### The Fresh Swings



#### Lamb Loin Chops

**Meat Department** 



### The Firesh Samues



# Petuna Atlantic Salmon 2pk 280g

\$35.68 per 1kg - Meat Department



#### The Fresh Surings



#### Scottsdale Pork Loin Chops

**Meat Department** 



### Thesh Savings



#### **Beef Rump Steak**

**Meat Department** 



### The Sungs



## Ingham's Stuffed Chicken Breasts Kiev 700g

\$14.27 per 1kg - Meat Department



### The Firesh Samues



#### Thin Beef Sausages

From the Deli



### The Fresh Swings



#### Champagne Ham

From the Deli



### The Fresh Samues







#### **Frankfurts**

From the Deli



### The Fresh Swings



Hass Avocados



### The Sungs



### The Firesh Swings



**Sweet Potatoes** 

