

**TV/Digital****Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)**

| Television Advertised              |                                                                      | Save    | % Off | Retail   |                 |
|------------------------------------|----------------------------------------------------------------------|---------|-------|----------|-----------------|
| 1                                  | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)                     | \$2.25  | ½     | \$2.25   | N/A             |
| 2                                  | Cheezels/Chickadees 125g (GF)                                        | \$1.78  | ½     | \$1.62   | \$1.30 per 100g |
| 3                                  | Uncle Tobys Muesli Bars 6pk                                          | \$2.51  | ½     | \$2.49   | \$1.35 per 100g |
| 4                                  | Kellogg's Nutri-Grain/Special K/Sultana Bran/Coco Pops Chex 470-700g | \$4.51  | ½     | \$4.49   | N/A             |
| 5                                  | Continental Classics Pasta & Sauce/Seasoned Rice 85-125g             | \$1.70  | ½     | \$1.49   | N/A             |
| 6                                  | Radiant Laundry Powder 2kg/Liquid 2L                                 | \$10.01 | ½     | \$9.99   | N/A             |
| Television Advertised - Fri 10 Mar |                                                                      |         |       |          |                 |
| 7                                  | William's Wraps 8pk (POT)                                            | \$2.50  | ½     | \$2.49   | 44¢ per 100g    |
| 8                                  | Produce Line - Refer to Fresh Sheet (Produce)                        |         |       | \$0.00kg | N/A             |

| Google Advertised |                                          |        |  |         |                 |
|-------------------|------------------------------------------|--------|--|---------|-----------------|
| 1                 | Nanna's Snack Fruit Pies 4pk/Family 600g | \$1.00 |  | \$3.99  | N/A             |
| 2                 | Pauls Zymil Long Life Milk 1L (GF)       | \$1.20 |  | \$2.49  | \$2.49 per 1L   |
| 3                 | Vegemite 380g                            | \$2.56 |  | \$5.99  | \$1.58 per 100g |
| 4                 | International Roast Coffee 500g          | \$4.96 |  | \$10.99 | \$2.20 per 100g |

| Facebook Advertised - Half Price Promotions                  |                                                                      |         |   |        |                 |
|--------------------------------------------------------------|----------------------------------------------------------------------|---------|---|--------|-----------------|
| 1                                                            | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)                     | \$2.25  | ½ | \$2.25 | N/A             |
| 2                                                            | Uncle Tobys Muesli Bars 6pk                                          | \$2.51  | ½ | \$2.49 | \$1.35 per 100g |
| 3                                                            | Kellogg's Nutri-Grain/Special K/Sultana Bran/Coco Pops Chex 470-700g | \$4.51  | ½ | \$4.49 | N/A             |
| 4                                                            | Radiant Laundry Powder 2kg/Liquid 2L                                 | \$10.01 | ½ | \$9.99 | N/A             |
| 5                                                            | Praise Squeeze Mayonnaise 365/410g                                   | \$2.15  | ½ | \$2.10 | N/A             |
| 6                                                            | V8 Juice 1.25L excl. Power Blend/Healthy Greens                      | \$2.84  | ½ | \$2.75 | \$2.20 per 1L   |
| 7                                                            | The Natural Confectionery Company Bags 180-230g                      | \$2.01  | ½ | \$1.99 | N/A             |
| 8                                                            | Chux Super Wipes Regular 10s                                         | \$2.45  | ½ | \$2.45 | 25¢ per 1ea     |
| Facebook Advertised - Coeliac Awareness Week (13-20th March) |                                                                      |         |   |        |                 |
| 1                                                            | Cheezels/Chickadees 125g (GF)                                        | \$1.78  | ½ | \$1.62 | \$1.30 per 100g |
| 2                                                            | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF)           | \$2.00  | ½ | \$1.99 | 66¢ per 100g    |
| 3                                                            | Johnno's Sauce/Chutney/Relish 400/520g (POT) (GF)                    | \$1.20  |   | \$5.99 | N/A             |
| 4                                                            | Arnott's Gluten Free Biscuits 120-175g (GF)                          | \$1.00  |   | \$3.99 | N/A             |
| 5                                                            | Peters Original Ice Cream 2L (GF)                                    | \$2.20  |   | \$4.99 | 25¢ per 100mL   |

| Wednesday Catalogue Email Header                                      |                                                            |        |   |        |                 |
|-----------------------------------------------------------------------|------------------------------------------------------------|--------|---|--------|-----------------|
| 1                                                                     | Cheezels/Chickadees 125g (GF)                              | \$1.78 | ½ | \$1.62 | \$1.30 per 100g |
| 2                                                                     | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF) | \$2.00 | ½ | \$1.99 | 66¢ per 100g    |
| Friday Catalogue Email - One Tray Tomato & Lemon Baked Chicken Recipe |                                                            |        |   |        |                 |

| Website Banner |                                                          |        |   |        |     |
|----------------|----------------------------------------------------------|--------|---|--------|-----|
| 1              | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)         | \$2.25 | ½ | \$2.25 | N/A |
| 2              | Continental Classics Pasta & Sauce/Seasoned Rice 85-125g | \$1.70 | ½ | \$1.49 | N/A |

| Radio Advertised |                                                            |        |   |        |                 |
|------------------|------------------------------------------------------------|--------|---|--------|-----------------|
| 1                | Cheezels/Chickadees 125g (GF)                              | \$1.78 | ½ | \$1.62 | \$1.30 per 100g |
| 2                | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF) | \$2.00 | ½ | \$1.99 | 66¢ per 100g    |



**TV/Digital**

**Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)**

|   |                                   |        |  |        |               |
|---|-----------------------------------|--------|--|--------|---------------|
| 3 | Peters Original Ice Cream 2L (GF) | \$2.20 |  | \$4.99 | 25¢ per 100mL |
|---|-----------------------------------|--------|--|--------|---------------|



# Press

Examiner / Mercury / Advocate

Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Thursday 09 Mar - ALL PRESS                        |                                                                   |         | Save    | % Off | Retail    |                 |
|----------------------------------------------------|-------------------------------------------------------------------|---------|---------|-------|-----------|-----------------|
| 1                                                  | Praise Squeeze Mayonnaise 365/410g                                | Digital | \$2.15  | ½     | \$2.10    | N/A             |
| 2                                                  | V8 Juice 1.25L excl. Power Blend/Healthy Greens                   | Digital | \$2.84  | ½     | \$2.75    | \$2.20 per 1L   |
| 3                                                  | Sunsilk Shampoo/Conditioner 700mL                                 |         | \$6.50  | ½     | \$6.39    | 91¢ per 100mL   |
| Friday 10 Mar - Mercury - (Market Fresh)           |                                                                   |         |         |       |           |                 |
| 1                                                  | William's Wraps 8pk (POT)                                         | TV      | \$2.50  | ½     | \$2.49    | 44¢ per 100g    |
| 2                                                  | Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat) |         |         |       | \$10.99ea | \$15.70 per 1kg |
| 3                                                  | Produce Line - Refer to Fresh Sheet (Produce)                     | TV      |         |       | \$0.00kg  | N/A             |
| Friday 10 Mar - Mercury                            |                                                                   |         |         |       |           |                 |
| 1                                                  | Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL                 |         | \$13.35 |       | \$21.20   | \$2.36 per 1L   |
| 2                                                  | Smith's Potato Chips 130-175g                                     |         | \$1.90  |       | \$2.90    | N/A             |
| 3                                                  | Mainland Cheese Block 400/500g                                    |         | \$3.51  |       | \$6.49    | N/A             |
| Friday 10 Mar - Advocate/Examiner - (Market Fresh) |                                                                   |         |         |       |           |                 |
| 1                                                  | William's Wraps 8pk (POT)                                         | TV      | \$2.50  | ½     | \$2.49    | 44¢ per 100g    |
| 2                                                  | Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat) |         |         |       | \$10.99ea | \$15.70 per 1kg |
| 3                                                  | Pandani Shredded Pizza Ham (Deli)                                 |         |         |       | \$9.99kg  | N/A             |
| Friday 10 Mar - Advocate/Examiner - (Market Fresh) |                                                                   |         |         |       |           |                 |
| 1                                                  | Baby Mesclun Pre Packs 120g (Produce)                             |         |         |       | \$3.45bag | \$28.75 per 1kg |
| 2                                                  | Williams Pears (Produce)                                          |         |         |       | \$2.99kg  | N/A             |
| 3                                                  | Produce Line - Refer to Fresh Sheet (Produce)                     | TV      |         |       | \$0.00kg  | N/A             |
| Saturday 11 Mar - Advocate & Examiner              |                                                                   |         |         |       |           |                 |
| 1                                                  | Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL                 |         | \$13.35 |       | \$21.20   | \$2.36 per 1L   |
| 2                                                  | Smith's Potato Chips 130-175g                                     |         | \$1.90  |       | \$2.90    | N/A             |
| 3                                                  | Mainland Cheese Block 400/500g                                    |         | \$3.51  |       | \$6.49    | N/A             |
| Saturday 11 Mar - Mercury Front Page               |                                                                   |         |         |       |           |                 |
| 1                                                  | Cheezels/Chickadees 125g (GF)                                     | TV      | \$1.78  | ½     | \$1.62    | \$1.30 per 100g |
| 2                                                  | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)                  | TV      | \$2.25  | ½     | \$2.25    | N/A             |



## Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Front                                 |                                                                         | Save    | % Off | Retail    |                 |
|---------------------------------------|-------------------------------------------------------------------------|---------|-------|-----------|-----------------|
| 1                                     | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe) TV                     | \$2.25  | ½     | \$2.25    | N/A             |
| 2                                     | Cheezels/Chickadees 125g (GF) TV                                        | \$1.78  | ½     | \$1.62    | \$1.30 per 100g |
| 3                                     | Kellogg's Nutri-Grain/Special K/Sultana Bran/Coco Pops Chex 470-700g TV | \$4.51  | ½     | \$4.49    | N/A             |
| 4                                     | Radiant Laundry Powder 2kg/Liquid 2L TV                                 | \$10.01 | ½     | \$9.99    | N/A             |
| 5                                     | William's Wraps 8pk (POT) TV                                            | \$2.50  | ½     | \$2.49    | 44¢ per 100g    |
| <b>Page 2 - Meat &amp; Produce</b>    |                                                                         |         |       |           |                 |
| 1                                     | Baby Mesclun Pre Packs 120g (Produce) Press                             |         |       | \$3.45bag | \$28.75 per 1kg |
| 2                                     | Williams Pears (Produce) Press                                          |         |       | \$2.99kg  | N/A             |
| 3                                     | Carrots 1kg (Produce)                                                   |         |       | \$1.50bag | \$1.50 per 1kg  |
| 4                                     | JC's Backyard BBQ Mix 375g (Produce)                                    | \$1.70  |       | \$5.99ea  | \$15.97 per 1kg |
| 5                                     | Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat) Press |         |       | \$10.99ea | \$15.70 per 1kg |
| 6                                     | Scottsdale Pork Meaty Pork Ribs (Meat)                                  |         |       | \$17.99kg | N/A             |
| 7                                     | Beef Porterhouse Steak (Meat)                                           |         |       | \$36.99kg | N/A             |
| 8                                     | Lamb Loin Chops (Meat)                                                  |         |       | \$27.99kg | N/A             |
| <b>Page 3 - Deli &amp; Bakery</b>     |                                                                         |         |       |           |                 |
| 1                                     | Pandani Shredded Pizza Ham (Deli) Press                                 |         |       | \$9.99kg  | N/A             |
| 2                                     | Chicken Breast Fillets (Deli)                                           |         |       | \$12.99kg | N/A             |
| 3                                     | Pandani Premium Boneless Leg Ham (Deli)                                 |         |       | \$19.99kg | N/A             |
| 4                                     | Tibaldi Rindless Short Cut Bacon (2.5kg) (Deli)                         |         |       | \$14.99kg | N/A             |
| 5                                     | Cripps Café Quality Fruit Loaf 700g (POT)                               | \$1.80  |       | \$3.79    | 54¢ per 100g    |
| 6                                     | Golden Crumpet Rounds 6pk (POT)                                         | \$1.11  |       | \$2.59    | 86¢ per 100g    |
| 7                                     | William's Bread 800-900g (POT) LPE                                      |         |       | \$4.35    | N/A             |
| 8                                     | National Cottage Pie 2pk (POT)                                          | \$2.50  |       | \$6.99    | \$1.59 per 100g |
| <b>Page 4</b>                         |                                                                         |         |       |           |                 |
| 1                                     | Nestle Block Chocolate 118-200g                                         | \$1.51  |       | \$3.99    | N/A             |
| 2                                     | Pascall Confectionery Bags 150-260g                                     | \$1.31  |       | \$2.69    | N/A             |
| 3                                     | Cadbury Bites 110-150g                                                  | \$1.51  |       | \$3.49    | N/A             |
| 4                                     | Wrigley's Eclipse Chewy Mints 27g                                       |         |       | \$1.49    | \$5.52 per 100g |
| 5                                     | Arnott's Scotch Finger/Cream Biscuits 200-250g                          | \$1.10  |       | \$2.49    | N/A             |
| 6                                     | Smith's Potato Chips 130-175g Press                                     | \$1.90  |       | \$2.90    | N/A             |
| 7                                     | Doritos Corn Chips 130-170g                                             | \$1.31  |       | \$3.49    | N/A             |
| 8                                     | Arnott's Vita Weat Crisp Bread 9 Grain 138g                             | \$3.60  | ½     | \$2.99    | \$2.17 per 100g |
| <b>Page 4 - Pigadees Panel (New)</b>  |                                                                         |         |       |           |                 |
| 9                                     | Cheezels/Chickadees 125g (GF) TV                                        | \$1.78  | ½     | \$1.62    | \$1.30 per 100g |
| <b>Page 5</b>                         |                                                                         |         |       |           |                 |
| 1                                     | V8 Juice 1.25L excl. Power Blend/Healthy Greens Digital                 | \$2.84  | ½     | \$2.75    | \$2.20 per 1L   |
| 2                                     | Santa Vittoria Sparkling Mineral Water 750mL LPE                        |         |       | \$1.99    | \$2.65 per 1L   |
| 3                                     | Powerade Sports Drink 1L                                                | \$2.75  |       | \$3.00    | \$3.00 per 1L   |
| 4                                     | V Energy Drink 500mL                                                    | \$1.50  |       | \$3.49    | \$6.98 per 1L   |
| 5                                     | Mount Franklin Spring Water 1L                                          | \$0.60  |       | \$2.29    | \$2.29 per 1L   |
| 6                                     | Kirks Canned Soft Drink 10 x 375mL                                      | \$2.45  |       | \$7.55    | \$2.01 per 1L   |
| 7                                     | Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL Press                 | \$13.35 |       | \$21.20   | \$2.36 per 1L   |
| 8                                     | Kirks Soft Drink 1.25L                                                  | \$0.29  |       | \$1.70    | \$1.36 per 1L   |
| <b>Page 5 - Boss Mocha Side Panel</b> |                                                                         |         |       |           |                 |
| 9                                     | Boss Iced Coffee 237mL (Feat. Mocha)                                    | \$1.46  |       | \$2.99    | \$12.62 per 1L  |



Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Page 6 - Coeliac Awareness Week Feature (13-20th March) |                                                                 |         |        |   |         |                  |  |
|---------------------------------------------------------|-----------------------------------------------------------------|---------|--------|---|---------|------------------|--|
| 1                                                       | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF)      | Digital | \$2.00 | ½ | \$1.99  | 66¢ per 100g     |  |
| 2                                                       | Johnno's Sauce/Chutney/Relish 400/520g (POT) (GF)               | Digital | \$1.20 |   | \$5.99  | N/A              |  |
| 3                                                       | Kikkoman Gluten Free Sauces 225-250g (GF)                       |         | \$0.91 |   | \$2.49  | N/A              |  |
| 4                                                       | Arnott's Gluten Free Biscuits 120-175g (GF)                     | Digital | \$1.00 |   | \$3.99  | N/A              |  |
| 5                                                       | Kettle Potato Chips 150/165g (GF)                               |         | \$1.51 |   | \$4.49  | N/A              |  |
| 6                                                       | Pauls Zymil Long Life Milk 1L (GF)                              | Digital | \$1.20 |   | \$2.49  | \$2.49 per 1L    |  |
| 7                                                       | Peters Lifesavers/Frosty Fruit 8pk (GF)                         |         | \$1.01 |   | \$6.99  | N/A              |  |
| 8                                                       | Ingham's Gluten Free Chicken Breast Schnitzel/Tenders 400g (GF) |         | \$1.26 |   | \$8.99  | \$22.48 per 1kg  |  |
| 9                                                       | Tip Top The One Gluten Free White Bread 550g (GF)               |         | \$0.96 |   | \$6.49  | \$1.18 per 100g  |  |
| Page 7                                                  |                                                                 |         |        |   |         |                  |  |
| 1                                                       | Continental Classics Pasta & Sauce/Seasoned Rice 85-125g        | TV      | \$1.70 | ½ | \$1.49  | N/A              |  |
| 2                                                       | Heinz Baked Beans/Spaghetti 535/555g                            |         | \$0.76 |   | \$3.49  | N/A              |  |
| 3                                                       | Fountain Specialty/Mint Sauce 250mL                             |         | \$1.01 |   | \$2.49  | \$1.00 per 100mL |  |
| 4                                                       | Leggo's Pesto 190g                                              |         | \$0.86 |   | \$3.99  | \$2.10 per 100g  |  |
| 5                                                       | Tandaco Stuffing 200g                                           |         | \$0.94 |   | \$2.25  | \$1.13 per 100g  |  |
| 6                                                       | CSR Sugar Raw 1kg                                               |         | \$1.16 |   | \$1.99  | 20¢ per 100g     |  |
| 7                                                       | Vegemite 380g                                                   | Digital | \$2.56 |   | \$5.99  | \$1.58 per 100g  |  |
| 8                                                       | International Roast Coffee 500g                                 | Digital | \$4.96 |   | \$10.99 | \$2.20 per 100g  |  |
| 9                                                       | Capilano Honey Squeeze 375g                                     |         | \$2.21 |   | \$4.99  | \$1.33 per 100g  |  |
| Page 8                                                  |                                                                 |         |        |   |         |                  |  |
| 1                                                       | Mainland Cheese Block 400/500g                                  | Press   | \$3.51 |   | \$6.49  | N/A              |  |
| 2                                                       | Kraft Cheese Singles 216g                                       |         | \$1.26 |   | \$3.99  | \$18.47 per 1kg  |  |
| 3                                                       | Mainland On The Go Premium Snacks 110g                          |         | \$1.51 |   | \$3.99  | \$36.27 per 1kg  |  |
| 4                                                       | Eta 5 Star Spread 500g                                          |         | \$0.30 |   | \$2.69  | 54¢ per 100g     |  |
| 5                                                       | Western Star Spreadable 375g                                    |         | \$1.51 |   | \$3.99  | \$1.06 per 100g  |  |
| 6                                                       | Philadelphia Cream Cheese Tub 250g                              |         | \$0.71 |   | \$4.99  | \$19.96 per 1kg  |  |
| 7                                                       | Dairy Farmers Thick & Creamy Yoghurt 600g                       |         | \$1.30 |   | \$4.99  | 83¢ per 100g     |  |
| 8                                                       | Pauls Custard 6pk                                               |         | \$2.00 |   | \$5.99  | 67¢ per 100g     |  |
| 9                                                       | Betta Flavoured Milk 500mL (POT)                                |         | \$1.70 |   | \$2.49  | \$4.98 per 1L    |  |
| Page 9                                                  |                                                                 |         |        |   |         |                  |  |
| 1                                                       | Weight Watchers Frozen Meals 300-370g                           |         | \$4.00 | ½ | \$3.99  | N/A              |  |
| 2                                                       | Ingham's Super Crunch Chicken 300-325g                          |         | \$1.36 |   | \$6.99  | N/A              |  |
| 3                                                       | Birds Eye Fish Fingers 375g                                     |         | \$1.21 |   | \$4.99  | \$13.31 per 1kg  |  |
| 4                                                       | Birds Eye Deli Chips/Roast Potatoes 600g                        |         | \$0.31 |   | \$3.69  | \$6.15 per 1kg   |  |
| 5                                                       | McCain Family Pizza 490/500g                                    |         | \$3.00 |   | \$6.99  | N/A              |  |
| 6                                                       | Connoisseur Ice Cream Stick 4/6pk                               |         | \$1.96 |   | \$7.99  | N/A              |  |
| 7                                                       | Peters Original Ice Cream 2L (GF)                               | Digital | \$2.20 |   | \$4.99  | 25¢ per 100mL    |  |
| 8                                                       | Nanna's Snack Fruit Pies 4pk/Family 600g                        | Digital | \$1.00 |   | \$3.99  | N/A              |  |
| 9                                                       | Peters Drumsticks 24pk                                          |         | \$8.00 |   | \$23.99 | 84¢ per 100mL    |  |
| Page 10 - LPE Half Page                                 |                                                                 |         |        |   |         |                  |  |
| 1                                                       | Poppin Microwave Popcorn 85/100g excl. Cheese                   | LPE     |        |   | \$1.75  | N/A              |  |
| 2                                                       | Maggi Recipe Base Sachets 21-43g                                | LPE     |        |   | \$1.59  | N/A              |  |
| 3                                                       | Sunrice Rice Medium Grain 1kg                                   | LPE     |        |   | \$4.00  | 40¢ per 100g     |  |
| 4                                                       | Chris' Dip 200g Ex. Plant Based                                 | LPE     |        |   | \$3.69  | \$1.85 per 100g  |  |
| 5                                                       | Fancy Feast Cat Food 85g                                        | LPE     |        |   | \$1.60  | \$1.88 per 100g  |  |
| 6                                                       | Ajax Spray n' Wipe Trigger 475/500mL                            | LPE     |        |   | \$3.50  | N/A              |  |



Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Page 10 - Community Co Half Page                                                |                                                   |         |        |   |        |                  |
|---------------------------------------------------------------------------------|---------------------------------------------------|---------|--------|---|--------|------------------|
| 7                                                                               | Use CommCoMustard                                 |         |        |   | \$2.69 | \$1.42 per 100g  |
| 8                                                                               | Community Co Peanut Butter 500g                   |         |        |   | \$4.20 | 84¢ per 100g     |
| 9                                                                               | Community Co Sauce 500mL                          |         |        |   | \$1.99 | 40¢ per 100mL    |
| 10                                                                              | Community Co Diced Peach In Juice 4x125g          |         |        |   | \$3.50 | \$7.00 per 1kg   |
| 11                                                                              | Community Co Soy Milk 1L                          |         |        |   | \$2.75 | \$2.75 per 1L    |
| Page 11                                                                         |                                                   |         |        |   |        |                  |
| 1                                                                               | Chux Super Wipes Regular 10s                      | Digital | \$2.45 | ½ | \$2.45 | 25¢ per 1ea      |
| 2                                                                               | Palmolive Dishwashing Liquid 500mL                |         | \$1.10 |   | \$2.69 | 54¢ per 100mL    |
| 3                                                                               | Sard OxyPlus 1kg                                  |         | \$2.01 |   | \$6.99 | \$6.99 per 1kg   |
| 4                                                                               | BabyLove Everyday Baby Wipes 80pk                 |         | \$0.51 |   | \$2.99 | \$3.74 per 100ea |
| 5                                                                               | Bic Comfort 3 Advance Razors 4pk                  |         | \$2.00 |   | \$3.99 | \$1.00 per 1ea   |
| 6                                                                               | Libra Ultra Thins/Goodnights 10-14pk/Tampons 16pk |         | \$1.00 |   | \$4.49 | N/A              |
| 7                                                                               | Lucky Dog Bones 800g                              |         | \$1.70 |   | \$5.99 | 75¢ per 100g     |
| 8                                                                               | Snappy Tom Canned Cat Food 400g                   |         | \$0.16 |   | \$2.49 | 62¢ per 100g     |
| 9                                                                               | Dine Cat Food 7 x 85g                             |         | \$2.60 |   | \$6.99 | \$1.17 per 100g  |
| Page 12                                                                         |                                                   |         |        |   |        |                  |
| 1                                                                               | The Natural Confectionery Company Bags 180-230g   | Digital | \$2.01 | ½ | \$1.99 | N/A              |
| 2                                                                               | Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g |         | \$1.00 | ½ | \$1.00 | N/A              |
| 3                                                                               | Uncle Tobys Muesli Bars 6pk                       | TV      | \$2.51 | ½ | \$2.49 | \$1.35 per 100g  |
| 4                                                                               | Praise Squeeze Mayonnaise 365/410g                | Digital | \$2.15 | ½ | \$2.10 | N/A              |
| 5                                                                               | Sunsilk Shampoo/Conditioner 700mL                 | Press   | \$6.50 | ½ | \$6.39 | 91¢ per 100mL    |
| Page 13 - One Tray Tomato & Lemon Baked Chicken Recipe Full Page (Digital Only) |                                                   |         |        |   |        |                  |



# Standard Catalogue

Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Front Page                                                                     |                                                                      | % Off   | Retail |                           |
|--------------------------------------------------------------------------------|----------------------------------------------------------------------|---------|--------|---------------------------|
| 1                                                                              | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)                     | TV      | ½      | \$2.25 N/A                |
| 2                                                                              | Cheezels/Chickadees 125g (GF)                                        | TV      | ½      | \$1.62 \$1.30 per 100g    |
| 3                                                                              | Kellogg's Nutri-Grain/Special K/Sultana Bran/Coco Pops Chex 470-700g | TV      | ½      | \$4.49 N/A                |
| 4                                                                              | Radiant Laundry Powder 2kg/Liquid 2L                                 | TV      | ½      | \$9.99 N/A                |
| 5                                                                              | William's Wraps 8pk (POT)                                            | TV      | ½      | \$2.49 44¢ per 100g       |
| Page 2                                                                         |                                                                      |         |        |                           |
| 1                                                                              | V8 Juice 1.25L excl. Power Blend/Healthy Greens                      | Digital | ½      | \$2.75 \$2.20 per 1L      |
| 2                                                                              | The Natural Confectionery Company Bags 180-230g                      | Digital | ½      | \$1.99 N/A                |
| 3                                                                              | Uncle Tobys Muesli Bars 6pk                                          | TV      | ½      | \$2.49 \$1.35 per 100g    |
| 4                                                                              | Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g                    |         | ½      | \$1.00 N/A                |
| 5                                                                              | Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL                    | Press   |        | \$21.20 \$2.36 per 1L     |
| 6                                                                              | Kirks Canned Soft Drink 10 x 375mL                                   |         |        | \$7.55 \$2.01 per 1L      |
| 7                                                                              | Powerade Sports Drink 1L                                             |         |        | \$3.00 \$3.00 per 1L      |
| 8                                                                              | Smith's Potato Chips 130-175g                                        | Press   |        | \$2.90 N/A                |
| 9                                                                              | Nestle Block Chocolate 118-200g                                      |         |        | \$3.99 N/A                |
| 10                                                                             | Arnott's Scotch Finger/Cream Biscuits 200-250g                       |         |        | \$2.49 N/A                |
| Page 3                                                                         |                                                                      |         |        |                           |
| 1                                                                              | Continental Classics Pasta & Sauce/Seasoned Rice 85-125g             | TV      | ½      | \$1.49 N/A                |
| 2                                                                              | Praise Squeeze Mayonnaise 365/410g                                   | Digital | ½      | \$2.10 N/A                |
| 3                                                                              | Sunsilk Shampoo/Conditioner 700mL                                    | Press   | ½      | \$6.39 91¢ per 100mL      |
| 4                                                                              | Chux Super Wipes Regular 10s                                         | Digital | ½      | \$2.45 25¢ per 1ea        |
| 5                                                                              | Pauls Zymil Long Life Milk 1L (GF)                                   | Digital |        | \$2.49 \$2.49 per 1L      |
| 6                                                                              | Vegemite 380g                                                        | Digital |        | \$5.99 \$1.58 per 100g    |
| 7                                                                              | International Roast Coffee 500g                                      | Digital |        | \$10.99 \$2.20 per 100g   |
| 8                                                                              | Dine Cat Food 7 x 85g                                                |         |        | \$6.99 \$1.17 per 100g    |
| Page 3 - Coeliac Side Panel                                                    |                                                                      |         |        |                           |
| 9                                                                              | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF)           | Digital | ½      | \$1.99 66¢ per 100g       |
| 10                                                                             | Johnno's Sauce/Chutney/Relish 400/520g (POT) (GF)                    | Digital |        | \$5.99 N/A                |
| 11                                                                             | Arnott's Gluten Free Biscuits 120-175g (GF)                          | Digital |        | \$3.99 N/A                |
| Page 4                                                                         |                                                                      |         |        |                           |
| 1                                                                              | Baby Mesclun Pre Packs 120g (Produce)                                | Press   |        | \$3.45bag \$28.75 per 1kg |
| 2                                                                              | Williams Pears (Produce)                                             | Press   |        | \$2.99kg N/A              |
| 3                                                                              | JC's Backyard BBQ Mix 375g (Produce)                                 |         |        | \$5.99ea \$15.97 per 1kg  |
| 4                                                                              | Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)    | Press   |        | \$10.99ea \$15.70 per 1kg |
| 5                                                                              | Mainland Cheese Block 400/500g                                       | Press   |        | \$6.49 N/A                |
| 6                                                                              | Betta Flavoured Milk 500mL (POT)                                     |         |        | \$2.49 \$4.98 per 1L      |
| 7                                                                              | Dairy Farmers Thick & Creamy Yoghurt 600g                            |         |        | \$4.99 83¢ per 100g       |
| 8                                                                              | Peters Original Ice Cream 2L (GF)                                    | Digital |        | \$4.99 25¢ per 100mL      |
| 9                                                                              | Nanna's Snack Fruit Pies 4pk/Family 600g                             | Digital |        | \$3.99 N/A                |
| 10                                                                             | Ingham's Super Crunch Chicken 300-325g                               |         |        | \$6.99 N/A                |
| Page 5 - One Tray Tomato & Lemon Baked Chicken Recipe Full Page (Digital Only) |                                                                      |         |        |                           |
| Page 6 - LPE Full Page (Digital Only)                                          |                                                                      |         |        |                           |
| 1                                                                              | Poppin Microwave Popcorn 85/100g excl. Cheese                        | LPE     |        | \$1.75 N/A                |
| 2                                                                              | Maggi Recipe Base Sachets 21-43g                                     | LPE     |        | \$1.59 N/A                |
| 3                                                                              | Sunrice Rice Medium Grain 1kg                                        | LPE     |        | \$4.00 40¢ per 100g       |



Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

|                                                            |                                          |     |   |        |                 |
|------------------------------------------------------------|------------------------------------------|-----|---|--------|-----------------|
| 4                                                          | Chris' Dip 200g Ex. Plant Based          | LPE |   | \$3.69 | \$1.85 per 100g |
| 5                                                          | Fancy Feast Cat Food 85g                 | LPE |   | \$1.60 | \$1.88 per 100g |
| 6                                                          | Ajax Spray n' Wipe Trigger 475/500mL     | LPE |   | \$3.50 | N/A             |
| <b>Page 7 - Community Co Full Page (Digital Only)</b>      |                                          |     |   |        |                 |
| 1                                                          | Use CommCoMustard                        |     |   | \$2.69 | \$1.42 per 100g |
| 2                                                          | Community Co Peanut Butter 500g          |     |   | \$4.20 | 84¢ per 100g    |
| 3                                                          | Community Co Sauce 500mL                 |     |   | \$1.99 | 40¢ per 100mL   |
| 4                                                          | Community Co Diced Peach In Juice 4x125g |     |   | \$3.50 | \$7.00 per 1kg  |
| 5                                                          | Community Co Soy Milk 1L                 |     |   | \$2.75 | \$2.75 per 1L   |
| <b>Page 7 - Pigadees New Line Full Page (Digital Only)</b> |                                          |     |   |        |                 |
| 1                                                          | Cheezels/Chickadees 125g (GF)            | TV  | ½ | \$1.62 | \$1.30 per 100g |
| <b>Page 8 - Boss Mocha Full Page (Digital Only)</b>        |                                          |     |   |        |                 |
| 1                                                          | Boss Iced Coffee 237mL (Feat. Mocha)     |     |   | \$2.99 | \$12.62 per 1L  |





# Press

Examiner / Mercury / Advocate

Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Alpha Sorted List - ALL PRESS (Including Digital) |                                                                      |         | Retail  |                 |
|---------------------------------------------------|----------------------------------------------------------------------|---------|---------|-----------------|
| 1                                                 | Arnott's Gluten Free Biscuits 120-175g (GF)                          | Digital | \$3.99  | N/A             |
| 2                                                 | Arnott's Tim Tam Biscuits 165-200g (excl Deluxe)                     | TV      | \$2.25  | N/A             |
| 3                                                 | Cheezels/Chickadees 125g (GF)                                        | TV      | \$1.62  | \$1.30 per 100g |
| 4                                                 | Chux Super Wipes Regular 10s                                         | Digital | \$2.45  | 25¢ per 1ea     |
| 5                                                 | Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL                    |         | \$21.20 | \$2.36 per 1L   |
| 6                                                 | Continental Classics Pasta & Sauce/Seasoned Rice 85-125g             | TV      | \$1.49  | N/A             |
| 7                                                 | Green's Gluten Free Buttermilk Pancake Shake Mix 300g (GF)           | Digital | \$1.99  | 66¢ per 100g    |
| 8                                                 | International Roast Coffee 500g                                      | Digital | \$10.99 | \$2.20 per 100g |
| 9                                                 | Johnno's Sauce/Chutney/Relish 400/520g (POT) (GF)                    | Digital | \$5.99  | N/A             |
| 10                                                | Kellogg's Nutri-Grain/Special K/Sultana Bran/Coco Pops Chex 470-700g | TV      | \$4.49  | N/A             |
| 11                                                | Mainland Cheese Block 400/500g                                       |         | \$6.49  | N/A             |
| 12                                                | Nanna's Snack Fruit Pies 4pk/Family 600g                             | Digital | \$3.99  | N/A             |
| 13                                                | Pauls Zymil Long Life Milk 1L (GF)                                   | Digital | \$2.49  | \$2.49 per 1L   |
| 14                                                | Peters Original Ice Cream 2L (GF)                                    | Digital | \$4.99  | 25¢ per 100mL   |
| 15                                                | Praise Squeeze Mayonnaise 365/410g                                   | Digital | \$2.10  | N/A             |
| 16                                                | Radiant Laundry Powder 2kg/Liquid 2L                                 | TV      | \$9.99  | N/A             |
| 17                                                | Smith's Potato Chips 130-175g                                        |         | \$2.90  | N/A             |
| 18                                                | Sunsilk Shampoo/Conditioner 700mL                                    |         | \$6.39  | 91¢ per 100mL   |
| 19                                                | The Natural Confectionery Company Bags 180-230g                      | Digital | \$1.99  | N/A             |
| 20                                                | Uncle Tobys Muesli Bars 6pk                                          | TV      | \$2.49  | \$1.35 per 100g |
| 21                                                | V8 Juice 1.25L excl. Power Blend/Healthy Greens                      | Digital | \$2.75  | \$2.20 per 1L   |
| 22                                                | Vegemite 380g                                                        | Digital | \$5.99  | \$1.58 per 100g |
| 23                                                | William's Wraps 8pk (POT)                                            | TV      | \$2.49  | 44¢ per 100g    |



# Catalogue

Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

| Alpha Sorted List - Catalogue |                                                                 |     | Retail |                  |
|-------------------------------|-----------------------------------------------------------------|-----|--------|------------------|
| 1                             | Ajax Spray n' Wipe Trigger 475/500mL                            | LPE | \$3.50 | N/A              |
| 2                             | Arnott's Scotch Finger/Cream Biscuits 200-250g                  |     | \$2.49 | N/A              |
| 3                             | Arnott's Vita Weat Crisp Bread 9 Grain 138g                     |     | \$2.99 | \$2.17 per 100g  |
| 4                             | BabyLove Everyday Baby Wipes 80pk                               |     | \$2.99 | \$3.74 per 100ea |
| 5                             | Betta Flavoured Milk 500mL (POT)                                |     | \$2.49 | \$4.98 per 1L    |
| 6                             | Bic Comfort 3 Advance Razors 4pk                                |     | \$3.99 | \$1.00 per 1ea   |
| 7                             | Birds Eye Deli Chips/Roast Potatoes 600g                        |     | \$3.69 | \$6.15 per 1kg   |
| 8                             | Birds Eye Fish Fingers 375g                                     |     | \$4.99 | \$13.31 per 1kg  |
| 9                             | Boss Iced Coffee 237mL (Feat. Mocha)                            |     | \$2.99 | \$12.62 per 1L   |
| 10                            | Cadbury Bites 110-150g                                          |     | \$3.49 | N/A              |
| 11                            | Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g               |     | \$1.00 | N/A              |
| 12                            | Capilano Honey Squeeze 375g                                     |     | \$4.99 | \$1.33 per 100g  |
| 13                            | Chris' Dip 200g Ex. Plant Based                                 | LPE | \$3.69 | \$1.85 per 100g  |
| 14                            | Community Co Diced Peach In Juice 4x125g                        |     | \$3.50 | \$7.00 per 1kg   |
| 15                            | Community Co Peanut Butter 500g                                 |     | \$4.20 | 84¢ per 100g     |
| 16                            | Community Co Sauce 500mL                                        |     | \$1.99 | 40¢ per 100mL    |
| 17                            | Community Co Soy Milk 1L                                        |     | \$2.75 | \$2.75 per 1L    |
| 18                            | Community Co Wholegrain Mustard 190g                            |     | \$2.69 | \$1.42 per 100g  |
| 19                            | Connoisseur Ice Cream Stick 4/6pk                               |     | \$7.99 | N/A              |
| 20                            | Cripps Café Quality Fruit Loaf 700g (POT)                       |     | \$3.79 | 54¢ per 100g     |
| 21                            | CSR Sugar Raw 1kg                                               |     | \$1.99 | 20¢ per 100g     |
| 22                            | Dairy Farmers Thick & Creamy Yoghurt 600g                       |     | \$4.99 | 83¢ per 100g     |
| 23                            | Dine Cat Food 7 x 85g                                           |     | \$6.99 | \$1.17 per 100g  |
| 24                            | Doritos Corn Chips 130-170g                                     |     | \$3.49 | N/A              |
| 25                            | Eta 5 Star Spread 500g                                          |     | \$2.69 | 54¢ per 100g     |
| 26                            | Fancy Feast Cat Food 85g                                        | LPE | \$1.60 | \$1.88 per 100g  |
| 27                            | Fountain Specialty/Mint Sauce 250mL                             |     | \$2.49 | \$1.00 per 100mL |
| 28                            | Golden Crumpet Rounds 6pk (POT)                                 |     | \$2.59 | 86¢ per 100g     |
| 29                            | Heinz Baked Beans/Spaghetti 535/555g                            |     | \$3.49 | N/A              |
| 30                            | Ingham's Gluten Free Chicken Breast Schnitzel/Tenders 400g (GF) |     | \$8.99 | \$22.48 per 1kg  |
| 31                            | Ingham's Super Crunch Chicken 300-325g                          |     | \$6.99 | N/A              |
| 32                            | Kettle Potato Chips 150/165g (GF)                               |     | \$4.49 | N/A              |
| 33                            | Kikkoman Gluten Free Sauces 225-250g (GF)                       |     | \$2.49 | N/A              |
| 34                            | Kirks Canned Soft Drink 10 x 375mL                              |     | \$7.55 | \$2.01 per 1L    |
| 35                            | Kirks Soft Drink 1.25L                                          |     | \$1.70 | \$1.36 per 1L    |
| 36                            | Kraft Cheese Singles 216g                                       |     | \$3.99 | \$18.47 per 1kg  |
| 37                            | Leggo's Pesto 190g                                              |     | \$3.99 | \$2.10 per 100g  |
| 38                            | Libra Ultra Thins/Goodnights 10-14pk/Tampons 16pk               |     | \$4.49 | N/A              |
| 39                            | Lucky Dog Bones 800g                                            |     | \$5.99 | 75¢ per 100g     |
| 40                            | Maggi Recipe Base Sachets 21-43g                                | LPE | \$1.59 | N/A              |
| 41                            | Mainland On The Go Premium Snacks 110g                          |     | \$3.99 | \$36.27 per 1kg  |
| 42                            | McCain Family Pizza 490/500g                                    |     | \$6.99 | N/A              |
| 43                            | Mount Franklin Spring Water 1L                                  |     | \$2.29 | \$2.29 per 1L    |
| 44                            | National Cottage Pie 2pk (POT)                                  |     | \$6.99 | \$1.59 per 100g  |
| 45                            | Nestle Block Chocolate 118-200g                                 |     | \$3.99 | N/A              |
| 46                            | Palmolive Dishwashing Liquid 500mL                              |     | \$2.69 | 54¢ per 100mL    |



# Catalogue

Wednesday 08 Mar 2023 - Tuesday 14 Mar 2023 (week 10)

|    |                                                   |     |         |                 |
|----|---------------------------------------------------|-----|---------|-----------------|
| 47 | Pascall Confectionery Bags 150-260g               |     | \$2.69  | N/A             |
| 48 | Pauls Custard 6pk                                 |     | \$5.99  | 67¢ per 100g    |
| 49 | Peters Drumsticks 24pk                            |     | \$23.99 | 84¢ per 100mL   |
| 50 | Peters Lifesavers/Frosty Fruit 8pk (GF)           |     | \$6.99  | N/A             |
| 51 | Philadelphia Cream Cheese Tub 250g                |     | \$4.99  | \$19.96 per 1kg |
| 52 | Poppin Microwave Popcorn 85/100g excl. Cheese     | LPE | \$1.75  | N/A             |
| 53 | Powerade Sports Drink 1L                          |     | \$3.00  | \$3.00 per 1L   |
| 54 | Santa Vittoria Sparkling Mineral Water 750mL      | LPE | \$1.99  | \$2.65 per 1L   |
| 55 | Sard OxyPlus 1kg                                  |     | \$6.99  | \$6.99 per 1kg  |
| 56 | Snappy Tom Canned Cat Food 400g                   |     | \$2.49  | 62¢ per 100g    |
| 57 | Sunrice Rice Medium Grain 1kg                     | LPE | \$4.00  | 40¢ per 100g    |
| 58 | Tandaco Stuffing 200g                             |     | \$2.25  | \$1.13 per 100g |
| 59 | Tip Top The One Gluten Free White Bread 550g (GF) |     | \$6.49  | \$1.18 per 100g |
| 60 | V Energy Drink 500mL                              |     | \$3.49  | \$6.98 per 1L   |
| 61 | Weight Watchers Frozen Meals 300-370g             |     | \$3.99  | N/A             |
| 62 | Western Star Spreadable 375g                      |     | \$3.99  | \$1.06 per 100g |
| 63 | William's Bread 800-900g (POT)                    | LPE | \$4.35  | N/A             |
| 64 | Wrigley's Eclipse Chewy Mints 27g                 |     | \$1.49  | \$5.52 per 100g |