### The Fresh Swings



#### **Beef Scotch Fillet Steak**



## Thesh Surings



#### **Beef Rump Steak**



### The Sungs



#### Lamb Forequarter Chops



### The Sungs



#### Pandani Sausages 500g

\$14.00 per 1kg - Meat Department



### Thesh Samues







### The Firesh Surings





\$1899 kg

## Marion Bay Chicken Breast Fillets







## Scottsdale Pork Boneless Pork Shoulder Roast





# Ingham's Chicken Schnitzel 600g

\$21.65 per 1kg - Meat Department





#### Champagne Ham



### Thesh Samues





\$299<sub>kg</sub>

#### Aussie Cooked Large Tiger Prawns





#### Saveloys







#### **Frankfurts**





\$1499 kg

Cabana



### Thesh Samues





#### Navel Oranges 3kg

\$1.63 per 1kg



### The Firesh Surings



**Hass Avocados** 



### The Firesh Surings



**Sweet Potatoes** 

