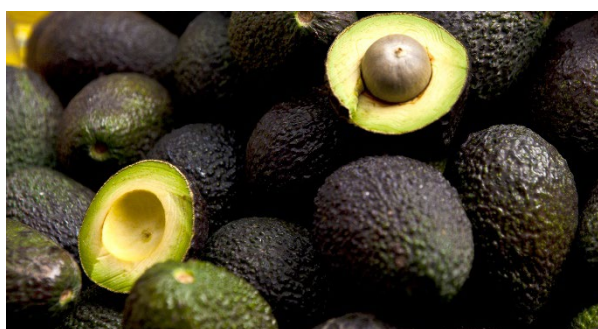


Market Update



Hass Avocados are back! Avocados are packed with heart-healthy monounsaturated fats which help to lower bad cholesterol levels and reduce the risk of heart disease. They are also rich in fiber, vitamins, and minerals, promoting digestion, skin health, and overall well-being.



Cauliflowers are currently Tasmanian stock and are in very good condition for your customers to enjoy.



Mandarins are now available in convenient 1kg Bags. A handy size for your customers to grab when on the go.



UPDATES

Pineapples are fantastic eating right now.

Capsicums will be a mix of Tasmanian and mainland supply.

We have a wide range of high quality **Apples** available. Ambrosia, Gala, Pink Lady, Golden Delicious, Jazz, Granny Smith and Jonagold.

New Season Bosc & Packham Pears are in stock.

Fennel is available in Baby and Large Bulbs.

Asparagus is imported.

Watermelons are small/medium in size.

2.5kg Potatoes Bags are using Kennebec potatoes. Dutch Cream potatoes are also available in 5kg and 10kg bags.

Gourmet Tomatoes are medium in size. ¾ colour.

Kiwi Fruit is now Australian.

Beans are now mainland supply.

QUICK NOTES

- **Gold Kiwi Fruit** is now available.
- **Black Grapes** are available.
- New lines available to order include **Nashi Pears, Butter Beans, Custard Apples, Figs, Red Sweet Potatoes, Persimmon, Dragonfruit, Pomegranate** and **Quince**.
- New Season **Corella Pears** are available.
- **Witlof** in Red and White is available.
- Coloured **Baby Carrots** available in purple, gold and white.
- **Kohlrabi** is available.
- **Tasmanian Angel Snacking Tomatoes** are in stock.
- **Brussels Sprouts** are available.
- **Medley Cherry Tomatoes** are in stock.
- **Purple Kale** is in stock.
- **Raddicio Lettuce** prepacks are available.
- **Celeriac** is in stock.
- **Quince** are available.
- **Rhubarb** is Scottsdale Supply.

May 14th, 2024