



Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)

Television Advertised		Save	% Off	Retail	
1	Schweppes Traditional/Mineral Water/Mixers 1.1L	\$1.35	½	\$1.30	\$1.18 per 1L
2	Moccona Coffee Sachets 8/10pk	\$3.01	½	\$2.99	N/A
3	Fantastic Delites Rice Snacks 100g	\$1.15	½	\$1.15	\$1.15 per 100g
4	Palmolive Ultra Dishwashing Liquid 950mL	\$4.25	½	\$4.25	45¢ per 100mL
5	Cadbury Favourites 520g	\$12.00	½	\$10.99	\$2.11 per 100g
6	Coca-Cola 30 x 375mL	\$13.55		\$25.55	\$2.27 per 1L
7	Pringles Chips 53g	\$1.40	½	\$1.40	\$2.64 per 100g
8	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	\$2.51		\$7.49	N/A

Television Advertised - Fri 08 Dec

9	Produce Line - Refer to Fresh Sheet (Produce)			\$0.00kg	N/A
10	Cripps Fruit Buns 6pk (POT)	\$2.90	½	\$2.90	64¢ per 100g

Television Advertised - All December

11	Ingham's Ready Roast Turkey Breast Roll 1kg	\$7.95		\$16.80	\$16.80 per 1kg
12	Southern Heritage Leg Ham Cob Half/Full (Meat)			\$7.99kg	

Television Advertised - Catch Up TV - All December

12	Green's Essentials Baking Mixes 340g	\$1.00		\$1.80	53¢ per 100g
13	Maltesers Gift Box 360/400g	\$7.01	½	\$6.99	N/A
14	Blue Banner Pickled Onions 525g excl. No Added Sugar (POT)	\$0.51		\$5.99	\$11.41 per 1kg
15	Bundaberg Soft Drink 4 x 375mL	\$2.35		\$5.45	\$3.63 per 1L

Google Advertised

1	Peters Drumstick 4/6pk	\$4.01		\$5.49	N/A
2	Tresemme Shampoo & Conditioner 940mL	\$8.01	½	\$7.99	85¢ per 100mL
3	Tasmanian Mountain Spring Water 10L (POT)	\$1.01		\$6.49	65¢ per 1L
4	Mission Corn Chips 230g	\$1.00		\$2.99	\$1.30 per 100g

Facebook Advertised - Gifting

1	Maltesers Gift Box 360/400g	\$7.01	½	\$6.99	N/A
2	Cadbury Favourites 520g	\$12.00	½	\$10.99	\$2.11 per 100g
3	Cadbury Dairy Milk Gift Box 200g	\$6.00	½	\$5.99	\$3.00 per 100g
4	Lindt Lindor Balls 235g	\$11.01	½	\$10.99	\$4.68 per 100g

Facebook Advertised - Baking Feature

1	Green's Essentials Baking Mixes 340g	\$1.00		\$1.80	53¢ per 100g
2	(T)Green's Christmas Baking Mixes 515/530g	\$1.01		\$4.99	N/A
3	Sunbeam Sultan's 1kg	\$1.30		\$7.99	\$7.99 per 1kg
4	Duck River Butter Pat 500g (POT)	\$1.51		\$6.99	\$1.40 per 100g
5	McKenzie's Desiccated Coconut 250g	\$0.80		\$1.99	\$7.96 per 1kg
6	Queen Pure Vanilla Essence 50mL	\$1.41		\$2.99	60¢ per 10mL
7	Queen 4 Colour Food Dye	\$1.11		\$2.99	\$1.07 per 10mL
8	Nestle Condensed Milk 395-410g	\$0.85		\$3.25	N/A
9	Arnott's Butternut Snaps/Choc Ripple 250g	\$1.10		\$2.49	\$1.00 per 100g

Wednesday Catalogue Email Header

1	Schweppes Traditional/Mineral Water/Mixers 1.1L	\$1.35	½	\$1.30	\$1.18 per 1L
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**TV/Digital****Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)**

2	Fantastic Delites Rice Snacks 100g	\$1.15	½	\$1.15	\$1.15 per 100g
Friday Catalogue Email - Baked Ham with Marmalade					
1	Ingham's Ready Roast Turkey Breast Roll 1kg	\$7.95		\$16.80	\$16.80 per 1kg

Website Banner					
1	Cadbury Favourites 520g	\$12.00	½	\$10.99	\$2.11 per 100g
2	Cadbury Dairy Milk Gift Box 200g	\$6.00	½	\$5.99	\$3.00 per 100g
2	Maltesers Gift Box 360/400g	\$7.01	½	\$6.99	N/A
Website Banner - Southern Heritage All December					
1	Ingham's Ready Roast Turkey Breast Roll 1kg	\$7.95		\$16.80	\$16.80 per 1kg

Radio Advertised					
1	Schweppes Traditional/Mineral Water/Mixers 1.1L	\$1.35	½	\$1.30	\$1.18 per 1L
2	Fantastic Delites Rice Snacks 100g	\$1.15	½	\$1.15	\$1.15 per 100g
3	Cadbury Favourites 520g	\$12.00	½	\$10.99	\$2.11 per 100g
4	Tresemme Shampoo & Conditioner 940mL	\$8.01	½	\$7.99	85¢ per 100mL



Press

Examiner / Mercury / Advocate

Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)

Thursday 07 Dec - ALL PRESS		Save	% Off	Retail		
1	Gatorade Sports Drink 600mL	\$2.15	½	\$2.10	\$3.50 per 1L	
2	Sanitarium So Good Almond Milk 1L	\$1.50	½	\$1.49	\$1.49 per 1L	
3	Nivea Aerosol Deodorant 250mL	\$4.25	½	\$4.25	\$1.70 per 100mL	
Friday 08 Dec - Advocate/Examiner - (Market Fresh)						
1	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$.00kg	N/A	
2	Nicola Potatoes ()			\$2.99kg		
3	Local Broccoli (Produce)			\$3.90kg	N/A	
Friday 08 Dec - Advocate/Examiner - (Market Fresh)						
1	Cripps Fruit Buns 6pk (POT)	Digital	\$2.90	½	\$2.90	64¢ per 100g
2	Ingham's Chicken Drumsticks (Deli)			\$5.99kg	N/A	
3	Beef Rump Steak (Meat)			\$23.99kg	N/A	
Friday 08 Dec - Mercury - (Market Fresh)						
1	Cripps Fruit Buns 6pk (POT)	Digital	\$2.90	½	\$2.90	64¢ per 100g
2	Produce Line - Refer to Fresh Sheet (Produce)	TV		\$.00kg	N/A	
3	Beef Rump Steak (Meat)			\$23.99kg	N/A	
Friday 08 Dec - Mercury						
1	Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L		\$1.01		\$1.99	\$1.59 per 1L
2	Indomie Noodles 5pk		\$1.26		\$2.69	N/A
3	Supercoat Dog Food 6.7/7kg		\$10.71		\$28.99	N/A
Saturday 09 Dec - Advocate & Examiner						
1	Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L		\$1.01		\$1.99	\$1.59 per 1L
2	Indomie Noodles 5pk		\$1.26		\$2.69	N/A
3	Supercoat Dog Food 6.7/7kg		\$10.71		\$28.99	N/A
Saturday 09 Dec - Mercury Front Page						
1	Schweppes Traditional/Mineral Water/Mixers 1.1L	TV	\$1.35	½	\$1.30	\$1.18 per 1L
2	Fantastic Delites Rice Snacks 100g	TV	\$1.15	½	\$1.15	\$1.15 per 100g
3	Cadbury Favourites 520g	TV	\$12.00	½	\$10.99	\$2.11 per 100g



Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)

Front			Save	% Off	Retail	
1	Schweppes Traditional/Mineral Water/Mixers 1.1L	TV	\$1.35	½	\$1.30	\$1.18 per 1L
2	Fantastic Delites Rice Snacks 100g	TV	\$1.15	½	\$1.15	\$1.15 per 100g
3	Cadbury Favourites 520g	TV	\$12.00	½	\$10.99	\$2.11 per 100g
4	Moccona Coffee Sachets 8/10pk	TV	\$3.01	½	\$2.99	N/A
5	Beef Rump Steak (Meat)	Press			\$23.99kg	N/A
Page 2						
1	Pringles Chips 53g	TV	\$1.40	½	\$1.40	\$2.64 per 100g
2	Arnott's Flatbread Snacks 130g		\$2.75	>½	\$2.25	\$1.73 per 100g
3	Gatorade Sports Drink 600mL	Press	\$2.15	½	\$2.10	\$3.50 per 1L
4	Mighty Soft Raisin Toast 600g		\$3.96	½	\$3.49	58¢ per 100g
Page 3						
1	Sanitarium So Good Almond Milk 1L	Press	\$1.50	½	\$1.49	\$1.49 per 1L
2	Always Fresh Stuffed Olives 235g/Baby Cucumbers 350g		\$2.30	½	\$2.30	N/A
3	Praise Whole Egg Mayonnaise 445g		\$3.01	½	\$2.99	67¢ per 100g
4	Tresemme Shampoo & Conditioner 940mL	Digital	\$8.01	½	\$7.99	85¢ per 100mL
5	Nivea Aerosol Deodorant 250mL	Press	\$4.25	½	\$4.25	\$1.70 per 100mL
6	Palmolive Ultra Dishwashing Liquid 950mL	TV	\$4.25	½	\$4.25	45¢ per 100mL
Page 4 - Meat & Produce						
1	Nicola Potatoes ()	Press			\$2.99kg	
2	Local Broccoli (Produce)	Press			\$3.90kg	N/A
3	Watermelon (Produce)				\$2.49kg	N/A
4	JC's Backyard BBQ Mix 375g (Produce)		\$1.80		\$5.99ea	\$15.97 per 1kg
5	Marion Bay Free Range Chicken Bagged (Meat)				\$8.99kg	N/A
6	Scottsdale Pork Traditional English Thin Pork Sausage 700g (Meat)				\$10.99ea	\$15.70 per 1kg
7	Lamb Leg Netted & Boneless (Meat)				\$16.99kg	N/A
8	Marion Bay Chicken Breast Fillets (Tray) (Meat)				\$18.99kg	N/A
Page 5 - Deli & Bakery						
1	Ingham's Chicken Drumsticks (Deli)	Press			\$5.99kg	N/A
2	Tibaldi Virginian Ham 1/2 (6kg) (Deli)				\$15.99kg	N/A
3	Pandani Saveloys (Deli)				\$11.99kg	N/A
4	Tibaldi Diced Lean Bacon (2.5kg) (Deli)				\$8.99kg	N/A
5	Cripps Fruit Buns 6pk (POT)	Digital	\$2.90	½	\$2.90	64¢ per 100g
6	Mrs Brunt's Waffles 165/230g		\$1.50		\$3.99	\$2.42 per 100g
7	Bakers Collection Vol au Vent 4pk		\$0.96		\$4.99	\$3.12 per 100g
8	Central Cake Co Lemon/Caramel/Hedgehog/Brownie Fingers 6pk (POT)		\$2.10		\$7.49	N/A
9	Cripps Master Loaf 680/700g (POT)		\$0.86		\$3.69	N/A
10	William's Wraps 8pk (POT)		\$1.00		\$3.99	71¢ per 100g
11	TBA					
Page 6 - Christmas Meals						
1	Ingham's Ready Roast Turkey Breast Roll 1kg	Digital	\$7.95		\$16.80	\$16.80 per 1kg
2	Southern Heritage Leg Ham Cob Half/Full (Meat)	Digital			\$7.99kg	
3	Aussie Cooked Large Tiger Prawns 3kg (Thawed) (Deli)				\$29.99kg	N/A
4	Global Seafoods Frozen Cooked & Peeled Prawns 300g		\$3.60		\$9.99	\$33.30 per 1kg
5	Praise Tartare/Seafood Sauce 250mL		\$1.10		\$2.49	\$1.00 per 100mL
6	Three Threes Country Style Apple Sauce 250g		\$0.71		\$2.49	\$1.00 per 100g



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7	Ocean Spray Cranberry Sauce 275g		\$1.36		\$2.99	\$1.09 per 100g
8	Obento Panko Breadcrumbs 200g		\$0.81		\$1.99	\$1.00 per 100g
9	Ingham's Ready Roast Turkey Thigh Roll 1kg		\$3.71		\$14.99	\$14.99 per 1kg
Page 7 - Christmas Sweets						
1	Maltesers Gift Box 360/400g	Digital	\$7.01	½	\$6.99	N/A
2	Cadbury Dairy Milk Gift Box 200g	Digital	\$6.00	½	\$5.99	\$3.00 per 100g
3	Lindt Lindor Balls 235g	Digital	\$11.01	½	\$10.99	\$4.68 per 100g
4	Cadbury Favourites Caramilk Wallaby 820g		\$17.01	½	\$15.99	\$1.95 per 100g
5	(T)Cadbury Christmas Sharepack 144/150g		\$1.01		\$3.99	N/A
6	(T)Cadbury Christmas Stocking 183g		\$0.81		\$6.49	\$3.55 per 100g
7	(T)Cadbury Christmas Baubles 112/114g		\$1.01		\$3.99	N/A
8	Mokate Cookies Selection 260g		\$1.16		\$4.99	\$1.92 per 100g
9	Bakers Collection Happy Santa Pants Biscuits 170g		\$0.86		\$4.49	\$2.64 per 100g
10	(T)Pauls Premium/Baileys Custard 600g		\$1.31		\$5.49	92¢ per 100g
11	(T)Pauls White Chocolate Custard 70g		\$0.50		\$1.49	\$2.13 per 100g
Page 8						
1	The Natural Confectionery Company Bags 180-230g		\$2.11		\$2.89	N/A
2	Arnott's Shapes/Savoy/Jatz 130-250g		\$1.01		\$2.99	N/A
3	Arnott's Country Cheese/Sesame Wheat/Cheds 250g		\$1.46		\$3.49	\$1.40 per 100g
4	Smith's Potato Chips/Doritos Corn Chips 130-175g		\$1.31		\$3.49	N/A
5	Cheezels/Chickadees 110/125g		\$0.91		\$2.49	N/A
6	Mount Franklin Lightly Sparkling Spring Water 10 x 375mL		\$4.26		\$10.99	\$2.93 per 1L
7	Mother Energy Drink 10 x 375mL		\$4.49		\$11.50	\$3.07 per 1L
8	Coca-Cola 30 x 375mL	TV	\$13.55		\$25.55	\$2.27 per 1L
9	Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L	Press	\$1.01		\$1.99	\$1.59 per 1L
10	Bundaberg Soft Drink 4 x 375mL	Digital	\$2.35		\$5.45	\$3.63 per 1L
11	The Good Apple Sparkling Apple Juice 750mL		\$0.91		\$3.49	\$4.65 per 1L
12	Tasmanian Mountain Spring Water 10L (POT)	Digital	\$1.01		\$6.49	65¢ per 1L
Page 9						
1	Nescafé Blend 43 Coffee 500g/Gold 400g		\$6.01		\$19.99	N/A
2	Kellogg's Crunchy Nut Corn Flakes/Froot Loops/Nutri-Grain/Just Right/Coco Pops 460-765g		\$2.01		\$7.99	N/A
3	SPC Canned Fruit 825g		\$1.05		\$4.25	\$5.15 per 1kg
4	Green's Pancake Shake Mix 325/375g		\$0.86		\$2.99	N/A
5	Queen Pure Maple Syrup 250mL		\$1.46		\$7.99	\$3.20 per 100mL
6	San Remo Pasta 375/500g		\$0.46		\$2.49	N/A
7	Dolmio Extra Pasta Sauce 490/500g		\$1.01		\$3.49	N/A
8	MasterFoods Fresh Crushed Garlic 170g		\$0.56		\$2.49	15¢ per 10g
9	Sirena Canned Tuna 95g		\$0.66		\$2.49	\$26.21 per 1kg
10	Mission Corn Chips 230g	Digital	\$1.00		\$2.99	\$1.30 per 100g
10	Indomie Noodles 5pk	Press	\$1.26		\$2.69	N/A
Page 10						
1	Peters Drumstick 4/6pk	Digital	\$4.01		\$5.49	N/A
2	Bulla Creamy Classics 2L		\$3.01		\$7.99	40¢ per 100mL
3	Peters Lifesavers/Frosty Fruit 6/8pk		\$2.01		\$6.99	N/A
4	McCain Beer Batter Wedges/Chips 750g		\$0.71		\$4.99	\$6.65 per 1kg
5	Birds Eye Fish Fingers 375g		\$1.71		\$4.99	\$13.31 per 1kg
6	Tamar Valley Greek Style Yoghurt 500g (POT)		\$1.50		\$3.49	70¢ per 100g



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7	Bega Block Cheese 250g		\$1.51		\$5.49	\$21.96 per 1kg
8	Lemnos Fetta Cheese 180/200g		\$2.51		\$3.99	N/A
9	Bega Cream Cheese 225g		\$0.80		\$3.99	\$17.73 per 1kg
10	Nuttelek Spread Original/Lite/Buttery 500g		\$0.71		\$4.49	90¢ per 100g
Page 11						
1	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	TV	\$2.51		\$7.49	N/A
2	Curash Baby Wipes 80pk		\$1.75		\$3.75	\$4.69 per 100ea
3	Kleenex Toilet Tissue White 45pk		\$7.00		\$26.99	33¢ per 100sh
4	Glad BBQ Trays 4pk		\$2.00		\$3.99	\$1.00 per 1ea
5	Duracell Batteries AA 10pk/AAA 8pk		\$4.01		\$9.99	\$1.00 per 1ea
6	Earth Choice Dishwash Tablet 42pk		\$5.30		\$12.99	\$1.93 per 100g
7	Supercoat Dog Food 6.7/7kg	Press	\$10.71		\$28.99	N/A
8	Pedigree Canned Dog Food 700g		\$0.51		\$2.99	43¢ per 100g
9	Dine Cat Food Tray 85g		\$0.36		\$1.19	\$1.40 per 100g
Page 12 - Christmas Baking						
1	Arnott's Butternut Snaps/Choc Ripple 250g	Digital	\$1.10		\$2.49	\$1.00 per 100g
2	McKenzie's Desiccated Coconut 250g	Digital	\$0.80		\$1.99	\$7.96 per 1kg
3	Nestle Condensed Milk 395-410g	Digital	\$0.85		\$3.25	N/A
4	Green's Essentials Baking Mixes 340g	Digital	\$1.00		\$1.80	53¢ per 100g
5	(T)Green's Christmas Baking Mixes 515/530g	Digital	\$1.01		\$4.99	N/A
6	Sunbeam Sultanias 1kg	Digital	\$1.30		\$7.99	\$7.99 per 1kg
7	Queen Pure Vanilla Essence 50mL	Digital	\$1.41		\$2.99	60¢ per 10mL
8	Queen 4 Colour Food Dye	Digital	\$1.11		\$2.99	\$1.07 per 10mL
9	Duck River Butter Pat 500g (POT)	Digital	\$1.51		\$6.99	\$1.40 per 100g
10	CSR Golden Syrup 850g		\$1.65		\$4.25	50¢ per 100g
11	Sunbeam Mixed Fruit 1kg		\$1.80		\$9.99	\$9.99 per 1kg
Page 13 - Baked Ham with Marmalade Glaze Recipe Full Page (Digital Only)						
1	Southern Heritage Leg Ham Cob Half/Full (Meat)	Digital			\$7.99kg	
Page 14 - LPE Full Page (Digital Only)						
1	MasterFoods Marinade 350/375g	LPE			\$3.75	N/A
2	Monster Energy Drink 500mL	LPE			\$2.90	\$5.80 per 1L
3	Nice & Natural Nut Bars 6pk	LPE			\$4.00	N/A
4	McCain Peas/Corn & Peas/Corn/Carrots 500g	LPE			\$3.75	\$7.50 per 1kg
5	U by Kotex Pads/Tampons 10-16pk	LPE			\$5.00	N/A
6	Fancy Feast Dry Cat Food 430/450g	LPE			\$6.50	N/A
7	BabyLove Disposable Nappies 15-28pk	LPE			\$10.99	N/A
Page 15 - Price Match Full Page (Digital Only)						



Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)

Front Page			Save	% Off	Retail	
1	Schweppes Traditional/Mineral Water/Mixers 1.1L	TV	\$1.35	½	\$1.30	\$1.18 per 1L
2	Fantastic Delites Rice Snacks 100g	TV	\$1.15	½	\$1.15	\$1.15 per 100g
3	Cadbury Favourites 520g	TV	\$12.00	½	\$10.99	\$2.11 per 100g
4	Moccona Coffee Sachets 8/10pk	TV	\$3.01	½	\$2.99	N/A
5	Beef Rump Steak (Meat)	Press			\$23.99kg	N/A
Page 2						
1	Pringles Chips 53g	TV	\$1.40	½	\$1.40	\$2.64 per 100g
2	Gatorade Sports Drink 600mL	Press	\$2.15	½	\$2.10	\$3.50 per 1L
3	Sanitarium So Good Almond Milk 1L	Press	\$1.50	½	\$1.49	\$1.49 per 1L
4	Always Fresh Stuffed Olives 235g/Baby Cucumbers 350g		\$2.30	½	\$2.30	N/A
5	Tresemme Shampoo & Conditioner 940mL	Digital	\$8.01	½	\$7.99	85¢ per 100mL
6	Nivea Aerosol Deodorant 250mL	Press	\$4.25	½	\$4.25	\$1.70 per 100mL
7	Palmolive Ultra Dishwashing Liquid 950mL	TV	\$4.25	½	\$4.25	45¢ per 100mL
Page 3						
1	The Natural Confectionery Company Bags 180-230g		\$2.11		\$2.89	N/A
2	Arnott's Shapes/Savoy/Jatz 130-250g		\$1.01		\$2.99	N/A
3	Smith's Potato Chips/Doritos Corn Chips 130-175g		\$1.31		\$3.49	N/A
4	Cheezels/Chickadees 110/125g		\$0.91		\$2.49	N/A
5	Coca-Cola 30 x 375mL	TV	\$13.55		\$25.55	\$2.27 per 1L
6	Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L	Press	\$1.01		\$1.99	\$1.59 per 1L
7	Bundaberg Soft Drink 4 x 375mL	Digital	\$2.35		\$5.45	\$3.63 per 1L
8	The Good Apple Sparkling Apple Juice 750mL		\$0.91		\$3.49	\$4.65 per 1L
9	Tasmanian Mountain Spring Water 10L (POT)	Digital	\$1.01		\$6.49	65¢ per 1L
Page 4						
1	Ingham's Ready Roast Turkey Breast Roll 1kg	Digital	\$7.95		\$16.80	\$16.80 per 1kg
2	Southern Heritage Leg Ham Cob Half/Full (Meat)	Digital			\$7.99kg	
3	Global Seafoods Frozen Cooked & Peeled Prawns 300g		\$3.60		\$9.99	\$33.30 per 1kg
4	Praise Tartare/Seafood Sauce 250mL		\$1.10		\$2.49	\$1.00 per 100mL
5	Three Threes Country Style Apple Sauce 250g		\$0.71		\$2.49	\$1.00 per 100g
6	Ocean Spray Cranberry Sauce 275g		\$1.36		\$2.99	\$1.09 per 100g
7	Obento Panko Breadcrumbs 200g		\$0.81		\$1.99	\$1.00 per 100g
Page 5 - Christmas Gifting						
1	Maltesers Gift Box 360/400g	Digital	\$7.01	½	\$6.99	N/A
2	Cadbury Dairy Milk Gift Box 200g	Digital	\$6.00	½	\$5.99	\$3.00 per 100g
3	Lindt Lindor Balls 235g	Digital	\$11.01	½	\$10.99	\$4.68 per 100g
4	(T)Cadbury Christmas Sharepack 144/150g		\$1.01		\$3.99	N/A
5	(T)Cadbury Christmas Stocking 183g		\$0.81		\$6.49	\$3.55 per 100g
6	(T)Cadbury Christmas Baubles 112/114g		\$1.01		\$3.99	N/A
Page 6 - Christmas Baking						
1	Arnott's Butternut Snaps/Choc Ripple 250g	Digital	\$1.10		\$2.49	\$1.00 per 100g
2	McKenzie's Desiccated Coconut 250g	Digital	\$0.80		\$1.99	\$7.96 per 1kg
3	Nestle Condensed Milk 395-410g	Digital	\$0.85		\$3.25	N/A
4	Green's Essentials Baking Mixes 340g	Digital	\$1.00		\$1.80	53¢ per 100g
5	(T)Green's Christmas Baking Mixes 515/530g	Digital	\$1.01		\$4.99	N/A
6	Sunbeam Sultanas 1kg	Digital	\$1.30		\$7.99	\$7.99 per 1kg



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7	Queen Pure Vanilla Essence 50mL	Digital	\$1.41		\$2.99	60¢ per 10mL
8	Queen 4 Colour Food Dye	Digital	\$1.11		\$2.99	\$1.07 per 10mL
9	Duck River Butter Pat 500g (POT)	Digital	\$1.51		\$6.99	\$1.40 per 100g
Page 7						
1	Nescafé Blend 43 Coffee 500g/Gold 400g		\$6.01		\$19.99	N/A
2	Mission Corn Chips 230g	Digital	\$1.00		\$2.99	\$1.30 per 100g
3	San Remo Pasta 375/500g		\$0.46		\$2.49	N/A
4	Dolmio Extra Pasta Sauce 490/500g		\$1.01		\$3.49	N/A
5	MasterFoods Fresh Crushed Garlic 170g		\$0.56		\$2.49	15¢ per 10g
6	Indomie Noodles 5pk	Press	\$1.26		\$2.69	N/A
7	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	TV	\$2.51		\$7.49	N/A
8	Glad BBQ Trays 4pk		\$2.00		\$3.99	\$1.00 per 1ea
9	Supercoat Dog Food 6.7/7kg	Press	\$10.71		\$28.99	N/A
10	Dine Cat Food Tray 85g		\$0.36		\$1.19	\$1.40 per 100g
Page 8						
1	Nicola Potatoes ()	Press			\$2.99kg	
2	Local Broccoli (Produce)	Press			\$3.90kg	N/A
3	JC's Backyard BBQ Mix 375g (Produce)		\$1.80		\$5.99ea	\$15.97 per 1kg
4	Cripps Fruit Buns 6pk (POT)	Digital	\$2.90	½	\$2.90	64¢ per 100g
5	Tamar Valley Greek Style Yoghurt 500g (POT)		\$1.50		\$3.49	70¢ per 100g
6	Lemnos Fetta Cheese 180/200g		\$2.51		\$3.99	N/A
7	Nuttelek Spread Original/Lite/Buttery 500g		\$0.71		\$4.49	90¢ per 100g
8	Peters Drumstick 4/6pk	Digital	\$4.01		\$5.49	N/A
9	Bulla Creamy Classics 2L		\$3.01		\$7.99	40¢ per 100mL
10	McCain Beer Batter Wedges/Chips 750g		\$0.71		\$4.99	\$6.65 per 1kg
Page 9 - Baked Ham with Marmalade Glaze Recipe Full Page (Digital Only)						
1	Southern Heritage Leg Ham Cob Half/Full (Meat)	Digital			\$7.99kg	
Page 10 - LPE Full Page (Digital Only)						
1	MasterFoods Marinade 350/375g	LPE			\$3.75	N/A
2	Monster Energy Drink 500mL	LPE			\$2.90	\$5.80 per 1L
3	Nice & Natural Nut Bars 6pk	LPE			\$4.00	N/A
4	McCain Peas/Corn & Peas/Corn/Carrots 500g	LPE			\$3.75	\$7.50 per 1kg
5	U by Kotex Pads/Tampons 10-16pk	LPE			\$5.00	N/A
6	Fancy Feast Dry Cat Food 430/450g	LPE			\$6.50	N/A
7	BabyLove Disposable Nappies 15-28pk	LPE			\$10.99	N/A
Page 11 - Price Match Full Page (Digital Only)						

**Press****Examiner / Mercury / Advocate****Wednesday 06 Dec 2023 - Tuesday 12 Dec 2023 (week 49)**

Alpha Sorted List - ALL PRESS (Including Digital)			Retail	
1	!Lindt Lindor Balls 235g	Digital	\$10.99	\$4.68 per 100g
2	!Sanitarium So Good Almond Milk 1L		\$1.49	\$1.49 per 1L
3	!Schweppes Traditional/Mineral Water/Mixers 1.1L	TV	\$1.30	\$1.18 per 1L
4	(T)Green's Christmas Baking Mixes 515/530g	Digital	\$4.99	N/A
5	Arnott's Butternut Snaps/Choc Ripple 250g	Digital	\$2.49	\$1.00 per 100g
6	Blue Banner Pickled Onions 525g excl. No Added Sugar (POT)	Digital	\$5.99	\$11.41 per 1kg
7	Bundaberg Soft Drink 4 x 375mL	Digital	\$5.45	\$3.63 per 1L
8	Cadbury Dairy Milk Gift Box 200g	Digital	\$5.99	\$3.00 per 100g
9	Cadbury Favourites 520g	TV	\$10.99	\$2.11 per 100g
10	Coca-Cola 30 x 375mL	TV	\$25.55	\$2.27 per 1L
11	Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L		\$1.99	\$1.59 per 1L
12	Cripps Fruit Buns 6pk (POT)	Digital	\$2.90	64¢ per 100g
13	Duck River Butter Pat 500g (POT)	Digital	\$6.99	\$1.40 per 100g
14	Fab Laundry Powder 1.8/2kg & Liquid 1.8L	TV	\$7.49	N/A
15	Fantastic Delites Rice Snacks 100g	TV	\$1.15	\$1.15 per 100g
16	Gatorade Sports Drink 600mL		\$2.10	\$3.50 per 1L
17	Green's Essentials Baking Mixes 340g	Digital	\$1.80	53¢ per 100g
18	Indomie Noodles 5pk		\$2.69	N/A
19	Ingham's Ready Roast Turkey Breast Roll 1kg	Digital	\$16.80	\$16.80 per 1kg
20	Maltesers Gift Box 360/400g	Digital	\$6.99	N/A
21	McKenzie's Desiccated Coconut 250g	Digital	\$1.99	\$7.96 per 1kg
22	Mission Corn Chips 230g	Digital	\$2.99	\$1.30 per 100g
23	Moccona Coffee Sachets 8/10pk	TV	\$2.99	N/A
24	Nestle Condensed Milk 395-410g	Digital	\$3.25	N/A
25	Nivea Aerosol Deodorant 250mL		\$4.25	\$1.70 per 100mL
26	Palmolive Ultra Dishwashing Liquid 950mL	TV	\$4.25	45¢ per 100mL
27	Peters Drumstick 4/6pk	Digital	\$5.49	N/A
28	Pringles Chips 53g	TV	\$1.40	\$2.64 per 100g
29	Queen 4 Colour Food Dye	Digital	\$2.99	\$1.07 per 10mL
30	Queen Pure Vanilla Essence 50mL	Digital	\$2.99	60¢ per 10mL
31	Sunbeam Sultanas 1kg	Digital	\$7.99	\$7.99 per 1kg
32	Supercoat Dog Food 6.7/7kg		\$28.99	N/A
33	Tasmanian Mountain Spring Water 10L (POT)	Digital	\$6.49	65¢ per 1L
34	Tresemme Shampoo & Conditioner 940mL	Digital	\$7.99	85¢ per 100mL



Catalogue

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Alpha Sorted List - Catalogue		Retail	
1	(T)Cadbury Christmas Baubles 112/114g	\$3.99	N/A
2	(T)Cadbury Christmas Sharepack 144/150g	\$3.99	N/A
3	(T)Cadbury Christmas Stocking 183g	\$6.49	\$3.55 per 100g
4	(T)Pauls Premium/Baileys Custard 600g	\$5.49	92¢ per 100g
5	(T)Pauls White Chocolate Custard 70g	\$1.49	\$2.13 per 100g
6	Always Fresh Stuffed Olives 235g/Baby Cucumbers 350g	\$2.30	N/A
7	Arnott's Country Cheese/Sesame Wheat/Cheds 250g	\$3.49	\$1.40 per 100g
8	Arnott's Flatbread Snacks 130g	\$2.25	\$1.73 per 100g
9	Arnott's Shapes/Savoy/Jatz 130-250g	\$2.99	N/A
10	BabyLove Disposable Nappies 15-28pk LPE	\$10.99	N/A
11	Bakers Collection Happy Santa Pants Biscuits 170g	\$4.49	\$2.64 per 100g
12	Bakers Collection Vol au Vent 4pk	\$4.99	\$3.12 per 100g
13	Bega Block Cheese 250g	\$5.49	\$21.96 per 1kg
14	Bega Cream Cheese 225g	\$3.99	\$17.73 per 1kg
15	Birds Eye Fish Fingers 375g	\$4.99	\$13.31 per 1kg
16	Bulla Creamy Classics 2L	\$7.99	40¢ per 100mL
17	Cadbury Favourites Caramilk Wallaby 820g	\$15.99	\$1.95 per 100g
18	Central Cake Co Lemon/Caramel/Hedgehog/Brownie Fingers 6pk (POT	\$7.49	N/A
19	Cheezels/Chickadees 110/125g	\$2.49	N/A
20	Cripps Master Loaf 680/700g (POT)	\$3.69	N/A
21	CSR Golden Syrup 850g	\$4.25	50¢ per 100g
22	Curash Baby Wipes 80pk	\$3.75	\$4.69 per 100ea
23	Dine Cat Food Tray 85g	\$1.19	\$1.40 per 100g
24	Dolmio Extra Pasta Sauce 490/500g	\$3.49	N/A
25	Duracell Batteries AA 10pk/AAA 8pk	\$9.99	\$1.00 per 1ea
26	Earth Choice Dishwash Tablet 42pk	\$12.99	\$1.93 per 100g
27	Fancy Feast Dry Cat Food 430/450g LPE	\$6.50	N/A
28	Glad BBQ Trays 4pk	\$3.99	\$1.00 per 1ea
29	Global Seafoods Frozen Cooked & Peeled Prawns 300g	\$9.99	\$33.30 per 1kg
30	Green's Pancake Shake Mix 325/375g	\$2.99	N/A
31	Ingham's Ready Roast Turkey Thigh Roll 1kg	\$14.99	\$14.99 per 1kg
32	Kellogg's Crunchy Nut Corn Flakes/Froot Loops/Nutri-Grain/Just Right/C	\$7.99	N/A
33	Kleenex Toilet Tissue White 45pk	\$26.99	33¢ per 100sh
34	Lemnos Fetta Cheese 180/200g	\$3.99	N/A
35	MasterFoods Fresh Crushed Garlic 170g	\$2.49	15¢ per 10g
36	MasterFoods Marinade 350/375g LPE	\$3.75	N/A
37	McCain Beer Batter Wedges/Chips 750g	\$4.99	\$6.65 per 1kg
38	McCain Peas/Corn & Peas/Corn/Carrots 500g LPE	\$3.75	\$7.50 per 1kg
39	Mighty Soft Raisin Toast 600g	\$3.49	58¢ per 100g
40	Mokate Cookies Selection 260g	\$4.99	\$1.92 per 100g
41	Monster Energy Drink 500mL LPE	\$2.90	\$5.80 per 1L
42	Mother Energy Drink 10 x 375mL	\$11.50	\$3.07 per 1L
43	Mount Franklin Lightly Sparkling Spring Water 10 x 375mL	\$10.99	\$2.93 per 1L
44	Mrs Brunt's Waffles 165/230g	\$3.99	\$2.42 per 100g
45	Nescafé Blend 43 Coffee 500g/Gold 400g	\$19.99	N/A
46	Nice & Natural Nut Bars 6pk LPE	\$4.00	N/A



Catalogue

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47	Nuttelelex Spread Original/Lite/Buttery 500g	\$4.49	90¢ per 100g
48	Obento Panko Breadcrumbs 200g	\$1.99	\$1.00 per 100g
49	Ocean Spray Cranberry Sauce 275g	\$2.99	\$1.09 per 100g
50	Pedigree Canned Dog Food 700g	\$2.99	43¢ per 100g
51	Peters Lifesavers/Frosty Fruit 6/8pk	\$6.99	N/A
52	Praise Tartare/Seafood Sauce 250mL	\$2.49	\$1.00 per 100mL
53	Praise Whole Egg Mayonnaise 445g	\$2.99	67¢ per 100g
54	Queen Pure Maple Syrup 250mL	\$7.99	\$3.20 per 100mL
55	San Remo Pasta 375/500g	\$2.49	N/A
56	Sirena Canned Tuna 95g	\$2.49	\$26.21 per 1kg
57	Smith's Potato Chips/Doritos Corn Chips 130-175g	\$3.49	N/A
58	SPC Canned Fruit 825g	\$4.25	\$5.15 per 1kg
59	Sunbeam Mixed Fruit 1kg	\$9.99	\$9.99 per 1kg
60	Tamar Valley Greek Style Yoghurt 500g (POT)	\$3.49	70¢ per 100g
61	The Good Apple Sparkling Apple Juice 750mL	\$3.49	\$4.65 per 1L
62	The Natural Confectionery Company Bags 180-230g	\$2.89	N/A
63	Three Threes Country Style Apple Sauce 250g	\$2.49	\$1.00 per 100g
64	U by Kotex Pads/Tampons 10-16pk	LPE \$5.00	N/A
65	William's Wraps 8pk (POT)	\$3.99	71¢ per 100g