

*Southern Heritage*

**QUALITY**

**WOOD SMOKED HAM**



**\$7.99**  
kg

**AUSTRALIAN HAM**  
**WOOD SMOKED AND**  
**CURED IN TASMANIA**



WHERE THE *locals* MATTER





# *Fresh Savings*



**\$17<sup>99</sup>**  
kg



## **Lamb Forequarter Chops**

**Meat Department**



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023



*Fresh Savings*



**\$17<sup>99</sup>**  
kg

**Beef Mince**  
**First Grade**  
Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# Fresh Savings



## Scottsdale Pork Artisan Carolina/Memphis Marinated Pork Shoulder Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# Fresh Savings



**\$39<sup>99</sup>**  
kg



## Beef Eye Fillet Steak

Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023



*Fresh Savings*



**\$15<sup>99</sup>**  
kg

**Virginian Ham**  
From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# Fresh Savings



**\$15<sup>99</sup>**  
kg



## Chicken Breast Fillets

From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023



# *Fresh Savings*



**\$13<sup>99</sup>**  
kg

## **Long Rindless Bacon**

**From the Deli**



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# *Fresh Savings*



## **Shredded Pizza Ham**

**From the Deli**

**\$9.99**  
kg



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# *Fresh Savings*



**\$8<sup>99</sup>**  
kg



## **New Season Apricots**



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# Fresh Savings



## Spinach 120g

\$16.58 per 1kg

**\$1.99**  
packet



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023





# *Fresh Savings*



**\$1 50**  
ea



## **Bitterfree Cucumbers**



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 29 NOVEMBER UNTIL TUESDAY 5 DECEMBER 2023