



Beef Rump Steak

Meat Department







Artisan Carolina/Memphis **Marinated Pork Shoulder**

Meat Department







Lamb Loin Chops

Meat Department











Meat Department







Marinated Chicken Wings 1kg \$6.99 per 1kg - Meat Department







Chicken Thigh Fillets

From the Deli









Diced Lean Bacon

From the Deli





\$0999 kg

Chicken Loaf

From the Deli







Saveloys From the Deli









Green Grapes







Brushed Potatoes 2.5kg

\$1.80 per 1kg







Carrots 1kg

\$1.25 per 1kg

