

# Market Update



**Australian Asparagus is now in Stock.** Victorian grown from the experienced Raffa Fields team, this Asparagus has been grown under the highest quality standards. Asparagus can be enjoyed raw or cooked, and it's often a star ingredient in soups, stews, salads, and other dishes. Asparagus benefits include its low caloric value and its high vitamin, mineral, and antioxidant content.



Great value this week, Tasmania's Daly Potatoes offer 2kg **Washed Potatoes**. A convenient solution for your customers to grab their favourite veggie on the go.



**Blood Oranges** are available to order. With their striking crimson flesh and sweet and tangy flavour, blood oranges are a delightful addition to your spring fruit and savoury salads.



## UPDATES

**Daly Potatoes Microwavable Trays** are now in stock. Available in Mini Red or White Potatoes. These 350g trays offer your customers a convenient dinner solution.

**Leeks** are mainland supply.

**USA Red Grapes** are available.

**Tangellos** are very good quality now.

**Capsicums** are all now mainland supply.

**Oranges** are great value now.

**Bosc Pears** are Tasmanian and are eating very well.

**1kg Mandarin Nets** are in stock. Great for lunchboxes.

**Watermelons** are small to medium size.

**Gourmet Tomatoes** are medium in size. ¾ colour.

**Potatoes** are available in 5 and 10kg bags. Kennebec, Dutch Cream and Maiflower available.

## QUICK NOTES

- **Wombok Cabbage** is in stock.
- **Scottsdale Rhubarb** in stock.
- **Avocados** are 28's trays.
- **Kiwi Fruit** are New Zealand origin.

## Stock available to purchase ex. Market

- Kiwi Fruit Gold
- Persimmons
- Yellow Squash
- Quince
- Blood Oranges
- Seville Oranges
- Custard Apples
- Figs
- Finger Limes
- Lychee
- Pomegranate
- Cara Cara Navel Oranges
- Dragon Fruit (Pink & White available)
- Witlof White & Red Prepacks
- Raddicio
- Kowl Rabi
- Papaya