

Market Update



Arriving soon at IFP, **Daisy Mandarins** offer a delightful flavour with a balanced sugar-to-acid ratio, Each fruit typically contains segments that separate easily, making it a convenient and tasty snack. Quality is excellent. Currently also stocking **Imperial Mandarins**, known for their easy-to-peel skin, sweet flavour and juicy segments.



Black Grapes The health benefits of black grapes have been studied extensively. The chemicals they contain can give you healthier hair and skin, improve your heart health, and even protect your cells against cancer.



Spring Onions have a white, round bulb with long stems. Try spring onions thinly sliced in salads or added to stews, casseroles and soups. Rich in antioxidant compounds.



UPDATES

Strawberries are now Mainland supply. Area Free.

Blackberries are still Tasmanian supply for 2-3 weeks.

Tangellos are available in about 1 week.

1kg Mandarin Nets are in stock.

Capsicums will be a mix of Tasmanian and mainland supply as the Tasmanian season finishes. Mainland price remains strong.

We have a wide range of high quality **Apples** available. Ambrosia, Gala, Pink Lady, Golden Delicious, Jazz, Granny Smith and Jonagold.

Asparagus is imported.

Watermelons are small/medium in size.

Gourmet Tomatoes are medium in size. ¾ colour.

Beans are now mainland supply.

QUICK NOTES

- **Cara Cara Navel Oranges** are available to order.
- Sweet Potatoes are available in Red & White ex. Market
- **Wombok Cabbage** is in Stock.
- **Gold Kiwi Fruit** is now available.
- **Black Grapes** are available.
- New lines available to order include **Nashi Pears, Butter Beans, Custard Apples, Figs, Red Sweet Potatoes, Persimmon, Dragonfruit, Pomegranate and Quince.**
- Coloured **Baby Carrots** available in purple, gold and white.
- **Kohlrabi** is available.
- **Tasmanian Angel Snacking Tomatoes** are in stock.
- **Brussels Sprouts** are available.
- **Medley Cherry Tomatoes** are in stock.
- **Raddicio Lettuce** prepacks are available.
- **Celeriac** is in stock.
- **Rhubarb** is Scottsdale Supply.

June 12th, 2024