# The Firesh Surings



### Lamb Loin Chops

**Meat Department** 



## The Sungs



# Scottsdale Pork Boneless Pork Shoulder Roast

**Meat Department** 







#### **Beef Mince First Grade**

**Meat Department** 



## The Fresh Swings





\$99 ea



### Petuna Atlantic Salmon/ Ocean Trout MAP 2pk 280g

\$35.68 per 1kg - Meat Department



# The Firesh Surings



### Southern Heritage Half Leg Ham Meat Department



## The Firesh Swings



## The Firesh Samues



#### **Chicken Breast Fillets**

From the Deli



## The Fresh Swings



#### **Chicken Breast Chunks**

From the Deli



## The Fresh Swings



### Saveloys

From the Deli



### The Fresh Surings



# The Firesh Surings



### Pre-Packed Baby Mesclun 120g

\$28.75 per 1kg



## The Sungs



### **Brown Onions 1kg**

\$1.50 per 1kg

