



Lamb Loin Chops

Meat Department







Beef Porterhouse Steak

Meat Department









Scottsdale Pork Loin Chops

Meat Department







Chicken Breast Steaks

Meat Department





NICHOLS

The TASMANIAN FOOD CO

Nichols Poultry has been rearing Tasmania's finest chicken since the 1980s. It tastes better because it is air-chilled with no added chlorine or water and is raised naturally under the RSPCA animal welfare standard using locally grown feed grain.

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Australian



Nichols Whole Bagged Chicken

Meat Department



\$ 4 99 b kg





Artisan Glazed Pork Ribs

Meat Department







Beef Blade Steak

Meat Department







Chicken Breast Fillets

From the Deli







Short Cut Bacon

From the Deli





\$1**799** Premium **Boneless Leg Ham**

From the Deli







Chorizo From the Deli







Streaky Bacon From the Deli





\$1099 kg

Chicken Breast Schnitzels

From the Deli









Avocados









Spring Onions







Sweet Potatoes

