



### Artisan Carolina/Memphis Marinated Pork Shoulder Meat Department







## Eye Fillet Steak

#### **Meat Department**









#### Lamb Leg Steak Meat Department







### **Pork Loin Chops**

#### **Meat Department**





# NICHOLS

The TASMANIAN FOOD CO

Nichols Poultry has been rearing Tasmania's finest chicken since the 1980s. It tastes better because it is air-chilled with no added chlorine or water and is raised naturally under the RSPCA animal welfare standard using locally grown feed grain.

**Australian** 



### Nichols Whole Bagged Chicken

#### **Meat Department**



\$299





#### **Virginian Ham** From the Deli







### **Rindless Bacon**

#### From the Deli









### **Chicken Breast Fillets**

#### From the Deli







## **Breast Supreme**

#### From the Deli



















#### Broccoli







#### **Brown Onions 1kg** \$1.50 per 1kg

