



# Fresh Savings



**\$23<sup>99</sup>**  
kg



## Beef Rump Steak

Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 8 NOVEMBER UNTIL TUESDAY 14 NOVEMBER 2023





# Fresh Savings



GLUTEN FREE

## ARTISAN PORK BURGERS

ORIGINAL SCOTTSDALE PORK

100% TASMANIAN PORK BURGER WITH TUSCAN HERBS

Ingredients: Pork (83.3%), water, salt, soy flour, dehydrated fruit, dextrose, sugar, parmesan cheese (milk, tapioca starch, salt, starter culture, non-animal rennet, lipase), herbs, mineral salt (451), preservative (223), food acid (330,262), vegetable oil, colour (160c), herb extract.

Contains: Milk Products, Sulphites, Soybean Products.

**scottsdale pork**

born and bred in **tasmania**  
paddock-bred,  
eco barn raised in  
the cuckoo valley

SCOTTSDALE PORK  
67 William Street  
Scottsdale TAS 7260  
KEEP REFRIGERATED AT 1-4°C

**net 500 g**

**NUTRITION INFORMATION\***  
Servings per package: 4  
Serving size: 125 g

	Ax. Qty. per Serving	Ax. Qty. per 100g
Energy	1040 kJ	831 kJ
Protein	21.1 g	16.9 g
Fat, total	16.4 g	13.1 g
- saturated	6.5 g	5.2 g
Carbohydrate	4.4 g	3.6 g
- sugars	4.0 g	3.2 g
Sodium	993 mg	794 mg

\*All values considered averages.

Made in Australia from at least 95% Australian ingredients

**\$7.99**  
ea

## Scottsdale Pork

## Artisan Pork Burgers 500g

\$15.98 per 1kg - Meat Department



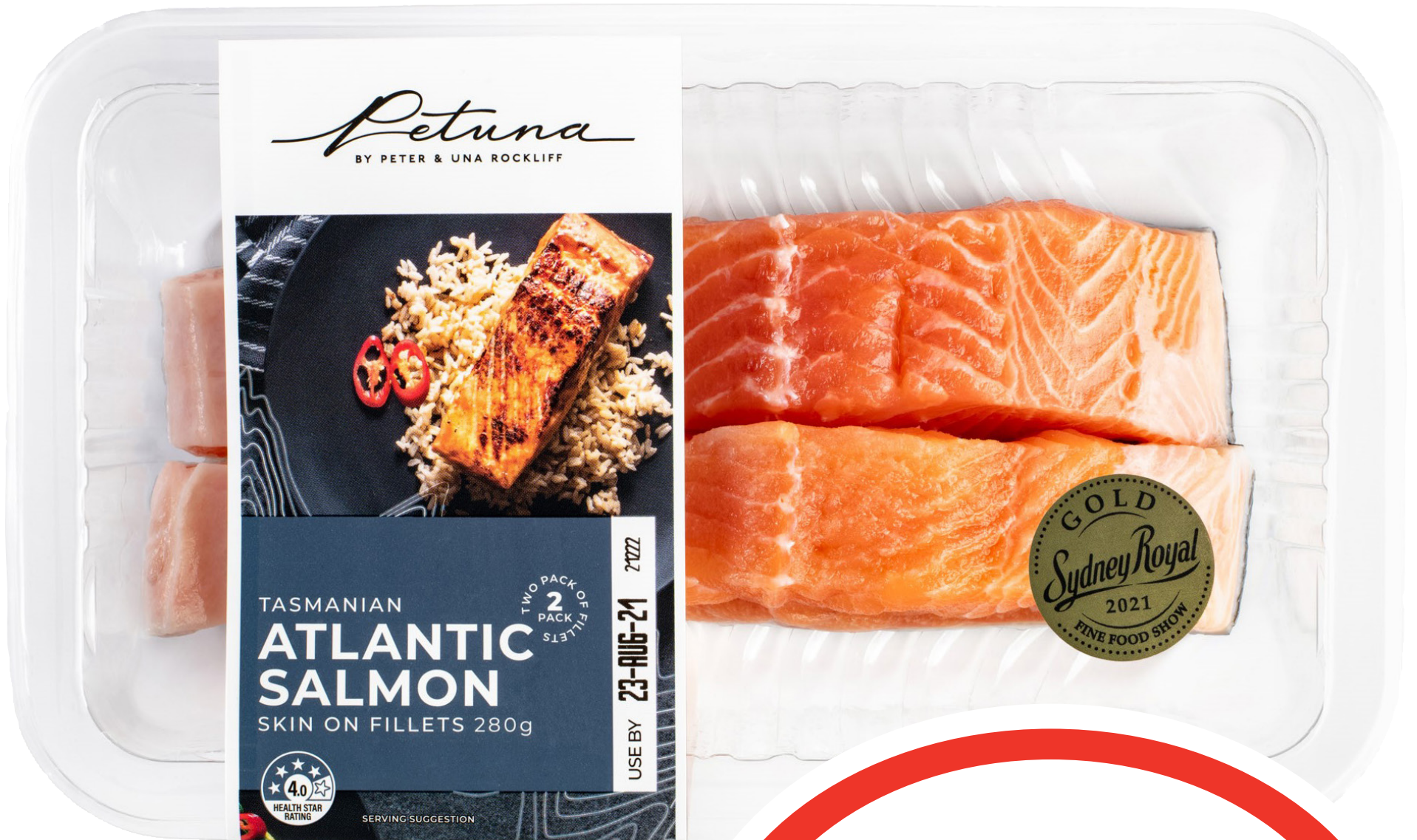
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# Fresh Savings



**\$10<sup>99</sup>**  
ea



## Petuna

## Atlantic Salmon 2pk 280g

\$39.25 per 1kg - Meat Department



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# Fresh Savings



**\$8<sup>29</sup>**  
kg

## Ingham's

## Bagged Whole Chicken

### Meat Department



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# Fresh Savings



## Lamb Leg

## Netted & Boneless

### Meat Department

**\$16<sup>99</sup>**  
kg



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*Fresh Savings*



**\$15<sup>99</sup>**  
kg

# Double Smoked Ham

From the Deli



INDEPENDENT GROCERS *for Australia*

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# Fresh Savings



**\$5.99**  
kg



## Chicken Drumsticks

From the Deli



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*Fresh Savings*



**\$13<sup>99</sup>**  
kg

**Rindless**  
**Short Cut Bacon**  
From the Deli



INDEPENDENT GROCERS *for Australia*

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*Fresh Savings*



**\$12<sup>99</sup>**  
kg

# Cocktail Saveloys

From the Deli



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*Fresh Savings*



**\$8<sup>95</sup>**  
kg

# Tasmanian Red or Green Capsicum



INDEPENDENT GROCERS *for Australia*

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# *Fresh Savings*



**\$1 50**  
ea



## **Bitterfree Cucumber**



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*Fresh Savings*



**\$2<sup>50</sup>**  
kg



**Red Onions**



**INDEPENDENT GROCERS** *for Australia*

ON SALE WEDNESDAY 8 NOVEMBER UNTIL TUESDAY 14 NOVEMBER 2023