

Market Update



New Season Tasmanian Red & Green Capsicums are now in stock. These capsicums are produced by Tassie Pride near Turners Beach. Tassie Pride leverages hydroponic technology. Their state-of-the-art greenhouse structure enables regulated ambient temperature, humidity and light levels to produce consistent, high quality produce.



Tasmanian Rhubarb is now in stock. Tasmania's cooler climate has helped the state become one of Australia's largest Rhubarb producers. Rhubarb is a good source of antioxidants, vitamin K, fibre and calcium.



UPDATES

Tasmanian Truss Tomatoes are now available in 5kg trays.

Tasmanian Strawberries start this week.

Australian Asparagus is available.

Tasmanian **Golden Delicious Apples** are available loose or in 1.5kg bags.

Jazz Apples are now in stock.

Bananas are still in short supply now, price is strong.

Australian **Green Grapes** are now in stock.

Potatoes in stock include Nicola and Bismark in 10kg cases. Dutch Cream and Kennebec potatoes are in 5 and 10kg bags and Pink Eyes in 15kg bags. Washed Bintjes are available in cocktail, medium and large. Sweet Potato Red is now available.

Avocados are Hass variety (28 count trays).

NOW AVAILABLE

Corella Pears, New Season **Peas**, **Gold Kiwi Fruit**, **Nashi Pears** and **Celeriac** are now available to order.

QUICK NOTES

- **Stonefruit** is now available.
- Some specialty lines available from market include **Blood Oranges**, **Peas**, **Yellow Squash**, **Dragon fruit**, **Quince**, **Choko's**, **Red Papaya**, **Custard Apples**, **Bitter Melons**, cooking **Mangoes**, **Green Paw Paw** and **Globe Artichokes**.
- **Celery** is mainland stock.
- **Herbs** are a mix of local and mainland.
- **Kiwi Fruit** is out of NZ.
- **Broad Beans** are available.
- **Gourmet Tomatoes** are medium and ¾ colour.