil 2L		\$2.31		\$7.69	38¢ per 100mL
3	Black & Gold Tomatoes Chopped 400g				\$1.10	\$2.75 per 1kg
4	Black & Gold Pasta 500g				\$1.00	20¢ per 100g
5	Black & Gold White Sugar 1kg				\$1.89	\$189.00 per 100g
6	Black & Gold Longlife Milk 1L				\$1.79	\$1.79 per 1L
7	Black & Gold Garlic Brd 2Pk 450g				\$2.49	55¢ per 100g
8	Black & Gold Chicken Nuggets 500g				\$3.99	\$7.98 per 1kg
9	Black & Gold Paracetamol 20pk				\$1.09	5¢ per 1ea
Page 13 - Beef Taco Recipe						
1	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	TV	\$4.40	½	\$4.39	N/A
2	Beef Mince First Grade (Meat)	Press			\$18.99kg	N/A



Wednesday 03 May 2023 - Tuesday 09 May 2023 (week 18)

Front Page			% Off	Retail	
1	Uncle Tobys Muesli Bars 6pk	TV	½	\$2.49	\$1.35 per 100g
2	Sanitarium Up & Go Breakfast Drink 6 x 250mL	TV	½	\$5.19	\$3.46 per 1L
3	San Remo La Pasta Range 120g	TV	½	\$1.00	83¢ per 100g
4	Tamar Valley Natural Greek Style Yoghurt 1kg (POT)	TV	½	\$3.99	40¢ per 100g
5	Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)	Press		\$10.99ea	\$15.70 per 1kg
Page 2					
1	Campbell's Canned Soup 495-510g (excl Bone Broth)	Digital	½	\$2.25	N/A
2	Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g	Press	½	\$1.00	N/A
3	Lipton Black/English Breakfast Tea Bags 100pk		½	\$3.42	\$1.71 per 100g
4	Arnott's TeeVee Snacks 175g		½	\$2.25	\$1.29 per 100g
5	Sunsilk Shampoo/Conditioner 700mL	Digital	½	\$6.39	91¢ per 100mL
6	Lynx Antiperspirant/Deodorant 165mL	Digital	½	\$3.99	\$2.42 per 100mL
7	Palmolive Ultra Dishwashing Liquid 950mL	Press	½	\$4.25	45¢ per 100mL
Page 3 - Mexican Feature Half Page					
1	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	TV	½	\$4.39	N/A
2	Mainland Grated Tasty Cheese 200g			\$3.99	\$19.95 per 1kg
3	Doritos Corn Chips 150/170g (Feat Mexicana)			\$3.49	N/A
4	Beef Mince First Grade (Meat)	Press		\$18.99kg	N/A
Page 3 - Mother's Day Half Page					
5	Ferrero Rocher Gift Box T16 200g	Digital	½	\$7.99	\$4.00 per 100g
6	Cadbury Favourites 352/373g	Digital	½	\$8.49	N/A
7	Cadbury Roses Boxed Chocolates 225g	Digital	½	\$5.19	\$2.31 per 100g
8	Celebrations/Maltesers Gift Box 320-400g	Digital	½	\$5.99	N/A
Page 4 - Tasmanian Feature					
1	Duck River Soft Butter 500g (POT)	TV		\$4.99	\$1.00 per 100g
2	Clearly Tasmanian Water 20 x 600mL (POT)	Digital		\$7.99	67¢ per 1L
3	100% Juicy Long Life Juice 2L (POT)	Digital		\$3.49	\$1.75 per 1L
4	Tas Heritage Cheese 125g (POT)	Digital		\$5.99	\$47.92 per 1kg
5	South Cape Cheese 200g (POT)	Digital		\$4.99	\$24.95 per 1kg
6	Meander Valley Double Cream/Crème Fraiche 200mL (POT)	Digital		\$4.25	\$2.13 per 100mL
7	Golden Bee Honey 500g (POT)	Digital		\$6.99	\$1.40 per 100g
8	Johnno's Sauce/Chutney/Relish 400/520g (POT)	Press		\$5.99	N/A
9	Peckish Bird Seed Blends 1.5kg (POT)	Press	½	\$5.35	36¢ per 100g
Page 4 - Cripps Shortbread Bottom Panel					
10	Cripps Premium Shortbread Tin 334g (POT)			\$10.99	\$3.29 per 100g
Page 5					
1	Violet Crumble Bites/Nuggets 130-180g		½	\$2.49	N/A
2	Kinder Tronky 5pk/Happy Hippo 5pk/Nutella B Ready 6pk			\$3.49	N/A
3	Nestle Block Chocolate 118-200g			\$3.99	N/A
4	Kettle Potato Chips 150/175g excl Chunky			\$4.49	N/A
5	Fantastic Rice Crackers 100g			\$1.75	\$1.75 per 100g
6	Kirks Soft Drink 1.25L			\$1.70	\$1.36 per 1L
7	Monster Energy Drink 4 x 500mL			\$9.85	\$4.93 per 1L
8	Golden Circle Fruit Drink 6 x 250mL			\$3.99	\$2.66 per 1L
9	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	Press		\$21.20	\$2.36 per 1L



Standard Catalogue

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Page 6				
1	Moccona Freeze Dried Classic Coffee 400g	Press	\$19.99	\$5.00 per 100g
2	Sanitarium So Good Oat Milk 1L		\$1.99	\$1.99 per 1L
3	Maggi 2 Minute Noodles 5pk (excl. Fusian)		\$3.99	N/A
4	Fountain Specialty/Mint Sauce 250mL		\$2.49	\$1.00 per 100mL
5	Vicks VapoDrops 16/24pk		\$4.49	N/A
6	Sorbent Toilet Tissue Hypo-Allergenic 8pk		\$6.99	49¢ per 100sh
7	Cold Power Laundry Liquid 1.8/2L/Powder 1.8/2kg		\$12.99	N/A
8	Dine Cat Food 7 x 85g	Digital	\$6.99	\$1.17 per 100g
9	Optimum Dog Food 100g		\$1.49	\$1.49 per 100g
Page 7 - Black & Gold				
1	Black & Gold Tomato Paste 500g		\$1.65	33¢ per 100g
2	Black & Gold Vegetable Oil 2L		\$7.69	38¢ per 100mL
3	Black & Gold Tomatoes Chopped 400g		\$1.10	\$2.75 per 1kg
4	Black & Gold Pasta 500g		\$1.00	20¢ per 100g
5	Black & Gold White Sugar 1kg		\$1.89	\$189.00 per 100g
6	Black & Gold Longlife Milk 1L		\$1.79	\$1.79 per 1L
7	Black & Gold Garlic Brd 2Pk 450g		\$2.49	55¢ per 100g
8	Black & Gold Chicken Nuggets 500g		\$3.99	\$7.98 per 1kg
9	Black & Gold Paracetamol 20pk		\$1.09	5¢ per 1ea
Page 8				
1	Produce Line - Refer to Fresh Sheet (Produce)	Press	\$0.00kg	N/A
2	Produce Line - Refer to Fresh Sheet (Produce)	Press	\$0.00kg	N/A
3	JC's Backyard BBQ Mix 375g (Produce)		\$5.99ea	\$15.97 per 1kg
4	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)	Press	\$3.89	65¢ per 1ea
5	Zoosh Dip 185g	Press	\$2.69	\$1.45 per 100g
6	Spreyton Fresh Juice 2L (POT)	Digital	\$4.99	\$2.50 per 1L
7	Tamar Valley The Creamery Yoghurt 170g (POT)		\$1.99	\$1.17 per 100g
8	Lean Cuisine Frozen Meals 375g	Press	\$3.99	\$1.06 per 100g
9	Ingham's Chicken Kiev 350g		\$9.99	\$28.54 per 1kg
10	Connoisseur Ice Cream 1L		\$9.99	\$1.00 per 100mL
Page 9 - Beef Taco Recipe				
1	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free	TV	1/2	\$4.39
2	Beef Mince First Grade (Meat)	Press		\$18.99kg



Press

Examiner / Mercury / Advocate

Wednesday 03 May 2023 - Tuesday 09 May 2023 (week 18)

Alpha Sorted List - ALL PRESS (Including Digital)		Retail	
1	!Moccona Freeze Dried Classic Coffee 400g	\$19.99	\$5.00 per 100g
2	!San Remo La Pasta Range 120g TV	\$1.00	83¢ per 100g
3	100% Juicy Long Life Juice 2L (POT) Digital	\$3.49	\$1.75 per 1L
4	Cadbury Favourites 352/373g Digital	\$8.49	N/A
5	Cadbury Roses Boxed Chocolates 225g Digital	\$5.19	\$2.31 per 100g
6	Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g	\$1.00	N/A
7	Campbell's Canned Soup 495-510g (excl Bone Broth) Digital	\$2.25	N/A
8	Celebrations/Maltesers Gift Box 320-400g Digital	\$5.99	N/A
9	Clearly Tasmanian Water 20 x 600mL (POT) Digital	\$7.99	67¢ per 1L
10	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	\$21.20	\$2.36 per 1L
11	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)	\$3.89	65¢ per 1ea
12	Dine Cat Food 7 x 85g Digital	\$6.99	\$1.17 per 100g
13	Duck River Soft Butter 500g (POT) TV	\$4.99	\$1.00 per 100g
14	Ferrero Rocher Gift Box T16 200g Digital	\$7.99	\$4.00 per 100g
15	Golden Bee Honey 500g (POT) Digital	\$6.99	\$1.40 per 100g
16	Johnno's Sauce/Chutney/Relish 400/520g (POT)	\$5.99	N/A
17	Juicy Isle Topping 375mL (POT)	\$2.49	66¢ per 100mL
18	Lean Cuisine Frozen Meals 375g	\$3.99	\$1.06 per 100g
19	Lynx Antiperspirant/Deodorant 165mL Digital	\$3.99	\$2.42 per 100mL
20	Meander Valley Double Cream/Crème Fraiche 200mL (POT) Digital	\$4.25	\$2.13 per 100mL
21	Old el Paso Meal Kits 290-520g excl Pockets/Stand n Stuff/Gluten Free TV	\$4.39	N/A
22	Palmolive Ultra Dishwashing Liquid 950mL	\$4.25	45¢ per 100mL
23	Peckish Bird Seed Blends 1.5kg (POT)	\$5.35	36¢ per 100g
24	Sanitarium Up & Go Breakfast Drink 6 x 250mL TV	\$5.19	\$3.46 per 1L
25	South Cape Cheese 200g (POT) Digital	\$4.99	\$24.95 per 1kg
26	Spreyton Fresh Juice 2L (POT) Digital	\$4.99	\$2.50 per 1L
27	Sunsilk Shampoo/Conditioner 700mL Digital	\$6.39	91¢ per 100mL
28	Tamar Valley Natural Greek Style Yoghurt 1kg (POT) TV	\$3.99	40¢ per 100g
29	Tas Heritage Cheese 125g (POT) Digital	\$5.99	\$47.92 per 1kg
30	Uncle Tobys Muesli Bars 6pk TV	\$2.49	\$1.35 per 100g
31	Zoosh Dip 185g	\$2.69	\$1.45 per 100g



Catalogue

Wednesday 03 May 2023 - Tuesday 09 May 2023 (week 18)

Alpha Sorted List - Catalogue		Retail	
1	Arnott's TeeVee Snacks 175g	\$2.25	\$1.29 per 100g
2	Bega Cheese Slices/Blocks 250g	\$5.49	\$21.96 per 1kg
3	belVita Yoghurt Duo 5pk/Soft Bakes 4pk/belVita Breakfast Biscuits 50g (	\$2.35	N/A
4	Betta Milk Full Cream 2L LPE	\$4.29	\$2.15 per 1L
5	Black & Gold Chicken Nuggets 500g	\$3.99	\$7.98 per 1kg
6	Black & Gold Garlic Brd 2Pk 450g	\$2.49	55¢ per 100g
7	Black & Gold Longlife Milk 1L	\$1.79	\$1.79 per 1L
8	Black & Gold Paracetamol 20pk	\$1.09	5¢ per 1ea
9	Black & Gold Pasta 500g	\$1.00	20¢ per 100g
10	Black & Gold Tomato Paste 500g	\$1.65	33¢ per 100g
11	Black & Gold Tomatoes Chopped 400g	\$1.10	\$2.75 per 1kg
12	Black & Gold Vegetable Oil 2L	\$7.69	38¢ per 100mL
13	Black & Gold White Sugar 1kg	\$1.89	\$189.00 per 100g
14	Central Cake Co Lemon/Caramel/Hedgehog/Brownie Fingers 6pk (POT	\$7.49	N/A
15	Coca-Cola/Sprite No Sugar/Fanta No Sugar 12 x 300mL	\$11.00	\$3.06 per 1L
16	Cold Power Laundry Liquid 1.8/2L/Powder 1.8/2kg	\$12.99	N/A
17	Colgate Plax Mouthwash 500mL	\$4.99	\$1.00 per 100mL
18	Connoisseur Ice Cream 1L	\$9.99	\$1.00 per 100mL
19	Cripps Premium Shortbread Tin 334g (POT)	\$10.99	\$3.29 per 100g
20	Doritos Corn Chips 150/170g (Feat Mexicana)	\$3.49	N/A
21	Fantastic Rice Crackers 100g	\$1.75	\$1.75 per 100g
22	Fountain Specialty/Mint Sauce 250mL	\$2.49	\$1.00 per 100mL
23	Glade Candle 96g	\$5.99	\$6.24 per 100g
24	Golden Circle Fruit Drink 6 x 250mL	\$3.99	\$2.66 per 1L
25	Golden Crumpet Rounds 6pk (POT)	\$2.59	86¢ per 100g
26	Ingham's Chicken Kiev 350g	\$9.99	\$28.54 per 1kg
27	Kettle Potato Chips 150/175g excl Chunky	\$4.49	N/A
28	Kinder Tronky 5pk/Happy Hippo 5pk/Nutella B Ready 6pk	\$3.49	N/A
29	Kirks Soft Drink 1.25L	\$1.70	\$1.36 per 1L
30	Lipton Black/English Breakfast Tea Bags 100pk	\$3.42	\$1.71 per 100g
31	L'Or Espresso 10pk	\$4.99	\$9.60 per 100g
32	Maggi 2 Minute Noodles 5pk (excl. Fusian)	\$3.99	N/A
33	Mainland Grated Tasty Cheese 200g	\$3.99	\$19.95 per 1kg
34	Meadowlea Spread 500g LPE	\$4.50	90¢ per 100g
35	Monster Energy Drink 4 x 500mL	\$9.85	\$4.93 per 1L
36	Multix Bake 30cm x 10m	\$2.49	25¢ per 1m
37	Multix Clingwrap 33cm x 60m	\$1.94	3¢ per 1m
38	My Dog Canned Dog Food 680g	\$3.79	56¢ per 100g
39	National Pies Family Pie 750/900g (POT)	\$10.99	N/A
40	Nestle Block Chocolate 118-200g	\$3.99	N/A
41	Nestle Milo 700g	\$9.99	\$1.43 per 100g
42	Optimum Dog Food 100g	\$1.49	\$1.49 per 100g
43	Peters Polar Pies 6pk	\$5.99	\$1.09 per 100mL
44	Sanitarium So Good Oat Milk 1L	\$1.99	\$1.99 per 1L
45	Sara Lee Cheesecake 360/410g	\$6.49	N/A
46	Somat Full Range (50% Off)		N/A



Catalogue

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47	Sorbent Toilet Tissue Hypo-Allergenic 8pk	\$6.99	49¢ per 100sh
48	Tamar Valley The Creamery Yoghurt 170g (POT)	\$1.99	\$1.17 per 100g
49	Tidbits Training Treats 225/250g (POT)	\$4.99	N/A
50	Vicks Vapodrops 16/24pk	\$4.49	N/A
51	Violet Crumble Bites/Nuggets 130-180g	\$2.49	N/A
52	White King Bleach 2.5L	\$3.99	\$1.60 per 1L
53	William's Wraps 8pk (POT)	\$3.99	71¢ per 100g