

Market Update



Wandin Valley **Cherries** have arrived. Wandin Valley Farms located in Victoria's Yarra Valley is a long standing family business. Their commitment to growing the finest fresh cherries is evident. Their Cherries are in abundant supply and are the quintessential summer fruit. Cherries are brilliant for your health and beauty, tasty and are extremely versatile.



Yellow Peaches are in stock. Customers should look for smooth, unblemished fruit and handle them with care. Peaches will generally arrive from the market in a firm condition and will have flesh that crunches when eaten. As the fruit ripens it will begin to soften and become more juicy.



UPDATES

Plums are now available.

Avocados are Hass, 28 to a tray.

Watermelons are small-medium in size.

Australian Asparagus is available.

Tasmanian Capsicums Red, Yellow and Green are available.

Australian Red and Green Grapes are now in stock.

Oranges are moving to Valenica soon.

Potatoes in stock include new season Pink Eye, Nicola and Bismark's in 10kg cases. Dutch Cream and Kennebec potatoes are in 5kg bags and 10kg cases. Washed Bintjes are available in cocktail, medium and large. Sweet Potato Red is now available.

NOW AVAILABLE

Corella Pears, New Season **Peas**, **Nashi Pears** and **Celeriac** are now available to order.

QUICK NOTES

- **Kiwi Gold** has finished for the season.
- **Butter Beans** are available in 5kg cases.
- **Kohlrabi** is available.
- Some specialty lines available from market include **Apple Cucumbers**, **Blood Oranges**, **Peas**, **Yellow Squash**, **Dragon fruit**, **Quince**, **Choko's**, **Red Papaya**, **Custard Apples**, **Bitter Melons**, cooking **Mangoes**, **Green Paw Paw** and **Globe Artichokes**.
- **Kiwi Fruit** is out of NZ.
- **Broad Beans** are available.
- **Gourmet Tomatoes** are large and ¾ colour.
- **Tasmanian Angel Snacking Tomatoes** are in stock.
- **Brussels Sprouts** 5kg case available.

November 22, 2023