



Fresh Savings



\$23⁹⁹
kg



Beef Rump Steak

Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$10⁹⁹
ea

Ingham's
Creamy Garlic Stuffed
Chicken Breasts 700g
\$15.70 per 1kg - Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$26⁹⁹
kg



Lamb Loin Chops

Meat Department



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



Scottsdale Pork

Meaty Pork Ribs

Meat Department

\$17⁹⁹
kg



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$15⁹⁹
kg

Champagne Ham

From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$17⁹⁹
kg

Chicken Breast Supreme

From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$10⁹⁹
kg

Diced Lean Bacon

From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$19⁹⁹
kg

Rindless Short Cut Bacon

From the Deli



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$3.90
kg



Red Capsicums



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$3.90
kg



Lemons



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023



Fresh Savings



\$4⁹⁵
kg



Brussels Sprouts



INDEPENDENT GROCERS *for Australia*

ON SALE WEDNESDAY 19 JULY UNTIL TUESDAY 25 JULY 2023