

**TV/Digital****Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)**

Television Advertised		Save	% Off	Retail	
1	Pascall/The Natural Confectionery Bags 120-280g	\$2.51	½	\$2.49	N/A
2	Red Rock Deli Chips 150/165g	\$3.15	½	\$3.15	N/A
3	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L
4	Kirks Canned Soft Drink 10 x 375mL	\$5.70		\$6.50	\$1.73 per 1L
5	Zoosh Dip 185g	\$1.01		\$2.49	\$1.35 per 100g
6	Kellogg's Nutri-Grain/LCM Bars 5pk	\$2.45	½	\$2.25	N/A
7	Maggi 2 Minute Noodles 5pk (excl. Fusian)	\$2.01		\$2.99	N/A
8	Dairy Farmers Thick & Creamy Yoghurt 140/150g	\$1.30	½	\$1.30	N/A
9	Dove Range (excl LPE)		½		
Television Advertised - Fri 26 Jan					
10	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
11	National Pies Party Pies/Sausage Rolls 12pk (POT)	\$2.50		\$7.99	\$1.11 per 100g

Google Advertised					
1	Kleenex Toilet Tissue White 18pk	\$5.00		\$9.99	31¢ per 100sh
2	Mission Corn Chips 230g	\$1.46		\$2.99	\$1.30 per 100g
3	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	\$13.35		\$21.20	\$2.36 per 1L
4	Moccona Coffee Sachets 8/10pk	\$3.01	½	\$2.99	N/A

Facebook Advertised - Kellogg's Feature					
1	Kellogg's Nutri-Grain/LCM Bars 5pk	\$2.45	½	\$2.25	N/A
2	Kellogg's K-Time Twists 5pk	\$2.75	½	\$2.75	\$1.49 per 100g
3	Kellogg's Crunchy Nut Corn Flakes/Special K/Nutri-Grain/Sultana Bran 290-420g	\$3.51	½	\$3.49	N/A
Facebook Advertised - Australia Day					
1	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L
2	Red Rock Deli Chips 150/165g	\$3.15	½	\$3.15	N/A
3	Pascall/The Natural Confectionery Bags 120-280g	\$2.51	½	\$2.49	N/A
4	Bundaberg Ginger Beer/Soft Drink 6 x 200mL	\$3.95	½	\$3.65	\$3.04 per 1L
5	Heinz Seriously Good Mayo/Aioli 295mL	\$2.75	½	\$2.75	93¢ per 100mL
6	Banana Boat Ultra 50+ Sunscreen Spray 175g/(T)Sunscreen SPF50+ 200g	\$7.01		\$13.99	N/A
7	Zoosh Dip 185g	\$1.01		\$2.49	\$1.35 per 100g
Facebook Advertised - Kirks					
1	Kirks Soft Drink 1.25L	\$0.49		\$1.50	\$1.20 per 1L
2	Kirks Canned Soft Drink 10 x 375mL	\$5.70		\$6.50	\$1.73 per 1L

Wednesday Catalogue Email Header					
1	Red Rock Deli Chips 150/165g	\$3.15	½	\$3.15	N/A
2	Kirks Canned Soft Drink 10 x 375mL	\$5.70		\$6.50	\$1.73 per 1L
Friday Catalogue Email - Mango Cheesecake Recipe					
1	Philadelphia Cream Cheese Block 250g	\$1.36		\$4.49	\$17.96 per 1kg

Website Banner					
1	Pascall/The Natural Confectionery Bags 120-280g	\$2.51	½	\$2.49	N/A
2	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L



TV/Digital

Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Website Banner - LPE

1	Praise Salad Dressing 330mL	LPE			\$3.00	91¢ per 100mL
2	Prima Fruit Drinks 200mL 6pk	LPE			\$3.95	\$3.29 per 1L
3	William's Bread 800-900g (POT)	LPE			\$4.70	N/A

Radio Advertised

1	Red Rock Deli Chips 150/165g	\$3.15	½	\$3.15	N/A
2	Frantelle Spring Water 24 x 600mL	\$7.70	½	\$7.70	53¢ per 1L
3	Heinz Seriously Good Mayo/Aioli 295mL	\$2.75	½	\$2.75	93¢ per 100mL
4	Dove Range (excl LPE)		½		



Press

Examiner / Mercury / Advocate

Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Thursday 25 Jan - ALL PRESS		Save	% Off	Retail		
1	Arnott's Shapes 130-190g	\$1.01		\$2.99	N/A	
2	Pauls Zymil Long Life Milk 1L	\$1.20		\$2.49	\$2.49 per 1L	
3	Bega Tasty Cheese Block 1kg	\$4.00		\$11.99	\$11.99 per 1kg	
Friday 26 Jan - Advocate/Examiner - (Market Fresh)						
1	Produce Line - Refer to Fresh Sheet (Produce)	Digital		\$0.00kg	N/A	
2	Salad Fresh Leafy Salad 120g (Produce)			\$1.99bag	\$16.58 per 1kg	
3	New Season Washed Potatoes 2kg (Produce)			\$5.50bag	\$2.75 per 1kg	
Friday 26 Jan - Advocate/Examiner - (Market Fresh)						
1	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital	\$2.50		\$7.99	\$1.11 per 100g
2	Pandani Premium Boneless Leg Ham (Deli)			\$20.99kg	N/A	
3	Beef Scotch Fillet Steak (Meat)			\$34.99kg	N/A	
Friday 26 Jan - Mercury - (Market Fresh)						
1	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital	\$2.50		\$7.99	\$1.11 per 100g
2	Produce Line - Refer to Fresh Sheet (Produce)	Digital			\$0.00kg	N/A
3	Beef Scotch Fillet Steak (Meat)			\$34.99kg	N/A	
Friday 26 Jan - Mercury						
1	Vegemite 380g		\$2.86		\$5.99	\$1.58 per 100g
2	McCain Family Pizza 490/500g		\$3.00		\$6.99	N/A
3	Natures Organics Fruits Shampoo & Conditioner 500mL		\$0.60		\$1.69	34¢ per 100mL
Friday 26 Jan - ALL PRESS Half Page						
1	Red Rock Deli Chips 150/165g	TV	\$3.15	½	\$3.15	N/A
2	Frantelle Spring Water 24 x 600mL	TV	\$7.70	½	\$7.70	53¢ per 1L
3	Kirks Soft Drink 1.25L	Digital	\$0.49		\$1.50	\$1.20 per 1L
4	Heinz Seriously Good Mayo/Aioli 295mL	Digital	\$2.75	½	\$2.75	93¢ per 100mL
5	Pascall/The Natural Confectionery Bags 120-280g	TV	\$2.51	½	\$2.49	N/A
6	Banana Boat Ultra 50+ Sunscreen Spray 175g/(T)Sunscreen SPF50+ 200g	Digital	\$7.01		\$13.99	N/A
Saturday 27 Jan - Advocate & Examiner						
1	Vegemite 380g		\$2.86		\$5.99	\$1.58 per 100g
2	McCain Family Pizza 490/500g		\$3.00		\$6.99	N/A
3	Natures Organics Fruits Shampoo & Conditioner 500mL		\$0.60		\$1.69	34¢ per 100mL
Saturday 27 Jan - Mercury Front Page						
1	Fab Laundry Powder 1.8/2kg & Liquid 1.8L		\$2.01		\$7.99	N/A
2	Duck River Soft Butter 500g (POT)		\$1.36		\$5.49	\$1.10 per 100g
3	Peters Lemonade Icy Poles 8pk		\$1.01		\$4.49	75¢ per 100mL



Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Front			Save	% Off	Retail	
1	Red Rock Deli Chips 150/165g	TV	\$3.15	½	\$3.15	N/A
2	Frantelle Spring Water 24 x 600mL	TV	\$7.70	½	\$7.70	53¢ per 1L
3	Kellogg's Nutri-Grain/LCM Bars 5pk	TV	\$2.45	½	\$2.25	N/A
4	Dairy Farmers Thick & Creamy Yoghurt 140/150g	TV	\$1.30	½	\$1.30	N/A
5	Beef Scotch Fillet Steak (Meat)	Press			\$34.99kg	N/A
Page 2						
1	Pascall/The Natural Confectionery Bags 120-280g	TV	\$2.51	½	\$2.49	N/A
2	Cadbury Favourites 520g		\$12.00	½	\$10.99	\$2.11 per 100g
3	Bundaberg Ginger Beer/Soft Drink 6 x 200mL	Digital	\$3.95	½	\$3.65	\$3.04 per 1L
4	Arnott's Cracker Chips/Sourdough 150g/Flatbread Snacks 130g		\$2.75	>½	\$2.25	N/A
5	Heinz Seriously Good Mayo/Aioli 295mL	Digital	\$2.75	½	\$2.75	93¢ per 100mL
6	Mission Corn Chips 230g	Digital	\$1.46		\$2.99	\$1.30 per 100g
7	Bega Peanut Butter 375g		\$1.15		\$4.25	\$1.13 per 100g
8	McCain Family Pizza 490/500g	Press	\$3.00		\$6.99	N/A
Page 3						
1	Mars Ice Cream 6pk		\$4.75	½	\$4.75	N/A
2	Weight Watchers Frozen Meals 300-370g		\$4.00	½	\$3.99	N/A
3	Dove Range (excl LPE)	TV		½		
4	Bic Comfort 3 Advance Razors 4pk		\$3.00	½	\$2.99	75¢ per 1ea
5	Bic Simply Soleil 3pk		\$2.10	½	\$2.10	70¢ per 1ea
6	Bega Tasty Cheese Block 1kg	Press	\$4.00		\$11.99	\$11.99 per 1kg
7	Duck River Soft Butter 500g (POT)	Press	\$1.36		\$5.49	\$1.10 per 100g
8	Kleenex Toilet Tissue White 18pk	Digital	\$5.00		\$9.99	31¢ per 100sh
Page 4 - Meat & Produce						
1	Salad Fresh Leafy Salad 120g (Produce)	Press			\$1.99bag	\$16.58 per 1kg
2	New Season Washed Potatoes 2kg (Produce)	Press			\$5.50bag	\$2.75 per 1kg
3	Brown Onion 1kg Bag (Produce)				\$1.50bag	\$1.50 per 1kg
4	JC's Delicious Energy Mix 500g (Produce)		\$2.51		\$8.99ea	\$17.98 per 1kg
5	Lamb Loin Chops (Meat)				\$22.99kg	N/A
6	Artisan Pork Burgers 500g (Meat)				\$7.50ea	\$15.00 per 1kg
7	Marion Bay Chicken Breast Fillets (Tray) (Meat)				\$18.99kg	N/A
8	Nichols BBQ Chicken Breast Steaks (Meat)				\$18.99kg	N/A
9	Pandani Sausages 500g (Meat)				\$7.00ea	\$14.00 per 1kg
Page 5 - Deli & Bakery						
1	Pandani Premium Boneless Leg Ham (Deli)	Press			\$20.99kg	N/A
2	Pandani Saveloys/Cocktails 2kg (Deli)				\$11.99kg	N/A
3	Pandani Cabana (Deli)				\$14.99kg	N/A
4	Ingham's Chicken Kebabs 70g (Carton of 40) (Deli)				\$1.50ea	\$21.43 per 1kg
5	Aussie Cooked Large Tiger Prawns 3kg (Thawed) (Deli)				\$29.99kg	N/A
6	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital	\$2.50		\$7.99	\$1.11 per 100g
7	Cripps Pikelets 8pk (POT)		\$1.16		\$2.49	\$1.25 per 100g
8	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)		\$0.80		\$3.99	67¢ per 1ea
9	Central Cake Co Deluxe Lamingtons 2pk (POT)		\$1.30		\$5.49	\$2.75 per 100g
10	Community Co Mud Cake 600g				\$8.00	\$1.33 per 100g
Page 6 - Australia Day Double Page						



Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

1	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	Digital	\$13.35		\$21.20	\$2.36 per 1L
2	Powerade Sports Drink 600mL		\$1.61		\$2.39	\$3.98 per 1L
3	Bickford's Cordial 750mL		\$0.76		\$4.99	\$6.65 per 1L
4	Twisties/Burger Rings/Toobs/Cheetos 125-270g		\$0.51		\$3.99	N/A
5	Schweppes Mixer Soft Drink 4 x 300mL		\$1.91		\$4.99	\$4.16 per 1L
6	Arnott's Shapes 130-190g	Press	\$1.01		\$2.99	N/A
7	Philadelphia Pourover 250g		\$1.01		\$3.49	\$13.96 per 1kg
8	Zoosh Dip 185g	TV	\$1.01		\$2.49	\$1.35 per 100g
Page 6 - Australia Day Double Page - Kirks Side Panel						
9	Kirks Canned Soft Drink 10 x 375mL	TV	\$5.70		\$6.50	\$1.73 per 1L
10	Kirks Soft Drink 1.25L	Digital	\$0.49		\$1.50	\$1.20 per 1L
Page 7 - Australia Day Double Page						
1	Natural Chip Company/Thins Potato Chips/French Fries 150/175g		\$1.20		\$3.69	N/A
2	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar		\$1.65		\$2.25	45¢ per 100mL
3	Four 'n Twenty Traditional Pies 4pk		\$1.00		\$7.99	\$1.14 per 100g
4	Peters Lemonade Icy Poles 8pk	Press	\$1.01		\$4.49	75¢ per 100mL
5	Altimate Funtime Wafer Cones/Cups 21pk		\$0.81		\$2.99	\$3.99 per 100g
6	Marathon Dim Sims 1.5kg		\$2.01		\$9.99	67¢ per 100g
7	Multix Clingwrap 33cm x 60m/Alfoil 30cm x 10m excl. Non-Stick		\$0.90		\$1.99	N/A
8	Handee Ultra Double Paper Towel 2pk		\$3.00		\$4.99	\$2.08 per 100ea
Page 7 - Australia Day Double Page - Banana Boat Side Panel						
9	Banana Boat Ultra 50+ Sunscreen Spray 175g(T)Sunscreen SPF50+ 200g	Digital	\$7.01		\$13.99	N/A
10	Banana Boat Sunscreen Roll On 75mL		\$4.81		\$8.99	\$11.99 per 100mL
Page 8 - LPE						
1	Praise Salad Dressing 330mL	LPE			\$3.00	91¢ per 100mL
2	Prima Fruit Drinks 200mL 6pk	LPE			\$3.95	\$3.29 per 1L
3	Sakata Rice Crackers 90/100g	LPE			\$2.30	N/A
4	William's Bread 800-900g (POT)	LPE			\$4.70	N/A
5	Meadowlea Spread 500g	LPE			\$4.50	90¢ per 100g
6	La Famiglia Just for 2 Garlic Bread 170g	LPE			\$3.50	\$2.06 per 100g
7	On the Menu Frozen Meals 320g	LPE			\$5.99	\$1.87 per 100g
8	Lucky Dog Bones 800g	LPE			\$7.80	98¢ per 100g
9	Ajax Antibacterial Wipes 110s	LPE			\$9.00	8¢ per 1ea
Page 9						
1	Moccona Coffee Sachets 8/10pk	Digital	\$3.01	½	\$2.99	N/A
2	Nestle Milo 1.1kg		\$4.60		\$13.99	\$1.27 per 100g
3	McKenzie's Baking Powder 125g		\$0.36		\$2.49	\$1.99 per 100g
4	Vegemite 380g	Press	\$2.86		\$5.99	\$1.58 per 100g
5	Pauls Zymil Long Life Milk 1L	Press	\$1.20		\$2.49	\$2.49 per 1L
6	Crisco Blended Vegetable/Canola Oil 750mL		\$1.76		\$4.99	67¢ per 100mL
7	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g		\$0.81		\$2.69	N/A
8	Sandhurst Sliced Jalopenos 270g		\$1.01		\$2.99	\$11.07 per 1kg
Page 9 - Back to School Breakfast Side Panel						
9	Kellogg's Crunchy Nut Corn Flakes/Special K/Nutri-Grain/Sultana Bran 290-420g	Digital	\$3.51	½	\$3.49	N/A
10	Sanitarium Weet-Bix Bites 500/510g		\$3.50	½	\$3.49	N/A
11	Nestle Milo Cereal 535-620g		\$5.00	½	\$4.80	N/A



Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Page 10

1	Ingham's Chicken Kiev 350g		\$2.51		\$9.99	\$28.54 per 1kg
2	Chiko Roll 4pk/Corn Jack 5pk		\$1.96		\$5.49	N/A
3	McCain Beer Batter Wedges/Chips 750g		\$1.31		\$4.49	\$5.99 per 1kg
4	Peters Original Ice Cream 2L		\$2.01		\$5.49	27¢ per 100mL
5	Peters Drumstick 4/6pk		\$2.01		\$7.49	N/A
6	Tamar Valley Kids Pouches 110g (POT)		\$0.89		\$1.60	\$1.45 per 100g
7	Wicked Sister Dessert 2pk		\$1.31		\$3.49	N/A
8	Ashgrove Cheese 140g Excluding Fetta (POT)		\$1.51		\$5.99	\$42.79 per 1kg
9	Ashgrove Full Cream/Non Homogenised Milk 2L (POT)		\$0.26		\$4.99	\$2.50 per 1L

Page 11

1	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	Press	\$2.01		\$7.99	N/A
2	Black & Gold Foil Trays 6pk				\$2.50	42¢ per 1ea
3	Community Co Wooden Cutlery 12pk				\$1.90	16¢ per 1ea
4	Natures Organics Fruits Shampoo & Conditioner 500mL	Press	\$0.60		\$1.69	34¢ per 100mL
5	Colgate Plax Mouth Wash 250mL		\$1.51		\$2.99	\$1.20 per 100mL
6	Heinz Baby Food Pouch 120g		\$0.20		\$1.60	\$1.33 per 100g
7	Optimum Dog Food 100g		\$0.36		\$1.49	\$1.49 per 100g
8	Purina One Pouch 70g		\$0.55		\$1.75	\$2.50 per 100g
9	Whiskas Dry Cat Food 1.8kg		\$3.31		\$11.99	67¢ per 100g

Page 12 - Back to School

1	Kellogg's K-Time Twists 5pk	Digital	\$2.75	½	\$2.75	\$1.49 per 100g
2	Uncle Tobys Muesli Bars 6pk		\$2.75	½	\$2.75	\$1.49 per 100g
3	Foster Clarks Snak Pack 120g		\$0.70		\$1.49	\$1.24 per 100g
4	Maggi 2 Minute Noodles 5pk (excl. Fusian)	TV	\$2.01		\$2.99	N/A
5	Bic Cristal Ballpoint Pen 10pk		\$2.70	½	\$2.70	N/A
6	Bic Kids Evolution Coloured Pencils 12pk		\$2.10	½	\$2.10	N/A
7	Band-Aids 40/50pk		\$0.76		\$4.49	N/A
8	Energizer Max Batteries AA 10pk/AAA 8pk		\$7.51		\$12.99	N/A

Page 13 - Bic Back to School Full Page (Digital Only)

1	Bic Evo Eco HB Pencils with Eraser 4pk		\$1.20	½	\$1.20	N/A
2	Bic Briteliner Grip Highlighters 5pk		\$4.50	½	\$4.49	N/A
3	Bic Whiteboard Markers 4pk		\$3.75	½	\$3.75	N/A
4	Bic Intensity Fine Black Pen 3pk		\$3.50	½	\$3.49	N/A
5	Bic Intensity Metal Pro Chisel Permanent Marker 1pk		\$2.00	½	\$1.99	N/A
6	Bic Wite Out Correction Tape		\$2.35	½	\$2.35	N/A
7	Bic Cristal Ballpoint Pen 10pk		\$2.70	½	\$2.70	N/A
8	Bic Kids Evolution Coloured Pencils 12pk		\$2.10	½	\$2.10	N/A

Page 14 - Mango Cheesecake Recipe Full Page (Digital Only)

1	Philadelphia Cream Cheese Block 250g	Digital	\$1.36		\$4.49	\$17.96 per 1kg
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Standard Catalogue

Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Front Page			% Off	Retail	
1	Red Rock Deli Chips 150/165g	TV	½	\$3.15	N/A
2	Frantelle Spring Water 24 x 600mL	TV	½	\$7.70	53¢ per 1L
3	Kellogg's Nutri-Grain/LCM Bars 5pk	TV	½	\$2.25	N/A
4	Dairy Farmers Thick & Creamy Yoghurt 140/150g	TV	½	\$1.30	N/A
5	Beef Scotch Fillet Steak (Meat)	Press		\$34.99kg	N/A
Page 2					
1	Pascall/The Natural Confectionery Bags 120-280g	TV	½	\$2.49	N/A
2	Cadbury Favourites 520g		½	\$10.99	\$2.11 per 100g
3	Bundaberg Ginger Beer/Soft Drink 6 x 200mL	Digital	½	\$3.65	\$3.04 per 1L
4	Dove Range (excl LPE)	TV	½		
5	Bic Comfort 3 Advance Razors 4pk		½	\$2.99	75¢ per 1ea
Page 3					
1	Lamb Loin Chops (Meat)			\$22.99kg	N/A
2	Salad Fresh Leafy Salad 120g (Produce)	Press		\$1.99bag	\$16.58 per 1kg
3	New Season Washed Potatoes 2kg (Produce)	Press		\$5.50bag	\$2.75 per 1kg
4	JC's Delicious Energy Mix 500g (Produce)			\$8.99ea	\$17.98 per 1kg
5	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital		\$7.99	\$1.11 per 100g
6	Cripps Pikelets 8pk (POT)			\$2.49	\$1.25 per 100g
7	Bega Tasty Cheese Block 1kg	Press		\$11.99	\$11.99 per 1kg
8	Duck River Soft Butter 500g (POT)	Press		\$5.49	\$1.10 per 100g
9	Tamar Valley Kids Pouches 110g (POT)			\$1.60	\$1.45 per 100g
10	McCain Family Pizza 490/500g	Press		\$6.99	N/A
11	Peters Original Ice Cream 2L			\$5.49	27¢ per 100mL
12	Peters Drumstick 4/6pk			\$7.49	N/A
Page 4 - Australia Day Double Page					
1	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	Digital		\$21.20	\$2.36 per 1L
2	Powerade Sports Drink 600mL			\$2.39	\$3.98 per 1L
3	Bickford's Cordial 750mL			\$4.99	\$6.65 per 1L
4	Mission Corn Chips 230g	Digital		\$2.99	\$1.30 per 100g
5	Arnott's Shapes 130-190g	Press		\$2.99	N/A
6	Philadelphia Pourover 250g			\$3.49	\$13.96 per 1kg
7	Zoosh Dip 185g	TV		\$2.49	\$1.35 per 100g
Page 4 - Australia Day Double Page - Kirks Side Panel					
8	Kirks Canned Soft Drink 10 x 375mL	TV		\$6.50	\$1.73 per 1L
9	Kirks Soft Drink 1.25L	Digital		\$1.50	\$1.20 per 1L
Page 5 - Australia Day Double Page					
1	Heinz Seriously Good Mayo/Aioli 295mL	Digital	½	\$2.75	93¢ per 100mL
2	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar			\$2.25	45¢ per 100mL
3	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g			\$2.69	N/A
4	Four 'n Twenty Traditional Pies 4pk			\$7.99	\$1.14 per 100g
5	Peters Lemonade Icy Poles 8pk	Press		\$4.49	75¢ per 100mL
6	Altimate Funtime Wafer Cones/Cups 21pk			\$2.99	\$3.99 per 100g
7	Multix Clingwrap 33cm x 60m/Alfoil 30cm x 10m excl. Non-Stick			\$1.99	N/A
Page 5 - Australia Day Double Page - Banana Boat Side Panel					
8	Banana Boat Ultra 50+ Sunscreen Spray 175g/(T)Sunscreen SPF50+ 200g	Digital		\$13.99	N/A
9	Banana Boat Sunscreen Roll On 75mL			\$8.99	\$11.99 per 100mL



Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Page 6					
1	Moccona Coffee Sachets 8/10pk	Digital	½	\$2.99	N/A
2	Pauls Zymil Long Life Milk 1L	Press		\$2.49	\$2.49 per 1L
3	Nestle Milo 1.1kg			\$13.99	\$1.27 per 100g
4	Bega Peanut Butter 375g			\$4.25	\$1.13 per 100g
5	Kleenex Toilet Tissue White 18pk	Digital		\$9.99	31¢ per 100sh
6	Natures Organics Fruits Shampoo & Conditioner 500mL	Press		\$1.69	34¢ per 100mL
7	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	Press		\$7.99	N/A
8	Optimum Dog Food 100g			\$1.49	\$1.49 per 100g
9	Purina One Pouch 70g			\$1.75	\$2.50 per 100g
Page 7 - LPE					
1	Praise Salad Dressing 330mL	LPE		\$3.00	91¢ per 100mL
2	Prima Fruit Drinks 200mL 6pk	LPE		\$3.95	\$3.29 per 1L
3	Sakata Rice Crackers 90/100g	LPE		\$2.30	N/A
4	William's Bread 800-900g (POT)	LPE		\$4.70	N/A
5	Meadowlea Spread 500g	LPE		\$4.50	90¢ per 100g
6	La Famiglia Just for 2 Garlic Bread 170g	LPE		\$3.50	\$2.06 per 100g
7	On the Menu Frozen Meals 320g	LPE		\$5.99	\$1.87 per 100g
8	Lucky Dog Bones 800g	LPE		\$7.80	98¢ per 100g
9	Ajax Antibacterial Wipes 110s	LPE		\$9.00	8¢ per 1ea
Page 8 - Back to School					
1	Maggi 2 Minute Noodles 5pk (excl. Fusian)	TV		\$2.99	N/A
2	Kellogg's K-Time Twists 5pk	Digital	½	\$2.75	\$1.49 per 100g
3	Kellogg's Crunchy Nut Corn Flakes/Special K/Nutri-Grain/Sultana Bran 290-420g	Digital	½	\$3.49	N/A
4	Vegemite 380g	Press		\$5.99	\$1.58 per 100g
5	Foster Clarks Snak Pack 120g			\$1.49	\$1.24 per 100g
6	Uncle Tobys Muesli Bars 6pk		½	\$2.75	\$1.49 per 100g
7	Bic Cristal Ballpoint Pen 10pk		½	\$2.70	N/A
8	Bic Kids Evolution Coloured Pencils 12pk		½	\$2.10	N/A
Page 9 - Bic Back to School Full Page (Digital Only)					
1	Bic Evo Eco HB Pencils with Eraser 4pk		½	\$1.20	N/A
2	Bic Briteliner Grip Highlighters 5pk		½	\$4.49	N/A
3	Bic Whiteboard Markers 4pk		½	\$3.75	N/A
4	Bic Intensity Fine Black Pen 3pk		½	\$3.49	N/A
5	Bic Intensity Metal Pro Chisel Permanent Marker 1pk		½	\$1.99	N/A
6	Bic Wite Out Correction Tape		½	\$2.35	N/A
7	Bic Cristal Ballpoint Pen 10pk		½	\$2.70	N/A
8	Bic Kids Evolution Coloured Pencils 12pk		½	\$2.10	N/A
Page 10 - Mango Cheesecake Recipe Full Page (Digital Only)					
1	Philadelphia Cream Cheese Block 250g	Digital		\$4.49	\$17.96 per 1kg



Press

Examiner / Mercury / Advocate

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Alpha Sorted List - ALL PRESS (Including Digital)			Retail	
1	!Frantelle Spring Water 24 x 600mL	TV	\$7.70	53¢ per 1L
2	!Prima Fruit Drinks 200mL 6pk	LPE	\$3.95	\$3.29 per 1L
3	!William's Bread 800-900g (POT)	LPE	\$4.70	N/A
4	Arnot's Shapes 130-190g		\$2.99	N/A
5	Banana Boat Ultra 50+ Sunscreen Spray 175g/(T)Sunscreen SPF50+ 2l	Digital	\$13.99	N/A
6	Bega Tasty Cheese Block 1kg		\$11.99	\$11.99 per 1kg
7	Bundaberg Ginger Beer/Soft Drink 6 x 200mL	Digital	\$3.65	\$3.04 per 1L
8	Coca-Cola/Fanta/Sprite Soft Drink Cans 24 x 375mL	Digital	\$21.20	\$2.36 per 1L
9	Dairy Farmers Thick & Creamy Yoghurt 140/150g	TV	\$1.30	N/A
10	Dove Antiperspirant 220-254mL	Digital	\$4.49	N/A
11	Dove Beauty Bar 2pk	Digital	\$2.30	\$1.28 per 100g
12	Dove Beauty Bar 4pk	Digital	\$3.85	\$1.07 per 100g
13	Dove Bodywash 1L	Digital	\$8.49	85¢ per 100mL
14	Dove Range (excl LPE)	TV		
15	Duck River Soft Butter 500g (POT)		\$5.49	\$1.10 per 100g
16	Fab Laundry Powder 1.8/2kg & Liquid 1.8L		\$7.99	N/A
17	Heinz Seriously Good Mayo/Aioli 295mL	Digital	\$2.75	93¢ per 100mL
18	Kellogg's Crunchy Nut Corn Flakes/Special K/Nutri-Grain/Sultana Bran 2	Digital	\$3.49	N/A
19	Kellogg's K-Time Twists 5pk	Digital	\$2.75	\$1.49 per 100g
20	Kellogg's Nutri-Grain/LCM Bars 5pk	TV	\$2.25	N/A
21	Kirks Canned Soft Drink 10 x 375mL	TV	\$6.50	\$1.73 per 1L
22	Kirks Soft Drink 1.25L	Digital	\$1.50	\$1.20 per 1L
23	Kleenex Toilet Tissue White 18pk	Digital	\$9.99	31¢ per 100sh
24	Maggi 2 Minute Noodles 5pk (excl. Fusian)	TV	\$2.99	N/A
25	McCain Family Pizza 490/500g		\$6.99	N/A
26	Mission Corn Chips 230g	Digital	\$2.99	\$1.30 per 100g
27	Moccona Coffee Sachets 8/10pk	Digital	\$2.99	N/A
28	National Pies Party Pies/Sausage Rolls 12pk (POT)	Digital	\$7.99	\$1.11 per 100g
29	Natures Organics Fruits Shampoo & Conditioner 500mL		\$1.69	34¢ per 100mL
30	Pascall/The Natural Confectionery Bags 120-280g	TV	\$2.49	N/A
31	Pauls Zymil Long Life Milk 1L		\$2.49	\$2.49 per 1L
32	Peters Lemonade Icy Poles 8pk		\$4.49	75¢ per 100mL
33	Praise Salad Dressing 330mL	LPE	\$3.00	91¢ per 100mL
34	Red Rock Deli Chips 150/165g	TV	\$3.15	N/A
35	Vegemite 380g		\$5.99	\$1.58 per 100g
36	Zoosh Dip 185g	TV	\$2.49	\$1.35 per 100g



Catalogue

Wednesday 24 Jan 2024 - Tuesday 30 Jan 2024 (week 4)

Alpha Sorted List - Catalogue			Retail	
1	Ajax Antibacterial Wipes 110s	LPE	\$9.00	8¢ per 1ea
2	Altimate Funtime Wafer Cones/Cups 21pk		\$2.99	\$3.99 per 100g
3	Arnott's Cracker Chips/Sourdough 150g/Flatbread Snacks 130g		\$2.25	N/A
4	Ashgrove Cheese 140g Excluding Fetta (POT)		\$5.99	\$42.79 per 1kg
5	Ashgrove Full Cream/Non Homogenised Milk 2L (POT)		\$4.99	\$2.50 per 1L
6	Banana Boat Sunscreen Roll On 75mL		\$8.99	\$11.99 per 100mL
7	Band-Aids 40/50pk		\$4.49	N/A
8	Bega Peanut Butter 375g		\$4.25	\$1.13 per 100g
9	Bic Briteliner Grip Highlighters 5pk		\$4.49	N/A
10	Bic Comfort 3 Advance Razors 4pk		\$2.99	75¢ per 1ea
11	Bic Cristal Ballpoint Pen 10pk		\$2.70	N/A
12	Bic Evo Eco HB Pencils with Eraser 4pk		\$1.20	N/A
13	Bic Intensity Fine Black Pen 3pk		\$3.49	N/A
14	Bic Intensity Metal Pro Chisel Permanent Marker 1pk		\$1.99	N/A
15	Bic Kids Evolution Coloured Pencils 12pk		\$2.10	N/A
16	Bic Simply Soleil 3pk		\$2.10	70¢ per 1ea
17	Bic Whiteboard Markers 4pk		\$3.75	N/A
18	Bic Wite Out Correction Tape		\$2.35	N/A
19	Bickford's Cordial 750mL		\$4.99	\$6.65 per 1L
20	Black & Gold Foil Trays 6pk		\$2.50	42¢ per 1ea
21	Cadbury Favourites 520g		\$10.99	\$2.11 per 100g
22	Central Cake Co Deluxe Lamingtons 2pk (POT)		\$5.49	\$2.75 per 100g
23	Chiko Roll 4pk/Corn Jack 5pk		\$5.49	N/A
24	Colgate Plax Mouth Wash 250mL		\$2.99	\$1.20 per 100mL
25	Community Co Mud Cake 600g		\$8.00	\$1.33 per 100g
26	Community Co Wooden Cutlery 12pk		\$1.90	16¢ per 1ea
27	Cripps Master Hot Dog/Lunch Rolls 6pk (POT)		\$3.99	67¢ per 1ea
28	Cripps Pikelets 8pk (POT)		\$2.49	\$1.25 per 100g
29	Crisco Blended Vegetable/Canola Oil 750mL		\$4.99	67¢ per 100mL
30	Energizer Max Batteries AA 10pk/AAA 8pk		\$12.99	N/A
31	Foster Clarks Snak Pack 120g		\$1.49	\$1.24 per 100g
32	Fountain Squeezy Tomato/BBQ Sauce 500mL excl Reduced Sugar		\$2.25	45¢ per 100mL
33	Four 'n Twenty Traditional Pies 4pk		\$7.99	\$1.14 per 100g
34	Handee Ultra Double Paper Towel 2pk		\$4.99	\$2.08 per 100ea
35	Heinz Baby Food Pouch 120g		\$1.60	\$1.33 per 100g
36	Ingham's Chicken Kiev 350g		\$9.99	\$28.54 per 1kg
37	La Famiglia Just for 2 Garlic Bread 170g	LPE	\$3.50	\$2.06 per 100g
38	Lucky Dog Bones 800g	LPE	\$7.80	98¢ per 100g
39	Marathon Dim Sims 1.5kg		\$9.99	67¢ per 100g
40	Mars Ice Cream 6pk		\$4.75	N/A
41	MasterFoods Tartare/Seafood Cocktail Sauce 220/260g		\$2.69	N/A
42	McCain Beer Batter Wedges/Chips 750g		\$4.49	\$5.99 per 1kg
43	McKenzie's Baking Powder 125g		\$2.49	\$1.99 per 100g
44	Meadowlea Spread 500g	LPE	\$4.50	90¢ per 100g
45	Multix Clingwrap 33cm x 60m/Alfoil 30cm x 10m excl. Non-Stick		\$1.99	N/A
46	Natural Chip Company/Thins Potato Chips/French Fries 150/175g		\$3.69	N/A



Catalogue

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47	Nestle Milo 1.1kg		\$13.99	\$1.27 per 100g
48	Nestle Milo Cereal 535-620g		\$4.80	N/A
49	On the Menu Frozen Meals 320g	LPE	\$5.99	\$1.87 per 100g
50	Optimum Dog Food 100g		\$1.49	\$1.49 per 100g
51	Peters Drumstick 4/6pk		\$7.49	N/A
52	Peters Original Ice Cream 2L		\$5.49	27¢ per 100mL
53	Philadelphia Pourover 250g		\$3.49	\$13.96 per 1kg
54	Powerade Sports Drink 600mL		\$2.39	\$3.98 per 1L
55	Praise Salad Dressing 330mL	LPE	\$3.00	91¢ per 100mL
56	Prima Fruit Drinks 200mL 6pk	LPE	\$3.95	\$3.29 per 1L
57	Purina One Pouch 70g		\$1.75	\$2.50 per 100g
58	Sakata Rice Crackers 90/100g	LPE	\$2.30	N/A
59	Sandhurst Sliced Jalopenos 270g		\$2.99	\$11.07 per 1kg
60	Sanitarium Weet-Bix Bites 500/510g		\$3.49	N/A
61	Schweppes Mixer Soft Drink 4 x 300mL		\$4.99	\$4.16 per 1L
62	Tamar Valley Kids Pouches 110g (POT)		\$1.60	\$1.45 per 100g
63	Twisties/Burger Rings/Toobs/Cheetos 125-270g		\$3.99	N/A
64	Uncle Tobys Muesli Bars 6pk		\$2.75	\$1.49 per 100g
65	Weight Watchers Frozen Meals 300-370g		\$3.99	N/A
66	Whiskas Dry Cat Food 1.8kg		\$11.99	67¢ per 100g
67	Wicked Sister Dessert 2pk		\$3.49	N/A
68	William's Bread 800-900g (POT)	LPE	\$4.70	N/A