## The Fresh Surings

Traditionally Wood Smoked and Cured with Natural Ingredients in Tasmania



#### **Southern Heritage Half Leg Ham**Meat Department



## Thesh Samues



#### Ingham's Bagged Whole Chicken Meat Department



## The Fresh Swings



# Scottsdale Pork Boneless Pork Leg Roast



## The Fresh Surings



# Pandani Beef or Pork Sausages 680g

\$11.75 per 1kg - Meat Department



## Thesh Samues



#### Lamb Loin Chops



## Thesh Samues



#### **Beef Rump Steak**





#### **Chicken Thigh Fillets**





#### Champagne Ham

From the Deli





\$2999 kg

**Aussie Cooked** 

Large Tiger Prawns (Thawed)

From the Deli



## The Anesh Surungs



Cabana

From the Deli



#### The Fresh Surungs



INDEPENDENT GROCERS for Australia

## The Firesh Surings





\$345 bag

## Pre-Packed Baby Spinach 150g

\$23.00 per 1kg





**Butternut Pumpkin** 



## The Sungs





\$1.90 per 1kg

