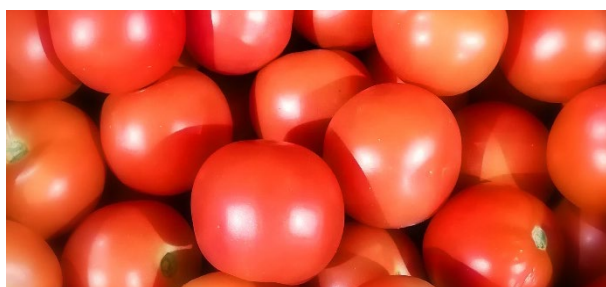


Market Update



As we head into the warmer months, stocking **Gourmet Tomatoes** offers a great opportunity to meet increasing customer demand for fresh, flavourful produce. Gourmet tomatoes are perfect for summer salads, barbecues and light meals, making them a seasonal favorite.



Locally grown, **Baby Cos Lettuces** are another excellent product to showcase as the weather warms up. These crisp, tender lettuces are ideal for summer meals, from salads to gourmet burgers, offering versatility and freshness.



Bananas are improving in quality, becoming sweeter and more consistent. As a popular snack and versatile staple, this boost in flavour and texture will keep customers coming back.



UPDATES

Strawberries, Raspberries and Blueberry quality is being affected by the wet weather in northern growing regions.

Spring Onions are now mainland supply.

Egg supply is strong,

Australian Asparagus is now in stock.

USA Red Grapes are available.

Tangellos are finished.

Capsicums are all now mainland supply.

Navel Oranges are finishing in the next 2 weeks. Late Lane variety to follow.

Tasmanian Angel Tomatoes are available

Gourmet Tomatoes are medium in size. ¾ colour.

Potatoes are available in 5 and 10kg bags. Kennebec, Dutch Cream and Maiflower available.

QUICK NOTES

- **Rockmelons** are short.
- **Wombok Cabbage** is in stock.
- **Scottsdale Rhubarb** in stock.
- **Avocados** are 28 count trays.
- **Kiwi Fruit** are New Zealand origin.

Stock available to purchase ex. Market

- Kiwi Fruit Gold
- Blood Oranges
- Figs
- Finger Limes
- Lychee
- Pomegranate
- Dragon Fruit
- Witlof White & Red Prepacks
- Radicchio
- Kowlrabi
- Papaya
- Butter Beans

October 16th, 2024